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# Optimization of ultrasound-assisted extraction of turkish propolis and characterization of phenolic profile, antioxidant and antimicrobial activity

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# Abstract

This study aimed to determine optimum conditions of the ultrasound assited extraction (UAS) parameters for different solvent types by using response surface methodology (RSM) and Box- Behnken design. The model parameters namely, time, temperature and ultrasound power significantly affected TPC value of the propolis extract (P < 0.05). The optimum process parameters were determined as 2.95 min, 58.61 °C and 615.26 W for ethanol, 3 min, 60°C and 580 W for dimethyl sulfoxide (DMSO), 3 min, 59 °C and 591 W for Propylene glycol (PG) and 2.70 min, 59.19 °C and 591.73 W for distilled water (DW). The extracts obtained from optimum conditions were compared with conventional solvent extraction methods (CSE). The chrysin was determined as a major phenolic compound and its value significantly differed based on the extraction and solvent types (P < 0.05). This study suggested that the ethanolic extracts obtained from UAS could be used as natural antimicrobial and antioxidant source.

Keywords: chrysin; HPLC; FT-IR; agar diffusion.

Practical Application: Extraction optimization of propolis with differen solvents.

#### **1** Introduction

Propolis is a complex bee product that honey bees (*Apis mellifera*) produce from the exudates of various plants, buds, wax, pollen, leaf pieces, and sprouts after subjecting some enzymatic changes. In recent years, propolis has attracted attention in the search for natural products to develop new drugs and healthy foods. Many compounds have been isolated from propolis, aromatic acids, esters, chalcones, phenolic compounds (Nna et al., 2018; Pobiega et al., 2019).

Several phenolic compounds such as chrysin, galangin, pinocembrin, pinostrobin, caffeic acid phenethyl ester, caffeic acid, and p-coumaric acid were identified in propolis (Schnitzler et al., 2010; Vargas-Sánchez et al., 2014). Propolis bioactive compounds have been linked to various health benefits such as being anti-diabetic (Kang et al., 2010), anti-inflammatory (Moura et al., 2011) and antimicrobial properties (AL-Ani et al., 2018). These bioactive and health beneficial properties are due to total phenolic compounds and their distribution. Therefore, individual phenolic compounds of the propolis should be determined to characterize the bioactive properties of propolis.

The extraction methods and solvent types are the main factors affecting phenolic compounds yield and their distribution. The conventional extraction method has been mostly used for the extraction of bioactive compounds. However, conventional extraction was considered to have some drawbacks due to a long time, high cost and degradation of product quality, while using organic solvents has to be minimized for extraction because of potential health and environmental concerns. For this reason, an alternative method should be introduced for the extraction of bioactive compounds of propolis (Pinon et al., 2019). UAE is considered an effective method in comparison with conventional methods due to its low extraction time, low solvent consumption and high yield (Fernandez-Barbero et al, 2019; Trusheva et al., 2007). Moreover, the improvement in the extraction process using ultrasound is related to the destruction of the cell walls, reduction of the particle size and enhancement of the mass transfer through the cell wall due to the collapse of bubbles produced by cavitations (Karasu et al., 2019). Solvent types are another factor affecting extraction yield and distribution of phenolic compounds, extraction temperature and time. Selecting of solvent types to increase phenolic compounds yield and decrease extraction cost (Oroian et al., 2020).

This study aimed to optimize the parameters of the UAE to obtain the maximum amount of TPC. Therefore, three independent variables namely, time (1-3 min), temperature (30-60°C) and ultrasound power (250-750 W) were applied to optimize the extraction conditions of raw propolis by using Box- Behnken design based on response surface methodology. Conventional extraction was also applied to compare its effectiveness with the optimum ultrasonic extraction (Yikmiş, 2020). For this aim, individual phenolic compounds, antioxidant activity and antimicrobial activity of the phenolic compounds were assessed.

#### 2 Materials and methods

Propolis samples were collected from the Yeşilova-Denizli, Turkey. Until the extraction processes, the propolis samples were stored at 4 °C in polyethylene bags. All the standards and chemicals used in this study were obtained from Merck (Darmstadt, Germany).

