Incidence of contrast-associated acute kidney injury: a prospective cohort

Incidência de lesão renal aguda associada ao contraste: uma coorte prospectiva

Authors

André Lucas Ribeiro¹^(b) Fabricio Bergelt de Sousa¹^(b) Beatriz Cavalcanti Juchem¹^(b) André Zimerman²^(b) Guilherme Bernardi¹^(b) Manoela Astolfi Vivan¹^(b) Tiago Severo Garcia¹^(b)

¹Hospital de Clínicas de Porto Alegre, Porto Alegre, RS, Brazil. ²Harvard Medical School, Brigham & Women's Hospital, TIMI Study Group, Boston, Massachusetts United States.

Submitted on: 02/20/2023. Accepted on: 08/07/2023. Published on: 09/25/2023.

Correspondence to: Andre Lucas Ribeiro.

E-mail: lucasribeiro.andre@gmail.com

DOI: https://doi.org/10.1590/2175-8239-JBN-2023-0019en

Abstract

Introduction: Contrast-associated acute kidney injury (CA-AKI) is a deterioration of kidney function that occurs after the administration of a iodinated contrast medium (ICM). Most studies that defined this phenomenon used older ICMs that were more prone of causing CA-AKI. In the past decade, several articles questioned the true incidence of CA-AKI. However, there is still a paucity of a data about the safety of newer ICM. Objective: To assess the incidence of CA-AKI in hospitalized patients that were exposed to computed tomography (CT) with and without ICM. Methods: Prospective cohort study with 1003 patients who underwent CT in a tertiary hospital from December 2020 through March 2021. All inpatients aged > 18 years who had a CT scan during this period were screened for the study. CA-AKI was defined as a relative increase of serum creatinine of $\geq 50\%$ from baseline or an absolute increase of $\geq 0.3 \text{ mg/dL}$ within 18 to 48 hours after the CT. Chisquared test, Kruskal-Wallis test, and linear regression model with restricted cubic splines were used for statistical analyses. Results: The incidence of CA-AKI was 10.1% in the ICM-exposed group and 12.4% in the control group when using the absolute increase criterion. The creatinine variation from baseline was not significantly different between groups. After adjusting for baseline factors, contrast use did not correlate with worse renal function. Conclusion: The rate of CA-AKI is very low, if present at all, with newer ICMs, and excessive caution regarding contrast use is probably unwarranted.

Keywords: Contrast Media; Acute Kidney Injury; Contrast-associated Acute Kidney Injury; Computed Tomography.

Resumo

Introdução: Lesão aguda renal associada ao contraste (LRA-AC) é uma deterioração da função renal que ocorre após a administração de meio de contraste iodado (MCI). A maioria dos estudos que definiram esse fenômeno utilizaram MCI mais antigos, mais propensos a causar LRA-AC. Na última década, diversos artigos questionaram a verdadeira incidência de LRA-AC. Entretanto, ainda há escassez de dados sobre a segurança dos MCI mais novos. Objetivo: Avaliar a incidência de LRA-AC em pacientes hospitalizados expostos à tomografia computadorizada (TC) com e sem MCI. Métodos: Estudo de coorte prospectivo com 1.003 pacientes submetidos a TC em hospital terciário, de dezembro/2020 a marco/2021. Todos os pacientes internados com idade ≥ 18 anos que realizaram TC nesse período foram selecionados. A LRA-AC foi definida como aumento relativo de creatinina sérica $de \ge 50\%$ em relação ao valor basal ou aumento absoluto de ≥ 0.3 mg/dL dentro de 18 a 48 horas após a TC. Utilizamos o teste qui-quadrado, teste de Kruskal-Wallis e modelo de regressão linear com splines cúbicos restritos para análises estatísticas. Resultados: A incidência de LRA-AC foi 10,1% no grupo exposto ao MCI e 12,4% no grupo controle ao usar o critério de aumento absoluto. A variação da creatinina em relação ao valor basal não foi significativamente diferente entre os grupos. Após ajuste para fatores basais, o uso de contraste não se correlacionou com pior função renal. Conclusão: A taxa de LRA-AC é muito baixa, caso exista, com MCIs mais novos, e a cautela excessiva quanto ao uso de contraste provavelmente não se justifica.

