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LESS ovariohysterectomy in cats using a new homemade multiport

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ABSTRACT: The purpose of this study was to assess the use of a homemade multiport for LESS (laparoendoscopic single-site surgery) ovariohysterectomy (OVH) in cats. Intra and postoperative variables of the surgery steps, technical challenges, complications and evolution of surgical time by a surgeon in training were evaluated. Twenty queens were selected for LESS OVH. The multiport device was manufactured of a conical-shaped ethylene polytereftalate (PET) bottle, urethral catheter no. 8, latex balloon no. 11, a 3.5mm and a 6mm laparoscopic trocars. Hemostasis was carried out using bipolar diathermy. Mean total surgical time was 14.54±5.12 minutes. Approach to right and left ovarian pedicles and abdominal access for insertion of the multiport device were the most time consuming surgical steps. LESS ovariohysterectomy using a new homemade multiport device is feasible and safe. Thus, the proposed technique may be considered as a minimally invasive alternative to ovariohysterectomy in the feline specie.

Key words: OVH, single-port access, domestic felines, endosurgery.

Ovário-histerectomia por LESS em gatas com um novo multiportal artesanal

RESUMO: Objetivou-se avaliar o emprego do novo dispositivo multiportal artesanal para realização de ovariohisterectomia por LESS (cirurgia laparoendoscópica por único acesso) em gatas, analisando variáveis intraoperatórias de tempo cirúrgico das diferentes etapas que compõem o procedimento, suas possíveis dificuldades técnicas de execução e complicações trans e pós-operatórias. Avaliou-se ainda a curva de aprendizado deste procedimento, realizado por um cirurgião não proficiente na técnica. Vinte gatas foram submetidas à laparoscopia. Para a confecção do multiportal foi utilizado um recipiente de politereftalato de etileno (PET), uma sonda uretral n°8, um balão de látex n°11, um portal de videocirurgia de 3,5mm, e um de 6mm. O sistema de coagulação foi o bipolar. O tempo cirúrgico médio foi de 14,54±5,12 minutos. A abordagem aos pedículos ovarianos direito e esquerdo e o acesso para introdução do portal foram as etapas que apresentaram maior tempo de execução. A OVH videoassistida empregando o novo dispositivo multiportal é factível, não demonstrando complicações. Acredita-se, portanto, que a técnica proposta torna-se uma alternativa para realização minimamente invasiva de ovariohisterectomia em felinos.

Palavras-chave: OVH, portal único, felinos domésticos, videocirurgia.

INTRODUCTION

Growing interest of researches regarding small animal surgical contraception is rising, especially regarding minimally invasive surgery (MIS). Variations on surgical technique are still one of the major interest in the veterinary surgery setting, such as minimally invasive ovariohysterectomy (OVH) (AGUIAR, 2011; BRUN, 2015). Several laparoscopic and laparoscopic-assisted (lap-assisted) techniques were proposed.

Extensive variations in number and site of placement of ports, methods of hemostasis and comparison to conventional approach were reported (AGUIAR, 2011; SILVA et al., 2011; TAVARES et al., 2016).

Laparoscopic surgery has become more popular due to several advantages. Less tissue trauma, precise visceral handling, reduced bleeding, less postoperative pain and shorter convalescence and hospital stay are some of the most reported benefits of laparoscopy (DEVITT et al., 2005; VAN NIMWEGEN & KIRPENSTEIJN, 2007).

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Single-port lap-assisted (SPLA) and LESS (laparoendoscopic single-site surgery) OVH are some of the techniques developed for surgical spay. Although, considered minimally invasive and of short time achievement, SPLA and LESS OVH present peculiar and challenging technical issues, such as lack of instrument triangulation. Those issues are particularly difficult even for experienced surgeons (GOWER & MAYHEW, 2008; SILVA et al., 2011). Few studies regarding learning curve of laparoscopic or lap-assisted OVH were carried out on feline specie (TAVARES et al., 2016). Single-port access was sparsely reported in cats (KIM et al., 2011). Moreover, to the authors' knowledge, there is a gap in the literature regarding LESS access for feline spay. Commercially available multiport access devices require a 3-4cm celiotomy (TAPIA-ARAYA et al., 2015), which make them not attractive for minimally invasive surgery in domestic cat.

Based on the lack of resources on single access surgery in the feline specie, the purpose of this study was

to assess the first 20 cases of LESS OVH in cats, using a homemade polyethylene terephthalate (PET) and latex multiport, performed by a non-proficient surgeon.

