

# Effects of a Novel Calcium Aluminate Cement on the Early Events of the Progression of Osteogenic Cell Cultures

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The present study evaluated the progression of osteogenic cell cultures exposed to a novel calcium aluminate cement (CAC+) in comparison with the gold standard mineral trioxide aggregate (MTA). Cells were enzymatically isolated from newborn rat calvarial bone, plated on glass coverslips containing either CAC+ or a control MTA samples in the center, and grown under standard osteogenic conditions. Over the 10-day culture period, rounding of sample edges was clearly noticed only for MTA group. Although both cements supported osteogenic cell adhesion, spreading, and proliferation, CAC+-exposed cultures showed significantly higher values in terms of total cell number at days 3 and 7, and total protein content and alkaline phosphatase activity at day 10. The present *in vitro* results indicate that the exposure to CAC+ supports a higher differentiation of osteogenic cells compared with the ones exposed to MTA. Further experimental studies should consider CAC+ as a potential alternative to MTA when the repair of mineralized tissues is one of the desired outcomes in endodontic therapy.

Key Words: calcium aluminate cement, mineral trioxide aggregate, cell culture, osteoblast, alkaline phosphatase.

## INTRODUCTION

The cellular response to mineral trioxide aggregate (MTA) is already well established in the literature. Several *in vitro* and *in vivo* studies concerning cell and tissue interactions with MTA have demonstrated its biocompatible nature (1-4). Despite that, MTA presents some negative characteristics, such as sandy consistency (poor handling characteristics), poor dispersion, high porosity (5), long setting time, tooth and gingival darkening (6), initial solubility when used as a root-end filling material (7), and high cost. Therefore, changes in formulation/composition of mineral aggregates and development of new branches on this class of materials have been proposed aiming to improve its physical-chemical characteristics (5,8,9).

In this context, Pandolfelli et al. (5) developed a novel calcium aluminate cement composed by Al<sub>2</sub>O<sub>3</sub> (68.5 wt%) and CaO (29.5 wt%) plus additives (hereafter referred to as CAC+). Such cement was designed to overcome some negative MTA characteristics by shortening setting time, reducing porosity and pore sizes, improving strength under compressive loads, promoting flow ability and reducing stain ability, while maintaining the satisfactory properties and clinical applications that MTA preparations provide (10).

The physical-chemical properties of CAC+ in comparison with the gold standard MTA have recently been described (11). In addition, the forming chemical-mechanical barrier against bacterial microleakage may attest the possibility for its multipurpose use in Endodontics (12). However, the impact of the exposure

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of CAC+ to mineralized tissue-forming cells remains to be assessed. Thus, the present *in vitro* study evaluate comparatively the effects of both mineral aggregate cements, MTA and CAC+, on early events of the progression of osteogenic cell cultures.

## MATERIAL AND METHODS

### MTA and CAC+ Sample Preparation

The mineral aggregates used were: White-MTA (Angelus, Londrina, PR, Brazil) and CAC+ (5). Both cement pastes were handled with sterile water in a proportion of 3 parts of powder to one part of bi-distilled water in volume, according to the manufacturer instructions. Then, MTA and CAC samples (4 mm in diameter and 2 mm height) were forged in a silicon mold, and after the final set 21 days later, the samples were detached from it and weighted. The sample mass was approximately 40 mg ( $39.9 \pm 3.7$ ). Then, each sample was glued with a cyanoacrylate gel (Loctite, Henkel Technologies, Diadema, SP, Brazil) to the center of a round glass coverslip, 12 mm in diameter (Fisher Scientific Inc., Suwanee, GA, USA). The ensembles (sample + glass coverslip) were then sterilized by gamma rays (Embrarad, Cotia, SP, Brazil) and placed in 24-well polystyrene plates (Falcon, Franklin Lakes, NJ, USA) for cell culture experiments. The effect of cyanoacrylate on cell proliferation/viability was evaluated in pre-osteoblastic MC3T3-E1 cells (ATCC, Manassas, VA, USA) by means of MTT assay (described below).

