

# Tactile perception of roughness to assess activity in artificial initial caries lesions with a novel force-controlled probe

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**Abstract:** Roughness-tactile perception is part of activity assessment in initial-caries-lesions. Hypothesizing that a probe's design influences this examiner's assessment, four probes were designed. The aims of this study were to select the probe with highest inter-/intra-examiners' roughness-assessment agreement and to determine its diagnostic accuracy on artificial initial-caries lesions. A pilot study was conducted with trained dentists to select one controlled-pressure probe design (n = 4) by assessing roughness on known-roughness metal plaques with 5-point Likert scale. Diagnostic accuracy of roughness assessment was conducted with the selected controlled-pressure probe and the WHO-probe on sound and artificial initial-caries-lesion (n = 20) human enamel blocks. Intra-class correlation coefficients (ICCs) and quadratic weighted-Kappa scores were used to assess examiners' reproducibility and Multilevel Poisson models to determine diagnostic accuracy between both probes controlling for confounding variables. The probe design with the highest inter/intra-examiner's agreement (ICC = 0.96) was selected for subsequent analyses. Unadjusted sensitivity, specificity and accuracy values were for the controlled-pressure and the WHO probes: 71.1%,90.6%,81.2%, and 67.4%,84.6%,75.8%, respectively (p > 0.05). Examiner remained the most important factor influencing diagnostic accuracy. While this study did not show significantly higher diagnostic accuracy of the designed controlled-pressure vs. the WHO-probe when used by trained dentists, all over roughness-assessment accuracy and reproducibility were high.

**Declaration of Interests:** The authors certify that they have no commercial or associative interest that represents a conflict of interest in connection with the manuscript.

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## Introduction

Accurately assessing initial-caries-lesion activity leads to more appropriate caries-care planning/ control,<sup>1-9</sup> but it implies difficult clinical-parameter integration.<sup>7-13</sup> Active initial-caries-lesion ongoing mineral loss results in a rough-surface texture, which may result in tooth-structure loss/cavities.<sup>2,11,14,15</sup> Conversely, a smooth texture relates to arrested lesions/sound surfaces.<sup>2,11,14</sup>

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Initial-caries-lesion roughness-tactile perception has *in-vivo* indicated activity<sup>16</sup> -more reliably than colour<sup>17</sup> -assessed with a ball-ended/WHO probe recommended by ICDAS (International Caries Detection and Assessment System) ICCSM™ (International Caries Classification and Management System) and CCI (CariesCare International).<sup>7,8,18</sup> Roughness-tactile perception assessment during the clinical examination of initial caries lesions (ICDAS 1 and 2, histologically located in enamel up to the outer-dentine third) is useful to determine whether the lesions are active (likely going through mineral loss) or conversely inactive.<sup>10-13</sup> The combination of visual and tactile parameters are the most frequently studied parameters as is stated by Nyvad and ICDAS/ICCMS criteria<sup>15</sup>. Moreover, a recent study has demonstrated the enamel texture (roughness) is the lesion feature that may better predict the caries lesions' progression.<sup>19</sup> Although it is a useful criterion for caries activity lesions status definition, it is a strongly subjective parameter.<sup>20</sup> One reason for such subjectivity is the pressure the examiner may exert when probing the surface. A manner to control the probe-exerted force used has been to include a pressure-stopper on probes in Periodontology.<sup>21-22</sup> In this sense, we designed four ball-ended probes (Marthe®, Bucaramanga Colombia), under the rationale that the examiner's exerted pressure, the handle's diameter/weight, the tip-arm length, and the rough/smooth tip, influence an examiner's roughness-tactile perception. These four caries-activity roughness-tactile perception probes were tested in this study, aiming at: 1-Selecting the probe with highest inter-/intra-examiners' roughness-assessment agreement; 2-Determining its diagnostic accuracy on artificial initial-caries lesions.

## Methodology

Four ball-ended probes (Marthe®, Bucaramanga-Colombia), were designed taking into account different characteristics regarding the the handle's diameter (thick/thin) and weight (heavy/light), the tip-arm length and angle(long/short; 90°/120°), and the tip's roughness (rough/smooth). Probes' characteristics can be seen in table 1A. Additionally, probes had a stopper to control the examiner's applied pressure.

## Ethics

This study is covered by the Ethics' Committee Approval at Universidad El Bosque (PCI 2013-421).

