

## Aqueous leaf extract of *Averrhoa carambola* L. (Oxalidaceae) reduces both the inotropic effect of BAY K 8644 on the guinea pig atrium and the calcium current on GH, cells

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> RESUMO: "Extrato aquoso das folhas de Averrhoa carambola L. (Oxalidaceae) reduz tanto o efeito inotrópico do BAY K 8644 em átrio de cobaia, quanto a corrente de cálcio em células GH,". Em estudo prévio mostrou-se que o extrato aquoso das folhas de Averrhoa carambola (ExAq) reduziu o inotropismo atrial da cobaia. Por isso, este trabalho avaliou se o ExAq interfere com o influxo de cálcio através da membrana celular. A investigação foi conduzida em átrio esquerdo de cobaia, montado em cuba (5 mL, Tyrode, 27 ± 0,1 °C, 95 % O<sub>2</sub>, 5 % CO<sub>2</sub>), estirado para uma tensão de repouso de 10 mN e submetido a uma estimulação de 2 Hz (0,5 ms, 400 V). O efeito do ExAq sobre a entrada de cálcio nas células foi avaliado em átrio de cobaia e em células GH<sub>3</sub>, estas submetidas a 'patch clamp' na configuração 'whole cell'. No átrio, o ExAq (1500 μg/mL) deslocou para direita a curva concentração-efeito do (±) BAY K 8644 (agonista dos canais de cálcio tipo-L), aumentando a  $CE_{s_0}$  (concentração capaz de produzir 50 % do efeito máximo) de  $7.8 \pm 0.38$  para  $115.1 \pm 0.44$  nM (N = 3. p < 0.05). Em células GH., este extrato (500 μg/mL) reduziu de 282 para 190 pA (30 %) a corrente de cálcio, sem contudo alterar a voltagem de pico da curva desta corrente. Estes resultados mostram que, pelo menos em parte, o efeito inotrópico negativo do ExAq em átrio de cobaia se deve a uma diminuição do influxo de cálcio pelos canais tipo-L.

> Unitermos: Averrhoa carambola, extrato aquoso, corrente de cálcio tipo-L, átrio de cobaia, células GH<sub>3</sub>.

> **ABSTRACT:** It was previously showed that aqueous leaf extract (AqEx) of Averrhoa carambola depresses the guinea pig atrial inotropism. Therefore, experiments were carried out on guinea pig left atrium and on pituitary GH, cells in order to evaluate the effect of AqEx on the cellular calcium influx. The atrium was mounted in an organ chamber (5 mL, Tyrode,  $27 \pm 0.1$  °C, 95 % O<sub>2</sub>, 5 % CO<sub>2</sub>), stretched to 10 mN, and paced at 2 Hz (0.5 ms, 400 V) and GH<sub>3</sub> cells were submitted to a whole cell voltage clamp configuration. In the atrium, the AqEx (1500 µg/mL) shifted to the right the concentration-effect curve of the positive inotropic effect produced by ( $\pm$ ) BAY K 8644, an L-type calcium channel agonist. The AqEx increased EC $_{50}$  (concentration required to promote 50% of the maximum effect) of the inotropic effect of BAY K 8644 from 7.8  $\pm$  0.38 to 115.1  $\pm$  0.44 nM (N = 3; p < 0.05). In GH, cells assayed with 500  $\mu$ g/mL of AqEx, the L-type calcium inward current declined 30 % (from 282 to 190 pA). Nevertheless, the extract did not change the voltage correspondent to the peak current. These data suggest that, at least in part, the negative inotropic effect of AqEx on the guinea pig atrium is due to a reduction of the L-type calcium current.

> **Keywords:** Averrhoa carambola, aqueous extract, L-type calcium current, guinea pig atrium, GH3 cells

### INTRODUCTION

tree originated from Asia but widely found in tropical countries. Brazilian folk medicine uses its fruit, juice or Averrhoa carambola L. (Oxalidaceae) is a even hot tea prepared from leaves for treating headache,

vomiting, cough, and insomnia (Agra et al., 2008; Oliveira et al., 1989; Pio-Correa, 1931). Nevertheless, chronic nephropathic patients can develop severe and acute intoxication after eating the star fruit or drinking its juice. The main signals and symptoms were: intractable hiccups, sudden onset of limb numbness, muscle weakness, consciousness disturbance, and seizure (Muir & Lam, 1980; Martin et al., 1993; Chang et al., 2000; Neto et al., 2003; Tse et al., 2003; Chang & Yeh, 2004; Tsai et al., 2005). These clinical manifestations have only disappeared after administrating propofol or when the patients were submitted to hemodialysis (Tsai et al., 2005; Wang et al., 2006).

