

Is multislice computed tomography an important tool for breast cancer staging and follow-up?*

A tomografia computadorizada multislice é ferramenta importante para o estadiamento e seguimento do câncer de mama

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Abstract Breast cancer is the most common cancer in women and the leading cause of cancer death among the female population. Extramammary findings related to breast cancer play an important role in the prognosis and treatment of such entity and the correct diagnosis of such alterations is essential for increasing the chance of cure. Most of the times, such manifestations result from complications arising from treatment, and may be associated with lymph node involvement, locoregional recurrence or distant metastasis.

Keywords: Multislice computed tomography; Staging; Breast cancer; Extramammary changes.

Resumo O câncer de mama representa o tipo de câncer mais comum em mulheres e constitui a primeira causa de morte por câncer nesta população. As alterações extramamárias relacionadas ao câncer de mama desempenham papel relevante no prognóstico e tratamento desta entidade, sendo fundamental a realização do diagnóstico correto e das diversas alterações. A maioria dessas manifestações é proveniente do tratamento adotado ou de suas complicações e pode estar associada a comprometimento linfonodal, recorrência locoregional ou metástases a distância.

Unitermos: Tomografia computadorizada *multislice*; Estadiamento; Câncer de mama; Alterações extramamárias.

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INTRODUCTION

Breast cancer is the most frequent type of cancer and is most prevalent in women, accounting for about 22% of new cases of cancer annually⁽¹⁾. Despite the high incidence of this disease, the breast cancer mortality rate has been decreasing due to early detection and to the currently available imaging technology⁽²⁾.

Because of its poor sensitivity and specificity, multislice computed tomogra-

phy (MSCT) does not present considerable evidences of a positive cost-benefit ratio in the evaluation of the breast parenchyma⁽³⁾, but its significant role in the staging and follow-up of breast cancer patients should be highlighted considering its usefulness in the determination of the therapy to be adopted as well as of the patient's prognosis.

A consensus is still to be achieved on a formal indication for MSCT in the absence of symptoms or clinical indications which justify the request of such study⁽⁴⁾, considering the higher sensitivity of positron emission computed tomography⁽⁵⁾.

The present study was aimed at demonstrating MSCT findings of extramammary changes detected during breast cancer staging and follow-up of patients submitted to treatment.

POSTOPERATIVE APPEARANCE OF THE CHEST WALL

The postoperative appearance of the chest wall varies with the adopted surgi-

cal technique as follows: 1) radical mastectomy (Figure 1A) implies removal of breast, pectoralis major and minor muscles and regional lymph nodes along the axillary vein up to the costoclavicular ligament; 2) modified radical mastectomy – an alternative method to conservative treatment – involves mastectomy and dissection of axillary lymph nodes, sparing the pectoralis major muscle (Patey's mastectomy) (Figure 1B), or sparing both pectoralis major and minor muscles (Auchincloss' procedure)⁽⁶⁾.

Other more conservative reconstruction methods may be adopted. The most common surgical complication is the occurrence of seroma, besides infections, necrosis, lymphedema and axillary contracture⁽⁶⁾.

POST-RADIOTHERAPY CHEST MANIFESTATIONS

Radiotherapy has been widely utilized following surgery in breast cancer patients to reduce the risk for locoregional recur-

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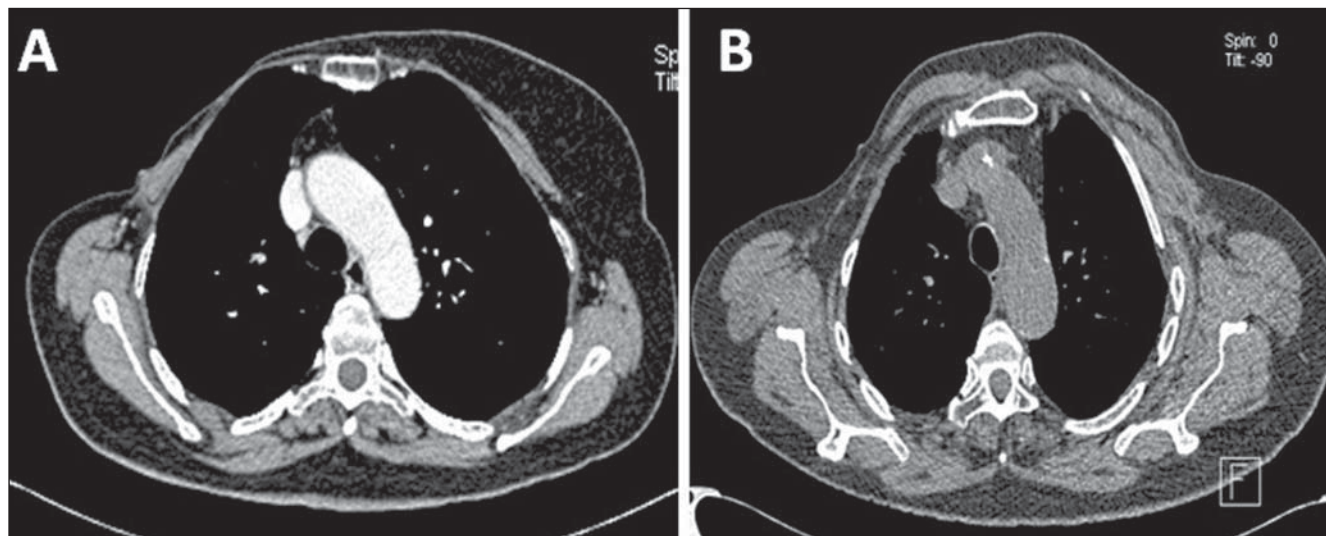