## Study design

### Pilot for the selection of the probe's design

A pilot study to select the controlled-pressure probe with the highest inter-/intra-examiners' agreement was conducted on standardized known-roughness metal plaques (Master-Visual-Tactual Set-GAR Electroforming, Danbury, USA). Plaques' roughness was: 0.10 µm (minimum-roughness control), 0.40 and 0.80 µm (sound-enamel roughness range), and 1.60 µm (initial-enamel caries-lesion roughness).<sup>23</sup>

For examiners' metal plaque's roughness blinding, these were covered with tape and only a 10 x 2 mm window was exposed for examination. Participated five experienced dentists and researchers working in the caries research unit (three with a MSc degree, one with a PhD degree and one conducting a PhD), all calibrated in the visual caries ICDAS criteria to perform caries assessments, and with experience of participating in training other dentist/researchers in the same diagnosis criteria.<sup>24,25</sup> Additionally, these examiners were standardized in the use of the WHO probe because the ICDAS assessment system includes the use of the WHO probe in order to evaluate the dental surfaces during the diagnosis. In that order of ideas, as the five examiners were calibrated in those criteria, all of them were standardized in the use of this probe as well. For this study, examiners needed to use the WHO probe for caries lesion and for activity assessment; therefore all of them attended a one hour training session to standardize the roughness-tactile assessment method. The roughness-tactile sensation was scored using a 4-point-modified Likert scale (1-Definitely smooth; 2-Smooth; 3-Rough; 4-Definitely rough). An external research assistant randomly assigned the instruments' (n = 5: 4 controlled-pressure probes; 1 WHO probe) and plaques' order (n = 4) before each exam. Examiners were instructed to perpendicularly-to-the-surface move the probe's tip left-to-right three times on the plaque's examination window and provide a roughness score.

### Study on enamel surfaces

Two weeks later the diagnostic accuracy of the roughness perception using the pilot-study selected probe vs. the WHO control was carried out on human-enamel blocks obtained from sound-enamel permanent teeth ( $n = 20$ ) from the teeth biobank in our institution. Twenty blocks of  $4 \times 2 \times 4$  mm (length  $\times$  width  $\times$  height) were obtained and randomly assigned to two groups of ten blocks each: sound (*S*) and demineralized (*D*). All surfaces -except for the enamel- were isolated with nail polish. The *D*-group blocks were subjected to 48-hour pH-cycling to produce artificial-carries lesions. Briefly, blocks were immersed in a demineralizing solution (15 h/37°C), washed (deionized water), dried (paper tissue) and immediately immersed in demineralizing solution (15 h/37°C) following Queiroz et al. protocol.<sup>26</sup> The demineralization reaction was interrupted with deionized water and the blocks immediately preserved in thymol (4°C). Blocks were then imbibed in acrylic translucent resin, exposing only the enamel surface. Surface roughness (Ra) was measured in triplicate in all enamel specimens using a contact roughness meter (SJ-401, Mitutoyo, Kanagawa, Japan). The order of both the instruments ( $n = 2$ : controlled-force probe; WHO probe). and the blocks ( $n = 20$ ) were randomized. For the examination, examiners were instructed to perpendicularly-to-the-surface move the probe's tip left-to-right three times on the enamel surface and to provide a roughness score. The roughness-tactile sensation was scored using the same 4-point-modified Likert scale (1-Definitely smooth; 2-Smooth; 3-Rough; 4-Definitely rough). Two sessions were conducted with the interval of one day between them and for the second one, the specimens were reordered. The intra-examiner reliability was checked by comparing both evaluations.

The enamel-block examination followed the pilot-study methodology, randomly assigning the order of enamel blocks ( $n = 20$ ) and instruments ( $n = 2$ : controlled-force probe; WHO probe).

### Statistical analyses

Normality of the data was tested with the Kolmogorov-Smirnov and Levene tests. Surface

roughness data from human-enamel blocks were log-transformed. The pilot-study standardized plaques were assigned a score on their ascending level of roughness.<sup>1-4</sup> The correlation among the examiner-roughness given Likert score and the plaque-roughness level was calculated with Spearman correlation coefficients. The pilot-study inter- and intra-examiners reproducibility were estimated with intra-class correlation coefficients (ICCs).

Inter- and intra-examiner reproducibility of the roughness evaluations performed on enamel blocks (controlled-pressure probe vs. WHO probe) were assessed using quadratic weighted-Kappa scores. Surface roughness (Ra), intra- and inter-examiner agreement weighted-Kappa scores were summarized with means and their 95% confidence intervals and comparisons were made using Student's t-tests.

