

Anti-Urolithiatic Effect of Cow Urine Ark on Ethylene Glycol-Induced Renal Calculi

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ABSTRACT

Purpose: To investigate the anti-urolithiatic effect of cow urine ark (medicinal distilled cow urine) on ethylene glycol (EG) induced renal calculi.

Materials and Methods: 36 male Wistar rats were randomly divided into 6 equal groups. Group I animals served as vehicle control and received distilled water for 28 days. Group II to VI animals received 1% v/v EG in distilled water for 28 days. Group II served as EG control. Group III and IV (preventive groups) received cow urine ark orally for 28 days in doses of 1 mL/kg and 2 mL/kg, respectively. Group V and VI (treatment groups) received 1 mL/kg and 2 mL/kg cow urine ark orally, respectively from 15th to 28th days. 24-hour urine samples were collected on day 0 and 28. Urine volume and oxalate levels were measured. On day 28, blood was collected for biochemical parameters. Animals were sacrificed and kidneys were harvested, weighed and histopathologically evaluated for calcium oxalate (CaOx) crystals. To calculate the percentage of inhibition of mineralization, simultaneous flow static in-vitro model was used.

Results: EG significantly increased urine oxalate, serum creatinine, blood urea level; kidney weight and CaOx deposits. Provision of cow urine ark resulted in significantly lower levels of urine oxalate, serum creatinine, blood urea and CaOx depositions as compared to Group II. (p value < 0.05) It also significantly restored kidney weight. (p value < 0.05) Cow urine ark inhibited 40% and 35% crystallization of CaOx and calcium phosphate, respectively. *Conclusion:* Cow urine ark is effective in prevention and treatment of EG induced urolithiasis in Wistar rats.

INTRODUCTION

Urolithiasis is extremely painful and the third prevalent disorder of urinary system (1,2). Life time risk for renal calculi is 7-12% among general population (3). Alteration in crystallization conditions of urine is responsible for stone formation (4). Genetic factor, diet, sedentary lifestyle, climate, and urinary tract infection are common risk factors (5). The studies have shown that consumption of high dietary oxalate is a major

ARTICLE INFO

Key words: Calcium Oxalate; Urine; Ethylene Glycol; Kidney Calculi

Int Braz J Urol. 2013; 39: 565-71

Submitted for publication: December 19, 2012

Accepted after revision: May 29, 2013

risk factor for stone formation (6). The most common metabolic abnormality among the recurrent stone formers is hypercalciuria (7). In humans, al-

most 80% calculi are composed of calcium oxa-

late (CaOx) and calcium phosphate whereas uric

acid, cystine and magnesium ammonium phosphate

(struvite stone) are forming the rest of the calculi (8).

Surgical treatment is the definitive management of

renal calculi at present (9). Recurrent stone forma-

tion is the major problem even after surgical remo-

val of the stone. Recurrence rate is more than 50%

over 10 years duration of stone formation without medical treatment (10). It is more frequent in male as compared to female (70-81% vs. 47-60%) (11). Established medical treatment is lacking for prevention and treatment of renal calculi.

Variety of herbal drugs and alternative treatments has been tried for prevention and treatment of renal calculi but none of them got the commercial importance. From thousands of years in India, use of cow urine for cardiac and renal problems, weight loss, jaundice, anemia, diarrhea, stomach ache, piles, skin diseases, and vitiligo has been mentioned in ancient ayurvedic literature such as Charaka Samhita and Shushruta Samhita (12). Cow urine is known to have diuretic and nephroprotective effect (13). However, scientific evidences are not available for anti-urolithiatic activity of cow urine. The present study was designed to evaluate the anti-urolithiatic activity of cow urine ark (medicinal distilled cow urine) in ethylene glycol (EG) induced renal calculi.

MATERIALS AND METHODS

Animals

All the experiments were performed after approval (IAEC no-21/2011; dated 13/09/2011) of Institutional Animal Ethics Committee of Government Medical College Bhavnagar; Gujarat, India and in accordance with the guidelines for the Committee for Purpose of Control and Supervision of Experiments on Animals (CPCSEA). Healthy male Wistar albino rats weighting 250-350 g were procured from the central animal house of the institute. They were housed in standard transparent polycarbonate cages and kept in a 12 hour light--dark cycle under controlled room temperature and humidity $(24 \pm 2 \circ C; 65 \pm 10\%)$. Animals were fed with standard laboratory diet and tap drinking water. The animals were allowed to acclimatize for at least three days before the starting experiments. The animal handling was performed according to the Good Laboratory Practice (GLP) guidelines.

