

Original Article ••••

Plastic surgery in a medium complexity hospital: prospective cohort with cost and results analysis of the treatment of skin tumors within the scope of the Unified Health System (SUS)

Cirurgia plástica em hospital de média complexidade: coorte prospectiva com análise de custos e dos resultados do tratamento de tumores cutâneos no âmbito do Sistema Único de Saúde (SUS)

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ABSTRACT

Introduction: The Brazilian health system is organized into basic health units, medium complexity hospitals, and high complexity hospitals. The composition of medium complexity services is variable, with or without specialists such as the plastic surgeon. The objective of the present study is to analyze data on the treatment of patients with skin tumors by a plastic surgeon in a medium complexity hospital. Methods: prospective cohort with analysis of epidemiological, demographic data, costs, results, complications, and degree of satisfaction. Results: In nine months, 166 patients were treated, of whom 103 underwent surgery. The most common pathologies were: basal cell carcinomas, benign subcutaneous and cutaneous tumors, squamous cell carcinoma and melanoma, in decreasing order of appearance. Most of the injuries were treated with exeresis and suture surgery and in 29 patients, more complex reconstructions were required. The degree of resolution of cases was high, and only a patient was derived to a high complexity hospital. The degree of satisfaction with the treatment was also high. However, the estimated financial transfer of SUS, in the case of malignant tumors treatment, was approximately 25% less than it is in a high complexity hospital. **Conclusion:** The role of the plastic surgeon in medium complexity hospitals can prevent diseases such as skin cancer from reaching high complexity hospitals in advanced stages. However, there would have to be adaptations in the government transfer to enable the routine performance of this professional in these institutions.

Keywords: Skin neoplasms; Unique Health System; Costs and cost analysis; Therapeutic interventions results evaluation; Plastic surgery.

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RESUMO

Introdução: O sistema único de saúde brasileiro organiza-se basicamente em unidades básicas de saúde, hospitais de média e hospitais de alta complexidade. A composição dos serviços de média complexidade é variável, podendo contar ou não com especialistas como o cirurgião plástico. O objetivo do presente trabalho é o de descrever dados do tratamento dos pacientes com tumores cutâneos atendidos por um cirurgião plástico, em um hospital de média complexidade. Métodos: Coorte prospectiva com análise de dados epidemiológicos demográficos, de custos, resultados, complicações e grau de satisfação. **Resultados:** No período de 9 meses foram atendidos 166 pacientes dos quais 103 foram operados. As patologias mais comuns foram: carcinomas basocelulares, tumores benignos de subcutâneo e pele, carcinoma epidermóide e melanoma, em ordem decrescente de ocorrência. A maioria das lesões foi tratada com cirurgia de exérese e sutura. Reconstruções mais complexas foram necessárias em 29 pacientes. O grau de resolução dos casos foi alto, com apenas um paciente sendo encaminhado a hospital de alta complexidade. O grau de satisfação com o tratamento também foi elevado. Contudo, o repasse financeiro estimado do SUS, no caso do tratamento dos tumores malignos, foi em torno de 25% menor do que seria na alta complexidade. Conclusão: A atuação do cirurgião plástico em hospitais de média complexidade pode impedir que doenças como o câncer de pele cheguem em estágios avançados em hospitais de alta complexidade, com alto grau de satisfação. Contudo, adaptações no repasse governamental precisariam ocorrer para viabilizar a atuação rotineira deste profissional nestas instituições.

Descritores: Neoplasias cutâneas; Sistema Único de Saúde; Custos e análise de custo; Avaliação de resultado de intervenções terapêuticas; Cirurgia plástica.

INTRODUCTION

The Unified Health System (SUS) is organized into basic health units and medium and high complexity establishments. The entrance door to the system is the basic health unit, which must solve the main problems with economic and straightforward measures and act in the prevention of the disease. Medium and high complexity hospitals, on the other hand, have specialized professionals and special technological resources¹.