Using the enamel blocks' group (*S* or *D*) as reference categories, overall specificity, sensitivity and accuracy were calculated for each instrument, and then separately for each instrument, examiner and assessment (1st or 2nd assessment). Multilevel Poisson models were generated to evaluate the influence on specificity, sensitivity and accuracy of the instrument, the examiner, assessment's order, the exam's sequence, and the enamel's roughness. For that, according to the reference, assessments were classified in true or false regarding the surface roughness. For sensitivity, we considered the percentage of truly rough surfaces detected (demineralized enamel blocks) while for specificity, the percentage of truly smooth surface detected (sound enamel blocks) were computed. Finally, the percentage of the correct roughness pattern (smooth or rough indiscriminately - sound + demineralized blocks) were considering when performance the overall accuracy analyses. Results for the association between each performance outcome and the independent variables are reported as Prevalence Ratios (PR) with 95% confidence intervals. Reproducibility, validity and comparison of means were performed with the software MedCalc 13.3.3.0 (Medcalc bvba, Mariarke, Belgium) and multilevel analyses were performed with Stata SE 13.0 (StataCorp LP, College Station, USA). Test statistics with a  $p$ -value  $< 0.05$  were considered statistically significant.

## Results

### Pilot for the selection of the probe's design

The pilot study disclosed a strong correlation between the plaque-roughness levels and the examiner-roughness-assessment scores using each instrument (range of Spearman correlation coefficients (minimum – maximum) for novel designs: 0.70–1.0 and for WHO probe: 0.78–0.78). Regardless of the probe, the examiners were highly consistent between them, with inter-examiners' ICCs > 0.80 (Table 1). However, lower consistency was shown within their own examinations using each probe. The highest inter-examiner ICC was reached using the probes "B" and "D", whereas the highest intra-examiner ICC was reached with the WHO probe, followed by the probe "D". Thus, instrument "D" was selected for subsequent analyses (Figure), corresponding to the

smallest handle's diameter, shortest tip-arm length, lowest handle's weight, and a rough and angled ball-ended tip in comparison to probes A-C (Table 2).

