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Q-Switched 1,064-nm Neodymium-Doped yttrium aluminum garnet laser irradiation induces collagen remodeling in SKH-1 Hairl ess mice by activating ERK1/2 and p38MAPK signaling pathway

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Abstract

To select the optimal condition of 1064 nm Q-switched Nd:YAG laser irradiation and study the molecular mechanism of laser irradiation for skin rejuvenation. Sixty male, 6-week-old SKH-1 hairless mice were equally divided into 6 groups: 3d, 7d, 21d, 28d, 42d and 56d of 1064 nm laser irradiation at both 0 J/cm² (left region) and 1.5 J/cm² (right region) fluence. The basic skin performances were analysed via quantifying hydroxyproline content and skin hydration in the dermis and epidermis. The Collagen I, MMP2 and TIMP1, as well as ERK 1/2, p38MAPK, JNK and ERK5 signaling pathways levels were detected by qRT-PCR. Laser irradiation led to a marked increase in hydroxyproline content and skin hydration in the dermis and epidermis compared to the non-irradiated area. After laser irradiation, collagen I was markedly up-regulated, MMP2 was significantly decreased and TIMP1 was unchanged. Moreover, qRT-PCR results revealed ERK 1/2 and p38MAPK signaling pathways were activated after laser irradiation. we are firstly proves that 1064 nm laser irradiation can inhibit collagen degradation by stimulating the activation of ERK1/2 and p38MAPK signaling pathways. Additionally, the condition of laser irradiation lasting 21d at fluence of 1.5 J/cm² displays the best effect of skin rejuvenation in our study.

Keywords: SKH-1 hairless mice; 1064 nm Q-switched Nd: YAG laser; collagen remodeling; ERK ½; p38MAPK signaling pathways.

Practical Application: Neodymium-Doped Yttrium Aluminum Garnet Laser Irradiation Induces Collagen Remodeling.

1 Introduction

Skin aging is divided into natural aging (genetic factor) and photo-aging (environmental factor). Genetic aging of skin results from personal genetics, and the deterioration of natural inherent repair and regenerative processes. Environmental aging of skin is defined as skin aging following chronic exposure to ultraviolet solar rays from natural or artificial sunlight with manifestations as skin laxity, pigment abnormalities, wrinkles, telangiectasia and pore enlargement. Moreover, natural aging and photo-aging occupy similarities in histopathology including decreased elasticity, reduction of secretion from sebaceous glands and sweat glands, elastic fiber denaturation, reduced collagen content, lipid peroxidase and denatured protein deposition in the skin, etc. (Farage et al., 2013; Tao et al., 2015). Skin rejuvenation is a therapeutic method of improving and reversing shin aging and mainly includes two categories: delaying cell senescence by regulating on cell and molecular levels, doing structure remodeling according to the skin structure changes (Yaar & Gilchrest, 2007). In present study, we mainly focused on molecular levels changes of the dermis and epidermis to elucidate skin rejuvenation.

Q-switched 1064-nm neodymium-doped yttrium aluminum garnet laser (Nd: YAG) belongs to infrared light, non-ablative laser which is the most popular technology of skin rejuvenation because of its relatively longer wavelength and higher energy peak, and fairly strong penetrating power. On a large scale, Q1064 nm laser therapy is a photodynamic and electrodynamic treatment technology. Its targets are water molecules that located in the superficial layer of dermis. Under the condition of without affecting the epidermal layer, it can promote dermal new collagen formation to commendably solve the problems of skin erythema for a long time, pigmentation after inflammation, skin infection and scarring. It is effective for removing skin fine lines and improving skin texture (Goldberg & Silapunt, 2001; Zhou & Yang, 2015). Meanwhile, Goldberg and colleagues demonstrated that 1,064-nm Q-switched Nd: YAG laser promoted cosmetic improvement in wrinkle appearance in several studies (Goldberg & Metzler, 1999; Goldberg & Silapunt, 2000). Additionally, Goldberg D, et al.have also documented that the 1,064-nm Nd: YAG laser induced collagen production and slight fibrosis in the dermis by histological studies (Goldberg & Silapunt, 2001). Moreover, Gold MH, et al.reported that the non-ablative fractional Q-switched 1064-nm Nd: YAG laser is safe and effective for improving signs of mild-to-moderate photodamage skin irregularities without significant downtime, pain, or adverse side effects (Gold et al., 2014). Therefore, 1064 nm Q-switched Nd:YAG laser irradiation maybe a safe and effective therapeutic method for ameliorating skin aging.