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### 2.1 Experimental design

The statistical analysis was performed using the Design-Expert 7.0.0 software. RSM was used to determine the experimental design and the optimal extraction methods of propolis samples only phenolic contents of propolis. The three coded levels of extraction temperature: -1 (30 °C), 0 (45 °C), 1(60 °C), the extraction time: -1 (1min), 0 (2min), 1(3min) and sonication power: -1 (250W), 0 (500W), 1 (750W) were incorporated into the design and were analyzed in 17 combinations for each solvent (Table 1).

The quadratic model was used to determine the effect of extraction parameters on the TPC yield. Model acceptability was evaluated based on the coefficient of determination ( $R^2$ ) and adj- $R^2$  values the lack of fit.

#### 2.2 Preparation and extraction of propolis samples

Raw propolis samples were ground and homogenized. Ten grams of propolis powder extracted by 100 mL of ethanol-water (70:30), distilled water, dimethylsulfoxide (DMSO) and propylene glycol (PG). The ratio of solid material to the solvents were 1:10. For ultrasound extraction, samples were prepeared according to Table 1. Conventional extraction was conducted according to the method of Netíková et al. (2013) with some modifications. The solid-solvent mixtures were shaken for 24 h at 20°C using a shaking water bath. Then ultrasound-assisted (UA) and conventional (C) extracts were centrifuged at 4427 xg for 10 min. The extracts were then filtered through a Whatman No.1 filter paper and stored at +4 °C.

#### 2.3 Determination of total phenolic content

The total phenolic content (TPC) of propolis samples was performed according to the modified method expressed by Kasote et al. (2017). 2.5 mL of ten fold diluted Folin Ciocalteu's phenol reagent was added to tubes containing 0.5 mL of propolis extracts. Then 2 mL of Na<sub>2</sub>CO<sub>3</sub> (7.5%) was added to this mixture. After 30 min incubation, the absorbance was read at 760 nm with a UV/VIS spectrophotometer (Shimadzu UV-1800, Kyoto, Japan). The total phenolic content was expressed as mg gallic acid equivalent (GAE) per 100 g of raw propolis (mg GAE/100 g propolis).

#### 2.4 Determination of antioxidant capacity

1,1-diphenyl-2-picrylhydrazyl (DPPH) scavenging methods were used to determine the antioxidant capacity of extracts. In the DPPH method, a 0.1 mL of propolis extract was mixed 4.9 mL DPPH solution (4.0 mg/100 mL methanol). The mixture was incubated for 20 min at room temperature, and the absorbance was read at 517 nm (Singh et al., 2002). The results of antioxidant capacity were expressed as mg Trolox equivalent per 100 g propolis (mg TE/100 g propolis).

#### 2.5 Antimicrobial activity test

Escherichia coli 0157H7 ATCC 43888, Listeria monocytogenes ATCC 13932, Salmonella Typhimurium ATCC14028, Staphylococcus aureus ATCC 29213, Streptococcus mutans UA159 ATCC 700610, Candida albicans ATCC 10251, Penicillium carneum IBT 14042, Aspergillus flavus ATCC 15517, Aspergillus niger ATCC 9642 were used for antimicrobial activity test. These bacteria, yeast, and molds were supplied by the Department of Food Engineering, Yildiz Technical University, Istanbul-Turkey. The antimicrobial

Table 1. Experimental values of total phenolic compounds (TPC) of the different solvents extracted propolis samples obtained from Box-Behnken design.

Run	Time [min]	T-mm [9C]	Power [W] —	TPC [mg/100 g]					
	Time [min]	Temp. [*C]		DW	Ethanol	DMSO	PG		
1	1	60	500	1.88	97.07	76.07	22.25		
2	1	45	250	1.36	92.68	80.36	17.38		
3	1	30	500	1.01	78.26	78.24	12.71		
4	2	45	500	2.19	108.77	111.64	28.06		
5	2	45	500	2.15	108.57	110.87	28.33		
6	2	60	250	2.28	113.49	112.93	18.85		
7	2	60	750	3.19	132.84	110.32	23.52		
8	1	45	750	1.59	94.01	87.26	18.18		
9	2	45	500	2.28	106.16	110.11	27.66		
10	2	30	250	1.19	85.76	84.81	13.11		
11	2	45	500	2.35	108.03	101.64	28.46		
12	3	30	500	2.44	129.8	110.73	35.00		
13	3	60	500	3.30	140.58	125.60	35.92		
14	2	45	500	2.47	108.43	116.01	24.73		
15	2	30	750	2.03	126.59	104.73	21.24		
16	3	45	750	3.18	136.47	118.98	27.65		
17	3	45	250	2.87	101.49	105.87	22.72		

DW = Distilled water, DMSO = Dimethyl sulfoxide, PG = propylene glycol.

activity of propolis samples was investigated by the agar diffusion method (Arici et al., 2005).

