

L-arginine in the ischemic phase protects against liver ischemia-reperfusion injury¹

A L-arginina durante a fase isquêmica protege o fígado das lesões de isquemia e reperfusão

Murched Omar Taha^I, Afonso Caricati-Neto^{II}, Regiane Miranda Ferreira^{III}, Manuel de Jesus Simões^{IV}, Hugo Pequeno Monteiro^V, Djalma José Fagundes^{VI}

^IPhD, Associate Professor, Operative Technique and Experimental Surgery Division, Department of Surgery, UNIFESP, Sao Paulo-SP, Brazil. Main author. Responsible for conception, design, intellectual and scientific content of the study.

^{II}PhD, BSc, Associate Professor, Department of Pharmacology, UNIFESP, Sao Paulo-SP, Brazil. Acquisition and interpretation of pharmacological data, manuscript writing.

^{III}PhD, BSc, Post-doctoral Fellow, Department of Pharmacology, UNIFESP, Sao Paulo-SP, Brazil. Acquisition and interpretation of pharmacological data, manuscript writing.

^{IV}PhD, Associate Professor, Histology and Structural Biology Division, Department of Morphology, UNIFESP, Sao Paulo-SP, Brazil. Interpretation of data and histopathological analysis.

^VPhD, BSc, Associate Professor of Biochemistry, Department of Biochemistry, UNIFESP, Sao Paulo-SP, Brazil. Interpretation of biochemistry data and manuscript writing.

^{VI}PhD, Associate Professor, Operative Technique and Experimental Surgery Division, Department of Surgery, UNIFESP, Sao Paulo-SP, Brazil. Conception and critical revision of the study.

ABSTRACT

PURPOSE: To investigate the effects of intravenous L-arginine (LG) infusion on liver morphology, function and proinflammatory response of cytokines during the early phase of ischemia-reperfusion injury (IRI).

METHODS: Thirty rabbits were subjected to 60 minutes of hepatic ischemia and 120 minutes of reperfusion. An intravenous injection of saline or L-arginine was administered five minutes before the ischemia and five minutes before initiating the reperfusion and at the 55th and 115th minutes after the ischemia. Samples were collected for histological analysis of the liver and measurements of the serum AST, ALT and LDH and the cytokines IL-6 and TNF-alpha.

RESULTS: It was observed a significant reduction of sinusoidal congestion, cytoplasmic vacuolization, infiltration of polymorphonuclear leukocyte, nuclear pyknosis, necrosis and steatosis in liver tissue, as well as AST, ALT and LDH after injection of LG in the ischemia ($p < 0.001$). Lower levels of IL-6 and TNF-alpha were associated with LG infusion during ischemia. Higher levels these proteins were observed in animals receiving LG during reperfusion.

CONCLUSION: L-arginine protects the liver against ischemia/reperfusion injury, mainly when is administered during the ischemic phase.

Key words: Nitric Oxide. Arginine. Warm Ischemia. Cytokines. Antioxidants. Interleukin-6. Liver. Rabbits.

RESUMO

OBJETIVO: Investigar os efeitos da infusão endovenosa da L-arginina (LG) na morfologia, função e resposta de citocinas pró-inflamatórias do fígado durante a fase precoce da lesão de isquemia e reperfusão (IRI).

MÉTODOS: Trinta coelhos foram submetidos a 60 minutos de isquemia hepática e 120 minutos de reperfusão. Foi administrada injeção intravenosa de solução salina ou L-arginina aos cinco minutos antes de iniciar a isquemia e cinco minutos antes de iniciar a reperfusão e aos 55 e 115 minutos após o início da isquemia. Realizou-se análise histológica do fígado e dosagens séricas de AST, ALT, LDH, citocinas IL-6 e TNF-alfa.

RESULTADOS: Ocorreu redução significante da congestão sinusoidal, vacuolização citoplasmática, infiltração de leucócitos polimorfonucleares, picnose nuclear, necrose e esteatose no tecido hepático, assim como nos níveis de AST, ALT e LDH após a injeção da LG na isquemia ($p < 0,001$). Níveis mais baixos de IL-6 e TNF-alfa foram associados com a infusão LG durante a isquemia. Níveis mais elevados dessas proteínas foram observados nos animais que receberam LG durante a reperfusão.