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Although various etiologies can cause skin aging, common points include less expression of dermal type I collagen (Collagen I), greater matrix metalloproteinase (MMP) and tissue inhibitors of metalloproteinase (TIMP) (Jenkins, 2002; Quan et al., 2004; Rhee et al., 2016). Skin collagen provides skin strength and elasticity in the form of elongated fibrils, and the gradual loss of collagen in skin brings aging results in wrinkles and other signs of skin aging. Thus, one important target of increasing dermal collagen production and reducing its breakdown may be the key action for the non-ablative techniques (Dang et al., 2011; Alam et al., 2003). In previous research, 1064 nm Q-Switched Nd:YAG laser was used to irradiate the dorsal skin of BABL/c mice with 0, 1, 1.5 and 2 J/cm² energy level and lasting for 7, 14, 21, and 28 days, respectively. Then, they found from 21 days to 28 days, the skin elasticity, moisture content, hydroxyproline content, and gene expression of types I and III procollagen increased significantly. 1064 nm Q-Switched Nd:YAG laser could markedly promote repair of mice skin within 28 days through stimulation of collagen synthesis with fewer skin barrier dysfunction and the best irradiation condition of this laser was lasting for 21d under 1.5 J/cm² fluence (Wang et al., 2016). However, the irradiation effects of this laser before 7days and after 28days under 1.5 J/cm² energy level is waiting for further study, and the underlying mechanism of new collagen formation by laser irradiation for photorejuvenation is still unclear.

The proposed L-arginine dose may be of importance in skin rejuvenation approaches and wound healing associated with significant upregulation of Extracellular signal-Regulated Kinase (ERK), phosphor-ERK (p-ERK) and c-Jun N-terminal kinases (JNK) while no significance of the rise in phosphor-JNK (pJNK) kinase (Kocic et al., 2017). Moreover, for scar amelioration and skin rejuvenation in acne treatment, Ce6-mediated Photodynamic Therapy (PDT) with halogen light enhanced collagen production, in a dose dependent manner, inhibited P. acnes-induced phosphorylation of JNK and ERK (Ryu & Lee, 2017). In Low-Level Laser Terapy (LLLT) enhancing wound healing and stimulating cell proliferation of fibroblast and endothelial cells, ERK and Mitogen-Activated Protein Kinase (MAPK) phosphorylation were increased while the TNF/CHX-increased p38 MAPK, JNK, IKK phosphorylation, NF-κB translocation, and iNOS expression was suppressed. This showed that LLLT protects against inflammatory-induced endothelial dysfunction by suppressing p38MAPK signaling (Chu et al., 2018). Moreover, the upregulation of signaling proteins (PKBa and ERK5) were reported for damaged tissue protection and brain tissue recovery (Demyanenko et al., 2015). Irradiation with a high-frequency Near-Infrared (NIR) diode laser increased cell division and migration of MT3T3-E1 cells, possibly be related to the phosphorylation of MAPK/ERK1/2 (Kunimatsu et al., 2018). However, whether the signaling pathways of ERK1/2, p38MAPK, JNK and ERK5 involved in Q-switched 1064-nm Nd: YAG laser treating skin aging for skin rejuvenation is waiting for research. Thus, based on the previous research, we will add several points of 3d, 42d and 56d to demonstrate the possible mechanism of Q-switched 1064-nm Nd: YAG laser for hairless micement-related skin rejuvenation in epidermal and dermal tissue. Basic data representations were detected by skin hydration and hydroxyproline content. In addition, collagen remodeling after laser treatment was observed using real-time quantitative reverse transcription-polymerase chain reaction (qRT-PCR) to analyze the expression of collagen1 and corresponding proteins of MMP2 and TIMP1 from dermis and epidermis tissues. Finally, the signal pathway performances were detected by the RNAs of ERK1/2, p38MAPK, JNK and ERK5 using qRT-PCR.