All test bacteria, yeast, and molds in nutrient or yeast malt extract broths were enumerated using the serial dilution method. Final cell concentrations were  $10^{6}-10^{7}$  cfu/mL.  $100 \mu$ L of the bacterial suspensions were seeded on 20 mL of nutrient or PDA agars at 43-45 °C. The prepared bacterial cultures were poured onto petri plates and then agars were allowed to solidify. The wells at 3 mm diameter were cut in nutrient or PDA agars.  $10 \mu$ L of extracts for each propolis samples were added into the wells on nutrient or PDA agars. The solvents (ethanol, DW, DMSO, PG) were also used as control and did not show any antimicrobial activity. The plates were incubated at 35 °C for 18-20 h for bacteria, and 27 °C for 48 h for yeast and molds. After the incubation, the zones of growth inhibition of the propolis samples were measured by compass. All determinations were made in triplicate.

#### 2.6 Individual phenolic compounds using an HPLC system

The HPLC analysis was performed on the HPLC system (LC-20AD pump, SPDM20A DAD detector, SIL-20A HT autosampler, CTO-10ASVP column oven, DGU-20A5R degasser, and CMB-20A communications bus module; (Shimadzu Corp., Kyoto, Japan). Propolis extracts were carried out on a C18 column using mobile phase 0.1% formic acid (A) and acetonitrile (B), and detection was achieved at 215 nm. Individual phenolic compounds of conventional and ultrasound-assisted propolis extracts were determined by HPLC coupled to a diode array (HPLC-DAD, Shimadzu Corp., Kyoto, Japan). The previously obtained extracts for used in TPC analysis were filtered through a 0.45-µm membrane filter and 1 mL of the filtered sample was analyzed in an HPLC system. Separations were conducted at 40 °C on a reversed-phase column with a 250 mm  $\times$  4.6 mm length, 5  $\mu$ m particle size. The mobile phases were solvent A (distilled water with 0.1% (v/v) formic acid) and solvent B (acetonitrile with 0.1% (v/v) formic acid). Gradient elution was 10% B (0-2 min), 10%-30% B (2-27 min), 30%-90% B (27-50 min) and 90%-100% B (51-60 min) and at 63 min returns to initial conditions. The flow rate was adjusted as 1 mL/min. Chromatograms were recorded at 254-356 nm. Identification and quantitative analysis were performed based on retention times and standard curves. The result of individual phenolics amounts was expressed as mg/L for all samples.

## 2.7 Statistical analysis

The effect of extraction methods and solvent types on the TPC, DPPH and individual phenolic compounds were determined by ANOVA. Duncan's multiple test range was used to compare the mean values. A P-value of < 0.05 was considered statistically significant. The statistical analyses were performed by were carried out using the Statistica software program (StatSoft, Inc., Tulsa, OK).

## 3 Results and discussion

# **3.1** The effect of UAE extraction parameters on the TPC value of the propolis extracts

Figure 1 shows the effects of ultrasound power, temperature and time on TPC for different solvent applications. It is clear

from the figure that TPC values increased as the extraction time, temperature and ultrasound power increased for all solvent applications except PG. The increase in TPC yield as power increases can be explained by the cavitations effect caused by ultrasonic disrupting the material and allowing the formation of a porous structure (Vidal et al., 2020). Phenolics compounds due to cavitations are easily released from the plant matrix (Dranca & Oroian, 2016). Similar to ultrasound power, the increase in temperature from 30 °C to 60 °C also increased TPC value. For the PG application, the TPC value approached its maximum value and decreased with the power value increased. This result could be explained by the degradation of phenolic compounds by increasing polyphenol oxidase activity (Zhu et al., 2019).

