# Functional Differences In Gingival Fibroblasts Obtained from Young and Elderly Individuals

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Fibroblasts participate in the wound repair process through proliferation and migration as well as the synthesis of factors growth and extracellular matrix molecules. However, cell aging and the individual himself can lead to reduction of cell functions and consequently, the ability of tissue repair. This study evaluated the activity of gingival fibroblasts from young (Y) and elderly (Y) patients and their responsiveness to tumor necrosis factor alpha (TNF- $\alpha$ ). Gingival fibroblasts were isolated from six patients (3Y; and 3E) and seeded in complete culture medium (DMEM). For cell viability analysis, total protein production and collagen synthesis, fibroblasts were cultured in 96-well plates for 24, 48 or 72 h (n=36). Cell responses to TNF- $\alpha$ , was evaluated by application of this cytokine to cultured cells (100 ng/mL) for 24 h, followed by evaluation of reactive oxygen species (ROS), nitric oxide (NO) and CCL5 production (n=36). Data were analyzed by Kruskal-Wallis and the Mann-Whitney *U* tests ( $\alpha$  = 0.05). Viability of E fibroblasts was higher than Y fibroblasts for 24 and 48 h, but these cells showed gradual reduction of viability over the course of time. For Y cells, reduced collagen synthesis was observed at 48 h. No difference was observed in ROS production for both cells after TNF- $\alpha$  exposure. However, both cultures showed increased production of NO and CCL5 in the presence of TNF-α. Functional differences and distinct responsiveness to TNF- $\alpha$  were observed according to patient's age.

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# Introduction

Previous studies have shown that aging can cause morphological and functional cellular changes, such as reduction of proliferative capacity, number of organelles, growth factor expression and collagen synthesis, and that these changes can delay the repair process (1,2). Fibroblasts actively participate in the tissue repair process by proliferating, migrating and filling the wound, beyond the synthesis of growth factors and extracellular matrix molecules (2). An effective tissue repair, especially in cases of surgical implants installation leads to an aesthetic and favors the longevity of the rehabilitation treatment (3). Therefore, diminished metabolism and proliferation of these cells could delay wound healing (4). Studies verified that gingival fibroblasts present an increased repair capacity compared with skin fibroblasts, due to the enhanced migration capability and rapid re-population of the wound. These cells also exhibit higher synthesis of growth factors and the deposition of a more organized and effective surrounding matrix (3,5), supporting the rapid repair of the oral mucosa even around the dental implants.

Tissue repair process consists of essentially four phases, which may overlap: hemostasis, inflammation, proliferation and tissue remodeling (1,5). The inflammatory phase, a direct consequence of the injury, plays an important role at the beginning of the healing process, aimed at

morphological and functional recovery of the tissue (6). Additionally, this phase is essential for the elimination of bacteria and microbial contaminants that can delay the repair process. It has been demonstrated that bacteria and endotoxins can increase and prolong the production of pro-inflammatory cytokines such as interleukin 1 (IL-1 $\beta$ ) and tumor necrosis factor alpha (TNF- $\alpha$ ), thus extending the inflammatory phase (7). This, moreover, may also be related to the delay of tissue repair, due to a decreased proliferative capacity of the cells involved in this process (8) which affect negatively the aesthetic and function of osseointegrated oral implants. However, few studies have reported comparatively functional differences between gingival fibroblasts from young and elderly individuals and their responsiveness to inflammatory process (9,10).

As individuals age, cells can exhibit a gradual loss of replicative potential and a lower response to growth factors, which can reduce tissue repair capacity (1). Previous studies have shown that, in elderly individuals, healing has become delayed, and for these individuals, inflammatory response was reduced due to T cell infiltration in the wound site, as well as to changes in chemokine production and the phagocytic capacity of macrophages (9). However, despite the different studies that have evaluated the idiosyncrasies of the repair process in elderly individuals, few researchers

have analyzed the influence of the aging process on the functions of cells effectively involved in oral mucosal repair (2) that might also influence during the rehabilitation treatment using dental implants. Thus, there is only limited knowledge about the influence of aging on the oral mucosal repair capacity of elderly patients and the inflammatory responses of oral mucosal cells in these patients. The aim of this research was to evaluate the viability and the metabolism of gingival fibroblasts obtained from young and elderly individuals and the responses of these cells when exposed to TNF- $\alpha$ .