Figure 1. Postoperative appearance of chest wall at MSCT. **A:** Axial image of total radical mastectomy demonstrating chest wall asymmetry, and absence of both pectoralis major and minor muscles at right. **B:** Axial image of modified radical mastectomy (Patey's mastectomy) where the absence of the pectoralis minor muscle is observed at right.

rence and/or increase in tumor volume in cases of advanced disease⁽⁷⁾.

Frequently, radiotherapy causes radiation pneumonitis, occurring about 4 and 12 weeks after treatment completion, and generally remaining confined to the irradiation region. Initially, the disease manifests with linear opacities or consolidation. Such changes may either gradually disappear or result in signs of evolutive fibrotic changes along a period between six months and two years, tending to remain stable after a two-year evolutive period^(6,8) (Figure 2).

Three irradiation fields induce radiation pneumonitis in breast cancer patients, namely, tangential field, supraclavicular field and internal mammary field. The tangential field utilized to irradiate the chest wall results in pneumonitis in the peripheral lung anterolaterally, with a typical shape. The supraclavicular field may induce changes in the apex of the lung, resulting in lesions similar to those observed in pulmonary tuberculosis. The internal mammary field, utilized to irradiate internal mammary lymph nodes, may induce changes in the paramediastinal region. In cases where areas of opacity are seen at post-radiotherapy follow-up radiography, the differential diagnoses include radiation pneumonitis, local recurrence, lymphangitic spread and infectious pneumonitis⁽⁶⁾.

POST-CHEMOTHERAPY MANIFESTATIONS

The main chemotherapy agents utilized in the treatment of breast cancer are cyclophosphamide, methotrexate, 5-fluorouracil and doxorubicin, and the major complications to be taken into consideration include pneumonitis, cardiotoxicity and infections.

Chemotherapy-induced cardiotoxicity caused by doxorubicin is generally dose-dependent and is initially asymptomatic, progressing to transient arrhythmia up to fatal cardiomyopathy caused by permanent left ventricular dysfunction. At MSCT, such condition is seen as cardiomegaly and/or pericardial effusion⁽⁹⁾ (Figure 3).

Interstitial lung diseases refer to a wide and heterogeneous group of fibrotic pulmonary diseases, including interstitial pneumonitis. In most of cases, the cause of interstitial pneumonitis is unknown. Lung toxicity induced by pharmaceuticals indicates a possibly subdiagnosed etiology of interstitial lung diseases. It has been demonstrated that currently preconized treatments for breast cancer including tamoxifen and taxanes increase the risk for interstitial pneumonitis, particularly in cases of combination with adjuvant radiotherapy. The most frequent pulmonary findings resulting from chemotherapy drugs toxicity include interstitial pattern, ground-

glass opacity and consolidation (Figure 4), the latter occasionally simulating a nodule or mass⁽¹⁰⁾.

LOCOREGIONAL RECURRENCE

Local recurrence is defined as reappearance of a tumor in the surgical site, occurring in 34–84% of cases; and regional recurrence is characterized by the appearance of metastasis in lymph nodes involved in lymphatic drainage, including supraclavicular, axillary lymph nodes and those of the internal mammary chain⁽¹¹⁾.

The detection of recurrent breast cancer by mammography represents a challenge due to architectural changes, fibrosis and parenchymal scarring secondary to surgery and radiotherapy which make the interpretation of the images more difficult⁽¹²⁾.

Generally, patients with involvement of four or more axillary lymph nodes present a significant risk for recurrence which, at MSCT, is seen as multiple lymph nodes with increased diameter. Frequently, metastases to lymph nodes of the internal mammary chain (Figure 5) and mediastinum are clinically occult because of their size, producing equivocal findings at MSCT⁽¹³⁾.

Tomographic findings suggestive of local recurrence include focal thickening > 1 cm, presence of nodular lesions in the subcutaneous tissue or in muscles of the

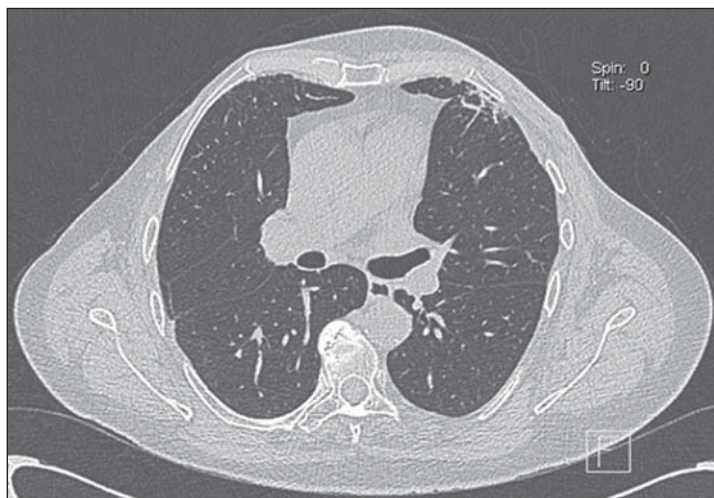


Figure 2. Post-radiotherapy chest manifestation. Axial MSCT image demonstrating actinic lesion in left lung of a patient submitted to radiotherapy for breast cancer.

