



# Molecular detection of *Treponema pallidum* sp. *pallidum* in blood samples of VDRL-seroreactive women with lethal pregnancy outcomes: A retrospective observational study in Northern Brazil

Detecção molecular do *Treponema pallidum* sp. *pallidum* em amostras de sangue de mulheres sororeativas ao VDRL com resultado letal da gravidez: Um estudo observacional retrospectivo no norte do Brasil

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## ABSTRACT

**Introduction:** Although control measures of maternal and congenital syphilis are available in Brazil, difficulties exist within the healthcare network in providing a laboratory diagnosis of the infection during the prenatal period. The objective of this study was to confirm the presence of *Treponema pallidum* by PCR in women with positive VDRL serology and lethal pregnancy outcomes, i.e., abortion, stillbirth and neonatal death. **Methods:** A retrospective study was conducted on VDRL-seroreactive women with lethal pregnancy outcomes admitted to the *Fundação Santa Casa de Misericórdia do Pará* (FSCM-PA) between January and July 2004. Serum samples and DNA from whole blood were obtained at the time of screening by the VDRL test. These samples were analyzed by IgG ELISA, IgM FTA-Abs and simple PCR (*polA*). **Results:** During the study period, 0.7% (36/4,912) of women with lethal pregnancy outcomes presented a positive VDRL test. The *polA* gene was amplified in 72.7% (24/33) of these women, with 55.6% (20/36) and 94.4% (34/36) presenting IgM and IgG antibodies against *T. pallidum*, respectively. Comparison of these results showed a significant difference, with agreement between the PCR and IgM FTA-Abs results, suggesting that maternal syphilis was an active infection. No basic cause of death of the conceptus was reported in 97.2% (35/36) of cases. Among women who were submitted to the VDRL test during the prenatal period, only four of the nine seroreactive patients underwent treatment. **Conclusions:** The high frequency of syphilis in the group studied indicates the fragility of the service of infection diagnosis, treatment and monitoring, compromising epidemiological control.

**Keywords:** Syphilis. Lethal pregnancy outcomes. PCR. VDRL.

## RESUMO

**Introdução:** Apesar das medidas de controle da sífilis materna e congênita estarem disponíveis no Brasil, existem dificuldades da rede em prover o diagnóstico laboratorial da infecção durante o pré-natal. O objetivo deste estudo foi confirmar a presença do *Treponema pallidum* pela PCR em mulheres com sorologia positiva ao VDRL e com resultado letal da gravidez, isto é, aborto, natimorto e neomorto. **Métodos:** Estudo retrospectivo realizado em mulheres VDRL-sororeativas com resultado negativo da gravidez, admitidas na Fundação Santa Casa de Misericórdia do Pará FSCM-PA entre janeiro e julho de 2004. As amostras de soro e DNA de sangue total foram obtidas no mesmo período da triagem pelo VDRL. Estas amostras foram analisadas pelo ELISA IgG, FTA-Abs IgM e PCR simples (*polA*). **Resultados:** Durante o período de estudo, 0,7% (36/4.912) das mulheres com resultado letal da gravidez apresentaram VDRL positivo. O gene *polA* foi amplificado em 72,7% (24/33) destas mulheres, com 55,6% (20/36) e 94,4% (34/36) apresentando anticorpos tipo IgG e IgM contra o *T. pallidum*, respectivamente. A comparação destes resultados mostrou uma diferença estatística significativa, sendo que os resultados da PCR versus FTA-Abs IgM mostraram-se concordantes, sugerindo que a sífilis materna era uma infecção ativa. A causa básica de morte dos conceptos não foi relatada em 97,2% (35/36) dos casos. Entre as mulheres que foram submetidas ao VDRL no pré-natal, somente quatro das nove soropositivas receberam tratamento. **Conclusões:** A elevada frequência de sífilis no grupo de estudo indica a fragilidade do serviço no diagnóstico, tratamento e monitoramento da infecção, comprometendo o controle epidemiológico.

