The Effect of Hydrofluoric Acid Concentration and Heat on the Bonding to Lithium Disilicate Glass Ceramic

Daniel Sundfeld¹, Lourenço Correr-Sobrinho², Núbia Inocêncya Pavesi Pini¹, Ana Rosa Costa², Renato Herman Sundfeld³, Carmem Silvia Pfeifer⁴, Luis Roberto Marcondes Martins¹

The aim of this study was to evaluate the effects of hydrofluoric acid (HF) concentration and previous heat treatment (PHT) on the surface morphology and micro-shear bond strength (µSBS) of a lithium disilicate glass ceramic (EMX) to resin cement. One hundred four EMX specimens were randomly assigned to two groups (n=52) according to the HF concentration: 5% and 10%. A new random distribution was made according to the PHTs (n=13): control (no PHT); previously heated HF (70 °C); previously heated EMX surface (85 °C); the combination of heated HF + heated EMX surface. The etching time was set at 20 s. All EMX blocks were silanated and received a thin layer of an unfilled resin. Five resin cement cylinders were made on each EMX surface using Tygon tubes as matrices, and then stored for 24 h at 37 °C. One random etched EMX sample from each group was analyzed using field-emission scanning electron microscopy (FE-SEM). The data were subjected to two-way ANOVA and multiple comparisons were performed using the Tukey post hoc test (α =0.05). For the control groups, 5% HF showed statistically lower μ SBS values when compared to 10% HF (p<0.05). PHT increased the µSBS values for 5% HF, yielding statistically similar results to non-PHT 10% HF (p<0.05). FE-SEM images showed increased glassy matrix removal when PHT was applied to HF 5%, but not to the same degree as for 10% HF. PHT has the potential to improve the bond strength of 5% HF concentration on lithium disilicate glass ceramic.

¹Department of Restorative Dentistry, Piracicaba Dental School, UNICAMP - Universidade Estadual de Campinas, Piracicaba, SP, Brazil ²Department of Restorative Dentistry, Dental Materials Division, Piracicaba Dental School, UNICAMP - Estadual de Campinas, Piracicaba, SP, Brazil ³Department of Restorative Dentistry, Araçatuba Dental School, UNESP - Univ Estadual Paulista, Aracatuba, SP, Brazil ⁴Department of Restorative Dentistry, Division of Biomaterials and Biomechanics, OHSU - Oregon Health & Science University, Portland, OR, USA

Correspondence: Prof. Dr. Lourenço Correr-Sobrinho, Avenida Limeira, 901, 13414-903, Piracicaba, SP, Brasil. Tel: +55-19-2106-5200. e-mail: sobrinho@fop.unicamp.br

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Introduction

The lithium disilicate glass ceramic has been widely recognized as one of the most reliable restorative materials for indirect restorations indicated for esthetic and functional rehabilitations (1). The ability of being adhesively bonded to tooth substrates, optimal mechanical properties and its natural tooth-like appearance (2-6) are very appealing to dental professionals and patients.

The bond between glass ceramic/resin cement relies on the physical and chemical interaction between them, recognized as one of the key factors for long-term clinical success (7). Physical modification for bonding comprises a ceramic surface treatment that promotes an increased surface area, leading to stronger bond strength values of resin cement to ceramic (8). In addition, the application of a silane solution provides the ability to chemically bond the resin cement to the glass ceramic (9).

Hydrofluoric acid (HF) is considered an efficient surface modification agent that is capable of dissolving the glassy matrix, thereby exposing the embedded lithium disilicate crystals (8,10-13). Consequently, higher bond strength values have been found with the exposure of lithium disilicate crystals due to the increased micromechanical interlocking between the ceramic/resin cement (8,11).

Therefore, the application of hydrofluoric acid followed by a silane solution is the most accepted surface treatment prior to luting a glass ceramic (7).