# Material and Methods

The project was initially approved by the Research Ethics Committee of the Araraquara School of Dentistry/UNESP, SP, Brazil (CAAE #13514813.6.0000.5416). All participants signed the Instrument of Consent.

Six primary cultures were obtained from gingival fragments collected during a tooth extraction procedure or implant placement in three young adults (from 18 to 24 years of age) and three elderly individuals (over 65 years of age). Exclusion criteria, the following factors were considered: presence of systemic diseases, medication use, smoking and periodontal disease, and this information was obtained through anamnesis and clinical assessment. For cell isolation, fragments were incubated in culture medium (DMEM, Dulbecco's Modified Eagle's Medium; Gibco, Carlsbad, CA, USA) containing type I collagenase (Worthington Biochemical Corp.; Lakewood, NJ, USA) and were maintained in an incubator at 37 °C in a 5% CO<sub>2</sub> atmosphere (Isotemp; Fisher Scientific, Pittsburgh, PA, USA) for 24 h. After this period, the tissue fragments were transferred to a 15 mL Falcon tube and centrifuged for 2 min (4000 x q Centrifuge T; Fanem, Guarulhos, SP, Brazil). The cell pellet was re-suspended in DMEM (1 mL) containing 10% of fetal bovine serum (FBS - Gibco) and transferred to a cell culture flask of 75 cm<sup>2</sup> to obtain the amount necessary for the experiment.

#### Cell Culture

The cells (5-8 passages) in the same passage were cultured in 96-well plates (TPP- Techno Plastic Products, Trasadingen, Switzerland) (9x10³ cells/cm²) in complete DMEM (DMEM with 10% of fetal bovine serum). For each repetition, samples from 6 individuals were selected (3 young and 3 elderly) and 6 samples were seeded per patient (18 samples in Y group and 18 samples in E group), and this study was development in duplicate, totalized n=36 per group (young and elderly). After 24 h, the culture medium was replaced by a fresh serum-free DMEM. For comparison of the functional activity of fibroblasts obtained from young and elderly individuals, a viability test (MTT Assay),

total protein production (TP) and collagen synthesis (Sirius Red Assay) were performed after experimental incubation periods of 24, 48 and 72 h. For comparative evaluation, the responses of gingival fibroblasts obtained from young and elderly individuals, whether exposed or not to the inflammatory mediator, 100 ng/mL of TNF- $\alpha$  in serum-free DMEM, were maintained in contact with the cells for 24 h, based in a study that compared the dose-response by this inflammatory mediator (unpublished data). After this period, the production of reactive oxygen species (ROS) and nitric oxide (NO) and the synthesis of the chemokine CCL5 were evaluated.

#### Cell Viability Evaluation (MTT Assay)

Cell viability was determined by means of the methyl thiazolyl tetrazolium (MTT) colorimetric assay (12) This method determines the respiratory activity of the cell culture by cleavage of MTT salt [3-(4,5-dimethyltriazol-2YL)-2,5-diphenyl bromide tetrazolium (Sigma-Aldrich, St. Louis, MO, USA), by the succinate dehydrogenase enzyme system, resulting in soluble crystals (formazan crystals).

On the cells cultivated in 96-well plates, 90  $\mu$ L of culture medium (DMEM) without FBS and 10  $\mu$ L of MTT solution (5 mg/mL in PBS) were added to the samples. The cells remained in contact with the MTT solution in a CO<sub>2</sub> incubator at 37 °C for 4 h, when the formation of formazan crystals was observed. After this period, the MTT solution was aspirated and replaced with 100  $\mu$ L of acidified isopropanol solution (0.04 N of HCl), for solubilization of the crystals, generating a homogeneous solution which was subjected to absorbance analysis in a spectrophotometer (Synergy H1; BioTek, Winooski, VT, USA) at a wavelength of 570 nm. Absorbance expressed in numerical values was transformed into percentage according to the cell groups of the young individuals, over a 24 h period, and subjected to statistical analysis (11).

