

Effects of both ecdysone and the acclimation to low temperature, on growth and metabolic rate of juvenile freshwater crayfish *Cherax quadricarinatus* (Decapoda, Parastacidae)

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ABSTRACT. Growth, metabolic rate, and energy reserves of *Cherax quadricarinatus* (von Martens, 1868) juveniles were evaluated in crayfish acclimated for 16 weeks to either 25°C (temperature near optimum) or 20°C (marginal for the species). Additionally, the modulating effect of ecdysone on acclimation was studied. After 12 weeks of exposure, weight gain of both experimental groups acclimated to 25°C (control: C25, and ecdysone treated: E25) was significantly higher than that of those groups acclimated to 20°C (C20 and E20). A total compensation in metabolic rate was seen after acclimation from 25°C to 20°C; for both the control group and the group treated with ecdysone. A Q_{10} value significantly higher was only observed in the group acclimated to 20°C and treated with ecdysone. A reduction of glycogen reserves in both hepatopancreas and muscle, as well as a lower protein content in muscle, was seen in both groups acclimated to 20°C. Correspondingly, glycemia was always higher in these groups. Increased lipid levels were seen in the hepatopancreas of animals acclimated to 20°C, while a higher lipid level was also observed in muscle at 20°C, but only in ecdysone-treated crayfish.

KEYWORDS. Energy reserves, growth, metabolic rate, Q_{10} .

RESUMEN. Efectos de ecdisona y de la aclimatación a baja temperatura, sobre el crecimiento y la tasa metabólica de juveniles de la langosta de agua dulce *Cherax quadricarinatus* (Decapoda, Parastacidae). Se evaluaron las reservas energéticas, el crecimiento y la tasa metabólica de langostas juveniles de agua dulce *Cherax quadricarinatus* (von Martens, 1868), aclimatadas durante 16 semanas tanto a 25°C (temperatura cercana al óptimo) como a 20°C (temperatura marginal para la especie). Adicionalmente, se evaluó el efecto modulador de la ecdisona sobre la aclimatación. Luego de 12 semanas de exposición, la ganancia en peso de ambos grupos experimentales aclimatados a 25°C (control: C25, y tratados con ecdisona: E25) fue significativamente mayor que la de los grupos aclimatados a 20°C (C20 and E20). Se verificó una compensación total en la tasa metabólica, luego de la aclimatación desde 25 a 20°C, tanto para el grupo control como para el tratado con ecdisona. Solamente se observó un valor de Q_{10} significativamente mayor en el grupo aclimatado a 20°C y tratado con ecdisona. En ambos grupos aclimatados a 20°C, se determinó un reducción en la reservas de glucógeno, tanto en hepatopancreas como en músculo, así como un menor contenido de proteína en músculo. Correspondiente, la glucemia resultó siempre más elevada en esos grupos, que también mostraron un mayor nivel de lípidos en el hepatopancreas, siendo mayor el nivel de lípidos en músculo sólo para los juveniles aclimatados a 20°C y tratados con ecdisona.

PALABRAS-CLAVE. Reservas energéticas, crecimiento, tasa metabólica, Q_{10} .

Metabolic rate of invertebrates depends on several intrinsic and extrinsic factors. Intrinsic factors include: age, gender, weight, degree of locomotor activity and internal work. Extrinsic factors include: ambient temperature, photoperiod, impact of stressors and food availability. Temperature clearly exerts a major influence on metabolic rate of poikilothermic species. However, most poikilotherms display compensatory mechanisms against temperature change; several species are even capable of full compensation and hold their metabolic rate at the same level they had at a higher temperature after an acclimation period to the new lower temperature (HILL *et al.*, 2004). This process, known as metabolic compensation, allows poikilothermic species to minimize the effects of ambient temperatures on physiological processes and to maintain their level of activity at low temperatures (LAGERSPETZ, 2006). The Q_{10} is the factor by which a reaction rate is increased by an increase of ambient temperature by 10°C reflecting the relationship of physiological processes such as metabolic rate, to acute temperature changes. The Q_{10} of metabolic rate of poikilotherms varies at different ambient temperatures; however, it usually has a value of 2-3 (HILL *et al.*, 2004).