Descritores: Meios de Contraste; Injúria Renal Aguda; Lesão renal aguda associada ao contraste; Tomografia Computadorizada.



INTRODUCTION

Contrast-associated acute kidney injury (CA-AKI) is a sudden deterioration in renal function that occurs shortly after the administration of iodinated contrast medium (ICM)¹. Historically, high-osmolality ionic contrast agents were associated with a higher risk of CA-AKI compared to more recent low-osmolality or iso-osmolality nonionic agents². A seminal study comparing these contrast agent types reported a 7% incidence of CA-AKI with meglumine/sodium diatrizoate (ionic contrast agent) and 3% with iohexol (nonionic contrast agent), with a higher risk observed in patients with a history of chronic kidney disease (CKD) and diabetes mellitus (DM), as well as in those exposed to greater contrast volumes³. Barrett et al.⁴ also prospectively compared different contrast media by examining CA-AKI incidence in patients with CKD (baseline serum creatinine [SCr] \geq 1.5 mg/dL) after exposure to either iopamidol-370 or iodixanol-320, identifying a similarly low rate of 4% in both groups.

More recently, McDonald et al.^{5,6} have published a series of studies questioning the existence of CA-AKI in patients with and without CKD, including CKD stages IV and V, and found no increased risk of CA-AKI after propensity score stratification. In addition, McDonald et al.⁷ recently published a meta-analysis of 25,950 patients, revealing comparable incidences of acute kidney injury (AKI) in patients exposed or not to ICM (6.4% and 6.5%, respectively). Additionally, registry studies and cohorts of hospitalized patients have shown that some degree of renal insufficiency is expected to develop in patients admitted to tertiary hospitals, as evidenced by Nash et al.'s⁸ analysis of 4,622 patients, 7.2% of whom developed some degree of AKI.

Consequently, it is of utmost importance to better understand the true incidence of CA-AKI. Given the limitations of most studies on this topic due to their retrospective nature, we aimed to conduct a prospective cohort study to determine the incidence of CA-AKI in a tertiary hospital setting. Our study stratified the results according to the risk factors most commonly cited in the literature to provide a more comprehensive understanding of CA-AKI and its implications for the use of contrast media in clinical practice⁹.

METHODS

We conducted a prospective cohort study between December 2020 and March 2021 to assess the incidence of CA-AKI in a tertiary hospital in Porto Alegre, Brazil. In Brazil, tertiary hospitals are specialized centers that manage complex and severe cases, offering advanced diagnostic and therapeutic services, and are usually affiliated with academic institutions for research and training purposes. The definition of CA-AKI was based on the Kidney Disease Improving Global Outcomes (KDIGO) guidelines and defined as a relative increase of SCr of \geq 50% from baseline or an absolute increase of \geq 0.3 mg/dL within 18 to 48 hours following a computed tomography (CT) scan. CKD definition and classification also adhered to KDIGO definitions¹⁰.

Baseline creatinine was defined using the last creatinine value before the CT scan, and post-CT creatinine values were obtained within the established 18 to 48-hour timeframe. The decision whether to perform a contrasted exam was made collaboratively by the attending physician and the radiology department.

Inclusion criteria were all patients undergoing a CT scan, either enhanced with ICM or unenhanced, within the specified time period. Exclusion criteria were patients with missing data (e.g., no baseline creatinine or post-CT creatinine within 18 to 48 h), patients already on dialysis, patients who underwent multiple CT scans, patients who had surgery between SCr blood sample collections, and patients who had angiography instead of contrasted CT scan.

The primary outcome was the estimated effect of contrast use in post-CT renal function, as assessed by a linear regression model adjusted for age, sex, baseline creatinine, DM, hypertension, and use of furosemide or nonsteroidal anti-inflammatories (NSAIDs). Secondary outcomes included incidence of CA-AKI stratified by CKD stages (IIIa, IIIb, IV, and V), in addition to age, sex, DM, hypertension, COVID-19 infection, use of nephrotoxic drugs, and recent surgery. Data were collected through electronic medical record review. Urine output was not included as a criterion for CA-AKI in this study, primarily because the majority of patients did not collect urinary output data. As this was an observational study, it was not possible to ask for urinary output collection for all patients, and the use of serum creatinine changes allowed for a more standardized and practical approach in this context.