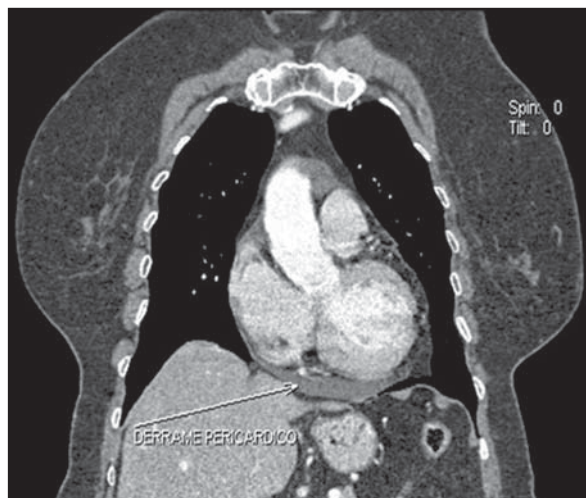


Figure 3. Post-chemotherapy manifestation. Coronal MSCT image demonstrating pericardial effusion in patients under chemotherapy for breast cancer.

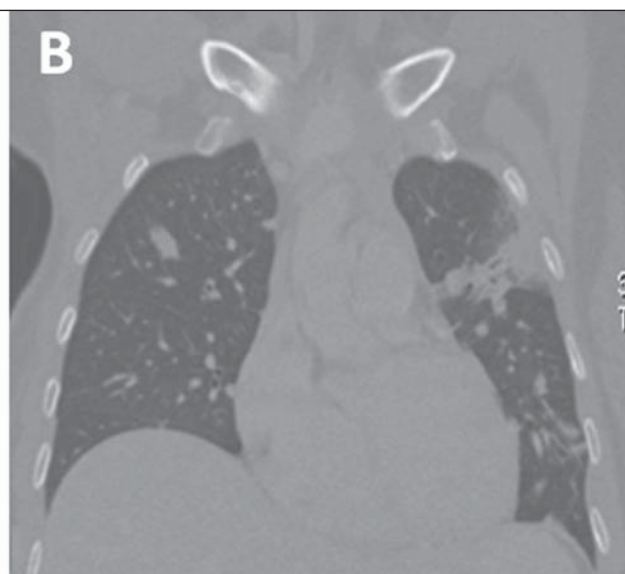
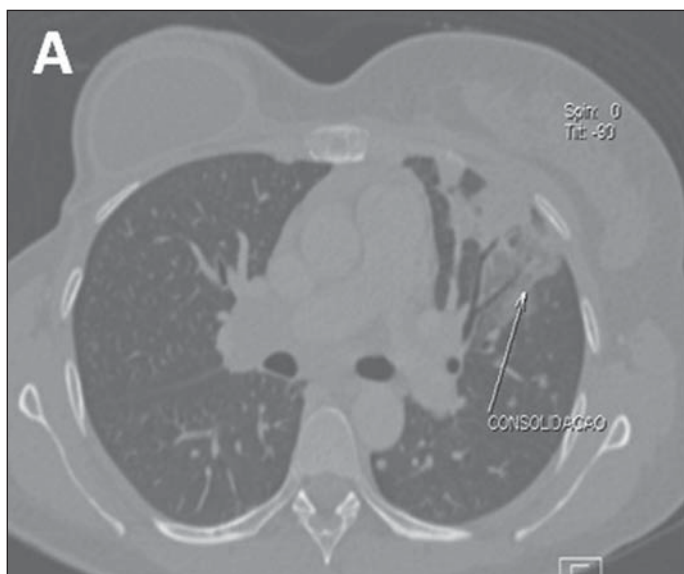


Figure 4. Post-chemotherapy manifestation. Axial (A) and coronal (B) MSCT demonstrating pulmonary consolidation resulting from chemotherapy in a breast cancer patient.

chest wall, and contours irregularity and pectoralis muscles heterogeneity⁽¹¹⁾.

Normal lymph nodes of the internal mammary chain are less than 5 mm in diameter and metastases to this chain cannot be easily detected at clinical examination, mammography or ultrasonography, since they are covered by bony and cartilaginous structures of the chest wall. Normal lymph nodes cannot be routinely identified by computed tomography. Therefore, detectable lymph nodes of the internal mammary chain with > 6 mm in diameter in breast cancer patients suggest the presence of malignant lymphadenopathy⁽¹⁴⁾.

Disease recurrence in the internal mammary chain is rarely observed, occurring with a wide variation in 8–37% of cases, but is concomitantly present in 44% of cases with axillary involvement⁽¹¹⁾.

LYMPH NODE COMPROMISE

Lymph node metastasis (Figures 6 and 7) is relatively frequent in breast cancer, and an appropriate staging of the tumor is relevant to optimize the diagnostic workup⁽¹⁵⁾.