CONCLUSÃO: A L-arginina protegeu o fígado contra a lesão de isquemia e reperfusão principalmente quando administrada durante a fase de isquemia.

Descritores: Óxido Nítrico. Arginina. Isquemia Quente. Citocinas. Antioxidantes. Interleucina-6. Fígado. Coelhos.

Introduction

Ischemia-reperfusion injury (IRI) is associated with multiple events that affect liver function following transient episodes of hepatic ischemia, such as solid organ transplantation, trauma, hypovolemic shock, and elective liver resection, when inflow occlusion or total vascular exclusion is used to minimize blood loss¹. Alterations in the hepatic microcirculation and a decrease in hepatic flow can cause local hypoxia and, consequently, liver damage. The liver is further compromised following the reintroduction of blood flow and oxygen delivery to the damaged areas².

One of the earliest events associated with the reperfusion of an ischemic liver is endothelial dysfunction that is characterized by a decreased production of endothelial cell-derived nitric oxide (eNO)³. This rapid post-ischemic decrease in NO bioavailability appears to be due to a decrease in the synthesis of NO, enhanced inactivation of NO via the overproduction of superoxide, or both phenomena^{3,4}.

NO availability has been shown to be beneficial in various experimental models⁵⁻¹⁰. Organ infusion with NO donors or supplementation with L-arginine (LG), a substrate for NO synthases (NOS), minimizes hepatic injury by improving the microcirculation¹¹. In animal models of IRI, inhibitors of NOS promote tissue injury¹¹. However, high tissue levels of NO may also have harmful effects¹²⁻¹⁶. Collectively, these observations suggest a balance between the local NO concentration and the time of NO exposure in determining the outcome of liver IRI⁸. Irrespective of the precise mechanisms involved, increased inflammation and cytotoxicity are key components in hepatocellular dysfunction during the pathogenesis of liver IRI¹⁶⁻²⁰.

The development of new therapeutic approaches to control IRI may be aided by a better understanding of the defense mechanisms that occur in the liver when it is subjected to ischemic insults²¹. The LG-NOS pathway has been critically implicated in liver IRI, and most studies have suggested that intravenous LG infusion increases NO levels and protects the liver against damage due to IRI⁸⁻²⁰.

The purpose of the present study was to evaluate the effects of intravenous LG infusion on liver morphology and function and to evaluate the proinflammatory response of cytokines during the early phase of IRI in an experimental model using rabbits.

Methods

The experimental protocol (1815/08) was approved by the Ethics Committee of the Federal University of Sao Paulo (UNIFESP), Brazil, on according to the recommendations of the international legislations on animal protection. The study was designed as a randomized controlled trial with a blinded assessment of the outcome.

Thirty male New Zealand white rabbits (Center for the Development of Experimental Models for Medicine and Biology - CEDEME-UNIFESP) that weighed 2.500 to 3.000g were housed under temperature - and light - controlled environmental conditions with a 12-hour light-dark cycle. The animals had free access to water and standard pellet chow until six hours prior to the surgical procedures. All procedures were conducted in the laboratories of Experimental Surgery, Department of Surgery (UNIFESP).

The animals were randomly assigned to one of four groups (Figure 1): the ischemia plus saline (I-SS) group (n=6), the ischemia and reperfusion plus saline (IR-SS) group (n=6), the ischemia plus LG (I-LG) group (n=6), and the ischemia and reperfusion plus LG (IR-LG) group (n=6). All animals were subjected to 60 minutes of lobar ischemia and 120 minutes of reperfusion. In the I-SS and I-LG groups, an intravenous administration of saline or LG, respectively, was performed both five minutes (T-5) before starting the ischemia and five minutes (T55) before starting the reperfusion. In the IR-SS or IR-LG groups, saline or L-arginine, respectively, was administered at both the 55th (T115) and 115th (T175) minutes during the reperfusion. At 120 minutes after starting the reperfusion (T-180), the animals were euthanized.

