

Article

Thermal Comfort Level Assessment in Urban Area of Petrolina-PE County, Brazil

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Abstract

This study evaluated the thermal conditions of urban areas in Petrolina-PE, from continuous data collected in urban and rural areas for the year of 2012. The results characterized urban heat islands (UHI) with varying intensity in urban areas, especially UHI = 5.3 °C (high intensity) occurred on April 28, 2012. It was evident that the constituent elements of urban areas contribute to the formation and expansion of UHI bringing thermal discomfort for its inhabitants. An adaptation to Thom's equation for calculating the Thermal Discomfort Index (DIT), was used to obtain the maximum (DIT_x) and minimum (DIT_m) thermal discomfort. In the urban area, the DIT_m indicated thermal comfort in 23.0% of the days and partial comfort in 77.0% of days surveyed. Already, the DIT_x characterized 71.6% of days with partial comfort and 28.4% of days with thermal discomfort. In the rural area, The DIT_m indicated that 41.5% of days were thermally comfortable and 58.5% of days had partial comfort. However, the DIT_x pointed 87.7% of the days of this environment with partial thermal comfort and 12.3% of thermally uncomfortable days. Finally, the results showed that afforestation of urban area constitutes to an effective and efficient way to mitigate thermal discomfort.

Keywords: urban and rural areas, air temperature and humidity, heat island.

Avaliação do Nível de Conforto Térmico na Área Urbana do Município de Petrolina-PE, Brasil

Resumo

Este estudo avaliou as condições térmicas da área urbana de Petrolina-PE, a partir de dados contínuos coletados nas áreas urbana e rural durante um ano de 2012. Os resultados caracterizaram ilhas de calor (IC) com intensidade variada na área urbana, com destaque para IC = $5.3\,^{\circ}$ C (forte intensidade) em 28/04/2012. Ficou evidenciado que os elementos constitutivos das áreas urbanas contribuem para a formação e expansão de IC que geram desconforto térmico para a população e, a partir de uma adaptação à equação de Thom para cálculo do índice de desconforto térmico (IDT), obteve-se os índices de desconforto máximo (IDT_x) e mínimo (IDT_m). Na área urbana, o IDT_m indicou conforto térmico em 23.0% dos dias e conforto parcial em 77.0% dos dias pesquisados. Já o IDT_x , caracterizou 71.6% dos dias com conforto parcial e 28.4% dos dias tiveram conforto parcial. Contudo, o IDT_m indicou que 41.5% dos dias foram confortáveis termicamente e 58.5% dos dias tiveram conforto parcial. Contudo, o IDT_x nesse ambiente apontou 87.7% dos dias com conforto parcial e 12.3% dos dias termicamente desconfortáveis. Por fim, os resultados obtidos demonstraram que a arborização da área urbana da cidade constitui-se numa forma eficaz e eficiente para mitigar o desconforto térmico.

Palavras-chave: áreas urbana e rural, temperatura e umidade do ar, ilha de calor.

1. Introduction

Many cities have been seen as icons of the environmental crisis, problems related to urban space are the most diverse and among the possible issues are most prominent climate change. The perception that the city is a modifier of climate and human activities that cause changes in the atmosphere triggered climate studies that forms in the cities, called urban climate, which constitutes one of the most relevant factors for the environmental quality of built environment (Andrade, 2005; Coltri et al., 2007). The weather is the element that interacts with all environmental systems and their study promotes multidisciplinary analyzes with planners: engineers, architects, meteorologists, historians and geographers, among others, in seeking solutions to environmental problems in cities with consequent improvement of life of the urban population. The human activities cause changes in the atmosphere triggered climate studies of the cities, called urban climate, which constitutes one of the most relevant factors for the environmental quality of the built environment (Coltri et al., 2007). The cities intense urbanization causes interurban climatic conditions that are directly related to the heterogeneity of land use and urban features, generating heat islands and wet and dry islands (Sousa Júnior, 2006; Viana and Amorim, 2008; Silva et al., 2009). According to Johansson (2006), in hot and dry climates, a compact urban model is preferable. However, if there is a cold season this urban model must include some wider or open spaces or both streets to provide access to solar radiation. In the search for alternatives to offer thermal comfort in environments already built, Alexandria and Jonesb (2008) found that a reduction of temperature, improved thermal comfort, and energy savings with the roofing and walls with some vegetation. Thus, thermal comfort can be approached based on human and environmental variables (Armelin and Krüger, 2002; Nicol and Humphreys, 2002; Barbosa et al., 2003; Corbella and Yannas, 2003; Farm and Labaki, 2003; Kwok and Chun, 2003; Prado and Ferreira, 2005; and Lamberts et al., 2011).

