Assessment of the Fatigue Behavior of Ti-6Al-4V ELI Alloy with Surface Treated by Nd:YAG Laser Irradiation

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The effect of a surface treatment by Nd:YAG laser irradiation on the fatigue behavior of Ti-6Al-4V ELI was studied. Axial fatigue tests were performed to obtain S-N curves in polished and laser treated conditions. Roughness measurements and scanning electron microscopy were used to characterize the features of the modified surface. A reduction in the fatigue strength of around 35% was obtained after the laser treatment of the material surface. Although the surface roughness was in the micrometer scale, a notch effect was suggested to be the reason for the deleterious influence of the laser on the fatigue strength. The reduction in the fatigue strength obligatory demands redesign of implants for laser modified surfaces of Ti-6Al-4V alloy.

Keywords: Titanium, fatigue, laser, surface modification, roughness.

1. Introduction

In spite of the well-known benefits of Ti-6Al-4V alloy for biomedical applications, such as the modulus of elasticity, biocompatibility and corrosion resistance, the intrinsic bioinert surface necessarily requires some modification to change to a bioactive one. The idea is to enable the mechanical interbonding between the metallic surface irregularities and the bone porous without changing the properties of the substrate material ¹. The importance of this subject is such that many surface modification techniques have been studied so far, and proved to be efficient in improving the surface topography and consequently the biological performance of Ti implants. For instance, grit-blasting 2, chemical etching ³ and electrochemical treatment ⁴, including the growth of nanotubes 5, have provided suitable results. Studies have also shown that laser-based techniques are promising because macro, micro and nanoscale modifications are possible without undesirable contamination, since there is no direct contact with the substrate ⁶. A high degree of precision is also an advantage over the other modification techniques 7.

Recently, Lee et al. ⁸ obtained promising results on the surface modification of pure Ti by a Yb:KGW femtosecond laser. The surface of Ti-6Al-4V alloy was successfully treated by Yu et al. ⁹ with a picosecond laser. To obtain a topography with a larger scale, Pou et al. ⁶ employed both CO₂ and Nd:YAG laser types over pure Ti.

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The second type was found to present more promising results to modify the surface, because less splashes and more regular features were obtained. Nd:YAG irradiation was also applied to titanium screws and the surface was biomechanically assessed by Lee and Cho¹⁰, who stressed the potential of such surface treatment after obtaining good results on osseointegration and implant stability. Although Pou et al. ⁶ mention in their paper the possibility of laser processing techniques to affect the mechanical properties of the substrate material, none of these recent works deal with mechanical tests.

Since it is well known that the fatigue performance is extremely sensitive to surface discontinuities, the present work aims to verify the influence of a laser treatment on the fatigue performance of the biomedical Ti-6Al-4V alloy in order to provide reliable data to the design of cyclic load bearing implants.

2. Materials and Methods

The material employed in this work was rounded bars of the commercial Ti-6Al-4V ELI alloy, in accordance with the requirements of ASTM F136 standard: typical equiaxed and refined $\alpha+\beta$ microstructure, as shown in Figure 1. Cylindrical fatigue specimens were machined with geometry and dimensions following the ASTM E466 standard. All the specimens were grinded and polished up to a 1 μ m diamond abrasive.



Figure 1. Microstructure of the received material.

Some of the polished specimens were irradiated with 104-nanosecond-laser pulses generated by a Q-switched Nd:YAG laser (Corona Coherent), in high power, operating with a spot size of 40 μ m and a wavelength of 1064 nm. For the laser application, the cylindrical specimen was submitted to a rotational speed while the laser beam traveled at a longitudinal speed along the parallel reduced section. Figure 2 illustrates the specimen rotation and the laser beam path. The parameters for the laser treatment are summarized in Table 1.



Figure 2. Illustration of the specimen rotation and laser beam path.

The modified surface was observed by scanning electron microscopy (SEM) using a FEI Quanta 400 FEG microscope. Confocal laser scanning microscopy (CLSM) with an Olympus Lext OLS 400 equipment was used for the roughness measurements. Table 2 brings the tensile mechanical properties of the polished and treated materials, showing that the laser treatment did not change those properties when considering the standard deviation values.

