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## Congenital heart disease and chromossomopathies detected by the karyotype

Cardiopatias congênitas e cromossomopatias detectadas por meio do cariótipo

Cardiopatías congénitas y anomalías cromosómicas detectadas mediante cariotipo

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#### **ABSTRACT**

**Objective:** To review the relationship between congenital heart defects and chromosomal abnormalities detected by the karyotype.

Data sources: Scientific articles were searched in MED-LINE database, using the descriptors "karyotype" OR "chromosomal" OR "chromosome" AND "heart defects, congenital". The research was limited to articles published in English from 1980 on.

Data synthesis: Congenital heart disease is characterized by an etiologically heterogeneous and not well understood group of lesions. Several researchers have evaluated the presence of chromosomal abnormalities detected by the karyotype in patients with congenital heart disease. However, most of the articles were retrospective studies developed in Europe and only some of the studied patients had a karyotype exam. In this review, only one study was conducted in Latin America, in Brazil. It is known that chromosomal abnormalities are frequent, being present in about one in every ten patients with congenital heart disease. Among the karyotype alterations in these patients, the most important is the trisomy 21 (Down syndrome). These patients often have associated extra-cardiac malformations, with a higher risk of morbidity and mortality, which makes heart surgery even more risky.

Conclusions: Despite all the progress made in recent decades in the field of cytogenetic, the karyotype remains an essential tool in order to evaluate patients with congenital heart disease. The detailed dysmorphological physical examination is of great importance to indicate the need of a karyotype.

**Key-words:** heart defects, congenital; karyotype; Down syndrome; trisomy; chromosome aberrations.

#### **RESUMO**

Objetivo: Realizar uma revisão da literatura sobre a relação das cardiopatias congênitas com anormalidades cromossômicas detectadas por meio do exame de cariótipo.

Fontes de dados: Pesquisaram-se artigos científicos no portal MEDLINE, utilizando-se os descritores "karyotype" OR "chromosomal" OR "chromosome" AND "heart defects, congenital". A pesquisa limitou-se a artigos publicados em inglês a partir da década de 1980.

Síntese dos dados: As cardiopatias congênitas são um grupo de lesões etiologicamente heterogêneo e pouco compreendido. Vários pesquisadores avaliaram a presença de anormalidades cromossômicas detectadas pelo exame de cariótipo em pacientes portadores de cardiopatia congênita. Porém, a maioria dos artigos era composta de trabalhos retrospectivos desenvolvidos na Europa, nos quais nem todos os pacientes

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Recebido em: 21/8/2013 Aprovado em: 17/10/2013 foram submetidos à avaliação cariotípica. Nesta revisão, encontrou-se apenas um estudo desenvolvido na América Latina, no Brasil. Sabe-se que anormalidades cromossômicas são frequentes, estando presentes em cerca de um em cada dez pacientes com cardiopatia congênita. Dentre as alterações observadas, destaca-se a trissomia do cromossomo 21 (síndrome de Down). Esses pacientes frequentemente apresentam malformações extracardíacas associadas e risco maior de morbidade e mortalidade, tornando a cirurgia cardíaca ainda mais arriscada.

Conclusões: Apesar de todos os avanços ocorridos nas últimas décadas na área da citogenética, o exame de cariótipo continua sendo uma ferramenta fundamental para se avaliarem pacientes com cardiopatia congênita. O exame físico dismorfológico minucioso é de grande importância para indicar a realização do cariótipo.

Palavras-chave: cardiopatias congênitas; cariótipo; síndrome de Down; trissomia; aberrações cromossômicas.

#### **RESUMEN**

Objetivo: Realizar una revisión de la literatura sobre la relación de las cardiopatías congénitas con anormalidades cromosómicas detectadas por medio del examen de cariotipo.

Fuentes de datos: Se investigaron artículos científicos en el portal MEDLINE, utilizándose los descriptores «karyoty-pe», OR «chromosomal» OR «chromosome» AND «heart defects, congenital». La investigación se limitó a artículos publicados en inglés a partir de la década de los 1980.

Síntesis de los datos: Las cardiopatías congénitas son un grupo de lesiones etiológicamente heterogéneo y poco comprendido. Varios investigadores evaluaron la presencia de anormalidades cromosómicas detectadas por el examen de cariotipo en pacientes portadores de cardiopatía congénita. Sin embargo, la mayoría de los artículos estaba compuesta por trabajos retrospectivos desarrollados en Europa, en los que no todos los pacientes fueron sometidos a la evaluación cariotípica. En esta revisión, se encontró solamente un estudio desarrollado en Latinoamérica, en Brasil. Se sabe que anormalidades cromosómicas son frecuentes, estando presentes en aproximadamente uno a cada diez pacientes con cardiopatía congénita. Entre las alteraciones observadas, se destaca la trisomía del cromosoma 21 (síndrome de Down). Esos pacientes frecuentemente presentan malformaciones extracardíacas asociadas y riesgo más grande de morbidez y mortalidad, lo que hace la cirugía cardíaca todavía más arriesgada.