Cherax quadricarinatus (von Martens, 1868) is a parastacid crayfish species that inhabits rivers, and ponds of Queensland and other subtropical region of Australia (JONES, 1997). Seasonal fluctuations in temperature and water level stimulate their migration against water current, and therefore they are likely to reach more stable environments (JONES, 1997; MEADE *et al.*, 2002). Populations of *C. quadricarinatus* are commonly found in water bodies highly oxygenated and with rich vegetation. Lower and upper lethal temperatures were reported as 10°C and 36°C, respectively, while growth is optimum between 25°C and 30°C; this species is also tolerant to a wide salinity range (MEADE *et al.*, 2002). However, not much is known regarding the thermal acclimation capacity of *C. quadricarinatus* or the physiological responses involved in this acclimation. This knowledge would be relevant for improving the culturing of this species in temperate climates. In Argentina, the production of this species has increased during the last decade in areas where the climate is marginal for culturing; therefore, developing compensatory management techniques is certainly needed especially for juveniles.

Molting of crustaceans is controlled by ecdysone, secreted as α -ecdysone from the Y-organ. This hormone is further transformed to 20-hydroxyecdysone (or β -ecdysone) in peripheral tissues (CHANG, 1995). 20-hydroxyecdysone peaks during mid- premolt, to return to basal levels in the postmolt and intermolt periods (LACHAISE *et al.*, 1993; CHANG & MYKLES, 2011). Although some anabolic effects of ecdysone have been reported in crustaceans (such as stimulation of vitelogenin synthesis, GUNAMALAI *et al.*, 2004) and mammals (increase of protein synthesis in several tissues, LE BIZEC *et al.*, 2002), no physiological role of this hormone on the thermal acclimation of crustaceans have been previously reported.

This study was aimed to assess the effects of acclimation to a temperature lower than the optimum on: metabolic rate, the utilization of energy reserves, and growth rate of *C. quadricarinatus* juveniles. Additionally, the effect of ecdysone administration on these processes was also studied. We hypothesized that juveniles acclimated to a sub-optimum temperature will be able to compensate their metabolic rate, being facilitated this process by ecdysone.

MATERIAL AND METHODS

Juvenile crayfish used for the acclimation experiment had a mean body weight 0.93 ± 0.02 g (N= 48); they hatched in the laboratory from females purchased at a local farm (Pinzas Rojas SRL, Tucumán, Argentina) at a body weight averaging 0.01 g. During the growing period from hatching to the selected weight, all animals were maintained in glass aquaria with dechlorinated tap water (hardness = 80 mg/L as CaCO₃ equivalents, pH = 7.8), with small PVC pipes as refuges and continuous aeration. The aquaria were housed in a room with a photoperiod of 14:10 (L:D) and a temperature of $27 \pm 1^\circ\text{C}$ throughout the experiment. During this growing period, crayfish were fed *ad libitum* with commercial fish food and fresh leaves of *Elodea* sp. and the water in the aquaria was changed twice a week.

For the acclimation experiment, each juvenile was placed in a glass container filled with 400 mL of dechlorinated and filtered tap water, provided with a small PVC pipe as a refuge. The water source and water replacement frequency were the same as in the growing period. Levels of ammonia, nitrite, alkalinity and hardness, were measured both before and after changing water. Ammonia was determined by means of a colorimetric method (Wiener kit), after hydrolysis with urease. Colorimetric kits were used to assess the rest of the variables. The water quality including the levels of ammonia, nitrite, alkalinity, hardness, and pH remained within the acceptable limits for the studied species (BOYD, 1982; JONES, 1997) throughout the experiment.

The experiment started at mid-summer and lasted 16 weeks. Twelve animals were assigned to each of the

following experimental groups: (i) C20: acclimated to 20°C and fed with standard diet; (ii) C25: acclimated to 25°C and fed with standard diet; (iii) E20: acclimated to 20°C and fed with a diet supplemented with ecdysone; (iv) E25: acclimated to 25°C and fed with a diet supplemented with ecdysone.

Both groups acclimated to 20°C were maintained in a temperature controlled incubator, with regulated light cycles and air exchange. Those groups acclimated to 25°C were maintained in a room provided with air conditioning. A photoperiod of 14:10 (L:D) was maintained in all groups. Control groups (C20 and C25) were fed daily a standard diet of commercial fish food at 3% of biomass. Once a week, fresh leaves of *Elodea* sp. were also given. The remaining experimental groups were fed in the same way, but three times a week the same standard diet was enriched with ecdysone, in a dose formulated to administer in one pellet 10^{-10} mol of ecdysone/g of crayfish, according to previous studies on the same species (CHAULET *et al.*, 2008). Only after the enriched pellet was totally consumed, the remaining pellets were offered. Enriched pellets were prepared by adding α -ecdysone dissolved in ethanol to the standard diet, which was then re-pelleted and dried at 37°C.