Because it is very effective, cheap, quick and easy to apply, hydrofluoric acid is very well accepted among dental professionals. *In vitro* reports have assessed different etching times and concentrations of hydrofluoric acid on the bond strength and mechanical properties when applied onto lithium disilicate glass ceramics (8,11,12,14-16). Moreover, due to the hazardous nature, lower HF concentrations were evaluated and shown not to perform as well as 7.5% or higher concentrations regarding bond strength to resin cement (8). Although the manufacturer of IPS e.max Press (Ivoclar Vivadent, Schaan, Liechtenstein), a lithium disilicate glass ceramic with ±70 vol% of crystalline content, recommends that a 4.8% hydrofluoric acid should be applied for 20 s before silanization, a consensus of an optimal clinical protocol has not been reached yet (15).

In order to enhance the etching capability, *in vitro* studies (17-20) have reported increased roughness/ surface area/bond strength when pre-heated solutions (experimental and 48% hydrofluoric acid) were applied onto zirconia ceramic, demonstrating that heat treatment

has an influence on the bonding characteristics onto zirconia ceramic substrate.

As 5% and 10% are the most commonly adopted hydrofluoric acid concentrations used to etch lithium disilicate glass ceramic, the goal of the present study was to assess the effect of the hydrofluoric acid concentration and its association with previous heat treatments on the surface morphology and bond strength of lithium disilicate glass ceramic to resin cement. The null hypotheses were: 1) HF concentrations would not provide different etching patterns and micro-shear bond strength; 2) the heat treatments would not interfere with the etching patterns or micro-shear bond strength.

Material and Methods

Lithium Disilicate Glass Ceramic Fabrication

One hundred and four lithium disilicate glass ceramic blocks (IPS e.max Press, shade LT A2, Ivoclar Vivadent, Schaan, Liechtenstein) (EMX), with dimensions of 8 mm \times 8 mm \times 3 mm, were fabricated according to the manufacturer's instructions and described in detail in a previous report (8).

EMX Surface Treatments

After divestment, the ceramic specimens were embedded in polyester resin (Resapol T208, Difibra/Fiberglass Ltda, Mogi das Cruzes, SP, Brazil) in polyvinyl chloride (PVC) tubes and wet-polished with 1000–, 2500– and 4000–grit silicon carbide abrasive papers (Buehler, Lake Buff, IL, USA) to obtain a flat, polished and standardized surface. Then, all specimens were ultrasonically cleaned in distilled water for 20 min.

The EMX specimens were randomly assigned into

two groups (n=52) according to the hydrofluoric acid concentrations: 5% and 10% (Fórmula & Ação, São Paulo, SP, Brazil). Then, a new random distribution was made according to the previous heating treatments (PHT) (n=13): no PHT (control group); PHT of the hydrofluoric acid; PHT of the ceramic surface, and a combination of PHT hydrofluoric acid + PHT EMX surface. These procedures are detailed below.

Control group: the EMX surface was etched with hydrofluoric acid at room temperature (25 °C \pm 1) for 20 s and rinsed with an air-water spray for 30 s (Fig. 1A).

HF heat treatment: prior to etching, one drop of HF acid was heated to 70 °C in a pre-calibrated device (Figs. 1B and 1C). Then, the heated HF was dropped onto the ceramic surface (Fig. 1D), allowed to react for 20 s and rinsed with an air-water spray for 30 s.

EMX surface heat treatment: a hot-air stream was perpendicularly applied to the ceramic surface for 1 min before etching (Fig. 1E). The EMX surface temperature was measured with a digital infrared thermometer (model HT-450, Hikari, Shanghai, China), with a mean temperature of 85±1 °C recorded. Then, one drop of HF was poured onto the ceramic surface and maintained for 20 s (Fig. 1A). The surface was rinsed with an air-water spray for 30 s.

After etching and rinsing, all ceramic specimens were ultrasonically cleaned in distilled water for 20 min and air-dried. The etching procedures were performed in a ventilated room and the operator was properly protected by using individual protection equipment, protective eyeglass, rubber gloves and a carbon chemical mask (Half Facepiece Reusable Respirator, 6000 series, 3M ESPE, St. Paul, MN, USA).

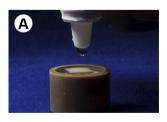










Figure 1. Images of the heating treatment methodology. A: Dispensing one drop of the HF (not previously heated) to the EMX surface. B: One drop of the HF was poured into a 1 mL eppendorf vial. C: With the lid closed, the eppendorf vial was positioned inside a device calibrated at 70 °C and remained for 1 min. D: The heated HF solution was placed on the EMX surface. E: application of a perpendicular air-heated stream to the EMX surface for 1 min before etching.