### Cell Isolation and Primary Culture of Osteogenic Cells

Osteogenic cells were isolated by sequential trypsin/collagenase digestion of calvarial bone from newborn (2-4 days) Wistar rats, as previously described (13). All animal procedures were in accordance with the guidelines of the Animal Research Ethics Committee of the University of São Paulo. Cells were plated on glass coverslips with either a MTA or a CAC+ sample at a cell density of 20,000 cells/well. The osteogenic culture medium comprised of Gibco  $\alpha$ -Minimum Essential Medium with L-glutamine (Invitrogen, Carlsbad, CA, USA) supplemented with 10% fetal bovine serum (Invitrogen), 7 mM  $\beta$ -glycerophosphate (Sigma, St. Louis, MO, USA), 5  $\mu$ g/mL ascorbic acid (Sigma), and 50  $\mu$ g/mL gentamicin (Invitrogen). The plated cells were grown for periods up to 10 days at 37 °C in a humidified

atmosphere with 5% CO<sub>2</sub>. The culture medium was changed every 2-3 days. The progression of cultures was examined by phase contrast microscopy (Axiovert 25, Carl Zeiss, Jena, Germany).

### Cell Morphology

At days 3 and 7, cells were fixed for 10 min at room temperature (RT) using 4% paraformaldehyde in 0.1 M sodium phosphate buffer (PB), pH 7.2. After washing in PB, cultures were processed for direct fluorescence labeling (13). Briefly, they were permeabilized with 0.5% Triton X-100 in PB for 10 min and incubated with Alexa Fluor 488 (green fluorescence)-conjugated phalloidin (1:200, Molecular Probes, Invitrogen) for 50 min at RT in a humidified environment, for the detection of actin cytoskeleton and cell periphery. Between each incubation step, the samples were washed in PB (3 x 5 min). Before mounting for microscope observation, samples were briefly washed with dH<sub>2</sub>O and cell nuclei stained with 300 nM 4',6-diamidino-2-phenylindole, dihydrochloride (DAPI, Molecular Probes) for 5 min. After carefully detaching MTA or CAC+ samples, the glass coverslips were placed face down on glass slides and mounted with Vectashield antifade (Vector Laboratories, Burlingame, CA, USA). The samples were then examined under epifluorescence using a Leica DMLB light microscope (Leica, Bensheim, Germany), with N Plan (X10/0.25, X20/0.40) and HCX PL Fluotar (X40/0.75) objectives, outfitted with a Leica DC 300F digital camera, 1.3 Megapixel CCD. The acquired digital images were processed with Adobe Photoshop software (version 7.0, Adobe Systems Inc., San Jose, CA, USA).

### Total Cell Number

Cells grown for periods of 3 and 7 days were enzymatically detached from glass coverslips using 1.3 mg/mL collagenase and 0.25% trypsin solution (Gibco, Invitrogen). Total number of cells/well was determined after Trypan blue (Sigma) staining using a hemacytometer (Hausser Scientific, Horsham, PA, USA).

### Cell Proliferation/Viability

Cell proliferation/viability was evaluated by 3-[4,5-dimethylthiazol-2-yl]-2,5-diphenyltetrazolium bromide (MTT, Sigma) assay at days 3, 7 and 10 (14). Cells were incubated with 10% MTT (5 mg/mL) in culture

medium at 37 °C for 4 h. The medium was then aspirated from the well, and 1 mL of acid isopropanol (0.04 N HCl in isopropanol) was added to each well. The plates were then stirred on a plate shaker for 5 min, and 200 µL of this solution was transferred to a 96-well format using opaque-walled transparent-bottomed plates (Fisher Scientific Inc.). Optical density was read at 570 nm on the plate reader (µQuant; Bio-Tek Instruments, Winooski, VT, USA), and data were expressed as absorbance.