All animals were weighed every two weeks, in order to adjust the food ration and also to calculate the weight gain (WG) as $WG = ((W_x - W_i) / W_i) \times 100$, where W_x is the body weight measured every two weeks, from the beginning of the experiment, and W_i is the initial fresh body weight. Molting and mortality were recorded daily. The degree of locomotion was also qualitatively monitored in all the experimental groups.

At the end of the assay, the specific metabolic rate was estimated as the rate of oxygen consumption per gram (wet weight basis), by means of a constant volume flow-through respirometer. The metabolic chamber was constructed from a hermetically sealed glass jar stoppered with a rubber stopper fitted with a dissolved oxygen probe and connected to a peristaltic pump, by means of plastic connectors. Each animal was initially placed in the chamber and left 10 minutes to allow a resting condition, before recording the oxygen concentration dissolved in water during 20 minutes, at a constant temperature of 25°C or 20°C. Sensor information was digitalized and recorded on a computer. The data obtained were stored for later analysis by linear regression; the absolute value of the slope was the oxygen consumption rate, finally expressed as $\mu\text{g}/\text{min}/\text{g}$. Animals were not fed during the 48 h previous to each recording and each animal was measured first at the temperature at which it had been acclimated, and followed immediately by a second measurement at the remaining temperature. Q_{10} was calculated according to the equation, $Q_{10} = (R_2/R_1)^{10/(T_2-T_1)}$, where R_x is the metabolic rate corresponding to each of the two temperatures of measurement ($T_2 = 25^\circ\text{C}$, $T_1 = 20^\circ\text{C}$).

At the end of the experiment animals were chilled in an ice-water bath, sacrificed and dissected. Both the hepatopancreas and abdominal muscle were quickly

extracted and frozen at -70°C until analysis together with hemolymph samples. Glycogen was extracted by the VAN HANDEL (1965) method and free glucose content was estimated with a colorimetric kit (glucose oxidase method) after acid hydrolysis with HCl, followed by neutralization with Na_2CO_3 . Total protein content was quantified according to LOWRY *et al.* (1951) using bovine albumin as a standard. Total lipids were extracted by the method of FOLCH *et al.* (1957) and quantified by the method of FRINGS *et al.* (1970).

A three way ANOVA (acclimation temperature and hormonal treatment as independent factors, and temperature of measurement as repeated measurement factor), followed by planned comparisons (SOKAL & ROHLF, 1981), were used to compare the experimental oxygen consumption, Q_{10} , and energy reserves. Data normality and homogeneity of variances were always confirmed. Fisher exact test (SOKAL & ROHLF, 1981) was used to compare proportions (mortality and molting) among treatments. A 5% confidence level was considered in all cases.

RESULTS

Mortality during the experiment ranged from 0%, in the C20 group, to a maximum of 25% in the E25 group; no significant ($p>0.05$) difference was detected among groups (Tab. I). The only statistically significant difference in molting was observed for the second molting. The frequency of molting of the E-20 was higher ($p<0.05$) than that of C20. The degree of activity, in terms of locomotion, was similar in all the experimental groups.

Figure 1 shows the WG for the four experimental groups during the 16 weeks of the experiment. At the sixth week, WG of the C25 group begins to be significantly ($p<0.05$) higher than that of both groups acclimated to 20°C , while just after the twelfth week the E25 group differ significantly ($p<0.05$) from the remaining two groups acclimated to 20°C . In these groups, some quantity of food usually remained uneaten at the end of feeding, while this was not observed for both groups acclimated to 25°C . However, the ecdysone-enriched pellet initially offered was always eaten, at both acclimation temperatures.

