

# Agreement Between Clinical-Radiographic and Histopathological Diagnoses in Maxillofacial Fibro-Osseous Lesions

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## ABSTRACT

**Objective:** To compare the agreement of clinical and radiographic diagnosis with the histopathological diagnosis in fibro-osseous lesions of the jaws. **Material and Methods:** An analytical and exploratory study was made based on systematic collected data, carried out in the laboratory of surgical pathology of a public Dental School. There were evaluated cases of fibrous dysplasia (FD), cemento-osseous dysplasia (COD) and ossifying fibroma (OF), diagnosed by clinical, radiographic (panoramic and periapical radiography), and histopathological analysis, in a period of 12 years (from March 2001 to June 2013). Descriptive and inferential statistics (Fisher's exact test) were obtained. **Results:** Ninety-six cases of FOLs were evaluated. The radiographic aspects of the FOLs studied did not differ significantly ( $p=0.09$ ). Radiolucent lesions were the least frequent, corresponding to approximately 13.5% of radiographic findings. Mixed lesions and radiopaques were more present, how they were COD and FD, respectively. The more aggressive variation of OF (Juvenile Ossifying Fibroma - JOF) was less frequent among the pathologies evaluated. In approximately 61.46% of the cases clinical and radiographic diagnosis were confirmed by histopathological diagnosis of FOLs. The highest agreement and the highest disagreement were observed in COD cases (40.7% and 62.2%, respectively). **Conclusion:** FOLs of the maxillaries represent a group of lesions in which the establishment of the clinical and radiographic diagnosis supported by the histopathological confirmation is critical and challenging.

**Keywords:** Pathology, Oral; Surgery, Oral; Neoplasms, Fibrous Tissue.

## Introduction

Fibro-osseous lesions (FOLs) are a group of pathologies represented by hamartomas, dysplastic and reactive processes and neoplasias [1]. The main histopathological finding is the reinstatement of the bone tissue by collagen, with the presence of fibroblasts and mineralizations [2,3]. Osteoblast rimming and osteoclast-like giant cells may be present [4]. However, clinical, and radiological evaluations are fundamental for the definitive diagnosis since they differ due to etiology and clinical behavior and some FOLs are histologically diagnosable [5]. Some of those pathologies are exclusive of the jaws and others may develop in bones of other regions [6]. Certain conditions are quite ordinary, while others are scarce [7].

Radiographically, FOLs can present as radiolucent, mixed (radiolucent and radiopaque) or radiopaque. The lesions may be well outlined or not, interacting with the surrounding bone. Bone expansion may or may not arise, such as tooth dislocation and root resorption [2,8,9]. Histologically, FOLs are made of mineralized tissue (bone, lamellar tissue, or cement) and fibrous connective tissue with foci of mineralization [9,10]. Classification of FOLs remained a challenging and controversial theme over the years, giving rise to many classifications [1,6,11-21]. Among them, Waldron's classification [22], slightly modified by Brannon and Fowler [12], it became the most recognized and applied in practice [5].

The World Health Organization (WHO) regards the designation "fibro-osseous" in the current classification of head and neck tumors, including ossifying fibroma (OF), fibrous dysplasia (FD), familial gigantiform cementum (FGC) and cemento-osseous dysplasia (COD) [14]. Diagnosis and treatment of FOLs are controversial in view of the histological similarities between them. Grouping those pathologies is not appropriate because of the different pathophysiologies [5,23]. Hence, this study aimed to compare the agreement of clinical and radiographic diagnosis with the histopathological diagnosis in FOLs of the jaws, an approach that even today is still little discussed and of relevant importance in the study of diseases affecting the maxillofacial region.

## Material and Methods

### Study Design and Data Collection

An analytical and exploratory study was made based on systematic collected data descriptive and quantitative, carried out in the laboratory of surgical pathology of a public Dental School in Brazil. There were evaluated cases of FD, COD and OF, diagnosed by clinical, radiographic (panoramic and periapical radiography), and histopathological analysis, in a period of 12 years (from March 2001 to June 2013).

