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## Hygroscopicity of baru (*Dipteryx alata* Vogel) fruit

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### Key words:

equilibrium moisture content  
mathematical modeling  
desorption isotherms

### ABSTRACT

With the knowledge on the hygroscopic equilibrium of the baru (*Dipteryx alata* Vogel) fruit, the product can be adequately handled to maintain the moisture content at the levels recommended for safe storage. Thus, this paper aimed to determine the water desorption isotherms of baru fruits at temperatures of 20, 25, 30 and 35 °C, and water activity between 0.14 and 0.80, and obtain the values of isosteric heat of desorption as a function of the equilibrium moisture content of the product. The equilibrium moisture content was obtained using the static-gravimetric method. Modified Halsey was the best model recommended to represent the hygroscopicity of baru fruits. The recommended moisture contents for safe storage of baru fruits are not more than 19.9, 19.3, 18.6 and 18.0 (% d.b.) for the respective temperatures of 20, 25, 30 and 35 °C. The integral isosteric heat of desorption increases as the water content decreases, leading to an increment in the energy required to remove water from the product.

### Palavras-chave:

teor de água de equilíbrio  
modelagem matemática  
isotermas de dessorção

## Higroscopicidade dos frutos de baru (*Dipteryx alata* Vogel)

### RESUMO

Com o conhecimento do equilíbrio higroscópico dos frutos de baru (*Dipteryx alata* Vogel), pode-se manejar adequadamente o produto visando à manutenção de seu teor de água nos níveis recomendados para o armazenamento seguro. Desta forma, objetivou-se determinar as isotermas de dessorção de água dos frutos de baru nas temperaturas de 20, 25, 30, 35 °C e atividades de água entre 0,14 e 0,80 e obter os valores do calor isostérico de dessorção em função do teor de água de equilíbrio do produto. Para obtenção do teor de água de equilíbrio foi utilizado o método estático-gravimétrico. O modelo de Halsey Modificado foi o melhor modelo recomendado para representar a higroscopicidade dos frutos de baru, cujos teores de água recomendados para o armazenamento seguro dos frutos de baru são de, no máximo, 19,9; 19,3; 18,6 e 18,0 (% b.s), para as respectivas temperaturas de 20, 25, 30 e 35 °C. O calor isostérico integral de dessorção aumenta com a redução do teor de água ocorrendo incremento da energia necessária para a remoção de água do produto.



## INTRODUCTION

Baru (*Dipteryx alata* Vogel) is a plant typical of the Cerrado, containing one edible, elliptical, dark-brown seed, commonly called almond. This almond has great regional importance and has attracted scientific interest due to its nutritional composition, especially because of the levels of monounsaturated and saturated fatty acids (Bento et al., 2014).

Studies on the hygroscopicity of agricultural products aim to attenuate possible alterations in quality, since these products have the capacity to absorb and release water to the environment, tending to an equilibrium (Resende et al., 2006).

The study on the hygroscopicity of sorption is important to estimate changes in water contents under different conditions of the environment, as well as define the adequate water contents to avoid the beginning of the activity of microorganisms and the drying limits of the studied product (Ayrañci & Duman, 2005).

Drying is indispensable to control and maintain the quality of vegetal products. The drying process reduces the water content and, consequently, water activity to levels that allow a safe storage. High contents of these two parameters can increase the number of microorganisms and, consequently, accelerate the deterioration. On the other hand, low values can lead to the excessive use of energy consumed during the drying and cause undesirable alterations in the product (Corrêa et al., 2010).

Thus, this study aimed to determine the water desorption isotherms of baru fruits at the temperatures of 20, 25, 30 and 35 °C, and water activity between 0.14 and 0.80, besides obtaining the values of isosteric heat of desorption as a function of the equilibrium moisture content of the product.

## MATERIAL AND METHODS

The experiment was carried out at the Laboratory of Post-Harvest of Vegetal Products of the Federal Institute of Education, Science and Technology of Goiás - Campus of Rio Verde, using baru fruits (*Dipteryx alata* Vogel) collected in the municipality of Santa Helena de Goiás, Goiás, Brazil (17° 48' S; 50° 35' W; 568 m), with water content of 43% (d.b.).