MATERIALS AND METHODS

The multiport device was manufactured using a PET cone retrieved from an antiseptic solution bottle^a, a ring made of no. 8 urethral catheter^b, a no. 11 latex balloon^c, a 3.5 and a 6mm laparoscopic trocar, and a 2-0 USP nylon thread^d (Figure 1A). The material were sterilized by 8-hour immersion in 2% glutaraldehyde solution^e prior surgery. The PET cone was first covered by the latex balloon (Figure 1B and C). A plastic ring manufactured of no. polyethylene sterile urethral catheter encircled the balloon opening (Figure 1D). Balloon sheath was then redirected towards the PET bottle opening, covering the opening along with the plastic ring (Figure 1E), creating a dome. The purpose of plastic ring was to insert it and to

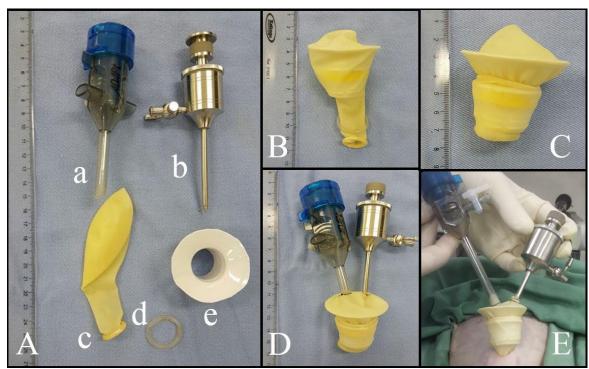


Figure 1 - Assembly of the homemade multiport access device for LESS ovariohysterectomy in queens. (A) Devices required, including (a) 6-mm trocar cannula, (b) 3.5-mm trocar, (c) latex balloon, (d) plastic ring made of a sterile polyethylene urethral catheter, and (e) polyethylene terephthalate (PET) cone taken from an antiseptic bottle. (B) PET cone covered by the no.11 latex balloon and plastic ring encircling the sheath of the balloon. (C) The sheath of the balloon covers the plastic ring and the shorter diameter of the cone, forming a dome. (D) Multiport properly prepared for use. (E) Intraoperative view of the homemade multiport inserted through the short celiotomy in a cat. Note the dome remains outside the abdominal cavity. Only the ring covered by the latex is inserted into the abdominal cavity, keeping the incision opening patent during surgery.

fit the multiport device to the abdominal wall, while the lowest diameter of the PET cone would remain outside the abdominal cavity. Trocars were inserted through the latex in parallel assembly and attached using double surgeons' knot ligature at the largest diameter of the dome, with 2-0 USP nylon thread (Figure 1F), for telescope and instrument insertion. The portal was assembled prior to anesthesia induction.

For the study, 20 healthy mongrel queens, weighting 2.7±0.5kg (range 1.8-3.5kg), mean age of 12±6 months (range 6-25 months) admitted at a veterinary teaching hospital for spaying were used. Inclusion criteria was based on regularity on general physical and gynecological examination, complete blood count, total plasma protein, blood urea nitrogen, creatinine, alanine transaminase, alkaline phosphatase, gamma glutamyl transferase and serum albumin.

The cats undergone a 10-hour food fasting and perioperative abdomen clipping. A mixture of tiletamine-zolazepam^f (5mg kg⁻¹) and tramadol chlorideg (3mg kg-1, IM) was given intramuscularly for premedication. General anesthesia was induced using propofolh (2mg kg-1 until loss of laryngeal reflex, IV) and maintained using isofluranei delivered in 100% oxygen, following tracheal intubation, in semi-open anesthesia system. Sodium cephalothin^j (30mg kg⁻¹) and meloxicam¹ (0.1mg kg⁻¹) were delivered intravenously for antibiotic prophylaxis and complementary perioperative analgesia, respectively. Additionally, epidural anesthesia was performed using lidocaine chloride^m (4mg kg⁻¹) and morphine sulfateⁿ (0.1mg kg⁻¹).Cats were positioned in dorsal recumbency for routine aseptic prepare.

All surgeries were carried out by a non-proficient surgeon, without any training in basic laparoscopic skills. A 1.5-cm celiotomy was carried out on the third quarter of the distance between the umbilicus and the cranial rim of the pubis. The ring of the multiport device was inserted into the abdominal cavity (Figure 1G). A multipurpose rigid telescope¹⁴ (2.7mm in diameter, 30° angle of view, coupled to a 3.3 protection sheath) was inserted through the 3.5 port. A 6-mmHg (0.6L min⁻¹ flow rate) CO₂ pneumoperitoneum was created.