**Palavras-chaves:** Sífilis. Resultado letal da gravidez. PCR. VDRL.

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## INTRODUCTION

Syphilis is a sexually transmitted disease (STD) caused by *Treponema pallidum* subspecies *pallidum*, with an estimated 12 million new cases per year<sup>1</sup>. In Brazil, studies have shown a prevalence of syphilis of 1.6% among pregnant women<sup>2</sup>. According to data from the Ministry of Health<sup>3</sup>, 46,530 cases of congenital syphilis (CS) were notified in infants younger than one year-old between 1998 and 2008, and approximately 1,189 deaths due to CS were reported, with an incidence of 9% in the Northern region. Notification of CS has been compulsory in Brazil since 1986<sup>2</sup>; however, only after 2005 were suspected or confirmed cases of syphilis in pregnant women included in this register, because of their epidemiological importance<sup>3</sup>.

The consequences of undiagnosed and/or inadequately treated syphilis during the prenatal period include abortion, stillbirth, premature birth, newborns with clinical signs of CS and, more frequently, apparently healthy children who later develop clinical signs<sup>2,4-7</sup>. Approximately 40% of pregnancies with maternal-fetal transmission result in spontaneous abortion, stillbirth, and perinatal death<sup>2,5,6,8</sup>.

Some factors related to maternal infection increase the probability of CS, including the presence of primary syphilis or syphilis of indeterminate duration, high titers in nontreponemal tests (VDRL or RPR  $\geq$  1:16) during treatment or delivery, inadequate prenatal care (few or no prenatal visits), a short time interval between treatment and birth (< 4 weeks), untreated syphilis and untreated partners<sup>2,4,6,8</sup>. Maternal and congenital syphilis continue to be important causes of stillbirth and infant morbidity and mortality worldwide<sup>9,10</sup>.

Between 0.5 and 1 million of cases of CS occur worldwide every year and more than 1/5 of cases of neonatal mortality are directly attributed to syphilis

in some developing countries<sup>2,4,9,10</sup>. The presumptive diagnosis of syphilis is made indirectly by nontreponemal serological tests, such as Venereal Disease Research Laboratory (VDRL) and rapid plasma reagin (RPR), and treponemal tests, such as fluorescent treponemal antibody absorption (FTA-Abs) and *Treponema pallidum* hemagglutination assay (TPHA). Nontreponemal tests are used for screening and may yield false-positive results. Thus, treponemal tests are performed to confirm the screening tests when disease is suspected<sup>2,8</sup>. In addition, *T. pallidum* cannot be grown in culture, so a definitive diagnosis is made by direct visualization of the spirochete under a dark-field microscope or by direct fluorescent antibody testing. Both methods require skilled personnel and are not widely available<sup>8</sup>.

Polymerase chain reaction (PCR) could be an interesting alternative for diagnosing syphilis in the mother and contributing to rapid identification of the disease (primary, secondary and latent syphilis)<sup>11-15</sup>, which can lead to adverse pregnancy outcomes with deleterious effects on the newborn when not diagnosed and treated adequately. In addition, studies of this approach have shown that it is a valuable tool and may contribute to epidemiological control of maternal and congenital syphilis in Brazil, reducing government expenditure on preventable and curable diseases.

The objective of the present study was to confirm the presence of *T. pallidum* by PCR in whole blood of VDRL-seroreactive women with lethal pregnancy outcomes admitted to a referral hospital for maternal-fetal medicine in Northern Brazil.

## METHODS

### Settings

A retrospective study was conducted on 4,912 women admitted for delivery or curettage to the obstetric center of *Fundação Santa Casa de Misericórdia do Pará* (FSCM-PA), Brazil, between January and July 2004. In this study, a cohort of 36 women with lethal pregnancy outcomes and seroreactive in the VDRL screening test for syphilis were investigated, who were diagnosed while receiving hospital care during the period mentioned. Other cases of pregnancies with lethal outcomes reported in the hospital were excluded from the study, since they were associated with causes not related to the study, such as provoked abortion, congenital malformation and chromosome anomalies, among others. For all pregnancies, spontaneous abortion, stillbirth or neonatal death of the conceptus was defined as a lethal outcome.

