

CHEMOMETRIC STRATEGY FOR OPTIMIZATION OF AN ACID DECOMPOSITION METHOD TO DETERMINE THE MINERAL COMPOSITION IN ALMOND PULP (*Terminalia catappa* Linn.)**Ana Maria Pinto dos Santos^{a,*}, Liz Oliveira dos Santos^{a,b}, Lorena de Souza Santos^a, Emmanuelle Ferreira Requião Silva^a, João Honorato Santos Neto^a and Geovani Cardoso Brandão^c**^aDepartamento de Química Analítica, Instituto de Química, Universidade Federal da Bahia, 40170-115 Salvador – BA, Brasil^bCentro de Ciência e Tecnologia em Energia e Sustentabilidade, Universidade Federal do Recôncavo da Bahia, 44085-132 Feira de Santana – BA, Brasil^cDepartamento de Ciências Exatas e da Terra, Universidade do Estado da Bahia, 41150-000 Salvador – BA, Brasil

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In this work, multivariate optimization techniques were applied to develop an acid digestion procedure in digester block using “cold finger” as reflux system to determine minerals in almond pulp samples by inductively coupled plasma optical emission spectrometry. Two-level full factorial design and Box-Behnken design were applied to evaluate and optimize the factors involved in the acid digestion process. In both experimental designs, Function D and Function MR multiple responses were used to establish the method condition for all analytes and with greater digestion efficiency. Two apple and spinach leaves certified reference materials were analyzed to confirm the proposed method accuracy. The digestion efficiency was evaluated by residual carbon content which showed 1.32-1.77% range. The concentration values found for each element in almond pulp collected in Salvador, Bahia, Brazil in mg 100 g⁻¹ were: 3.08 (Ca), 0.209 (Cu), 0.407 (Fe), 356 (K), 21.5 (Mg), 0.096 (Mn), 34.4 (P) and 0.289 (Zn). The developed method was simple and efficient for almond pulp mineral composition evaluation. This unconventional fruit has nutritional relevance with future application for new food recipes and pharmaceutical products formulation.

Keywords: almonds; mineral composition; Box-Behnken design; desirability function; MR function.

INTRODUCTION

Almond (*Terminalia catappa* Linn.) is an exotic plant species which belongs to Combretaceae family and is well adapted to Brazilian weather conditions. It is known by popular terms such as “amendoeira da praia”, “anoz”, “castanhola”, “castanheira”, “coração-de-negro”, “sete-copas”, among others.^{1,2} Some studies have reported that the stem bark,^{3,4} seeds,⁵ leaves⁶ and fruits^{7,8} of this plant have chemical composition, phytoconstituents, medicine properties and biologic activity which provide benefits to human health. However, its fruit is little explored in Brazilian cuisine and, therefore, it can be considered an unconventional food plant (UFP).^{1,2,9} The UFPs class is characterized by different parts of edible vegetables that were not previously consumed and may be underutilized in human diet. These UFPs, when included in daily meals, provide a healthier diet. Some examples are “Chuchu-de-vento” (*Cyclanthera pedata* (L.) Schrad.), “Cubiu” (*Solanum sessiliflorum* Dunal), “Jurubeba” (*Solanum paniculatum*), “Maxixe” (*Cucumis anguria* L.) and “Oiti” (*Licania tomentosa* (Benth.) Fritsch).^{10,11}

The nutraceutical potential to improve well-being or reduce risk of disease is emphasized in research about almond fruits medicinal and nutritional characterization. Nagappa *et al.*¹² studied the fruit methanolic and aqueous extracts which exhibited good antidiabetic activity in alloxan-induced hyperglycemic rats, which allowed body weight improvement, pancreas β -cell and lipid profile regeneration. Souza *et al.*¹³ determined the centesimal composition, fatty acids and microbiological activity in almond pulp, providing the knowledge about nutrient value, functional properties and beneficial effects of this fruit for human physiology, such as prevention and treatment of cardiovascular diseases, cancer, diabetes, inflammatory processes, among others. Costa *et al.*¹⁴ quantified the total phenolic and

total anthocyanin compounds in almond fruit using near infrared spectroscopy (NIRS) by applying the chemometric regression model in order to obtain a non-destructive analytical method regeneration that is fast, cheap and versatile. Santos *et al.*⁸ developed flour obtained from the almond pulp dehydration process. The authors performed the flour centesimal composition and physical-chemical parameters determination in order to evaluate the conventional flour partial or integral replacement in the formulation of several food products.

