

Serum levels of interleukin-6, tumor necrosis factor-alpha and interferon-gama in infants with and without dengue

Níveis séricos de interleucina-6, fator de necrose tumoral-alfa e interferon-gama em crianças menores de um ano com e sem dengue

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ABSTRACT

This study compared the serum levels of IL-6, TNF- α and IFN- γ , in children under 1 year of age with and without dengue. Sera were collected from a total of 41 children living in the Department of Antioquia, Colombia (27 patients with dengue and 14 controls). The results showed higher cytokine levels in children with dengue than without dengue, with statistically significant differences for IL-6 and IFN- γ . No statistically significant differences were found between clinical forms, although IL-6 and IFN- γ levels were higher in dengue fever cases than in dengue hemorrhagic fever cases. On the other hand, TNF- α levels were higher in dengue hemorrhagic fever than in dengue fever. The levels of IL-6 and TNF- α were higher in secondary infection than in primary infection, although IFN- γ levels were higher in primary infection. These results suggest that IL-6, TNF- α and IFN- γ are involved in dengue infection independently of the clinical form.

Key-words: Dengue. IL-6. TNF- α . IFN- γ . Children.

RESUMO

Este estudo comparou os níveis séricos de IL-6, TNF- α e IFN- γ , em crianças menores de um ano com e sem dengue. Os soros foram coletados de um total de 41 crianças residentes no Departamento de Antioquia, Colômbia (27 pacientes com dengue e 14 controles). Os resultados mostraram níveis de citocinas mais elevadas em crianças com dengue do que naquelas sem dengue, com diferenças estatisticamente significativas para IL-6 and IFN- γ . Não houve diferenças estatisticamente significativas entre formas clínicas, embora os níveis de IL-6 e IFN- γ estivessem mais elevados nos casos de febre do dengue que nos casos de febre hemorrágica do dengue. Por outro lado, os níveis de TNF- α estavam mais elevados na febre hemorrágica do dengue que na febre do dengue. Os níveis de IL-6 and TNF- α estavam mais elevados em infecções secundárias que em infecções primárias, embora os níveis de IFN- γ estivessem mais elevados em infecções primárias. Estes resultados sugerem que IL-6, TNF- α e IFN- γ estejam envolvidos na infecção do dengue, independentemente da forma clínica.

Palavras-chaves: Dengue. IL-6. TNF- α . IFN- γ . Crianças.

Dengue is an acute febrile disease caused by a virus of the genus *Flavivirus*, family *Flaviridae*, with four serotypes (DENV-1 through-4) that are transmitted by *Aedes* mosquitoes. Dengue is currently endemic in 112 countries with about 100 million cases of dengue fever (DF) annually, and 500,000 of dengue hemorrhagic fever (DHF)⁸. According to the World Health Organization (WHO), two fifths of the world's population is at risk of dengue infection²⁶. In Colombia, dengue is endemo-epidemic. According to the Colombian Ministry for Social Protection, the average annual numbers of dengue fever and dengue hemorrhagic fever cases between 2000 and 2004 were 48,084 and 4,392, respectively.

Dengue virus infection is asymptomatic in most cases, but may evolve to a relatively mild and benign illness (dengue fever) or severe forms like dengue hemorrhagic fever and dengue shock syndrome (DHF/DSS)^{8,14}, which are characterized by plasma leakage and homeostasis disorders (thrombocytopenia and hemorrhagic manifestations). These are the result of vascular endothelium alterations².

Several mechanisms have been proposed to explain the severe forms of the dengue virus. They include the virulence of the strain^{28,29}; antibody-dependent enhancement of infection^{10,17,31}, cell-mediated

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immune response^{5 22 23 30} and the quantity and type of cytokines produced during infection.

Some authors have suggested that cytokines secreted by dengue-infected monocytes/macrophages play a critical role in the physiopathology of the hemorrhagic type^{3 11 12 16 19}, although there is no consensus about the predominant cytokines produced during infection.

Given the importance of these immunological characteristics, the current study was undertaken to compare the serum levels of the cytokines interleukin 6 (IL-6), tumor necrosis factor- α (TNF- α) and interferon- γ (IFN- γ), in dengue virus-infected children under one year of age and in a control group with similar characteristics but no infection.

MATERIAL AND METHODS

A cross-sectional study was conducted between January 2000 and December 2002. Twenty-seven (66%) patients with confirmed dengue infection, as determined using the clinical and laboratory criteria defined by the Pan-American Health Organization (PAHO)²⁵, and 14 (34%) patients without febrile syndrome at the time of sample collection (no dengue infection) were evaluated. Thus, a total of 41 children under one year of age took part in this study, all of them selected from health institutions in the Department of Antioquia, Colombia.