Resin Cement Cylinders Preparation and Micro-Shear Bond Strength (uSBS)

One single drop of a silane coupling solution (Monobond-S, Ivoclar Vivadent, Schaan, Liechtenstein) was dispensed onto the EMX surface, rubbed for 15 s with a disposable microbrush and allowed to air-dry for 1 min. Next, a hot-air stream (Hair dryer, model Tourmaline Ion Cerâmica, Taiff, Varginha, MG, Brazil) was applied perpendicularly for 1 min in order to increase solvent evaporation, followed by the application of a thin layer of an unfilled resin (Scotchbond Multi Purpose; 3MESPE, St. Paul, MN, USA) that was rubbed for 15 s. Translucent Tygon tubes (0.8 mm diameter \times 0.5 mm in height) – five per each ceramic sample were positioned onto the EMX surface and used as matrices. Then, an unfilled resin was light-cured for 20 s using a LED curing device (Valo Cordless, Ultradent Inc., South Jordan, UT, USA) with an irradiance of 1000 mW/cm². The base paste of a dual-cured resin cement (Variolink II, shade A2; Ivoclar Vivadent, Schaan, Liechtenstein) was carefully inserted with an #5 explorer probe into the tygon's tube lumen. After filling all five tygon matrices, the resin cements were light-cured for 40 s.

All specimens were stored in distilled water for 24 h at 37 °C. A sharp #11 scalpel blade was used to section the tygon tubes in order to expose the resin cement cylinders. Optical microscopy analysis at 40x magnification (Olympus Corp, Tokyo, Japan) was used to confirm that none of the cylinders presented defects/flaws at the bonding interface. The PVC tube was positioned in a uSBS device that was properly adapted to a mechanical testing machine (model 4411; Instron, Canton, MA, USA). Then, a thin steel wire (0.2 mm in diameter) was looped around the base of each resin cement cylinder and properly aligned with the bonding interface. Each cylinder specimen was subjected to a crosshead speed of 1 mm/min until failure. The debonded interfaces were examined under optical microscopy (Olympus Corp) at 40x magnification and the failures were classified as: adhesive; cohesive within ceramic; cohesive within resin cement; and

Field Emission Scanning Electron Microscopy (FE-SEM) Evaluation

mixed, involving ceramic/adhesive/resin cement.

Before the bonding procedures, a random etched EMX specimen, within each group, was selected for a FE-SEM analysis. The specimens were mounted on coded brass stubs and sputter-coated with gold-palladium for 60 s at 45 mA (Denton Vacuum Desk II, Moorestown, NJ, USA) and subjected to FE-SEM (FEI Quanta 200 Environmental Scanning Electron Microscope, Hillsboro, OR, USA) analysis operated at 20 kV. All images are represented with a 3.038 ×

magnification (working distance between 10.5 – 11.4 mm) with 10 μ m scale bars.

Statistical Analysis

The μSBS values were obtained in kgf (kilogramforce) and further converted to Megapascals (N/mm²) following the equation below. For each μSBS group (n=12), five cylinders were built-up, totaling sixty resin cement specimens. The average of the five cylinders was considered as the μSBS value for each EMX block. The data were subjected to two-way analysis of variance and multiple comparisons were performed using the Tukey post hoc test (α =0.05).

$$BS = \underbrace{F \times 9.8}_{\Delta}$$

which, BS (bond strength) = Megapascal; F = kilogramforce (Kgf); 9.8 (Newton) = used to convert the kilogramforce to Newton; A = adhesive interface area = πR^2 , where π = 3.14 and R=radius of resin cement cylinder (tygon diameter = 0.8 mm, R = 0.4 mm)

Results

Micro-shear Bond Strength

The mean μ SBS values are summarized in Figure 2. No pretesting failures occurred. Results for two-way ANOVA showed a statistically significant interaction between hydrofluoric acid concentration \times heat treatment (p=0.000). HF concentration (p=0.000) and heat treatment (p=0.000) clearly affected the mean μ SBS values.