There are several examples of research which demonstrate the use of chemometric tools for analytical methods multivariate optimization in which the factors involved in the process are simultaneously varied to establish a better condition for the analytical method, using statistical and mathematical techniques.¹⁵⁻¹⁷ For initial investigation of factors, two-level full factorial design has been widely used in order to evaluate the factors effect and interaction on the responses.¹⁸ After analyzing the experimental design results, the statistically significant variables were selected and submitted to a response surface methodology to obtain the optimum experimental condition of the proposed method.^{19,20}

Among the response surface methodologies, the Box-Behnken design is one of the most efficient designs to optimize experiments. This design requires three or more factors for the optimization process and offers as an advantage the fact that it does not contain extreme conditions in the design, avoiding unsatisfactory results that might occur, and the decrease in the number of experiments, making the optimization process more economical when compared to the univariate methodology.^{21,22} In the literature, there are papers that used the Box-Behnken design for analytical methods optimization, aiming the determination of mineral composition and bioactive compounds in food samples, such as cassava starch,²³ rice,²⁴ bean seeds,²⁵ rose petals²⁶ and starch.²⁷

Experimental designs with varied responses require the application of an optimized experimental condition for each of these responses.

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However, it is possible to apply an optimal experimental condition that meets all the answers through mathematical formulations called multiple answers. These tools can reduce costs and time in an experimental design without significantly compromising the analytical response that is sought, due to the reduced number of experiments. The chemometric tools used in this work have already been considered in several studies, and all of them have shown efficiency in the use of multiple response integrated with experimental design. The multiple responses commonly cited in the literature involving chemometric tools are response desirability, proposed by Derringer and Suich,²⁸ and MR, proposed by Ferreira *et al.*²¹ Both multiple responses presented no significant differences according to a study involving Inductively Coupled Plasma Optical Emission Spectrometry ICP OES instrumental parameters performed by Novaes *et al.*²² There are no studies reported in the literature about the use of multiple response to evaluate the efficiency of an acid decomposition sample procedure through availability of the analytes coming from this process, which demonstrates the importance of this investigation.

In this work, multivariate optimization techniques were applied in the development of an efficient acid digestion procedure aiming to determine macroelements (Na, Ca, K and Mg) and microelements (Cu, Fe, Mn, P and Zn) in almond pulp (in natura) collected in the city of Salvador, Bahia, Brazil. Two-level full factorial design and Box-Behnken design were applied to evaluate and optimize the proposed method, respectively. The multiple desirability and MR functions were used for optimizing the acid decomposition method according to the analytes availability in aqueous medium. The results of almond mineral composition show the relevance of these UFPs as food alternative sources, when compared to other fruit species.

MATERIALS AND METHODS

Instrumentation

A Sartorius ALC/210.4 analytical balance (Goettingen, Germany) was used to weigh samples and certified reference materials (CRMs). A Tecnal TE-040/25 digester block (São Paulo, Brazil) was used to perform acid and oxidative digestion process of almond samples, CRMs (apple and spinach leaves) and blank solutions.

The simultaneous multi-element determination of Ca, Cu, Fe, K, Mg, Mn, Na, P and Zn was performed using a Varian Vista PRO inductively coupled plasma optical emission spectrometer (ICP OES) (Mulgrave, Australia), with charge coupled device (CCD) detector and axial viewing. The instrumental parameters were 1.0 kW radio frequency power, 15.0 L min⁻¹ plasma gas flow rate, 1.5 L min⁻¹ auxiliary gas flow rate and 1.5 L min⁻¹ nebulizer gas flow rate. The analytical wavelengths (nm) used were C (I) 193.027, Ca (II) 422.673, Cu (I) 324.754, Fe (II) 259.940, K (I) 766.491, Mg (I) 285.213, Mn (II) 257.610, P (I) 177.434 and Zn (I) 213.857, in which (I) represents an atomic emission line and (II) an ionic emission line. All those emission lines used for element measurement were selected based on the data reported in literature.^{17,29} In general, these emission lines are selected according to some criteria, such as: adequate sensitivity for analyte determination according to its concentration in the digested solution; absence of spectral interferences; and better analytical signal-to-background ratio.³⁰