We defined nephrotoxic medications as NSAIDs (acetylsalicylic acid, ibuprofen, naproxen,

| TABLE 1 | BASELINE POPULATION CHARACTERISTICS | 3 | | |
|----------------|-------------------------------------|-------------------------------|-----------------------|---------|
| Characteristic | Control group (N = 489) | Contrast-exposed (N = 514) | Overall (N = 1003) | p-value |
| Sex | | | | 0.8 |
| Male | 247 (51%) | 254 (49.4%) | 501 (50.0%) | |
| Female | 242 (49%) | 260 (50.6%) | 502 (50.0%) | |
| Age | 63 (50-73) | 60 (46-70) | 62 (49-72) | 0.09 |
| Pre-CT Scr | 0.99 (0.74-1.64) | 0.84 (0.70-1.21) | 0.91 (0.71-1.32) | <0.001 |
| Pre-CT eGFR | 71 (40-94) | 86 (57-100) | 79 (50-98) | <0.001 |
| Post-CT Scr | 0.99 (0.73-1.57) | 0.79 (0.67-1.13) | 0.87 (0.69-1.29) | <0.001 |
| Post-CT eGFF | 72 (39-96) | 88 (62-103) | 82 (50-100) | <0.001 |
| СКD | | | | <0.001 |
| No CKD | 383 (78.32%) | 467 (90.9%) | 850 (84.74%) | |
| Illa | 38 (7.77%) | 17 (3.3%) | 55 (5.48%) | |
| IIIb | 32 (6.54%) | 13 (2.5%) | 45 (4.48%) | |
| IV | 28 (5.72%) | 16 (3.1%) | 44 (4.38%) | |
| V | 8 (1.63%) | 1 (0.2%) | 9 (0.9%) | |
| Diabetes mel | litus 2 | | | 0.2 |
| No | 434 (88.8%) | 469 (91.2%) | 903 (90.0%) | |
| Yes | 55 (11.2%) | 45 (8.8%) | 100 (10.0%) | |
| Hypertension | | | | <0.001 |
| No | 219 (44.8%) | 305 (59.3%) | 524 (52.2%) | |
| Yes | 270 (55.2%) | 209 (40.7%) | 479 (47.8%) | |
| CAD & CHF | | | | <0.001 |
| No | 361 (73.8%) | 438 (85.2%) | 799 (79.7%) | |
| Yes | 128 (26.2%) | 76 (14.8%) | 204 (20.3%) | |
| CVD | | | | <0.001 |
| No | 337 (68.9%) | 463 (90.1%) | 800 (79.8%) | |
| Yes | 152 (31.1%) | 51 (9.9%) | 203 (20.2%) | |
| Cancer | | | | <0.001 |
| No | 416 (85.1%) | 356 (69.3%) | 772 (76.9%) | |
| Yes | 73 (14.9%) | 158 (30.7%) | 231 (23.1%) | |
| ACE inhibitor: | 3 | | | 0.2 |
| No | 406 (83.0%) | 443 (86.2%) | 849 (84.6%) | |
| Yes | 83 (17.0%) | 71 (13.8%) | 154 (15.4%) | |
| ARB | | | | 0.3 |
| No | 465 (95.1%) | 479 (93.2%) | 944 (94.1%) | |
| Yes | 24 (4.9%) | 35 (6.8%) | 59 (5.9%) | 0.00 |
| Furosemide | | | | 0.06 |
| No | 397 (81%) | 441 (85.7%) | 838 (83.5%) | |
| Yes | 92 (19%) | 73 (14.3%) | 165 (16.5%) | |