The positive effect of temperature can be explained by the increase in solubility of the phenolic compounds with an increase in temperature (Fachri et al., 2020). It is also seen from the figure that the solvent type affects the extraction efficiency of the phenolic compounds. The TPC value in the use of Ethanol and DMSO is higher than the use of water as a solvent. For each solvent application, the effect of different extraction parameters on the TPC value is modeled with the quadratic model. The variance analysis was performed to show the significance of extraction parameters on the TPC value. The p-value lower than 0.05 showed a significant effect of extraction parameters on TPC value.

The model parameters were shown in Table 2. In each solvent application, the model effect was significant (p < 0.01) and lack of fit values were insignificant. In ethanol application,  $R^2$  and adj- $R^2$  values were determined as 0.9395 and 0.8618, respectively. This shows that the quadratic model successfully modeled the effect of model parameters on TPC. When we examine the interaction of model parameters, only time and power interaction were found as significant. Other interactions and quadratic effects of model parameters were insignificant (p > 0.05). In the DMSO application,  $R^2$  and adj- $R^2$  values were found as 0.9238 and 0.8259, respectively. The linear effects of model parameters are significant.

The quadratic effect of extraction time was significant. In PG and water applications, R<sup>2</sup> values were found as 0.8389 and 0.9608 and adj-R<sup>2</sup> values were found as 0.7317 and 0.9104, respectively. In both solvent applications, the linear effect was significant, while the interactions of model parameters were found insignificant. For PG, the quadratic effect of power was significant. The models obtained for all solvent application were shown through Equations 1 to 4;

$$ET, TPC = 107.99 + 18.29x_1 + 7.95x_2 + 12.06 \times_3 - 2.01x_1x_2 + 8.42x_1 \times_3 - 5.37x_2 \times_3 - (1)$$
  
$$2.54x_1^2 + 5.97x_2^2 + 0.71 \times_3^2$$

$$DMSO,TPC = 110.05 + 7.41x_1 + 5.80x_2 + 4.67x_3 + 4.26x_1x_2 + 1.55x_1x_3 - 5.63x_2x_3 - 8.74x_1^2 - 3.66x_2^2 - 3.20x_3^2$$
(2)

 $PG,TPC = 27.45 + 6.35 \times_1 + 2.30 x_2 +$  $2.32x_3 - 2.14x_1x_2 + 1.03x_1x_3 - 0.87x_2x_3 +$  $0.66x_1^2 - 1.65x_2^2 - 6.62x_3^2$ (3)



Figure 1. Response surface plot for the TPC showing the effects of A (distilled water), B (ethanol-water), C (dimethylsulfoxide) and D (propylene glycol) propolis extracts.

 $DW, TPC = 2.29 + 0.74x_1 + 0.50x_2 +$  $0.29x_3 - 0.025x_1x_2 + 0.020x_1x_3 + 0.018x_2x_3 -$  $0.026x_1^2 - 0.10x_2^2 - 0.012x_3^2$ (4)

where,  $x_1$ ,  $x_2$ , and  $x_3$  represents time, temperature and ultrasound power respectively. A positive linear, interactions and quadratic coefficients of the model parameters showed that there was a positive correlation of extraction temperature, time and ultrasound power with TPC value.

#### 3.2 Extraction optimization for different solvent

Extraction optimization was performed based on the maximum TPC value for each solvent application. High desirability value was selected main criteria to determine the optimum point. The optimum process parameters were determined as 2.95 min, 58.61 °C and 615.26 W for ethanol, 3 min, 60 °C and 580 W for DMSO, 3 min, 59 °C and 591 W for PG and DW 2.70 min, 59.19 °C and 591.73 W. The corresponding predicted