Figure 2 shows the metabolic rate (oxygen

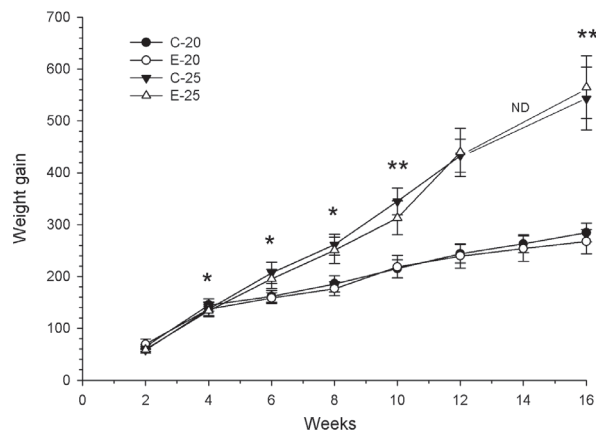


Fig. 1. Weight gain (mean \pm standard error) of *Cherax quadricarinatus* (von Martens, 1868) juveniles C: control and E: ecdysone treated groups, acclimated to either 20 or 25°C [* indicates significant differences ($p<0.05$) between C-25 and both groups acclimated to 20°C ; **, asterisk indicates significant differences ($p<0.05$) between both groups acclimated to 25°C and both groups acclimated to 20°C ; ND, not determined].

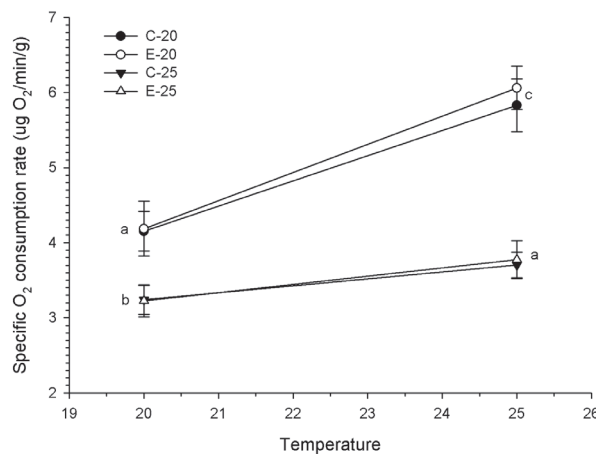


Fig. 2. Oxygen consumption rate ($\mu\text{g O}_2/\text{min/g}$) of *Cherax quadricarinatus* (von Martens, 1868) juveniles, measured at the end of the assay. C: control and E: ecdysone treated groups, acclimated to either 20 or 25°C . Different letters indicate significant differences ($p<0.05$). No difference ($p>0.05$) between any control and ecdysone-treated group was seen at the same temperature of acclimation and measurement.

consumption rate) at the end of the experiment. For each one of the four experimental groups, the metabolic rate measured at 25°C was significantly ($p<0.05$) higher than that measured at 20°C . At any temperature of measurement, both groups acclimated to 20°C had a metabolic rate significantly ($p<0.05$) higher than that of

Tab. I. Mortality and molting of *Cherax quadricarinatus* (von Martens, 1868) juveniles. Number of molted (M) over the alive (A) crayfish at every molting event is indicated. Initial number of animals=12 in all groups. [* , significantly ($p<0.05$) higher percentage than control; C, control; E, ecdysone treated groups, acclimated to either 20 or 25°C].

Group	1st molt		2nd molt		3rd molt		4th molt		5th molt		6th molt		Final N of alive crayfish
	M	A	M	A	M	A	M	A	M	A	M	A	
C-20	12	12	6	12	4	12	1	12	0	12	0	12	12
E-20	12	12	11*	11	3	10	0	10	0	10	0	10	10
C-25	11	12	8	10	3	10	2	10	1	10	0	10	10
E-25	11	12	9	11	5	9	1	9	1	9	1	9	9

the groups acclimated to 25°C. However, the metabolic rate of both groups acclimated to 20°C and measured at the same temperature, was similar ($p>0.05$) to the rate of the groups acclimated and measured at 25°C. Although the metabolic rate (Fig. 2) and the Q_{10} (Fig. 3) of the control groups did not differ ($p>0.05$) from that of ecdysone-treated group acclimated and measured at the same temperature, the Q_{10} of the E20 group was significantly ($p<0.05$) higher than that of any group acclimated to 25°C (Fig. 3).