The division between medium and high complexity represents a great difficulty for SUS¹ managers, and, unfortunately, their vision of this area is still fragmentary, with sets of procedures listed in the traditional "system procedure tables," for outpatients or hospitals. This system is often a limiting factor that mainly penalizes medium-sized institutions that carry out many of the procedures and that, according to these tables, would be exclusive of high complexity. The specialist professionals who work in these medium complexity hospitals experience that reality every day, as these places have more and more resources and specialists from multiple areas, with great potential for resolution, avoiding most transfers to institutions of high complexity already overcrowded. This situation happens not only because midsize hospitals have the structure and qualification to handle many of the so-called highly complex procedures, but also because high complexity cannot absorb all of these cases due to the lack of vacancies.

In the context of skin tumors, cared for in medium complexity hospitals, the above is repeated mainly in the case of malignant tumors. These are hospitals that have the resources to operate most tumors, including the most extensive malignant tumors, as long as they have a professional who specializes in plastic surgery or similar areas. These institutions have a surgical center, anesthetist, and even an Intensive Care Unit (ICU), which allows for numerous procedures. However, surgical codes in oncology are restricted to high complexity.

Non-melanoma skin tumors are the most frequent cancer in the population^{2,3}, and the inclusion of medium hospitals in the care of these lesions could contribute to reducing the waiting time for referral to highly complex institutions. Unfortunately, in addition to not receiving resources for treatment according to the codes in oncology, these institutions do not always have professionals capable of treating these tumors in more advanced cases. Therefore, it is necessary to evaluate the cost and benefits of treating these injuries, as well as to discuss possible solutions for a better functioning of the system.

OBJECTIVE

The objective of the present study is to describe the experience of a plastic surgeon for nine months in the treatment of patients with skin tumors in a medium institution, not only to describe the epidemiology and results of the treatment of these injuries, but also discussing how to optimize the care of these patients and estimate the costs under the SUS.

METHODS

This one is a prospective cohort study carried out from January 2017 to September 2017 at the Getúlio Vargas Hospital in Sapucaia do Sul, Rio Grande do Sul. Data collection was performed in an Excel[™] database, with data demographics such as sex, age, surgery data, operated area, the technique performed, pathological result, number of surgeries, among others. The financial transfer, according to SUS tables, was estimated for major surgeries performed in the operating room and only for malignant skin tumors. The degree of satisfaction was measured according to the Glasgow Benefit Inventory (GBI) scale, which was applied to part of the sample in patients contacted approximately two years after surgery. This questionnaire consists of 18 questions whose answers are rated from 1 to 5, which measure a global score and global, social, and health subpoints ranging from -100 (maximum negative impact) to +100 (maximum positive impact)^{4,5}. Costs were estimated according to the codes used for each patient and based on the SUS website with the tables available online⁶. These last data were compared with the exclusive codes of high complexity that would be more appropriate for the case of each patient.

Inclusion criteria in the general cohort were all patients with benign and malignant skin and subcutaneous tumors who consulted during the study period. Although this outpatient clinic focuses on soft tissue tumors, patients with other pathologies such as dermatochalasis of lid, ectropion, breast hypertrophy, exposed orthopedic plates, and complex wounds were also treated, but were excluded from the present study. Data were analyzed in SPSS, version 20, IBM^{TM} .

This work was presented to the Brazil Platform and approved by the Research Ethics Committee (CEP) number 5329, President Vargas Maternal and Child Hospital (HMIPV-RS), designated by the National Research Ethics Commission (CONEP), under the number Certificate of Presentation and Ethical Appreciation (CAAE) 16036719.2.0000.5329. The patients with photos published in this work approved their disclosure through a Free and Informed Consent Form (ICF). Patients whose data are reported here together, without the possibility of identification, were released from IC.

Four types of surgery regimens were used depending on the case to be treated: in an outpatient room with local anesthesia, in a surgical block with local anesthesia, in an operating room with sedation or an operating room with general anesthesia. The management of the patients was carried out following the "guidelines" for the removal of skin tumors^{7,8}, and the reconstructions were performed according to the case and based on the current literature⁹⁻¹¹, respecting the resources available in the Institution.

RESULTS

During the study period, 166 patients were treated, 63 of whom were excluded from the analysis because they were patients with pathologies other than skin and subcutaneous tumors, or patients who did not undergo surgery. One hundred three patients underwent surgery and who had complete data for analysis.