#### **Total Protein Production**

Total protein production analysis was performed by the Lowry method. The culture medium was aspirated, and 100  $\mu L$  of 0.1% sodium lauryl sulphate solution (Sigma-Aldrich) were added to each sample, which remained under incubation for 40 min at room temperature to promote cell lysis. After this, 100  $\mu L$  of Lowry reagent (Sigma-Aldrich) were added to each sample for a period of 20 min. Finally, 50  $\mu L$  Folin-Ciocalteu's Reagent (Sigma-Aldrich) were added and maintained for 30 min for absorbance readout in a spectrophotometer (Synergy H1; BioTek) at 665 nm (11). Total protein production was determined relative to the percentage of the group of young individuals in the 24 h period.

# Collagen Synthesis (Sirius Red Assay)

The concentration of collagen synthetized by the cultured gingival fibroblasts was determined by the Sirius Red assay. This method is based on the selective binding of the Direct Red dye (Sigma-Aldrich), in a saturated solution of picric acid, to the collagen fiber types I to IV, identifying and quantifying the total soluble collagen present in the sample.

For this assay to be performed, the culture medium was collected and stored at -20 °C until the test was performed. To the 200 µL of culture medium collected and 200 µL of the Direct Red solution (0.5 M in picric acid) were added, followed by incubation under agitation for 60 min (400 rpm, room temperature) in a shaker (Thermomixer-Confort; Eppendorf, Hamburg, Germany). Next, this solution was centrifuged in a cooled microcentrifuge (Eppendorf 5415R) at 12,000 rcf for 10 min. The supernatant was discarded, and 300 µL of HCL 0.1M were added, followed by centrifugation at 12,000 rcf for 10 min. The supernatant was discarded one more time, and 250 µL of NaOH 0.5 M were added for homogenization of the samples under vigorous agitation. Aliquots of 100 μL, in duplicate, of the solution were transferred to 96-well plates, and absorbance analysis was performed at a wavelength of 555 nm in a spectrophotometer (Synergy H1; BioTek). The concentration of total collagen was evaluated relative to the percentage of the group of young individuals in the 24 h period.

#### Production of Reactive Oxygen Species (ROS)

Increased production of reactive oxygen species is directly related to oxidative stress, which can result in molecule and organelle peroxidation and lead to irreversible damage. To determine ROS production by gingival fibroblasts obtained from young and elderly patients, a fluorescent probe (H2DCFDA; Invitrogen) was used. This probe is permeable to the cell membrane and allowed for the detection of these intracellular ROS, capable of binding these molecules permanently. The probe was added to the culture medium previous to the application of TNF- $\alpha$  and was maintained for 24 h in association with treatment, to allow for the immediate identification of ROS, as these molecules are highly reactive and unstable. After 24 h, the culture medium was aspirated, and 500 µL of PBS were added to each sample. The amount of ROS was determined by the fluorescence intensity of the probe in each sample when each compartment was scanned (excitation, 488 nm; emission, 540 nm) by a fluorimeter (Synergy H1; BioTek).

#### *Nitric Oxide Production (NO)*

Nitric oxide is also an important mediator in cellular inflammatory and tissue responses and, in low concentrations, is also capable of promoting cell proliferation. In high concentrations, NO can cause severe tissue damage (12). The quantification of NO produced by cells in culture was determined by detection of nitrite accumulation in the cell culture supernatant by the diazotisation reaction with Griess reagent (Sigma-Aldrich).

A 50  $\mu$ L aliquot of the culture medium maintained in contact with the cells for the proposed treatment was transferred to another 96-well plate, and Griess reagent was added in the same proportion. After 10 min incubation at ambient temperature in the absence of light, the concentration of NO was determined by the absorbance of the solution determined at 540 nm in a spectrophotometer (Synergy H1; BioTek).