#### Total Protein Content and Alkaline Phosphatase Activity

Total protein content was determined at day 10 by using a modification of the Lowry method (13). Briefly, proteins were extracted from each well with 0.1% sodium lauryl sulphate (Sigma) for 30 min and mixed 1:1 with Lowry solution (Sigma) for 20 min at RT. The extract was diluted in Folin and Ciocalteu's phenol reagent (Sigma) for 30 min at RT. Absorbance was measured at 680 nm using a spectrophotometer (Cecil CE3021, Cambridge, UK). The total protein content was calculated from a standard curve and expressed as µg/mL.

Alkaline phosphatase (ALP) activity was assayed in the same lysates used for determining total protein content as the release of thymolphthalein from thymolphthalein monophosphate by using a commercial kit (Labtest Diagnóstica, Lagoa Santa, MG, Brazil). Briefly, 50 µL of thymolphthalein monophosphate were mixed with 0.5 mL of 0.3 M diethanolamine buffer, pH

10.1, and left for 2 min at 37 °C. The solution was then added to 50 µL of the lysates obtained from each well for 10 min at 37 °C. For color development, 2 mL of 0.09 M Na<sub>2</sub>CO<sub>3</sub> and 0.25 M NaOH were added. After 30 min, absorbance was measured using a spectrophotometer (CE3021) at 590 nm and ALP activity was calculated from a standard curve using thymolphthalein to give a range from 0.012 to 0.4 µmol thymolphthalein/h/mL. Data were expressed as ALP activity normalized for total protein content. Some cultures were also stained with Fast red, as described elsewhere (15), for *in situ* histochemical detection of ALP activity.

#### Statistical Analysis

Data are presented as mean ± SD. Comparisons were carried out using either two-way analysis of variance or Student's t-test for two independent samples, where appropriate. The significance level was set at 5%.

## RESULTS

Results for total cell number, cell viability, total protein content, and ALP activity of the osteogenic cell cultures under the tested conditions are given on Table 1.

Although MTA and CAC+ samples remained fixed in the central area of the glass coverslips during the whole culture period, CAC+ samples appeared to be more stable than the MTA ones. Importantly, rounding of sample edges was clearly noticed only for MTA group.

At day 3, epifluorescence revealed well-spread, adherent cells for both groups, mostly exhibiting a polygonal shape (Fig. 1A,B). Cells with typical morphologies of migrating cells on two-dimensional substrates and cells undergoing mitosis could also be observed. At day 7, whereas cell confluence occurred for both groups, a larger area with no cells (inhibition zone) could be observed circumjacent to MTA samples (Fig. 1, compare C with D). In addition, a higher cell density was clearly noticed for CAC+ group (Fig. 1, compare F with E). The presence of CAC+ samples supported the differentiation of more Fast red-stained cells and with a higher staining intensity, mostly in areas of initial cell multilayering (Fig. 1, compare H with G).

Table 1. Quantitative analysis (mean ± SD) of total cell number (x10<sup>4</sup>), cell viability (absorbance, 570-650 nm), total protein content (µg/mL), and alkaline phosphatase (ALP) activity (µmol thymolphthalein/h/mg protein) of osteogenic cell cultures grown in the presence of either MTA or CAC+.

Parameters	Time points (days)	MTA	CAC+	Significance level
Total cell number	3	0.7 ± 0.2	1.4 ± 0.1	p = 0.001
	7	5.5 ± 0.1	7.7 ± 1.6	p = 0.048
Cell viability	3	0.017 ± 0.007	0.024 ± 0.007	p > 0.05
	7	0.107 ± 0.046	0.111 ± 0.025	p > 0.05
	10	0.103 ± 0.042	0.158 ± 0.050	p > 0.05
Total protein content	10	21.5 ± 2.2	36.9 ± 3.6	p = 0.001
ALP activity	10	0 ± 1.9	12.6 ± 3.1	p = 0.001