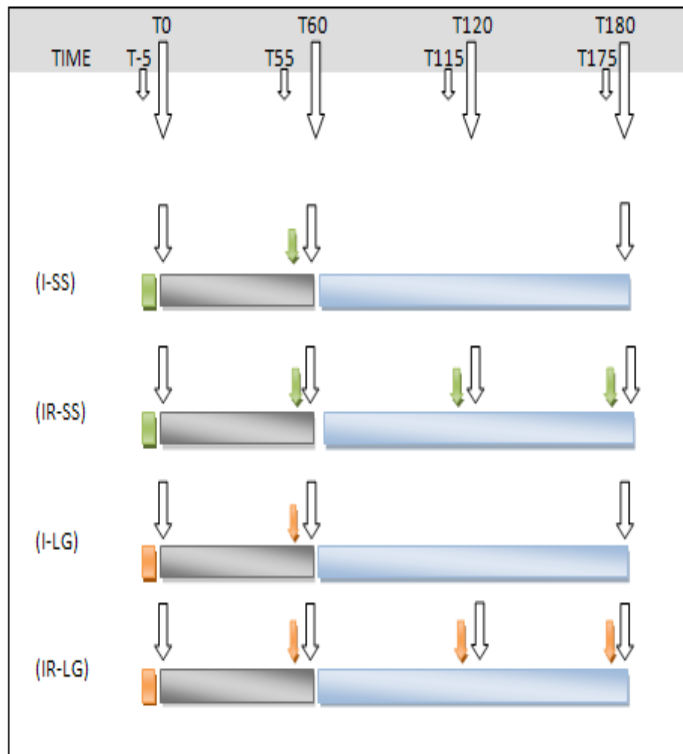


FIGURE 1 - Schematic distribution of the animals in the groups: **I-SS** (ischemia and saline); **IR-SS** (ischemia/reperfusion and saline); **I-LG** (ischemia and L-arginine); **IR-LG** (ischemia/reperfusion and L-arginine). Periods of drugs administration: **T-5** (five minutes before starting ischemia); **T0** (starting ischemia); **T55** (five minutes before starting reperfusion); **T60** (starting reperfusion); **T115** (five minutes before the first hour of reperfusion); **T175** (five minutes before finishing reperfusion); **T180** (finishing the reperfusion). Gray bars (Ischemia); Blue bars (Reperfusion). Green arrow (Saline); Orange arrow (L-arginine). White arrow (periods).

Anesthesia and euthanasia procedures

After 6h of fasting for a solid diet and 4h for a liquid diet, the animals received a combination of 80 mg/kg of ketamine i.m. (Ketalar™, Medical Division of Pfizer do Brazil) and 10 mg/kg of xylazine i.m. (Rompum™, Bayer, Sao Paulo, Brazil). Anesthesia was maintained connected to a volume-controlled ventilator (Harvard ventilator, Harvard Apparatus, USA). The animals were ventilated at a rate of 30 breaths/min with a tidal volume of 10 mL/kg, an inspired oxygen fraction of 1.0, and a positive end-expiratory pressure of 2 cmH₂O. The marginal ear artery and vein were catheterized, and the systemic arterial pressure, oxygen saturation (SpO₂), and heart rate were continuously monitored (Datex Ohmeda Type F-CU8, Helsinki, Finland). Sodium heparin (500 IU/kg) was administered via the peripheral ear vein. Body temperature was maintained at 37.8°C using a rabbit homeothermic soft blanket (40 x 70 cm) with a YSI 401 rectal temperature probe.

After the samples were collected, the animals received a combination of intravenous (0.3 ml/Kg) embutamide, mebezone

and tetracain (T61™, Schering Plough, Sao Paulo, Brazil), which promotes rapid death.

Surgical procedure

Under aseptic conditions, all 30 animals underwent a midline laparotomy. The hepatic hilum was carefully dissected with identification of the hepatic artery, portal vein, and bile duct. The left and median hepatic lobes were occluded with a small vascular clamp. Ischemia was confirmed by observing the pale appearance of the clamped liver lobes. The appearance of the intestines and signs of portal compression were also observed. A SpO₂ after the clamp was removed, reperfusion was evaluated based on immediate color recovery. In cases in which an absence of ischemic color or a lack of response to the reperfusion was observed, the animals were excluded from further analyses. The surgical wounds remained covered with wet gauze wrappings throughout the experiment to minimize evaporative loss. Sham animals underwent anesthesia, laparotomy, and exposure of the portal triad without hepatic ischemia.