The average age of the operated patients was 60.1 years. The presence of associated comorbidities was found in 50.5% of the sample. The most frequent were: systemic arterial hypertension, diabetes, hypothyroidism, and depression, most of whom had more than one comorbidity at the same time. The average number of consultations was three per patient. Table 1 shows the demographic data for the cohort.

The main areas of the body affected by the tumors were the face, followed by multiple areas as extremities and trunk (Figure 1). Basal cell carcinoma was the most commonly found tumor (44.7%), followed by benign skin and subcutaneous tumors, including nevi, epidermal cysts, and lipomas. Epidermoid tumors were found in 8.7% of cases, and three patients with melanomas underwent surgery. All of the latter were in the initial stage (less than 0.75 mm thick and without ulcerations), and only needed an increased margin, without the need for other interventions^{12,13}. Taking

Variable	N (%) or Mean and standard deviation
Gender	
Masculine	45 (43.7)
Feminine	58 (56.3)
Age	60.12 (16.0)*
Presence of Comorbidities	52 (50.5)
Multiple	25 (24.3)
Hypertension	9 (8.7)
Others	18 (17.5)
Number of consultations per patient	
One	16 (15.5)
Two	32 (31.1)
Three	25 (24.3)
Four	15 (14.6)
Five or more	15 (14.6)
Surgery Location	
Ambulatory	53 (51.5)
Surgery Center	50 (48.5)
Operated Area	
Face	72 (69.9)
Multiples areas	18 (17.3)
Members	8 (7.8)
Trunk	5 (4.9)
Reconstruction technique	
Exeresis and suture	74 (71.8)
Exeresis and flap	21 (20.4)
Exeresis and graft	8 (7.4)
Reconstruction (graft/flaps)	29 (28.1)
Late reconstruction (post-AP)	9 (8.7)
Anatomopathological Diagnosis	
Basal cell carcinoma	46 (44.7)
Squamous cell carcinoma	9 (8.7)
Melanoma	3 (2.9)
Epidermal Cysts	13 (12.6)
Others	27 (26.2)
Margins (malignant tumors not melanoma)	55 (53.4)
Free	46 (83.6)
Comprometida	9 (16.4)
Number of surgery per patient	
One	87 (84.5)
Two	11 (10.7)
Three	3 (2.9)
Four	2 (1.9)

Table 1. Demographic data of the 103 patients in the cohort of patients treated at a medium complexity hospital.

* Data with normal distribution by the Shapiro-Wilk test represented by the mean of standard deviation.

2 (1.9)

Complications

into account the risk classification for nonmelanoma skin tumors of the NCCN (National Comprehensive Cancer Network) whose criteria are set out in Table 2^{14} , 38.7% were low risk, 55.5% high risk, and 5.8% already locally advanced.



Figure 1. Distribution of tumors according to affected areas.

Nine patients with squamous cell and basal cell tumors had margins described as compromised or small. Of these, all were expanded, except one who refused to expand the margins and another who decided to observe and did not return for the expansion. Of the seven operated patients, two had residual carcinoma in the surgical sample, and only one remained with a compromised margin until reconstruction, losing the graft. The latter was the only patient who had to be referred to a high complexity center because he was a patient with squamous carcinoma little differentiated from the temporal region, already with an invasion of the parotid gland, locally advanced and with a poor prognosis. He was subsequently operated in conjunction with the head and neck surgeon, who performed a partial parotidectomy and a neck dissection. The patient was referred to radiotherapy after resection.

More complex reconstructions with grafts or flaps were necessary in only 28% of the total number of operated patients, with 31% of these patients opting for late reconstruction, leaving patients with a local bandage until pathological diagnosis (PA) definitive, followed by reconstruction around two weeks after the first surgery in the case of free margins.

Twenty-one flaps were made that included the Limberg technique, bilobed, axial flap, glabellar flap (Rieger), nasogenian, and triple rhomboid flap of scalp. Figures 2 to 4 show results for some of these more complex reconstruction cases.