The fruits were manually cleaned, to remove the impurities and damaged fruits. The equilibrium moisture content was obtained using the static-gravimetric method, in three replicates for each condition of temperature and relative humidity. Each replicate used approximately 50 g of fruit involved in a permeable fabric (voile), to allow the passage of air through the product, and then placed in desiccators. Air temperature and relative humidity were monitored using a data logger (NOVUS), placed inside the desiccators.

The relative humidity in the desiccators was controlled using saturated solutions of different salts (Table 1). The desiccators were placed in BOD (Biochemical Oxygen Demand) incubating chambers (Marconi), regulated at the temperatures of 20, 25, 30 and 35 °C.

The samples were periodically weighed and the hygroscopic equilibrium of the fruits was achieved when the weight remained invariable for three consecutive readings. After

Table 1. Values of relative humidity (%) established in the air inside the desiccators, obtained experimentally and used to determine the hygroscopic equilibrium

Chemical compound		Relative humidity (%)
LiCl	Lithium chloride	15 ± 0.5
CaCl <sub>2</sub>	Calcium chloride	35 ± 2.0
Ca(NO <sub>3</sub> ) <sub>2</sub>	Calcium nitrate	49 ± 3.0
NaCl	Sodium chloride	74 ± 0.5
KBr	Potassium bromide	80 ± 0.8

reaching the hygroscopic equilibrium, the water content was determined in an oven at 105 ± 3 °C, during 24 h (Brasil, 2009).

The mathematical models frequently used to represent the hygroscopicity of vegetal products were fitted to the experimental data obtained at each temperature (Eqs. 1 to 12).

- Chung-Pfost

$$Xe = a - b \cdot \ln[-(T + c) \cdot \ln(a_w)] \quad (1)$$

- Copace

$$Xe = \exp[a - (b \cdot T) + (c \cdot a_w)] \quad (2)$$

- Oswin

$$Xe = \frac{(a + b \cdot T)}{[(1 - a_w)/a_w]^c} \quad (3)$$

- GAB

$$Xe = \frac{(a \cdot b \cdot c \cdot a_w)}{[(1 - c \cdot a_w) \cdot (1 - c \cdot a_w + b \cdot c \cdot a_w)]} \quad (4)$$

- Modified Halsey

$$Xe = \left[ \frac{\exp(a - b \cdot T)}{-\ln(a_w)} \right]^{\frac{1}{c}} \quad (5)$$

- Henderson

$$Xe = \left\{ \frac{\ln(1 - a_w)}{[-a \cdot (T + 273.16)]} \right\}^{\frac{1}{b}} \quad (6)$$

- Sabbah

$$Xe = a \cdot \left( a_w^{b/T^c} \right) \quad (7)$$

- Sigma Copace

$$Xe = \left\{ a - (b \cdot T) + [c \cdot \exp(a_w)] \right\} \quad (8)$$

- Modified Henderson

$$Xe = \left\{ \frac{\ln(1 - a_w)}{[-a \cdot (T + b)]} \right\}^{\frac{1}{c}} \quad (9)$$

- Cavalcanti Mata

$$X_e = \left\{ \frac{\ln(1 - a_w)}{[a \cdot (T^b)]} \right\}^{\frac{1}{c}} \quad (10)$$

- Modified GAB

$$X_e = (a \cdot b \cdot a_w) \cdot \frac{\left(\frac{c}{T}\right)}{\left[1 - b \cdot a_w + \left(\frac{c}{T}\right) \cdot b \cdot a_w\right] \cdot (1 - b \cdot a_w)} \quad (11)$$

- BET

$$X_e = \left\{ \frac{1}{\left[ (1 - a_w) \cdot \left( \frac{1}{a \cdot b} + \left( \frac{a-1}{a \cdot b} \right) \right) \right]} \right\} \quad (12)$$

where:

- $X_e$  - equilibrium moisture content, % d.b.;
- $a_w$  - water activity, decimal;
- $T$  - temperature, °C; and,
- $a$ ,  $b$  and  $c$  - coefficients of the models.

For the fit of mathematical models, nonlinear regression analysis was performed through the Gauss-Newton method using the program Statistica 7.0. The degree of fit of each model was evaluated based on the significance of the regression coefficients by t-test, magnitude of the determination coefficient ( $R^2$ ), values of relative mean error (P), estimated mean error (SE) and Chi-square test ( $\chi^2$ ) at 0.01 significance level and confidence interval of 99%. In addition, the distribution of residuals was verified according to Caetano et al. (2012).