In Brazil, the semiarid region is one of the most vulnerable geographic area to the effects of climate change, characterized by high average annual temperature (27 °C) and subsequent high evaporation rate (2,000 mm/yr). A maximum annual rainfall of 800 mm is unevenly distributed in time and space, causing serious social consequences for its more than twenty million inhabitants. In general, soils are shallow, with occasional rocky outcrops, stony ground, and vegetation type Caatinga covering almost all the environment. The combination of these elements contributes to a negative water balance for most of the years, the presence of dry rivers and intermittent episodes of cyclical droughts.

Due to the proximity of the Brazilian semiarid region with the equator, there is naturally high incidence of solar radiation in the region. Thus, cities have higher temperatures than other more south of the country. In this process, one of the mechanisms of the system-town atmosphere most affected by the land use and cover change is the energy balance, as evidenced by the generation of heat islands (Perez et al., 2001; Azevedo and Price, 2001; Araújo and Sant'Anna Neto, 2002; Kalnay and Lime, 2003; Monteiro and Mendonça, 2003; Silva et al., 2009). Studies of energy balance in urban areas have shown that, contrary to what occurs in natural areas, the sensible heat fluxes have become much higher than the latent heat fluxes, causing an increase in the urban temperature as compared to the rural environment (Oke et al., 1992). On the other hand, the progress of some Brazilian semiarid cities helps explaining changes in their urban structures, especially regarding the lining of their public roads. So that, the central areas of cities experience a rise in temperature, a phenomenon known as urban heat island (UHI), a thermal anomaly which occurs when the air becomes warmer than the air in the surrounding areas (Oke, 1991; Alucci and Monteiro, 2005). The paving of the streets and concentration of concrete structures mainly cause such occurrences because the asphalt has great ability to store heat buildings and alter the arrangement of the winds.

The temperature difference between the city and its surroundings causes environmental differences between urban (higher temperatures) and rural (lower temperatures) areas. These differences form updrafts over the warmer parts of the city, which move the urban periphery to the most heated areas, conducting air pollutants generated in the periphery to the urban center. These pollutants will join those already on the urban center, intensifying the problem of environmental degradation in cities. That is, the already adverse natural conditions of the semiarid region are enhanced by the building blocks of urban structures that contribute more markedly to worsen the quality of life in urban centers with increased thermal discomfort to the population (Bezerra, 2009).

Unsuitable weather conditions in urban environments means loss of life quality for some and increase of electricity for thermal conditioning of built environments for others. As a result, there is an increase in demand for electricity, due to the need for expansion of power generation matrix: hydroelectric, thermoelectric and nuclear power plants, among other ways of producing energy, all with great impact on the environment (Lamberts and Xavier, 2002).

In this context, knowledge of urban climate is a key to the development of cities parameters because it provides information for better planning and management of its physical space. Therefore, it becomes urgent to include this environmental vision in the technical, economic and political scenarios that shape the urban environment, considering the natural and anthropogenic processes that occur in cities in the ongoing quest for sustainable development (Pine, 2008). Thus, climate and urban planning studies should be considered as input to development of assessments of the

physical space of cities, with the hypothesis that climate influences the environment and vice versa. Given the above, this study aimed to evaluate the occurrence of heat islands and the level of thermal discomfort in the urban area of the municipality of Petrolina-PE.