Vasconcelos et al. (2005) reported that the AqEx of *A. carambola* leaves exerts a negative inotropic and chronotropic effects on the guinea pig atria. Furthermore, Vasconcelos et al. (2006) showed that it decreased the conduction velocity of the atrial impulse and increased the elapsed time to conduct the myocardial impulse from the right atrium to the His bundle. The authors reported that the AqEx induced different degrees of atrioventricular block, prolonged the QT interval, and increased the QRS complex duration.

The present study aimed to investigate if the AqEx of *A. carambola* leaf can change the cellular calcium influx offering thus a mechanism to explain the mechanical and electrophysiological effects promoted by the leaf extract of *A. carambola* on the mammalian myocardium.

### MATERIAL AND METHODS

# Preparation of the aqueous leaf extract of *Averrhoa carambola*

A. carambola L. leaves were collected near to the campus of the Universidade Federal de Sergipe (10° 53' 57.55"S, 37° 07' 14.30"W, altitude 10 m) from a healthy and agrotoxic-free plant. Botanical identification was performed by the specialized staff of the Herbarium of the Universidade Federal de Pernambuco, Recife, Pernambuco, Brazil (Voucher #24,720). The water extract was prepared in a Soxhlet apparatus by submitting dry A. carambola leaves to the following sequence of solvents: hexane, chloroform, acetone, ethanol, and methanol. After this procedure the leaves were extracted with deionized water. This aqueous extract was concentrated in a rotative evaporator (Tecnal TE 210, Piracicaba, São Paulo, Brazil) and then stored at a room temperature (27  $\pm$  3 °C). No care was taken to protect it from the environmental light. To adjust the extract concentration in the organ bath, its waterinsoluble residue was determined.

### Animals

The experiments were carried out on the guinea

pig (*Cavia porcellus*) atria obtained from adult animals (300 to 500 g) of both genders. The animals, supplied by the Biotery of the Universidade Federal de Sergipe, have had free access to food and water and were kept at room temperature ( $27 \pm 3$  °C) with 12 h of light-dark cycles. Animal handling followed the rules of the Colégio Brasileiro de Experimentação Animal (COBEA).

### **Drugs**

The following drugs and salts were used: reserpine, 1,4-dihydro-2,6-dimethyl-5-nitro-4-[2-(trifluoromethyl)phenyl]pyridine-3-carboxylic methyl ester (± BAY K 8644), tetrodotoxin (TTX), tetraethylammonium chloride (TEA), ethylene glycol bis(β-aminoethyl ether)-N,N,N'N'-tetraacetic (EGTA), (N-[2-Hydroxyethyl]piperazine-N'-[2ethanesulfonic acid]) (HEPES), HEPES-buffered Dulbecco modified Eagle's medium (DMEM-HEPES), NaCl, KCl, MgCl, 6 H,O, BaCl, Glucose, CsCl, CsOH, CaCl, 2 H,O, NaH, PO, H,O, NaHCO, fetal bovine serum, penicillin, and streptomycin. Drugs were purchased from Sigma-Aldrich (St. Louis, MO, USA) except reserpine that was gently supplied by Laboratório Gross S.A. (Rio de Janeiro, Brazil), and fetal bovine serum that were both purchased from Cultilab (Campinas, SP, Brazil).

#### **Solutions**

Tyrode solution was prepared according to Dorigo et al (1990), in mM: NaCl 120, KCl 2.7, MgCl<sub>2</sub>.6  $\rm H_2O$  0.9, NaHCO<sub>3</sub> 11.9, CaCl<sub>2</sub>.2 $\rm H_2O$  1.37, Glucose 5.5, NaH<sub>2</sub>PO<sub>4</sub>. $\rm H_2O$  0.4. External solution, in mM: NaCl 126; BaCl<sub>2</sub> 10; CsCl 5.4; HEPES 10; Glucose 10; TTX 3 x 10<sup>-4</sup> (pH adjusted to 7.4 with CsOH). Internal solution, in mM: MgCl<sub>2</sub> 4; CsCl 130; EGTA 10; HEPES 10; TEA 10 (pH adjusted to 7.2 with CsOH).

