

## Phenotypic correlations among meat quality traits in broilers

### Correlações fenotípicas entre características de qualidade de carne em frangos

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#### ABSTRACT

*The goals of this research were to estimate the phenotypic correlations among various meat quality traits from a male broiler line and to describe the relation among these variables. Phenotypical correlations were determined among quality traits, isolating the effects of slaughter date, the age of the mother and sex. The evaluated traits were pH measurements taken at time 0 and at 6 and 24 hours after slaughtering, color parameters, water loss due to exudation, thawing and cooking of the meat, and shear force. Important associations ( $P < 0.01$ ) were found to be significant and, in most cases, weak or moderate, varying from -0.35 to 0.28. The initial pH of the meat was not associated ( $P > 0.05$ ) to the other traits of the meat, whereas the pH at 24 hours after slaughter was able of directly interfering with the attributes of the meat, since this trait was inversely related with lightness and water losses, which indicates an effect of pH fall along 24h after slaughtering on protein denaturation. This study demonstrates that the variables of poultry meat quality are related and that there is a phenotypical association between lightness and cooking losses and the other attributes of the meat. The pH at 24 hours after slaughtering, lightness and cooking losses could be efficient meat quality indicators in this broiler line.*

**Key words:** correlation, *Pectoralis major*, pH, poultry.

#### RESUMO

*O objetivo desta pesquisa foi estimar as correlações fenotípicas entre as características de qualidade de carne de uma linhagem macho de frangos de corte. Para tanto, foram*

*determinadas as correlações fenotípicas entre essas características, isolando-se os efeitos de data de abate, idade da mãe e sexo. As características avaliadas foram: medidas de pH inicial, em 6 e em 24 horas após o abate, parâmetros de cor, perdas por exsudação, descongelamento e cozimento da carne e força de cisalhamento. A maioria das associações obtidas foi de intensidade fraca a moderada, porém significativa, com magnitude variando entre -0,35 e 0,28. O pH inicial da carne não esteve associado de modo importante com as outras características de qualidade de carne ( $P > 0,05$ ), enquanto o pH em 24 horas após o abate interferiu diretamente nos atributos da carne ( $P < 0,01$ ), estando inversamente relacionado com o teor de luminosidade e as perdas de água da carne, indicando um efeito da queda do pH ao longo das 24 horas após o abate na desnaturação protéica. Comprovou-se a existência da relação entre as variáveis de qualidade de carne em aves, havendo associação fenotípica entre o teor de luminosidade e as perdas por cozimento e as demais características avaliadas. Dessa forma, o pH em 24 horas após o abate, o teor de luminosidade e as perdas por cozimento da carne podem ser indicadores eficientes da qualidade da carne na linhagem estudada.*

**Palavras-chave:** aves, correlação, *Pectoralis major*, pH.

#### INTRODUCTION

In recent years, the Brazilian chicken agribusiness has been showing a great increase in its

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production volume, and chicken is becoming a major item on the national exports. To reach this stage, improvements in handling practices and feeding, as well as changes in the strategies of breeding programs to meet the demands of production markets, industry and costumers are fundamental. However, according to ANTHONY (1998), genetic progress that has increased the size of the poultry has also decreased meat quality, and, according to SAMS (1999), it does not help to increase muscle deposition of the birds when the meat is of low quality because the sensory properties of meat have important influences on the purchasing decisions and product acceptance by consumers.

According to DIRINCK et al. (1996), one of the greatest challenges for the meat industry is to offer products that are tender, juicy and have good color and flavor. For FERNANDEZ et al. (2002), the return after meat processing is highly related to decreases in pH *post mortem*. Therefore, the difference of one less unit in measured pH at 20 minutes *post mortem* corresponds to around 2% less return after meat processing. According to MOLETTE et al. (2003), a decrease in muscle pH while the temperature of the carcass is still high could lead to denaturation of muscle protein, which changes meat properties.

OLIVO et al. (2001) reported that the scattering of light from a muscle surface is directly proportional to its amount of protein denaturation, which prejudices the physical appearance of meat, thus influencing the quality of light that is reflected. The greater the degree of protein denaturation, the less light is transmitted through the fibers and the more light ends up being dispersed, which leads to a pale meat color. According to OFFER & KNIGHT (1988), pH and temperature could also influence the capability of water retention in meat and the decline in extracellular pH changes and in the cellular composition of muscle fibers, resulting in a reduction in the number of reactive groups that are available to keep water in muscle protein. Therefore, it is understood that pH can have a great influence on water loss during exudation, thawing and cooking of the meat. In addition, according to ANADÓN (2002), the water retention capacity influences meat tenderness, so that the lower the water contents of muscle, the lower its meat tenderness.