Serum assays

Blood samples were collected after 120 minutes of reperfusion. The samples were centrifuged, and the serum was separated. Hepatic damage was evaluated (units per liter) based on the serum levels of aspartate aminotransferase (AST), alanine aminotransferase (ALT), and lactate dehydrogenase (LDH), which were measured using an in vitro diagnostic chemistry reagent kit (Catachem Inc., Bridgeport, Conn).

Histological processing

Liver samples were immersed in 10% buffered formalin. After 24 hours, the samples were embedded in paraffin, cut into 5-µm sections and stained with hematoxylin and eosin. All histological analyses were performed by a single pathologist who was blinded to the treatment of the groups. We used a computerized image analysis system consisting of a Nikon™ FDX – 35 video camera coupled to a Nikon optic microscope (Eclipse 800, Tokyo, Japan) with multicolor objectives that transmitted images to a Pentium MMX MHz Vaio PC (Sony, Tokyo, Japan) equipped with a digitizing board and Image Pro-Plus™ software (Version 4.5) (Media Cybernetics, Inc., Bethesda, MD, USA).

Sinusoidal congestion, cytoplasmic vacuolation, infiltrating polymorphonuclear leukocytes (PMNLs), nuclear pyknosis, hepatocyte necrosis and steatosis were all assessed using a colorimetric scale (red, green and blue). Each parameter was marked individually and expressed as a percentage of the total

area of each slide.

Real-time PCR for TNF-alpha and IL-6

Frozen liver tissues were stored liquid nitrogen to evaluate the gene expression of TNF-alpha (F:5'-GCTCCTC ACTCACACTGTCAG-3' and R:5'-GCAATGATCCCAAAG TAGAC-3'), IL-6 (F:5'-GCTGAGGAAAGAGATGTGTGAC-3' and R:5' GTCTTGATCAGGTGTTGGATGT-3'), and the housekeeping gene glyceraldehyde 3-phosphate dehydrogenase (GAPDH) (F:5'-GATTTGGCCGCATTGG-3' and R:5'-ACATCCACTTTGCCAGAGTTAA-3').

Total RNA was prepared from the frozen liver tissues using the TRIzol/chloroform extraction method (Invitrogen, Paisley, UK), reverse transcribed into cDNA using an iScript cDNA Synthesis Kit, and subjected to quantitative real-time PCR (RT-PCR) using Platinum SYBR Green qPCR SuperMix-UDG (Invitrogen Inc., NY, USA) and the primers listed above with an iCycler (Bio-Rad) instrument and the associated software. All of the PCR oligonucleotide primer pairs were designed using Bio-Rad Beacon Designer 2.0 software and purchased from Invitrogen. The $\Delta\Delta C_T$ values were calculated by subtracting the C_T values for the gene of interest from those obtained for GAPDH and then subtracting the C_T value for each gene from those determined for the non-operated control rabbits. The fold induction was calculated by normalizing the values to those obtained for the control rabbits.

Total RNA was treated with DNase (Invitrogen Inc., NY, USA), and separated by gel electrophoresis. Reverse-transcribed cDNA was then subjected to real time PCR analysis using the ABI PRISM 7000 Sequence Detection System (Applied Biosystems, CA, USA). The reaction mixtures had a final volume of 20 μ L and contained 1 μ L of cDNA (per sample) and 9 μ L of 2X Platinum SYBR Green qPCR SuperMix-UDG (Invitrogen Inc., NY, USA) (40 mM Tris-HCl (pH 8.4), 100 mM KCl, 6 mM MgCl₂, 400 μ M dATP, 400 μ M dCTP, 400 μ M dGTP, 800 μ M dUTP, 40 units/mL UDG, 60 units/mL Platinum Taq DNA Polymerase, and stabilizers)²²⁻²⁴. The gene fragments were amplified by 30 cycles of PCR, with each consisting of 15 s at 94 C, 30 s at 55°C, and 1 min at 72°C.