2. Material and Methods

2.1. Study area

The experiment was conducted in urban and rural areas of the municipality of Petrolina-PE (Area: 4,756.8 km² and Population: 294.081 inhabitants), inserted in the Brazilian semiarid region (Fig. 1). This municipality has the following climate characteristics: very dry and semiarid climate with rainy season from November to April and average annual rainfall of 431.8 mm.

2.2. Instrumentation

The data of temperature and relative humidity, wind speed and direction in urban and rural areas of the municipality of Petrolina-PE were collected from January 1st to December 31, 2012. The urban area data were obtained from the meteorological station of National Institute of Meteorology (INMET), located in the neighborhood Gercino Rabbit, while data from the rural area were obtained from the Meteorological Station of the Federal University of the San Francisco River Valley (UNIVASF), located at Road BR 407, km 12 - Nilo Coelho Irrigation Project - C1. The urban area data were compared to those from rural areas, with the following analysis tools: (i) urbanization in relation to morphology/urban function; (ii) rural ecology characteristics considering the topography and most influential factor in the spatial behavior of the temperature; and (iii) the meteorological system (regional climate).

The comparative analysis of the data revealed, in addition to observation of the occurrence of UHI, the classification of its intensity, in accordance with the established by Gomez *et al.* (2001), stated in Table 1.

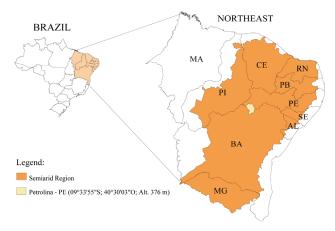


Figure 1 - Map of the semiarid region of northeastern Brazil, particularly the municipality of Petrolina-PE.

Table 1 - Intensity of heat island due to changes in air temperature.

Temperature range ΔT (°C)	Heat island intensity
$0 \le \Delta T \le 2$	Weak
$2 \le \Delta T \le 4$	Moderate
$4 \le \Delta T \le 6$	Strong
$\Delta T > 6$	Very strong

Thermal comfort was evaluated by adapting the calculation of the thermal discomfort index of Thom (*DIT*), as follows (Alucci and Monteiro, 2005):

$$DIT = T - (0.55 - 0.0055RH)(T - 14.5)$$
 (1)

where T is the air temperature (°C) and RH the air relative humidity (%).

The studied areas showed an inverse relationship between air temperature and relative humidity, that is, the maximum air temperature occurs at times very close to the minimum relative humidity. Similarly, the minimum air temperature occurs at times close to those of maximum relative humidity. Thus, it was possible to split the calculation of *DIT* into two components:

$$DIT_{x} = T_{x} - (0.55 - 0.0055RH_{m})(T_{x} - 14.5)$$
 (2)

$$DIT_{m} = T_{m} - (0.55 - 0.0055RH_{x})(T_{m} - 14.5)$$
 (3)

where DIT_x is the maximum rate of thermal discomfort (°C), DIT_m the minimum ratio of thermal discomfort (°C), T_x the maximum air temperature (°C), T_m the minimum air temperature (°C), RH_x the maximum relative humidity (%), RH_m the minimum relative humidity (%).

The information in Table 2 were used to classify the level of thermal discomfort (Silva *et al.*, 2009):

To enable an effective comparison of the data recorded, the field experiments (clock hour) times were converted to true solar time, considering the corrections of time equation (t_e) and the differences of longitude (λ):

$$t_a = t_c + \Delta \lambda + t_e \tag{4}$$

where t_a is the apparent time (true solar time); t_c the civil time (clock time); $\Delta\lambda$ the correction due to different longitudes:

$$\Delta \lambda = 4(\lambda_s - \lambda_l) \tag{5}$$

Table 2 - Classes of thermal discomfort depending on the Thom thermal discomfort index (*DIT*).