In this context, the study of the relationships among meat quality variables could contribute to identifying the degree of association among them, which could be identified by the calculation of correlations. Phenotypic correlations measure the relation between two variables and their degree of association, involving both genetic and environmental factors.

Therefore, the goal of this study was to estimate the phenotypic correlations among quality traits of broiler meat to characterize the relations among meat quality variables.

## MATERIAL AND METHODS

The utilized database was composed of information about the meat quality of broilers and its possible sources of variation, made available by the group of Animal Breeding and Biotechnology, College of Animal Science and Food Engineering of the University of São Paulo. Sibs from an elite flock that had undergone selection for development of a male line were used. Pedigree chicks were wing banded at hatching and housed and raised as recommended by the company guidelines for nutritional planning, management conditions and vaccination on a breeder unit.

From May 2005 to March 2006, each flock of approximately 200 broilers at 44d of age was transported to the Experimental Processing Plant (Pirassununga, São Paulo, Brazil), to measure the meat quality and carcass for a total of 13 dates of slaughter. The birds were submitted to a minimum of 10h of feed withdrawal prior to slaughter and were held in transportation crates. The transportation of the broilers to the processing plant occurred during the night and lasted about 6h and they were allowed to rest about 2h before slaughtering. The processing plant was semi-industrial. The voltage used for electric shock in the stunning of the birds was 40V, at 60Hz and an average of 45mA per bird, for 9 seconds. Processing speed was carried out to allow adequate time to perform all measurements. The bleeding of the birds lasted 3 minutes. Prior to feather removal, the birds were immersed in water at 57°C for 2 minutes. After evisceration, the carcasses were chilled at 0-4°C within water and ice before stored at 0-2°C for 24h and then deboned. Meat quality data from the sib test flock were all measured in the *Pectoralis major* muscle and collected as follows:

pH measurements: The pH of the meat was measured three times: initial pH, measured 15 minutes after slaughter (pH0), pH measured 6 hours after slaughter (pH6), and pH measured 24 hours after slaughter (pH24). The pH measurements were taken using a digital pH meter in the cranioventral side at the proximal half of the *Pectoralis major* muscle. *Parameters of color*: Amount of lightness (L\*), redness (a\*), and yellowness of the meat (b\*) were determined. These color parameters were evaluated by the CIELab System, with the help of a portable colorimeter. These measurements

were performed in the *Pectoralis major* muscle on its ventral side 24 hours after slaughter at three different places in the muscle and the average of these measurements was used. *Water loss and meat tenderness*: To determine water loss of meat per exudation (EXSU), 24 hours after slaughter, a sample of the *Pectoralis major* muscle was weighed, wrapped in a mesh and suspended in a plastic bag filled with air. The samples were refrigerated (0°C), and after 24 hours were weighed again. The difference in percentage between the initial and final weight corresponded to the water loss by exudation. To determine the water loss of the meat due to thawing (THAW), 24 hours after slaughter, samples of the *Pectoralis major* muscle were placed in plastic bags and kept in the freezer at -18°C. The samples were thawed in a refrigerator at 4°C and then weighed. The difference in percentage between the initial and final weight corresponded to the loss of water by thawing. The water loss of the meat during cooking (COK) was calculated using the samples that were used to find the losses due to thawing. The samples, after having been thawed and weighed, were roasted in an electric oven until they reached an internal temperature of about 72°C. The samples were then cooled at room temperature and weighed again. The difference in percentage between the initial and final weight corresponded to the loss of water after cooking. After having been roasted and cooled at room temperature, the sample that was used to determine water loss after cooking was used to analyze the shear force. From these samples, four blocks of 2x2x1 cm were sheared off with a blade of a Warner Bratzler device. The average force obtained from the four blocks was taken as the value of shear force of the sample and was expressed in kg. The samples were placed with the fibers oriented in the perpendicular direction in relation to the blade.

The possible co-variables for the meat quality variables identified in the database were initial temperature of the meat (measured right after slaughter), temperature of the meat 6 hours after slaughter, temperature of the meat 24 hours after slaughter, initial size of sample for exudation loss measurements, initial size of sample for thawing loss measurements and initial size of sample for cooking loss measurements. The database was organized by the software Visual Fox Pro® (VIDAL, 1994), and the extreme values, outliers, were identified using the box-plot procedure and removed from the data set.