To diagnose dengue cases, two 4ml peripheral blood samples were taken. The first sample was taken during the acute phase (up to five days after the onset of the symptoms) and the second sample was taken during the convalescent phase (15 days after the onset of the symptoms). Dengue illness was confirmed by the detection of IgM antibodies against the dengue virus, using a UMELISA® Dengue IgM commercial test* in both serum samples (i.e. from the acute and convalescent phases). For all children, detection of viral RNA was performed on the acute-phase samples using the technique previously described by Lanciotti²⁰. In addition, the acute-phase samples from six children were subjected to virus isolation through cell culturing with the C6/36 mosquito cell line obtained from *Aedes albopictus* as described by Gubler et al⁷ and Guzmán et al⁹.

The primary and secondary infections were confirmed according to the non presence (primary infection) or presence (secondary infection) of IgG antibodies against the dengue virus in the serum sample of the acute phase, using a commercial test UMELISA® Dengue IgG*.

The IL-6, TNF- α and IFN- γ levels were quantified using the Quantikine® or Quantikine® HS (High Sensitivity) commercial enzyme-linked immunosorbent assay kits (R&D Systems, Minneapolis, MN, USA), in accordance with the manufacturers' protocols. The patients' sera were rapidly put aside: frozen at -20°C and stored at -70°C at the Colombian Institute for Tropical Medicine, until use.

This study was approved by the Ethics Committee of the ICMT. All participants were volunteers and the persons in charge of the infants gave their informed consent in writing.

Statistical analysis. The information was processed using the Statistical Package for the Social Sciences software (SPSS®, version 10, Inc 01, Chicago, IL, USA). The standard curve was generated using the optical densities (ODs) of the standards and the results were calculated using the GraphPad Prism software (GraphPad Software, version 3, Inc, San Diego, CA, USA) by interpolation of the ODs that were measured for the samples. Cytokine levels were compared between the evaluation groups using the Mann-Whitney test with a 95% confidence level. Proportions were compared between groups using the chi-square test. The significance level was set at 0.05.

RESULTS

IFN- γ levels were measured in all 41 children (27 with dengue infection and 14 healthy individuals). TNF- α levels were measured in 31 infants (24 with dengue infection and 7 healthy individuals) and IL-6 levels were measured in 24 children (17 with dengue infection and 7 healthy individuals). The mean ages of the infants were 6.60 ± 2.53 and 6.9 ± 3.5 months for children with and without infection, respectively (no statistically significant difference). The percentages of males were 66.6% and 42.8% in the infected and healthy groups respectively.

Dengue infection was confirmed by serology in 26 infants and by viral isolation and RT-PCR in one patient in whom serotype 2 was identified. The most frequent clinical form was dengue fever, in 66.7% (18/27), followed by dengue hemorrhagic fever, in 33.3% (9/27). The most common symptoms and signs were fever (100%), eruption (41.7%) and hepatomegaly (25%). The most common hemorrhagic manifestation was petechiae in 74.1% of the cases. Melena was observed in three children and each of the following manifestations appeared in two patients: hematemesis, ecchymosis and epistaxis. Another clinical sign was pleural effusion (four cases). Thirteen (48.1%) children had diarrhea and nine (33.3%) had coughs. Coinfection was observed in eight children, of whom one had right basal pneumonia, three had bronchitis, three had urinary infection and one had *Ascaris lumbricoides*. Hospitalization was required in 70.8% of the cases.

Comparing the clinical form in the DF and DHF cases, it was observed that the mean age was lower among the patients with DHF than among those with DF ($P = 0.028$). Dengue hemorrhagic fever cases were found more frequently in females than in males (61.1% vs. 38.9%, $P = 0.667$). Pleural effusion was observed only in the DHF cases ($P = 0.011$). Platelet levels (count/mm³) were lower in DHF than in DF ($P = 0.918$). Hematocrit (%) was similar in the two clinical forms. Secondary infection was higher in DF than in DHE, but the difference was not statistically significant (Table 1).

Cytokines. The levels of the three cytokines were higher in the infected group than among the healthy children, and this difference was statistically significant for IL-6 and IFN- γ . With regard to clinical form, TNF- α levels were higher in DHF than in DF. On the other hand, IL-6 and IFN- γ levels were higher in DF than in DHF. These differences were not statistically significant (Table 2).

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Table 1 - Clinical and laboratory data for patients with and without dengue infection according to clinical form.