Reagents and solutions

Ultrapure water (18.2 MΩ cm) obtained from a Milli-Q water purification system (Millipore, MA, USA) was used for the preparation of all solutions. All chemical reagents were Merck

analytical grade (Darmstadt, Germany). For sample digestion, 65% (m m⁻¹) nitric acid, 98% (m m⁻¹) sulfuric acid and 30% (v v⁻¹) hydrogen peroxide were used. Stock solutions of Ca, Cu, Fe, K, Mg, Mn, P and Zn (1000 to 4000 mg L⁻¹) elements were used to prepare the working standard solutions. A 20000 mg L⁻¹ carbon stock solution was prepared from citric acid to determine the residual carbon content.

The samples were collected in the city of Salvador, Bahia, Brazil. In the laboratory, these fruits were washed with deionized water and grated down to seed using a plastic grater. Each analyzed sample was composed of four fruits which were randomly chosen.

Multivariate optimization of acid digestion procedure

A two-level full factorial design was used to evaluate the statistical significance of the factors involved in the acid digestion procedure: HNO₃ volume (1.5-2.5 mL), H₂SO₄ volume (0.5-1.5 mL) and H₂O₂ volume (0.2-0.8 mL). For H₂SO₄, the investigated volume range corresponds to 0.75-2.25 mol L⁻¹ final concentration range in the digested sample solution. A Box-Behnken design was used to obtain the optimal experimental conditions. All experiments were carried out in a random order, using 1.0 g sample mass (fresh). A Multiple Response function (MR)³¹ and Desirability function (D)²⁸ were used in order to simultaneously evaluate the responses obtained for all elements. The MR was calculated by the sum of normalized element concentrations, according to the equation:

$$MR = \sum I_i / I_{imax}$$

where *MR* is the multiple response, *I_i* is the emission intensity obtained for each element and *I_{imax}* is the maximum value of emission intensity obtained for each element during the experiments. The Desirability function was calculated according to the equation:

$$D = (d_1 \cdot d_2 \cdot d_3 \cdot \dots \cdot d_n)^{1/n}$$

where *D* is the multiple response and *d* is the linear normalization based on the interval emission intensities.

Sample digestion procedure was also performed in triplicate, considering the central point, in order to evaluate the experimental error. All results were analyzed using Statistica 10.0 software (StatSoft Inc., Tulsa, USA).

Acid and oxidative digestion procedure of almond samples and certified reference material

The samples were collected in the city of Salvador, Bahia, Brazil. In the laboratory, these fruits were washed in running water to remove particles of dust and sand. Subsequently, they were washed with 3% (v v⁻¹) Extran solution (Merck, Darmstadt, Germany), rinsed with deionized water and dried with paper towels. Each analyzed sample was composed of four fruits which were randomly chosen. Then, the fruits were peeled with plastic knives to avoid metal contamination, in which the exocarp was discarded. Subsequently, the mesocarp was grated to seed on a plastic grater and the almond samples were homogenized by the quartering method. 1.0 g of each sample "in natura" was directly weighed in digester tubes, in triplicate, and transferred to a digester block equipped with "cold finger" as reflux system.³² Then, 1.8 mL nitric acid was added, followed by heating at 150 °C for 1 h. After that, 0.5 mL sulfuric acid was added and the solution was heated at 180 °C for 2 h. Finally, 0.5 mL 30% (v v⁻¹) hydrogen peroxide were added twice at 30 min time intervals. Subsequently, the digested samples were quantitatively transferred to a volumetric flask and the volume completed up to 12 mL with

ultrapure water. The method accuracy was confirmed by analyzing two different certified reference materials: apple leaves (NIST 1515) and spinach leaves (NIST 1570a), purchased from National Institute of Standards & Technology (NIST). These materials were digested using the same procedure applied to the almond samples. All samples were analyzed in triplicate and analytical blank solutions were prepared in same way as the samples. For multielement determination by ICP OES, an analytical calibration curve using standard solutions with $0.75 \text{ mol L}^{-1} \text{ H}_2\text{SO}_4$ final concentration was used.

