

# SPLEEN-PRESERVING DISTAL PANCREATECTOMY IN THE MANAGEMENT OF SOLID PAPILLARY-CYSTIC TUMOR OF THE PANCREAS - CASE REPORT AND LITERATURE REVIEW

*Pancreatectomia distal com preservação esplênica no tratamento de tumores sólido cístico-papilares de pâncreas - relato de caso e revisão da literatura*

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**ABSTRACT - Background** - Solid papillary-cystic pancreatic tumors have been recognized as a distinct neoplastic disease, whose incidence has increased in recent years with advancements in imaging technology. **Case report** - Woman 17-year-old consulted with a symptomatic giant homogeneous solid-cystic mass in the pancreatic tail, undergone a spleen preserving distal pancreatectomy, with excision of the splenic vessels. Histopathology revealed epithelium-lined pseudopapillary protrusions, without malignant change. The patient's postoperative course was uneventful. **Conclusion** - Solid papillary-cystic pancreatic tumor has uncommon incidence and silent presentation, a high degree of suspicion on the part of the surgeon is warranted. In early diagnosis, complete resection is curative. The spleen should be preserved, if feasible.

**RESUMO - Introdução** - Tumores sólido-cístico papilares têm sido reconhecidos como uma doença neoplásica distinta, cuja incidência tem aumentado atualmente em decorrências dos avanços em imagiologia. **Relato do caso** - Mulher de 17 anos, procurou atendimento médico em virtude de uma massa homogênea sólido-cística em cauda pancreática, e foi submetida a pancreatectomia distal com preservação do baço, apesar da excisão dos vasos esplênicos. Avaliação histológica revelou protrusões pseudopapilares revestidas de epitélio, sem degeneração maligna. A evolução clínica pós-operatória ocorreu sem complicações. **Conclusão** - Estes tumores têm que ser reconhecidos pelos clínicos, patologistas e radiologistas, e cirurgicamente ressecados com preservação do baço, conquanto apresentam prognóstico favorável.

## INTRODUCTION

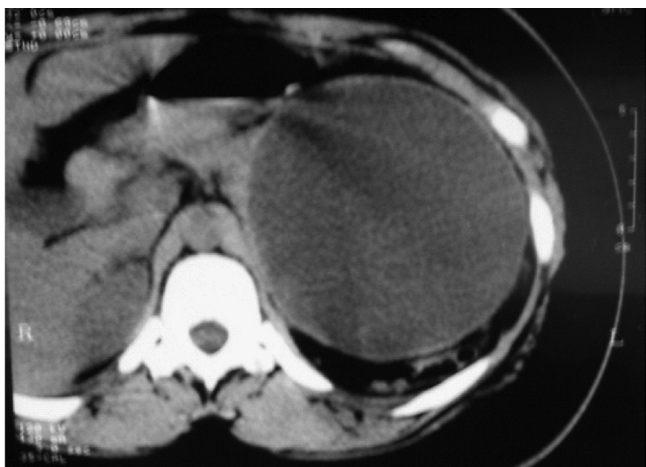
Solid papillary-cystic pancreatic tumors have been recognized as a rarely occurring distinct neoplastic disease, whose incidence has increased in recent years with advancements in imaging technology<sup>5</sup>. The condition accounts for 2% of all cystic exocrine pancreatic tumors, and typically has been diagnosed in adolescent and young adult females, who present with a large mass in the upper abdomen<sup>5,6</sup>.

The management of these patients is complex and available data determining which lesion should be operated on are scarce. The knowledge of pancreatic cyst natural history, predictors of malignant change, histological features and spleen bloody supply should be decisive for the surgical approach, mainly as refers to spleen preservation<sup>10</sup>.

## CASE REPORT

Woman 17-year-old consulted with a 2-month-history of severe intermittent back pain. Prior to admission, she had undergone abdominal ultrasound scanning and chest radiography, with the yield of a giant homogeneous cystic lesion in the upper pole of the left kidney. On admission, repeated abdominal ultrasound showed a solid-cystic mass. Abdominal CT scanning showed a 15 cm cystic

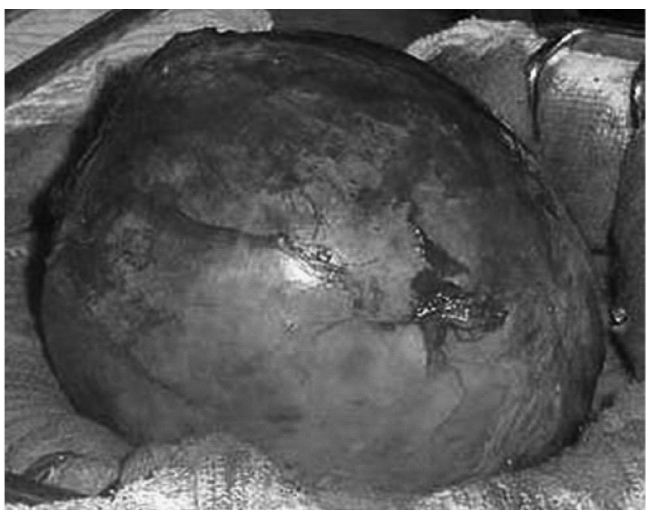
mass involving the pancreatic tail without invasion of the adjacent organs (Figure 1), and surgical resection was proposed because its potentially malignant behavior.