At 3 and 7 days, the total cell number was significantly higher for cultures exposed to CAC+ (Student's t-test,  $p = 0.001$  and  $p = 0.048$ , respectively) (Fig. 2A). MTT assay showed that cell proliferation/viability was affected by the culture period (3 day < 7 days = 10 days), but not by the experimental group (two-way

ANOVA,  $p = 0.001$  and  $p = 0.132$ , respectively) (Fig. 2B). In addition, exposure to cyanoacrylate only did not affect MC3T3-E1 cell proliferation/viability (not shown). At day 10, total protein content and ALP activity was significantly higher (Student's t-test,  $p = 0.001$ ) for cultures grown in the presence of CAC+ samples (Fig. 3A,B).

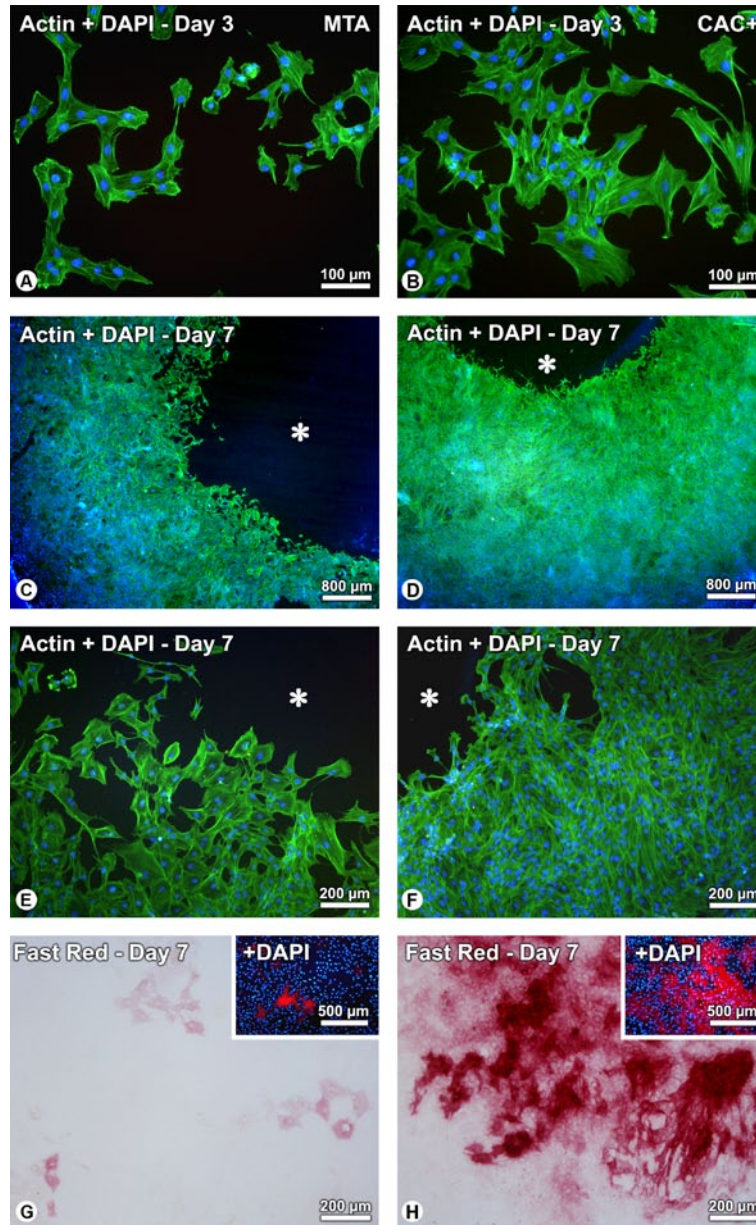


Figure 1. Calvaria-derived osteogenic cell cultures grown on glass coverslips in the presence of either MTA (A,C,E,G) or CAC+ (B,D,F,H) samples at days 3 (A,B) and 7 (C-H). At day 3, epifluorescence of actin cytoskeleton labeling (phalloidin labeling, green fluorescence) and DNA stain (DAPI, blue fluorescence) showed well-spread, adherent cells for both groups, mostly exhibiting a polygonal shape (A,B). At day 7, whereas primary cultures reached confluence for both groups, a larger area with no cells could be observed adjacent to the MTA sample (compare C with D); a higher cell density was clearly evident for the CAC+ group (compare F with E). Asterisks indicate sites where the cement samples were located (C-F). *In situ* alkaline phosphatase activity was significantly higher for cultures grown in the presence of CAC+ compared with MTA (compare H with G; G,H: transmitted light; G,H insets: epifluorescence).

## DISCUSSION

The present study showed that exposure to CAC<sup>+</sup> supports the progression of a higher number of cells with a more differentiated osteoblastic phenotype compared with MTA. Indeed, significantly higher values in terms of total cell number, protein content, and ALP activity were detected for CAC<sup>+</sup>-exposed cultures. These results were supported by morphologic and histochemical findings.