Level	DIT range (°C)	Class of thermal discomfort
1	<i>DIT</i> ≤ 14.9	Uncomfortable
2	$15.0 \le DIT \le 19.9$	Comfortable
3	$20.0 \le DIT \le 26.4$	Partial comfort
4	<i>DIT</i> ≥ 26.5	Uncomfortable

$$E_t = 7.5 \times 10^{-5} + 1.87 \times 10^{-3} \cos(\Gamma)$$

$$-3.21 \times 10^{-3} \sin(\Gamma) - 1.46 \times 10^{-2} \cos(2\Gamma)$$

$$-0.04 \times 10^{-2} \sin(2\Gamma)$$
(6)

where λ_s is the longitude of the standard meridian; λ_l the local longitude; and

$$\Gamma = \left(\frac{360}{365}\right)(d-1), d = \text{Julian day}$$
 (7)

3. Results and Discussion

On average, the urban environment of Petrolina-PE presented in the year of 2012, a maximum air temperature (0.6 °C), minimum (1.4 °C) and mean annual temperature (1.1 °C) higher than the corresponding values of the rural area (Table 3). According to data in Table 4, it appears that during the year 2012, on average, the maximum relative humidity of air was higher (76.7%), while the minimum was lower (27.8%) in rural area of Petrolina. One fact that stands out in the climate and impressive aspect of the population was the extremely low rate of relative humidity recorded at September 13, 2012 (11.8%) in rural areas and 12% in urban areas. In 2012, the wind speed showed a daily average of 3.7 m.s⁻¹ in the urban area of Petrolina, with gusts of up to 16.6 m.s⁻¹ while in the rural area it was 3.9 m.s⁻¹, with gusts of up to 19.7 m.s⁻¹ (Table 5). It was also observed that, on average, the maximum wind speed was higher in rural area (14.1 m.s⁻¹).

Spatial attention should be given to extreme values (Tables 3, 4 and 5) since the annual weighted averages represent a large group of data and generally do not show significant differences. For better evaluating the behavior of climate variables it is presented in sequence, illustrative graphs of rainfall, temperature and relative humidity (mini-

Table 5 - Wind speed: maximum (average and absolute values with the occurrence of hours) and overall average in the period from January 1st to December 31, 2012 in Petrolina-PE.

Location	Wi	General			
	average				
	Average	Average Absolute Time			
Petrolina (rural area)	14.1	19.7	20:00	3.9	
Petrolina (urban area)	11.7	16.6	15:00	3.7	

mum, average and maximum) observed in urban and rural areas of Petrolina-PE.

Figure 2 shows the behavior of rainfall in Petrolina-PE, especially the irregularity and poor rainfall distribution in 2012, with the accumulated rainfall in the rural area (182 mm) greater to that of the urban area (135.2 mm). It was also noted that 2012 was an extremely dry year and

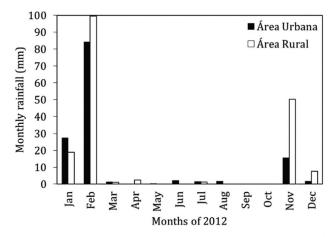


Figure 2 - Rainfall in rural and urban areas in the period from January 1st to December 31, 2012 in Petrolina-PE.

Table 3 - Air temperature: minimum and maximum (average and absolute values with time of occurrence) and overall average in the period from January 1st to December 31, 2012 in Petrolina-PE.

Location	Air temperature (°C)						
	Minimum						
	Average	Absolute	Time	Average	Absolute	Time	
Petrolina (rural area)	20.9	14.7	06:00	32.8	37.4	15:00	26.6
Petrolina (urban area)	22.3	17.7	05:00	33.4	38.0	15:00	27.7

Table 4 - Relative air humidity: minimum and maximum (average and absolute values with time of occurrence) and overall average in the period from January 1 to December 31, 2012 in Petrolina-PE.

Location	Relative air humidity (%)						General average
	Minimum			Maximum			
	Average	Absolute	Time	Average	Average	Time	
Petrolina (rural area)	27.8	11.8	14:00	76.7	94.0	05:00	51.0
Petrolina (urban area)	28.1	12.0	13:00	71.3	90.0	06:00	48.3

virtually rains occurred between March and October, what contributed to increase the thermal discomfort, as will be shown later.