The axial fatigue tests of polished and laser treated specimens were carried out in air using an INSTRON 8872 servo hydraulic testing machine and the following parameters: 10 Hz frequency, stress ratio R = 0.1 and 5×10^6 cycles run-out. To build up the S-N curves, the fatigue tests were planned to use 4 or 5 load levels with at least 2 specimens at each level. Due to the scatter usually obtained in fatigue tests, a 95% confidence band was calculated following the ASTM E739 standard and included in the S-N plots.

3. Results

The laser marks are formed by the combination of the specimen rotation and the forward movement of the laser beam, which resulted in spirals separated by smooth regions that were not reached by the laser. As shown in Figure 3, the beam path is characterized by the formation of fusion and ablation of the material. A certain asymmetry can be noticed in the mark: one side was more affected by the phenomenon of ablation and the surface became rougher, while the other side had a milder topography. The side that the ablation is more effective indicates the direction of the forward movement of the beam, i.e., in the images of Figure 3, the direction of the forward movement is towards the top of the images plane. The rotation direction is perceived by many impressions in shape of "half moons" left by the laser beam.



Figure 3. SEM micrographs with different magnifications of the surface modified by the laser treatment.

	Table	1.	Parameters	employed	in the	laser	treatment.
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Power (W)	Intensity (W/cm ²)	Fluence (J/cm ²)	Frequency (kHz)	Rotational speed (rpm)	Longitudinal speed (cm/s)	Environment
22.5	3.44x10 ⁹	358.0	5.0	600	0.4	Argon

Condition	Yield strength (MPa)	Ultimate strength (MPa)	Elongation (%)	Modulus of elasticity (GPa)
ASTM F136	795 min.	860 min.	10 min.	-
Polished	959 ± 7	1007 ± 3	14 ± 1	110
Laser	931 ± 31	973 ± 31	17 ± 2	110

Table 2. Tensile mechanical properties of the studied material.

When subjected to fatigue tests, the laser modified material presented a fatigue strength for 5x10⁶ cycles of around 550 MPa, as shown in the S-N curve in Figure 4. Compared to the polished material, which presented a fatigue strength of around 840 MPa, a considerable reduction of approximately 35% was observed after the laser treatment. The dotted lines comprise the 95% confidence band computed in accordance with the ASTM E739 standard. The fact that no intersection occurs between the bands indicates that the difference in the fatigue behavior of both conditions is statistically significant in the range of life assessed. The deleterious effect of the Nd:YAG laser on the fatigue response is therefore unquestionable when it is directly applied over the Ti substrate.



Figure 4. S-N curves for the polished and the surface modified by the laser treatment.

Table 3 presents the results of surface roughness. After the modification by laser, R_a and R_z were respectively increased to 2 and 13 µm, which suggest that a notch effect caused by the ablation phenomenon during the interaction substrate-laser may be responsible for the decrease of the fatigue strength.

The analysis of the fracture surface of the specimens that failed during the fatigue tests provided interesting information about the crack nucleation in relation to the topographic pattern left by the laser. As shown in Figure 5, multiple initiation sites occurred in the laser treated specimens, whereas a typical surface initiation in a single site was predominantly active in the polished specimens. It is interesting to note that the nucleation occurred both in the advance side of the laser beam, i.e. with a rougher topography, and in the opposite side of the beam path, where the ablation was milder. However, for all specimens that failed under fatigue, the cracks that propagated to final rupture were those nucleated in the advance side of the laser beam, probably due to the earlier nucleation. Crack propagation was similar in the laser treated and polished conditions, with a zone of stable propagation full of fatigue striations and a final zone of overload when the cross-section was reduced to the point that it could no longer support the load. In the laser treated condition, the multiple initiation sites resulted from the increased roughness, so that crack initiation was able to occur with lower values of stress, and the consequence was a lower fatigue strength.