Conclusiones: A pesar de todos avances ocurridos las últimas décadas en el área de la citogenética, el examen de cariotipo sigue siendo una herramienta fundamental para evaluar pacientes con cardiopatía congénita. El examen físico dismorfológico minucioso, realizado por un pediatra experimentado o por un geneticista, es de gran importancia para indicar la realización del examen.

Palabras clave: cardiopatías congénitas; cariotipo; síndrome de Down; trisomía; anomalías cromosómicas.

#### Introduction

Congenital malformations are detected in approximately 3 to 5% of newborns<sup>(1)</sup>, and one in every 33 presents severe abnormalities<sup>(2)</sup>. Major malformations are those that cause an adverse effect on the social acceptability of the individual or in the functioning of a determined organ or system<sup>(3)</sup>. On the other hand, minor malformations do not present aesthetical or functional significance for the individual, being a structural finding that occurs in less than 4% of the general population. However, some minor anomalies may be external markers of more specific anomalies, sometimes hidden. Therefore, most syndromes could be recognized by the clinical geneticist if these patterns of minor anomalies were taken into consideration. The dysmorphology assessment, therefore, could help support the decision on whether to perform a complementary investigation, such as, for instance, through karyotyping<sup>(4)</sup>.

Among the most frequent congenital malformations, congenital heart defects stand out, comprising structural and functional heart abnormalities present at birth, regardless of the time of diagnosis. Congenital heart defects are a heterogeneous group of lesions with varying hemodynamic consequences, requiring different follow-ups and interventions<sup>(5)</sup>. Studies show that the incidence of congenital heart disease can vary from four to 14 per 1,000 live births(6-8). In Brazil, studies described a prevalence that ranges from five to 12 per 1,000 live births<sup>(2,9,10)</sup>. These variations can be explained by several factors, such as the occurrence of lethal defects that prevent a live birth of the fetus and the exclusion of minor cardiac defects. Studies have shown that congenital heart disease may be responsible for about 40% of all birth defects, and it is considered one of the most frequent malformations(11,12). In Brazil, despite its great geographical extent, there are 12 specialized centers both in the diagnosis and in the treatment of patients with congenital heart defects<sup>(13)</sup>. The average number of cardiovascular surgeries at birth in Brazil is of approximately 23,077 procedures per year.

However, the current health network is not enough for the demand and in 2002, for instance, there was a surgery deficit that reached  $65\%^{(7)}$ .

Thus, congenital heart defects are an even greater public heath problem worldwide, being the leading cause of death among congenital malformations<sup>(12)</sup>. Severe and moderately severe heart defects account for about three to six out of every 1,000 live births and are characterized by the need for more intensive and complex surgical care<sup>(6,11,14)</sup>. These defects are a major cause of admission and mortality in pediatric intensive care units<sup>(15)</sup>. In Rio Grande do Sul, however, most intensive care units are overcrowded and often lack equipment and skilled professionals for the differential diagnosis as well as conditions for the surgical treatment of patients with congenital heart disease<sup>(10)</sup>. This may be due to the fact that less developed countries have other priorities related to health, including the preventions of malnutrition and promoting vaccination campaigns<sup>(13)</sup>.

The heart is the first organ to form in the embryo, and it is vital for the provision of oxygen and nutrients to the developing fetus<sup>(8)</sup>. Its formation is complex and occurs over several weeks of the embryonic life, making it very vulnerable to the occurrence of failures during its development<sup>(15)</sup>. Congenital heart defects are considered etiological heterogenic malformations and are poorly understood<sup>(16,17)</sup>. Only around 15-20% of cases are attributed to known causes<sup>(5,18)</sup> and, among them, chromosomal abnormalities<sup>(17,19)</sup> stand out, which are more frequent in patients with congenital heart defects than in the general population<sup>(16,20,21)</sup>.

The first steps towards the development of the karyotype began with the understanding of the action of colchicine and the hypotonic treatment of the cells, which occurred in the first half of the 20th century. The determination of the correct number of chromosomes in human somatic cells (n=46) by Tjio and Levan, in 1959<sup>(22)</sup>, was the basis for identifying chromosomal syndromes. In 1959, Lejeune et al described the first trisomy of autosomal chromosomes in a case of Down syndrome<sup>(23)</sup>. Some decades later, the introduction of techniques for longitudinal staining of chromosomes, known as "banding"(24), and the emergence of techniques for high chromosomal resolution<sup>(25)</sup> allowed the numerical and structural chromosomal changes to be better recognized and diagnosed. As seen by its historical outline, the karyotype test is regarded as a nearly handmade examination, based on cell culture (usually blood), which has numerous steps and, therefore, it is potentially subject to faults (due, for instance, to the form of material collection), besides presenting a long duration (the results are usually obtained only a few weeks after sample collection)<sup>(26)</sup>.