2 Materials and methods

2.1 Animals and groups

Sixty male, 6-week-old SKH-1 hairless mice were provided from Shanghai Public Health Clinical College. All mice were raised for at least one week in a temperature-controlled room at 25 °C and 60% relative humidity with 12 h light cycle and given free access to standard laboratory diet and water before experiments. The mice were treated according to the ethical guidelines of the animal center, Shanghai Public Health Clinical College, and the Animal Studies Committee of Shanghai Public Health Clinical College approved the experimental protocol. In addition, all mice were divided into six groups of irradiation 3d, 7d, 21d, 28d, 42d and 56d with each group including 10 mice, and each mouse of groups was received 1064-nm Nd: YAG laser at fluence of 0 J/cm² and 1.5 J/cm².

2.2 Laser irradiation

Sixty mice were anesthetized intraperitoneally with 1% (1 mL/kg) chloral hydrate and their dorsal surfaces were equally divided into two areas by a marker pen. The left region was used as a control without laser irradiation (0 J/cm² fluency) and the right area was treated using the 1064-nm Nd: YAG laser (Medlite IV, Conbio, USA) with a 5 ns pulse width at 1.5 J/cm² fluency. The spot size was kept at a constant diameter of 6 mm, and the irradiation duration was fixed at 1s. Irradiation were performed lasting 3d, 7d, 21d, 28d, 42d and 56d on each group of mice, separately, at an interval of 1 day. A dynamic cooling device (Cryogen; Candela) sprayed cryogen before and after the laser irradiation to cool the epidermis.

2.3 Skin hydration

All mice were received the measurement of skin hydration in the dermis and epidermis in triplicate after eventual laser irradiation by using a skin capacitance measuring device (Corneometer 820PC; Courage & Khazaka Electronic GmbH). This device can quantify the humidity levels of the stratum corneum based on the distinct dielectric constant of the water. Moreover, there were at least 20 min' acclimatization period in an air-conditioned room under standardized conditions (22-25 °C, 50% humidity) before measurement. Each measurement was performed on the left and right areas of each subject (Shin et al., 2012).

2.4 Hydroxyproline content

Each mouse was anesthetized intraperitoneally with 1% (1 mL/kg) chloral hydrate after the eventual laser irradiation. The dorsal surface skin from left and right areas was taken for 100 mg, separately, to detect the skin hydroxyproline content

in the dermis and epidermis according to the instructions of hydroxyproline kit.

2.5 qRT- PCR

Based on the results of skin hydration and hydroxyproline content, we will select the best irradiation condition that lasting 21d group to perform qRT-PCR experiment. Total RNA was isolated from dermis and epidermis tissue using the RNeasy Mini Kit (Qiagen) following the manufacturer's instructions. First-strand cDNA for real-time PCR was generated using 1 µg of total RNA and SuperScript VILO MasterMix (Invitrogen). The mRNA expression levels of Collagen I, MMP2, TIMP1, ERK1/2, p-ERK1/2, p38MAPK, p-p38MAPK, JNK, p-JNK, ERK5 and p-ERK5 were assessed by qRT-PCR. The QuantStudio[™] 7 Flex Real-Time PCR system (Life Technologies) were used and qRT-PCR was performed using the "Fast" program: 95 °C for 20 s, followed by 40 cycles of 95 °C for 1 sec and 60 °C for 20 s. Data were normalized and quantified by using 2- $\Delta\Delta$ Ct method and GAPDH was utilized as an internal control. The sequences of primers used in this study could be seen in Table 1. The PCR assays were performed for three times.

2.6 Statistical analysis

Statistical analyses were performed with SPSS 19.0 software. The values in the experiments are expressed as means \pm SD. Statistical evaluation of the data was performed using One-way ANOVA and LSD-q test, p < 0.05 was considered significant.

3 Results: the skin rejuvenation effect of Q1064 nm laser on dorsal surface skin of mice

The skin rejuvenation effect presented a wavy similar to normal distribution trend with the extension of laser irradiation time. The best skin rejuvenation effect appeared at the third week or on day 21 of irradiation, and after exposure to 28d, the increasing rate of skin hydration and hydroxyproline acid content were slightly reduced. To 56d, skin hydration and hydroxyproline acid content were increased obviously compared to 28d group (Figure 1). Therefore, the best irradiation condition group (irradiation lasting 21d group) will be selected for the next experiment.