For proper approach to the right ovarian pedicle (Figure 2A), the patient's chest was mildly rotated to the left, as previously described (SILVA, et al., 2011). A simultaneous bipolar coagulation and cut laparoscopic forceps^o (Lina Tripol Powerblade™, 5.5mm and 30cm in length) was inserted through the 6-mm port for both grasping and coagulation. Afterwards, the right uterine horn was grasped and raised to the abdominal wall level for tacking suture

using 0 USP nylon thread. Right ovarian pedicle was coagulated and transected. Same approach was used for the left ovarian pedicle (Figure 2B). Next, the left uterine horn was released, grasped and pulled into the dome. The multiport device was retrieved from the abdominal wall by gentle traction, allowing uterine body exposition and pneumoperitoneum drainage (Figure 2C). Uterine vessels and body were coagulated and transected slightly cranial to the cérvix, using the same laparoscopic forceps (Figure 2D). Uterine stump was inspected for bleeding and replaced into the abdominal cavity.

The linea alba was sutured in cross mattress pattern and subcutaneous space was closed in simple interrupted inverting pattern, both using 2-0 USP polyglecaprone 25^p thread. Skin was closed with a horizontal mattress suture, using 4-0 USP nylon thread (Figure 2E).

Postoperative care included sodium dipyrone^q (15mg kg⁻¹, PO, b.i.d, for three days) and meloxicam (0.1mg kg⁻¹.PO, single dose) for analgesia, wound cleansing with sterile normal saline twice a day, and use of wound abdominal protection clothes until suture retrieval, on the 10th day postop. Patients were discharged following 24 hours of surgery.

For assessing evolution of operative time by a non-proficient surgeon, surgeries were distributed in four groups (I, II, III and IV) of five consecutive procedures. Surgeries were divided into five intraoperative steps: (a) access to the abdominal cavity: time elapsed from skin incision to insertion of the multiport device; (b) right pedicle: from grasping the uterine horn to transection of the pedicle; (c) left pedicle: the same as for approaching the right pedicle; (d) uterine body: time elapsed between exteriorization of the uterus and replacement of the stump into the abdomen; and (e) synthesis: time spent from closing the linea alba to skin suture. At the end of surgery, total volume of CO₂ spent was recorded.

Operative time was compared among groups of five surgeries, and among intraoperative steps regardless of group, using one-way ANOVA and Bonferroni's post hoc test for comparison in pairs, if P<0.05. Complications and surgical difficulties would be assessed descriptively, if present.

RESULTS AND DISCUSSION

A non-proficient surgeon safely achieved LESS-OVH with the homemade PET multiport. Procedure was easily carried out, in reduced operative time and relatively inexpensive (estimate cost R\$0.40 to assembly the multiport device). Mean overall surgical time was 14.5 (±5.12) minutes (range 8.1-27.5

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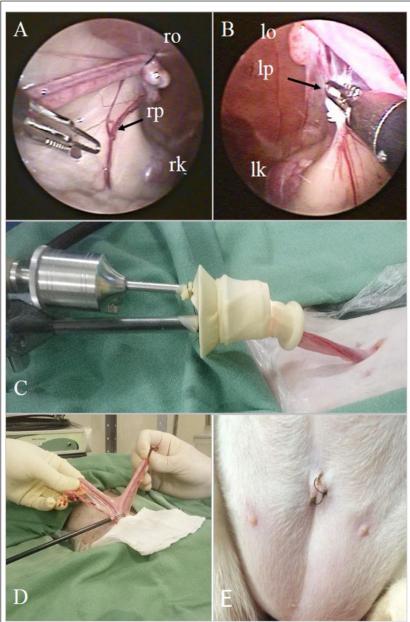


Figure 2 - Intraoperative view of LESS-OVH in cats using a homemade multiport access device. (A) Laparoscopic view of the right ovarian (ro) and pedicle (rp), slightly caudal to the right kidney (rk), after tacking suture. (B) Prophylactic hemostasis of the left ovarian pedicle (lp) using the 5.5-mm laparoscopic bipolar forceps with cutting blade (Lina Tripol Powerblade™). The left ovary (lo) and kidney (lk) are seen. (C) Retrieval of the homemade multiport access device from the abdominal cavity, along with the left uterine horn. (D) Coagulation of the uterine body and vessels, cranial to the cervix, approached outside the abdominal cavity. (E) Aspect of the ventral abdomen seven days following surgery.

minutes) regardless of group. Mean anesthesia time was $20.52~(\pm 7.13)$ minutes. These results were shorter than those reported for two-port (FERREIRA et al., 2011) and three-port (SCHIOCHET et al., 2009) lap-

assisted (55 and 81.11 minutes, respectively) and for open OVH (25.6 minutes) in queens (SCHIOCHET, 2014). This might have occurred due to the use of the homemade multiport. The multiport device

provided quick and optimal access to the abdominal cavity by open approach. Moreover, the multipurpose laparoscopic forceps allowed grasping, dissecting, coagulation and transection without need for instrument change. Multiple puncture and instrument change are time-consuming issues in lap-spays in small animals (MALM, 2004; SCHIOCHET et al, 2009).