#### CCL5 Chemokine Expression

The CCL5 chemokine is highly expressed during the inflammatory process and is associated with the migration of other inflammatory cells (13). Evaluation of the expression of this chemokine was performed by ELISA immunoassay (enzyme-linked immunosorbent assay), based on an antigen-antibody reaction, which was performed according to manufacturer's recommendations (R&D Systems, Minneapolis, MN, USA). Thus, the culture medium in contact with the cells was collected and stored at -20 °C until being tested.

For the ELISA assay, 96-well plates were treated with specific primary antibodies (2 µg/mL) and incubated overnight. Washes were then performed (2.5% wash solution), followed by incubation with blocking solution (1% BSA) for 1 h at room temperature. After being washed, 100 µL of each sample and standard curve concentrations were added, and the plates were incubated for 2 h at room temperature, followed by further washing. Next, the secondary antibody was added (400 ng/mL) and incubated for an additional 2 h. Samples were washed, and streptavidin (1:400) was added for 20 min in the dark. New washes were performed, and the substrate solution was added and maintained for 20 min. Finally, Stop solution was added to stop the reaction, and the optical density of the obtained samples was measured by spectrophotometry (Synergy H1; BioTek) at a 450 nm wavelength. The CCL5 concentrations were determined according to the standard curve.

# Cell Morphology (Phase Contrast Microscopy)

Images of fibroblastic cells from young and elderly individuals were obtained using a phase contrast microscope in  $4 \times$  magnification (TS 100 Nikon, Tokyo, Japan) equipped with digital image acquisition system. The periods of evaluation were 24, 48 and 72 h of cell culture.

## Statistical Analysis

Due to non-adherence of data to the normal curve,

the non-parametric Kruskal-Wallis test, complemented by the Mann-Whitney U test, was applied, at a significance level of 5%.

#### Results

For cells from young gingival tissue (Y), no statistically significant difference was observed for the different time intervals evaluated. However, for elderly individuals cells (E), a gradual reduction in cell viability was observed over the course of the incubation periods (p<0.05). When the groups of Y and E individuals were compared, for each study period, there was increased cell viability in the E individuals group at 24 and 48 h, whereas the reverse was observed within 72 h (p<0.05) (Fig. 1A).

Gingival fibroblasts from the Eindividuals group showed higher total protein production at 24 h (p<0.05). When the groups of E and Y individuals' cells were compared within each period, the total protein production was higher only in the 24 h period for E cells (Fig. 1B).

No statistically significant difference in the collagen synthesis by the Y group cells was observed, independent of the period (p>0.05). For E individuals' cells, reduced synthesis was observed at 48 h, also presenting lower collagen production for the same period (p<0.05) (Fig. 1C).

The ROS production by Y individuals' fibroblasts did not differ statistically significantly from that observed for E individuals' cells when exposed to TNF- $\alpha$  (Fig. 2). However, NO production was increased when the cells were in contact with TNF- $\alpha$ , independently of the ages of patients (p<0.05) (Fig. 3).

For the CCL5 synthesis expression, there was a statistically significant difference between the cells obtained from Y and E individuals' groups exposed to TNF- $\alpha$  (Fig. 4).

Images of Y and E fibroblasts under phase contrast microscope (TS 100, Nikon, Tokyo, Japan) at 24, 48 and 72 h of culture showed that those cells exhibited similar morphology. However, for E group it seems that a lower number of fibroblasts was present on the substrate when compared to Y group (Fig. 5).