Levels of energy reserves are shown in Figures 4-6. Comparing the groups acclimated to 20°C with those acclimated to 25°C, hemolymphatic glucose concentrations were significantly higher ($p<0.05$) at 20°C, while glycogen levels were significantly ($p<0.05$) lower, in both hepatopancreas and muscle (Fig. 4). No significant ($p>0.05$) differences were observed in the hepatopancreatic protein level among experimental groups, but protein content of both muscle and hemolymph was significantly ($p<0.05$) higher in both groups acclimated to 20°C than the groups acclimated to 25°C (Fig. 5). Lipid hemolymphatic level (Fig. 6), was significantly ($p<0.05$) higher in the C25 group with respect to the remaining groups. In the hepatopancreas, C20 showed a significantly ($p<0.05$) higher lipid level compared to both groups acclimated to 25°C, while E20 showed an intermediate level. E20 showed the highest lipid level in muscle, significantly ($p<0.05$) different from the remaining groups.

DISCUSSION

An augmented growth rate, both in terms of weight and size, was reported for the king crab *Paralithodes camtschaticus* (Tilesius, 1815) at high temperatures, within its thermal range of tolerance; in this species, as in many other crustaceans, a reduction in the intermolt period at higher temperatures was also observed (STONER *et al.*, 2010). In the current study, molt frequency determined at the end of the experiment was similar at both acclimation temperatures. A higher molting percent was observed with ecdysone, but only in the second molt at 20°C. At all other times no differences with control were noted. Since juveniles assigned to all experimental groups hatched synchronously in the laboratory and were maintained under the same conditions before starting the experiment, no effects on molting caused by factors other than those manipulated during the experiment were expected.

There are several homeostatic mechanism aimed at maintained the typical basal levels of ecdysone (<20 ng/ml) during postmolt and intermolt (CHANG & MYKLES, 2011). Among these mechanisms, the degradation of lipophilic hormones and other compounds by the microsomal cytochrome P450 enzymes, particularly relevant in the hepatopancreas, should be stressed. This inactivation involves the

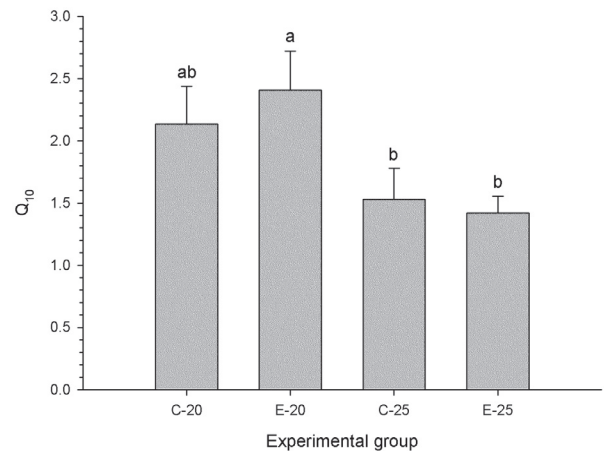


Fig. 3. Q_{10} values for oxygen consumption rate of *Cherax quadricarinatus* (von Martens, 1868) juveniles, at the end of the experiment. C: control and E: ecdysone treated groups, acclimated to either 20 or 25°C. Different letter indicate significant differences ($p<0.05$).

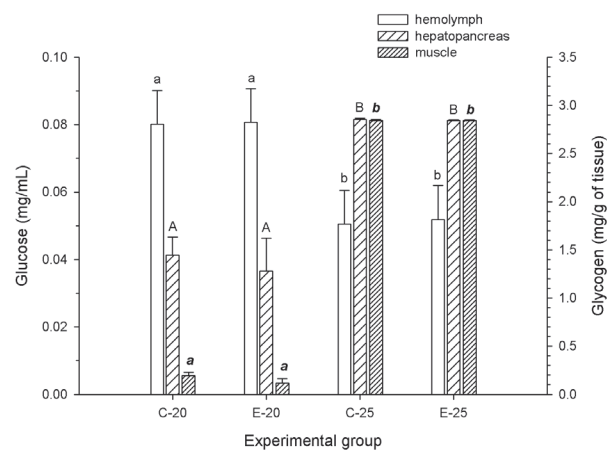


Fig. 4. Glucose hemolymphatic levels and glycogen content in hepatopancreas and muscle of *Cherax quadricarinatus* (von Martens, 1868) juveniles, at the end of the experiment. C: control and E: ecdysone treated groups, acclimated to either 20 or 25°C. For each tissue, different letters indicate significant differences ($p<0.05$).