Despite its proved capacity to reduce morbidity, sentinel lymph node biopsy is an

invasive procedure⁽¹⁶⁾ and, therefore, the acquisition of lymph node images by contrast-enhanced MSCT seems to be more convenient, despite being an indirect diagnostic method⁽¹⁷⁾.

Computed tomography is the imaging method of choice for detecting lymph node compromise, many times defining the disease staging according to the TNM classification, in spite of not having value in the evaluation of tumor size. Additionally, the performance of this method in cancer detection and quantification is significantly reduced in cases where the lesion diameter is < 1 cm^(13,18,19).

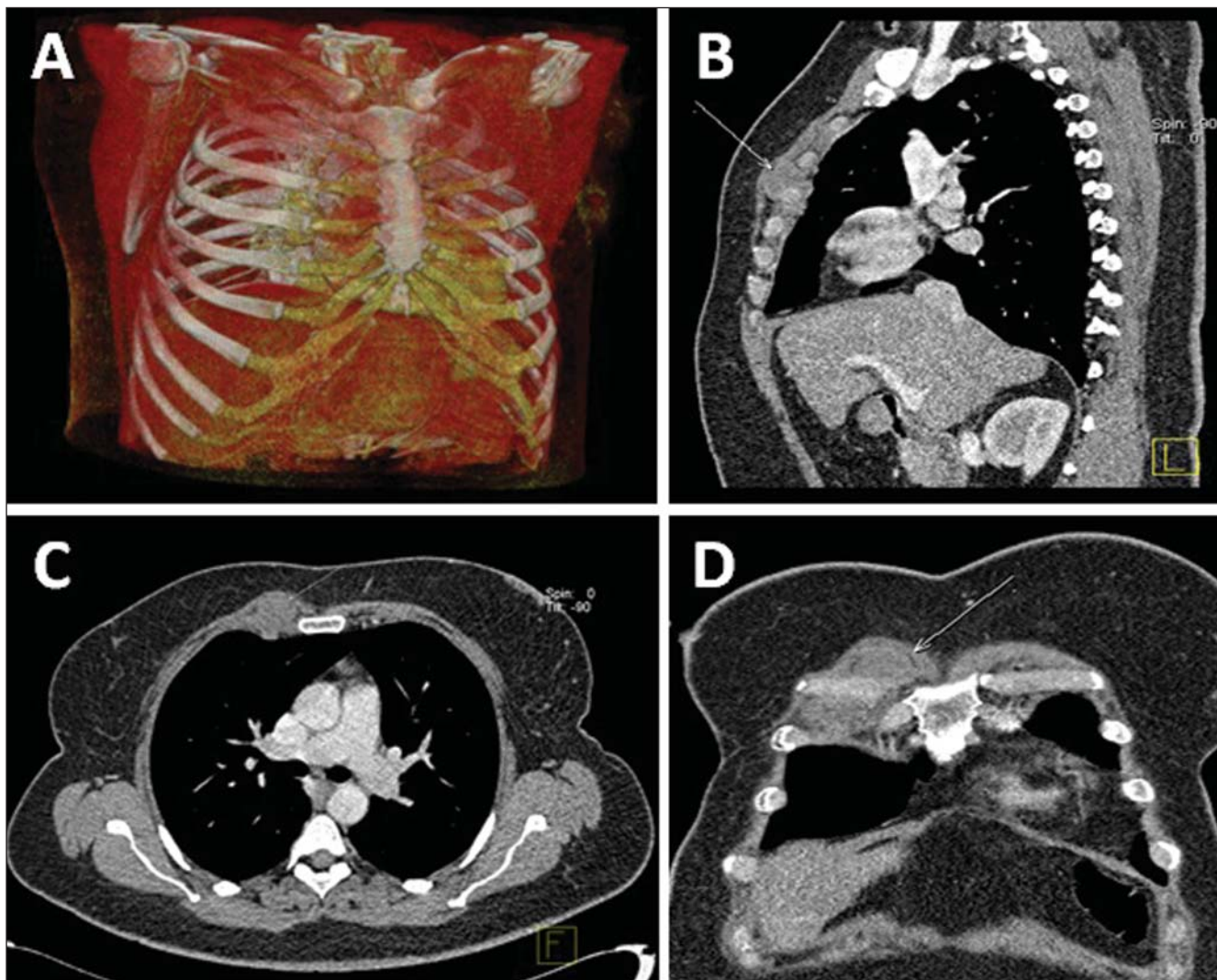


Figure 5. Lymph node enlargement in right internal mammary chain. Regional recurrence six months after conservative surgery. Chest MSCT with volume rendering (A), sagittal (B), axial (C) and coronal (D) images.

