

Germination of spores and growth of gametophytes and sporophytes of *Rumohra adiantiformis* (Forst.) Ching (Dryopteridaceae) after spore cryogenic storage¹

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ABSTRACT – (Germination of spores and growth of gametophytes and sporophytes of *Rumohra adiantiformis* (Forst.) Ching (Dryopteridaceae) after spore cryogenic storage). *Rumohra adiantiformis* (Forst.) Ching is a fern (Dryopteridaceae) used in floral arrangements. Spores sterilized in 15% (v/v) solution of commercial sodium hypochlorite for 10 minutes and unsterilized spores were plunged in liquid nitrogen and held for 15 minutes and for 90 days. After the cryogenic treatments, spores were taken out of liquid nitrogen and rapidly thawed out in a water bath or slowly at room temperature and were cultured in Mohr's mineral solution as modified by Dyer, kept at 25 ± 2 °C and a 16-hours photoperiod. Statistical differences were not observed in the germination of unsterilized spores immersed or not immersed in liquid nitrogen, but when the spores were previously sterilized, a severe inhibition of germination was observed in cryopreserved spores. Faster mean germination time was observed for unsterilized spores cryopreserved in liquid nitrogen for 15 minutes. The germination of spores stored in liquid nitrogen for 90 days reached the maximum percentage after 12 days, while control spores reached their maximum percentage after 16 days. Levels of soluble sugars did not vary among treatments in gametophytes cultivated for 10 weeks after spore inoculation. The number of fronds and the length of the longest frond on sporophytes did not differ statistically among treatments. The relative growth rate of sporophytes grown from cryopreserved and control spores were not statistically different among treatments. Spores of *R. adiantiformis* immersed in liquid nitrogen for 15 minutes apparently produced phenotypically normal plants.

Key words - liquid nitrogen, *Rumohra*, storage.

RESUMO – (Germinação de esporos e crescimento de gametófitos e esporófitos de *Rumohra adiantiformis* (Forst.) Ching (Dryopteridaceae) após armazenamento criogênico de esporos). *Rumohra adiantiformis* (Forst.) Ching é uma pteridófita (Dryopteridaceae), usada em arranjos florais. Esporos esterilizados em solução de hipoclorito de sódio comercial a 15% (v/v) durante 10 minutos ou esporos não esterilizados foram imersos em nitrogênio líquido por 15 minutos ou 90 dias. Após os tratamentos de conservação criogênica, esporos foram retirados do nitrogênio líquido e degelados rapidamente em banho morno ou à temperatura ambiente. Os esporos germinaram a 25 ± 2 °C em fotoperíodo de 16 horas, em solução nutritiva de Mohr modificada por Dyer. Não ocorreram diferenças estatisticamente significativas na germinação de esporos não esterilizados imersos ou não em nitrogênio líquido, mas quando os esporos foram esterilizados, houve severa inibição da germinação dos esporos criopreservados. O menor tempo médio de germinação foi observado para esporos criopreservados por 15 minutos não esterilizados. A germinação de esporos armazenados em nitrogênio líquido por 90 dias atingiu o máximo após 12 dias e esporos do controle atingiram o máximo após 16 dias. Os níveis de açúcares solúveis não variaram entre os tratamentos, nos gametófitos de 10 semanas de cultivo a partir da inoculação dos esporos. Os números de frondes e as alturas das maiores frondes produzidas por plantas submetidas aos diferentes tratamentos não apresentaram diferenças estatisticamente significativas. As taxas de crescimento relativo dos esporófitos oriundos de esporos criopreservados e controle não difeririam estatisticamente entre os tratamentos. Esporos de *R. adiantiformis* imersos em nitrogênio líquido por 15 minutos aparentemente produziram plantas fenotipicamente normais.

Palavras-chave - armazenagem, nitrogênio líquido, *Rumohra*

Introduction

Rumohra adiantiformis (Forst.) Ching, a fern belonging to the Dryopteridaceae, grows in a variety of

habitats from bare sandy soil, to areas with bushes, in forests, and even on rocks. It occurs from sea level to altitudes above 2,400 m in the Peruvian Andes (Kato 1974, Tryon & Tryon 1982). It produces homosporous, ellipsoidal, monolete, nonchlorophyllous and tuberculate-saccate spores forming green gametophytes with numerous rhizoids on the inferior central surface cushion (Tryon & Tryon 1982).