## Experimental assemblage to evaluate the effect of the aqueous leaf extract of *Averrhoa carambola* on the guinea pig atrium contractility

Reserpine-treated animals (5 mg/kg, i.p., 24 h before the experiment) were sacrificed by a blow applied to the skull base. The left atrium was rapidly removed and mounted in an organ bath (5 mL, Tyrode solution,  $27 \pm 0.1$  °C, 95 % CO<sub>2</sub> + 5 % O<sub>2</sub>). Each preparation was stretched to a resting tension of 10 mN and remained under electrical stimulation (2 Hz, 400 V, 0.5 ms, DIGITIMER 3072, DIGITIMER D4030, Welwyn, Garden City, Hertfordshire, England). The atrial force was recorded isometrically (Transducer HP FTA 10-1 Sunborn, HP 8805B, Chicago, IL, USA) in a thermal paper polygraph (HP8805B, HP7754A, HP7754B, Chicago, IL, USA) and stored in a computer (DATAQ DI400, DI 205, WINDAQ PRO Acquisition, WINDAQ EX Calculate, Akron, OH, USA).

# Protocol to evaluate the effect of the aqueous leaf extract of *Averrhoa carambola* on the inotropic action of BAY K 8644

Effect-concentration curves were obtained by adding cumulatively BAY K 8644 - an agonist of the L-type calcium channels - to the organ bath. The contractile force amplitude was determined at each concentration (5, 10, 30, 50, 100, 300 e 500 nM) and plotted against the logarithm of the related concentration. This procedure was carried out before and after adding AqEx (1500  $\mu$ g/mL) to the bath and EC<sub>50</sub> (concentration to produce 50 % of the maximal effect) was determined.

### GH, cell culture

GH<sub>3</sub> cells (ATCC, American Type Culture Collection, Rockville, Maryland, USA) from rat pituitary tumor, were cultured in DMEM-HEPES supplemented by sodium bicarbonate 1.2 g/l plus fetal bovine serum (10 %). Penicillin (5,000 IU/mL) and streptomycin (5 mg/mL) were added to the culture medium to reach a final concentration of one percent. The cells were routinely grown as stocks in 75 cm² flasks (COSTAR, Cambridge, MA, USA) maintained at 37 °C in a humidified atmosphere. The medium was changed twice a week. For electrophysiological recordings, cells were subcultured on glass coverslips (CORNING INCORPORATED, Acton, MA, USA) and plated in 35 mm plastic dishes.

# Protocol to evaluate the effect of the aqueous leaf extract of *A. carambola* on the calcium inward current on GH, cells

GH<sub>3</sub> cells were assayed by the whole-cell configuration of the patch-clamp technique (Hamill et al., 1981). The experiments were performed on the platine of an inverted microscope (OLYMPUS IMT-2), which was disposed on an antivibration table (TMC, Peabody, MA, USA). Glass electrodes were pulled by a two-stage puller (PP-83, Narishige, Setagaya-ku, Tokyo, Japan) from soft nonheparinized microhematocrit glass capillaries (~1.5 mm external diameter, PERFECTA, São Paulo, Brazil) or borosilicate glass capillaries (1.5 mm external diameter, CLARK, Reading, UK). The pipette resistance ranged from 1.5 to 2.5 M $\Omega$  when filled with the appropriate pipette solution. Membrane currents were recorded by an EPC 9 amplifier (HEKA, Mahone Bay, Canada) controlled and analysed by Pulse and Pulse-Fit softwares (INSTRUTECH, Port Washington, NY, USA). The experiments were performed only on isolated cells to minimize space-clamp errors. Cells were rejected if the initial seal resistance was less than 2  $G\Omega$  or if they presented a series resistance greater than 10 M $\Omega$ . Series resistances were compensated in at least 50 % to minimize voltage errors. Capacitive transients as well as the leakage current were canceled by using a programmed P/4 protocol (Bezanilla and Armstrong, 1977). The calcium inward membrane current was measured by two experimental protocols. In the first one, cells were submitted to a hold potential (-80 mV, 100 ms) and then depolarized to 0 mV by applying electrical pulses lasting 100 ms. In the second one, which was used to determine the voltage-current relationship, membrane current was recorded during a consecutive series of step pulses (100 ms) varying from -80 to +70 mV with increments of 10 mV. Currents were filtered by a low-pass filter (2.5 kHz) and converted to digital signal at a 10 kHz rate. Data recordings were only initiated 3 to 5 min after the break-in in order to allow a more stable and reliable control membrane current. Control data were recorded when the cells were superfused by the extracellular solution. The effect of AqEx (500 µg/ mL) on the membrane calcium current was measured by recording both the time-course and current-voltage sequences during superfusion with AqEx. No correction was made for the liquid junction potential.