3.1 Collagen remodeling molecules expression levels of collagen I, MMP2 and TIMP1 detected by qRT-PCR

The qRT-PCR results showed an increased expression level of collagen I (P < 0.01), reduced expression level of MMP-2 (P < 0.05), and unchanged expression level of TIMP-1(P > 0.05) in dermis and epidermis from 1064-nm Nd: YAG laser irradiation region compared to non-irradiated region (0 J/cm²) (Figure 2).

3.2 The expression levels of signaling pathways of ERK 1/2, p38MAPK, JNK and ERK5 which involving in collagen remodeling detected by qRT-PCR

Q-switched 1064-nm Nd: YAG laser had no effect on the mRNA expression level of ERK1/2 and p38MAPK from dermis and epidermis compared to non-irradiated area (0 J/cm²) (P > 0.05),

 Table 1. The sequences of primers used for qRT-PCR.

Gene names	Forward	Reverse
GAPDH	5'-GGAGAAACCTGCCAAGTATG-3'	5'-GACAACCTGGTCCTCAGTGT-3'
Collagen I	5'-GGAATCCGGGGTTTACCTGG-3'	5'-AGGCGACCCTCTGATACCTT-3'
MMP2	5'-ACACTGGGACCTGTCACTCC-3'	5'-TGTCACTGTCCGCCAAATAA-3'
TIMP1	5'-GCATCTCTGGCATCTGGCATC-3'	5'-GCGGTTCTGGGACTTGTGGGC-3'
P38MAPK	5'-TCGAGACCGTTTCAGTCCAT-3'	5'-CCACGGACCAAATATCCACT-3'
ERK1	5'-GGGAGATCCAGATCCTGCT-3'	5'-GGTCAGTCTCCATCAGGTCC-3'
ERK2	5'- ACCAACCTCTCGTACATCGG-3'	5'-CTGGCAGTAGGTCTGGTGCT-3'
JNK	5'-AGCAGAAGCAAACGTGACAAC-3'	5'-GCTGCACACACTATTCCTTGAG-3'
ERK5	5'-CTGGCTGTCCAGATGTGAA-3'	5'-ATGGCACCATCTTTCTTTGG-3'

p38MAPK = p38 mitogen-activated protein kinase; ERK = extracellular signal-regulated kinase; JNK = c-Jun N-terminal kinases.



Figure 1. The skin condition indicators in the dermis and epidermis after Q1064 nm laser irradiation. (A) The increasing rate of skin hydration in different Q1064 nm laser irradiation group; The increasing rate of skin hydration: in same group, (the skin hydration content under 1.5 J/cm^2 - the skin hydration content under 0 J/cm² fluency)/ the skin hydration content under 0 J/cm² fluency; (B) The increasing rate of hydroxyproline acid content in different Q1064 nm laser irradiation group; The increasing rate of hydroxyproline acid content: in same group, (the hydroxyproline acid content under 1.5 J/cm^2 - the hydroxyproline acid content under 0 J/cm² fluency)/ the hydroxyproline acid content under 0 J/cm² fluency.



Figure 2. The relative mRNA expression of Collagen I, MMP2 and TIMP1 in dermis and epidermis of mice who suffered from Q1064 nm laser irradiation for 21d; **1.5 J/cm² vs 0 J/cm², P < 0.01; *1.5 J/cm2 vs 0 J/cm², P < 0.05.

whereas phosphorylation level of ERK1/2 and p38MAPK was higher than non-irradiated area (0 J/cm²) (P < 0.05). Meanwhile, the mRNA expression level of JNK and ERK5 as well as the phosphospecific JNK and ERK5 had no changes (P > 0.05) (Figure 3).

4 Discussion

Skin aging is something everyone has to experience, and skin aging involves intrinsic and extrinsic processes. Genes largely determine intrinsic aging, and environmental factors, primarily ultraviolet (UV) light from natural or artificial sunlight, cause extrinsic aging with manifestations as skin laxity, pigment abnormalities, wrinkles, telangiectasia and pore enlargement and with histopathology changes including decreased elasticity, reduction of secretion from sebaceous glands and sweat glands, elastic fiber denaturation, reduced collagen content, lipid peroxidase and denatured protein deposition in the skin ,etc. (Farage et al., 2013; Jenkins, 2002; Tao et al., 2015). Thus, for many people, how to maintain or restore a youthful appearance has become an obsession. Meanwhile, the effective treatments to rejuvenate the skin aging without adverse events has long been a need.