With the development of DNA probes and the techniques of fluorescence in situ hybridization — FISH, spectral karyotyping (SKY), and comparative genomic hybridization (CGH), from the 1980s, a new concept was created, that of molecular cytogenetics<sup>(26,27)</sup>. These new techniques allowed the identification of complex and very subtle changes, such as very small deletions and duplications (microdeletions and microduplications, respectively), which may not appear in a standard cytogenetic analysis by karyotyping. Another advantage over the karyotype test is that many of these techniques may not require cell culture for analysis, which enables faster results (26,28). These techniques have a high cost, higher than that of the karyotype, but their implementation has allowed the identification of new conditions, such as the 22q11 deletion syndrome, also known as velocardiofacial or DiGeorge syndrome, a genetic disorder closely related to congenital heart disease which, most often, escapes detection by karyotyping(29-32).

However, despite all advances, the karyotype, even with its limitations, remains as a fundamental tool in the genetic evaluation of patients, including those with congenital heart disease. The karyotype applies mainly to those patients with minor anomalies or other major extracardiac changes. As seen, these can be markers of conditions that are often hidden, such as some syndromes. Hence the importance of the patients' dysmorphology assessment to better select the cases to be tested. In Rio Grande do Sul, the karyotype is also one of the only tests available for the evaluation of chromosomes in public health care. The state of Santa Catarina provides also CGH evaluation. Unfortunately, the availability of performing karyotype within the Brazilian National public Health System is far below the needs of the Brazilian population.

In this context, the aim of this study was to review the literature on the relationship of congenital heart defects with chromosomal abnormalities detected by the karyotype test.

#### Method

Several researchers evaluated, in different studies, the presence of chromosomal abnormalities detected by karyotyping in patients with congenital heart disease. Therefore, we conducted a review of the scientific articles in MEDLINE database, using the descriptors: "karyotype" OR "chromosomal" OR "chromosome" AND "heart defects, congenital". The review encompassed both retrospective and prospective studies, in which all participants had congenital heart disease. In these, there should not be a selection regarding the type of heart defect, i.e., they should involve only cardiac malformations in general. Regarding the

age range of participants, only studies involving children and adolescents were included. The research was delimited to articles published in English from 1980. Older studies, conducted before this decade, present important limitations, as they were developed in a time when the evaluation of chromosomes by banding and high-resolution techniques was still inexistent. Case reports, small case series or reviews, as well as studies conducted in the prenatal period were also excluded. Once we found different studies with the same sample, we chose to include only the main study.

With the use of descriptors in MEDLINE, 2,079 scientific articles were obtained. After applying the exclusion criteria (language other than English, case reports, small case series,

reviews, publications before 1980, selected samples of congenital heart disease, and studies developed during the prenatal period), there were only 13 articles.

#### Results and discussion

# Studies that assessed the frequency of chromosomal abnormalities identified through karyotype test in patients with congenital heart disease

According to Table 1<sup>(16,19,29,33-42)</sup>, there was no study that assessed all patients of the same way. They were characterized by being, most of them, retrospective, developed in Europe, and not all patients of the samples studied underwent