Drugs and Chemicals

Cow urine ark was purchased from Go-Vigyan Anushandhan Kendra, Devalapar, Nagpur, Maharashtra, India (US Patent No 6410 059/2002). It is prepared by vaporization of cow urine and it has been used in human for many years in India. Ethylene glycol (Fisher Scientific Co., Mumbai, India), oxalate kit (Trinity Biotech, Ireland), sodium phosphate (Aldrich, India), sodium oxalate and calcium acetate (Alfa Aesar, Hyderabad, India) were used in the study.

The dose of cow urine ark was extrapolated from the human dose (10 mL/day) (14,15).

Study design and procedure

Thirty six male Wistar albino rats were assigned randomly into six equal groups.

Group I (Vehicle control): received distilled water for 28 days;

Group II (EG control): received 1% v/v ethylene glycol (EG) in distilled water for 28 days;

Group III (preventive group): received 1% v/v EG in distilled water for 28 days + cow urine ark 1 mL/kg orally for 28 days;

Group IV (preventive group): received 1% v/v EG in distilled water for 28 days + cow urine ark 2 mL/kg orally for 28 days;

Group V (treatment group): received 1% v/v EG in distilled water for 28 days + cow urine ark 1 mL/kg orally from 15 to 28 days;

Group VI (treatment group): received 1% v/v EG in distilled water for 28 days + cow urine ark 2 mL/kg orally from 15 to 28 days;

Outcome measures

Urinary parameters

24 hour urine specimens were collected by keeping each rat in separate metabolic cage (B.I.K Industries, Mumbai, India) on day 0 and 28. Urine volume was measured. Acidified urine samples were kept in refrigeration and analyzed for urinary oxalate level using oxalate kit and spectrophotometer within 7 days of collection of samples (16).

Biochemical parameters

At the end of study period, blood was collected from retro-orbital plexus under ketamine (50 mg/kg intra peritoneally) and xylazine (10 mg/ kg intra peritoneally) anaesthesia. Serum creatinine and blood urea levels were measured by modified Jaffe's method and urease respectively.

Histopathological parameters

All rats were sacrificed after blood collection and both kidneys were removed by midline incisions. Both kidneys were weighed and kept in formaldehyde (10% v/v) for at least 24 hours. 5 mm sections were taken and processed in a series of graded acetone and xylene, embedded in paraffin wax. 5 μ m thin sections were taken and stained with haematoxylin-eosin (H&E) and evaluated under optical light microscope. CaOx crystal depositions were calculated in 10 microscopic fields (159 x 10⁻⁹ m² each) and other changes like necrosis and tubular dilatations were also noted.

In-vitro method

Determination of mineralization

Inhibition of calcium oxalate and calcium phosphate mineralization by cow urine ark was measured by simultaneous flow static model (S.S.M.) described by Farook et al. (17). For inhibition of calcium oxalate and calcium phosphate mineralization, procedures were carried out in two sets; one served as blank set and other as experimental set. In blank set, 0.1 M sodium oxalate (25 mL), and 0.1 M calcium acetate (25 mL) were taken in two separate burettes whereas in experimental set cow urine ark (25 mL) was taken in a third burette. In both sets of experiments, chemicals were allowed to fall simultaneously, slowly and at steady pace into a 250 mL beaker. After 30 min., the mixture was kept in hot water bath for 10 min., cooled to room temperature and collected into a pre-weighed centrifuge tube. Centrifugation of mixture was done at 3000 rpm for 15 min. Supernatant fluid was discarded and precipitate (ppt) was obtained. All tubes with ppt were dried in a hot air oven at 120 °C, cooled to room temperature and weighed. Similar process was repeated using 0.1 M sodium phosphate (25 mL) and 0.1 M calcium acetate (25 mL) for inhibition of calcium phosphate mineralization. The percentage inhibition of mineralization was calculated by the following formula:

Statistical analysis

All parameters were expressed as mean \pm standard error of mean (S.E.M.) except inhibition of calcium oxalate and calcium phosphate mineralization described in percentage. Biochemical parameters between the groups were compared using Kruskal-Wallis test followed by Dunn's multiple comparison test. Urinary parameters, kidney weight and CaOx crystal depositions were compared using ANOVA followed by Tukey-Kramer multiple comparison test. The statistical calculations were done using GraphPad InStat, Demo version 3.06. P < 0.05 was considered as statistical significant.

RESULTS

Effect of cow urine ark on urinary oxalates and volume

All the groups were related at baseline. Urine volume and oxalate level among all the groups were not statistically significant on day 0. Hyperoxaluria was evident in the EG control group on 28th day as compared to the vehicle control group. Both prophylactic and treatment groups of cow urine ark had shown significant reduction in the urinary oxalate concentration on day 28 (p value < 0.05; Table-1). There was no significant difference in the urinary volume on day 28 between normal and experimental groups.