Degracion		Ethanol		DMSO		PG			DW				
coefficients	df	Mean square	F	р	Mean square	F	р	Mean square	F	р	Mean square	F	р
Model	9	548.27	12.08	0.0017	409.44	9.43	0.0037	84.78	4.05	0.0393	0.79	19.06	0.0004
Linear													
А	1	2676.56	58.98	0.0001	2423.82	55.85	0.0001	322.83	15.42	0.0057	4.43	106.71	< 0.0001
В	1	505.14	11.13	0.0125	383.78	8.84	0.0207	139.70	6.67	0.0363	1.98	47.74	0.0002
С	1	1163.55	25.64	0.0015	268.19	6.18	0.0419	140.53	6.71	0.0359	0.66	15.81	0.0054
Cross product													
AB	1	16.12	0.36	0.5699	72.59	1.67	0.2370	18.36	0.88	0.3802	2.500×10-5	6.028×10 <sup>-4</sup>	0.9811
AC	1	283.25	6.24	0.0411	9.64	0.22	0.6518	4.26	0.20	0.6654	1.600×10 <sup>-5</sup>	0.039	0.8499
BC	1	115.35	2.54	0.1549	45.77	1.05	0.3386	33.29	1.59	0.2477	1.225×10 <sup>-3</sup>	0.030	0.8684
Quadratic													
A2	1	27.11	0.60	0.4649	409.51	9.44	0.0180	6.26	0.30	0.6016	2.957×10-3	0.071	0.7972
B2	1	150.21	3.31	0.1117	26.99	0.62	0.4562	0.22	0.011	0.9213	0.046	1.10	0.3295
C2	1	2.09	0.046	0.8360	18.12	0.42	0.5388	94.86	4.53	0.0708	5.568×10 <sup>-4</sup>	0.013	0.9110
Lack of fit	3	104.39	93.02	0.0004	64.78	2.37	0.2118	45.65	19.00	0.0079	0.075	4.56	0.0884
$\mathbb{R}^2$		0.9395			0.9238			0.8389			0.9608		
Adj-R <sup>2</sup>		0.8618			0.8259			0.6317			0.9104		

Table 2. Quadratic model	parameters for different solvent ty	pes.
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df degree of freedomValues of "Prob > F" less than 0.05000 indicate model terms are significant; DW = Distilled water, DMSO = Dimethyl sulfooxide, PG = propylene glycol, F = F-value, p = P-value, A = extraction time, B = extraction temperature, C = ultrasound power, AB = extraction time and extraction temperature, AC = extraction time and ultrasound power, BC = extraction temperature and ultrasound power, A2 = extraction time and extraction temperature, C2 = ultrasound power, R<sup>2</sup> = R squared.

TPC values were 141.66, 126.24, 34.20 and 3.35 mg/100 g for ethanol, DMSO, PG, and DW, respectively. The predicted values were compared with the experimental value to validate the optimization process. The experimental values of the TPC at optimum points were found as 144.30, 132.58, 36.25 and 4.38 mg/100 g for ethanol, DMSO, PG, and DW. These results indicated that optimization was successfully validated by experimental analysis.

# 3.3 The individual phenolic compounds of the propolis extracts

In this stage, Table 3 shows the TPC, DPPH and individual phenolic components of propolis extracts obtained from the traditional extraction method and ultrasound-assisted extraction method under optimum conditions. As can be seen from Table 3, the effect of method type and different solvent applications on the amount of TPC, DPPH and individual phenolic components of extracts was found to be significant (p < 0.05).

UAE caused a significant increase in TPC, DPPH and individual phenolic amount (p < 0.05). Regardless of solvent and method differences, chrysin was determined as a major phenolic compound. Myricetin, quercetin and ellagic acid are other abundant phenolic components for all samples. Some phenolic compounds were detected by the UAE method while not detectable by the conventional method, which can be explained by the release of some phenolics that are bound by the capitation effect. As an example, in PG application, syringic acid, m-coumaric acid, and o-coumaric acid cannot be detected by the conventional method, while these components were determined by the UAE method. In water applications, myricetin and quercetin could be detected by the UAE method. There was a certain increase in chrysin amounts by ultrasound treatment. There was an increase of 46.7% in ethanol, 30.9% for DMSO, 24.05 for PG, while a 9-fold increase in water application was observed. The increase in TPC value and extractability of some phenolic compounds by ultrasound application were also be reported by other studies (Gargouri et al., 2019; Trusheva et al., 2007). This indicates that optimization and ultrasound assistance is required to obtain the maximum amount of phenolic components from propolis. In similar to the extraction method, different solvent applications had also a significant effect on both the TPC and the distribution of individual phenolics (p<0.05). The highest value in TPC and DPPH was obtained by applying ethanol in both the CSE and the UAE. DMSO showed the highest chrysin content than other solvents applications. Syringic acid was not determined in the ethanolic application.