Table 1 - Comparison between different studies described in the literature

| Author and year of publication      | Ferencz <i>et al</i> (1989) <sup>(33)</sup> | Stoll et al<br>(1989) <sup>(19)</sup> | Pradat<br>(1992) <sup>(34)</sup> | Hanna e <i>t al</i><br>(1994) <sup>(35)</sup> | Goodship<br>et al (1998) <sup>(36)</sup> | Grech e Gatt<br>(1999) <sup>(37)</sup> | Meberg et al<br>(2000) <sup>(38)</sup> |
|-------------------------------------|---|---------------------------------------|----------------------------------|---|--|--|--|
| Design                              | R   | R                                     | R                                | R   | Р  | R                                      | R                                      |
| Time period                         | 1981–86                                     | 1979–86                               | 1981–86                          | 1974–78                                       | 1994–95                                  | 1990–94                                | 1982–96                                |
| Country                             | United States                               | France                                | Sweden                           | Northern<br>Ireland                           | England                                  | Malta                                  | Norway                                 |
| Total n                             | 2.102                                       | 801                                   | 1.605                            | 388   | 207                                      | 231                                    | 360                                    |
| n with karyotype                    | ND  | 153                                   | ND                               | ND  | 173                                      | ND                                     | ND                                     |
| Age                                 | Until 1 year                                | ABO, LB and<br>SB                     | SB and LB until 6 months         | Until 7 years                                 | Children                                 | Until 1 year                           | Until 18 years                         |
| Cardiac                             | ECO, CAT,                                   | ECO, CAT,                             | ECO, CAT,                        | CAT, SUR or                                   | ND                                       | ECO, CAT,                              | ECO, CAT,                              |
| diagnosis                           | SUR or AUT                                  | SUR or AUT                            | SUR or AUT                       | AUT   | ND                                       | SUR or AUT                             | SUR or AUT                             |
| Classification in syndromic (%)     | _   | _                                     | _                                | _   | _  | 11                                     | _                                      |
| Total chromosomal abnormality n (%) | 271 (12.9)                                  | 72 (9)                                | 202 (13)                         | 12 (3)  | 21 (12.1)                                | 21 (9)                                 | 24 (6.7)                               |
| Numeric changes (%)                 | 259 (95.6)                                  | 69 (95.8)                             | ND                               | ND  | 19 (90.5)                                | 20 (95.2)                              | 20 (83.3)                              |
| +21                                 | ND  | ND                                    | ND                               | ND  | 15                                       | ND                                     | 15                                     |
| +18                                 | 17  | 15                                    | 15                               | ND  | 1  | 1                                      | 3                                      |
| +13                                 | 16  | 7                                     | 6                                | ND  | _  | <u> </u>                               | <del>_</del>                           |
| 45,X                                | 7   | 1                                     | ND                               | ND  | 2  | <u> </u>                               | 1                                      |
| Klinefelter<br>Syndrome             | _   | _                                     | ND                               | ND  | _  | _                                      | _                                      |
| Triploidy                           | <u> </u>                                    | <u> </u>                              | <u> </u>                         | ND  | _  | <u> </u>                               | <del>_</del>                           |
| Other                               | 1   | 46                                    | ND                               | ND  | 1  | 19                                     | 1                                      |
| Structural changes(%)               | 12 (4.4)                                    | 3 (4.2)                               | ND                               | ND  | 2 (9.5)                                  | 1 (4.8)                                | 4 (16.7)                               |
| del(4p)                             | ND  | 1                                     | ND                               | ND  | _  | _                                      | 2                                      |
| del(5p)                             | ND  | 1                                     | ND                               | ND  |  |  | 1                                      |
| i(21q)                              | ND  |                                       | ND                               | ND  |  |  |  |
| Other                               | ND  | 1                                     | ND                               | ND  | 2  | 1                                      | 1                                      |
|                                     |   |                                       |                                  |   |  |  |  |

Continue...

Table 1 - Continuation

| Author and year of publication      | Roodpeyma et al (2002) <sup>(39)</sup> | Calzolari<br>et al (2003) <sup>(40)</sup> | Harris<br>et al (2003) <sup>(16)</sup> | Rosa<br>et al (2008) <sup>(29)</sup> | Dadvand<br>et al (2009) <sup>(41)</sup> | Hartman<br>et al (2011) <sup>(42)</sup> |
|-------------------------------------|--|---|--|--------------------------------------|---|---|
| Design                              | R                                      | R   | R                                      | Р                                    | R                                       | R                                       |
| Time period                         | 1995–2000                              | 1980–94                                   | 1981–92                                | 2005–2006                            | 1985–2003                               | 1994–2005                               |
| Country                             | Iran                                   | Italy                                     | USA, France,<br>Sweden                 | Brazil                               | England                                 | USA                                     |
| Total n                             | 346                                    | 1.549                                     | 12.932                                 | 204                                  | 5.715                                   | 4.430                                   |
| n with karyotype                    | ND                                     | 300                                       | ND                                     | 204                                  | ND                                      | ND                                      |
| Age                                 | Until 14 years                         | SB and NB                                 | SB and LB until<br>1 year              | Until 13 years                       | ABO, SB and<br>NB                       | ABO, SB and<br>LB                       |
| Cardiac<br>diagnosis                | PE, ECO or<br>CAT                      | ECO, SUR or<br>AUT                        | ECO, CAT,<br>SUR or AUT                | ECO, CAT or<br>SUR                   | ECO, CAT,<br>SUR or AUT                 | ND                                      |
| Classification in syndromic (%)     | 10                                     | 25.8                                      | <u> </u>                               | _                                    | <u> </u>                                | _                                       |
| Total chromosomal abnormality n (%) | 31 (9)                                 | 152 (9.8)                                 | 2.334 (18)                             | 29 (14)                              | 665 (11.6)                              | 480 (10.8)                              |
| Numeric changes (%)                 | 31 (100)                               | 132 (86.8)                                | 2.151 (92.2)                           | 26 (88.5)                            | ND                                      | 418 (89.2)                              |
| +21                                 | 30                                     | 115                                       | ND                                     | 23                                   | 365                                     | 289                                     |
| +18                                 | 1                                      | 11  | 305                                    | 2                                    | 80                                      | 73                                      |
| +13                                 | _                                      | 6   | 147                                    | _                                    | 32                                      | 31                                      |
| 45,X                                | _                                      | ND  | 34                                     | _                                    | ND                                      | 6                                       |
| Klinefelter<br>Syndrome             | _                                      | ND  | 7                                      | _                                    | ND                                      | 4                                       |
| Triploidy                           | _                                      | ND  | 6                                      |                                      | ND                                      | 1                                       |
| Other                               | _                                      | ND  | ND                                     | 1                                    | ND                                      | 14                                      |
| Structural changes(%)               | _                                      | ND  | ND                                     | 3 (11.5)                             | ND                                      | 62 (10.8)                               |
| del(4p)                             |  | ND  | ND                                     |                                      | ND                                      | 1                                       |
| del(5p)                             | <u> </u>                               | ND  | ND                                     |                                      | ND                                      |   |
| i(21q)                              |  | ND  | ND                                     | 1                                    | ND                                      | 2                                       |
| Other                               | _                                      | ND  | ND                                     | 2                                    | ND                                      | 59                                      |