Data regarding personal identification, sexual/reproductive health and obstetric history were obtained using a standard protocol applied to the women during the period studied. The patient records were reviewed for clinical diagnosis and the cause of fetal and neonatal death.

### Biological specimens and serology

Samples of whole blood collected with ethylenediaminetetraacetic acid (EDTA) as anticoagulant and serum were obtained and processed at the time of screening by the VDRL test (January and July 2004). The serum samples were analyzed in duplicate using the IgG *Treponema pallidum* ELISA kit (Novatec Immunodiagnostica GmbH, Dietzenbach, Germany) and Imuno-Con IgM FTA-Abs kits (Wama Diagnóstica, São Carlos, SP, Brazil) for confirmation of the VDRL test result. Each test was performed in accordance with manufacturer's recommendations.

Whole DNA was extracted from blood using the phenol-chloroform method during the same period and stored at -70°C for one year at the Laboratory of Immunogenetics, Federal University of Pará, and periodically shipped for PCR.

### DNA extraction and PCR

DNA was extracted from whole blood using the phenol-chloroform method. For this, 300µL of whole blood obtained from each patient was mixed with 1 ml red blood cell lysis solution [solution A (100mL): 1M NH<sub>4</sub>Cl, 1M EDTA; solution B (5.58mL): 1M NH<sub>4</sub>HCO<sub>3</sub>]. The mixture was homogenized by perpendicular shaking for 15min and centrifuged at 20,000xg for 5min, after which the supernatant was carefully discarded. This procedure was repeated an additional two times. Next, 10µl proteinase K and 300µl alkaline lysis buffer (100mmol/L Tris-HCl, 20mmol/L EDTA, 200mmol/L NaCl, 1% dodecyl-sodium sulfate, 0.2% β-mercaptoethanol) were added to the lysate and the mixture was incubated for 12h at 58°C. The lysate was extracted with an equal volume of phenol-chloroform, precipitated with isopropano, and washed with 70% alcohol. The pellet was resuspended in 200µL of sterile distilled water. The concentration and integrity of the DNA were measured by spectrophotometry (A<sub>260nm</sub>/A<sub>280nm</sub>) and amplification of the universal 16S ribosomal gene<sup>16</sup>, respectively.

The samples were analyzed by simple PCR targeting the polymerase I (*polA*) gene of *T. pallidum*. The following primers were used based on a 209-bp region of the *polA* gene that is unique to *T. pallidum*: a 22mer-forward primer (5'-AGACGGCTGCACATCTTCTCCA-3') and a 22-mer reverse primer (5'-AGCAGACGTTACATCGAGCGGA-3'). The PCR mixture contained 0.02mM of each dNTP, 1X PCR buffer, 0.18mM MgCl<sub>2</sub>, 1.0 unit Taq DNA Platinum Polymerase (Invitrogen, São Paulo, Brazil), and 5µl of the DNA sample, adjusted to a final volume of 25µL with sterile water. *T. pallidum* Nichols strain, kindly provided by Dr. Hsi Liu from the Centers for Disease Control and Prevention (CDC, Atlanta, Georgia), was used as positive control. DNA from one control sample (VDRL/ELISA IgG-seronegative) and PCR mixture without DNA were used as negative controls. PCR was performed in an Eppendorf Mastercycler under the following conditions: 94°C for 3min, 60°C for 30s, and 72°C for 45s (40 cycles). After the final cycle, the mixture was incubated at 72°C for 7 min to complete the reaction. The PCR products were separated by electrophoresis on 1.5% agarose gel stained with ethidium bromide for visualization of the amplicon.