The values of net isosteric heat of sorption (or differential enthalpy), for each equilibrium moisture content, were obtained through the equation of Clausius-Clayperon (Iglesias & Chirife, 1976) as follows:

$$\frac{\partial \ln(a_w)}{\partial T} = \frac{\Delta h_{st}}{RT_a^2} \quad (13)$$

where:

- $T_a$  - absolute temperature, K;
- $\Delta h_{st}$  - net isosteric heat of sorption, kJ kg<sup>-1</sup>; and,
- $R$  - universal gas constant, 8.314 J mol<sup>-1</sup> K<sup>-1</sup>.

The net isosteric heat of sorption for each equilibrium moisture content was obtained by integrating Eq. 13 and assuming that the net isosteric heat of sorption is independent of temperature.

$$\ln(a_w) = -\left(\frac{\Delta h_{st}}{R}\right) \cdot \frac{1}{T_a} + C \quad (14)$$

where:

- $C$  - coefficient of the model.

The values of water activity, temperature and equilibrium moisture content were obtained through desorption isotherms of 'sucupira-branca' fruits using the model of best fit to the observed data. The integral heat of sorption was obtained by adding the latent heat of vaporization of free water to the values of net isosteric heat of sorption, according to Eq. 15:

$$Q_{st} = \Delta h_{st} + L = a \cdot \exp(-b \cdot X_e) + c \quad (15)$$

where:

- $Q_{st}$  - integral isosteric heat of sorption, kJ kg<sup>-1</sup>;
- $a$ ,  $b$  and  $c$  - coefficients of the model; and,
- $L$  - latent heat of vaporization of free water, kJ kg<sup>-1</sup>.

The latent heat of vaporization of free water ( $L$ ), in kJ kg<sup>-1</sup>, necessary to calculate  $Q_{st}$ , was obtained using the mean temperature ( $T_m$ ) in the studied range, in °C, through Eq. 16.

$$L = 2502.2 - 2.39 \cdot T_m \quad (16)$$

## RESULTS AND DISCUSSION

Table 2 shows the parameters of the hygroscopic equilibrium models for baru fruits obtained through desorption, for different conditions of temperature.

All parameters of the models Copace, Oswin, Modified Halsey, Henderson and Modified GAB were significant by t-test. The models Copace, Oswin, Modified Halsey, Sigma Copace and Modified GAB showed determination coefficient ( $R^2$ ) higher than 99%, and the model Modified Halsey reached the highest value (99.46%).

As to the relative mean error (P), the models Copace and Modified Halsey showed the lowest values, while Chung-Pfost, Sabbah and BET exhibited values above 10%, which are not adequate to represent the phenomenon, according to Mohapatra & Rao (2005).

The Modified Halsey model showed the lowest value of estimated mean error (SE) and the capacity of a model to adequately represent certain physical process is inversely proportional to the value of this parameter (Draper & Smith, 1998).

Regarding the chi-square ( $\chi^2$ ) test, all analyzed models are within the confidence interval of 95% and the models Modified Halsey, Oswin and Sigma Copace showed the lowest values. The lower the chi-square, the better the fit of the model to the experimental data (Günhan et al., 2005).

For a model to be considered as random, the distribution of residuals in the axis of the estimated values must be close to zero and these values should not form defined figures, which does not characterize bias in the residual values. If the analyzed model exhibits random distribution, it is considered as inadequate to represent the studied phenomenon (Goneli et al., 2010). Hence, the models Copace, Oswin, GAB, Modified Halsey and Sigma Copace showed random distribution of residuals, indicating adequate fit to the experimental data.