### Statistical analysis

The univariate analysis of variance ANOVA (General Linear Model) followed by the Tukey's multiple comparisons test was used to determine differences between means. The results were considered statistically different when p < 0.05. Data in this paper are shown as mean  $\pm$  SD.

#### RESULTS

Figure 1 (upper panel) shows the inotropic effect of ( $\pm$ ) BAY K 8644 (5-100 nM) added cumulatively to the organ bath. Contraction force start increasing when BAY K 8644 concentration was 5 nM. After adding AqEx (1500  $\mu$ g/mL) to the bath, the atrial force declined progressively until reach a near zero amplitude. In such situation, BAY K 8644 only produced a significant increase in force amplitude when its concentration was greater than 300 nM (lower panel).

Figure 2 shows concentration-response curves for BAY K 8644 in the absence and in the presence of AqEx (1500 µg/mL). The extract shifted to the right the Hill-Langmuir curve and reduced the maximum efficacy from 100 to 10 %. The EC<sub>50</sub> of BAY K 8644 increased from  $7.8 \pm 0.38$  to  $115.1 \pm 0.44$  nM in the presence of AqEx (N = 3 atria; p < 0.0001).

The effect of AqEx on the membrane calcium inward current was assayed on  $GH_3$  cells submitted to a patch clamp in a whole-cell configuration. Suppression of inward Na<sup>+</sup> and outward K<sup>+</sup> was achieved, respectively, by adding TTX to the bathing medium and by replacing intracellular K<sup>+</sup> by Cs<sup>+</sup>. Moreover, it was used TEA in the pipette solution to block potassium channels. Figure 3

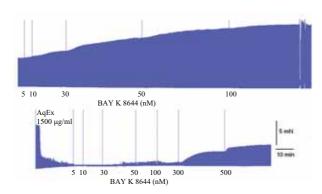
depicts the effect produced by AqEx ( $500 \mu g/mL$ ) on the L-type calcium inward current in GH<sub>3</sub> cells. The extract reduced the calcium current from 282 to 190 pA.

The effect of AqEx on the current-voltage plot concerned to the calcium inward current through the L-type calcium channels can be seen in Figure 4. The AqEx (500  $\mu$ g/mL) reduced in 32 % the calcium current but did not change either the voltage related to the maximum current (-10 mV) or the inactivation kinetics of the L-type calcium channel.

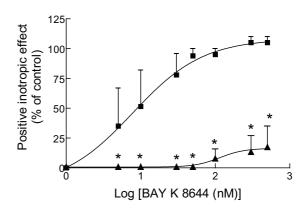
### **DISCUSSION**

Aqueous extract of A. carambola leaves (AqEx) reversibly reduced the contractility of guinea pig atrium in a concentration-dependent manner. When acting on the natural right atrial pacemaker, this extract promoted a significant bradicardia (Vasconcelos et al., 2005). In guinea pig isolated heart, it was observed that AqEx induced different degrees of atrioventricular block (Vasconcelos et al., 2006). It is well known that drugs that reduce the membrane calcium inward current, besides exerting a negative inotropic effect on the myocardium, can also depress the atrial pacemaker activity and reduce the conduction velocity through the atrioventricular node. To shed light on this theme the present work sought to evaluate the effect produced by extracts of A. carambola leaf on the cellular calcium inward current. The investigation was performed on both guinea pig atrial tissue and GH, neuroendocrine cells.