Table 2. High-risk characteristics for mali	gnant nonmelanoma skin tumors.
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	Low Risk '	High Risk
	$< 20 \mathrm{mm}$ in area L	> 20mm in area L
Location/Size	$< 10 \mathrm{mm}$ in area M	> 10mm in area M
	< 0,6mm in area H	> 0.6mm in area H
Margins	Well defined	Badly defined
History	Primary	Recurrents
Immunosuppression	No	Yes
Prior radiation	No	Yes
Anatomopathological diagnosis	Nodular/superficial BCC	BCC: moreaform, basal squamous, sclerodermiform, micronodular SCC: acantholytic, adenosquamous, desmoplastic, metaplastic

Zone H: Central face, eyelids, eyebrow, nose, lips, chin, jaw, pre-auricular, post-auricular, ears, genitals, hands, feet; Zone L: Trunk, limbs (excluding nails, feet, hands and pre-tibial); Zone M: Cheeks, forehead, scalp, neck and pre-tibial; BCC: basal cell carcinoma; SCC: Squamous cell carcinoma.



Figure 2. Patient with basal cell carcinoma, reconstruction with nasogenian flap. Trapdoor deformity with spontaneous resolution.



Figure 3. Patient with basal cell carcinoma of the nasal wing reconstructed with auricular cartilage graft and nasogenian flap. Late reconstruction after definitive pathology. Preoperative, postoperative photos without reconstruction with nasal wing retraction, after reconstruction and final photos after refining the flap pedicle with reconstruction of the nasogenian groove.



Figure 4. Tumor of the nasal dorsum reconstructed with a glabellar or Rieger flap.

Complications occurred in 16.5% of patients, which included 5 cases of wound infection, one hematoma, one patient with persistent pain that remitted after three months, one suture dehiscence with fat necrosis, two partial flap necrosis, two scar hypertrophies, one partial graft loss, three trapdoor deformities that improved in 6 months, one temporary paralysis of the temporal branch of the facial due to the local anesthetic and a definitive paralysis of the temporal and zygomatic branch of the facial compromised by the tumor (patient who performed the parotidectomy described above). Figure 5 shows a case of a patient with partial flap necrosis with proper final resolution with dressings, which shows a good result even in the case of complications.



Figure 5. Patient with a basal cell tumor who underwent reconstruction with a rhomboid flap that evolved with partial necrosis of the flaps, but with good final result after care and dressings.

Twenty patients were contacted to answer a questionnaire to calculate the GBI scale, 3 of whom had died, and nine did not answer the phone or did not attend the day of the interview, leaving only 8 to answer the questionnaire. In these, the improvement was shown in the four subdomains of the scale, with an average of 53.8 points on the general scale, 75 points on the general subscale, 4.1 on the social subscale, and 18.75 on the health subscale.

Taking into account the transfers according to the SUS table for surgery and only the patients operated on in the operating room for malignant tumors, this resulted in 37 patients for the estimation. In these patients, the estimated cost for SUS was 349.25 reais per patient, 253.38 reais per surgery. If it were possible to use cancer codes that are only authorized for high complexity, but that would be more suitable for the surgeries performed, the transfer could be an average of 470.94 per patient and 341.66 per surgery, that is, about 25% bigger. Furthermore, the standard procedures performed in this cohort of patients, such as the removal of multiple malignant skin tumors, the removal of lip and pinna tumors, do not find equivalent codes in the table of average complexity, and the code used in these cases. It was much lower in terms of transfer rates compared to those available in high complexity. Fortunately, in the case of the graft and flap codes, the transfer is smaller, but less impactful, that is, 10% less than the graft and flap codes after the oncological excision of highly complex tables.

DISCUSSION

Nonmelanoma skin tumors are the most frequent neoplasty; in the USA, its diagnosis is higher than the diagnosis of all cancers combined². In the cohort presented in this study, basal cell carcinoma was the most commonly reported lesion, even surpassing benign skin and subcutaneous tumors. The most affected place was the face, followed by the extremities. The authors who have studied facial tumors¹⁵ and basal cell tumors (BCC)⁵ have found similar results to those shown here^{16,17}. In a recent review of keratinocytic skin cancers (nonmelanoma), it is noted that their incidence and, therefore, the costs of this disease have increased worldwide, with an estimated risk of 20-30% of development during life in white patients, according to US estimates^{7,8,18}.