Q-switched 1064-nm Nd: YAG laser is a laser system that more applied to clinic at present. It is often used in the treatment of pigmentary disorders such as nevus of Ota and cafe-au-lait spots, etc., and non-ablative skin rejuvenation treatment, and it has advantages of low adverse reactions, high safety and excellent effect (Chan et al., 2003; Ee et al., 2006). The principle of skin rejuvenation of non-ablative laser is that energy penetrates the epidermis and directly acting on elastic fibers and collagen fibers in dermis under the thermal interaction of laser. Meanwhile, collagen comes up reversible thermal degeneration by biostimulation of heating effect and photochemical action produced by laser, that leads to the recombination and proliferation, relaxation and thickening of collagen fibers in dermis, and then lets it rearranging and restoring normal skin elasticity to reduce wrinkles to achieve skin rejuvenation (Alam & Dover, 2003; Alam et al., 2003; Nikolaou et al., 2005). So, 1064-nm Nd: YAG laser irradiation may be a safe and effective strategy for realizing skin rejuvenation via enhancing collagen remodeling. In this study, we selected a fluence of 1.5 J/cm² for applying to 1064 nm



Figure 3. The relative mRNA expression of Signaling Pathways of ERK 1/2, p38MAPK, JNK and ERK5 in dermis and epidermis of mice who suffered from Q1064 nm laser irradiation for 21d; *1.5 J/cm2 vs 0 J/cm², P < 0.05.

Q-switched Nd:YAG laser irradiation, and added several time points of 3d, 42d and 56d for sustained laser irradiation based on the previous report (Wang et al., 2016) to further confirm if irradiation for 21d is the best irradiation condition of this laser for obtaining skin rejuvenation. Besides, for detecting skin rejuvenation, we mainly detected the contents of collagen and skin moisture from dermis and epidermis, as well as collagen remodeling-related genes. For molecular mechanism study, ERK 1/2, p38MAPK, JNK and ERK5 signaling pathways will be measured.

Hydroxyproline is one of the main and relatively constant amino acid in collagen and has the little content in other proteins. The content of hydroxyproline is sensitive biochemical indexes to reflect the changes of collagen, and the 7.46 times hydroxyproline content is commonly used to represent the content of collagen (Zhen, 1997). Furthermore, skin moisture ameliorated more visibly, the skin rejuvenation degree are more better (Barone et al., 2019). In this experiment, the content of collagen fibers in dermis and epidermis was estimated by the content of hydroxyproline in collagen. The results showed that hydroxyproline content and skin hydration were increased significantly compared to non-irradiated area. These indicators results presented a wavy similar to normal distribution trend with the extension of laser irradiation time, and the peak of wave was appeared on 21d of irradiation. The best laser irradiation condition was lasting for 21d under 1.5 J/cm² fluence. (Figure 1). This wavy similar to normal distribution trend may be related to the thermal damage produced by the 1064-nm laser (Lee et al., 2014). This study confirmed that Q- switch 1064 nm Nd: YAG laser can improve skin rejuvenation by increasing the content of collagen fiber and skin hydration in dermis and epidermis, which is consistent with the previous perspectives (Zhen, 1997; Barone et al., 2019).

Previous studies have suggested that Q- switch 1064 nm Nd: YAG laser non-ablative rejuvenation is associated with histological improvement and new collagen production (Alam et al., 2003; Goldberg & Silapunt, 2001; Oh et al., 2007). Human skin fibroblasts display greater collagen expression after QS 1,064-nm Nd:YAG laser irradiation using RT-PCR in semiquantitative PCR measurement (Dang et al., 2010). In our study, Q- switch 1 064 nm Nd: YAG laser stimulated the Collagen I production in dermis and epidermis, and the maximum increase occurred on 21d irradiation group under the irradiation condition of 1.5 J/cm² compared to non-irradiated region (Figure 2). This indicated Q- switch 1064 nm Nd: YAG laser irradiation could induce collagen remodeling, and we firstly found the collagen remodeling also happening to epidermis under the 1 064 nm Nd: YAG laser irradiation.