One possible explanation for the changes observed between CAC<sup>+</sup> and MTA-exposed cultures could be related to the differences in terms of calcium hydroxide release from the cement preparations, which has been determined to be lower for CAC<sup>+</sup> compared with MTA (5,11). Noteworthy, during the whole culture interval, the edges of CAC<sup>+</sup> samples were sharper than the MTA ones, suggesting lower dissolution rate and ultimately lower calcium hydroxide release for CAC<sup>+</sup> cement under the culture conditions used. In addition, because of the dissociation of calcium hydroxide in the culture medium, differences in calcium and hydroxyl concentrations between groups should

also take place. Whereas slightly higher extracellular calcium concentration than physiological values has been shown to stimulate osteoblast cell viability, proliferation, differentiation, and function (16), cellular calcium overload can cause cytotoxicity and trigger either apoptotic or necrotic cell death (17). Concerning the hydroxyl ion concentration, its higher levels have been directly correlated with altered extracellular matrix organization, reduced ALP activity, and bone-like nodule formation in osteogenic cell cultures (18).

In the present study, the exposure to CAC<sup>+</sup> samples allowed the progression of a higher cell population density with higher ALP activity compared with MTA, as judged by the biochemical measurements and Fast red staining. Although the role of ALP in bone formation is still not fully understood and subjected to controversies, such enzyme has been routinely used as an early marker of osteoblast differentiation (19). During bone matrix mineralization, ALP generates the inorganic phosphate needed for hydroxyapatite crystallization and might also hydrolyze pyrophosphate, a mineralization inhibitor, to facilitate mineral precipitation and growth (20).

The stoichiometric relation between calcium and alumina inherent to calcium aluminate cement preparations, which is the base of CAC<sup>+</sup> composition,

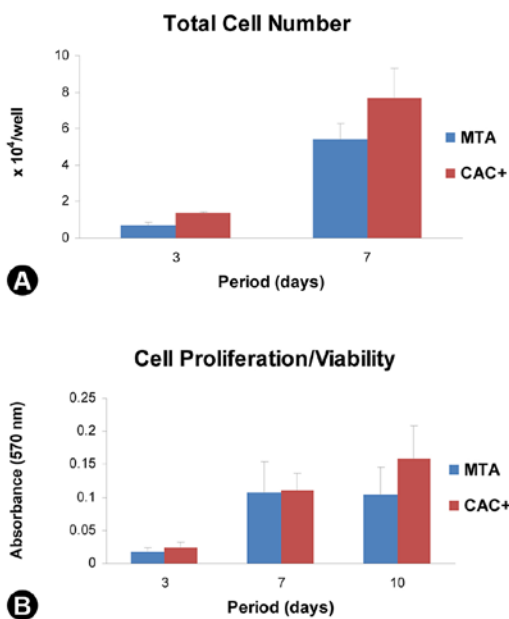


Figure 2. Total cell number of calvaria-derived osteogenic cells grown on glass coverslips in the presence of either MTA or CAC<sup>+</sup> samples at days 3 and 7 (A). A significantly higher number of cells were detected for CAC<sup>+</sup> group. Cell proliferation/viability of calvaria-derived osteogenic cells grown on glass coverslips in the presence of either MTA or CAC<sup>+</sup> samples at days 3, 7 and 10 (B). Although cell proliferation/viability was affected by the culture period, no significant differences between MTA and CAC<sup>+</sup> were detected. Data are reported as mean  $\pm$  SD.