This plant is popular in the composition of floral arrangements because of the exceptional longevity of

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the leaves after being cut and kept in a vase (Milton & Moll 1988). In Florida (USA), the cultivation of *R. adiantiformis* for leaf harvest is accomplished under controlled conditions (Stamps *et al.* 1994). However, in countries such as the Republic of South Africa and Brazil, where natural populations of the species exist, the leaf harvest is done directly in the field (Milton & Moll 1988).

Nutrients as well as other factors are implicated in the growth and development of gametophytes and sporophytes (Fernández *et al.* 1996, 1997, 1999). According to Camloh & Gogala (1992), Camloh (1993, 1999) and Raghavan (1989), liquid media are superior to solid media for early gametophyte development, but the two media have a similar effect on spore germination. In fern cultures, sterilization of spores is necessary before germination procedures (Camloh 1993, Simabukuro *et al.* 1998).

De Brum & Randi (2002) analyzed the effect of irradiation and temperature on the germination of sterilized spores of *R. adiantiformis*. The lowest mean germination time (t) was observed under 9% and 17% of irradiation. The lowest mean germination time (7.93 days) was observed at 25 ± 1 °C followed by 20 ± 1 °C. The germination of *R. adiantiformis* was inhibited by higher irradiations and temperatures.

Cryopreservation is a very useful technique for plants of economical interest as an important component in plant biotechnology programs (Benson *et al.* 1998). This process involves a series of stresses that can disrupt physiology in the plant, promoting modifications in regenerating cultures. The verification of the genetic stability of the material recovered from cryopreservation after storage is desirable for germplasm conservation. Viability is maintained during cryopreservation through cryoprotectants such as dimethyl sulfoxide, glycerol, sucrose and proline (Lynch & Benson 1991).

Cryopreservation can assist in the conservation of endangered species when used in germplasm banks. According to Pence (2000), fern spores are candidates for long-term germplasm storage at low temperatures including storage in liquid nitrogen. Spores of more than forty fern species survived after exposure to liquid nitrogen (Agrawal *et al.* 1993, Pence 2000). Rogge *et al.* (2000) immersed sterilized spores of *Dicksonia sellowiana* Hook. in liquid nitrogen to analyze the effect of cryopreservation on their viability and observed that they remained viable after being plunged in liquid nitrogen for three months.

This paper investigates the effects of immersion of unsterilized and sterilized spores of *Rumohra*

adiantiformis in liquid nitrogen on some growth characteristics. The effects of cryopreservation on germination, gametophyte and sporophyte growth are assessed to investigate if this process does not alter the *Rumohra adiantiformis* pattern of initial growth when compared to plant produced from spores stored conventionally under refrigeration at 7 ± 1 °C.

Materials and methods

Sporophylls of *Rumohra adiantiformis* (Forst.) Ching, were harvested in the "Protected Area" of Ilha Comprida, São Paulo, Brazil in July and August, 1999 and March, 2000. Following collection, the fronds were dried on filter paper in an oven at 30 °C for three days in order to induce sporangia dehiscence. The spores were separated from sporangia by filtering through tissue paper, and were stored in glass jars under refrigeration at 7 ± 1 °C. Desiccation is one of the usual methods of cell dehydration before freezing in liquid nitrogen (Withers & Engelmann 1998). The best sterilization method to achieve total decontamination and high germination percentages for this species involves the use of a 15% (v/v) solution of commercial sodium hypochlorite (2% of active chlorine) for 10 min before the spores had been filtered through sterile filter paper by vacuum, washing several times with sterile distilled water and dried in a laminar flow hood for 30 min (De Brum & Randi 2002). This method does not affect spore germination of *R. adiantiformis* but under light microscopy, a disruption of the external spore coat was verified.