Statistical analysis

Parametric results are expressed as the mean \pm standard deviation, and the Shapiro-Wilks test was performed to check the normality of the data prior to statistical evaluation. ANOVA (one-way or two-way factorial variance for comparisons of ischemia versus reperfusion) and Tukey's *post-hoc* test were used to identify the two-way variance in the same group (SPSS ver. 18.0, SPSS

Inc., Chicago, IL, USA). A $p < 0.05$ was considered significant.

Results

Histological analysis

Histological analysis of the liver revealed multiple, extensive areas of hepatocyte necrosis that were randomly distributed throughout the parenchyma in the IR-SS group (Figure 2, top). The results were similar in the I-SS group (Figure 2 top), but the areas of necrosis were slightly less frequent. Furthermore, sinusoidal congestion and cytoplasmic vacuolation were randomly disseminated in the latter group. In the I-LG and IR-LG groups (Figure 2, bottom), the morphological structure of the liver was preserved, and an absence of columnar disorder of the hepatocytes was observed. In the IR-LG group, however, cytoplasmic vacuolation and PMNL infiltration were frequently observed. The greatest reductions in areas (μ m²) of sinusoidal congestion, cytoplasmic vacuolation, infiltrating PMNLs, nuclear pyknosis, hepatocyte necrosis, and steatosis were observed in the I-LG group followed sequentially by the IR-LG group, the I-SS group and the IR-SS group (Table 1).

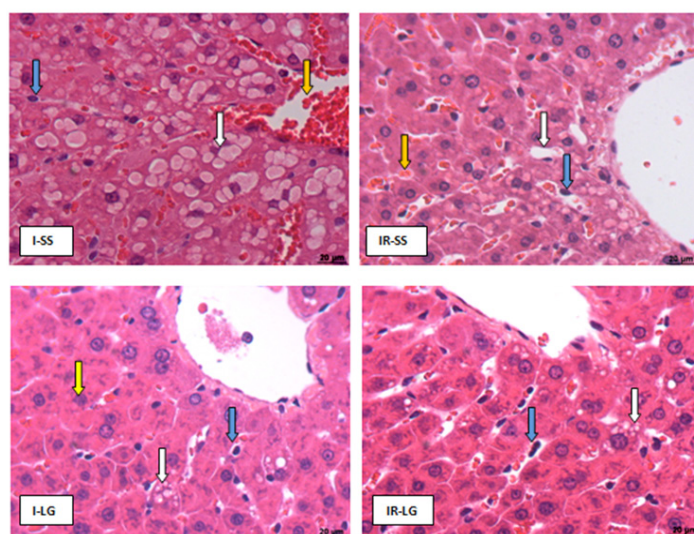


FIGURE 2 - Histological damage in the I-SS and IR-SS groups (top). Extensive area of hepatic necrosis, severe disarrangement of the hepatic columnar cells, cytoplasmic vacuoles (white arrows), PMNL infiltration (blue arrows), vascular congestion (orange arrows) and nuclear pyknosis (yellow arrows). Histological damage in the I-LG and IR-LG groups (bottom). Rare hepatic necrosis, preservation of the hepatic columnar cells, rare cytoplasmic vacuoles (white arrows), minimal PMNL infiltration (blue arrows), an absence of vascular congestion and punctate nuclear pyknosis (yellow arrows). Hematoxylin and eosin (magnification 200x).

TABLE 1 - Percentage of areas (μm^2) of hepatic damage determined by colorimetric method in the saline groups (Ischemia and Ischemia /Reperfusion) and L-arginine group (Ischemia and Ischemia /Reperfusion).