Therefore, among the evaluated models, Copace, Oswin, GAB, Modified Halsey and Sigma Copace can be recommended to represent the hygroscopicity of baru fruits. The Modified Halsey model showed higher determination coefficient, random distribution of residuals and lower values of relative

Table 2. Parameters of the models fitted to the hygroscopic equilibrium moisture contents of baru fruits (*Dipteryx alata* Vogel), with their respective determination coefficients ( $R^2$ , %), estimated mean errors (SE, decimal), relative mean errors (P, %), chi-square ( $\chi^2$ , decimal) and trend of distribution of residuals

Models	Parameters	$R^2$		SE	$\chi^2$	Distribution of residuals
		P (%)				
Chung-Pfost	a = 58.61948**	0.9631	17.04	1.875	3.51	Biased
	b = 10.71409**					
	c = 67.75428 <sup>ns</sup>					
Copace	a = 1.313524**	0.9890	4.32	1.022	1.04	Random
	b = 0.006959*					
	c = 2.702633**					
Oswin	a = 14.07099**	0.9916	5.37	0.896	0.80	Random
	b = -0.08157*					
	c = -1.6688**					
GAB	a = 5.8226**	0.9910	6.41	0.926	0.86	Random
	b = 15.17599 <sup>ns</sup>					
	c = 0.99486**					
Modified Halsey	a = 2.870722**	0.9946	4.44	0.720	0.52	Random
	b = 0.008399**					
	c = 1.248261**					
Henderson	a = 0.000137**	0.9813	9.94	1.295	1.68	Biased
	b = 1.115824**					
Sabbah	a = 65.86307*	0.9654	15.26	1.815	3.30	Biased
	b = 1.38607**					
	c = 0.18912 <sup>ns</sup>					
Sigma Copace	a = 0.045796 <sup>ns</sup>	0.9912	6.05	0.917	0.84	Random
	b = 0.006838*					
	c = 1.546895**					
Modified Henderson	a = 0.00032 <sup>ns</sup>	0.9829	9.86	1.279	1.63	Biased
	b = 99.51437 <sup>ns</sup>					
	c = 1.12538**					
Cavalcanti Mata	a = -0.020411*	0.9828	9.89	1.281	1.64	Biased
	b = 0.206295 <sup>ns</sup>					
	c = 1.12436**					
Modified GAB	a = 6.1346**	0.9929	3.92	0.825	0.68	Biased
	b = 0.9815**					
	c = 314.6193**					
BET	a = -118.268 <sup>ns</sup>	0.9825	11.69	1.253	1.57	Biased
	b = 0.181**					

\*\*Significant at 0.01 probability level by t-test; \*Significant at 0.05 probability level by t-test; <sup>ns</sup>Not significant

and estimated mean errors, as well as lower magnitude in the chi-square test. In addition, all parameters were significant at 0.01 probability level by t-test. Thus, this model was selected to predict the equilibrium moisture content of baru fruits.

Resende et al. (2006) studied the hygroscopicity of bean grains and observed that the Modified Halsey model showed the best fit to the experimental data. Caetano et al. (2012) and Costa et al. (2015) evaluated sorption isotherms of seeds of 'caju-de-árvore-do-cerrado' (*Anacardium othonianum* Rizz.) and 'boca boa' (*Buchenavia capitata* (Vahl) Eichler), species from the Cerrado, and observed that the models Chung-Pfost and Copace, respectively, showed the best fit to the experimental data.

Figure 1 shows the experimental values of equilibrium moisture content of baru fruits (*Dipteryx alata* Vogel), obtained through desorption, and their isotherms estimated by the Modified Halsey model. With the increase in temperature for a same water content, there was an increase in water activity and, for a constant water activity, the values of equilibrium moisture content decreased as temperature increased, following the same trend of most plants (Resende et al., 2006; Goneli et al., 2010; Caetano et al., 2012; Silva & Rodovalho, 2012; Corrêa et al., 2014; Hassini et al., 2015).

The desorption isotherms obtained for baru fruits showed a sigmoid shape, type II (IUPAC, 1985), characteristic of various

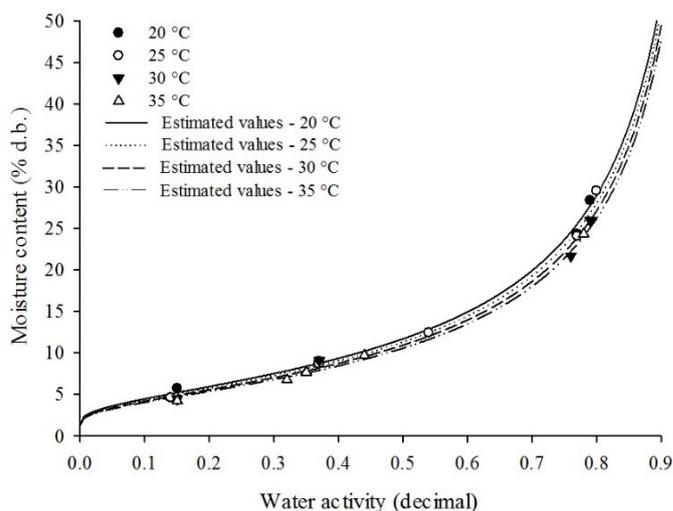


Figure 1. Experimental values of equilibrium moisture content and desorption isotherms estimated by the Modified Halsey model for baru fruits (*Dipteryx alata* Vogel), under different conditions of temperature and water activity