Samples of sterilized and unsterilized spores stored under refrigeration, were separately placed in 1 mL sterile polypropylene cryotubes, plunged into liquid nitrogen (LN) cryocans and held for 15 min (Rogge *et al.* 2000). After cryogenic treatment, the samples were recovered from the LN and thawed out by two methods: (a) rapid thawing in a 45 °C water bath for 5 min; (b) slow thawing at room temperature; the percentage of spore germination after the cryogenic treatment was compared to the control (spores stored under refrigeration at 7 ± 1 °C). Other samples were stored in LN for 90 days and after storage, they were rapidly or slowly thawed as described above. The percentage of spore germination after cryogenic storage was compared to the control (spores stored under refrigeration at 7 ± 1 °C for the same period).

For the germination tests, spores were sown in four conical flasks containing 20 mL of Mohr's mineral solution as modified by Dyer (Mohr 1956, Dyer 1979) and included Benomyl (50 mg L⁻¹) to inhibit fungal growth. Flasks were kept in a growth chamber (25 ± 2 °C) under a 16-hour photoperiod and photon flux density of 30 μmol m⁻²s⁻¹ provided by cool white fluorescent tubes. The level of irradiation was analysed by a quantameter LICOR 250, provided by PAR sensor (400 to 700 nm). Twenty days after spore inoculation in Dyer's mineral solution, gametophytes

obtained after spore germination were cultivated in Plantmax® soil. Four samples of 50 mg each ($n = 4$) of 10 week-old gametophytes were treated with methanol, chloroform and water at 12:5:3 v/v (Shannon 1968) for the extraction of soluble sugars which were quantified according to McCready *et al.* (1950). Sporophytes were observed after 19 weeks of cultivation and were transferred to small pots containing Plantmax® soil for growth analysis. Ten sporophytes from each treatment were analyzed. The experiments were completely randomized.

Germination was scored every two days. One slide was analyzed by light microscopy from each flask ($n = 4$) and 100 spores were counted per slide. Before statistical analyses were done, an asymmetry test (Berquó *et al.* 2002) was applied to the values of germination percentage which showed that they did not follow a normal distribution. To normalize data, they were submitted to arcsine transformation. To verify the homogeneity of variances, the test of Cochran was applied (Berquó *et al.* 2002). The mean germination time was calculated for each replication per treatment according to the equation: $\bar{t} = \sum (tm) (\sum n)^{-1}$, where t is the time in days starting from day 0 (day of spore sowing) and n is the number of spores completing germination on day t (Labouriau 1983). The data were compared using Tukey's multiple range test ($P < 0.05$) for percentage of germination, mean germination time and gametophyte levels of soluble sugars. The number of fronds and the length of the longest frond were recorded after 23 and 39 weeks of cultivation in sporophytes produced from: control spores (CT); spores immersed in liquid nitrogen and rapidly thawed (RT); spores immersed in liquid nitrogen and slowly thawed (ST). The relative growth rate (RGR) of sporophytes was calculated according to the equation $L_2 - L_1 (t_2 - t_1)^{-1}$ (Bernabe *et al.* 1999) where L_2 is the \log_{10} of the longest sporophyte frond length at time 2 ($t_2 = 39$ weeks of cultivation starting from spore sowing) and L_1 is the \log_{10} of the first sporophyte frond length at time 1 ($t_1 = 23$ weeks starting from spore sowing). To verify the homogeneity of variances, the test of Cochran was applied (Berquó *et al.* 2002). The Kruskal-Wallis test or the Tukey test were applied to analyse number of fronds, height of longest frond and relative growth ratio. Data were analysed by Excel for Windows (Microsoft), Minitab for Windows and Statgraphics software.

Results and Discussion

According to Pence (2000), nonchlorophyllous spores are similar to orthodox seeds which can be dried and stored for a number of years. Usually, in cultures, fern spores need to be surface sterilized before the germination procedures. Camloh (1993, 1999) reported that the best germination occurred when unsterilized spores of *Platycerium bifurcatum* L. were used, but contamination always occurred after 10 days of culture

which was probably the reason for the lower cell number as compared to sterilized spores. Simabukuro *et al.* (1998) observed that for *Cyathea delgadii* Sternb. the elimination of bacterial and fungal contaminants was better when the spores were treated with calcium hypochlorite before sowing on medium containing Nystatin. Unfortunately, most treatments that kill contaminant fungi and bacteria also reduce fern spore germination.