	I-SS	IR-SS	I-LG	IR-LG
Sinusoidal Congestion	39±03	52±05	13±03	21±03
Infiltrating PMNL	23±02	48±05	17±01	26±02
Cytoplasmatic Vacuolation	30±07	52±04	12±02	23±03
Nuclear Picnosis	27±06	43±05	13±04	16±03
Hepatocyte Necrosis	47±06	62±05	14±04	18±05
Steatosis	31±05	41±07	21±05	25±06

ANOVA test (Tukey test *post-hoc*) ($p < 0.001$) - For all parameters: I-LG < IR-LG < I-SS < IR-SS

Biochemical assessment

Consistent with the morphological analysis, the biochemical assessment of liver cytolysis showed that LG administration during the ischemic phase reduced the serum levels of AST, ALT and LDH (Figure 3). This reduction was significantly greater when LG was administered during the ischemic phase compared to during the reperfusion phase ($p < 0.001$).

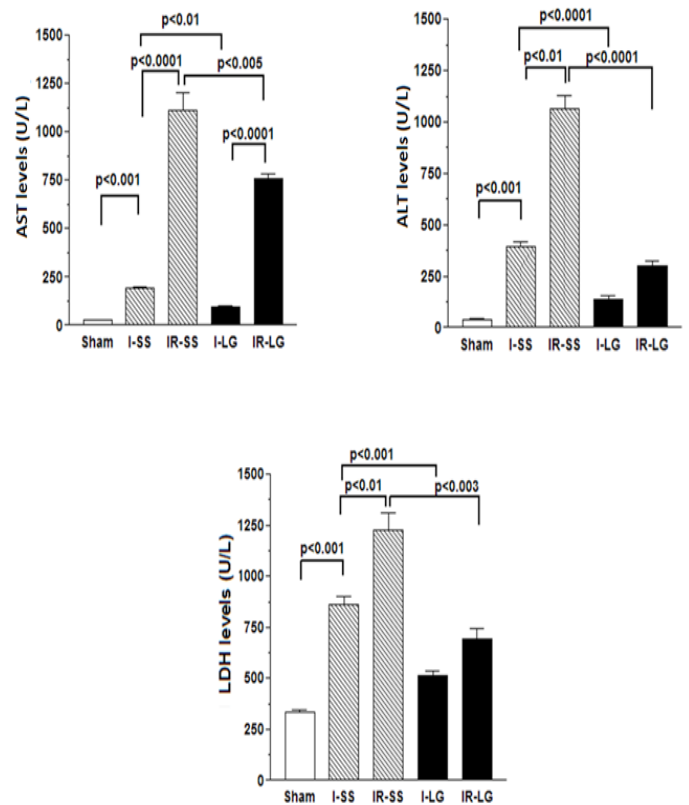


FIGURE 3 - The means±sd values (U/L) of aspartate aminotransferase (AST), in I-SS (194 ± 4), IR-SS (1110 ± 93), I-LG (92 ± 11) and IR-LG (758 ± 21); alanine aminotranferase (ALT) in I-SS (858 ± 41), IR-SS (1227 ± 82), I-LG (511 ± 26) and IR-LG (691 ± 54); lactate dehydrogenase (LDH) in I-SS (858 ± 41), IR-SS (1227 ± 82), I-LG (511 ± 26) and IR-LG (691 ± 54). ANOVA followed by Tukey Test ($p < 0.05$).

Cytokine expression

The highest level of TNF-alpha expression was detected in the IR-SS group, and a significantly lower level of expression was measured in the I-SS group ($p = 0.001$) (Figure 4). LG infusion during the ischemic phase resulted in the lowest level of TNF-alpha expression and demonstrated a value that was significantly lower than that detected in the group that received LG during the reperfusion phase ($p < 0.05$).

The highest expression levels of the proinflammatory cytokine IL-6 were also observed in the IR-SS group followed by the I-SS group ($p < 0.001$) (Figure 4). LG infusion during the ischemic phase resulted in the lowest expression level of IL-6 and demonstrated a value that was significantly lower than that detected in the group that received LG during the reperfusion phase ($p < 0.001$).