(Continue)

| TABLE 1 | CONTINUE | | | | |
|--------------|-------------|----------------------------|------------------------------|-----------------------|---------|
| Characteris | tic | Control group (N = 489) | Contrast-exposed $(N = 514)$ | Overall (N = 1003) | p-value |
| Antibiotics | | | | | 0.5 |
| No | | 432 (88.3%) | 445 (86.6%) | 877 (87.4%) | |
| Yes | | 57 (11.7%) | 69 (13.4%) | 126 (12.6%) | |
| Surgery | | | | | 0.002 |
| No | | 441 (90.2%) | 429 (83.5%) | 870 (86.7%) | |
| Yes | | 48 (9.8%) | 85 (16.5%) | 133 (13.3%) | |
| Cirrhosis | | | | | >0.9 |
| No | | 473 (96.7%) | 496 (96.5%) | 969 (96.6%) | |
| Yes | | 16 (3.3%) | 18 (3.5%) | 34 (3.4%) | |
| Immunosup | opressants | | | | 0.024 |
| No | | 462 (94.5%) | 501 (97.5%) | 963 (96.0%) | |
| Yes | | 27 (5.5%) | 13 (2.5%) | 40 (4.0%) | |
| NSAIDs | | | | | >0.9 |
| No | | 483 (98.8%) | 509 (99.0%) | 992 (98.9%) | |
| Yes | | 6 (1.2%) | 5 (1.0%) | 11 (1.1%) | |
| Antivirals | | | | | >0.8 |
| No | | 454 (92.8%) | 480 (93.4%) | 934 (93.1%) | |
| Yes | | 35 (7.2%) | 34 (6.6%) | 69 (6.9%) | |
| Single kidne | әу | | | | 0.7 |
| No | | 486 (99.4%) | 512 (99.6%) | 998 (99.5%) | |
| Yes | | 3 (0.6%) | 2 (0.4%) | 5 (0.5%) | |
| Transplant k | kidney | | | | 0.4 |
| No | | 470 (96.1%) | 500 (97.3%) | 970 (96.7%) | |
| Yes | | 19 (3.9%) | 14 (2.7%) | 33 (3.3%) | |
| Coronavirus | s infection | | | | <0.001 |
| No | | 428 (87.5%) | 488 (94.9%) | 916 (91.3%) | |
| Yes | | 61 (12.5%) | 26 (5.1%) | 87 (8.7%) | |
| PAD | | | | | <0.001 |
| No | | 401 (82.0%) | 473 (92.0%) | 874 (87.1%) | |
| Yes | | 88 (18.0%) | 41 (8.0%) | 129 (12.9%) | |

diclofenac), diuretics (furosemide), angiotensinconverting enzyme inhibitors (enalapril, captopril, lisinopril), angiotensin receptor blockers (losartan, valsartan, candesartan), antibiotics (gentamicin, tobramycin, amikacin, streptomycin, neomycin, rifampicin, sulfadiazine, vancomycin, amphotericin B), and antivirals (acyclovir, indinavir, foscarnet)¹¹⁻¹⁴. Surgeries performed within 30 days prior to contrast-enhanced CT were considered a risk factor. Only surgeries that involved large blood volume mobilization, such as cardiac surgery and abdominal laparatomy, were considered as risk factors.

The ICM used during the study was iopamidol, a non-ionic monomer, low-osmolar contrast medium, with iodine concentration of 300 mg I/mL. The injection technique of the contrast material followed the standard hospital protocol, with an average volume of 80 mL per patient (mean volume/weight

| TABLE 2 | Absolute and relative creatinine change per group | | | |
|--------------|---|----------------------------|------------------------|---------|
| Groups | | Without contrast (N = 489) | With contrast (N = 14) | p-value |
| Absolute cr | reatinine change (mg/dL) | -0.01 (-0.15 - 0.11) | -0.02 (-0.12 - 0.06) | 0.3 |
| Relative cre | eatinine change (%) | -1 (-14 - 11) | -3 (-13 - 7) | 0.2 |
| | | | | |

Median and interquartile range.

ratio of 1.2 ml/kg). Deviations from the protocol (i.e., higher volumes) occurred in less than 2% of the patients. Prophylactic measures were not routinely used, as they are not standardized in our institution due to their apparent lack of efficacy.

The population sample to find a betweengroup difference of 6%, with an alpha of 0.5 and a power of 80%, was calculated to be a minimum of 401 patients per group. Statistical analyses were performed using the R computing program (version 4.0.3). Dichotomous variables are displayed as counts with percentages. Categorical variables were analyzed using Chi-squared test and are displayed as counts and relative frequencies (%). Continuous data were compared using Kruskal-Wallis test and presented as median (25th percentile - 75th percentile). For the linear regression model, continuous variables were adjusted using restricted cubic splines (5 knots per continuous variable) based on variable quantiles established by Harrell and Levy¹⁵. Due to non-normality, creatinine values were log-adjusted. P-values <0.05 were considered significant.