# Discussion

Aging is a gradual and continuous process involving numerous cellular and tissue changes on morphological, structural and functional levels (14). Previous studies showed that during the aging process there is a decrease in the proliferative capacity of cells, which also present lower protein metabolism and gene flow (14). However, the influence of the individual's aging on oral mucosal cell metabolism, such as gingival fibroblasts, has not been completely elucidated. Unlike most studies found in the literature, (2) in which cellular senescence was promoted

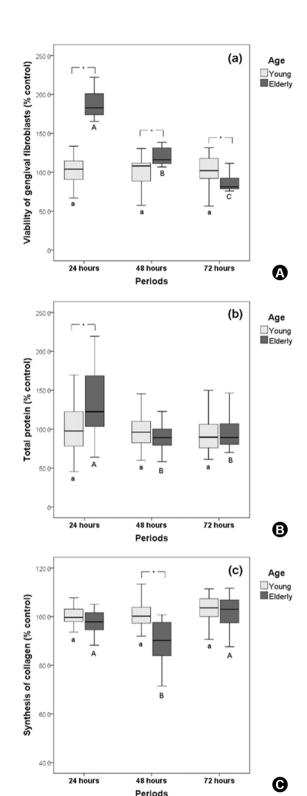


Figure 1. Cell viability (A), total protein production (B) and collagen synthesis (C) by fibroblasts obtained from the gingival tissue of healthy young and elderly individuals, evaluated after time intervals of 24, 48 or 72 h of incubation. Letters allow comparisons among the time intervals of analysis for each age, while the asterisks allow comparisons between the ages for each time interval. Groups identified with different letters differed statistically, and so did groups indicated with asterisks. Values indicate median (25th-75th percentile), n=36 (Mann-Whitney, p<0.05). Gradual reduction in cell viability over time incubation for E group was observed. E group showed higher total protein production at 24 h. At 48 h, collagen synthesis was reduced for E group.

by increasing in vitro cell subculture, it was evaluated in the present investigation the influence of aging on gingival fibroblasts by isolating primary cultures of oral mucosa fibroblasts obtained from young and elderly individuals. In this study, the authors also assessed the possible discrepancy in the response of these oral mucosa cells exposed to tumor necrosis factor (TNF- $\alpha$ ) inflammatory cytokine. Therefore, since different behavior of young and elderly cells obtained from health individuals has been poorly presented in the literature, mainly under the data of this study certainly contribute with the research field.

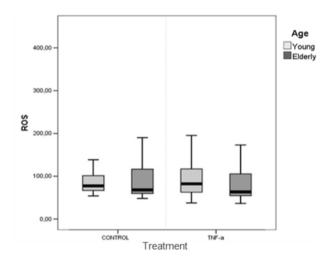


Figure 2. Reactive Oxygen Species (% young control) by gingival fibroblasts compared at different ages (young and elderly) with or without TNF- $\alpha$ . Values indicate median (25th-75th percentile), n = 36. Mann-Whitney (p<0.05). No statistically significant difference in ROS production by Y and E groups.

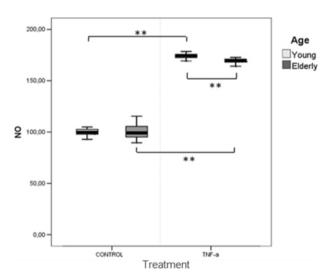


Figure 3. Nitric oxide (% young control) by gingival fibroblasts compared at different ages (young and elderly) with or without TNF- $\alpha$ . Values indicate median (25th-75th percentile), n = 36. Mann-Whitney (p<0.05). \*\*p<0.001. NO production was increased with TNF- $\alpha$  stimuli for Y and E groups.

In the present study, it was observed that viability, total protein synthesis and collagen production by Y gingival fibroblasts were not significantly affected by the time in culture (24, 48 and 72 h), whilst for cells obtained from E individuals, there was a time-dependent reduction in cell viability (Fig. 1). However, greater viability occurred when E individuals' cells were compared to the Y individuals' fibroblasts at 24 and 48 h. These data, obtained in initial periods, can be related to the premature adhesion of senescent cells, (2) which may allow E individuals' cells to start the mitosis process more quickly. Some studies have demonstrated changes in collagen production by cells from E individuals. Cultured late-passages fibroblasts also showed significant increased production of collagenases when compared to homologous early passages, (15) which can induce a degradation of soluble collagen synthetized by the cells, as observed in this study in E individuals' cells at 48 h.