The Tukey multicomparison test demonstrated that 10% yielded statistically higher μ SBS when compared to 5% for the control groups (p=0.000). For 5% HF, PHT significantly increased the μ SBS values, especially for the groups with

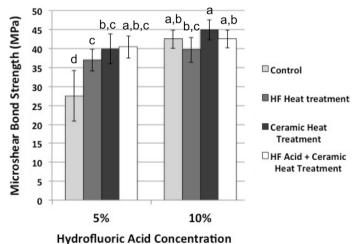


Figure 2. Mean microshear bond strength (MPa) \pm standard deviation of the evaluated groups. Lowercase letters indicate a significant difference among all groups according to the Tukey multiple comparison post hoc test (p<0.05).

PHT EMX (p=0.000) and PHT HF + EMX (p=0.000), with these groups not being statistically different from the non-PHT 10% HF (p=0.6404 and p=0.8366, respectively). For 10% HF, PHT did not significantly influence the μ SBS, except with PHT EMX, which resulted in a statistically significant difference when compared to the pre-heated HF (p<0.05), but was not different from the other groups (p>0.05).

FE-SEM Images

The EMX etched surface morphologies are represented in Figures 3 and 4. The etching effects of the heating treatment were more pronounced for 5% HF (Fig. 3). The PHT EMX surface (Fig. 3C) and the PHT HF solution + PHT EMX surface (Fig 4D) enhanced the glassy matrix removal and exposure of lithium disilicate crystals when compared to the 5% control group (Fig. 3A), yielding similar etching

patterns when compared to the non-PHT 10% HF group (Fig. 4). The heat treatment had a slight influence on the etching patterns for 10 % HF but not to the same extension when compared to 5% HF.

Failure Modes Analysis

A descriptive analysis of failure modes is represented in Figure 5. Predominantly adhesive failure was recorded for all groups, except for the 10% control group, which presented similar percentages of adhesive and mixed failures. No cohesive failures within the ceramic or resin cement were verified.

Discussion

The present study aimed to assess the influence of HF concentrations and the action of previous heat treatment

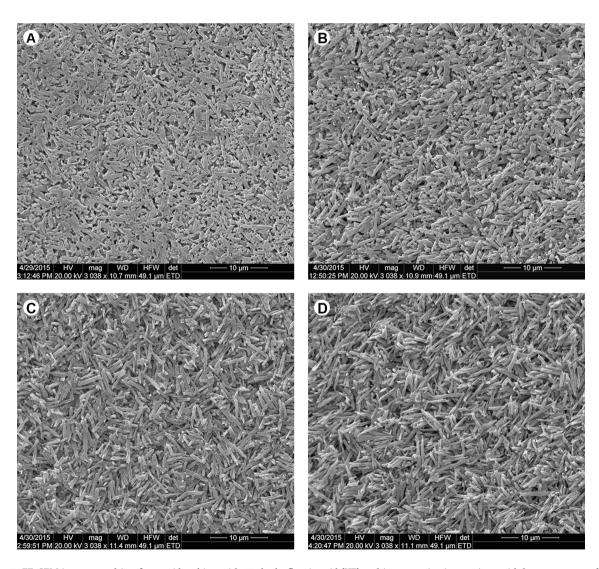


Figure 3. FE-SEM images resulting from acid etching with 5% hydrofluoric acid (HF) and its respective interactions with heat treatments (PHT). A: control group. B: PHT HF solution. C: PHT EMX surface. D: PHT HF solution + PHT EMX surface. A slight effect of the PHT HF solution was found in image B but an increased glassy matrix dissolution with higher exposure of lithium disilicate crystals was associated with heat treatments in images C and D.