**FIGURE 1** – Abdominal CT scan: round homogeneous cystic tumor involving pancreatic tail

Exploration of the abdominal cavity did not show any evidence of adjacent organ infiltration or metastases. A distal pancreatectomy was performed, with complete excision of the cystic tumor. The perioperative frozen section revealed a benign cystic neoplasm. Although the splenic artery and vein had been excised, the spleen was preserved. The procedure involved excision of a knotty tumor mass weighing 550g and measuring 13X09X06 cm.

Macroscopically, the surgical specimen consisted of an encapsulated mass with a fibrous capsule enclosing hemorrhagic and necrotic tissue (Figure 2). On cyst opening, fibrovascular protrusions adherent to the cystic wall were found. Microscopically, the histological features consisted of epithelium-lined pseudopapillary protrusions. No malignant changes were found.



**FIGURE 2** – Solid-papillary cystic tumor of the pancreas: operative panoramic view

The patient had an uneventful post-operative course. Oral intake was resumed on the second post-operative day, without vomiting or epigastric fullness. Less than 200 mL were drained until the 5th day. Hospital discharge happened on the 6th postoperative day, with a Penrose drain set-up. The latter was extracted in the 10th postoperative day when drainage was below 30 mL/24h. 45 days after surgery the patient was asymptomatic and in very good condition, as she is now, after five years.

## DISCUSSION

Many cystic lesions of pancreas are small and clinically silent, but they may be associated with pancreatitis or have malignant potential. Like this case, most patients are asymptomatic young women. Pain-like abdominal discomfort is the main symptom and also the most common one. A palpable mass in the upper abdomen is an important sign. Jaundice and weight loss are rarely seen<sup>7,11</sup>.

Ultrasound and CT scanning, and to a lesser degree angiography, can all suggest the presence of the tumor. CT scanning is the most useful method for characterization of size, shape, and composition of the mass, as well as for definition of organ invasion<sup>3</sup>.

The presence of symptoms, cyst size and solid component has been considered selection criteria to identify patients who are eligible to initial operative management. On the other hand, patients with cystic lesions < 3 cm in diameter without a solid component may be followed radiographically with a malignancy risk of 3%, that approximates the risk of mortality from resection<sup>1</sup>. Others refer that those preoperative characteristics are not sufficiently reliable in determining malignant potential and thus management approach toward pancreatic cysts lesions<sup>4</sup>.

Macroscopic features in this case are in accordance with literature data: a round homogeneous solid-cystic mass in the upper abdomen. Neither ultrasound nor CT scan showed invasion of the surrounding abdominal organs.

Incidental splenectomy in nonmalignant diseases has been shown to be associated with an increase in infectious complications and higher risk of developing malignancy later in life. Changes in patient's immune system, such as decrease in circulating antibody concentrations, and reduced ability to Kupffer cells to opsonize particulate matter and respond to a antigenic challenge are particularly noteworthy.

Spleen preservation during distal pancreatectomy has been proposed as a means to reduce the risk of postsplenectomy infectious complications, hematologic and immunologic disorders. A possibility is supported with three mainly works cited in the literature<sup>2,9,12</sup>. Spleen preserving distal pancreatectomy with excision of the splenic artery and vein has been indicated to treat enormous benign and low-grade malignant

disease of distal pancreas. Adequate blood supply and venous drainage via gastroepiploic and gastricsplenic vessels must be guaranteed.

Nevertheless Shoup and Brennan emphasize the importance of sparing the splenic vessels when the spleen is to be preserved. The authors call attention to their technique needed less perioperative blood and had significantly fewer postoperative infections<sup>9</sup>. Carrere et al.<sup>2</sup>, underwent 38 consecutive patients to spleen preserving distal pancreatectomy, with excision of the splenic artery and vein. The operation was possible in 95% of cases and significantly has reduced intra-abdominal infectious complications. It was fast, safe, effective and should be considered in patients with benign or low-grade malignant disease of the pancreas, in despite of two splenectomies performed due to poor splenic perfusion<sup>2</sup>.

In fact there is no evidence in the literature that the immunological competence of the spleen is as good after the resection of the main vessels as it is when those vessels have been retained<sup>9</sup>. Unfortunately in this case it was not performed a study about splenic and pancreas perfusional status, because the patient was asymptomatic with good health in the last follow-up. With regard to relapse of the pancreatic disease, the abdominal ultrasound scanning didn't show any new cystic lesions.

Despite the typical macroscopic features, peroperative histological examination must be done for diagnostic confirmation. The utmost importance is to exclude ductal adenocarcinoma, when splenectomy in conjunction with distal pancreatectomy is clearly indicated in most patients, as splenic preservation may compromise the oncologic resection.

For distal tumors of pancreas other than adenocarcinoma (endocrine tumors, cystoadenomas, intraductal papillary neoplasia and pancreatic pseudocyst), some authors have advocated spleen preserving distal pancreatectomy as the procedure of choice<sup>2,9</sup>.

The histological findings of a solid papillary-cystic tumor of the pancreas may be unrecognized due to difficult differentiation between exocrine and endocrine pancreatic neoplasms, such as acinar cell carcinoma. The cell origin and the etiology of this tumor are not clear. Microscopic features include endocrine-like solid sheets and branching capillary ribbons surrounding

the cystic spaces. The diversity of immunostaining emphasizes the tumor cell phenotype expressing epithelial, mesenchymal, and endocrine lines. Tumor has benign biologic behavior and excellent prognosis, with 90% survival in the long term after resection<sup>3,8</sup>.

## CONCLUSION

Solid papillary-cystic pancreatic tumor has uncommon incidence and silent presentation, a high degree of suspicion on the part of the surgeon is warranted. In early diagnosis, complete resection is curative. The spleen should be preserved, if feasible.

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