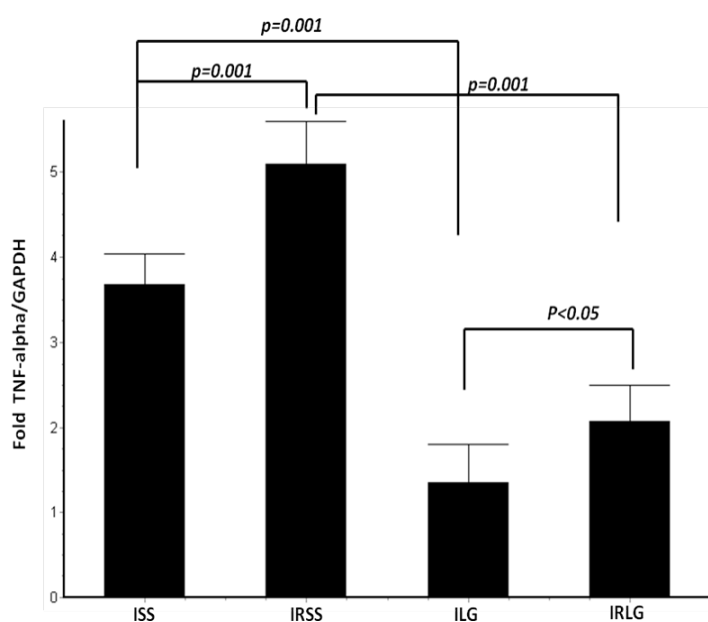


FIGURE 4 - TNF-alpha/GAPDH expression in the I-SS (3.69 ± 0.362), IR-SS (5.10 ± 0.497), I-LG (1.356 ± 0.443) and IR-LG (2.075 ± 0.416); IL6/GAPDH expression in the I-SS group (2.21 ± 0.14), IR-SS (4.76 ± 0.372), I-LG (1.6 ± 0.052) and IR-LG (2.73 ± 0.121). ANOVA followed by Tukey Test ($p < 0.05$).

Discussion

The present results showed that intravenous LG infusion during the pre-ischemic and ischemic phases promoted greater protection against IRI damage in hepatocytes compared to LG infusion during the reperfusion phase. We demonstrated the protective effects of intravenous LG on the parenchymal integrity of the liver, reduced serum levels of enzymes associated with liver cytolysis, and inhibition of the expression of the proinflammatory cytokines TNF-alpha and IL-6.

The experimental IRI model used herein was reliable with respect to the promotion of parenchymal and functional liver damage. IRI was established by clamping the vessels to the left lateral and median hepatic lobes, which account for 70% of the rabbit liver mass²⁵. In other animal models, it has been reported that hepatic insult is similar to the clinical situation in which the liver is rendered ischemic during total vascular exclusion for liver resection²⁵⁻²⁸. Indeed, in the present study, 60 minutes of hepatic warm ischemia followed by 120 minutes of reperfusion caused severe liver injury in rabbits, as demonstrated by the structural damage to the liver and the increased serum levels of AST, ALT, and LDH. In addition, liver IRI increased the expression levels of the proinflammatory cytokines TNF-alpha and IL-6.

IRI has been shown to occur during an early phase of reperfusion that begins following reoxygenation and during a

delayed phase. The early phase is associated with hepatocellular damage during the period from 2 to 6h after reperfusion (reoxygenation), whereas the delayed phase occurs from 18 to 24h after reperfusion and is accompanied by a massive infiltration of PMNLs^{4,25}. Liver IRI is known to be associated with microcirculatory flow disturbances, endothelial cell adhesion, and leukocyte tethering and infiltration. Local leukocyte infiltration depends on both extravasation across the vascular endothelium and migration through the extracellular matrix⁸. Leukocytes play an important role at the interface of the portal blood flow and exposure to pathogenic and nonpathogenic antigens. Moreover, they are an important component involved in liver IRI and function both to amplify the molecular pathways associated with IRI and to cause cellular damage directly⁸. After two hours of reperfusion, our IRI model displayed areas of severe necrosis and PMNL infiltration.

Together with the above-mentioned changes, the serum levels of LDH, ALT, and LDH were significantly increased in rabbits that were exposed to hepatic IRI, which indicated that cellular injury had been induced in the liver. PMNL-independent injury is thought to be initiated by changes in the redox state of the liver that produce a more oxidative environment within the cells⁴.

IRI is associated with a remarkable decrease in the bioavailability of NO, which represents an important initiating event in the pathophysiology of post-ischemic injury in a variety of different tissues, including the liver, heart, kidney, and gut⁴.