After four and six days of culture, the germination of unsterilized spores of *R. adiantiformis* immersed in LN for 15 min, followed by rapid and slow thawing, was higher than the germination of spores not immersed in LN. There was no statistically significant difference between spores immersed or not in LN after eight days of culture (figure 1A). On the other hand, there was a drastic inhibition of spore germination when spores were sterilized before being immersed in LN for 15 min (figure 1B). Spores of *R. adiantiformis* have a black coat which is formed by three strata (Tryon & Tryon 1982); after sterilization they became yellow. Sterilization with commercial sodium hypochlorite seems to destroy the external strata of the spore coat and if employed before cryopreservation it is deleterious to spore germination. The lower mean germination time was observed for unsterilized spores immersed in LN for 15 min in both thawing methods (table 1). After four days of culture, the spores not immersed in LN, that were held under refrigeration at $7 \pm 1^\circ\text{C}$ for 90 days did not germinate, while the percentage of germination for spores held in LN for 90 days was over 40% (figure 1C, table 1). The germination of cryopreserved spores reached the maximum percentage after 12 days, while spores stored under refrigeration reached their maximum percentage after 16 days. The lower mean germination time was observed for cryopreserved spores in both thawing methods. The germination of cryopreserved spores was also improved in contrast to the spores stored under refrigeration at $7 \pm 1^\circ\text{C}$ for 90 days. Possibly, cryogenic treatments improved water uptake, spore imbibition by the breakage of the spore coat and consequently improving the germination time. Rogge *et al.* (2000) obtained similar results for spores of *Dicksonia sellowiana* Hook. stored in LN for 90 days. For this species, no difference was observed between spore germination after rapidly or slowly thawing, and spore sterilization before being plunged in LN did not inhibit germination. In fact, for *D. sellowiana*, storage in liquid nitrogen promoted the germination of sterilized spores. Pence (2000) immersed spores of 35 fern species in LN for one hour, including *R. adiantiformis*. Before