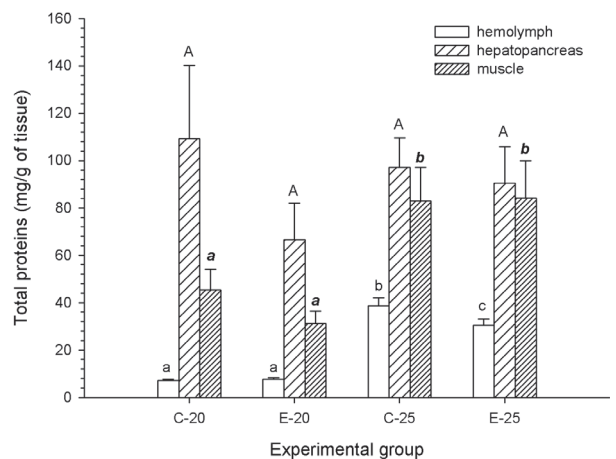


Fig. 5. Total protein content in hemolymph, hepatopancreas and muscle of *Cherax quadricarinatus* (von Martens, 1868) juveniles, at the end of the experiment. C: control and E: ecdysone treated groups, acclimated to either 20 or 25°C. For each tissue, different letters indicate significant differences ($p<0.05$).

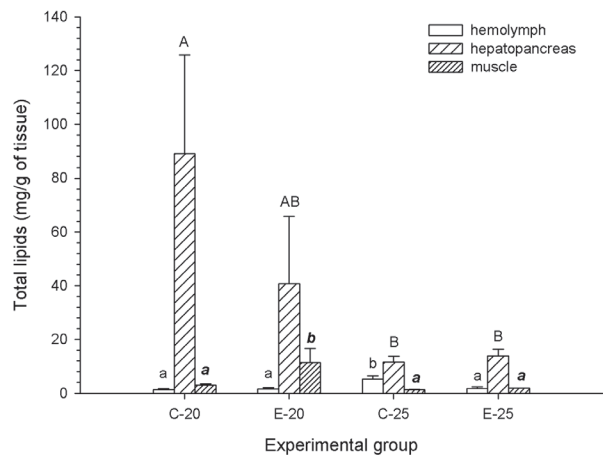


Fig. 6. Total lipid content in hemolymph, hepatopancreas and muscle of *Cherax quadricarinatus* (von Martens, 1868) juveniles, at the end of the experiment. C: control and E: ecdysone treated groups, acclimated to either 20 or 25°C. For each tissue, different letters indicate significant differences ($p < 0.05$).

conversion of ecdysteroids to polar metabolites and/or conjugates, which are eliminated in the urine and feces. Moreover, the hepatopancreas appears to be central in sequestering ecdysteroids obtained from the diet to prevent disruption of ecdysteroid-regulated processes (MYKLES, 2011). Thus, our results mostly suggest that those homeostatic mechanisms seem to prevent any increase of ecdysone significant for molting, when this hormone is administered at low doses. In this sense, our experiment was very different to the administration of high dose-pulses of ecdysone, a methodology employed in several previous studies for inducing molting (reviewed by CHANG & MYKLES, 2011).

In this study, weight gain was reduced at 20°C, in close correlation with the lower protein level in muscle and glycogen in both hepatopancreas and muscle of crayfish acclimated to 20°C, compared to animals acclimated to 25°C. Reduction in food consumption at 20°C could certainly be the primary cause of the lower growth, although juvenile crayfish were as active as those maintained at 25°C. As discussed below, the metabolic rate compensation that took place during the acclimation process from 25 to 20°C would allow juveniles to maintain a similar degree of activity at any temperature, but such compensation did not seem to be enough to prevent a lower food intake at the lowest temperature assayed.

Ecdysone did not augment growth at any temperature of acclimation, indicating an absence of an anabolic effect of this steroid on tissue buildup. In a previous study with *C. quadricarinatus* juveniles (CHAULET *et al.*, 2008), addition of ecdysone to the diet augmented weight of early juveniles (20 mg body mass), but this effect was not observed in advanced juveniles (1 g body mass), which were similar to the animals used in the current study. Additionally, ecdysone may induce mobilization and consumption of body reserves of animals acclimated to 25°C since the weight gain of E25

group was different from that of both groups acclimated to 20°C only after the twelfth weeks while C25 differed after the sixth week. Further supporting evidence for this effect, are the lower hemolymphatic levels of both protein and lipid showed by E25 as compared to C25.