Cases with limited description, with histopathological diagnosis of benign FOLs were not included in the comparative analysis with clinical diagnosis. Histopathological diagnoses did not belong to the FOL group they were categorized as "Others". Focal, periapical, and florid variants were grouped into the COD category. For these cases, two nominal variables titled clinical-radiographic diagnosis and histopathological diagnosis were categorized. The level of agreement between the two was calculated by simple Kappa's test. The interpretation of the Kappa coefficient was based on the following criterion: < 0, no agreement; 0 to 0.19, weak agreement; 0.20 to 0.39, reasonable agreement; 0.40 to 0.59, moderate agreement; 0.60 to 0.79, substantial agreement, and 0.80 to 1, excellent agreement [24]. Clinical-radiographic diagnosis and histopathological diagnosis were classified according to the current classification of WHO [14].

### Data Analysis

The databases were generated and analyzed in Microsoft Excell 2018 software (Office 365, Microsoft, Redmond, WA, USA) and IBM SPSS, version 21.0 (IBM Corp., Armonk, NY, USA). Descriptive and inferential statistics (Fisher's exact test) were obtained. Statistical significance level of  $p \leq 0.05$  was considered statistically significant for all parameters. After the descriptive analysis, the concordance between the clinical and histopathological diagnoses were verified by the statistical Kappa test.

#### Ethical Clearance

This study was approved by the Human Research Ethics Committee of University of Pernambuco with the number 21150314.4.0000.5207 and was conducted in accordance with the principles of the Declaration of Helsinki.

### Results

Ninety-six cases of FOLs documented between March 2001 and June 2013 were evaluated. The radiographic aspects of the FOLs studied did not differ significantly ( $p = 0.09$ ). Radiolucent lesions were the least frequent, corresponding to approximately 13.5% of radiographic findings. Mixed lesions and radiopaques were more present, how they were COD and FD, respectively. The more aggressive variation of OF (JOF) was less frequent among the pathologies evaluated (Table 1).

**Table 1. Radiographic aspects of FOLs in relation to clinical diagnosis.**

Radiographic Aspects	Clinical Diagnosis								p-value	Total N (%)
	FD		COD		OF		JOF			
	N	%	N	%	N	%	N	%		
Radiolucent	4	25.0	3	16.7	3	16.7	3	25.0		13 (100.0)
Radiopaque	11	19.2	23	42.3	5	7.7	0	0.0	0.09	39 (100.0)
Mist	14	19.7	21	30.3	6	7.6	3	4.5		44 (100.0)
Total	29	30.3	47	48.9	14	14.6	6	6.2		96 (100.0)

FD = Fibrous Dysplasia; COD = Cemento-Osseous Dysplasia; OF = Ossifying Fibroma; JOF = Juvenile Ossifying Fibroma.

The occurrence of different FOLs diagnosed by histopathological examination differed significantly between the mandible and the maxilla ( $p < 0.05$ ). On the mandible, 17.7% of the FOLs were diagnosed as COD. On the maxilla, FD was more frequent among the pathologies investigated, however COD, OF and JOF were also quite evident in this region (Table 2).

**Table 2. Histopathological diagnosis of FOLs in the jaws.**

Location	Histopathological Diagnosis										p-value	Total
	FD		COD		OF		JOF		Other			
	N	%	N	%	N	%	N	%	N	%		
Mandible	6	6.3	17	17.7	8	8.3	1	1.1	17	17.7	0.00	49 (100.0)
Maxilla	10	10.4	7	7.3	5	5.2	5	5.2	20	20.8		47 (100.0)
Total	16	16.7	24	25	13	13.5	6	6.3	37	38.5		96 (100.0)

FD = Fibrous Dysplasia; COD = Cemento-Osseous Dysplasia; OF = Ossifying Fibroma; JOF = Juvenile Ossifying Fibroma.

In approximately 61.46% of the cases (59:96) clinical and radiographic diagnosis were confirmed by histopathological diagnosis of FOLs. The highest agreement and the highest disagreement were observed in COD cases (40.7% and 62.2%, respectively) (Table 3). The agreement observed between clinical-radiographic and histopathological diagnosis were classified as moderate (Kappa = 0.5).