These tumors can be divided into high and low risk, according to the criteria proposed by the NCCN¹⁹ shown in Table 2, translated by Hughley et al., In 2018^{14} . It should be noted that in this cohort, according to these specifications, the majority of patients (61.3%) already had high-risk or locally advanced squamous cell and basal cell carcinomas.

In these cases of facial tumors, flaps are preferred over grafts because they have better aesthetic results¹⁶. As in our case series, the most affected area was the face, in the case of reconstructions, flaps were preferred, with 21 flaps versus eight grafts performed, with only 2 of these graft cases used on the face. In 9 cases, in which flap reconstructions were proposed, late reconstruction was chosen only after pathology, demonstrating that disease-free margins decrease the risk of reconstruction loss, as recommended in the literature^{7,8,14,19}. According to the guidelines for the treatment of skin tumors, the best indication for many cases in this cohort would be Mohs micrographic surgery since they are lesions with various highrisk criteria, according to NCCN¹⁴. However, this technique is not available in the institution, opting for standard resection and late reconstruction in the case of the need for a significant mobilization of tissues for reconstruction.

Regarding the analysis of costs, results, and degree of patient satisfaction, it is important to clarify from which perspective this analysis is carried out²⁰. In the case of this cohort, from the hospital's perspective, there is a particular financial loss for the institution regarding the care of these patients; however, for SUS, there is a benefit in the treatment of these injuries at a medium level, since the transfer is less than that performed at high complexity and also because the access is fast. This study compares the transfer of SUS between medium and high complexity, but does not estimate whether this transfer covers the real hospital costs with the treatment of these injuries. In this context, Bócoli et al., In 2013²¹, made this comparison, demonstrating that the internal expenditure on the treatment of these injuries is higher than that transferred by SUS. However, in this study, the author does not specify if the estimation was made in a medium or high complexity hospital, he only mentions that it was in a university hospital, probably a high complexity one. Therefore, considering the findings of Bócoli et al., In 2013²¹, the loss of the institution of medium complexity is probably even more significant than that shown in this study in highly complex hospitals.

Regarding the results, there was a low rate of complications, especially considering that it is a cohort with several tumors with a high risk of recurrence and because it is a population with a high average age and the presence of comorbidities in 50.5% of the sample. Besides, according to the questionnaire on the degree of satisfaction that was applied to part of the patients, there is an improvement in all the domains of the questionnaire, mainly in the general scores and the general scores. Furthermore, regarding resolution capacity, we highlight that only one patient could not be treated with medium complexity, being referred to a highly complex hospital. Therefore, from a population perspective, the benefits are many.

CONCLUSION

Because of the preceding and considering that nonmelanoma skin cancer is a disease that is increasing worldwide and in Brazil, it is concluded that this disease has and will continue to have a critical impact on the Unified Health System that should seek alternatives for allowing access to these patients for effective treatment, in this context, the inclusion of medium-sized hospitals in the care of these patients seems to be a great strategy to optimize the operation of the system; however, the feasibility of this routine action at this level of health care should undergo a review in the SUS procedure tables, which should be updated, since in practice several procedures of exclusivity of high complexity are already performed in medium complexity, through replacement codes that mostly do not contemplate the real complexity of the procedures performed, with values received 25% lower.

The presence of qualified professionals to adequately treat this problem, such as the plastic surgeon at the medium level of complexity, can significantly contribute to resolving this high-incidence disease without referral to high complexity. According to the cohort presented here, the degree of resolution of cases of medium complexity was excellent, and the routine inclusion of medium-sized institutions in the treatment of skin cancers would collaborate with better patient care and better SUS functioning.

COLLABORATION

DWD Analysis and/or data interpretation, Conception and design study, Data Curation, Final manuscript approval, Formal Analysis, Investigation, Methodology, Project Administration, Realization of operations and/or trials, Writing - Original Draft Preparation

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