Several pharmacological agents have been used to attenuate IRI in the liver. These agents may directly inhibit the progression of the lesion, or they may induce a low level of stress in the liver cells, which in turn initiates a cellular defense mechanism against more aggressive insults during the late phase¹¹.

NO is a gaseous free radical that exerts protective effects during IRI. It is produced by NOS enzymes that use LG and oxygen as substrates to generate L-citrulline and NO. NO is an important messenger molecule in a variety of physiological systems and serves many physiological purposes, such as the promotion of vasodilatation and the mediation of communication between cells in the nervous system¹. In addition to its physiological effects, excessive levels of NO may cause cellular damage via a phenomenon known as nitrosative stress⁷. Thus, the role of NO in IRI is controversial. NO has been reported to have beneficial effects in attenuating organ damage due to IRI, but it may also exert harmful effects^{8,9}. NO production via iNOS in macrophages is known to cause oxidative damage by interacting with the superoxide anion produced by the enzymatic complex NADPH oxidase. This process leads to the production of peroxynitrite, which is a potent oxidant and induces cell death¹⁰. Peroxynitrite has

dual effects; it can be harmful⁸, or it can promote hepatoprotection via a decrease in leukocyte adhesion and infiltration¹³. Our results suggest that the delivery of NO is protective, depending on the phase during which it enters the cascade of events in liver IRI. Intravenous LG injection during early stages of ischemia showed a stronger protective effect than that observed during the late phase of reperfusion.

Hepatoprotection via the LG-NOS pathway has been previously established in animal models of IRI^{18,19}. Given that the LG-NOS pathway has been reported to play critical roles during inflammation, our data support the hypothesis that the administration of LG during the ischemic phase is beneficial by attenuating liver injury in a model of warm hepatic IRI.

The transcription factor NF- κ B plays a major role in inflammation and in survival signaling pathways. It participates in both protective mechanisms and in generating the inflammatory cytokines TNF- α and IL-6, the balance of which ultimately controls the fate of the liver during IRI²⁹. The activation of inflammatory cytokines is mediated by reactive oxygen species and is associated with the induction of protective genes that are essential for the maintenance of liver functions²⁹. Cytokines are key mediators within the complex interplay of intrahepatic immune cells and hepatocytes because they can activate the effector functions of immune cells and the intracellular hepatocyte signaling pathways that control cellular homeostasis. Kupffer cells and liver-infiltrating monocyte-derived macrophages are primary sources of cytokines such as TNF- α and IL-6³⁰. Although we did not specifically investigate the activity of Kupffer cells, our results revealed a direct relationship between the morphological and functional impairment of hepatocytes and the levels of TNF- α and IL-6. L-arginine infusion significantly decreased the expression of TNF- α and IL-6, which suggested a protective effect of LG against liver IRI during the early stage of reperfusion until 120 minutes after reperfusion.

Liver IRI comprises a number of complex processes that involve multiple cellular and molecular pathways. However, NO depletion during the early stage of reperfusion is associated with a biochemical cascade of events that results in an impairment of liver function. The administration of an exogenous NOS substrate via intravenous LG injection was effective in protecting the liver against IRI.

Conclusion

L-arginine protects the liver against ischemia/reperfusion injury, mainly when is administered during the ischemic phase.

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Acknowledgment

The authors thank Mrs. Maria do Carmo Negrini Fagundes for assistance with translation and formatting of the article.

Correspondence:

Murched Omar Taha
Rua Joaquim Távora, 1599/161
04015-003 São Paulo – Brasil
Tel.: (55 11)5084-0100 / 9982-0001
Fax: (55 11)5571-0233
taha@uol.com.br

Received: April 16, 2012

Review: June 14, 2012

Accepted: July 17, 2012

Conflict of interest: none

Financial source: FAPESP

¹Research performed at Laboratory of Experimental Surgery and Operative Technique, Department of Morphology, Laboratory of Histology and Structural Biology, Department of Pharmacology and Department of Biochemistry, Federal University of Sao Paulo (UNIFESP), Brazil.