This study was approved by the Institutional Review Board of Hospital de Clínicas de Porto Alegre (protocol number CAAE 34985220700005327) and conducted in accordance with the Declaration of Helsinki and the Good Clinical Practice guidelines. The researchers ensured the privacy, confidentiality, and anonymity of the data.

There was no funding source for this study.

RESULTS

A total of 1235 patients were screened from December 2020 to March 2021. After exclusion of ineligible patients (i.e., with missing data), 1003 patients were included in the analyses (489 in the control group and 514 in the exposed group). Individual characteristics are presented in Table 1. There was a statistically significant difference in baseline creatinine (median 0.99 mg/dL in control vs 0.84 mg/dL in exposed, p < 0.001) and age (median 63 in control vs 60 years in exposed, p = 0.009) between groups. Patients in the control group had a

significantly higher prevalence of CKD, hypertension, coronary artery disease and congestive heart failure, cerebrovascular disease, peripheral arterial disease, and SARS-CoV-2 infection. Conversely, patients in the contrast-exposed group had a significantly higher prevalence of cancer and recent surgery.

The SCr variation from baseline to follow-up within 18 to 48h post-CT scan was not significantly different between groups, either using the absolute creatinine change criterion or the relative one (Table 2). The percentage of patients that reached the endpoint of CA-AKI according to each criterion was different, but consistently lower in the group that underwent the enhanced CT scan: absolute SCr increase of 12.4% vs 10.1% (without and with contrast, respectively) and relative SCr increase of 5.3% vs 3.8% (without and with contrast, respectively). The incidence of CA-AKI was also stratified by CKD group, showing similar results (Tables 3 and 4). The overall incidence of CA-AKI according to each criterion was as follows: 11.3% in the absolute SCr increase criterion vs 4.5% in the relative SCr increase criterion.

A linear regression model was used to estimate the association between contrast use and post-CT renal function. After adjusting for multiple baseline factors, we found no influence of contrast use on post-CT

| TABLE 3 | NUMBER AND PERCENTAGE OF PATIENTS THAT REACHED THE MAIN ENDPOINT BY THE | | |
|-----------|--|----------------------------|--|
| | ABSOLUTE CREATININE INCREASE CRITERION | | |
| CKD Group | Without contrast (N = 489) | With contrast (N = 514) | |
| Overall | 61/489 (12.4%) | 52/514 (10.1%) | |
| eGFR > 60 | 15/289 (5.2%) | 25/363 (6.8%) | |
| CKD IIIa | 7/54 (12.9%) | 12/84 (14.2%) | |
| CKD IIIb | 11/56 (19.6%) | 5/30 (16.6%) | |
| CKD IV | 21/60 (35.0%) | 8/29 (27.5%) | |
| CKD V | 7/30 (23.3%) | 2/8 (25.0%) | |

Categorical variables reported as count and percentages. eGFR: estimated glomerular filtration rate; CKD: chronic kidney disease.

| TABLE 4 | NUMBER AND PERCENTAGE OF PATIENTS THAT REACHED THE MAIN ENDPOINT BY THE RELATIVE CREATININE INCREASE CRITERION | | |
|-----------|--|----------------------------|--|
| CKD group | Without contrast (N = 489) | With contrast (N = 514) | |
| Overall | 26/489 (5.3%) | 20/514 (3.8%) | |
| eGFR > 60 | 10/289 (3.4%) | 15/363 (4.1%) | |
| CKD IIIa | 4/54 (7.4%) | 3/84 (3.5%) | |
| CKD IIIb | 3/56 (5.3%) | 2/30 (6.6%) | |
| CKD IV | 9/60 (15.0%) | 1/29 (3.4%) | |
| CKD V | 0/30 (0.0%) | 0/8 (0.0%) | |

Categorical variables reported as count and percentages. eGFR: estimated glomerular filtration rate; CKD: chronic kidney disease.

renal function, whether assessed by SCr levels (p = 0.72) or by estimated glomerular fraction (eGFR) variation (p = 0.13). There was no significant interaction between baseline kidney function and contrast use (p = 0.98 and p = 0.37, respectively), indicating that baseline kidney function was able to predict post-CT renal function regardless of contrast use (Figures 1 and 2).