### Statistical analysis

Pearson's linear correlation test was applied to evaluate the correlation between the concentration of treponemal (IgG ELISA) and nontreponemal (VDRL) antibodies. For this analysis, anti-cardiolipin antibody titers were submitted to reciprocal transformation. The contingency coefficient C test was used to evaluate the association between VDRL results versus IgM FTA-Abs. A pooled proportion test (p value<sub>combined</sub>) was also calculated to compare with the results of *T. pallidum* diagnostic methods, including IgG ELISA, IgM FTA-Abs, and PCR. Statistical analysis was performed using the Bioestat 5.0 software<sup>17</sup>. Differences were considered to be statistically significant when p values were less than 0.05.

### Ethical considerations

The study was approved by the Research Ethics Committee of the Nucleus of Tropical Medicine, Federal University of Pará, Brazil.

## RESULTS

According to the records of FSCM-PA, 3,809 deliveries were performed between January and July 2004, including 62% (2,365/3,809) normal deliveries and 38% (1,444/3,809) cesarean sections. Live births accounted for 94.6% (n = 3,602) of all 3,809 deliveries and stillbirths corresponded to 5.4% (n = 207). In addition, there were 1,103 cases of uterine curettage due to spontaneous abortion.

During the study period, 36 (0.7%) of 4,912 delivery and curettage cases were women with a positive VDRL screening test for syphilis who presented a negative pregnancy outcome. Stillbirth was observed in 52.8% (19/36) of these women, neonatal death in 19.4% (7/36), and abortion in 27.8% (10/36). The adverse pregnancy outcome occurred between 23 and 41 weeks of gestation in 66.7% (24/36) of the patients. All women were multiparous, with 25% (9/36) of them reporting a history of abortion.

**Table 1** shows some of the characteristics of sexual/reproductive health and prenatal care of the patients with syphilis and lethal pregnancy outcome. The mean age was  $21.8 \pm 4.5$  years-old. Regarding prenatal care, 36.1% (13/36) of the women did not attend any prenatal visit. Among the women attending at least one prenatal visit, 65.2% (15/23) were submitted to the VDRL test and only 26.7% (4/15) underwent another VDRL screening test. However, only four of the nine patients who tested positive during this period received treatment with benzathine penicillin G (a dose of 2.4 million units) and only one of the partners was also treated. The other seroreactive patients were not submitted to antibiotic therapy.

Regarding sexual/reproductive health, 58.3% (21/36) of the patients reported a clinical-laboratory diagnosis of STDs, including syphilis in 44.4% (16/36), gonorrhea in 5.5% (2/36), HIV infection and syphilis in 20% (2/36), and herpes/syphilis in 2.8% (1/36). In addition, 83.3% (30/36) of the women did not use preservatives and 69.4% (25/36) reported sexual contact with two or more partners over the preceding 18 months.

A review of the patient records showed that two patients were HIV seropositive, seven were seronegative and no HIV result was reported in 27. Regarding the clinical characteristics of syphilis, only 11.1% (4/36) of the women reported symptoms during pregnancy, including hard chancre in one and syphilitic roseolae in three.

**TABLE 1 - Characteristics of the 36 women with lethal pregnancy outcomes seen at FSCM-PA between January and July 2004.**

Characteristic	Number	Percentage
<b>History of other STDs (n=36)</b>		
yes	21	58.3
no	15	41.7
<b>Use of preservatives (n=36)</b>		
yes	6	16.7
no	30	83.3
<b>Number of sex partners over the last 1.5 years (n=36)</b>		
1 partner	11	30.6
≥ 2 partners	25	69.4
<b>Prenatal care (n=36)</b>		
yes*	23	63.9
no	13	36.1
<b>VDRL test during prenatal period (n=23)</b>		
yes	15	65.2
no	8	34.8
<b>VDRL result/prenatal treatment (n=15)</b>		
reactive/treated**	4	26.7
reactive/not treated***	5	33.3
non-reactive	6	40.0
Age, years (mean ± SD)	21.8 ± 4.5	
FSCM-PA: Fundação Santa Casa de Misericórdia do Pará, STDs: Sexually transmitted disease.		
VDRL: Venereal Disease Research Laboratory, SD: Standard deviation.		
*at least two visits, **patient underwent treatment recommended by the physician, ***patient did not undergo treatment recommended by the physician.		