The repair process of oral mucosal injury is also dependent on other factors, such as inflammatory mediators (16). The presence of inflammation in tissues with high concentrations of chemokines and inflammatory mediators induces the generation of reactive oxygen species (ROS) by various cells (17,18). At low concentrations, ROS can accelerate the repair process; however, at higher concentrations or prolonged exposure, ROS can cause tissue damage by lipid peroxidation in different organelles, such as the cell membranes (17). TNF- $\alpha$  is a pro-inflammatory cytokine, secreted from macrophages and other cells that participate in the inflammatory phase during the repair process. Low concentration of this cytokine in tissues is capable of stimulating repair by

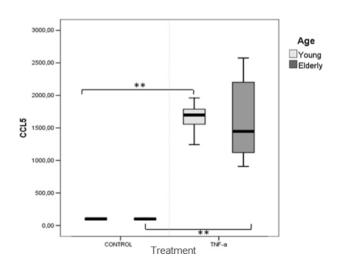


Figure 4. Synthesis of CCL5 (% young control) by gingival fibroblasts compared at different ages (young and elderly) with or without TNF- $\alpha$ Values indicate median (25th-75th percentile), n = 36. Mann-Whitney (p<0.05), \*\* p<0.001. Higher concentration of CCL5 from Y and E cells expose to TNF- $\alpha$ .

activating macrophages and stimulating the production of growth factors. Conversely, at high concentrations or when it remains for extended periods in damaged tissue, this cytokine can hinder the local repair by increasing the synthesis of metalloproteinases and inhibiting the synthesis of extracellular matrix molecules and if inflammation of the peri-implant tissues remains, there could be gingival resection and even implant loss (19). In the present study, the authors selected TNF- $\alpha$  to simulate, in a limited way and in in vitro conditions, the activity of fibroblasts in inflamed tissue. Thus, it was possible to demonstrate that the production of ROS by cells exposed to TNF- $\alpha$  contact did not increase in both patient groups. TNF-induced ROS production via p38, JNK, and NF-kB by positive feedback loop and the innate response was TNF-mediated by ROS regulation (20). Additionally, the activation of NFkB pathway, can stimulate proinflammatory cytokine production by ROS (21). However, significant differences in NO production by gingival fibroblasts from Y and E patients were observed. This inflammatory mediator shows several physiological functions, including bactericidal properties. However, as for ROS, NO in high concentrations can promote cytotoxic effects and tissue damage particularly in inflamed tissues, such as in case of periodontitis and peri-implantitis (22).

The data obtained in this study were corroborated by Chung et al (18), who also demonstrated increased synthesis

of NO related to inflammatory responses against cell aging. These authors reported that the largest increase in activation of the NF $\kappa$ B pathway also promoted a rise in some inflammatory cytokine synthesis, such as TNF- $\alpha$ , interleukin 1 beta (IL-1 $\beta$ ), interleukin 6 (IL-6) and cyclooxygenase-2 (COX-2), leading to inflammatory diseases in the elderly.

During the inflammatory process in oral mucosal tissues, high concentrations of the CCL5 chemokine are synthesized and expressed by T cells and fibroblasts (23). Previous studies showed that CCL5 actively participates in the repair process, inducing migration of different types of inflammatory cells, such as leukocytes, to the site of inflammation (23). However, the maintenance of the expression of this cytokine, with the consequent persistence of inflammation, can lead to chronic wounds and the potential loss of underlying bone (24), resulting in delayed healing. It was assessed in the present in vitro study the cellular response of oral fibroblasts from young and elderly individuals to stimuli that mimic the presence of tissue inflammation. Of course, the data obtained in this investigation cannot be extrapolated directly to clinical situations. However, the authors demonstrated a significant increase in CCL5 synthesis by Y and E gingival fibroblasts when they were maintained in contact with TNF- $\alpha$ . This finding determined that the gingival fibroblasts present inflammatory responses and modulate the cell migration activation involved in tissue repair. However, although no