DISCUSSION

The present prospective cohort study revealed several crucial findings. First, it demonstrated that contrast use in CT scans was not associated with worsening renal function. Instead, renal function decline is a common occurrence in tertiary hospitals, which likely reflects the severity of cases among these hospitalized patients rather than the accumulation of damage due to ICM use. Additionally, our study indicates the need for more data regarding CA-AKI to determine if it still occurs with newer ICMs and, if so, its true incidence. Finally, we observed a significant disparity in AKI prevalence depending on the KDIGO criterion used, raising the question of which criterion should be employed and whether newer metrics that more accurately reflect AKI should be developed.

The results of this prospective cohort are in line with recent publications by McDonald et al.⁵⁻⁷, showing that the group exposed to contrast media did not experience higher rates of AKI, even in patients with CKD. After linear regression and adjustment for multiple confounders, there was no interaction between contrast use and post-CT kidney function. In fact, the only factor truly related to post-CT kidney function was baseline kidney function. Garfinkle et al.16 used a different method for assessing CA-AKI incidence, in which they used the creatinine trend of the preceding 24 hours as baseline and defined new AKI as a creatinine level increase at a faster pace than that of baseline. With this methodology, they demonstrated a minimal risk of contrast medium-induced nephropathy and an insignificant risk of requiring long-term dialysis due to contrast media use.

Moreover, we found that AKI is common in tertiary hospitals, occurring in approximately 10% of



Figure 1. Regression model of the correlation between pre-Scr and post-Scr, adjusted for sex, age, diabetes, hypertension, furosemide, and NSAIDs use. Scr: serum creatinine. The adjacent gray zone represents the 95% confidence interval. The axes are log-adjusted to improve visualization.



Figure 2. Regression model of the correlation between pre-eGFR and post-eGFR, adjusted for sex, age, diabetes, hypertension, furosemide, and NSAIDs use. eGFR: estimated glomerular filtration rate. The adjacent gray zone represents the 95% confidence interval.

the patients of our cohort. Our findings emphasize the need for constant monitoring and preemptive identification of patients at risk of AKI, since it has been shown to be frequent and an independent factor for in-hospital mortality, with more severe declines correlating with worse outcomes^{17,18}.

Defining AKI remains a matter of intense debate. In our cohort, simply switching from one KDIGO criterion to the other resulted in the rate of AKI varying from 11.3% to 4.5% (absolute vs relative increase criteria, respectively). These differences raise questions about whether creatinine should still be used as a surrogate measure of renal function, since it takes a few days to achieve a steady state¹⁹, and whether we should continue to use such small absolute variations as a definition of AKI²⁰. Lin et al.²⁰ assessed the false-positive rate when using KDIGO definitions in hospitalized patients by assessing creatinine level at least four times within a 48-hour interval. The overall false-positive rate in his research was 8%, which increased to 30.5% in patients with a baseline $SCr \ge 1.5 \text{ mg/dL}$. The ideal metric for defining AKI, therefore, remains a topic of discussion.

Our study has several limitations. First, it was an observational study, and as such, had baseline differences between the two groups. The analyses were adjusted for the risk factors most commonly cited in the literature, but there are always unknown factors that are not considered in adjustments. Second, we used only two creatinine set points for most patients, which raises questions about whether the first value truly represented the baseline level and if the second value was indeed indicative of AKI or simply a variation of the method or a false-positive. Third, we were unable to retrieve data about CT scan indication and whether contrast recipients received more preventive measures, such as intravenous hydration, although such prophylactic measures are not standardized and thus rarely used in this hospital. Nevertheless, the incidence of AKI was numerically more common in patients not exposed to contrast, decreasing the impact of this limitation. Finally, due to the observational nature of the study, we were unable to collect urinary output data for most patients and thus had to focus on serum creatinine as the primary criterion for defining AKI.

In the context of decision-making and propedeutic conduct, it is crucial to rationally consider the use of imaging exams with iodinated contrast, particularly when there is a primary indication with an obvious diagnostic benefit. The trade-off between the diagnostic benefits of contrast-enhanced imaging and the potential risk of developing AKI related to iodinated contrast should always be considered. It is important to note that current research has not found an association between contrast use and loss of kidney function, which should be taken into account when providing the most accurate and efficient patient care.