In several crustacean species, a significant reduction in the oxygen consumption was observed after chronic exposure to relatively low temperatures (GONZÁLEZ *et al.*, 2010). This metabolic depression was not the case for *C. quadricarinatus* juveniles acclimated to 20°C in this study. On the contrary, these juveniles showed a complete metabolic compensation (with a tendency to overcompensation), and therefore maintained the capacity to sustain the rate of other processes such as locomotion. Several other crustacean species have shown either a partial or a total metabolic compensation with chronic temperature changes, (PAUL *et al.*, 2004; TIAN, 2004). Both groups acclimated to 20°C showed a higher increment in their metabolic rate after an acute change from 20 to 25°C (Fig. 3); however, only the E20 group Q_{10} value was significantly different ($p < 0.05$) from both groups acclimated to 25°C (Fig. 4). This apparent effect of ecdysone in increasing metabolic response to acute temperature changes in animals chronically acclimated to cold temperatures needs further confirmation, though.

A significant lower specific content of glycogen, in both hepatopancreas and muscle, as well as a lower protein content in muscle, was clearly seen in both groups acclimated to 20°C compared to those acclimated to 25°C. These results were in close correlation with the higher glycemia observed at 20°C, probably needed to sustain the relatively high metabolic rate observed at that temperature. Glycogen can be directly used to augment the glucose in hemolymph, while proteins can be used for the same purpose after gluconeogenesis. In fact, the crustacean hepatopancreas is able to carry out gluconeogenesis from muscle protein as substrate, to elevate glycemia to support a higher metabolic demand (MARTINS *et al.*, 2011). An early utilization of glycogen has been reported in the white shrimp, *Litopenaeus vannamei*, acclimated from 28 to 13°C; additionally, a further utilization of proteins take place in the same species at longer acclimation time (ZHOU *et al.*, 2011). Several crustaceans mobilize protein under stressful situations such as starvation (SÁNCHEZ PAZ *et al.*, 2006). In *C. quadricarinatus*, both protein and lipids have been identified as the main energy reserves for either growth or reproduction (GHANAWI & SAOUD, 2012).

Despite of the glycogen and protein utilization, lipid reserves were clearly augmented in the hepatopancreas of juveniles acclimated to 20°C, although ecdysone promoted their utilization to some degree. Hepatopancreatic lipid levels in several crustacean species are higher in winter than in summer, probably as a strategy to increase energy reserves to face the unfavorable conditions of winter (LUVIZOTTO

et al., 2003). The utilization of lipids as energy reserve has been also reported under situations such as a long starvation (VINAGRE & DA SILVA, 1992). Lipid reserves are typically used for ovarian growth during the pre-reproductive period (ABDU *et al.*, 2000). Estuarial crabs *Neohelice granulata* (Dana, 1851) used lipids during ionic hyporegulation, but during hyperegulation lipid reserves remained unaltered (LUVIZOTTO SANTOS *et al.*, 2003). In the same species exposed to high salinities, higher lipid storage from free amino acids was seen both in hepatopancreas and muscle, in relation to the needs for osmotic regulation (MARTINS *et al.*, 2011).

Ecdysone increased lipid storage in muscle, in crayfish acclimated to 20°C. During premolt, the storage of lipids in the hepatopancreas commonly take place, in correlation with the increase concentration of ecdysone (CHANG, 1995), but no causal relationship between both variables has been clearly demonstrated. In fact, BOLLENBACHER *et al.* (1972) reported no effect on the rate of lipid synthesis in the hepatopancreas of premolt crabs, when either the Y-organ was removed or ecdysone was injected. In the same tissue, an attenuation of lipases transcription by effect of ecdysone was reported (YUDKOSKI *et al.*, 2007). In crustacean muscle, an increment of membrane fluidity at lower temperatures was observed, and during the Spring the phospholipid content was higher in cold-acclimated marine crabs than in warm-acclimated animals (CUCULESCU *et al.*, 1995).

We conclude that, although juvenile of the studied species acclimated to a relatively low temperature grew at a lower rate than those acclimated to an optimal temperature, they were able to reach a total metabolic compensation, enough for maintaining a normal activity. To some extent, ecdysone was able to support such compensation.

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