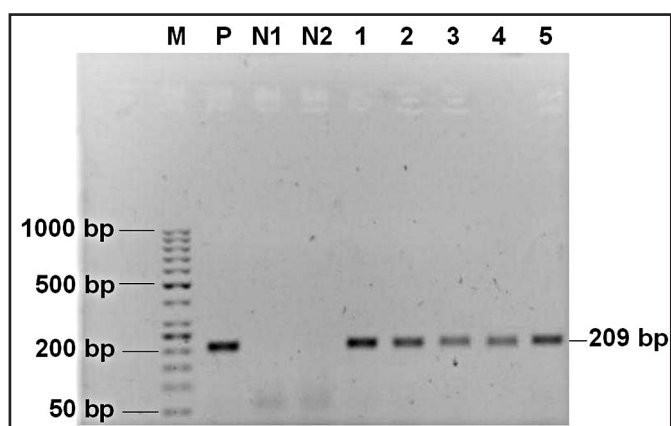
The distribution of VDRL titers and the results of IgG ELISA, IgM FTA-Abs and PCR obtained for the patients studied are shown in **Table 2**. Statistical analysis revealed a positive correlation only between treponemal (ELISA IgG) and nontreponemal (VDRL) serological tests, i.e., the concentration of anti-cardiolipin antibodies increased with increasing concentration of IgG antibodies against *T. pallidum*.

Concerning the molecular diagnosis, three DNA samples were excluded from the PCR analysis because these samples presented low concentrations by spectrophotometry and negative PCR for the 16S RNA gene. *T. pallidum* DNA was not identified in the negative control with DNA template from VDRL/ELISA IgG-negative blood samples. Thus, the *polA* (**Figure 1**) gene was amplified by PCR in

**TABLE 2 - Distribution of the VDRL, IgG ELISA, IgM FTA-Abs and PCR results in women with syphilis.**

Titer	VDRL (n=36)		IgG ELISA (n=36)				IgM FTA-Abs (n=36)				PCR <i>PolA</i> (+) (n=33)			
			(+)		(-)		(+)		(-)		(+)		(-)	
	n	%	n	%	n	%	n	%	n	%	n	%	n	%
1:2	3	8.3	3	8.3	-	-	1	2.8	2	5.6	1	3.0	2	6.1
1:4	2	5.5	2	5.5	-	-	1	2.8	1	2.8	2	6.1	-	-
1:8	6	16.6	5	13.9	1	2.8	3	8.3	3	8.3	4	12.1	2	6.1
1:16	5	13.8	4	11.1	1	2.8	2	5.6	3	8.3	4	12.1	-	-
1:32	10	27.7	10	27.8	-	-	7	19.4	3	8.3	6	18.2	3	9.1
1:64	6	16.6	6	16.7	-	-	2	5.6	4	11.1	3	9.1	2	6.1
1:128	4	11.1	4	11.1	-	-	4	11.1	-	-	4	12.1	-	-
<b>Total</b>	<b>36</b>	<b>100.0</b>	<b>34</b>	<b>94.4</b>	<b>2</b>	<b>5.6</b>	<b>20</b>	<b>55.6</b>	<b>16</b>	<b>44.4</b>	<b>24</b>	<b>72.7</b>	<b>9</b>	<b>27.3</b>

VDRL: Venereal Disease Research Laboratory, IgM: G Immunoglobulin, ELISA: Enzyme-Linked Immunosorbent Assay, PCR: Polymerase chain reaction, IgG: G Immunoglobulin, FTA-Abs: fluorescent treponemal antibody absorption, *PolA*: Polymerase I.