To demonstrate the higher temperatures in the urban environment and show the presence of heat island in relation to its surrounding region, the air temperature differences between the two environments studied are presented in Fig. 3, characterizing the occurrence and intensity of urban heat islands (UHI). Figure 3 indicates the occurrence of UHI nearly every day of the year. The intensity observed generally ranged from low to moderate. However, on 28 April, was recorded 5.3 °C difference in air temperature between urban and rural areas, featuring occurrence of intensive heat island. Heat island was also characterized in the urban environment in almost every day of the year, although usually with low intensity. However, it highlights that on 29/04 was recorded a difference of 2.6 °C, characterizing a moderate UHI. Also, it is observed the occurrence of heat islands in the urban environment in nearly every day of the year, with a generally weak intensity. It is noteworthy a heating of both the urban and rural areas, a fact that contributes to the reduction of the difference between these two environments. On February 19, 2012 was recorded a difference of 2.3 °C between the highest maximum temperature in the two environments studied, characterizing island of moderate heat. Gartland (2010) explains that the effect of heat island is more intense on calm and clear days and weaker on cloudy and windy days, since more solar energy is captured on clear days, and milder winds remove the heat in a slower manner, making the heat island becomes more intense. Therefore, it can be concluded that, in any analysis perspective, there is the formation of heat islands in the urban area of Petrolina-PE. Also,

it can be said that the minimum relative humidity was very close both in rural as in urban areas. However, in relation to the behavior of the average and maximum air relative humidity, it is observed that the urban environment had, in general, the worst conditions. This fact has the further problem that occurs in the urban area where there is the highest concentration of people and activities in everyday society.

In summary, it can be said that the minimum air relative humidity was very close both in rural as in urban areas (Fig. 4). However, in relation to the behavior of the average and maximum air relative humidity, it is observed that the city environment was presented, in general, less humid. These findings are relevant from a social point of view because the city constitute an area of concentration and movement of most people throughout the year who rely on services as varied as possible, such as trade, health and bank, for example.

If the physical point of view admits the occurrence of such a situation, from a statistical point of view the correlation between the variables studied is presented in Tables 6 and 7. These tables list the annual hourly averages of extremes air temperature and humidity, in urban and rural environments, as well as its value of the correlation coefficient between them. There has been a strong inverse correlation between maximum temperature and minimum humidity (r = -0.95), and between minimum temperature and maximum relative humidity (r = -0.98). This statistical correlation associated with physical reality as possible between such occurrences justify the adaptation of the calculation of thermal discomfort by Thom equation proposed by this work. As observed in the urban area of Petrolina-PE, the data from rural areas indicate also a strong inverse correlation between minimum temperature and maximum hu-

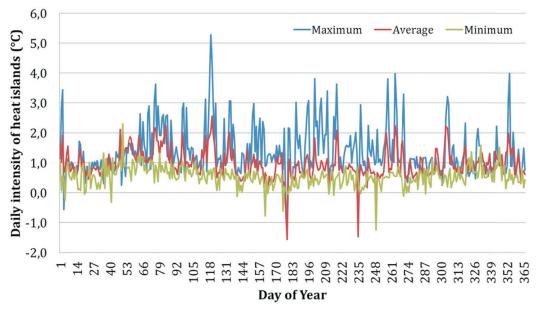


Figure 3 - Occurrence and daily intensity of heat islands in Petrolina-PE in the period from January 1st to December 31, 2012 for minimum, average and maximum air temperature.

Table 6 - Average annual hourly values and correlation coefficient between maximum temperature (T_x) and minimum relative humidity (RH_m) , as well as between the minimum temperature (T_m) and maximum relative humidity (RH_x) in the urban area in the period from January 1st to December 31, 2012 in Petrolina-PE.