agricultural products: bean (Resende et al., 2006), dry extract of 'urucum' (Anselmo et al., 2008), sweet corn grains (Oliveira et al., 2010), seeds of 'caju-de-árvore-do-cerrado' (Caetano et

al. 2012), seeds of rice in husk (Oliveira et al., 2014) and seeds of pepper (Silva et al., 2015).

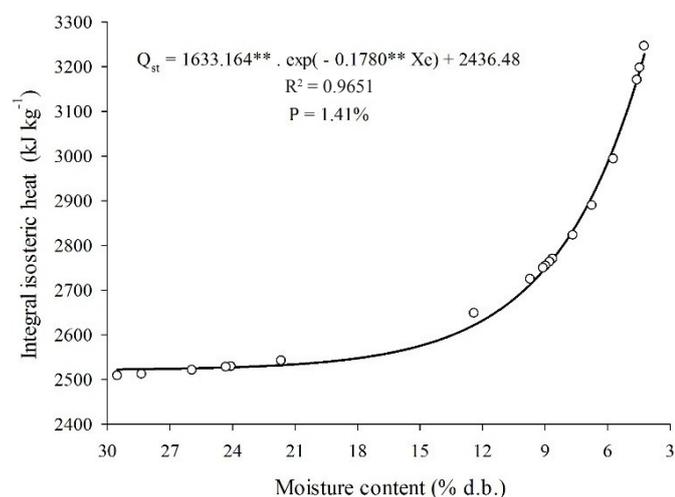
Considering that the development of fungi starts with water activity around 0.7 (Oliveira et al., 2005), the water contents recommended for safe storage of baru fruits are, at most, 19.9, 19.3, 18.6 and 18.0 (% d.b.), for the respective temperatures of 20, 25, 30 and 35 °C, and these values were estimated by the Modified Halsey model.

Figure 2 presents the values of integral isosteric heat of desorption as a function of the equilibrium moisture content (% d.b.) for baru fruits. The reduction of water content led to an increment in the energy necessary to remove water from the product, represented by the values of integral isosteric heat of desorption ( $Q_{st}$ ), as observed by Caetano et al. (2012), studying seeds of 'caju-de-árvore-do-cerrado'.

The values of isosteric heat of baru fruits varied from 2,508.28 to 3,246.07 kJ kg<sup>-1</sup>, for the respective water contents of 29.5 and 4.2% (d.b.). The necessity of higher expenditure of energy at lower water contents occurs because of the proximity between the water molecules of the monomolecular layer, and these layers are strongly linked to the molecules of dry matter, thus requiring large amounts of energy for removal (Al-Muhtaseb et al., 2004).

Oliveira et al. (2011), studying the thermodynamic properties of cocoa (*Theobroma cacao*) beans with equilibrium moisture contents from 5.9 to 16.67% (d.b.), observed a similar behavior for the integral isosteric heat, highlighting that the knowledge on the isosteric heat is vital for studies on the storage conditions.

In addition, according to Figure 2, the regression equation can be used to estimate the integral isosteric heat of desorption for baru fruits, because it has high determination coefficient (96.51%) and low relative mean error (1.41%).



\*\*Significant at 0.01 probability level by t-test

Figure 2. Experimental and estimated values of integral isosteric heat of desorption as a function of the equilibrium moisture contents for baru fruits (*Dipteryx alata* Vogel)

## CONCLUSIONS

1. Modified Halsey is the best model recommended to represent the hygroscopicity of baru fruits. The water contents recommended for safe storage of baru fruits are, at most, 19.9,

19.3, 18.6 and 18.0 (% d.b.), for the respective temperatures of 20, 25, 30 and 35 °C.

2. The integral isosteric heat of desorption increases as the water content decreases, leading to an increment in the energy necessary to remove water from the product.

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