**FIGURE 1 - Amplification of the *polA* gene (209bp) of *Treponema pallidum*.**

Panels 1-5: patient specimens, M: molecular marker (100bp); P: positive control; N1 and N2: negative controls.

72.7% (24/33) of samples, i.e., in 80% (8/10) of the women who had a spontaneous abortion, in 57.9% (11/19) of those whose child was stillborn, and in 71.4% (5/7) of those whose child was born alive and died after delivery.

Comparison of these PCR results with the results of ELISA IgG and FTA-Abs IgM showed a significant difference ( $p_{\text{combined}} = 0.0008$ ), with the observation of different proportions between ELISA versus PCR ( $p < 0.05$ ) and ELISA versus FTA-Abs ( $p < 0.01$ ). ELISA detected a larger number of cases of syphilis; however, the results of PCR and FTA-Abs were similar ( $p > 0.05$ ).

Some discordant results were observed when comparing the serological tests and PCR as follows: group I: one woman who presented a positive molecular test, a seronegative IgG ELISA/IgM FTA-Abs and VDRL titers of 1:8 was asymptomatic and had no history of syphilis. The patient was admitted for abortion during the first trimester of gestation and attended no prenatal visit. Group II: five women who tested negative by PCR were seroreactive by ELISA/FTA-Abs, three with VDRL titers  $\geq 1:32$  and two with titers  $\leq 1:8$  had a history of syphilis infection. Two of them had HIV/syphilis.

Regarding the cause of death of the conceptus of patients with suspected syphilis, the basic cause of death was not reported in 97.2% (35/36) of cases and was classified as unknown or indeterminate on the death certificate. The basic cause of death was only reported in the case of one conceptus (neonatal death), i.e., prematurity associated with cardiorespiratory arrest. In the stillbirth group, intrauterine anoxia and amniorrhexis/chorioamnionitis were reported as a secondary cause of death in 21% (4/19) and 5.3% (1/19) of the death certificates, respectively.

Regarding prenatal treatment, four patients who were diagnosed and treated for primary syphilis were positive by PCR, IgG ELISA and IgM FTA-Abs at the time of admission for delivery or curettage, with three presenting titers  $\geq 1:32$  and one titers of 1:4 during this period. These patients were at 24 to 32 weeks of gestation and the lethal outcome was stillbirth. In addition, four of the five VDRL-seroreactive patients not treated during the prenatal period tested positive by PCR/IgG ELISA, with titers 1:32. Two of these patients were positive by IgM FTA-Abs (Table 1).

## DISCUSSION

*T. pallidum* DNA was amplified in approximately 72% of the whole blood samples from VDRL-seropositive and IgM FTA-Abs-seropositive women, suggesting that maternal syphilis is an active infection. In addition, the *polA* gene was detected in 68.7% of the patients with FTA-Abs (-) /ELISA (+).

Previous studies have confirmed the presence of *T. pallidum* in peripheral blood by molecular biology methods, with a sensitivity of  $\geq 10$  spirochetes in samples<sup>6,8,11-14</sup>. The polymerase I gene has been preferentially used for screening suspected cases of syphilis<sup>11-15,18</sup>. Studies using different target genes and different combinations of treponemal and nontreponemal serological methods verified a good correlation between PCR and serology results, ranging from 88 to 96%<sup>19-21</sup>. Marfin et al<sup>13</sup> detected the *polA* gene in whole blood samples of 64% (9/14) of individuals with a reactive MHA-TP and of 43% (6/14) of individuals with RPR titers of 1:8 or higher.