**Table 3. Agreement between clinical-radiographic and histopathological diagnosis of FOLs.**

Fibro-Osseous Lesions	Concordant		Discordant		p-value
	N	%	N	%	
Fibrous Dysplasia	16	27.1	13	35.1	0.04
Cemento-Osseous Dysplasia	24	40.7	23	62.2	
Ossifying Fibroma	13	22.0	1	2.7	
Juvenile Ossifying Fibroma	6	10.2	0	0.0	
Total	59	100.0	37	100.0	

## Discussion

FOLs of the jaws are pathologies hard to diagnose, regarding their radiographic and microscopic similarities, and different etiologies and clinical behavior [5,9]. Final diagnosis of FOLs of the jaws depends on the correlation among the history of the current disease, clinical and radiographic characteristics of the lesion, intraoperative observations, and histopathological findings [8]. The most frequent FOL in this research was COD. This result resembles those of Kato et al. [2] and agrees with the findings in the literature that consider OF or FD as the main FOLs [4,25,26]. Studies based only on histopathological results may underestimate the occurrence of COD, whereas its diagnosis also includes clinical data and radiographic findings.

Radiopaque and mixed lesions were predominant in the clinical and radiographic diagnosis of FOLs, as well as in the study by Kato et al. [2] Radiographic features of OF and JOF cases are, in general, radiolucent with radiopaque sites, also described as mixed [5,8,12,27]. This finding was confirmed in OF cases, however, JOF also presented as radiolucent lesions. Radiographic aspect common to FD is radiopacity, similar to "ground-glass" appearance [28] that was observed in present study. Although studies show that COD predominantly presents mixed radiographic features [3,6,9], in the present study we identified a higher frequency of radiopaque cases, similar to the findings of Phattarataratip et al. [26].

Mandibular region seems to be indeed the site most affected by FOLs [7,8,27]. FD and JOF were more prevalent in the maxilla, as they were the results of Phattarataratip et al. [26], moreover discordant to those of Muwazi and Kamulegeya [4] and Akashi et al. [28] The highest prevalence of COD was observed in the mandible, as well as in the study published by Kato et al. [2], but the same was not observed by Lasisi et al. [25] and Muwazi and Kamulegeya [4] who did not find a statistically significant difference in the prevalence of this lesion between the jaws. As well as the results of Lasisi et al. [25] and Muwazi and Kamulegeya [4], OF mainly affected the mandible.

When comparing the assertiveness indexes of clinical and histopathological diagnosis, in most studies FOLs are not mentioned [23,29]. The agreement between clinical and histopathological diagnoses of bone lesions observed by Mendez et al. [23] were 75%. Souza et al. [20] suggest FOLs are the pathologies of lesser coincidence of comparative results between clinical and histopathological diagnosis. Kato et al. [2] points out the greater occurrence of FOLs diagnostic error because of the difficulty of excluding differential diagnoses by identifying unique characteristics of the lesion, which guarantees the final diagnosis.

In this study was observed that the FOLs group are quite confused with other lesions, however, due to the lack of studies that approached the agreement between clinical and histopathological diagnosis in FOLs directly, we had few parameters to compare directly with other authors that is characterized as a limitation of research. Akashi et al. [28] reported a concordance of approximately 72.73% (8:11) of clinical diagnosis of FOLs. In the present study, 61.46% of cases (59:96) diagnosed clinically and radiographically were confirmed by histopathological analysis. Another weakness of this study was the filling the specimen referral form, in which there was often a lack of details that allowed the pathologist to associate the clinical and microscopic

characteristics to arrive at a more effective diagnosis, classifying FOL in a generic way as BFOL, same weakness pointed out by Chen et al. [29].

Regarding the confirmation of the histopathological diagnosis by clinical and radiographic examination and biopsy quality, the findings of this study corroborate Abramovitch and Rice [27] and Ahmad and Gaalaas [7] when they reiterate the need for more detailed imaging and clinical exams in more detail, because histopathological diagnosis alone is not definitive and that diagnostic errors can emerge when that data is not carefully considered. A histopathological diagnosis without radiographic correlation is only possible if the biopsy specimen includes the interface between adjacent lesional and normal tissue and may have therapeutic implications and prognostic repercussions [5].

## Conclusion

FOLs of the maxillaries represent a group of lesions in which the establishment of the clinical and radiographic diagnosis supported by the histopathological confirmation is critical and challenging. OF was the diagnosis with the highest percentage of agreement. It is emphasized the need for more studies that approach the subject in order to optimize the diagnosis and treatment of FOLs.

## Authors' Contributions

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All authors declare that they contributed to critical review of intellectual content and approval of the final version to be published.			

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## Conflict of Interest

The authors declare no conflicts of interest.

## Data Availability

The data used to support the findings of this study can be made available upon request to the corresponding author.

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