Variable	Infants with DF	Infants with DHF	(DF/DHF) P - value
Age, mean months ± SD	7.33 ± 2.3	5.11 ± 2.4	0.028
Sex male % (n ^o)	61.1 (11)	38.9 (7)	0.667
Petechiae % (n ^o)	61.1 (11)	100.0 (9)	0.054
Hepatomegaly % (n ^o /total)	44.4 (8/18)	33.3 (3/9)	0.692
Pleural effusion % (n ^o)	0.0 (0)	44.4 (4)	0.011
Hematocrit (%) mean ± SD	33.8 ± 4.6	33.72 ± 5.5	0.971
Platelet count, cells 10 ³ /mm (mean ± SD)	72,628 ± 64,245	68,875 ± 106,590	0.918
Secondary infection % (n ^o)	61.1 (11)	55.6 (5)	1.0
Hospitalization % (n ^o)	61.1 (11)	88.9 (9)	0.201

DF: dengue fever, DHF: dengue hemorrhagic fever.

Table 2 - Summary of the serum levels of IL-6, TNF-α and IFN-γ in children under one year of age, according to dengue virus infection and its clinical form.

Cytokines (pg/ml)	No dengue		P-value	Dengue		P-value
	$\bar{X} \pm S.D$ (95% CI) n ^o	$\bar{X} \pm S.D$ (95% CI) n ^o		Dengue fever $\bar{X} \pm S.D$ (95% CI) n ^o	Dengue hemorrhagic fever $\bar{X} \pm S.D$ (95% CI) n ^o	
IL-6	1.90 ± 1.10 (0.87; 2.93) 7	5.65 ± 2.76 (4.24; 7.07) 17	0.005	6.07 ± 2.96 (4.19; 7.96) 12	4.65 ± 2.13 (2.01; 7.30) 5	0.383
TNF-α	0.76 ± 1.01 (-0.17; 1.70) 7	5.84 ± 5.23 (3.63; 8.05) 24	0.054	5.48 ± 4.89 (2.97; 8.00) 17	6.69 ± 6.33 (0.84; 12.56) 7	0.804
IFN-γ	0.00 (0.00; 0.00) 14	18.03 ± 29.37 (6.41; 29.65) 27	0.006	20.11 ± 30.90 (4.75; 35.49) 18	13.86 ± 27.29 (-7.12; 34.84) 9	0.348

$\bar{X} \pm S.D$: Mean and Standard Deviation, CI: confidence interval.

Eleven (40.7%) and sixteen (59.3%) patients had primary and secondary infection respectively. The IL-6 and TNF-α levels were higher in patients with secondary infection, while IFN-γ levels were higher in patients with primary infection. Similar trends were observed between DF and DHF cases for the three cytokines. These differences were not statistically significant (Table 3).

Other findings. During the study, three children died as a result of dengue infection (11.1%). One of them died at the age of five months, presenting TNF-α and IFN-γ levels of 19.3pg/ml and 14.9pg/ml, respectively. These levels represented an increase of 233% for TNF-α and a decrease of 17% for IFN-γ, in relation to

the mean for these cytokines among all the infants with dengue. The second fatal case was a nine-month-old child with TNF-α and IFN-γ levels of 8pg/ml and 28.5pg/ml respectively, equivalent to increases of 37% and 58%. For the third case (a five-month-old child) the only cytokine measured was IFN-γ (0pg/ml).

IL-6 levels were lower in the hospitalized patients than in the outpatient cases, while TNF-α and IFN-γ were the other way round, although without statistically significant differences. Moreover, there was a lack of statistical significance for the differences in the cytokine levels between the patients with and without hepatomegaly, and for the patients with and without serous effusion (data not shown).

Table 3 - Serum levels of IL-6, TNF-α and IFN-γ in children under one year of age, according to the presence or absence of antibodies against the dengue virus and its clinical form.

Clinical form/antibodies	IgG	IL-6		TNF-α		IFN-γ	
		$\bar{X} \pm S.D$	P-value	$\bar{X} \pm S.D$	P-value	$\bar{X} \pm S.D$	P-value
DF	IgG -	5.89 ± 3.54	1.0	4.60 ± 2.90	0.879	26.31 ± 21.99	0.25
	IgG +	6.20 ± 3.54		5.85 ± 5.58		18.22 ± 36.45	
DHF	IgG -	4.59 ± 2.06	1.0	3.32 ± 3.43	0.229	21.96 ± 35.54	0.55
	IgG +	4.75 ± 3.11		11.20 ± 7.03		3.73 ± 7.45	
Total	IgG -	5.40 ± 2.97	1.0	3.53 ± 2.80	0.290	23.95 ± 28.88	0.29
	IgG +	5.87 ± 2.71		6.41 ± 5.92		14.35 ± 31.70	

$\bar{X} \pm S.D$: Mean and Standard Deviation, DF: dengue fever, DHF: dengue hemorrhagic fever.