The present study verified a strong significant association between the results obtained by PCR and IgM FTA-Abs, supporting the consideration of a recent infection. Leslie et al<sup>22</sup> reported 95% agreement between PCR and the combined serology results (RPR/TPPA/EIA IgM-IgG/EIA IgM) in the investigation of recent syphilis. In contrast, our group observed a difference in the proportions of the results of IgM FTA-Abs versus IgG ELISA and PCR versus IgG ELISA that may be attributed to the low sensitivity of PCR and FTA-Abs. However, it should be emphasized that most patients were clinically diagnosed with indeterminate syphilis and that 19 women of this group reported treatment for syphilis prior to the pregnancy studied, which could be related to the serological detection of antibodies of a previous infection<sup>5,8,23,24</sup>, or to a small number of treponemes in the circulation<sup>8,22,25</sup>.

In the present study, statistical analysis between treponemal and nontreponemal serological tests showed a significant correlation between the magnitude of treponemal (IgG ELISA) and nontreponemal (VDRL) antibody titers, confirming the diagnostic value of VDRL in maternal syphilis. However, the sensitivity of the VDRL test has been shown to be lower during the early and late stages of the disease<sup>2,4,8,23,25-27</sup>, a fact that may explain the negative results obtained for 34.8% of the women during prenatal care, since they were submitted to only one VDRL test and none were submitted to a treponemal test during the prenatal period.

Studies have shown high sensitivity for the treponemal tests ELISA, FTA-Abs and TPHA during the early and late stages of infection<sup>4,5,8,25-27</sup>. Thus, the combination of nontreponemal and treponemal tests during prenatal screening and on admission to delivery is important, since it contributes to both the exclusion of a false-positive result<sup>26</sup> and the detection of a false-negative VDRL<sup>28,29</sup>, taking into account the limitations of the latter. A study conducted in South Africa<sup>26</sup>, where syphilis is a significant cause of adverse pregnancy outcomes, showed that the use of both a nontreponemal and a treponemal test was important for prenatal screening, since these tests reduced adverse pregnancy outcomes by permitting an accurate diagnosis, immediate treatment and monitoring of the infection.

Concerning the discrepant results observed, we speculate that the case in group I presenting positive PCR and negative specific treponemal serology could represent a very recent infection with low pathogen levels that may not be sufficient to induce the production

of specific IgM/IgG antibodies<sup>22,30</sup>. Palmer et al<sup>19</sup> attributed this type of discrepancy to patients with immune dysfunction associated with antibiotic treatment that may have blunted a serological response to *T. pallidum*. On the other hand, the possibility of a false-positive PCR result cannot be ruled out.

Regarding group II, the discordant results between PCR and the serological tests could be related to the following factors: A) nonspecific serological reactions due to HIV/syphilis coinfection, especially since the women presented low ELISA, FTA-Abs and VDRL titers and had a history of treatment for syphilis<sup>25</sup>; B) low titers for antitreponemal (IgG)/nontreponemal (cardiolipin) antibodies are expected to persist for a long period of time in patients following cure<sup>4,23,25</sup>; and/or C) the sensitivity of the *polA*-PCR technique in detecting *T. pallidum* DNA in blood sample could have been low. Several studies have attributed the low sensitivity in detecting *T. pallidum* to the PCR method used, the choice of primer and the type of sample selected<sup>13,18,19,31</sup>. While evaluating three PCR assays using different biological specimens, Castro et al<sup>31</sup> verified that the 47-PCR test was the most sensitive (39.1%) for detecting *T. pallidum* DNA in latent syphilis, followed by M-PCR (38.3%) and *PolA*-PCR (31.1%). In addition, the best results were obtained with ear lobe scrapings, followed by plasma, whole blood and sera.

In the present study, certain risk factors for sexually transmitted infections (STIs) were observed, i.e., the majority of the women did not use preservatives, had sexual relations with two or more partners during the preceding 18 months and had a history of STIs (laboratory diagnosis of syphilis, syphilis/HIV, gonorrhea and Chlamydia). Several reports have emphasized the epidemiological importance of these variables as risk factors for STIs<sup>1,4,32-34</sup>. It is important to emphasize that some factors related to maternal infection increase the probability of CS, including the presence of primary syphilis or syphilis of indeterminate duration, high titers in nontreponemal tests during treatment or delivery, inadequate prenatal care, a short time interval between treatment and birth (< 4 weeks), untreated syphilis and untreated partners<sup>2,4,6,8</sup>.