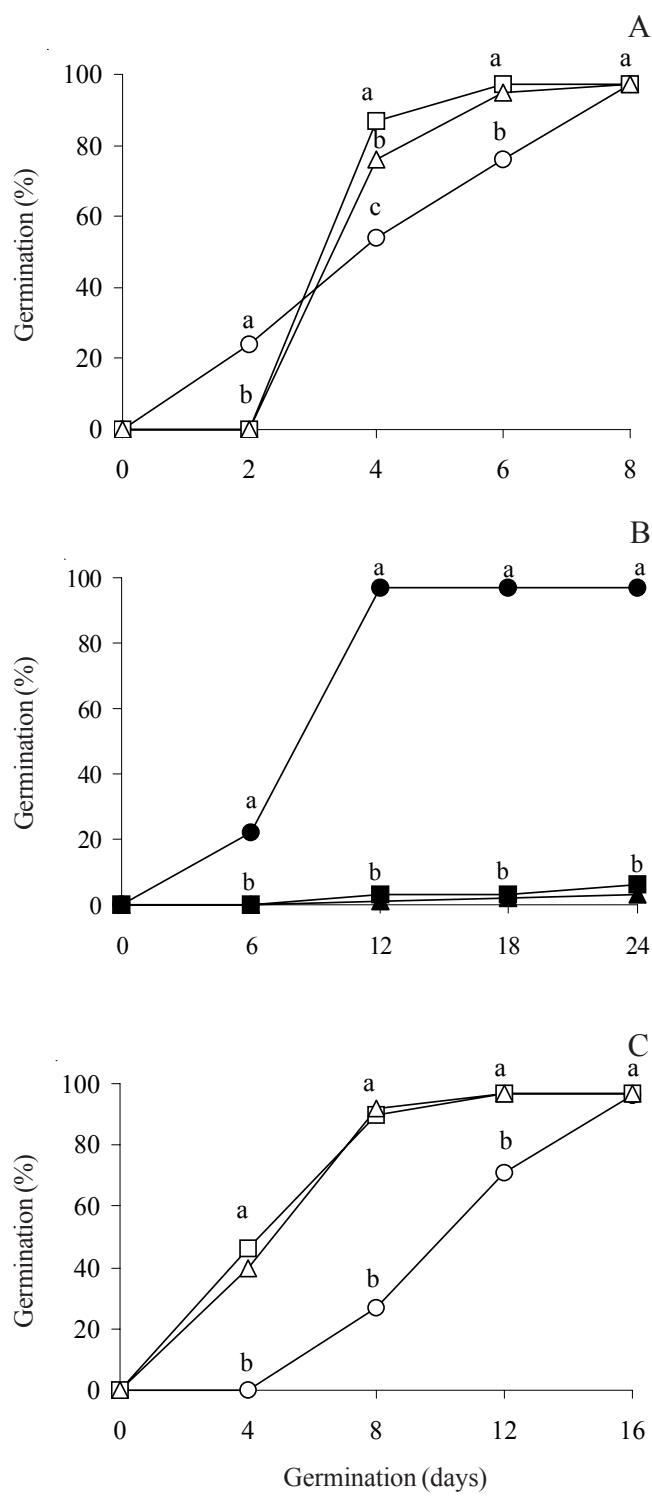


Figure 1. Effect of immersion in LN for 15 min (A, B) or 90 days (C), on the germination of spores of *Rumohra adiantiformis* (Forst.) Ching. (Control = \circ ; Rapid thawing after immersion in liquid nitrogen = \square ; Slow thawing after immersion in liquid nitrogen = \triangle). Dark symbols are sterilized spores submitted to the same treatments. Different letters denote statistical differences among treatments for each evaluation ($Tukey P < 0.05$).

Table 1. Effect of immersion in LN for 15 min and 90 days on the mean germination time, of spores of *Rumohra adiantiformis* (Forst.) Ching. (Mean germination time = \bar{t} ; LN = liquid nitrogen; CT = control; RT = rapid thawing after immersion in liquid nitrogen; ST = slow thawing after immersion in liquid nitrogen; *c.v.* = Coefficient of variation; s^2 = variance; *C* = Cochran test). Different letters denote statistical differences among treatments ($Tukey P < 0.05$).

Treatment	\bar{t} (days)	<i>c.v.</i>	s^2
Immersion in LN - 15 min			
CT	9.13a	1.12	0.010
RT	7.43b	1.61	0.014
ST	7.46b	1.58	0.014
<i>C</i>			0.37
Immersion in LN - 90 days			
CT	12.34a	5.09	0.039
RT	8.56b	0.89	0.005
ST	8.56b	1.85	0.025
<i>C</i>			0.34

immersion, spores were surface sterilized in a 1:20 dilution of commercial sodium hypochlorite for 5 min. After one hour of immersion in LN, the samples were placed on the benchtop to warm to ambient temperature for 20 min. According to the author, no germination was observed for control spores of *R. adiantiformis* or for cryopreserved spores, but there was no mention of spore age, that could be unviable when the experiment was carried out. On the other hand, 33 other species survived after immersion in LN.

In vitrification-based procedures, cell dehydration is performed before freezing by exposure of plant samples to concentrated cryoprotective media or oven desiccation (Benson *et al.* 1998, Withers & Engelmann 1998). Fern spores can endure cryopreservation treatment without the need for additional cryoprotective substances as already observed in some species (Agrawal *et al.* 1993, Pence 2000, Rogge *et al.* 2000). Storage in liquid nitrogen of *R. adiantiformis* spores is a feasible method that must be carried out without previous sterilization or addition of a cryoprotectant solution.

Analyses of dry mass weight, photosynthesis and respiration rates, soluble sugars and chlorophyll can be employed to study gametophyte and sporophyte development (Sakamaki & Ino 1999, Yeh & Wang 2000,

Renner & Randi 2004). Gametophytes of *D. sellowiana* showed different levels of soluble sugars, chlorophyll and different weight of dry mass under different light and nutritional conditions (Renner & Randi 2004). According to Sakamaki & Ino (1999), gametophytes allocated photosynthate for sporophyte growth and it was an important aid before the one-leaf stage. They concluded that the higher photosynthetic rates of gametophytes in the early stage were important for reaching the critical size for sporophyte production in a short time. The levels of soluble sugars of 10-week-old gametophytes of *R. adiantiformis* resulting from spores stored under refrigeration and spores cryopreserved in LN were not statistically different among treatments (table 2). This observation suggests a normal gametophyte development for *R. adiantiformis* after spore immersion in LN.