R: retrospective; P: prospective; ND: not described; ABO: abortions; LB: live births; SB: stillborn; NB: newborn; PE: physical examination; ECO: echocardiography; CAT: catheterism; SUR: surgery; AUT: autopsy; -: absent; +21: full trisomy of chromosome 21; +18: full trisomy of chromosome 18; +13: full trisomy of chromosome 13; 45,X: chromosome X monosomy; del(4p): deletion of the short arm of chromosome 5; i(21q): Down syndrome secondary to isochromosome of the long arm of chromosome 21.

karyotype examination (most of the studies does not describe how many patients were assessed through this exam). We obtained only one study conducted in Latin America, in Brazil<sup>(29)</sup>. The sample sizes of the studies are also variable, being smaller on those developed prospectively<sup>(29,36)</sup>.

The age of analyzed patients also varied greatly. Some studies included spontaneous abortions and stillbirths. The top age limit observed was 18 years<sup>(38)</sup>. As for cardiac evaluation of patients, in most studies, there was a report of echocardiography, cardiac catheterization, surgery, and autopsy. Despite the classification of syndromic or not observed in

some studies, there was no data describing the performance of dysmorphologic physical examination by a clinical geneticist. The classification of patients in syndromic ranged from 10 to 25.8% of the samples analyzed<sup>(16,19,29,33-42)</sup> (Table 1).

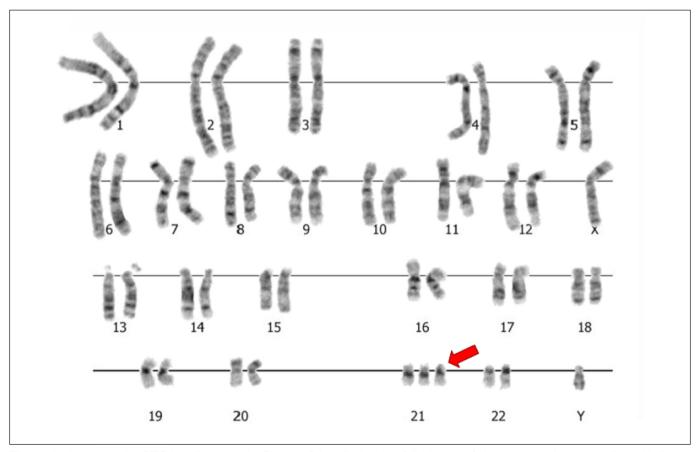
The frequency of chromosome abnormalities detected by karyotype in patients with congenital heart disease ranged from 3 to 23% (usually around 9%)<sup>(16,19,29,33-42)</sup> (Table 1). Thus, they are present in about one in every 10 patients with congenital heart disease, i.e., their frequency is about 12 times greater among individuals with congenital heart disease than in the general population, for which the rate

is one in every 120 newborns<sup>(18)</sup>. The major chromosomal changes observed are numeric and correspond to the additional presence or lack of a chromosome. These were the first genetic abnormalities to be described in patients with congenital heart disease<sup>(17)</sup> and usually account for over 80% of the abnormalities observed<sup>(16,19,29,33-42)</sup>. Among them, stands out the full trisomy of chromosome 21 (+21), the main chromosome constitution observed in individuals with Down syndrome (Figure 1). Another relatively common change was the full trisomy of chromosome 18 (+18), responsible for Edwards syndrome. Recurrent, but less frequent abnormalities consisted of full trisomy 13 (Patau syndrome), chromosome X monosomy (Turner syndrome), Klinefelter syndrome, and the triploidy syndrome<sup>(16,19,29,33-42)</sup> (Table 1).