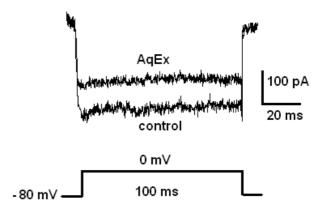
To evaluate the effect of AqEx on the L-type calcium current several experiments were performed by submitting the guinea pig left atrium to different concentrations of BAY K 8644. This agonist acts as a positive inotropic modulator by increasing the calcium channel opening time (Näbauer et al., 1988). Such effect is not mediated by the intracellular AMPc



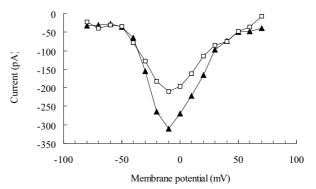
**Figure 1.** Representative effect of AqEx on the positive inotropic response to ( $\pm$ ) BAY K 8644 observed on the guinea pig left atrium. Upper panel: contractile response to different concentrations of BAY K 8644. Lower panel: BAY K 8644 inotropic effect in the presence of AqEx (1500 µg/mL). Vertical lines are marks of experimental maneuvers (27  $\pm$  0.1 °C, Stimulation: 400 V, 0.5 ms, 2 Hz).



**Figure 2.** Concentration-response curves for the positive inotropic effect of BAY K 8644 on the guinea pig left atria obtained in control (squares, EC<sub>50</sub> =  $7.8 \pm 0.38$  nM) and after adding 1500 µg/mL of AqEx (triangles, EC<sub>50</sub> =  $115.1 \pm 0.44$  nM) to the bathing medium (N = 3 atria, \* p < 0.0001;  $27 \pm 0.1$  °C; Stimulation: 400 V, 0.5 ms, 2 Hz).



**Figure 3.** L-type calcium current recorded on GH<sub>3</sub> cell. Control: control current; AqEx: current recorded after adding AqEx (500  $\mu$ g/mL) to the bath medium. Whole-cell currents were activated by 100 ms pulses starting from -80 mV (holding potential) to 0 mV (test potential) every 5 s. Barium (10 mM) was used as the cation charge carrier through the calcium channels (24  $\pm$  1 °C).



**Figure 4.** Representative current-voltage curves of L-type calcium inward current obtained in  $GH_3$  cells measured in control medium (triangles) and during cell superfusion with AqEx of *A. carambola* (500 µg/mL, open squares). Membrane current was elicited by 100 ms test pulses starting from a holding potential of -80 to +70 mV with increments of 10 mV at each 5 s ( $24 \pm 1$  °C).

concentration (Böhn et al., 1985). BAY K 8644 increases the myocardial contractile force due to its positive action on the L-type calcium current (Fassina et al., 1991). These findings allowed us to investigate if the AqEx could exert its inotropic action by changing the calcium inward current in the mammalian myocardium. To do so, atrial concentration-response curves were obtained by progressively increasing the BAY K 8644 concentration in the organ bath. This protocol was firstly executed before and then after adding the AqEx to the bath. The results showed that AqEx shifted that curve to the right leading to an increase of the EC<sub>50</sub> from to  $7.8 \pm 0.38$  to  $115.1 \pm 0.44$  nM. Furthermore, it also reduced in 90 % the maximum inotropic effect of BAY K 8644. These data suggest the AqEx is able to reduce the calcium inward current explaining thus, at least in part, the negative inotropic effect of this leaf extract on the guinea pig atrial myocardium.

GH<sub>3</sub> cells are known to express both T- and L-type calcium channels (Simasko et al., 1988). Because they are easily cultivated in the laboratory, our patch clamp experiments performed to measure calcium currents were carried out on those neuroendocrine cells. This investigation was done using barium as the charge carrier through the L-type calcium channel (Araújo et al., 2003). AqEx reduced in 30 % this inward current without changing the peak of the current-voltage curve. Such result suggests that the AqEx does not modify the L-type calcium channel kinetics but it reduces the magnitude of the calcium inward current possibly explaining the negative inotropic effect of the AqEx on the guinea pig atrial tissue.

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