When we examine the literature studies, it can be seen that the individual phenolic content of propolis extracts varies according to the solvent used, method and the region where the propolis is taken (Rivero-Cruz et al., 2020). According to many studies, phenolics such as p-coumaric acid, chrysin, pinobanksin, pinostrobin, and pinocembrin are abundant

Dhanalias	Ethanol		DM	ISO	Р	G	DW		
Phenolics	CSE	UAE	CSE	UAE	CSE	UAE	CSE	UAE	
Syringic acid	nd	nd	2.61 <sup>B</sup>	3.54 <sup>A</sup>	nd	1.95	1.13 <sup>B</sup>	1.35 <sup>A</sup>	
Elagic acid	$3.75^{Ba}$	4.61 <sup>Aa</sup>	3.90 <sup>Aa</sup>	$4.56^{Ba}$	3.05 <sup>Ab</sup>	3.34 <sup>Ab</sup>	$0.51^{Bc}$	$0.84^{Ac}$	
m-Coumaric cid	$0.21^{\text{Ba}}$	0.48 <sup>Aa</sup>	$0.22^{Ba}$	0.50 <sup>Aa</sup>	nd	0.01cc	0.05 <sup>Bb</sup>	0.18 <sup>Ab</sup>	
o-Coumaric acid	$0.19^{Ba}$	0.31 <sup>Ab</sup>	$0.16^{\text{Ba}}$	0.39 <sup>Aa</sup>	nd	0.02d	$0.14^{\text{B}}$	0.21 <sup>Ac</sup>	
Chrysin	189.00 <sup>Bb</sup>	277.32 <sup>Ab</sup>	256.36 <sup>Ba</sup>	335.66 <sup>Aa</sup>	149.86 <sup>Bc</sup>	185.91 <sup>Ac</sup>	$0.34^{Ba}$	3.42 <sup>Ad</sup>	
Caffeic acid	$4.07^{\text{Ba}}$	5.05 <sup>Aa</sup>	$4.14^{Ba}$	5.02 <sup>Aa</sup>	3.03 <sup>Bb</sup>	3.47 <sup>Ab</sup>	1.25 <sup>Bc</sup>	$1.47^{Ac}$	
p-Coumaric acid	$1.22^{Ba}$	$1.45^{Aa}$	$1.10^{Bb}$	$1.44^{Aa}$	0.72 <sup>Bc</sup>	$0.84^{Ab}$	$0.21^{Bd}$	0.38 <sup>Ac</sup>	
Ferulic acid	$0.95^{\text{Ba}}$	1.19 <sup>Aa</sup>	0.99 <sup>Aa</sup>	1.18 <sup>Aa</sup>	$0.74^{Bb}$	0.82 <sup>Ab</sup>	$0.13^{Bc}$	0.22 <sup>Ac</sup>	
Myricetin	9.41 <sup>Ba</sup>	11.35 <sup>Aa</sup>	8.41 <sup>Bb</sup>	10.01 <sup>Ab</sup>	8.39 <sup>Bc</sup>	9.41 <sup>Ac</sup>	nd	0.84d	
Quercetin	4.87 <sup>Ba</sup>	6.87 <sup>Aa</sup>	3.88 <sup>Bb</sup>	5.38 <sup>Ab</sup>	3.86 <sup>Ab</sup>	4.87 <sup>Ac</sup>	nd	0.38d	
Kaemperol	1.76 <sup>Ab</sup>	2.97 <sup>Aa</sup>	$1.93^{Ba}$	2.52 <sup>Ab</sup>	1.75 <sup>Bb</sup>	2.43 <sup>Ab</sup>	0.13 <sup>Ac</sup>	0.19 <sup>Ac</sup>	
TPC [mg GAE/100 g]	$48.35^{\text{Ba}}$	146.89 <sup>Aa</sup>	35.67 <sup>Ab</sup>	124.79 <sup>Bb</sup>	12.17 <sup>Bc</sup>	33.75 <sup>Ac</sup>	$1.658^{Bd}$	3.46 <sup>Ad</sup>	
AA [mg Trolox/g]	4.96 <sup>Ba</sup>	835.34 <sup>Aa</sup>	4.85 <sup>Ab</sup>	818.74 <sup>Bb</sup>	4.83 <sup>Bb</sup>	735.01 <sup>Ac</sup>	0.48 <sup>Bc</sup>	382.68 <sup>Ad</sup>	

Table 3. Phenolic compounds of ultrasound-assisted and conventional extracts of propolis (mg/100 g propolis).