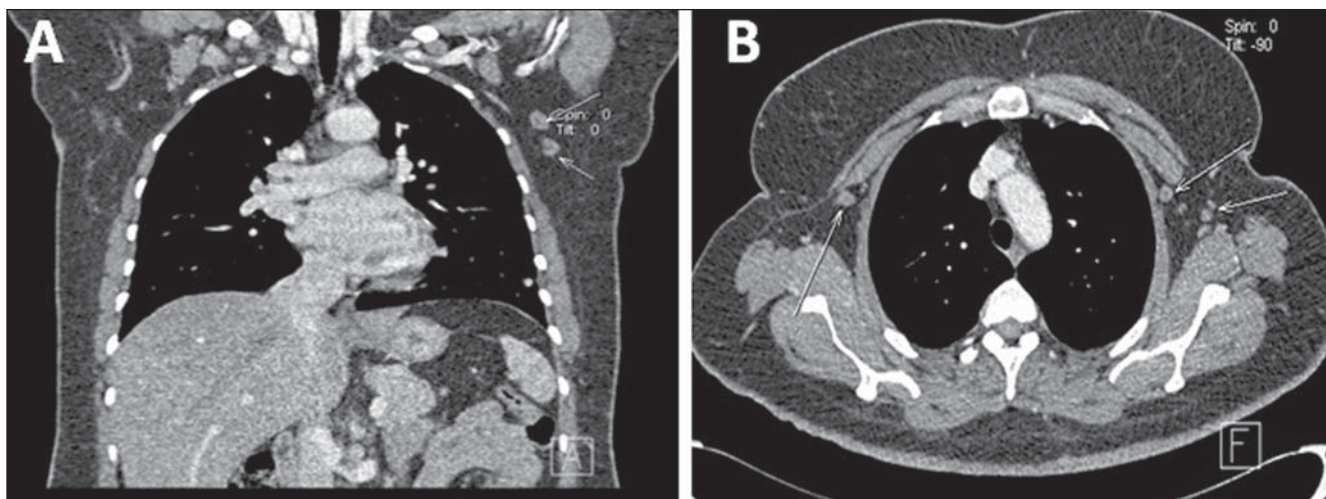


Figure 6. Lymph node compromise. Coronal (A) an axial (B) MSCT images demonstrating axillary lymph nodes bilaterally, some of them with increased diameter.

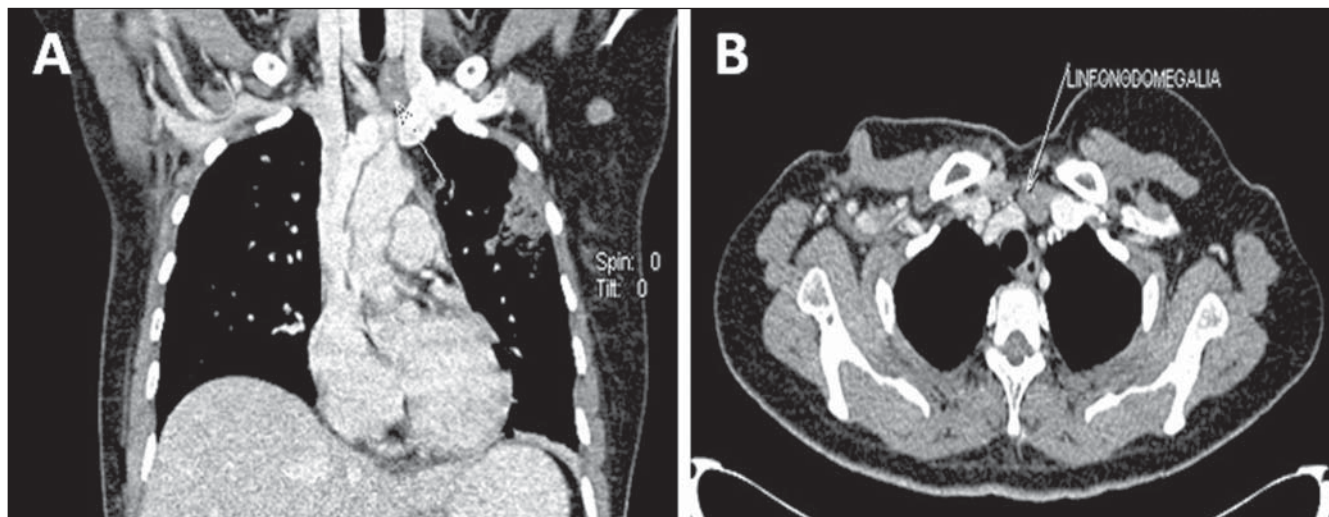


Figure 7. Lymph node compromise. Coronal (A) and axial (B) MSCT images demonstrating supraclavicular and axillary lymph nodes enlargement at left.

PLEURAL AND PULMONARY METASTASIS

The pleura is a frequent target of metastasis in breast cancer patients (Figure 8), and pleural effusion ipsilateral to the primary tumor is the most common sign of such metastasis, probably by lymphatic dissemination. Breast cancer metastasis is one of the three major causes for malignant effusion⁽²⁰⁾.

Nodularity, irregular thickening and pleural plaque constitute less common findings in pleural metastasis, and rarely occur without association with pleural effusion⁽⁶⁾.

Multiple nodules occurring by hematogenous tumor dissemination (Figure 9) are common findings in cases of pulmonary metastasis from breast cancer. Generally, metastatic lesions present a spherical/ovoid shape, with variable sizes, well defined margins, and most of times located peripherally to the lungs, sometimes found as calcified nodules^(6,20,21).