Hour	Annual	average	Correlation coefficient (r) $Tx \ vs. \ RH_m$	Hour	Annual	average	Correlation coefficient (r) T_m vs. RH_x
	T_x	RH_m			T_m	RH_x	
0	28.3	36.4		0	22.3	79.1	
1	27.4	40.5		1	21.9	79.0	
2	26.7	44.4		2	21.5	80.3	
3	25.7	48.0		3	21.2	80.3	
4	25.1	52.3		4	20.9	81.3	
5	24.8	55.3		5	20.7	82.1	
6	25.3	56.5		6	20.7	82.0	
7	27.1	52.8		7	21.4	79.4	
8	29.2	43.4		8	22.2	76.8	
9	30.8	37.3		9	23.1	73.7	
10	31.9	32.5		10	24.4	68.7	
11	33.3	28.0		11	25.7	62.9	
12	34.4	24.1		12	26.5	59.0	
13	35.3	21.4	-0.95	13	27.3	55.8	-0.98
14	35.9	20.2		14	27.7	54.4	
15	36.0	19.4		15	27.8	54.1	
16	35.8	19.4		16	27.0	58.4	
17	35.0	20.8		17	26.2	61.8	
18	33.7	22.7		18	25.0	69.5	
19	32.6	24.2		19	24.5	73.7	
20	31.8	26.7		20	24.1	74.8	
21	30.9	28.1		21	23.6	74.7	
22	30.1	29.9		22	22.9	76.5	
23	29.2	32.8		23	22.5	78.5	
24	28.3	36.4		24	22.3	79.1	

Table 7 - Annual hourly average and coefficient of correlation between maximum temperature and minimum air relative humidity, as well as between the minimum temperature and maximum air relative humidity in rural area of Petrolina-PE during the period from January 1st to December 31, 2012.

Hour	Annual average		nnual average Correlation coefficient (r) Tx $vs.$ RH_m	Hour	Annual average		Correlation coefficient (r) T_m vs. RH_x
	T_x	RH_m			T_m	RH_x	
0	24.5	57.3		0	23.5	62.5	
1	23.8	61.1		1	22.9	65.8	
2	23.1	64.6		2	22.3	68.6	
3	22.6	67.6		3	21.8	71.2	
4	22.1	70.2		4	21.4	73.6	
5	21.7	72.1		5	21.1	75.2	
6	22.8	68.8		6	21.4	74.5	
7	24.2	62.7		7	22.7	69.8	
8	25.8	55.7		8	23.9	64.7	
9	27.4	48.9		9	25.4	58.4	
10	28.9	42.7		10	26.9	51.9	
11	30.2	37.6		11	28.2	45.9	

Table 7 - (cont.)

Hour	Annual	average	Correlation coefficient (r) $Tx \ vs. \ RH_m$	Hour	Annual	average	Correlation coefficient (r) T_m vs. RH_x
	T_x	RH_m			T_m	RH_x	
12	31.3	33.9		12	29.4	41.0	
13	32.1	31.2	-0.99	13	30.5	37.1	-0.99
14	32.5	29.6		14	31.2	34.2	
15	32.7	28.9		15	31.6	32.7	
16	32.4	29.3		16	31.3	32.5	
17	31.5	31.3		17	29.7	35.8	
18	29.8	35.4		18	28.0	41.2	
19	28.2	40.3		19	27.0	45.3	
20	27.4	43.4		20	26.3	48.4	
21	26.7	46.2		21	25.7	51.2	
22	26.0	49.4		22	24.9	54.9	
23	25.3	53.0		23	24.2	58.9	
24	24.5	57.3		24	23.5	62.5	

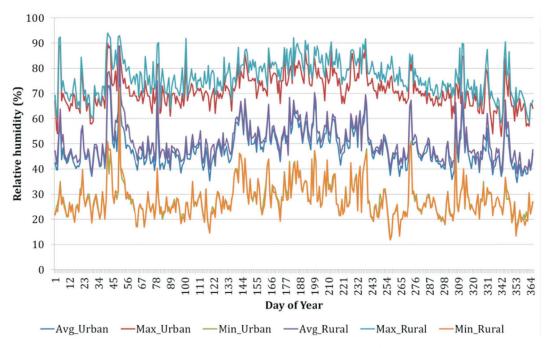


Figure 4 - Air relative humidity in rural and urban areas of Petrolina-PE in the period from January 1st to December 31, 2012 for: (A) minimum; (B) average and (C) maximum.

midity (r = -0.99), as well as between maximum temperature and minimum relative humidity (r = -0.99) (Table 7).