After 23 and 39 weeks of cultivation, differences were not observed among treatments as to the number of sporophyte fronds, length of longest frond and RGR

(tables 3-5). The data presented in this paper are pioneer. Data concerning growth analyses of fern gametophytes and sporophytes after spore storage in

Table 2. Effect of immersion in LN for 15 min, on the level of soluble sugars of 10-week-old gametophytes of *Rumohra adiantiformis* (Forst.) Ching originated from cryopreserved spores. (CT = control; RT = rapid thawing after immersion in liquid nitrogen; ST = slow thawing after immersion in liquid nitrogen; FW = fresh weight; c.i. = confidence interval; s^2 = variance; C = Cochran test). Treatments are not statistically different (Tukey $P < 0.05$).

Treatment	Soluble sugars (mg g ⁻¹ FW ± c.i.)	s^2
CT	2.810 ± 0.151	0.070
RT	3.144 ± 0.207	0.135
ST	3.125 ± 0.107	0.033
C		0.56

Table 3. Effect of immersion in LN for 15 min, on number of fronds and longest frond length of plants originated from cryopreserved spores of *Rumohra adiantiformis* (Forst.) Ching. (NF = number of fronds; LF = longest frond length; CT = control; RT = rapid thawing after immersion in liquid nitrogen; ST = slow thawing after immersion in liquid nitrogen; FW = fresh weight; c.i. = confidence interval; s^2 = variance; C = Cochran test; * = variances are heterogeneous). Data are means of 10 plants. Treatments are not statistically different (H = Kruskal-Wallis test: $P < 0.05$).

Treatment	Sporophyte age - 23 weeks		
	NF (Mean ± c.i.)	s^2	LF(cm) (Mean ± c.i.)
CT	2.40 ± 0.16	0.49	1.50 ± 0.39
RT	2.10 ± 0.28	1.66	1.70 ± 0.31
ST	2.50 ± 0.15	0.50	1.45 ± 0.15
C		0.63*	0.70*
H		2.16	0.26

Table 4. Effect of immersion in LN for 15 min, on number of fronds and longest frond length of plants originated from cryopreserved spores of *Rumohra adiantiformis* (Forst.) Ching. CT = control; RT = rapid thawing after immersion in liquid nitrogen; ST = slow thawing after immersion in liquid nitrogen; RGR = relative growth rate; c.i. = confidence interval; s^2 = variance; C = Cochran test. Data are means of 10 plants. Treatments are not statistically different (Tukey $P < 0.05$).

Treatment	Sporophyte age - 39 weeks		
	NF (Mean ± c.i.)	s^2	LF(cm) (Mean ± c.i.)
CT	8.80 ± 0.46	4.62	23.90 ± 0.84
RT	8.80 ± 0.35	2.62	19.40 ± 0.48
ST	7.60 ± 0.52	6.04	21.90 ± 1.20
C		0.45	0.60

Table 5. Effect of immersion in LN for 15 min, on RGR of plants originated from cryopreserved spores of *Rumohra adiantiformis* (Forst.) Ching. NF = number of fronds; LF = longest frond length; CT = control; RT = rapid thawing after immersion in liquid nitrogen; ST = slow thawing after immersion in liquid nitrogen; *c.i.* = confidence interval; s^2 = variance; *C* = Cochran test; * = variances are heterogeneous). Data are means of 10 plants. Treatments are not statistically different (H = Kruskal-Wallis test: $P < 0.05$).

Treatment	RGR (mean \pm <i>c.i.</i>) $\text{cm cm}^{-1}\text{wk}^{-1}$	s^2
CT	0.077 \pm 0.0025	0.0001
RT	0.074 \pm 0.0049	0.0006
ST	0.070 \pm 0.0110	0.0001
<i>C</i>		0.75*
<i>H</i>		1.01

LN were not found in the literature. Phenotypic and biochemical preservation has been observed in cryopreserved somatic embryos of palm trees (Engelmann 1991), tomato pollen (Sacks & Clair 1996) and seeds of cotton (Gonzales-Benito *et al.* 1998) but were not studied in ferns. The results showed that spores of *R. adiantiformis* immersed in liquid nitrogen were able to germinate and produced plants that showed a normal development during the period analysed.

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