Subsequently, descriptive statistics of the meat quality traits and their possible co-variables previously described were studied by the PROC MEANS command of the SAS® software (1999). The

generalized linear model method was performed by PROC GLM of the SAS software. In this model, the meat quality traits were considered as the dependent variables, on which the possible effects of co-variables and sources of variation were tested. These sources of variation were: the type of diet (level 1 for pelleted feed and level 2 for crumbled feed); sex (level 1 for males and level 2 for females); age of the mother (5 different levels: 35, 39, 43, 52 and 56 weeks); and date of slaughter (9 different levels, from 06/03/2004 to 09/19/2005). A p-value less than 0.05 was considered statistically significant.

Based on the obtained models, the phenotypic correlations were estimated using the PROC CORR procedure of the SAS software. The programming function PARTIAL was used within this procedure in order to control the sources of variations which found to be significant in the previous general linear models analysis. The partial correlation establishes the degree of association between two variables after the influence of a third factor was controlled (HENRIQUES et al., 2004).

## RESULTS AND DISCUSSION

Table 1 shows descriptive statistics of the quality variables of meat and their possible co-variables. The low magnitude for skewness obtained for all the variables could not bring an expressive attenuation to the correlations estimates. Different combinations of sources of variation and co-variables for the determination of the models for the variables of chicken meat quality were used. The models used in the analyses of meat quality are shown in table 2.

Based on the obtained models, it was observed that the date of slaughter had a great influence on the studied variables, a result that could possibly be associated with the set of environmental conditions in which the birds were placed on the days of slaughter. These conditions may influence the chicken meat quality, as suggested by BROSSI et al. (2008). These authors reports that the conditions to which animals are submitted on the day of slaughter can affect the parameters of meat quality because stress can trigger a rapid drop in pH. Sex affected the majority of the meat quality variables studied ( $P < 0.01$ ), a finding that is in contrast to that of MOREIRA et al. (2004), who state that the sex of the chicken does not affect meat quality. The physical type of feed in the models had no effect on the evaluated traits ( $P > 0.05$ ).

The sources of variation identified as being significant for each trait were used to determine the correlations presented in table 3, in which can be found

Table 1 - Number of observations (N), mean (M), standard deviation (SD), skewness (SKW) and kurtosis (KUR) of the meat quality traits analyzed and their possible co-variables.

Variables	N	M	SD	SKW	KUR
pH0	942	6.12	0.18	0,10	-0.38
pH6	933	5.96	0.17	0.20	-0.35
pH24	2,125	5.80	0.13	0.42	-0.07
L*	2,134	56.06	2.99	-0.16	-0.29
a*	1,659	5.81	0.91	0.10	-0.10
b*	1,733	14.30	1.53	-0.34	-0.21
EXSU (%)	2,119	2.19	1.12	0.36	0.05
THAW (%)	2,131	6.46	3.23	0.71	0.26
COK (%)	2,125	21.24	4.19	-0.13	-0.15
SF (kg)	2,119	1.21	0.41	0.75	0.27
-----Co-variables-----					
Temp0 (°C)	942	31.53	1.95	-0.01	-0.50
Temp6 (°C)	942	14.26	1.74	-0.23	-0.33
Temp24 (°C)	2,143	13.25	2.09	0.15	-1.01
EXSUI (g)	170	55.65	9.10	-0.18	1.18
CONGI (g)	2,136	169.55	27.92	0.06	0.11
CONGF (g)	2,133	158.84	27.97	0.05	-0.05

pH0 = pH of the meat 15 minutes after slaughter; pH6 = pH of the meat 6 hours after slaughter; pH24 = pH of the meat 24 hours after slaughter; L\* = lightness of the meat; a\* = redness in the meat; b\* = yellowness of the meat; EXSU = loss of water from meat by exudation; THAW = loss of water from meat by thawing; COK = loss of water from meat by cooking; SF = shear force of the meat; temp0 = temperature of the meat 15 minutes after slaughter; temp6 = temperature of the meat 6 hours after slaughter; temp24 = temperature of the meat 24 hours after slaughter; EXSUI = initial weight of the sample before exudation; CONGI = initial weight of the sample before thawing; CONGF = initial weight of the sample before cooking.

that the associations found between the pH0 and the variables pH6, pH24, L\*, b\*, COK and SF were not significant. However, the variables a\*, EXSU and THAW presented positive and significant correlations, although they were weak.