More than 25% of the women studied did not attend prenatal care. In addition, many of the women who attended prenatal visits were not screened for syphilis infection. Among the women who were submitted to the VDRL test, more than 60% were seroreactive, but less than half were treated for the infection. None of the women submitted to the VDRL test during the prenatal period were submitted to a treponemal test.

The *polA* gene was detected even in women who were diagnosed and treated during the prenatal period. These women were also positive by IgM FTA-Abs and IgG ELISA and presented high anti-cardiolipin antibody titers at the time of the lethal outcome, demonstrating that the prenatal care offered was ineffective in preventing adverse pregnancy outcomes. These findings reflect the low compliance with prenatal follow-up and the failure of the service to diagnose and monitor treatment, which should be established for both the pregnant woman and her partner. Increasing prenatal coverage and providing access to prenatal services have proven to be good strategies, with a positive impact on the reduction of cases of maternal and congenital syphilis and the transmission of HIV<sup>34-36</sup>.

The cause of death was not determined in the cases of stillbirth or neonatal death; the death certificates did not state any cause of death. In Brazil, the poor quality of death records is one of the main limiting factors of the investigation and analysis of mortality profiles,

especially in socioeconomically less developed regions, such as the north and northeast<sup>32,37</sup>. In addition, the cause of lethal pregnancy outcome is determined by autopsy of the fetus, a procedure that is not always performed in Brazil and is often not possible to perform<sup>32</sup>. This fact impairs the determination of the true magnitude of CS as a cause of fetal and neonatal death.

The high agreement between the results of PCR and IgM FTA-Abs in the women with lethal pregnancy outcome does not rule out the possibility that maternal infection caused the death of the conceptus<sup>2,4-7,9,33-36,38,39</sup>. However, it should be mentioned that biological material for the analysis of congenital infection and consequent confirmation of the relation of maternal/fetal syphilis with the lethal outcome could not be obtained during the development of the study protocol, thus further studies are necessary.

Several limitations warrant discussion, the main one is the lack of a gold standard for the direct detection of *T. pallidum* with which to compare the PCR assay. The gold standard for diagnosis of syphilis is the rabbit infectivity test (RIT), in which the body fluid with suspected syphilis is injected into a rabbit. This test has proven high sensitivity and is able to detect a single viable organism in the sample<sup>8</sup>, but it is not used routinely in clinical practice in Brazil and requires special conditions for its execution. However, previous studies have demonstrated a correlation between PCR amplification and RIT for whole blood<sup>40,41</sup>.

Finally, PCR could be an interesting alternative for the diagnosis of syphilis in the mother, which would contribute to rapid identification of the disease and to epidemiological surveillance of syphilis, which is a serious public health problem in Brazil. Prenatal care with a good coverage rate and effective clinical-laboratory monitoring are fundamental measures for minimizing maternal-fetal syphilis transmission and, consequently, reducing adverse pregnancy outcomes.

High agreement between the results of PCR and IgM FTA-Abs in VDRL-seropositive women with lethal pregnancy outcome indicates active infection with *T. pallidum*. This situation associated with the lack of diagnostic monitoring and adequate treatment during the prenatal period suggests the need to investigate maternal-fetal syphilis and cases of death of the conceptus of women with syphilis, using more sensitive and specific diagnostic methods. Within this context, PCR could contribute to epidemiological surveillance of syphilis, especially CS, in which laboratory diagnosis is more difficult, and promote actions for the surveillance and control of the disease.

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## CONFLICT OF INTEREST

The authors declare that there is no conflict of interest.

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