The detection of a solitary lung nodule in patients previously treated for breast cancer does not necessarily represent metastatic disease. In many cases, a solitary lung nodule is originated from a primary pulmonary carcinoma. However, in patients with extrathoracic malignancy, the chance for metastasis corresponds to 25%^(6,21).

Other manifestations of pulmonary metastasis are carcinomatous lymphangitis and centrilobular nodules, both resulting from endobronchial dissemination⁽⁶⁾.

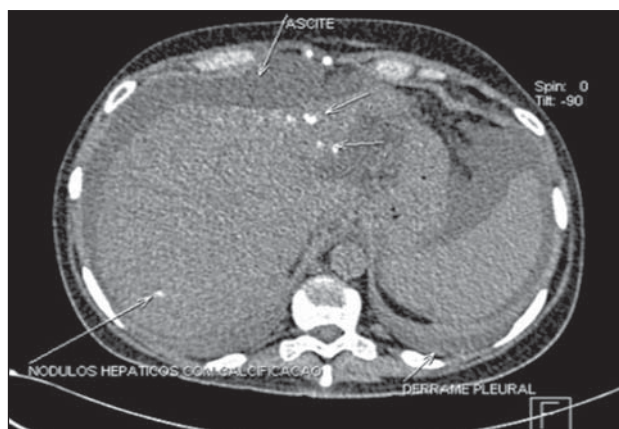


Figure 8. Pleural metastasis. Axial MSCT image showing pleural metastasis in a breast cancer patient. Note the presence of calcified liver metastases (patient previously submitted to chemotherapy) and ascites.

BONE METASTASIS

Bone metastasis is the second most common type of breast cancer distant metastasis, causing high morbidity because of pain, mobility compromise, hypercalcemia, pathological fracture, compression of the dural sac, spinal cord or nerve roots, and bone marrow infiltration. Breast cancer is the most common cause for medullary compression in women⁽⁶⁾.

Several imaging methods are available for evaluating bone metastasis in breast cancer patients. Bone scintigraphy is suggested as a first imaging technique for asymptomatic patients, considering the high sensitivity of this method in the detection of bone metastasis, allowing excellent skeletal evaluation⁽²²⁾.

Radiologically, the majority of bone metastases are multiple and may be osteolytic, osteoblastic or a combination of both types^(6, 23,24) (Figure 10). It is important to highlight that after radiotherapy, chemotherapy or hormone-based therapy, initially osteolytic metastases may become osteosclerotic.

LIVER METASTASIS

Approximately 50% of women with metastatic breast cancer present liver metastasis in the course of the disease. Radiographically, liver metastases present several appearances as follows: “target” lesions at ultrasonography, and hypoattenuating at portal phase computed tomography, because of their hypovascularization^(25,26) (Figure 11). Generally, they are non-calci-

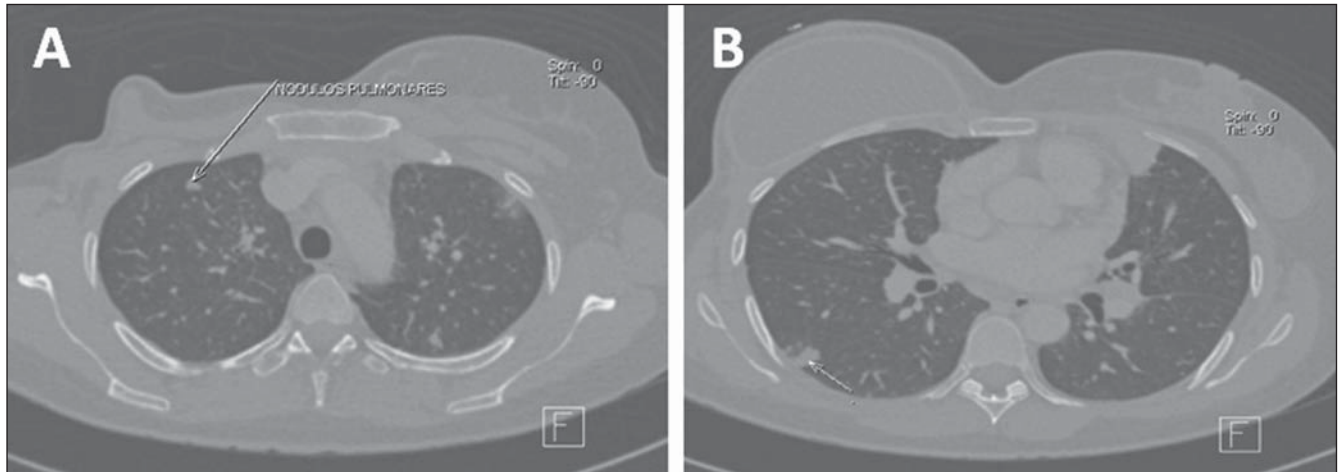


Figure 9. Lung metastasis. Axial MSCT images demonstrating metastatic pulmonary nodules in a patient submitted to right total mastectomy for breast cancer.

