

Comparative morphometric study of the sigmoid sinus sulcus and the jugular foramen

Estudo morfométrico comparativo do sulco do seio sigmóideo e do forame jugular

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ABSTRACT

Objective: To compare the right and left sides of the same skulls as far as the described landmarks are concerned, and establish the craniometric differences between them. **Method:** We carried out measurements in 50 adult dry human skulls comparing both sides. **Results:** The sigmoid sinus width at the sinodural angle level was larger on the right side in 78% of the cases and at the level of the digastric notch in 72%. The jugular foramen width was also larger on the right side in 84% of the cases. The sigmoid sinus distance at the level of the digastric notch was larger on the right side in 64% of the cases, and the sigmoid sinus distance at the level of the digastric notch to the jugular foramen was larger on the right side in 70% of the cases. **Conclusion:** Significant craniometric differences were found between both sides of the same skulls.

Keywords: skull base, posterior fossa, jugular foramen, craniometric points, sigmoid sinus.

RESUMO

Objetivo: Comparar os lados direito e esquerdo no mesmo crânio nos pontos referenciais descritos e definir as diferenças craniométricas entre ambos. **Método:** Realizamos mensurações em 50 crânios secos de humanos adultos comparando os lados direito e esquerdo. **Resultados:** Como resultado, obtivemos as medidas da largura do seio sigmóideo na altura do ângulo sinodural maiores no lado direito em 78% dos casos e na altura do ponto digástrico em 72%. A largura do forame jugular foi também maior no lado direito em 84% dos casos. A distância do seio sigmóideo na altura do ângulo sinodural até a altura do ponto digástrico foi maior do lado direito em 64% dos casos, e a distância do seio sigmóideo na altura do ponto digástrico até o forame jugular foi maior do lado direito em 70% dos casos. **Conclusão:** Diferenças craniométricas significativas foram encontradas entre os dois lados do crânio.

Palavras-chave: base do crânio, fossa posterior, forame jugular, pontos craniométricos, seio sigmóideo.

The jugular foramen, with its internal and neighboring vital structures, represents a major challenging the treatment of lesions in that region. Knowledge about the anatomy and the microsurgical techniques, associated with knowing the landmarks on the internal and external surfaces of this region mitigate morbidity and improve the prognoses of surgical interventions, preserving nervous and vascular structures.

In this paper we report a comparative study of the sigmoid sinus and the jugular foramen using the following structures as key landmarks: the sigmoid sinus sulcus the

transition point between the sigmoid sinus sulcus and the transverse sinus (sigmoid/transverse sinus) and the digastric notch in both sides of the same skull. With such measures we tried to create reference points to help surgeons approach the sigmoid sinus region.

To establish reference values between the right and left sides for the sigmoid sinus sulcus and the jugular foramen using the transverse/sigmoid sinuses junction point and the digastric notch as landmarks.

Assess whether or not there are differences in the values measured between the left and right sides of the same skull.

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METHOD

We assessed 50 dry human skulls belonging to the Anatomy Center of the Federal University of the Jequitinhonha and Mucuri River Valleys (11 skulls), from the Surgical Anatomy Laboratory of the Medical School of the Federal University of Minas Gerais (7 skulls) and from the Department of Morphology of the Institute of Biological Sciences of the Federal University of Minas Gerais (32 skulls).

On the outer surface of each side of the skulls we identified the digastric notch, the asterion, the occipitomastoid suture, the jugular notch, the stylomastoid foramen and the jugular foramen.

On the skull's inner surface, we identified the sigmoid sinus sulcus, the sinodural angle, the digastric notch and the jugular foramen.

In each skull side we measured the sigmoid sinus sulcus width and length, and the jugular foramen width on the following sites:

- Sigmoid sinus sulcus width at the sinodural angle;
- Sigmoid sinus sulcus distance from the sinodural angle all the way to its anterior curvature at the digastric notch level;
- Sigmoid sinus sulcus width near the digastric notch;
- Sigmoid sinus distance from the digastric notch level all the way to the jugular foramen;
- Jugular foramen width, measured on the infero-external skull surface (Table 1).