Complementing these individualized assessments and adopting a standardized approach to risk stratification and propedeutic conduct can help optimize the use of iodinated contrast in clinical

practice. This may include the development and implementation of evidence-based guidelines and protocols that outline the appropriate indications for contrast-enhanced imaging, taking into account patient-specific factors such as age, comorbidities, and baseline kidney function. Furthermore, the adoption of preventive measures, such as adequate hydration and use of lower volumes or less nephrotoxic contrast agents, can help minimize the risk of AKI in high-risk patients. By integrating these strategies into routine clinical practice, physicians can ensure that the decision to use iodinated contrast is based on a comprehensive and rational evaluation of the potential benefits and risks. In light of the findings from this research, which showed no association between contrast use and loss of kidney function, it is suggested that physicians can safely use contrast media to improve patient care and outcomes, without being concern with contrast-induced AKI.

Inconclusion, our findings indicate that the variation in post-CT creatinine values is unrelated to the use of contrast media, challenging the current paradigm of CA-AKI, and suggesting that the excessive fear of contrast media use is unwarranted in patients without CKD classes IV and V. Furthermore, it highlights that the AKI definition remains controversial, and that renal function decline is common in hospitalized patients, occurs independently of contrast use, and ultimately correlates with poorer outcomes.

ACKNOWLEDGEMENTS

There was no funding source for this study. This study was approved by the Institutional Review Board (IRB) of Hospital de Clínicas de Porto Alegre (protocol number CAAE 34985220700005327) and conducted in accordance with the 1964 Helsinki Declaration and Good Clinical Practice guidelines. The researchers ensured the privacy, confidentiality, and anonymity of the data. Informed consent was waived by the IRB since all information was anonymous.

DISCLOSURES

All the authors have declared no competing interest.

AUTHORS' CONTRIBUTIONS

ALR, FBS, BCJ, AZ, GB, MAV and TSG contributed equally to the development of all stages of the project.

CONFLICT OF INTEREST

The authors of this manuscript declare no relationships with any companies whose products or services may be related to the subject matter of the article.

REFERENCES

- American College of Radiology Committee on Drugs and Contrast Media. ACR Manual on Contrast Media. https:// www.acr.org/-/media/ACR/Files/Clinical-Resources/Contrast_ Media.pdf. (Accessed October 6, 2022).
- Mehran R, Dangas GD, Weisbord SD. Contrast-associated acute kidney injury. N Engl J Med. 2019; 380(22):2146–55. doi: http://dx.doi.org/10.1056/NEJMra1805256.
- Rudnick MR, Goldfarb S, Wexler L, Ludbrook PA, Murphy MJ, Halpern EF, et al. Nephrotoxicity of ionic and nonionic contrast media in 1196 patients: a randomized trial. Kidney Int. 1995;47(1):254–61. doi: http://dx.doi.org/10.1038/ki.1995.32. PubMed PMID: 7731155.
- 4. Barrett BJ, Katzberg RW, Thomsen HS, Chen N, Sahani D, Soulez G, et al. Contrast-induced nephropathy in patients with chronic kidney disease undergoing computed tomography: a double-blind comparison of iodixanol and iopamidol. Invest Radiol. 2006;41(11):815–21. doi: http://dx.doi.org/10.1097/01. rli.0000242807.01818.24. PubMed PMID: 17035872.
- McDonald JS, McDonald RJ, Lieske JC, Carter RE, Katzberg RW, Williamson EE, et al. Risk of acute kidney injury, dialysis, and mortality in patients with chronic kidney disease after intravenous contrast material exposure. Mayo Clin Proc. 2015;90(8):1046–53. doi: http://dx.doi.org/10.1016/j. mayocp.2015.05.016. PubMed PMID: 26250726.
- McDonald JS, McDonald RJ, Williamson EE, Kallmes DF. Is intravenous administration of iodixanol associated with increased risk of acute kidney injury, dialysis, or mortality? A propensity score-adjusted study. Radiology. 2017;285(2):414– 24. doi: http://dx.doi.org/10.1148/radiol.2017161573. PubMed PMID: 28708022.
- McDonald JS, McDonald RJ, Comin J, Williamson EE, Katzberg RW, Murad MH, et al. Frequency of acute kidney injury following intravenous contrast medium administration: a systematic review and meta-analysis. Radiology. 2013;267(1):119–28. doi: http://dx.doi.org/10.1148/radiol.12121460. PubMed PMID: 23319662.
- Nash K, Hafeez A, Hou S. Hospital-acquired renal insufficiency. Am J Kidney Dis. 2002;39(5):930–6. doi: http://dx.doi. org/10.1053/ajkd.2002.32766. PubMed PMID: 11979336.
- Fähling M, Seeliger E, Patzak A, Persson PB. Understanding and preventing contrast-induced acute kidney injury. Nat Rev Nephrol. 2017;13(3):169–80. doi: http://dx.doi.org/10.1038/ nrneph.2016.196. PubMed PMID: 28138128.
- 10. Kellum JA, Lameire N, Aspelin P, Barsoum RS, Burdmann EA, Goldstein SL, et al. Kidney Disease: Improving Global Outcomes (KDIGO) Acute Kidney Injury Work Group. KDIGO Clinical Practice Guideline for Acute Kidney Injury. Kidney Int Suppl. 2012;2:1–138.
- 11. Bahrainwala JZ, Leonberg-Yoo AK, Rudnick MR. Use of radiocontrast agents in CKD and ESRD. Semin Dial. 2017;30(4):290–304. doi: http://dx.doi.org/10.1111/sdi.12593. PubMed PMID: 28382626.
- 12. Moore A, Dickerson E, Dillman JR, Vummidi D, Kershaw DB, Khalatbari S, et al. Incidence of nonconfounded post–computed tomography acute kidney injury in hospitalized patients with stable renal function receiving intravenous iodinated contrast material. Curr Probl Diagn Radiol. 2014;43(5):237–41. doi: http://dx.doi.org/10.1067/j.cpradiol.2014.05.001. PubMed PMID: 24909428.