Once proven the physical and statistically correlation between temperature and relative humidity, the thermal discomfort index was calculated based on the maximum temperature and minimum relative humidity and based on minimum temperature and maximum relative humidity. For the urban area, a partial thermal comfort in the period between the end of April and beginning of October was obtained (Fig. 5). However, in the periods January to March and November to December, the situation was characterized as thermal discomfort. It was also observed that the vast majority of days studied showed partial comfort condition. That is, even considering the thermal discomfort index based on the minimum values of air temperature, thermal comfort period is limited from late June to early October. Therefore, based on the results obtained for *DIT_m*, representative of the situation early in the morning, yet 23.0% of the days were comfortable, 77.0% of days had partial comfort and no day showed thermal discomfort. In contrast, during

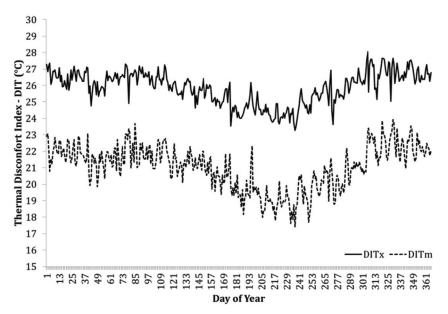


Figure 5 - Maximum (DIT_x) and minimum (DIT_m) thermal discomfort index in the urban area of Petrolina-PE during the period from January 1st to December 31, 2012.

the morning hours, represented by 71.6% of days surveyed had partial comfort and 28.4% of the days were thermally uncomfortable.

Looking at Fig. 6, we see that the DIT_x in the rural area showed partial thermal comfort in most days from January to October. However, from mid-October until December the situation was thermal discomfort. Also, the annual march of the DIT_m had partial comfort on most days studied. That is, even considering the thermal discomfort index based on the minimum values of air temperature, thermal comfort period is limited from June to mid-October.

Therefore, the results obtained for the thermal disconfort index DIT_m indicated that the morning shift 41.5% of the days were comfortable, while 58.5% of the days were partial comfort. However, in the afternoon, represented by DIT_x 87.7% of days surveyed had partial comfort and 12.3% of the days were thermally uncomfortable situations and were not recorded.

Therefore, the comparison between urban environments and their rural surrounding region, shows that the urban area of the city of Petrolina presents changes in their climatic variables (temperature, relative humidity and wind

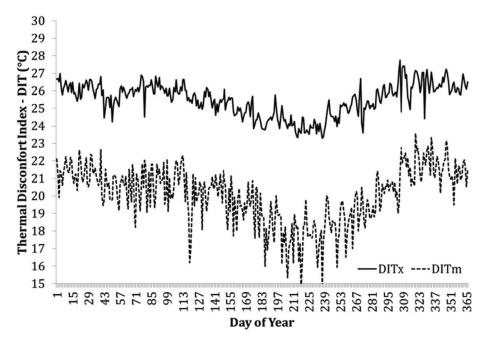


Figure 6 - Maximum (DIT_x) and minimum (DIT_m) thermal discomfort index in rural Petrolina-PE during the period from 01/01 to 31/12/2012.

speed), especially during the evening period, impacting directly in the thermal generating discomfort for the population.

4. Conclusions

The evaluation of the thermal conditions of Petrolina municipality during the period from January 1st to December 31, 2012, using data from automatic weather stations installed in urban and rural areas, allowed to make the following conclusions:

- 1) Heat islands with varying intensity are characterized in the urban area of the municipality;
- 2) The naturally adverse weather conditions in the Semiarid region, potentiated by constructive elements of urban space, contribute to the expansion of heat islands and thermal discomfort of their people;
- 3) Applying the adaptation of Thom equation for obtaining the thermal discomfort index to Petrolina-PE, it was observed that the urban area records thermal comfort always lower than that observed in the rural area;
- 4) Therefore, it can be said that the climate of the Petrolina municipality is influenced by the design characteristics of urban areas. This association contributes to the formation of heat islands and thermal discomfort, afforestation is an effective mechanism to mitigate the adverse effects of this condition and improve the quality of life of the population.

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