The distances and widths were all measured bilaterally in 50 dry adult human skulls, without gender separation. The measures were carried out using a digital pachymeter. We did three measurements for each distance and width, and the mean value was considered the checked value for statistical analysis purposes.

In order to define the digastric notch counterpart on the internal skull surface we used skull transillumination with LASER. We used the LASER source mounted on a pen/pointer. The pen was placed on the digastric notch and,

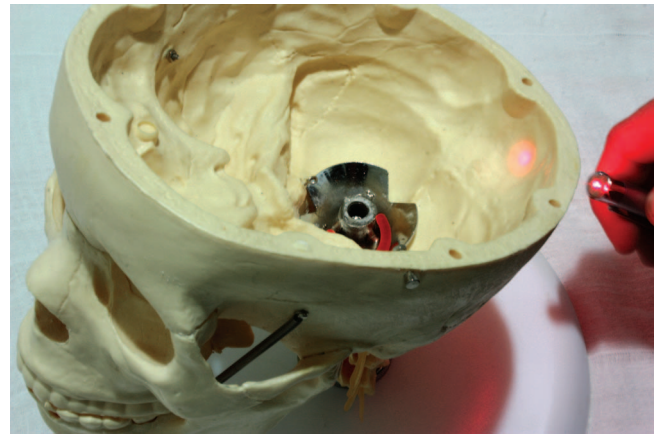


Figure. Skull transillumination with a LASER to define the digastric notch correspondent on the skull's inner surface.

by means of transillumination with LASER, the corresponding point on the inner skull surface was established and marked with a pencil (Figure).

When the skull thickness did not allow for LASER transillumination (8 skulls), the correspondent to the digastric notch on the skull's inner surface was defined using the caliper, with its tips making a 90 degree angle-one of the tips was placed on the digastric notch and the other was on the correspondent point on the inner surface, we marked this point with a pencil so as to serve as a correspondent for the proposed measurements.

Sample calculation

The present study sample size was defined assuming a normal distribution for each one of the quantitative variables.

In order to study two dependent groups, right and left sides of the same skull, we chose the paired t-test for analysis. The sample calculation depended on the mean and standard deviation, since we still did not have these figures, we used figures established in the literature such as "small" (0.3), "medium" (0.7) or "large" (1.1).

Considering the mean effect and the minimum power above 90%, we decided for 50 pairs of observations on the right and left sides of the skull.

We made an exploratory analysis of the total sample, encompassing 50 dry adult skulls. We used descriptive measures (mean, standard deviation, minimum and maximum) for the variables. The descriptive analysis aimed at establishing general reference values by side: right and left, for the distances and angles measured. We tested the normality of the data in order to decide on which test should be employed. We found a normal distribution in all the measures, except for the FJLD. For the measures with normal distribution we utilized a parametric test. For the FJLD measurement, we used a non-parametric test. In order to assess the differences between the mean values from the

Table 1. List of Acronyms used for the variables.

Full name of the measure	Acronym
Left side width - sinodural angle	ASDLE
Right side width - sinodural angle	ASDLD
Left side distance - sinodural angle-digastric notch	ASDDE
Right side distance - sinodural angle-digastric notch	ASDDD
Left side width - digastric notch	PDLE
Right side width - digastric notch	PDL
Left side distance - digastric notch jugular foramen	PDFJDE
Right side distance - digastric notch jugular foramen	PDFJDD
Left side width - jugular foramen	FJLE
Right side width - jugular foramen	FJLD

right and left sides we used the paired t-test. We studied the two sides of the same skull. When the distribution was not normal, we used the Wilcoxon test. In all the statistical tests used, we considered 5% as the level of significance. Thus, we considered statistically significant associations those which p value was lower than 0.05. The analyses were carried out using the SPSS statistical software package, version 8.0.

Because we made three measurements for each data, we utilized the intraclass correlation coefficient to test the intraexaminer reliability. The closer it was from 1, the more accurate the measurement. We found coefficients very close to 1, showing that the measurements were compliant.

The hypothesis test was as follows: $H_0 : \mu_d = \mu_e$ versus $H_1: \mu_d \neq \mu_e$.