- Chang C, Lin C. Current concepts of contrast-induced nephropathy: a brief review. J Chin Med Assoc. 2013;76(12):673–81. doi: http://dx.doi.org/10.1016/j.jcma.2013.08.011. PubMed PMID: 24090599.
- 14. Diogo LP, Bahlis LF, Carvalhal GF. Computerized Tomography Contrast Induced Nephropathy (CIN) among adult inpatients. J Bras Nefrol. 2014;36(4):446–50. doi: http://dx.doi. org/10.5935/0101-2800.20140064. PubMed PMID: 25517272.
- Harrell FE, Levy DG. Regression modeling strategies. https:// hbiostat.org/doc/rms.pdf. (Accessed February 10, 2022).
- 16. Garfinkle MA, Stewart S, Basi R. Incidence of CT contrast agentinduced nephropathy: toward a more accurate estimation. AJR Am J Roentgenol. 2015;204(6):1146–51. doi: http://dx.doi. org/10.2214/AJR.14.13761. PubMed PMID: 26001222.
- 17. Khadzhynov D, Schmidt D, Hardt J, Rauch G, Gocke P, Eckardt KU, et al. The incidence of acute kidney injury and associated

hospital mortality. Dtsch Arztebl Int. 2019;116(22):397–404. doi: http://dx.doi.org/10.3238/arztebl.2019.0397. PubMed PMID: 31366430.

- Wang HE, Muntner P, Chertow GM, Warnock DG. Acute kidney injury and mortality in hospitalized patients. Am J Nephrol. 2012;35(4):349–55. doi: http://dx.doi.org/10.1159/000337487. PubMed PMID: 22473149.
- Waikar SS, Bonventre JV. Creatinine kinetics and the definition of acute kidney injury. J Am Soc Nephrol. 2009;20(3):672–9. doi: http://dx.doi.org/10.1681/ASN.2008070669. PubMed PMID: 19244578.
- 20. Lin J, Fernandez H, Shashaty MGS, Negoianu D, Testani JM, Berns JS, et al. False-positive rate of AKI using consensus creatinine-based criteria. Clin J Am Soc Nephrol. 2015;10(10):1723–31. doi: http://dx.doi.org/10.2215/CJN.02430315. PubMed PMID: 26336912.