Effect of cow urine ark on renal function and kidney weight

Administration of EG resulted in significant abnormalities of serum creatinine and blood urea (Table-2). EG control group had shown 7 times higher value of blood urea and 4 times higher value of serum creatinine as compared to vehicle treated group. Weight of the kidney also almost doubled in the EG treated group. Serum creatinine and blood urea were significantly reduced in all the cow urine ark treated rats as compared to EG treated rats (p value < 0.05; Table-1). These observed values in cow

Inhibition (%) = (Weight of ppt in blank set - Weight of ppt in experimental set)

X 100

Wieght of ppt in blank set

Parameter	Day	Group I (Vehicle control)	Group II (EG control)	Group III (CUA 1 mL/kg 28 days)	Group IV (CUA 2 mL/kg 28 days)	Group V (CUA 1 mL/kg 15- 28 days)	Group VI (CUA 2 mL/kg 15 –28 days)
Urine oxalate (mmol/L)	Day 0	0.47 ± 0.17	0.36 ± 0.15	0.49 ± 0.18	0.78 ± 0.32	1.02 ± 0.10	0.76 ± 0.15
	Day 28	0.17 ± 0.05	1.84 ± 0.04*	0.48 ± 0.15**	0.37 ± 0.46**	0.51 ± 0.10**	0.64 ± 0.06**
Urine Volume (mL)	Day 0	16.83 ± 4.05	12.58 ± 1.38	9.67 ± 3.12	9.83 ± 0.17	8.17 ± 1.51	7.50 ± 0.89
	Day 28	33.00 ± 3.96	24.50 ± 5.16	25.83 ± 4.96	35.33 ± 3.57	23.50 ± 2.16	31.00 ± 2.78
Blood urea (mg/dL)	Day 28	34.83 ± 4.52	259.17 ± 85.80 [#]	43.00 ± 4.91##	36.17 ± 2.88##	34.83 ± 4.65##	31.83 ± 4.00##
Creatinine (mg/dL)	Day 28	0.65± 0.12	2.95 ± 0.63 [#]	0.63 ± 0.06##	0.75 ± 0.02##	0.72 ± 0.04##	0.87 ± 0.05##

Table 1 - Comparison of urinary and biochemical parameters between the groups at study end point.

(All values are expressed as mean \pm SEM. n = 6 for all groups.)

*P value < 0.001 as compared Group I and **P value < 0.001 as compared Group II by one way ANOVA followed by Tukey-Kramer multiple comparison tests.

#P value < 0.05 as compared Group I;

##P value < 0.05 as compared Group II by Kruskal-Wallis test followed by Dunn's multiple comparisons. EG- Ethylene glycol, CUA-Cow urine ark.

Groups	Baseline body weight (gm)	Mean Increment of body weight (gm)	Kidney weight (gm)	No. of CaOx crystals in 10 microscopic field (X 40)
Group I (Vehicle control)	276.67 ± 7.82	15.00 ± 1.29	1.18 ± 0.05	0.333 ± 0.211
Group II (EG control)	302.50 ± 5.74	9.17 ± 1.54	2.05 ± 0.10#	17.66 ± 1.96###
Group III (CUA 1 mL/kg 28 days)	266.67 ± 16.67	12.50 ± 3.10	1.33 ± 0.07##	1.67 ± 0.33##
Group IV (CUA 2 mL/kg 28 days)	296.67 ± 16.87	13.33 ± 2.47	1.27 ± 0.08##	1.50 ± 0.34##
Group V (CUA 1 mL/kg 15- 28 days)	291.67 ± 11.95	13.33 ± 1.67	1.35 ± 0.09##	2.50 ± 0.43##
Group VI (CUA 2 mL/kg 15 - 28 days)	328.33 ± 8.72	12.50 ± 2.81	1.60 ± 0.06##	2.33 ± 0.33 ^{##}

(All values are expressed as mean ± SEM. n = 6 for all groups.)

#P value < 0.05 as compared group I;

##P value < 0.05 as compared group II;

###P value < 0.001 as compared to group I by one - way ANOVA followed by Tukey- Kramer multiple comparison tests. EG-Ethylene glycol, CUA- Cow urine ark.

urine ark treated animals were comparable to vehicle treated group. Administration of cow urine also significantly reduced the kidney weight (Table-2).

Effect of cow urine ark on body weight and mean increment of body weight

There was no significant difference in body weight in EG and cow urine ark treated animals on baseline. Mean increment of body weight during 28 days was not significantly affected in EG control group as well in all the cow urine ark treated groups at the completion of experiment (Table-2).