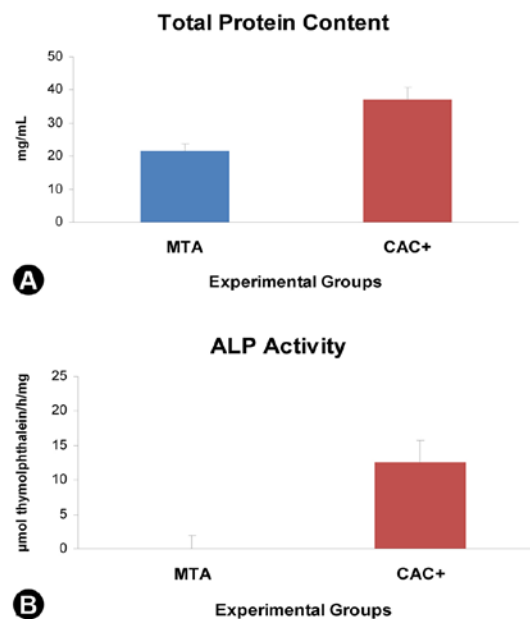


Figure 3. Total protein content (A) and ALP activity (B) of calvaria-derived osteogenic cells grown on glass coverslips in the presence of either MTA or CAC<sup>+</sup> samples at day 10. Significantly higher values were detected for cultures grown in the presence of CAC<sup>+</sup>. Data are reported as mean  $\pm$  SD.

renders tailoring of calcium hydroxide leaching as a possible production route. Based on this aspect, different calcium aluminate-based endodontic cement formulations could be designed with various levels of calcium hydroxide release adequate for different potential applications in endodontic therapies, depending on the need for either a more physiological pH (i.e. pulpotomy) or a more alkaline environment (i.e. alkalinity shock for dental trauma approaches).

In conclusion, the present *in vitro* results demonstrated that the exposure of primary osteogenic cell cultures to CAC+ samples could be more suitable for the early differentiation of a higher osteoblastic cell population compared with the cultures exposed to MTA. Therefore, this novel calcium aluminate cement should be considered as an alternative to MTA cement preparations in root canal therapy, especially when mineralized tissue repair and/or regeneration is a desired outcome.

## RESUMO

O objetivo do presente estudo foi avaliar a progressão de cultura de células osteogênicas expostas a um novo cimento de aluminato de cálcio (CAC+) em comparação ao agregado de trióxido mineral (MTA). As células foram obtidas por digestão enzimática de calvária de ratos recém-nascidos, plaqueadas sobre lamínulas de vidro contendo em sua área central discos de CAC+ ou MTA e crescidas em condições osteogênicas por até 10 dias. Durante a cultura primária, observou-se o arredondamento das bordas das amostras de cimento apenas para MTA. Embora ambos os cimentos tenham permitido a adesão, o espreado e a proliferação celulares, as culturas crescidas em contato com CAC+ exibiram valores maiores de número total de células em 3 e 7 dias, e de conteúdo de proteína total e atividade de fosfatase alcalina em 10 dias. Os resultados indicam que a exposição ao CAC+ permite o desenvolvimento de uma proporção maior de células em estágios mais avançados da diferenciação osteoblástica, quando comparado ao MTA. Deve-se considerar em futuros estudos experimentais a utilização do CAC+ como um material alternativo ao MTA especialmente quando um dos objetivos do tratamento endodôntico é o de reparação dos tecidos mineralizados da região periapical.

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