

A Rare Subtype of a Rare Tumor

Paulo Medeiros,¹ Ana Rita Coelho,² João Magalhães,² Nuno Salomé,¹ Vítor Pereira^{1,3} Departamento de Cardiologia, Hospital de Braga,¹ Braga – Portugal Departamento de Patologia, Centro Hospitalar e Universitário de São João,² Porto – Portugal Universidade do Minho,³ Braga – Portugal

A 71-year-old woman was admitted to our center, complaining of fatigue, dyspnea, and anorexia. Physical examination revealed a grade III low-pitched diastolic murmur at the mitral focus. Transthoracic echocardiogram (TTE) showed an oval mass inside the left atrium (LA) extending from its roof to the mitral valve (Figure 1A), causing significant transmitral pressure gradient (Figure 1B). Transesophageal echocardiogram (TEE) (Figure 1C) raised the suspicion of left superior pulmonary vein involvement, which was confirmed by computed tomography (CT) angiography (Figure 1D). Cardiac magnetic resonance imaging characterized the mass as isointense on T1 and hyperintense on T2-weightened images; there was a contrast uptake, in first-passage sequences, and a heterogeneous late gadolinium enhancement (Figure 2A-D).

The patient was referred for the surgical removal of the mass (Figure 3A). Upon histologic examination, the mass consisted of a highly cellular malignant neoplasm with pleomorphic spindle cells and bizarre nuclei (Figure 3B). Immunohistochemical analysis revealed a diffuse staining pattern for desmin (Figure 3C), smooth muscle actin (Figure 3D), and h-Caldesmon (Figure 3E). Nuclear staining for MDM2 was multifocal (Figure 3F). Globally, these features suggested the diagnosis of leiomyosarcoma. Although the surgery had no immediate complications, the patient died on the 14th postoperative day due to septic shock secondary to a nosocomial respiratory tract infection.

Cardiac tumors are rare and most often benign.¹ Clinical presentation depends on the location, dimension, and mobility of the mass. Sarcomas account for most primary malignant heart tumors. These are usually aggressive and

overall prognosis is poor,² with a median survival of about 9 months.³ Noninvasive imaging techniques play a crucial role in the diagnostic workup, enabling location and tissue characterization of the mass, as well as an evaluation of the functional impairment and involvement of surrounding structures. All of these features contribute to a better surgical planning. However, these do not differentiate between histological subtypes.⁴ Currently, the only treatment with survival benefit is surgical resection.⁵

Author Contributions

Conception and design of the research and Writing of the manuscript: Medeiros P; Acquisition of data and Analysis and interpretation of the data: Medeiros P, Coelho AR, Magalhães J, Salomé N, Pereira V; Critical revision of the manuscript for important intellectual content: Magalhães J, Salomé N, Pereira V.

Potential Conflict of Interest

No potential conflict of interest relevant to this article was reported.

Sources of Funding

There were no external funding sources for this study.

Study Association

This study is not associated with any thesis or dissertation work.

Keywords

Heart Neoplasms/surgery; Mitral Valve/surgery; Diagnostic, Imaging/methods; Heart Failure/complications; Multimodal Imaging/methods, Leiomyosarcoma/surgery.

Mailing Address: Paulo Duarte Araújo Leite Medeiros • Rua Amália da Costa Lima, 100, Apartamento 8. Postal Code 4710-488, Gualtar, Braga – Portugal E-mail: paulo.duarte.medeiros@gmail.com

Manuscript received July 03, 2022, revised manuscript October 18, 2022, accepted December 14, 2022

DOI: https://doi.org/10.36660/abc.20220486

Image

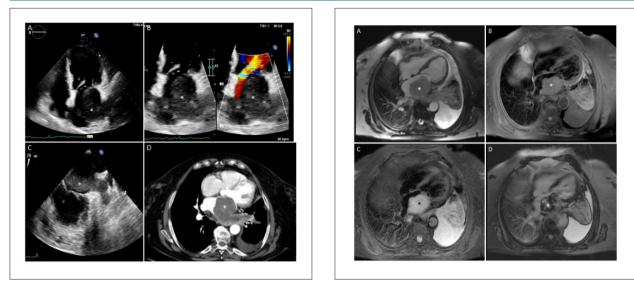


Figure 1 – Echocardiography and computed tomography. (A) TTE four-chamber view revealing an oval mass (*) inside the LA. (B) zoom and color comparison of the LA and left ventricle inflow tract, demonstrating a diastolic pressure gradient. (C) TEE, raising the suspicion of left superior pulmonary vein and left atrial appendage involvement. (D) Thoracic CT scan confirming pulmonary vein invasion by the mass.

Figure 2 – Cardiac magnetic resonance imaging. (A) T1-weighted image revealing an isointense mass (*). (B) T2-weighted image with the mass appearing as hyperintense. (C) Contrast uptake in first-passage sequences. (D) Heterogeneous late gadolinium enhancement.

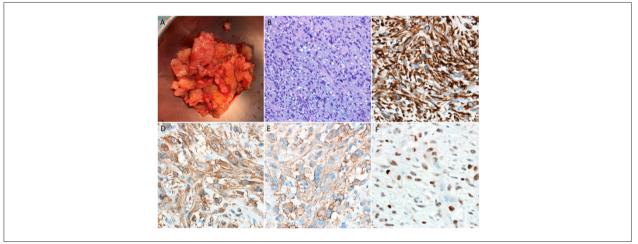


Figure 3 – Surgical specimen and histopathological study. (A) Excised surgical specimen. (B) HE 200x revealing a highly cellular tumor composed of pleomorphic spindle cells with a high mitotic index. (C) Staining pattern for desmin. (D) Staining pattern for smooth muscle actin. (E) Staining pattern for h-Caldesmon. (F) Nuclear staining for MDM2.

References

- Paraskevaidis IA, Michalakeas CA, Papadopoulos CH, Anastasiou-Nana M. Cardiac tumors. *ISRN Oncol.* 2011;2011:208929. doi: 10.5402/2011/208929
- Neragi-Miandoab S, Kim J, Vlahakes GJ. Malignant tumours of the heart: a review of tumour type, diagnosis and therapy. *Clin Oncol (R Coll Radiol)*. 2007;19(10):748-56. doi: 10.1016/j.clon.2007.06.009
- 3. Oliveira GH, Al-Kindi SG, Hoimes C, Park SJ. Characteristics and Survival of Malignant Cardiac Tumors: A 40-Year Analysis of >500 Patients.

Circulation. 2015;132(25):2395-402. doi: 10.1161/CIRCULATIONAHA. 115.016418

- 4. Basso C, Rizzo S, Valente M, Thiene G. Cardiac masses and tumours. *Heart*. 2016;102(15):1230-45. doi: 10.1136/heartjnl-2014-306364
- 5. Hoffmeier A, Sindermann JR, Scheld HH, Martens S. Cardiac tumors-diagnosis and surgical treatment. Dtsch Arztebl Int. 2014;111(12):205-11. doi: 10.3238/arztebl.2014.0205



This is an open-access article distributed under the terms of the Creative Commons Attribution License