Therefore, in this study, pH0 had not influence upon the studied variables. The initial pH had no significant influence on the ability to retain water in the analyzed lineage, a result that differs from the one reported by LE BIHAN-DUVAL (2004), who observed a moderate correlation between the initial pH of the meat and its moisture losses, indicating that the decline in pH *post mortem* would change the cellular and extracellular compositions of muscle fibers, resulting in reduction of reactive groups available on protein to retain water. Additionally, an increase in the shear force of the meat was not observed in the present study. Likewise, a decrease in the initial pH of meat did not affect the meat color, a result that differed from the one reported by OLIVO et al. (2001).

The variable pH6 showed positive and significant correlations with a\* and EXSU, and significant and negative associations with pH24; all of these associations were of low magnitude, with values ranging from 0.14 to -0.10. This inverse correlation between pH6 and pH24 could be due to the speed of the pH falling along the 24 hours after slaughtering, since the protein denaturation could remain after 6 hours after slaughtering. Therefore, the higher the pH at 6 hours, the higher its falling until 24 hours. No significant correlation was found between pH6 and other variables.

There were significant inverse correlations between pH24 and all studied variables, except for those with pH0 and a\*, for which the correlations were not significant. An inverse and moderate correlation of -0.30 found between pH24 and L\* suggests that the meat of the studied strain tends to present greater lightness when the pH24 is smaller, indicating the occurrence of protein denaturation 24 hours after slaughter. This is in agreement with the results of LE BIHAN-DUVAL et al. (2003), who reported that the greater the degree of protein denaturation, the less the amount of light transmitted through the fibers and the more light that is dispersed, which makes the meat pale. DEBUT et al. (2003) also found negative and moderated correlations between the lightness of the meat and the pH 24 hours after slaughter.

The correlations between the values of pH24 and the variables b\*, EXSU and COK were of low magnitude, with values ranging from -0.13 to -0.14. The association between pH24 and THAW was inverse and moderate, suggesting that the magnitude of pH24 can also influence in the water losses during meat thawing. The variables pH24 and SF presented an inverse and moderate association, suggesting that lower pHs of meat 24 hours after slaughter can also lead to increased shear force, which could be determined, indirectly, by the association found between pH24 and THAW, because, according to ANADÓN (2002), the lower the water retention capacity of meat, the less tender it tends to be.

Therefore, among the pH6 and pH24 measurements, more favorable associations with attributes of meat quality were observed, whereas the initial measurements of pH showed no significant associations with these attributes in the strain studied.

L\* demonstrated significant correlations with all variables, except pH0 and pH6. Its inverse correlation was moderated only with a\* (-0.35), suggesting that the higher the level of lightness, the lower the redness of the chicken meat. The correlations between the variables L\* and THAW (0.23) and between

Table 2 - Variation sources and significant co-variables (P&lt;0.05) for the studied meat quality traits.

Variables	Variation sources and significant co-variables	R <sup>2</sup>
pH0	Date of slaughter, age of the mother, temp0	0.99
pH6	Date of slaughter, age of the mother, sex, temp6	0.98
pH24	Date of slaughter, age of the mother, sex, temp24	0.99
L*	Date of slaughter, age of the mother, sex, temp0, pH0	0.99
a*	Date of slaughter, sex, pH0	0.95
b*	Date of slaughter, age of the mother, sex	0.96
EXSU (%)	Date of slaughter, sex, EXSUI, pH0, temp0	0.31
THAW (%)	Date of slaughter, CONGI	0.25
COK (%)	Date of slaughter, sex, CONGF, pH0, temp0	0.94
SF (kg)	Date of slaughter, age of the mother, sex, pH0, temp0	0.92

pH0 = pH of the meat 15 minutes after slaughter; pH6 = pH of the meat 6 hours after slaughter; pH24 = pH of the meat 24 hours after slaughter; L\* = lightness of the meat; a\* = redness in the meat; b\* = yellowness of the meat; EXSU = loss of water from meat by exudation; THAW = loss of water from meat by thawing; COK = loss of water from meat by cooking; SF = shear force of the meat; temp0 = temperature of the meat 15 minutes after slaughter; temp6 = temperature of the meat 6 hours after slaughter; temp24 = temperature of the meat 24 hours after slaughter; EXSUI = initial weight of the sample before exudation; CONGI = initial weight of the sample before thawing; CONGF = initial weight of the sample before cooking.

R<sup>2</sup> = coefficient of determination of model.