Effect of cow urine ark on renal oxalate crystals at histopathological evaluation

EG treated rats had significant CaOx crystal deposition in the all major three parts of kidney. These intratubular, interstitial crystals were found mostly in cortex and medulla associated with significant leukocyte infiltration, necrosis, hemorrhage and tubular dilatation. (Figure-1) EG control group showed the maximum CaOx crystals in renal parenchyma and on papillary tips as compared to vehicle control group. These crystals were large polygonal in shape, heterogeneous in distribution and pattern. There was marked reduction in number of crystal deposition in all the cow urine ark treated rats (p value < 0.05; Table-2). In these groups, tubular dilatation, leukocyte infiltrations were found less than in EG treated group and necrosis was not detected.

Effect of cow urine ark on In vitro mineralization

Cow urine ark showed 40% and 35% inhibition of CaOx and calcium phosphate crystallization, respectively.

DISCUSSION

Among many in vivo models developed to evaluate anti-urolithiatic effect, EG induced calculi are widely used (18,19). Rat has been found a suitable and frequently used animal to induce CaOx deposition in kidney because of its close resemblance of urinary system to human. Selection of male rats was based on previous studies showing higher rate of crystal depositions in male as compared to female rats (20,21).

Figure 1 - Histopathological images of kidney sections after H&E staining under light microscope (X 40) (A) Vehicle control group, (B) EG control group showing calcium oxalate crystals (arrows in figure), (C to F) Cow urine ark treated groups.



The basic mechanism behind EG induced calculi is hypercalciuria and hyperoxaluria leading to CaOx crystal formation (22). In addition to development of oxalate crystal, it is also associated with severe oxidative stress to renal tissue (23). Oxalate has been reported to induce lipid peroxidation and causes renal tissue damage by reacting with polyunsaturated fatty acids in cell membranes and by generation of reactive oxygen species like hydroxyl and superoxide ions (24). Due to renal papillary hypertrophy and crystal depositions, kidney weight is increased in EG treated rats (25). It increases blood urea and creatinine levels significantly due to impairment in renal function.

Up to the best of our knowledge, the present study is the first study that evaluate cow urine ark as an antiurolithiatic agent. In the present study, cow urine ark had significantly reduced the excretion of oxalate and CaOx crystal depositions in kidney in EG treated rats. EG is metabolized into glycolaldehyde acid, glycolic acid, glyoxylic acid, and oxalic acid. The formed oxalic acid is largely excreted in urine as oxalate. It is precipitated by calcium ions to form CaOx crystals (26). Reduction in urinary oxalate and CaOx crystal deposition shows the efficiency of cow urine ark in prevention of stone formation. Inhibition of mineralization of calcium oxalate and calcium phosphate also support the efficacy of cow urine ark in prevention of crystal formation and hence in prevention of stone formation (17). Cow urine ark reduces the oxalate formation from EG and also prevents its precipitation with calcium to form CaOx crystals. It may be useful to prevent the recurrence as it prevents crystallization in urine. We have designed treatment groups as 0.75 % v/vEG administration leads to persistent crystalluria by day 12 and crystal formation from 50-75% in 15 days (27,28). We want to simulate the clinical scenario of exposure and treatment concurrently. In these groups cow urine ark also showed significant improvement.

In the present study, cow urine ark significantly restored the kidney weight and impaired renal function (Table-2). Cow urine ark has significant antioxidant and superoxide scavenging properties (29). Antioxidant property of cow urine ark may have contributed in restoration of EG induced renal dysfunction. Positive effect on kidney weight and renal function suggests its nephroprotective effect in renal calculi. Cow urine ark is known to have diuretic effect (13). In our study, we did not find its diuretic effect in EG treated rats as the urine volume was not affected. It is known that due to compromised renal function caused by EG, the mean increment of body weight reduces (30). Though we have found reduction in mean increment of body weight in EG control but it could not reach statistical significant difference probably due to small sample size. Some oxalate stones may have an origin after bacterial infection. Cow urine is known to have anti-microbial effect which can also contribute to its antiurolithiatic effect (29). However, we did not evaluate this possible mechanism in our study.

The present study has given first insight to the effect of Cow urine ark in renal calculi, however it has several limitations: smaller sample size; inability to evaluate molecular mechanisms; urine substrates for composition of stone. Further studies can be planned with active ingredients of Cow urine ark in different models of renal calculi. Clinical studies are required to determine the same effects in renal calculi in human beings.

CONCLUSIONS

Cow urine ark showed significant antiurolithiatic effect and restoration of compromised renal function in preventive as well as treatment groups. It probably exerts its action by reducing oxalate excretion and crystallization inhibition. Further studies are recommended to know its mechanism of action in different preclinical and clinical settings.

ACKNOWLEDGMENTS

We are sincerely thankful to Dr. Tejas K. Patel, Assistant professor, Department of Pharmacology, GMERS Medical College, Gotri, Vadodara, Gujarat (India) for critical review of this manuscript.

CONFLICT OF INTEREST

None declared.

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