RESULTS AND DISCUSSION

Optimization of acid and oxidative digestion procedure of almond samples

Due to the fact that almond pulp has oil in its composition, a mixture of nitric and sulfuric acid is required for its complete decomposition, once the investigated digestion procedure in this work was performed in a digester block with "cold finger", which is a semi-open system. Once the sulfuric acid has a higher boiling point than the nitric acid, the mixture can achieve higher temperatures during the digestion process, providing the decomposition of compounds such as vegetable oils.²⁶ This way, a two-level full factorial design was applied to evaluate the statistical significance of the factors involved in the digestion process, which were: nitric acid volume (NV), sulfuric acid volume (SV), and hydrogen peroxide volume (PV). Table 1 shows the factorial design matrix with real and coded values for each factor, as well as the results obtained for each experiment as Multiple Response (MR) and Desirability (D).

Table 1. Matrix of two-level full factorial design with coded and real values for each factor and results obtained as multiple responses for each experiment. Real value between parentheses

Experiment	Volume (mL)			MR	D
	HNO ₃	H ₂ SO ₄	H ₂ O ₂		
1	-1 (1.5)	-1 (0.5)	-1 (0.2)	7.966	0.992
2	-1 (1.5)	-1 (0.5)	1 (0.8)	7.837	0.958
3	-1 (1.5)	1 (1.5)	-1 (0.2)	5.182	0.248
4	-1 (1.5)	1 (1.5)	1 (0.8)	4.919	0.182
5	1 (2.5)	-1 (0.5)	-1 (0.2)	7.339	0.827
6	1 (2.5)	-1 (0.5)	1 (0.8)	7.054	0.752
7	1 (2.5)	1 (1.5)	-1 (0.2)	6.699	0.655
8	1 (2.5)	1 (1.5)	1 (0.8)	4.201	0.000
9	0 (2.0)	0 (1.0)	0 (0.5)	5.430	0.324
10	0 (2.0)	0 (1.0)	0 (0.5)	5.617	0.369
11	0 (2.0)	0 (1.0)	0 (0.5)	5.663	0.387

Significant: MR = Multiple Response; D = Desirability function.

Linear modeling using Multiple Response (MR) and Desirability (D) showed high correlation between their regression coefficients ($R^2 = 0.963$), indicating low difference between the models, as shown in Table 2. In both multiple responses, the lack of fit test was significant and indicated that the linear model does not adequately describe the relationship between the factors and the response, at 95% confidence level, as shown by the Analysis of Variance (ANOVA) in Table 3.

However, it was possible to identify the experimental levels which contribute to the increase of analytical signal, with SV at 0.5 mL (-1), PV at 0.2 mL (-1) and NV at 1.5 mL (-1), according to effects calculation as shown in Table 4. The NV factor did not present

Table 2. Comparison between regression coefficients and between the models obtained by the two multiple responses

Term	Regression coefficients	
	MR	D
Independent	12.141	2.102
NV*	-1.993	-0.528
SV*	-6.995	-1.864
PV	-2.312	-0.607
NV by SV*	2.837	0.754
NV by PV	1.473	0.386
SV by PV	4.976	1.312
NV by SV by PV*	-3.466	-0.912

*Significant: MR = Multiple Response; D = Desirability; NV = Nitric acid volume; SV = Sulfuric acid volume; PV = Hydrogen peroxide volume.

Table 3. p and F values obtained through analysis of variance (ANOVA) from the two-level full factorial design data (95% confidence level)

Factor	Multiple Response (MR)		Desirability (D)	
	F	p	F	p
NV	3.056	0.222	2.562	0.251
SV*	693.149	0.001	715.968	0.001
PV*	82.632	0.012	82.609	0.012
NV by SV*	39.952	0.024	42.775	0.023
NV by PV*	46.902	0.021	47.669	0.020
SV by PV*	45.170	0.021	45.172	0.021
NV by SV by PV*	35.454	0.027	35.898	0.027
Lack of Fit*	98.490	0.010	97.975	0.010

*Significant: NV = Nitric acid volume; SV = Sulfuric acid volume; PV = Hydrogen peroxide volume.

analytical signal significant increase regarding the used model. These results can be graphically confirmed through analysis of Pareto chart obtained from the multiples responses MR and D, at 95% confidence level, as shown in Figure 1.