A smaller percentage of chromosomal abnormalities observed in patients with congenital heart disease consisted of structural abnormalities. The main abnormalities correspond to those with loss (deletion) or gain (duplication) of part of a chromosome. Among them, stand out the deletion of the short arm of chromosome 4 (Wolf-Hirschhorn syndrome)

and of chromosome 5 (Cri-du-Chat syndrome). The isochromosome of the long arm (chromosome with loss of short arm and duplication of the long arm) of chromosome 21, less common cause of Down syndrome, was also frequently described (16,19,29,33-42) (Table 1 and Figure 2).

The chromosomal abnormalities most frequently observed and cited are characterized by having a high percentage of cardiac involvement. For instance, the frequency of congenital heart disease among individuals with Edwards and Patau syndrome ranges from 80 to  $100\%^{(43-46)}$ . Furthermore, about 40 to 50% of patients with Down's syndrome have this defect<sup>(16,17,20)</sup> (Table 2). Another important feature is the relationship of certain chromosomal abnormalities with specific heart defects. Down syndrome, for instance, shows association with atrioventricular septal defects<sup>(47,48)</sup>; and Edwards and Patau syndromes, with septal defects, such as interventricular and atrial communication. The polyvalvular disease is also common among these individuals<sup>(43-46)</sup>. Patients with Turner syndrome have more often bicuspid aortic valve and coarctation of the aorta<sup>(49)</sup>. The 22q11 deletion has



**Figure 1 -** karyotype by GTG-banding (trypsin-Giemsa G-band) showing full trisomy of chromosome 21, compatible with Down syndrome. This is the main chromosomal abnormality observed in patients with congenital heart disease

great association with defects involving the outflow tract of the heart (conotruncal heart defects), such as interrupted aortic arch type B, *truncus arteriosus*, and the tetralogy of Fallot<sup>(16,17,20,29-32)</sup> (Table 2).

On the other hand, some types of heart defects showed a greater association with chromosomal abnormalities (Table 3) (50). Among them, we highlight the atrioventricular septal defect (frequency greater than 50%, mainly due to Down syndrome), as well as interrupted aortic arch type B, *truncus arteriosus*, and tetralogy of Fallot (as already mentioned, they are rather associated with 22q11 deletion) (Table 3)(50). The involvement of some chromosomal regions due to deletions and duplications is well reported in the literature, according to Table 4(51).

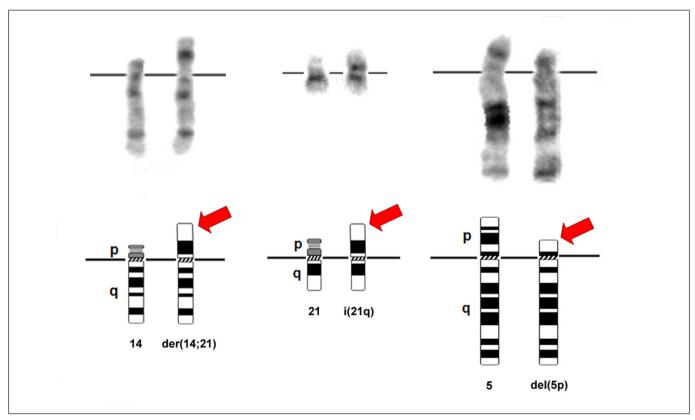
### Importance of identifying chromosomal abnormalities in patients with congenital heart disease

As already mentioned, around 15 to 20% of patients with congenital heart disease present known etiology, and chromosomal abnormalities identified by karyotype stand

out<sup>(5,18)</sup>. These are common in individuals with congenital heart disease, with a frequency of 3 to 23%, which highlights the importance of karyotyping for this population<sup>(16,19,29,33-42)</sup>.

Individuals with chromosomal disorders usually have an aspect that is considered syndromic, i.e., they present a scenario of dysmorphias, both major and minor, associated with other disabilities (such as intellectual) and behavioral changes. These dysmorphic features can be identified through a physical examination (dysmorphologic examination) conducted by a trained professional, such as the clinical geneticist or even a pediatrician with experience. Therefore, this professional is vital for the best choice of individuals to undergo genetic evaluation by examining the karyotype.