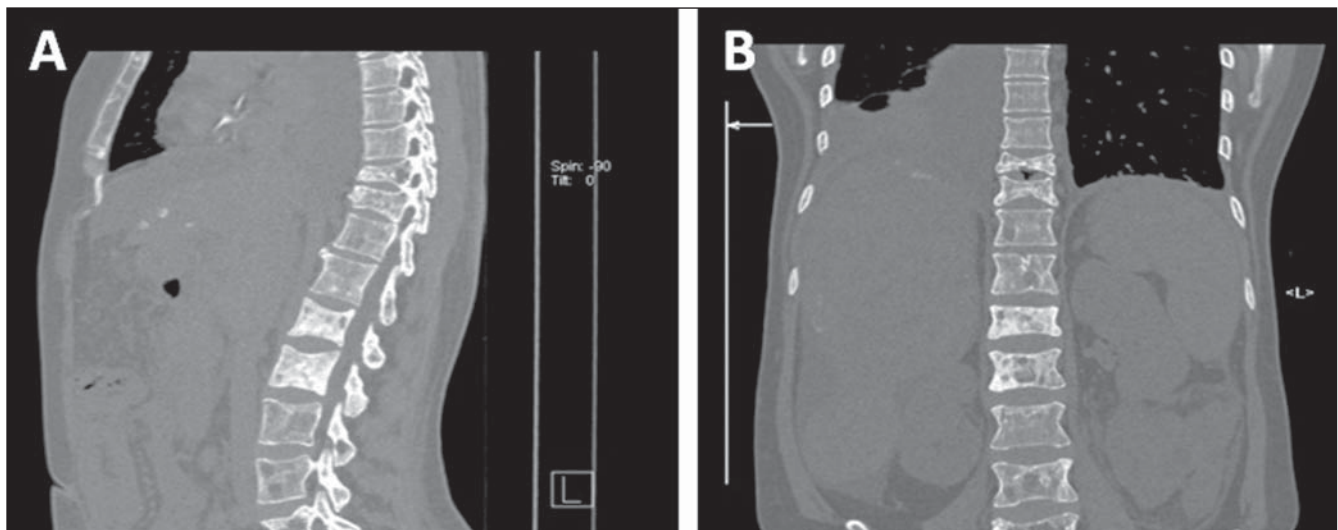


Figure 10. Bone metastasis. Sagittal (A) and coronal (B) MSCT images demonstrating mixed type bone metastases (osteolytic and osteoblastic metastases) in the dorsal and lumbar spine of a breast cancer patient presenting dorsolumbar pain.

fied nodular lesions, and may present calcifications after chemotherapy treatment (Figure 8).

Studies have demonstrated that liver metastases can be identified as hypervascularized at contrast-enhanced arterial-phase CT. Hypervascularized lesions are less common and may appear isoattenuating during the portal phase^(26,27).

The typical enhancement pattern of breast cancer metastases corresponds to a subtle peripheral enhancement during the arterial phase, and a more intense enhancement during the portal phase. Other typical pattern of contrast-enhancement of breast cancer metastasis is that of a lesion with minimal or no peripheral enhance-

ment after intravenous contrast injection in the arterial phase and no enhancement in the portal phase, becoming noticeable in this phase for presenting hypoattenuation in relation to the hepatic parenchyma.

BRAIN METASTASIS

Breast cancer is responsible for approximately 10–15% of cases of brain metastasis (Figure 12), which in 70–80% of cases present as multiple lesions many times diagnosed after alterations in other systemic alterations. The most frequent locations of brain metastases are the grey-white matter junction and vascular borders followed by deep parenchymal structures and posteri-

orly in the cerebral trunk, with supratentorial regions being more frequently affected than infratentorial regions. Brain metastases may also occur in the leptomeninges (2–5%) and dura-mater⁽²⁸⁾.

In most cases, brain metastasis manifests as isoattenuating or subtly hyperattenuating lesions, or even as hypoattenuating lesions with perilesional edema and intravenous contrast enhancement. Hemorrhages, cystic changes and necrosis are commonly seen in all types of metastatic tumors. However, there is no pathognomonic finding differentiating brain metastasis from primary malignant tumors from those originating from non-neoplastic conditions⁽²⁹⁾.