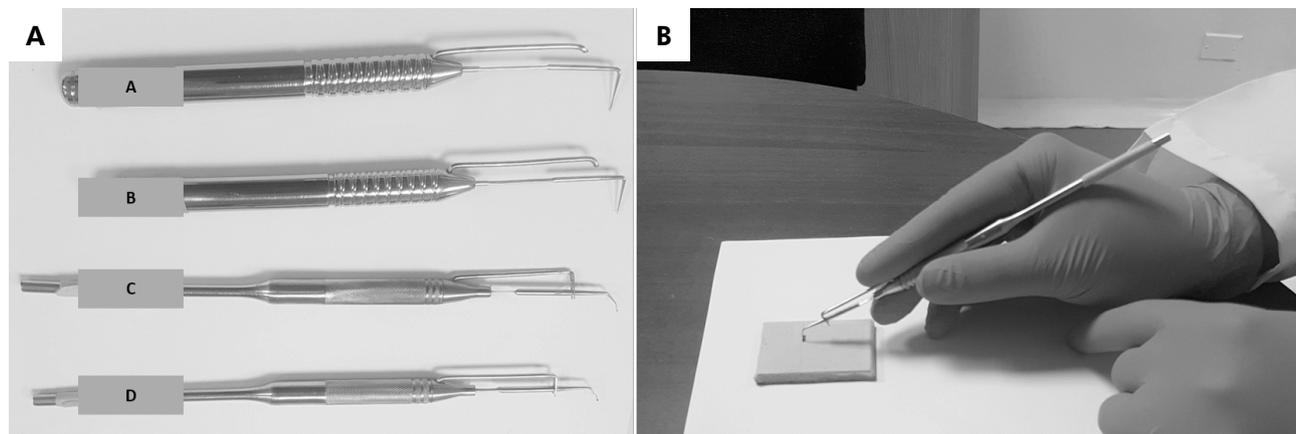
### Study on enamel surfaces

The mean (SD) roughness (Ra) of sound-enamel (0.73; 95%CI: 0.58–0.88) and demineralized-enamel surfaces (1.34; 95%CI: 0.85–1.83) used was significantly different ( $p = 0.011$ ). The examiners' agreement using the WHO in comparison to the controlled-pressure probe on the sound and carious enamel blocks was acceptable to good, showing respective mean of weighted-kappa scores: Inter-examiner first evaluation ( $0.44 \pm 0.16$  vs.  $0.56 \pm 0.10$ ;  $p = 0.078$ ) and second evaluation ( $0.51 \pm 0.13$  vs.  $0.56 \pm 0.10$ ;  $p = 0.301$ ); Intra-examiner ( $0.52 \pm 0.17$  vs.  $0.67 \pm 0.14$ ;  $p = 0.304$ ). Crude (unadjusted) sensitivity, specificity and accuracy values were higher for the controlled-

**Table 1.** Examiners' reproducibility using the different probes on standard roughness plaques.

Probe	Intra-examiner reproducibility		Inter-examiner reproducibility	
	ICC	95%CI	ICC	95%CI
A	0.45	0.28-0.93	0.87	0.50-0.99
B	0.25	-0.72-0.88	0.96	0.84-0.99
C	0.56	0.13-0.95	0.95	0.80-0.99
D	0.69	0.28-0.97	0.96	0.83-0.99
WHO	0.74	0.35-0.97	0.89	0.56-0.99

ICC: intra-class correlation coefficient; CI: 95% confidence interval.



**Figure.** A – Controlled-pressure novel probes designs tested during the pilot. "D" probe was the one selected for the study on enamel surfaces. B – Examiner's position for the assessment of tactile perception of roughness on the standard roughness plaques. Source: Original

**Table 2.** Characteristics of the novel instruments designed for the study.

Probe	Probe weight	Handle diameter	Tip's arm length (mm)	Tip's roughness (μm)	Tip's arm angle
A	27	30	10	0	90°
B	55	30	10	0	90°
C	20	24	7	0	120°
D	18	24	7	12.5	120°

ICC: intra-class correlation coefficient; CI: 95% confidence interval.

**Table 3.** Influence of different variables on the specificity, sensitivity and accuracy during the assessment of the tactile perception of roughness.

Variable	Specificity	Sensitivity	Accuracy
	Unadjusted PR	Unadjusted PR	Unadjusted PR
	(95%CI)	(95%CI)	(95%CI)
<b>Probe</b>			
WHO	Reference	Reference	Reference
Controlled-pressure	1.07 (0.79-1.46)	1.05 (0.74-1.49)	1.07 (0.85-1.35)
<b>Examiner</b>			
1	Reference	Reference	Reference
2	0.84 (0.51 - 1.37)	2.13* (1.11 - 4.06)	1.19 (0.81 - 1.75)
3	0.82 (0.52 - 1.31)	2.00* (1.07 - 3.76)	1.15 (0.80 - 1.66)
4	0.78 (0.48 - 1.26)	2.05* (1.10 - 3.81)	1.13 (0.80 - 1.66)
5	0.92 (0.59 - 1.45)	2.12* (1.14 - 3.92)	1.25 (0.88 - 1.79)
<b>Assessment</b>			
First	Reference	Reference	Reference
Second	0.97 (0.71 - 1.31)	1.23 (0.87 - 1.74)	1.08 (0.85 - 1.35)
Exam's sequence	1.00 (0.99 - 1.01)	1.00 (0.99 - 1.01)	1.00 (0.99 - 1.01)
Enamel roughness	0.95 (0.44 - 2.07)	0.95 (0.62 - 1.44)	0.87 (0.70 - 1.08)

PR: prevalence ratios; \*p < 0.05.

pressure probe (71.1%, 90.6%, 81.2%, respectively) compared to that of the WHO (67.4%, 84.6%, 75.8%, respectively). When the effect of: variables, examiner, assessment order, and roughness values were controlled for in multilevel Poisson models, sensitivity, specificity and accuracy prevalence

ratios of the controlled-pressure probe remained higher (p > 0.05) (Table 3). There was a statistically significant association (PR: p < 0.05) between the examiner's roughness assessment and roughness sensitivity (percentage of rough enamel samples correctly identified as rough).