Mean operative time differed among groups of five consecutive procedures (P=0.008; Table 1). Mean surgery time was longer in the first group of surgeries (group I; 21±5.8 minutes) than in groups II (14.3±1.4 minutes; P<0.05), III (11.8±2.5 minutes; P<0.01) and IV (10.9±1.6 minutes; P<0.01). Lapassisted approach allows achieving complex surgeries, while keeping the essentials of MIS. The LESS-OVH technique presented in this study fulfills those fundamentals. Lap-assisted procedures mixes intra and extracorporeal steps, making them both effective and dynamic (FREEMAN, 1999; DEVITT et al., 2005; SILVA et al., 2011). Such approach dramatically reduces complexity of MIS spays. In the authors' opinion, 30° telescope provided optimal field of view and minimized surgeon's distress due to parallelism between telescope and instrument. However, for nontrained surgeons, 30° telescope may be disturbing (BRUN, 2015). For single-port spay, 0° operative telescope provided limited view of the pedicles and no instrument triangulation (MOTTIN, 2014).

Regardless of group, time for approaching the uterine body (step d) was markedly shorter than the others (P<0.0001). There was no difference among time to accomplish the other steps (Table 2). Other study reported longer time to approach the left (8.2 minutes) and right (7.7 minutes) ovarian pedicles in bitches (SILVA el al., 2011). Other trial revealed hemostasis of ovarian pedicles and uterine body as most time consuming and challenging steps

of laparoscopic OVH in bitches (MALM et al., 2004). The authors stated those limitations were closely related to learning curve. Definitively, lap-assisted spays seems to be more versatile and less technically demanding than three-port, four-port, hybrid-NOTES (natural orifice transluminal endoscopic surgery) and total-NOTES (FREEMAN et al., 2009; BRUN, 2015).

There were no complications in this trial. Small incision length (1.5cm) and optimal sealing against leakage (by accurate coupling of the multiport device to the incision), besides proper use of bipolar diathermy were crucial issues for reaching those results. Complications such as hemorrhage, subcutaneous emphysema, hematomas and dehiscence were reported following multiple-puncture lap-assisted OVH in queens (SCHIOCHET et al., 2009; TAVARES et al., 2016).

Need for replacement of the multiport device in one patient was the only distressful event reported in this study. Plastic ring was not completely inserted into the abdomen, which was promptly replaced. In fact, surgical time was not substantially affected (17 minutes). Laparoscopic skills develops as learning curve progresses, which varies according type and number of procedures (TAVARES et al., 2016). Thus, practicing on a daily basis is essential for reaching the edge of the learning curve in MIS (MENON et al., 2002).

The 6mmHg intra-abdominal pressure (IAP) and 0.6L min⁻¹ insufflation rate provided both optimal field of view and safe organ handling. Moreover, no evidence of cardiorespiratory distress was observed at any time point during pneumoperitoneum. The authors believe irrelevant hemodynamic changes may occur in cats using low-pressure pneumoperitoneum. However, further studies should fill this gap in the current literature. IAP of 8-12mmHg may not cause distress in healthy adult patients, while 6-8mmHg is indicated for puppies. IAP above 15mmHg should be avoided (BRUN, 2015).

Table 1 - Comparison of groups of five consecutive surgeries, performed by a non-proficient surgeon in four different moments (I-IV) of
learning process of LESS ovariohysterectomy in cats, using a new homemade multiport device.

Surgeries	Surgical time of moments of learning (min)					
Surgeries	I	II	III	IV		
1	27.45	15.45	14.45	8.85		
2	27.55	13.23	13.90	9.80		
3	16.8	15.30	11.25	11.75		
4	17.1	15.45	8.16	12.75		
5	16.47	12.42	11.16	11.50		
Mean (±SD)	21.07 (±5.87)*	14.37 (±1.44)	11.78 (±2.51)	10.93 (±1.57)		

^{*}P<0.05. SD: standard deviation.

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Table 2 - Time of execution of intraoperative steps of LESS ovariohysterectomy in queens, using a homemade polyethylene terephthalate and latex multiport access device, performed by a non-proficient surgeon.