RESULTS

We used the mean values of three measurements for the following comparisons (Table 2).

The results depicted on Table 2 show that in our sample the right-side measures were larger than those made on the left side. We carried out a study to check and see whether such difference was statistically significant.

For a Gaussian distribution of the mean μ and the standard deviation σ , intervals $(\mu - \sigma; \mu + \sigma)$, $(\mu - 2\sigma; \mu + 2\sigma)$ and $(\mu - 3\sigma; \mu + 3\sigma)$ represent 68.3%, 95.4% and 99.7% of the distribution, respectively. For samples larger than 30 it is expected that μ would be closer to the sample mean, and σ would be closer to the sample's standard deviation.

We noticed an indication that the variables do have a Gaussian distribution, except for the FJLD variable, which presented a significant difference in the first percentage value.

We also noticed that the mean values of all the variables were higher on the right side. We ran the hypothesis test to check whether or not this difference was statistically significant. We used the t-test for two paired samples of the variables with a Gaussian distribution; for the FJLD variable we used the Wilcoxon non-parametric test for paired data. We considered 5% as significant.

The results from the tests had the p values presented on Table 3:

Considering the p value (below 0.05 for all the left-right pairs), we must reject the null hypothesis of equality of the

mean values. Thus, we conclude that the mean right-left measures' differences were significant for all the variables in the study.

DISCUSSION

The identification of superficial anatomical landmarks, known as craniometric points, which represent projections of vascular and neural structures on the skull enables us to define landmarks for cranial accesses. Detailed knowledge about the anatomical relations of craniometric points is paramount for neurosurgeons, especially when approaching the skull base. Moving from one landmark to another, the neurosurgeon may broaden craniotomies to better expose the area to be operated, identifying and preserving vascular and neural structures, reducing the morbidity directly associated with the surgical approach.

With today's technological evolution, many instruments have been added to neurosurgery, such as neuronavigation and intraoperative monitoring of cranial nerve function. The correct use and interpretation of the information supplied by these instruments is only possible when the surgeon has full anatomical knowledge.

There are many craniometric points described for temporal bone approaches, most of them associated with the cranial sutures, which represent natural landmarks.

The asterion has been studied by different authors as the landmark used for a precise finding of the transverse sinus and the transverse/sigmoid sinus transition. These studies were carried out with the aim of guiding surgeons as to the site for trephinations in lateral suboccipital approaches^{1,2,3,4,5,6,7}. The asterion was not very useful as a landmark because of its anatomical variability and it is not always promptly identifiable⁸.

This variation in the preference for a trephination site in this small anatomical area involves two aspects: a potential risk of damaging the venous sinuses and the limited bone opening.

Few studies instruct the surgeon on doing the trephinations using the lower limits of the sigmoid sinus as landmarks. One of them used the upper nuchal line as a landmark, making the trephination immediately below it and posterior to the axis established by the mastoid tip

Table 2. Comparing the Right/Left Sample Ratio.

Right/Left Comparison	Percentage
ASDLD>ASDLE	78%
ASDDD>ASDDE	62%
PDLD>PDLE	74%
PDFJDD>PDFJDE	70%
FJLD>FJLE	84%

Table 3. p value of the tests.

Compared pairs	p value
ASDLE-ASDLD	0.000
ASDDE-ASDDD	0.048
PDLE-PDLD	0.001
PDFJDE-PDFJDD	0.006
FJLE-FJLD	0.000

and the junction of the squamous and parietomastoid sutures⁷. Other study used the occipitomastoid suture at the mastoid incisure level, considering that a proper place to make the trephination and expose the posterior and inferior margins of the sigmoid sinus².

In anatomical dissections aiming at illustrating the transpetrosal approach with partial labyrinthectomy, was noticed that the sigmoid sinus curved anteriorly towards the jugular bulb⁹. This curvature was located near the top of the mastoid incisure. Although easily identifiable in dry skulls, the cranial sutures may be difficult to pinpoint during surgical procedures and in anatomical dissections. In a study were dissected heads and properly pinpointed the sutures in about 60% of the cases investigated⁸. In that same study, they did not find the occipitomastoid suture in 14 of the 24 sides studied.