Patients with chromosomal abnormalities often have associated extracardiac malformations, and are therefore at a higher risk of morbidity and mortality, which makes the cardiac surgery even riskier<sup>(20,35,52,53)</sup>. Moreover, such patients may require medical or surgical intensive procedures regardless of the heart disease<sup>(37)</sup>. Thus, in these cases, there



**Figure 2 -** Partial karyotype by GTG-banding (trypsin-Giemsa G-band) and ideograms showing, respectively, a Robertsonian translocation between chromosomes 14 and 21 [der(14;21)], one isochromosome of the long arm (q) of chromosome 21 [i(21q)] and one partial interstitial deletion of long arm of chromosome 5 [del(5p)]. The first two forms represent changes associated with Down syndrome, and the third, to the Cri-du-Chat syndrome

is usually need for multidisciplinary assessment and monitoring, involving not only areas of Cardiology and Medical Genetics. It is also worth noting that some chromosomal abnormalities such as trisomy 13 (Patau syndrome) and trisomy 18 (Edwards syndrome), are associated with a very poor prognosis, and the literature discusses whether patients might actually benefit from heart surgery<sup>(44,45)</sup>. Therefore, all this information is critical for the patient's proper management and risk/prognosis assessment.

The importance of establishing an accurate diagnosis of the etiology of congenital heart disease also lies in the fact that families need genetic counseling with accurate information about the risks of recurrence<sup>(21)</sup>. Older studies on the recurrence of congenital heart disease suggested multifactorial

inheritance<sup>(20)</sup>, because they simply measured familial aggregation and did not distinguish between genetic and non-genetic factors that could contribute to an increased risk to family members. In the case of chromosomal abnormalities, identification and definition are extremely important, because, depending on the abnormality observed, there may also be the need for assessment of other family members and a higher recurrence risk in the offspring. In cases of numerical abnormalities by full trisomy or total monosomy of a chromosome, there is no indication of parental karyotype assessment, because those are usually due to errors that occurred during gametogenesis. On the other hand, in cases of structural abnormalities, such as deletions and duplications, there is always an indication of parental karyotype, in order to rule out the

**Table 2** - Main chromosomal abnormalities associated to cardiac malformations potentially detected through karyotype examination. Based on Marino and Digilio (2000)<sup>(20)</sup>, Harris *et al* (2003)<sup>(16)</sup>, and Fahed *et al* (2013)<sup>(17)</sup>

| Syndrome                       | Chromosome alterations                                 | Incidence<br>at birth | % with heart defects* | Associated heart defects  |
|--------------------------------|--|-----------------------|-----------------------|---|
| Down                           | Trisomy of chromosome 21                               |                       | 40–50                 | CIV, DSAV, PCA, CIA e TOF   |
| Edwards                        | Trisomy of chromosome 18                               | 1:3.600–8.500         | 80–100                | CIV, CIA, PCA, CoAo, EP,<br>DVSVD, TOF, doença<br>polivalvular e DSAV |
| Patau                          | Trisomy of chromosome 13                               | 1:5.000-12.000        | 80–100                | CIA, CIV, PCA, doença polivalvular e dextrocardia                     |
| Ullrich-Turner                 | Partial or total monosomy of<br>Chromosome X           | 1:2.000–3.000 (♀)     | 17–60                 | CoAo, VAB, hipoplasia de<br>VE, PVM e EA                              |
| Mosaic trisomy of chromosome 9 | Mosaicism for chromosome 9 trisomy                     | ±30 cases described   | 60                    | CIA, CIV, PCA, DVSVD e<br>persistência VCSE                           |
| Triploidy                      | Triploidy  | ?                     | 50                    | CIV, PCA e CIA  |
| Wolf-Hirschorn                 | Partial deficiency of 4p                               | 1:50.000              | 30–60                 | CIA, CIV e EP   |
| Cri-du-chat (cat's cry)        | Partial deficiency of 5p                               | 1:50.000              | 10–55                 | CIV, CIA, PCA e TOF   |
| Deletion 8p                    | Partial deficiency of 8p                               | ±40 cases described   | 65–75                 | CIV, EP, CIA e TGA  |
| Deletion 9p                    | Partial deficiency of 9p                               | ±100 cases described  | 30–65                 | CIV, PCA e EP   |
| Jacobsen                       | Partial deficiency of 11q                              | ±75 cases described   | 65                    | CIV, Ventrículo único,<br>hipoplasia de VE e CIA                      |
| Duplication11q                 | Partial duplication of 11q                             | ?                     | 60                    | Variável  |
| Cat-eye syndrome               | Tetrasomy or partial trisomy in chromosome 2222        | 1:50.000–150.000      | 30–40                 | Persistência VCSE,<br>DVAPT, TOF, CIV, AT e<br>ausência de VCI        |
| Pallister-Killian              | Mosaic tetrasomy for the short<br>arm in chromosome 12 | ?                     | 25                    | CIV, EA, PCA e cardiomiopatia hipertrófica                            |
| Deletion 22q11.2               | Deletion 22q11.2                                       | 1:2.000               | 75–100                | TOF, IAA do tipo B,<br>TA, CIV, AP, EP e<br>arco aórtico à direita    |