## Discussion

Consistent with a previous report,<sup>20</sup> the results of this study confirm a strong correlation between roughness and the roughness-tactile perception. As with the WHO probe, examiners using the novel controlled-pressure probes had the ability to distinguish different roughness' levels in known-roughness values metal plaques. In contrast to a study that found a very low inter-examiner ICC value using the WHO probe (0.03)<sup>20</sup> our was high for both probes (WHO: 0.89; controlled-pressure probe: 0.96) in pilot study, when using the metal standards. This discrepancy might be explained by the high acquaintance of the examiners in the current study to probing for the roughness-tactile perception within the caries activity-status assessment.<sup>4,10,2</sup> Ekstrand et al.<sup>10</sup> reinforce the relevance of training dentists in order to identify differences between active and inactive caries lesions through visual/tactile examinations.

In the pilot study, the novel probe "D", depicted the highest intra-/inter-examiner ICC and was selected for subsequent comparisons with the WHO probe (Table 2/Figure 1).<sup>11-13</sup> This had a smaller handle's diameter, a shorter tip's length, a lower handle's weight, and a rough ball-ended tip in comparison to probes A-C, characteristics described by examiners as assessment facilitators.<sup>21,22</sup> When comparing roughness-tactile perception reliability and diagnostic accuracy measures between probes in sound surfaces and artificial-initial enamel-caries lesions, the novel probe displayed better sensitivity, specificity and accuracy. However, in crude comparisons it is difficult to separate the probe's effects from those of other variables that highly influence a tactile perception assessment of this nature. Further analyses conducted to control for the influence of such variables on the crude sensitivity, specificity and accuracy values (multilevel Poisson models) revealed that the examiner remains the most important influencing factor ( $p < 0.05$ ), with the novel controlled-force probe potentially aiding an examiner reaching higher diagnostic accuracy values.

The examiners who participated in this research manifested verbally smooth surfaces were easier to perceive using the novel probe. Material science

research has concluded that during the roughness-tactile perception assessment of fairly smooth surfaces (e.g. enamel), the use of rigid probes relies on the vibrations perceived by the examiner, whereas for increasing roughness, the perception relies on the information on the spatial pressure distribution.<sup>21</sup> The low number of samples used ( $n=20$ ) and using artificial instead of natural initial caries lesions are study limitations. However, observed trends in this preliminary study on initial-enamel caries lesions demonstrate that the roughness assessment resulted in high reliability and accuracy with both instruments<sup>20</sup>.

The fact that the roughness-tactile perception has been associated with an active status in initial caries lesions<sup>10,11,17</sup> was what led us to design this study. While we were not able to demonstrate a significant higher accuracy and reproducibility of the novel probe, high related values were achieved with both instruments. These differ from the more traditional sharp probe in its tip shape (round vs. sharp), but also in the way the assessment is conducted. Previous studies have demonstrated that using a sharp probe to detect occlusal-surface caries lesions, considering the so-called "stickiness" characteristic as a caries lesion, produced an irreversible damage in the demineralized enamel,<sup>27</sup> with the ball-ended probes being less harmful for the examination of dental surfaces.<sup>27,28</sup> Besides the tip end (ball-ended vs. sharp) another relevant aspect during the roughness assessment would be the pressure exerted, aspects that have changed with the caries paradigm shift, leading towards the detection and assessment of caries based on visual characteristics, with the aid of a ball-ended probe with a gentle probing.<sup>6-8,18</sup> The results of this study suggest that it is possible to accurately and consistently conduct this type of examination in the practice -assess roughness in initial caries lesions to help inform the activity status of the lesion, subject to properly training of examiners.

Authors hypothesize increasing training of examiners in the assessment of initial caries lesion's activity status in smooth surfaces by means of assessing roughness -with the WHO probe- may be an interesting alternative given the observed findings with trained examiners. Although enamel roughness is in fact a subjective parameter to be evaluated (moderate

values of reproducibility values observed), trained examiners involved in this study, when probing artificial caries presented high values of sensitivity. Besides, high values for specificity also proved they were able to correctly detect sound surfaces. Finally, we also have to consider the assessment of artificial lesions as a limitation. Since the lesion is quickly formed, their different patterns may be also interfered on repeatability of examinations by reasons already pointed out. Therefore, evaluating their reliability in clinical studies with natural initial caries lesions as well as translating this exam into the clinical practice are further important research steps.

## Conclusion

Compared to the WHO probe, the inclusion of a pressure-control stopper into the design of a ball-ended probe did not significantly increase the

intra-/inter-examiner agreement or the diagnostic accuracy among trained examiners. Instead, the pressure-controlled probe was comparable, with the examiner remaining the most important factor influencing diagnostic accuracy.

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