A study described a new craniometric point, associating it with the anterior curve of the sigmoid sinus¹⁰. This landmark - called digastric notch, was defined as the point located immediately posterior to the mastoid incisure in dry skulls, or the notch immediately superior to the posterior belly of the digastric muscle in dissections and surgical procedures. The digastric notch is projected on the sigmoid sinus sulcus on the internal skull surface in 49.6% of the cases on the right side and in 29.9% on the left. When not coinciding with the sigmoid sinus sulcus, this notch was located at 3.10 mm higher than average (SD 3.11 mm), being shorter on the right side, thus showing a lack of symmetry between skull sides.

This notch was used as a landmark, making the trephination to gain access to the posterior fossa at 1cm medial to it, to avoid exposing the sigmoid sinus⁸. This study was carried out in 10 dry skulls and in 12 heads injected with colored silicone in the arteries and veins, they described that the mastoid incisure completely covered the sigmoid sinus in 85% of the specimens.

Very few papers assessed skull differences reflecting size differences in vascular structures such as the sigmoid sinus. Based on one of them we may conclude that the sigmoid sinus is larger on the right side¹⁰. In a study involving 263 digital brain angiographies with bone subtraction, was found symmetric sigmoid sinuses in 49% of the cases¹¹. In about 36% of the cases, the right-side sigmoid sinus was dominant, or the only one present.

It was to be expected that anatomical studies would find differences in the distance measures involving anatomical landmarks, such as the sigmoid sinus sulcus, between both sides of the skull. However, in two studies there was no difference between skull sides vis-à-vis the measures carried out^{2,3}. It was not compared the sides in their craniometric measurements⁸. Considering measurements between the

mastoid tip and the lateral margin of the jugular foramen, the lateral margin of the stylomastoid foramen and the lateral margin of the occipital condyle, there were no sidewise differences among the 25 skulls investigated¹².

When the number of skulls studied is higher, one usually finds differences between the two sides. In two studies involving 100 dry skulls⁶ and 84 skulls⁷, were found differences between the right and left sides vis-à-vis the asterion and the transverse sinus.

A group studied the jugular foramen microanatomy in ten cadavers¹³. The right-side jugular foramen was wider than the left one in 70% of the cases. In this paper, with 5 times more specimens, the difference increased to 84%.

In the present study we investigated the entire extension of the sigmoid sinus and jugular foramen, and we measured the sulcus width near the point corresponding to the sinodural angle, which marks the beginning of the sigmoid sinus, near the digastric notch, corresponding to its anterior curvature and jugular foramen width. We also measured the sigmoid sinus sulcus distance from the sinodural angle all the way to its anterior curvature at the level of the digastric notch, and from this point all the way to the jugular foramen.

The sigmoid sinus width values at the level of the sinodural angle are larger on the right side in 78% of the cases and at the digastric notch level in 72%. The jugular foramen width was also higher on the right side in 84% of the cases. The sigmoid sinus distance at the level of the sinodural angle all the way to the digastric notch was higher in the right side in 64% of the cases, and the sigmoid sinus distance from the digastric notch to the jugular foramen was higher in the right side in 70% of the cases.

Our findings confirm the asymmetry between skull sides. The comparative measures vis-à-vis the jugular foramen width and the sigmoid sinus sulcus, in two reference points show that it is higher on the right side, thus contributing with one more piece of information for the surgical planning of lesions involving this region of difficult approach and eloquent structures.

In conclusion the craniometric measurements carried out in this study and their statistical analyses allow us to reach the following conclusions:

1) In most of the cases, the sigmoid sinus sulcus width at the transverse/sigmoid sinuses transition point, the sigmoid sinus sulcus distance from the transverse/sigmoid sinuses transition level all the way to its anterior curvature at the level of the digastric notch, the sigmoid sinus sulcus width near the digastric notch, the sigmoid sinus sulcus distance from the digastric notch all the way to the jugular foramen are larger on the right side of the same skull;

2) The jugular foramen width is larger on the right side in most of the skulls.

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