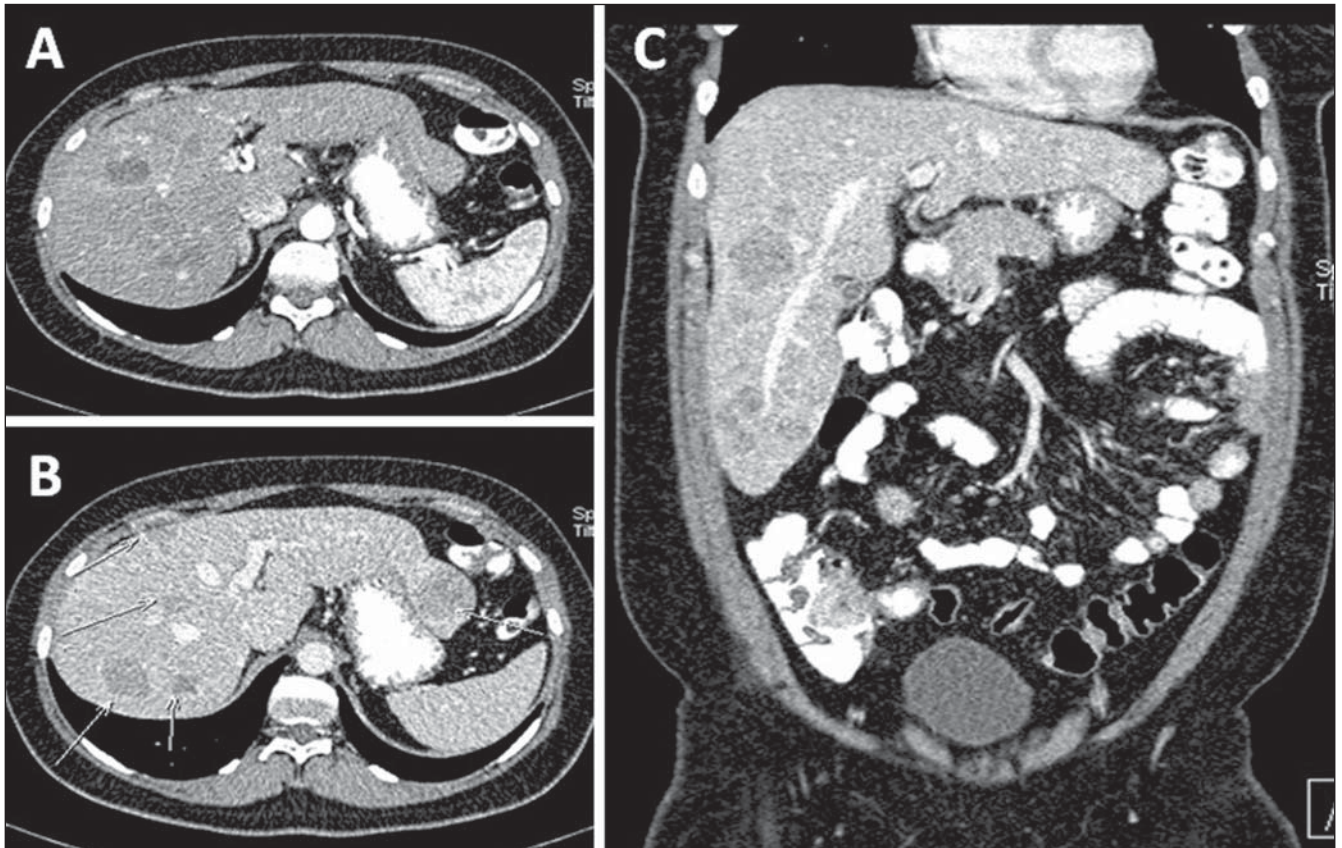


Figure 11. Liver metastasis. Axial, arterial phase (A) portal phase (B) and coronal, portal phase (C), images demonstrating hypovascularized liver metastasis in a breast cancer patient.

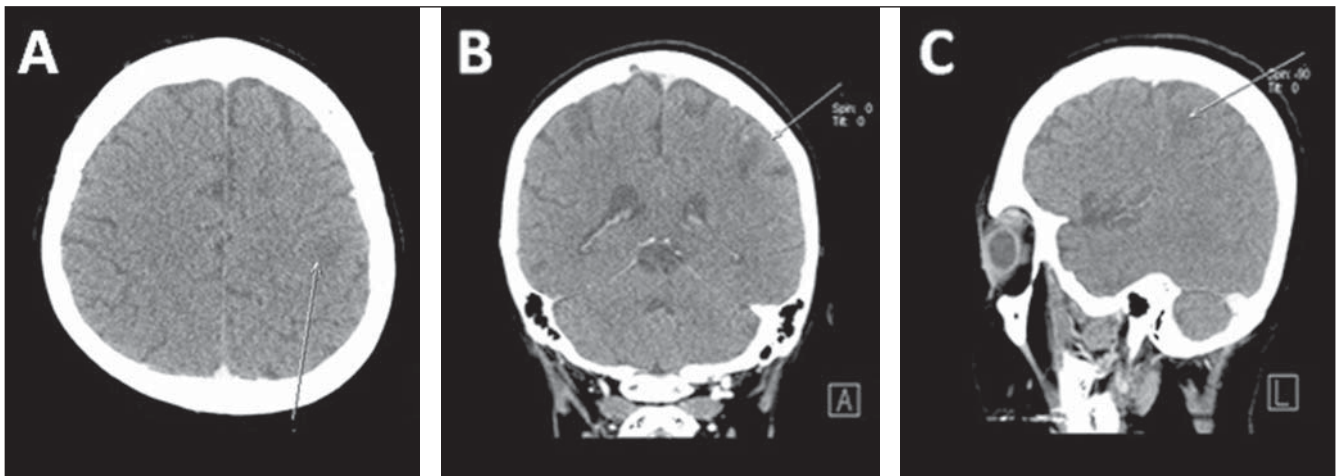


Figure 12. Brain metastasis. Axial (A), coronal (B) and sagittal (C) MSCT images demonstrating brain metastasis in a breast cancer patient.

CONCLUSION

Despite the fact that MSCT is not the imaging method of choice to evaluate the breast parenchyma, its utilization allows the identification of relevant data in symptomatic patients, in patients with radio-

graphic alterations and in patients who had lesions detected at abdominal ultrasonography, and also in the follow-up of response to chemotherapy treatment. The early diagnosis still remains as the best method to enhance the chances of cure for breast cancer.

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