DISCUSSION

The aim of this study was to compare the serum levels of IL-6, TNF- α and IFN- γ between two groups of patients under one year of age. One group was infected with the dengue virus and the other was considered to comprise healthy individuals (no dengue infection). Cytokines are the molecules responsible for immune response modulation during infection but, in some cases, they may cause inappropriate responses in people. It has been demonstrated that TNF- α can activate endothelial cells and thus participate in the clinical manifestations of DHF/DSS¹¹.

In vitro, IFN- γ can increase endothelium permeability and activate the expression of Fc γ receptors by monocytes/macrophages^{31 22}. Kurane et al, in 1991¹⁸, reported that IFN- γ augments dengue virus infection of human monocytic cells and up-regulates the expression of HLA class I and II antigens, which may result in a greater number of infected cells and facilitate the recognition of the dengue virus antigen by dengue virus-specific T cells. IL-6 is an endogenous pyrogen with similar effects on endothelium permeability²². Other researchers have found that the highest IL-6 levels occur in the initial stages of the disease, and it is considered to be involved in the development of dengue symptoms. Later, at the time of the shock syndrome, its levels are raised again, thus suggesting that IL-6 levels are correlated with illness severity^{12 13 27}.

In this study, the levels of the three cytokines were higher in the dengue virus-infected group than in the healthy controls, with statistical significance only for IL-6 and IFN- γ . These results are consistent with other studies. Hober et al, 1998¹¹; Laur et al, 1998²¹, and Kittigul et al, 2000¹⁵, found higher TNF- α levels in dengue cases than in controls. Pinto et al, in 1999²⁷, reported increased IL-6 and TNF- α serum levels in dengue-infected patients, in comparison with the healthy group. Juffrie et al, in 2001¹³, showed similar results for IL-6.

The serum levels of IL-6 and IFN- γ were lower in the infants with DHF than in those with DE, although these differences were not statistically significant. These results are consistent with those reported by Bethell et al, 1998¹, in a study conducted in Vietnam, in which they showed low IL-6 levels for patients in shock. On the other hand, some authors¹³ have found results contrary to those obtained in the present study, such that IL-6 levels in dengue virus-infected patients (grades III and IV) were significantly augmented, in comparison with the controls, as well as differences between the shock and normotensive groups ($p < 0.0001$). The same authors¹³ reported high levels of IL-6 the day of the shock, but normal levels before and after. Hober et al, in 1998¹² and Kuno and Bayley¹⁶ also correlated the levels of this cytokine with illness severity.

One possible explanation for these discrepancies is that IL-6 levels are increased at the beginning of the disease followed by a decreasing tendency until when shock occurs, at which time its levels are raised again^{1 22 31}. Thus, the measured levels would be strongly dependent on the day used for sample collection. Regarding IFN- γ levels, Kurane et al, in 1991¹⁸ reported similar levels of this cytokine between children with DHF and DE.

The results obtained for TNF- α levels showed that there were higher values for the patients with DHF than for those with DE, which was in agreement with the previous studies conducted by Kittigul et al, 2000¹⁵, and Gagnon et al, 2006⁶.

In the present study, the TNF- α and IL-6 levels were higher in the secondary infection cases, contrary to the results published by Juffrie et al¹³, who found a greater frequency of high levels of IL-6 in patients with primary infection (19.6%) than in patients with secondary infection (10.8%). Kurane et al¹⁸ did not find differences in this respect. Kuno and Bailey, in 1994¹⁶, observed significantly higher levels of IL-6 in hospitalized adults and children than in the outpatient cases, which was contrary to the results obtained in the present study.

In relation to fatal cases, the TNF- α and IFN- γ levels did not show good correlations with illness severity. Chen et al, in 2006⁴, reported normal levels of these cytokines in adults who died due to dengue infection. Nguyen et al, in 2004²⁴, reported that there were no differences in either of these cytokines between fatal and non-fatal cases, while there were higher levels of IL-6 for fatal cases. Unfortunately, those IL-6 levels could not be measured in this study.

Age and sex were observed to have an influence on the clinical form of dengue, in agreement with findings reported in the literature²⁵.

In conclusion, this study demonstrated that IL-6, TNF- α and IFN- γ are involved in dengue virus infection at the early stages of the disease. However, none of these cytokines appeared to be a good marker for severe infection, since no statistically significant differences were found between the two clinical forms. One possible explanation for these results is the difficulty in fulfilling the whole list of criteria established by PAHO for diagnosing dengue hemorrhagic fever, which may result in some real dengue hemorrhagic fever cases being classified as classical dengue. It must be noted that the differences for which statistical significance was not demonstrated may have been so because of insufficient sample size and that contradictory data in the literature may be related to lack of uniformity on the day used for sample collection. Therefore, more studies must be undertaken for better comprehension of the balance between these circulating cytokines and their effects on the development of the disease.

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