Different capital letters in the same line indicate the significance of the extraction method on individual phenolic (p < 0.05). Different lower case letters on the same line indicate the significance of the solvent type on individual phenolic (p < 0.05); CSE = Conventional solvent extraction, UAE = Ultrasound assisted extraction, DW = Distilled water, DMSO = Dimethyl sulfoxide, PG = propylene glycol, nd = not detected, TPC = Total Phenolic Content, AA = Antioxidant Activity.

phenolics in propolis extracts (Mani & Natesan, 2018; Ozdal et al., 2019; Popova et al., 2017; Wozniak et. al, 2019). In a similar to our studies, chrysin was found one of the major phenolic compounds by ultrasound-assisted extraction (Yuan et al., 2019). In their study, pinocembrin, chrysin, and pinobanksin were found as 30.96, 30.56 and 29.97 mg/g respectively. Pavlovic et al. (2020) reported that chrysin was found as major phenolics with the amount of 33.62-35.64 mg/g. AL-Ani et al. (2018) studied the characterization of antimicrobial activities of European propolis. It was reported that chrysin was found abundant phenolics obtained from Czech and Irish propolis. Chrysin is a dihydroxyflavone and shows many biological activities such as antioxidant, anti-inflammatory, anticancer, and antiviral activities (Mani & Natesan, 2018). Our study showed that ethanolic and DMSO extract of the propolis was rich in chrysin.

Figure 2 showed FTIR spectrum of propolis extracts obtained from different solvent. In addition to phenolic components, different components could be dissolved in these solvents. Therefore, it is necessary to examine the specific bands to differentiate phenolic compounds. Especially C-OH, C=O, C=C and CH vibrations can provide very useful information in the evaluation of the FTIR spectrum for phenolic compounds.

We can examine these stretching vibrations especially between 1040-1637 cm<sup>-1</sup>. The band around 1040 cm<sup>-1</sup> might be due to C–O valence vibrations and the band at 1375 cm<sup>-1</sup> is related to C-OH deformation vibration of the phenol ring. The band between 1437 and 1443 cm<sup>-1</sup> might be related to the C=O and CH vibrations in the aromatic ring. The band between 1634-1637 is related to stretching vibrations between C=0, C=C. This band is very important in distinguishing flavonoids. This band was observed in all solvents. The band observed in region of 4000-2000, whic involves aliphatic C–H and OH absorbtion, gives limited data about polyphenolic compounds. Thefore, FTIR could be used in identification of phenolic compounds extracted from propolis.

#### 3.4 Antimicrobial effects of propolis extracts

In the study, the antibacterial and antifungal activities of different solvent extracts were determined by evaluating the inhibition zones using five bacterial strains, three mold strains, and one yeast strain. According to the results in Table 4, all different extracts of propolis showed antibacterial and antifungal activity. The effect of extraction methods and solvent type significantly affected antimicrobial activity (p<0.05). UAE significantly increased inhibition zone diameter compared to CSE for all samples. Among the same methods, ethanolic extracts showed higher antimicrobial activity than others (p < 0.05). The ethanol and DMSO extracts of propolis exhibited the higher antimicrobial activity than the those of PG ad DW. However, DW extracts of propolis showed a very weak inhibitory action against all test microorganisms. Antibacterial activity of propolis is reported to be due to its components such as phenolics, flavonoids, aromatic acids and esters (Pobiega et al., 2019). The high levels of phenolic compounds might cause the denaturation of enzymes and bacterial cell death (Takaisi-kikuni & Schilcher, 1994). Generally, the antifungal activity of propolis extracts is stronger than antibacterial activity. Therefore, the UAE extract of propolis showed a higher inhibitory effect on the growth of the test microorganisms compared to the CSE extract of propolis. Pobiega et al. (2019) reported that the increase in the time of the ultrasonication process showed a stronger inhibitory effect against test microorganisms (Carrillo-Lopez et al., 2019). The propolis



Figure 2. FTIR spectrums of propolis extracts ((A) Ethanol, (B) DMSO, (C) PG and (D) DW)).