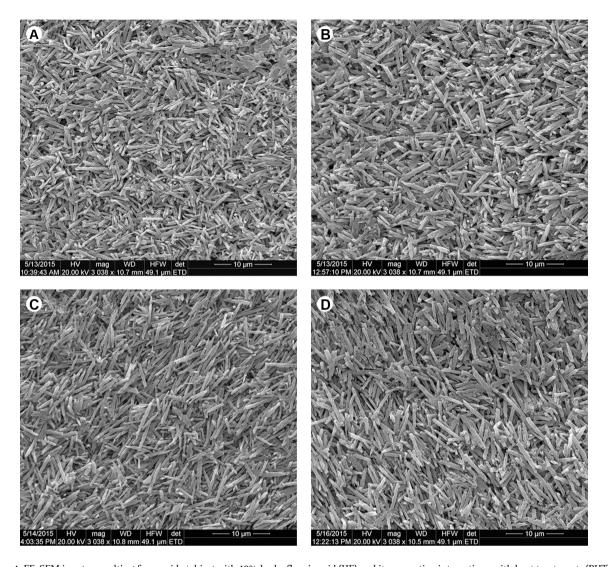


Figure 4. FE-SEM images resulting from acid etching with 10% hydrofluoric acid (HF) and its respective interactions with heat treatments (PHT). A: control group. B: PHT HF solution. C: PHT EMX surface. D: PHT HF solution + PHT EMX surface. The heating treatments have slightly influenced on the etching pattern, as the heated groups presented higher amount of "loose" lithium disilicate crystals on the EMX surface.

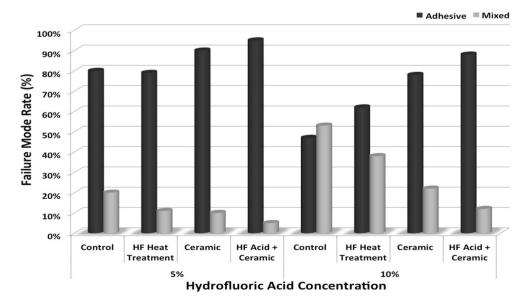


Figure 5. Failure mode analysis of the debonded specimens (%).

on the etching pattern/microshear bond strength of lithium disilicate glass ceramic. According to μSBS and FE-SEM analyzes, the evaluated factors played a direct role on the bonding characteristics between EMX to resin cement, rejecting, therefore, both null hypotheses.

The first tested hypothesis was rejected, as 5% and 10% HF resulted in statistically different mean μSBS values and differently affected the etching morphology. 10% HF was able to remove a larger amount of glassy matrix and expose more lithium disilicate crystals when compared to 5% HF, due the higher amount of ionized HF available to react with silicon. HF has the capability to selectively remove the glassy matrix (silicon – SiO_2) based on the affinity of fluoride to silicon (21). By containing half of the amount of the available ionized HF in 10% HF, 5% HF was not able to remove enough glassy matrix (Figs. 3A and 4A) to yield a suitable micromechanical entanglement between EMX/resin cement, which caused the lower μSBS values when compared 10% HF. Sundfeld Neto et al. (8) reported similar findings.

The second tested null hypothesis was partially rejected, since the results for the heating treatments were more expressive for 5% HF than they were for 10% HF. In general, the initial chemical reaction rate depends on the concentration of the reactants (represented by the letters a, b and c: $aA + bB + cC \rightarrow Product$), the temperature and pressure (22). In addition, heat acts as a catalyst by strongly speeding up the chemical reaction rate as temperature rises (22). The consequence of the heat treatment is an increased agitative state of the molecules (23), in this case ionized HF, which starts to move faster and results in more vigorous collisions with EMX. Then, a greater removal of glassy matrix is achieved for the PHT 5% HF (Fig. 3), which promoted a better micromechanical entanglement between EMX/resin material and resulted in statistical similar mean µSBS values and etching patterns when compared to non-PHT 10% HF.

For 10% HF, the heat treatments did not affect the µSBS and FE-SEM analyzes to the same degree when compared to 5% HF, as the 10% concentration was already enough to properly etch and remove the glassy matrix at room temperature. Furthermore, the enhanced etching effect achieved with PHT in the 10% HF group had resulted into a greater amount of "loose" disilicate crystals at the etched surface, indicating an "over-etching" situation (Fig. 4). Those "unattached" crystals might have hindered the micromechanical interlocking of resin materials to the etched pits, which might had lead to increased adhesive failures observed (Fig. 5). Clinicians must be aware that over-etching glass ceramics should not be encouraged, since previous reports found lower bond strength values to resin bonding materials (24).