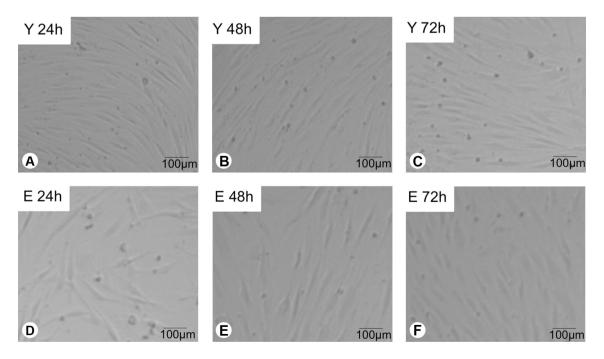


Figure 5. Cell imaging in phase contrast microscopy of fibroblastic cells. Y 24 h: Fibroblasts from young individuals at 24 h of culture; Y 48 h: Fibroblasts from young individuals at 48 h of culture; Y 72 h: Fibroblasts from young individuals at 72 h of culture; E 24 h: Fibroblasts from elderly individuals at 24 h of culture; E 48 h: Fibroblasts from elderly individuals at 48 h of culture; E 72 h: Fibroblasts from elderly individuals at 72 h of culture.

statistically significant difference was observed for Y and E fibroblast groups, it was shown the increasing expression of CCL5 trends in E patients' cells, which can also lead to a delay in the repair process for these patients (24).

According to the methodology used in this in vitro study and considering the limitations of the laboratorial results presented, it can be stated that the fibroblasts functions discrepancies observed in cells obtained from young and elderly individuals, associated with the data previously described in the literature (9,10,15), indicate a relationship between senescence and reduced repair capacity and even changes in the regulation of inflammatory cytokines (25) especially in periodontal tissues. Moreover, during the aging process the cells undergo phenotypic changes and respond differently, mainly towards molecules of the inflammatory process (18).

According to this study, patients' age is a factor that influences the activity of gingival fibroblasts. Thus, cell viability, total protein production and collagen synthesis by gingival fibroblasts were adversely affected by the increasing age of the individuals, with reduced cellular functions for cells obtained from elderly patients. However, patient age did not influence the responsiveness of these cells against the stimulation with TNF- $\alpha$ , showing maintenance of the inflammatory response capability against pathogens.

#### Resumo

Fibroblastos participam no processo de reparação de ferida através da proliferação e migração, bem como a síntese de fatores de crescimento e moléculas da matriz extracelular. No entanto, o envelhecimento celular e o próprio indivíduo podem levar à redução de funções celulares e, consequentemente, a capacidade de reparação de tecidos. Este estudo avaliou a atividade dos fibroblastos gengivais de pacientes jovens (J) e idosos (I) e sua capacidade de resposta frente ao fator de necrose tumoral alfa (TNF- $\alpha$ ). Fibroblastos gengivais foram isolados de seis pacientes (3J e 3I) e semeados em meio de cultura completo (DMEM). Para a análise de viabilidade celular, a produção de proteína total e a síntese de colágeno, fibroblastos foram cultivados em placas de 96 poços, durante 24, 48 ou 72 h (n = 36). Respostas celulares frente ao TNF-α, foram avaliadas por aplicação desta citocina (100 ng/mL) nas células cultivadas durante 24 h, seguida por avaliação de espécies reativas de oxigênio (EROs), produção de óxido nítrico (NO) e produção CCL5 (n= 36). Os dados foram analisados por testes de Kruskal-Wallis e Mann-Whitney U ( $\alpha$  = 0,05). A viabilidade de fibroblastos I foi mais elevada do que os fibroblastos I para 24 e 48 h. mas estas células mostraram uma redução gradual de viabilidade ao longo do tempo. Para as células de J, foi observada redução da síntese de colágeno em 48 h. Não foi observada diferença na produção de EROs para ambas as células após exposição ao TNF-α. No entanto, ambas as culturas apresentaram aumento da produção de NO e CCL5 na presença de TNF-α. Diferenças funcionais e alteração na capacidade de resposta ao TNF- $\alpha$  foram observadas de acordo com a idade do paciente.

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