	Intraoperative steps					
	Abdominal access	Right pedicle	Left pedicle	Uterine body	Abdominal synthesis	
Mean ±SD	2.3±0.9 ^a	2.6±1.1 ^a	2.1 ± 1.1^{a}	0.6 ± 0.3^{b}	2.0 ± 0.5^{a}	14.5±5.1
Minimum	1.2	1.0	0.8	0.2	1.2	8.2
Maximum	5.2	5.2	4.8	1.7	3.0	27.5
VC (%)	39.9	48.0	50.2	52.9	25.8	35.2

Different letters represent P<0.0001. SD: standard deviation; VC: variation coefficient in percentile.

No substantial CO, leakage was noted using the handmade multiport assessed in this study. Pneumoperitoneum remained constant during surgeries. Mean CO, volume spent for creating and maintaining pneumoperitoneum was 3.3±1.8L. Optimal coupling to the incision, no instrument change and short surgery time comprised potential causes for such outcome. Other studies reported use of 64 and 51L of CO, during two-port lap-assisted OVH in cats, using monopolar and bipolar diathermy, respectively (AGUIAR, 2011). It is truly believed that some factors may affect CO2 consumption during laparoscopic surgery, such as the use of multiple punctures, need for several instrument changes and surgical time. However, none of those issues were reported in this study.

To the authors' concern, there were no reports of LESS approach in the feline specie. This gap may border on the fact that there is no multiport device commercially available with proper dimensions for use in cats. Most LESS access devices currently available require approximately 3-4cm incision length for perfect match to the abdominal wall (TAPIA-ARAYA et al., 2015), which seems to be particularly disadvantageous to use in cats.

In the authors' opinion, the main limitation of the proposed technique is reaching sterilization. Chemical sterilization is becoming more restrict worldwide and should be substituted by other methods. As most compounds on the multiport device are thermosensitive, probably the best sterilization method should be ethylene oxide or hydrogen peroxide immersion in chemical solutions. Enlarged uterus, such as pyometra and tumors, may not be adequate to be operated using the proposed technique, requiring incision enlargement. However, those hypotheses should be further investigated. Although, this study contributed for the establishment

of a new surgical OVH technique in cats, LESS-OVH technique should be tested to other traditional open and laparoscopic-assisted technique regarding surgical trauma, hematological variables, stress and postoperative pain before its prior routine use.

CONCLUSION

LESS-OVH using a homemade PET/latex multiport device was both efficient and safe. Further studies on pain and postoperative recovery may warrant LESS-OVH using a homemade multiport device as a further option for MIS spay in cats.

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SOURCE AND MANUFACTURERS

- a Riohex
TM 2% Degermante, Rioquímica Ind. Farm. Ltda., São José do Rio Preto, SP.
- b Sonda uretral nº 8, Embramed Ltda., São Paulo, SP.
- c Balões de látex transparentes 11", Globotex Ltda., São Paulo, SP.
- d Nylon Shalon, Shalon Medical Ltda., Goiânia, GO.
- e GlutaronTM 2%, Rioquímica Ind. Farm. Ltda., São José do Rio Preto, SP.
- e ZoletilTM 50, Virbac Saúde Animal Ltda., São Paulo, SP.
- f Cloridrato de tramadol inj. 50mg, Hipolabor Farmacêutica Ltda., Belo Horizonte, MG.
- g PropovanTM, Cristália Inf. Farm. Ltda., Itapira, SP.
- h Isoforine™, Cristália Inf. Farm. Ltda., Itapira, SP.
- i Cefalotina sódica inj. 2g, Hipolabor Farmacêutica Ltda., Belo Horizonte, MG.
- j Maxicam™ 2%, Ourofino Saúde Animal Ltda., Cravinhos, SP.
- l Cloridrato de lidocaína inj. 2%, Hipolabor Farmacêutica Ltda., Belo Horizonte. MG.
- m Sulfato de morfina inj. 10mg, Hipolabor Farmacêutica Ltda., Belo Horizonte, MG.

- n 64029 BA HOPKINSTM 30° Telescope, Karl StorzTM, H. Strattner Ltda., São Paulo, SP.
- o Lina Tripol Powerblde TM 5mm, Lina Medical, WEM Eq. Eletr. Ltda, Ribeirão Preto, SP.
- p- Caprofyl $^{\text{TM}}\!$, Ethicon, Johnson & Johnson do Brasil Ltda., São Paulo, SP. q- Dipirona gotas 500 mg, Teuto Ind. Farm. Ltda., Anápolis, GO.

BIOETHICS AND BIOSSECURITY COMMITTEE APPROVAL

This study was performed following approval by the Comissão de Ética no uso de Animais da Universidade de Passo Fundo (CEUA-UPF protocol 036/2016).

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