Considering the levels indications presented by the linear model obtained from the two-level full factorial design and once the model is not statistically representative, a Box-Behnken design was applied in order to define optimal values for the best digestion process experimental condition through a valid model. For this study, the SV factor experimental domain was displaced for lower levels, once it presented the highest negative main effect in the digestion procedure, according to the results of the two-level full factorial design. The matrix of Box-Behnken design and multiple responses is shown in Table 5. For results prediction, the quadratic models described in equations 1 and 2 were obtained through the multiple responses MR and D, respectively.

$$\text{MR} = -3.148 + 14.031 (\text{NV})^* - 4.259 (\text{NV})^{2*} - 2.082 (\text{SV}) - 5.620 (\text{SV})^{2*} - 10.049 (\text{PV})^* + 5.673 (\text{PV})^{2*} + 1.402 (\text{NV})(\text{SV}) + 1.578 (\text{NV})(\text{PV}) + 6.888 (\text{SV})(\text{PV})^* \quad \text{Equation 1}$$

$$\text{D} = -0.877 + 2.450 (\text{NV})^* - 0.765 (\text{NV})^{2*} - 0.498 (\text{SV}) - 1.063 (\text{SV})^{2*} - 2.054 (\text{PV})^* + 1.206 (\text{PV})^{2*} + 0.312 (\text{NV})(\text{SV}) + 0.313 (\text{NV})(\text{PV}) + 1.315 (\text{SV})(\text{PV})^* \quad \text{Equation 2}$$

The models obtained by the two multiple responses presented a high correlation between the regression coefficients ($R^2 = 0.995$). The values of p and F obtained from the analysis of variance are presented in Table 6 and do not indicate a lack of fit, at 95% confidence level,

Table 4. Significance of effects for the main factors and their interactions at 95% confidence level from the two-level full factorial design

Factor	Multiple Response (MR)			Desirability (D)		
	Effect	t(2)	p	Effect	t(2)	p
NV	-0.153	-1.748	0.222	-0.037	-1.601	0.251
SV*	-2.299	-26.328	0.001	-0.611	-26.758	0.001
PV*	-0.794	-9.090	0.012	-0.207	-9.089	0.012
NV by SV*	0.552	6.321	0.024	0.149	6.540	0.023
NV by PV*	-0.598	-6.848	0.021	-0.158	-6.904	0.020
SV by PV*	-0.587	-6.721	0.021	-0.153	-6.721	0.021
NV by SV by PV*	-0.520	-5.954	0.027	-0.137	-5.992	0.027

*Significant: NV = Nitric acid volume; SV = Sulfuric acid volume; PV = Hydrogen peroxide volume.

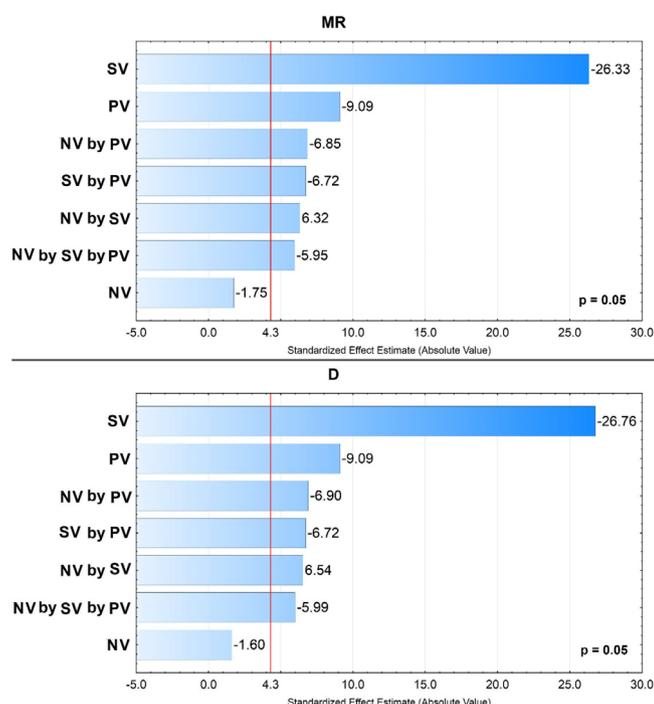


Figure 1. Pareto chart obtained from the two-level full factorial design for Multiple Response function (MR) and Desirability function (D)

demonstrating that both models describe the relationship between the factors and their respective responses well.