Figure 5. SEM micrographs of the fracture surface after fatigue tests: laser treated specimen in the left image and polished specimen in the right image. Each arrow indicates one crack nucleation site.

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Surface	Ra (µm)	Rz (µm)
Polished	<0.1	<0.1
Laser treated	1.9 ± 0.8	12.9 ± 2.7

Table 3. Results of roughness parameters.

4. Discussion

Da Silva et al. ¹¹ reported a prediction method for the fatigue limit (σ_r) of Ti-6Al-4V ELI when it is correlated to a theoretical semi-circular notch described by the R_z parameter. As reproduced in Figure 6, it is possible to predict that the fatigue strength for R_z = 13 µm is 545 MPa. This value is in perfect agreement with the fatigue strength of around 550 MPa observed in the S-N curve of the laser modified condition. It is noteworthy that the prediction method does not consider microstructural effects, and, since a very reliable prediction was obtained, it is possible to conclude that any microstructural alteration that could result from the laser treatment had a negligible influence when compared to the effect of the notches.



Figure 6. Curve of fatigue limit (σ f) in function of roughness [11]. The result of the present work was indicated as "measured".

Table 4 brings some recent results on the fatigue performance of Ti-6Al-4V ELI with different surface modifications, but focused on the improvement of the biomechanical bone-material adhesion. It is important to mention that these fatigue data were all obtained using exactly the same experimental conditions, such as axial loading, stress ratio R = 0.1 and frequency in the range of 5-20 Hz. Micro-arc oxidation ¹² and chemical etching ³ produced modified layers with R_z value smaller than the critical R_z in the curve of Figure 5, and therefore the fatigue strength

was not affected by the surface modification. In the case of the nanotubes, although R_z value was not reported, the modified layer was found to have a thickness of 0.6 μ m¹³, which is also below a critical notch size. On the other hand, in the conditions employed in the present work, the Nd:YAG laser resulted in a topography with notches in a scale on the order of few microns that strongly affected the fatigue performance of the material.

This reduction in the fatigue strength of the laser modified surface of the Ti-6Al-4V alloy is of concern for the design of stems for hip arthroplasty. Several authors reported principal stresses above 500 MPa in critical points of such stems ^{14,15}, which comprises a value that could lead to premature fatigue fractures of implants subjected to Nd:YAG laser treatment. For instance, it was performed a stress simulation in a commercial stem for revision surgery for old patients and the results can be seen in Figure 7¹⁶.



Figure 7. Distribution of the first principal and von Mises stresses in a commercial femoral stem. Part of it published in [16].

 Table 4. Comparison of different surface modification techniques on Ti-6Al-4V ELI.

Treatment	$R_{z}(\mu m)$	Fatigue	Reference
Nd:YAG laser	12.9	Strong reduction	Present work
Micro-arc oxidation	0.4	Unchanged	Potomati et al. [12]
HCl+NaOH etching	2.0	Unchanged	Escobar Claros et al. [3]
TiO ₂ nanotubes	-	Unchanged	Campanelli et al. [13]

The boundary conditions and the methodology are published elsewhere ¹⁷. The calculations show that values in the range of ~400 MPa to 650 MPa can be obtained in critical parts of the stem and would induce fatigue cracks before the limit of $5x10^6$ cycles established by the biomedical standards for such components. Thus, redesigns of the stems are demanded if the present laser modification is to be used for improving the osseointegration. Other types of laser necessarily require fatigue assessment.

5. Conclusions

The surface modification of Ti-6Al-4V ELI alloy by Nd:YAG laser for biomedical purpose led to an increase in roughness, with R_a and R_z values of respectively 2 µm and 13 µm. Due to a notch effect, the fatigue strength was severely affected after the surface modification, decreasing from 840 MPa in the polished surface to 550 MPa at 5x10⁶ cycles. The results were in satisfactory agreement with the prediction curve that correlates the fatigue limit and the R_z roughness parameter. In case of using such surface modification, redesign of implants is mandatory in order to avoid premature failure by fatigue.

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7. References

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