The reason to use HF in a liquid state was to eliminate the influence of the thickening agent present in the available commercial HF products, as they could impair the movement/collisions of agitated HF molecules to the EMX. Thus, by not using a thickening agent, it was possible to properly assess the idea/concept of heating treatments more clearly.

Small specimens were used in the current study to decrease the probability of cohesive failures within the resin cement (14) due to the presence of a smaller bonding area. Thus, the necessary load to "break" the interface may be lower than the ultimate tensile strength of the resin cement, which may decrease the odds of cohesive failure. Also, fewer internal flaws may exist within lower bonding areas, such as bubbles that may predispose to cohesive failure. Even with increased μSBS values, the failure pattern tended to be mostly adhesive. It may be assumed, according to the present results, that adhesive failure does not always indicate a poor quality bond, but that the interfacial bond strength has truly been assessed/quantified (25).

One might speculate that increasing the etching time would be enough to properly etch the lithium disilicate glass ceramic when using lower HF concentrations. To date, there are no reports that have specifically dealt with different HF concentrations and etching times on the bond strength of resin cement on EMX. Thus, the aim of this research was to provide ideal etching pattern/bond strength in the shortest time possible in order to save clinical operative chair time using the lowest HF concentration.

A relevant point was reached with this study: temperature does have an influence on the etching pattern/bond strength when 5% hydrofluoric acid is considered the etching agent on lithium disilicate glass ceramic. Further discussions should be considered regarding the heat treatment methodologies, such as using lower temperatures, altered etching times, evaluating the EMX mechanical properties and the effects of aging on bond strength before considering the use of heat treatments for EMX etching procedures. Also, the biologic effect should be further discussed regarding the effect of different etching times and HF concentrations when dealing, or not, with previous heat treatments.

Hydrofluoric acid concentrations do have an influence on the bonding characteristics of lithium disilicate glass ceramic with 5% HF resulting in lower μSBS and poorer glassy matrix dissolution when compared to 10% HF. The heat treatments enhanced the glassy matrix removal/bond strength of 5% HF, producing similar behavior when compared to non-heat treated 10% HF, supporting that heating less concentrated HF could be used instead

of higher concentrations when etching lithium disilicate glass ceramic is considered.

Resumo

O objetivo deste estudo foi avaliar os efeitos das concentrações de ácido fluorídrico (AF) e do prévio tratamento térmico (PTT) na morfologia da superfície e resistência de união ao microcisalhamento (uRUM) de uma cerâmica vítrea de dissilicato de lítio (EMX) ao cimento resinoso. Cento e quatro espécimes de EMX foram aleatoriamente distribuídos em dois grupos (n=52) de acordo com a concentração do AF: 5% e 10%. Os espécimes foram novamente distribuídos de forma aleatória de acordo com o PTT (n=13): controle (sem PTT); AF previamente aquecido (70 °C); superfície do EMX previamente aquecida (85 °C); combinação entre AF e EMX aquecidos. O tempo de condicionamento foi fixado em 20 s. Todos os espécimes de EMX foram silanizados e receberam a aplicação de uma fina camada de um adesivo sem carga. Cinco cilindros de cimento resinoso foram confeccionados usando tubos Tygon como matrizes e então armazenados por 24 h a 37 °C. Uma amostra condicionada de cada grupo foi aleatoriamente selecionada e analisada em um microscópio eletrônico de varredura em emissão de campo (MEVEC). Os dados foram submetidos ao teste ANOVA de dois fatores e múltiplas comparações foram feitas pelo teste de Tukey (α =0.05). Para os grupos controle, AF 5% mostrou valor de μRUM estatisticamente menor do que AF 10% (p<0.05). PTT aumentou os valores de µRUM para o AF 5%, proporcionando resultados estatisticamente similares ao grupo AF 10% controle (p<0.05). MEVEC mostrou um aumento na remoção da matriz vítrea quando o PTT foi aplicado ao grupo AF 5%, no entanto esse efeito não foi visto no grupo AF 10%. O PTT tem o potencial de melhorar a resistência de união do AF 5% na cerâmica vítrea reforçada por disilicato de lítio.

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