#### Table 4. Antimicrobial activity of the propolis extracts.

	Average halo (mm)									
Microorganisms	Ethanol		DMSO		PG		DW			
	CSE	UAE	CSE	UAE	CSE	UAE	CSE	UAE		
Escherichia coli 0157H7 ATCC 43888	$7.60^{Ba}$	9.20 <sup>Aa</sup>	7.20 <sup>Bb</sup>	8.00 <sup>Ab</sup>	$6.40^{Bc}$	8.20 <sup>Ab</sup>	$5.00^{\text{Bd}}$	6.20 <sup>Ac</sup>		
Listeria monocytogenes ATCC 13932	$10.25^{\text{Ba}}$	12.50 <sup>Aa</sup>	$10.20^{\text{Ba}}$	12.40 <sup>Aa</sup>	$9.60^{\text{Bb}}$	$11.00^{Ab}$	$6.00^{Bc}$	7.00 <sup>Ac</sup>		
Salmonella Typhimurium ATCC14028	$7.25^{Ba}$	8.30 <sup>Aa</sup>	$7.50^{\text{Ba}}$	$8.20^{\text{Aa}}$	6.20 <sup>Bb</sup>	$7.40^{\text{Ab}}$	$4.20^{Bc}$	5.00 <sup>Ac</sup>		
Staphylococcus aureus ATCC 29213	$8.50^{\mathrm{Ba}}$	$10.00^{\text{Aa}}$	$8.80^{\text{Ba}}$	10.00 <sup>Aa</sup>	$7.00^{\text{Bb}}$	$8.50^{Ab}$	$6.40^{Bc}$	7.50 <sup>Ac</sup>		
Streptococcus mutans UA159 (ATCC 700610)	$10.20^{\text{Ba}}$	11.50 <sup>Aa</sup>	9.20 <sup>Bb</sup>	10.80 <sup>Ab</sup>	$8.20^{Bc}$	9.40 <sup>Ac</sup>	$7.10^{\text{Bd}}$	7.80 <sup>Aa</sup>		
Candida albicans 10251	$9.30^{\text{Ba}}$	11.20 <sup>Aa</sup>	$9.20^{\text{Ba}}$	10.40 <sup>Ab</sup>	$9.00^{\text{Bb}}$	10.40 <sup>Ab</sup>	$4.40^{Bc}$	4.90 <sup>Ac</sup>		
Penicillium carneum IBT14 042	$19.50^{\text{Ba}}$	21.50 <sup>Aa</sup>	$14.40^{\text{Bb}}$	16.80 <sup>Ab</sup>	$13.20^{Bc}$	15.80 <sup>Ab</sup>	$6.20^{\text{Bd}}$	7.20 <sup>Ac</sup>		
Aspergillus flavus ATCC 15517	$12.20^{\text{Ba}}$	15.20 <sup>Aa</sup>	$11.50^{\text{Bb}}$	12.70 <sup>Ab</sup>	$11.00^{Bc}$	12.30 <sup>Ac</sup>	$6.00^{\text{Bd}}$	$8.50^{\text{Ad}}$		
Aspergillus niger ATCC9642	$11.50^{Ba}$	12.50 <sup>Aa</sup>	11.20 <sup>Ba</sup>	11.50 <sup>Ab</sup>	$10.00^{\text{Bb}}$	10.80 <sup>Ac</sup>	7.50 <sup>Bc</sup>	7.20 <sup>Ad</sup>		

Mean values of the diameters of inhibition zones in mm. Different capital letters in the same line indicate the significance of the extraction method on individual phenolic (p < 0.05). Different lower case letters on the same line indicate the significance of the solvent type on individual phenolic (p < 0.05). CSE = Conventional solvent extraction, UAE = Ultrasound assisted extraction, DW = Distilled water, DMSO = Dimethyl sulfoxide, PG = propylene glycol.

extracts showed a stronger antibacterial effect on gram-positive bacterias than gram-negative bacterias (Chen et al., 2018).

# **4** Conclusion

In this study, the parameters of the ultrasound-assisted extraction method have been optimized. Extraction time,

temperature, and ultrasound power significantly affected the TPC value. As the temperature (30-60), duration (1-3 min) and ultrasound power (250-750 W) increased, the phenolic substance extraction efficiency also increased. The type of solvent used and the ultrasonic application had a significant effect on both the TPC value and the distribution of phenolic compounds. The application of ultrasound also increased the antimicrobial

effect significantly. The results of this study showed that with UAS optimization both the extraction time was shortened and the phenolic and antimicrobial effect was increased.

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