The effects study presented in Table 7 showed that all factors for linear and quadratic models were significant, at 95% confidence level. The SV factor was the most significant one at its lowest level (0.2 mL), according to the linear model. This is due to the high viscosity of sulfuric acid which reduces the aspiration flow rate and sample solution nebulization by ICP OES.²⁶ The second most significant factor was PV at its highest level (0.8 mL). This indicates that the HNO₃ amount was not enough to make the oxidative process efficient in the digestion. This phenomenon is also complemented by NV factor which presented its effect with the lowest level (1.5 mL) to increase the analytical signal due to the need to compensate H₂O₂ low concentration in the oxidative system for acidic solution. The only significant interaction was between SV and PV, corroborating with the previous conclusions that the increase of H₂O₂ concentration increases the oxidation capacity, the H₂SO₄ decrease allows the sample introduction, and these two factors increase the analytical signal.

The quadratic models also describe a response surface that has a condition which is maximum for the digestion process, considering the NV and SV factors. The response surfaces obtained from the

Table 5. Matrix of Box-Behnken design with coded and real values for each factor and results obtained as multiple responses for each experiment. Real value between parentheses

Experiment	Volume (mL)			MR	D
	HNO ₃	H ₂ SO ₄	H ₂ O ₂		
1	-1 (1.5)	-1 (0.2)	0 (0.5)	6.422	0.682
2	1 (2.5)	-1 (0.2)	0 (0.5)	4.253	0.242
3	-1 (1.5)	1 (1.0)	0 (0.5)	3.914	0.190
4	1 (2.5)	1 (1.0)	0 (0.5)	2.866	0.000
5	-1 (1.5)	0 (0.6)	-1 (0.2)	5.492	0.499
6	1 (2.5)	0 (0.6)	-1 (0.2)	3.881	0.191
7	-1 (1.5)	0 (0.6)	1 (0.8)	7.194	0.830
8	1 (2.5)	0 (0.6)	1 (0.8)	6.530	0.710
9	0 (2.0)	-1 (0.2)	-1 (0.2)	7.193	0.817
10	0 (2.0)	1 (1.0)	-1 (0.2)	3.363	0.084
11	0 (2.0)	-1 (0.2)	1 (0.8)	6.862	0.758
12	0 (2.0)	1 (1.0)	1 (0.8)	6.338	0.655
13	0 (2.0)	0 (0.6)	0 (0.5)	6.166	0.624
14	0 (2.0)	0 (0.6)	0 (0.5)	6.491	0.676
15	0 (2.0)	0 (0.6)	0 (0.5)	6.326	0.620

Significant: MR = Multiple response; D = Desirability function.

Table 6. *p* and *F* values obtained through analysis of variance (ANOVA) from Box-Behnken design data (95% confidence level)

Factor	Multiple Response (MR)		Desirability (D)	
	<i>F</i>	<i>p</i>	<i>F</i>	<i>p</i>
(1)NV(L)*	143.115	0.007	143.995	0.007
NV(Q)*	158.831	0.006	138.653	0.007
(2)SV(L)*	322.742	0.003	317.194	0.003
SV(Q)*	113.303	0.009	109.735	0.009
(3)PV(L)*	232.077	0.004	238.297	0.004
PV(Q)*	36.532	0.026	44.670	0.022
NV (L) by SV (L)	11.939	0.075	16.047	0.057
NV (L) by PV (L)	8.510	0.100	9.090	0.095
SV (L) by PV (L)*	103.717	0.010	102.298	0.010
Lack of Fit	6.348	0.139	7.081	0.126

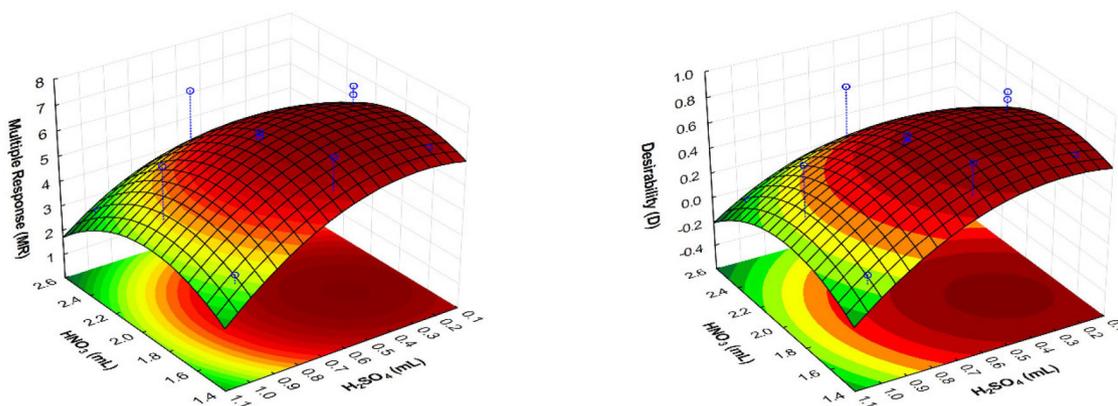
*Significant: NV = Nitric acid volume; SV = Sulfuric acid volume; PV = Hydrogen peroxide volume.