Matrix metalloproteinase (MMPs) could induce dermal collagen degradation (Hinz, 2007). Moreover, MMP-2 was expressed in collagen fibers, and the change of collagens fiber synthesis and decreased MMP-2 expression could cause a change in fibroblast activity (Deveci et al., 2018). Cultured human skin fibroblasts were irradiated twice successively with the 1.5 J/cm² of the 532-nm and 1,064-nm Q-switched Nd:YAG lasers, respectively. Both lasers significantly increased the expression of type I and III procollagen, TIMP1 and TIMP2, but decreased MMP1 and MMP2 expression at 24 and 48 h post-irradiation by using RT-PCR, But the increase/decrease rates of procollagen, TIMPs and MMPs for the 1,064-nm laser were higher than that of the 532-nm laser (Dang et al., 2010). It was consistent with our finding that Q- switch 1064 nm Nd: YAG laser induced decreased MMP2 (Figure 2). The reason for the decreased expression of MMP2 may associated with new collagen synthesis. Present study has reported that hyaluronic acid was injected into the skin, which promoted excisional wound healing by stimulating fibroblasts to express Collagen I, MMP-1 and TIMP-1 (Gao et al., 2010). This showed that TIMP-1 involving in skin rejuvenation. 1,064-nm Q-switched Nd:YAG laser with the 1.5 J/cm² increased the expression of TIMP1 and TIMP2 in irradiating cultured human skin fibroblasts (Dang et al., 2010). However, in Lee YB's study, long-pulsed 1,064-nm Nd:YAG laser treatment did not changed the expression of TIMP-1 (Lee et al., 2012). Besides, Oh et al. (2007) also found no significant differences in the expression of TIMP-1 and 2 levels after nonablative laser treatment (Oh et al., 2007). We adopted Q- switch 1064 nm Nd: YAG laser irradiation, there was no significant differences in TIMP-1 level in dermis and epidermis (Figure 2). Although the reason for the unchanged expression of TIMP-1 after the laser treatment was not explained in their study. The results of our study are consistent with those of previous studies. These collagen remodeling molecules expression changes of Collagen I, MMP2 and TIMP1 powerfully illustrated that 1064 nm Q-switched Nd: YAG laser irradiation promoted skin rejuvenation by provoking collagen remodeling in the dermis and epidermis.

Among the MAPK subgroups, both ERK1/2 and p38 MAPK have been known to regulate MMPs gene expression (Brennan et al., 2003). Thus, ERK1/2 and p38 MAPK pathways may involve in protecting intact fibrillar collagen hydrolyzing by regulating MMPs gene expression. In addition, suppressed JNK could lead to the degradation of senescent collagens (Huang et al., 2011). Ye et al. (2012) used 1064 nm Q-switched Nd:YAG laser at fluences of 0, 0.6, 1.5, and 2.5 J/cm², respectively, irradiating the dorsal skin of Sprague-Dawley (SD) rats. Then, they found that the 1064 nm laser treatments led to a marked increase in hydroxyproline/collagen content in a dose-dependent manner.

The expression of Collagen I and III, TIMP1 and TIMP2 in the skin was markedly upregulated, whereas the expression of MMP2 and MMP3 was significantly decreased after laser treatments. Both ERK 1/2 and JNK, MAPK pathways were activated by the 1064 nm laser irradiation. This indicated that 1064 nm laser irradiation could markedly increase collagen synthesis and inhibit collagen degradation. The activation of ERK 1/2 and JNK, MAPK pathways induced by the 1064 nm laser seems to play a role in collagen production in the rat skin (Ye et al., 2012). Based on these previous results, it indicated that the activation of ERK1/2 in dermal fibroblasts was contributed to promote new collagen production while activated JNK played a opposite effect. In our study, we found 1064 nm Q-switched Nd:YAG laser irradiation activated MAPK family members ERK1/2 and p38 MAPK pathways but not ERK5 signaling pathway, and unactivated JNK pathway (Figure 3).

5 Conclusion

To sum up, our study revealed that 1064 nm Q-switched Nd:YAG laser irradiation induces collagen remodeling in SKH-1 hairless mice by activating ERK1/2/ p38MAPK signaling pathway. On the other hand, we are still far from a thorough understanding of the molecular and signaling mechanism of this treatment technology of 1064 nm Q-switched Nd:YAG laser. For a systematic explanation of its skin rejuvenation effect, we still need more research.

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