L\* and COK (0.24) suggest that the higher the lightness, the greater the loss of water due to thawing and cooking of meat. This water loss may be due to the mechanism of protein denaturation, which can lead to meat being pale and to a lower capacity of water retention. So, this meat could lose more water during the cooking and freezing processes, proving the existence of important relationships among these traits.

The estimates of correlations found among L\* and the variables b\*, EXSU and SF were of low magnitude, with values ranging from 0.10 to 0.13. The variable a\* showed a weak positive and significant correlation with the variables THAW and SF (0.09 and 0.18, respectively). The correlation between a\* and b\*

was positive and of moderated intensity (0.33). According to LE BIHAN-DUVAL et al. (1999; 2001), the redness and yellowness of chicken are linked, such that meat with higher redness tends to present higher levels of yellowness, similar to the association found in this study. The variable a\* had no significant associations with EXSU and COK.

The variable b\* had a moderate and significant correlation with the variable SF (0.22) and a weak correlation with THAW (0.11) but did not have significant correlations with the variables EXSU and COK. EXSU had a significant but weak positive correlation with the variable THAW (0.12), and it did not have significant associations with COK or FC.

Table 3 - Estimates of partial phenotypical correlations among analyzed meat quality traits.

	pH0	pH6	pH24	L*	a*	b*	EXSU	THAW	COK
pH6	-0.02 <sup>NS</sup>	-	-	-	-	-	-	-	-
pH24	-0.04 <sup>NS</sup>	-0.10*	-	-	-	-	-	-	-
L*	-0.01 <sup>NS</sup>	0.03 <sup>NS</sup>	-0.30*	-	-	-	-	-	-
a*	0.13*	0.12*	-0.07 <sup>NS</sup>	-0.35*	-	-	-	-	-
b*	0.03 <sup>NS</sup>	0.02 <sup>NS</sup>	-0.13*	0.13*	0.33*	-	-	-	-
EXSU	0.12*	0.14*	-0.14*	0.11*	0.07 <sup>NS</sup>	0.03 <sup>NS</sup>	-	-	-
THAW	0.11*	0.05 <sup>NS</sup>	-0.25*	0.23*	0.09*	0.11*	0.12*	-	-
COK	-0.01 <sup>NS</sup>	-0.01 <sup>NS</sup>	-0.14*	0.24*	-0.05 <sup>NS</sup>	0.04 <sup>NS</sup>	0.05 <sup>NS</sup>	0.41*	-
SF	0.01 <sup>NS</sup>	0.00 <sup>NS</sup>	-0.30*	0.10*	0.18*	0.22*	0.05 <sup>NS</sup>	0.09*	0.28*

pH0 = pH of the meat 15 minutes after slaughter; pH6 = pH of the meat 6 hours after slaughter; pH24 = pH of the meat 24 hours after slaughter; L\* = lightness of the meat; a\* = redness in the meat; b\* = yellowness of the meat; EXSU = loss of water from meat by exudation; THAW = loss of water from meat by thawing; COK = loss of water from meat by cooking; SF = shear force of meat;

NS = non significant.

\* = (P<0.05)

The variable THAW had significant and positive correlations with the variables COK and FC. The association found between THAW and COK was of moderate intensity (0.41), suggesting that the higher the water loss when thawing the meat, the greater its water loss was during cooking as well. The correlation between THAW and SF was weak (0.09).

COK had a significant and positive correlation with SF (0.28). According to ANADÓN (2002), the texture of the meat is closely related to the amount of intramuscular water and, thus, to the water retention capacity of the meat. Therefore, the higher the water content fixed in the muscle, the greater the tenderness of the meat. This property was demonstrated in this study only for the relation between COK and SF. Therefore, the existence of associations among COK and the other attributes of meat quality were observed, proving the interrelations among these variables, in accordance with results described by LE BIHAN-DUVAL et al. (2001).

## CONCLUSION

The pH at 24 hours after slaughtering is an efficient meat quality indicator, an effect that is not observed for the initial pH of the meat.

There are phenotypic associations between the lightness and cooking losses of meat and other meat quality attributes, suggesting that there are relationships among the variables of meat quality in poultry. Therefore, these traits also could be used as a meat quality indicator in this broiler line.

Lightness could be the best meat quality indicator among all the traits studied, since it presents the most easily measurement on the industrial slaughtering line.

## ACKNOWLEDGEMENTS

The authors are grateful to Conselho Nacional de Desenvolvimento Científico e Tecnológico (CNPq) for the scholarship granted.

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