Box-Behnken design using the multiples responses MR and D are shown in Figure 2. The effect indication presented by the linear model

Table 7. Significance of quadratic and linear effects for the main factors and their interactions from the Box-Behnken design, at 95% confidence level

Factor	Multiple response (MR)			Desirability (D)		
	Effect	t(2)	p	Effect	t(2)	p
(1)NV(L)*	-1.373	-11.963	0.007	-0.265	-12.000	0.007
NV(Q)*	1.065	12.603	0.006	0.191	11.775	0.007
(2)SV(L)*	-2.062	-17.965	0.003	-0.393	-17.810	0.003
SV(Q)*	0.899	10.644	0.009	0.170	10.475	0.009
(3)PV(L)*	1.749	15.234	0.004	0.341	15.437	0.004
PV(Q)*	-0.511	-6.044	0.026	-0.109	-6.684	0.022
NV (L) by SV (L)	0.561	3.455	0.075	0.125	4.006	0.057
NV (L) by PV (L)	0.474	2.917	0.100	0.094	3.015	0.095
SV (L) by PV (L)*	1.653	10.184	0.010	0.316	10.114	0.010

*Significant: NV = Nitric acid volume; SV = Sulfuric acid volume; PV = Hydrogen peroxide volume.

**Figure 2.** Responses surfaces obtained from the Box-Behnken design for Multiple Response function (MR) and Desirability function (D)

was evidenced through calculation of the critical values obtained from the quadratic models and are described in Table 8.

Table 8. Real critical values for maximum analytical signal (mL)

Factor	Observed minimum	Critical value (RM)	Critical value (D)	Observed maximum
NV	1.500	1.782	1.758	2.500
SV	0.200	0.312	0.306	1.000
VP	0.200	0.448	0.456	0.800

Significant: NV = Nitric acid volume; SV = Sulfuric acid volume; PV = Hydrogen peroxide volume.

Analytical method accuracy evaluation by ICP OES

The proposed method was used to quantify the minerals (Ca, Cu, Fe, K, Mg, Mn, P and Zn) by inductively coupled plasma optical emission spectrometry (ICP OES). The residual carbon content (RCC) was 1.32-1.77% (m m^{-1}) for almond pulp, proving the method efficiency for samples acid and oxidative digestion, when compared to other methods described in the literature, once the RCC values obtained for all digested solutions in the present work were similar or lower than those reported in literature for this kind of analysis.^{26,33,34} Limits of detection (LOD) and quantification (LOQ) were calculated according to International Union of Pure and Applied Chemistry (IUPAC) recommendation.^{35,36} Thus, these limits were calculated using the following equations: $\text{LOD} = 0.03 \times \text{RSD}_{\text{Blank}} \times \text{CSR} / (\text{ISR} / I_{\text{Blank}})$; $\text{LOQ} = 0.10 \times \text{RSD}_{\text{Blank}} \times \text{CSR} / (\text{ISR} / I_{\text{Blank}})$, where $\text{RSD}_{\text{Blank}}$ is the analytical blank relative standard deviation ($n = 10$); CSR represents the analyte concentration present in the multi-element reference

solution; ISR and I_{Blank} are the analytes emission intensities in the reference solution and analytical blank, respectively.³⁶ The almond certified reference material was not found for purchasing. Therefore, two vegetal matrix (leaves) certified reference materials (CRM) were analyzed to confirm the accuracy of the proposed method. Table 9 shows the method limits of detection and quantification, as well as the CRM analysis results. In addition, a statistical t -test was applied in order to compare the found values with those certified values, for a 95% confidence level. For all studied elements, the t -calculated value was lower than the 4.30 t -critical value, indicating that there are not significant differences between found values and certified values, which confirm the proposed method accuracy.