<sup>\*</sup>Described percentage of congenital heart defects in patients with the respective chromossolam abnormality;  $\bigcirc$ : females; ?: unknown; IVC: interventricular communication; AVSD: atrioventricular septal defect; PDA: patent ductus arteriosus; IAC: interatrial communication; TOF: tetralogy of Fallot; CoAo: Coarctation of the aorta; PS: pulmonary stenosis; DORV: double outlet right ventricle; BAV: bicuspid aortic valve; LV: left ventricle; MVP: mitral valve prolapse; AS: aortic stenosis; LSVC: left superior vena cava; TGA: transposition of the great arteries; TAPVR: total anomalous pulmonary venous return; TrA: tricuspid atresia; IVC: inferior vena cava; IAA: interruption of aortic arch; TA: truncus arteriosus; PA: pulmonary atresia

Table 3 - Cardiac malformations and their association with chromosomal abnormalities. Adapted from Manning et al(50)

| Cardiac Malformation   | Associated risk (%) | Cromossome abnormality |
|--|---------------------|------------------------|
|  | 6–10                | +21                    |
| Tetralogy of Fallot  | 10–15               | +13; +18               |
|  | 10–19               | deletion 22q11         |
| Tetralogy of Fallot with pulmonary atresia   | 26                  | deletion 22q11         |
| Interrupted aortic arch  | 25–50               | deletion 22q11         |
| Truncus arteriosus   | 40                  | deletion 22q11         |
| Tetralogy of Fallot with absent pulmonary valve  | >60                 | deletion 22q11         |
| Double outlet right ventricle  | 5                   | +13; +18               |
| Coarctation of aorta   | 10                  | Turner Syndrome        |
| Atrioventricular septal defect (complete or partial)   | >50                 | +21; +13; +18          |
| Pulmonary atresia with interventricular communication  | 22                  | deletion 22q11         |
| Pulmonary atresia with ventricular septal defect and major aortopulmonary communicating arteries | 35                  | deletion 22q11         |
| Interventricular communcation outlet   | 20                  | +21                    |
| Perimembranosa IVC   | 20                  | +21; +18               |
| Doubly-committed interventricular communication  | 20                  | deletion 22q11         |

<sup>+21:</sup> chromosome 21 full trisomy; +13: chromosome 13 full trisomy; +18: chromosome 18 full trisomy

Table 4 - Regions of chromosome deletion statistically significant associated to specific heart malformations. Adapted from Brewer et al<sup>(51)</sup>

| Cardiac malformation           | Significantly associated bandings (p<0.05/p<0.01) | Highlty significant assocaitions (p<0.001) |  |
|--------------------------------|---|--|--|
| Patent ductus arteriosis       | 4q32, 6p25-23, 9q31                               | _  |  |
| Interatrial comunication       | 4p13, 4p16, 10p12-11, 12q15                       | _  |  |
| Interventricular comunication  | 1q42-44, 3q24-25, 4q31-34, 11q23-25               | 4q31, 22q11                                |  |
| Atrioventricular septal defect | 6q15-21, 6q23, 8p23, 16q13-22                     | _  |  |
| Pulmonary stenosis             | 7q31, 8p23, 17p13                                 | 20p13-11, 22q11                            |  |
| Hipoplastic left heart         | _   | 11q23-25                                   |  |
| Aortic stenosis                | 3p14-11   | 11q23-24                                   |  |
| Truncus arteriosus             | 2q22-23, 11q23                                    | 2q22, 22q11                                |  |
| Tetralogy of Fallot            | 8p22-21, 22q11                                    | _  |  |
| Coarctation of aorta           | 4q31-32, 5q23-31                                  | _  |  |

q: log arm of chromosome; p: short arm of chromosome

hypothesis of one of them carrying a balanced chromosomal abnormality related to that observed in the child<sup>(18)</sup>.

It is worth noting, however, that the result of a traditional karyotype test does not exclude the fact that the patient might still present a syndrome. As shown previously, microscopic changes (such as microdeletions or microduplications) or gene mutations are not detected by this test. In such cases, clinical evaluation of the patient, especially by the geneticist, is essential to generate hypotheses and therefore choose appropriate tests for diagnosis.

Based on this review, authors believe that an accurate dysmorphologic examination, performed by an experienced

pediatrician or by a geneticist, is rather important to indicate the karyotype in patients with congenital heart disease. This would help both to save costs with the exam and to the early identification of patients with chromosomal abnormalities, which might reflect in better supervision and genetic counseling.

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