Table 10 compares the almond mineral content with other fruits consumed worldwide: atemoya, papaya, melon, avocado and watermelon, considering the data reported by Brazilian Food Composition Table (TACO),³⁸ the United States Department of Agriculture (USDA)³⁹ and other authors reported in the literature. From this comparison, it can be observed that almond fruit has similar mineral content regarding other fruits, with relatively high concentration of potassium, magnesium and iron when compared to melon, papaya and watermelon and low sodium content when compared to atemoya, avocado and melon. When comparing with the same species the levels of Ca, Na, P and Zn minerals were similar; however, Fe, K and Mg levels in this work were high. When compared to another almond species, *Prunus dulcis*, it was noticed that the mineral concentration was lower. Therefore, the results obtained from the almond mesocarp show a nutritional value that enables the development of new products, such as: flour, candy, juice, among others, which can be added as a potential food source of this UFP in the human diet.

Table 9. Results obtained from analytical parameters analysis by proposed method for elements determination in almond samples ($n = 3$, 95% confidence level)

Element	LOD (mg kg ⁻¹)	LOQ (mg kg ⁻¹)	Found value (mg kg ⁻¹)	Certified value (mg kg ⁻¹)	<i>t</i> -calculated value
Ca	6.0	19.9	14681 ± 836	15250 ± 100 ^a	2.93
Cu	0.15	0.49	10.42 ± 1.77	12.22 ± 0.86 ^b	4.25
Fe	1.0	3.4	85.7 ± 3.7	82.7 ± 2.6 ^a	3.49
K	2.8	9.2	15447 ± 1054	16080 ± 210 ^a	2.58
Mg	0.77	2.58	2480 ± 222	2710 ± 120 ^a	4.07
Mn	0.10	0.33	55.3 ± 2.8	54.1 ± 1.1 ^a	1.84
P	1.4	4.6	1529 ± 168	1593 ± 68 ^a	1.64
Zn	0.43	1.44	11.80 ± 1.20	12.45 ± 0.43 ^a	2.33

Comparison of mineral composition with other fruits. ^aApple Leaves (CRM 1515); ^bSpinach Leaves (CRM 1570a).

Table 10. Comparison among different fruits mineral composition

Element	Mineral composition (mg 100 g ⁻¹)							
	Almond ^a	Atemoya ^b	Avocado ^c	Melon ^d	Papaya ^d	Watermelo ^d	Almond ^e	Almond ^f
Ca	3.08	11.8	0.13	6	11.1	7	1.19	430
Cu	0.209	0.150	-	0.024	0.025	0.042	-	1.1
Fe	0.407	0.750	0.61	0.17	0.25	0.240	0.001	3.5
K	356	1362	504	228	146	112	2	685
Mg	21.5	64.4	29	10	11.1	10	1.3	420
Mn	0.096	0.350	-	0.027	-	0.038	-	1.5
Na	2.12	13.3	8	18	1.98	1	1.95	10.5
P	34.4	47.5	54	11	5.36	110	22.6	705
Zn	0.289	0.930	0.68	0.09	0.03	0.100	0.163	3.55

^aThis work. The results for almond mineral composition were expressed as wet basis. ^bSantos *et al.*³⁷ ^cTACO.³⁸ ^dUSDA.³⁹ ^eUdotong *et al.*⁴⁰ Almonds of the species *Terminalia catappa* L. ^fYada *et al.*⁴¹ Almonds of the species *Prunus dulcis*.

CONCLUSIONS

Chemometric tools application to optimize an acid decomposition method evidenced the importance of multivariate study for such procedures. Applying multiple responses with the purpose of obtaining an optimum condition for the best availability of all analytes simultaneously provided a reducing number of experiments and lower reagent consumption. Although two-level full factorial design showed a lack of fit, this contributed to indicate which variables should be further studied using a response surface methodology. The Box-Behnken design, finally, facilitated the interpretation of variables study through a response surface with evident optimal region.

From the mineral components concentration found through this method, it can be considered that almond is an unconventional fruit which can be used for food supplementation, once the mineral content found in it is comparable to other more widely consumed fruits.

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