Determinants of farmers' adaptation to climate change: A micro level analysis in Ghana

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Received April 15, 2015 Accepted August 16, 2015 ABSTRACT: This study analyzed socio-economic factors that influence farmers' adaptation to climate change in agriculture. Perceptions regarding long-term changes in climate variables and the rate of occurrence of weather extremes were also investigated. Additionally, farmers' perceived barriers to the use of adaptation practices were identified and ranked. A total of 100 farm-households were randomly selected from four communities in the Lawra district of Ghana and data were collected through semi-structured questionnaires, focused group discussions and field observations. A logistic regression model and weighted average index were used to analyze the data. The results showed that 87 % of respondents perceived a decrease in rainfall amount, while 82 % perceived an increase in temperature over the past 10 years. Results of the weighted average index indicate that dry spell and drought have a higher annual rate of occurrence than flood. Empirical results of the logistic regression model showed that education, household size, annual household income, access to information, credit and membership of farmer-based organization are the most important factors that influence farmers' adaptation to climate change. The main constraints on adaptation include unpredictability of weather, high farm input cost, lack of access to timely weather information and water resources. The policy implication of this study is that governments should mainstream barriers to, and choice factors of, adaptation practices to climate change related projects and programs.

Keywords: perceptions, socio-economic, agriculture, climate effects

Introduction

Based on the scope of the impact of climatic variability observed over the last three or four decades, the West African sub-region is generally acknowledged to be one of the areas most vulnerable to the vagaries of climate change (IPCC, 2007). Empirical studies have shown that high temperatures have resulted in reduced crop yield in Ghana (Stephens, 1996; and Stutley, 2010). In recent times, the increasing incidence of droughts, late rains, floods, decreasing annual precipitation and increasing temperatures in the Northern Region, Ghana (Yengoh et al., 2010; Stanturf et al., 2011) have become a major concern. In view of this, farmers need to use adaptation practices in order to cope with the effects of climate change. Studies have shown that without adaptation to climate change, farmers will become more vulnerable and agricultural production will be severely affected (Smit and Skinner, 2002). Adaptation lessens adverse effects and takes advantage of benefits of changes in climate variables. Earlier studies show that irrigation, improved crop varieties, crop diversification, farm diversification, change of planting dates and income generating activities are among the adaptation practices most frequently deployed by farmers (Maddison, 2006; Uddin et al., 2014). Although smallholder farmers are likely to be seriously affected by the effects of climate change owing to their lack of capacity to adequately adapt, research shows that only a minority of them take advantage of adaptation options (Fosu-Mensah et al., 2012). As such, a clear understanding of the factors that influence

farmers' adaptation decisions is essential to the designing of appropriate policies to promote effective adaptation in the agricultural sector (Mabe et al., 2014).

Previous studies have reported that farmers' adaptation to climate change is determined by factors such as education, age, farming experience, gender, access to extension, credit, markets, farm income and farm size (Deressa et al., 2011; Gbetibouo, 2009; Nhemachena and Hassan, 2007). This notwithstanding, current investigations on adaptation to climate change are being conducted, but on a continental and regional scale and need to be downscaled to accommodate realities at the farmer level. This study, therefore, hypothesized that household size, gender, education, farm size, access to credit, and membership to farmer-based organizations exert significant influence on adaptation to climate change at the farmer level. Based on this scenario, the aim of this study was to identify socio-economic factors which influence farmers' adaptation to climate change in Lawra district of Ghana.

Materials and methods

Study area and survey design

The study was conducted in Lawra district of Ghana, located in the Guinea Savannah agro-ecological zone. It lies in the north western corner of the Upper West Region in Ghana between longitude 2°25 W and 2°45 W and latitude 10°20 and 11°00. The district experiences two distinct seasons - the dry season (November to April) and the rainy season (May to October). The mean annual temperature ranges from 27 to 36 °C while mean annual

rainfall is between 900 and 1,000 mm and is concentrated into one season. The vegetation is characterized by stunted trees, shrubs and short grasses. Most common trees in the district consist of drought and fire resistant trees such as the shea, baobab, dawadawa, and acacia. The geographical location of Lawra district on the map of Ghana is represented by the red zone in Figure 1.

Agriculture is the mainstay of the district's economy with over 80 % of the population engaged in farming (GSS, 2012). Other livelihood activities of the people include *pito* (local beer) brewing, charcoal burning, petty trading and small-scale livestock rearing. The limited number of dams and dug-outs in the district makes it difficult for farmers to undertake irrigation farming. The decision to select Lawra district was based on recent incidences of delayed onset of rains, dry spell, droughts and floods during the crop production season. Other reasons included data accessibility and a recommendation from the Ministry of Food and Agriculture.

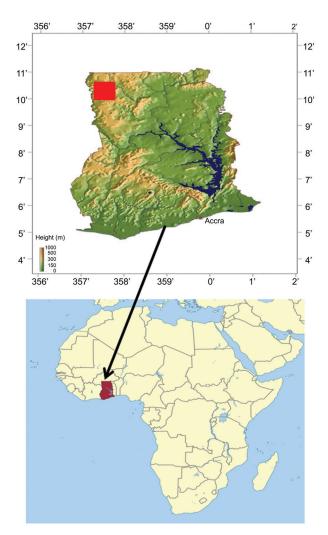


Figure 1 – Location of Lawra district on the map of Ghana (GinkgoMaps-project) and Africa (Google maps, 2015).

Data used in this study were collected from four communities in Lawra district (i.e. Brifo-Chaa, Kalsagri, Methuo and Oribili). Socio-economic household surveys and focus group discussions (FGDs) were conducted in all four communities in November, 2014. Also, face-to-face interviews with key stakeholders were conducted. A total of 100 farmer households were interviewed using semi-structured questionnaires. Twenty-five households were randomly selected from each community and the household heads were individually interviewed. The FGDs were held to double check the household survey data. The participants included community leaders, men, women, youth and children. The discussions in each community focused on perceptions regarding climate and agro-ecological changes, possible effects on agriculture, adaptation practices currently being applied, barriers to adaptation and household characteristics.

Statistical analysis

A statistical package for social science (SPSS) was used to analyze the data. Percentages, frequencies and means were used to represent farmers' perceived long-term changes in temperature and rainfall and barriers to the use of adaptation practices by farmers. A weighted average index (WAI) analysis has previously been applied to assess farmer-perceived important adaptation strategies in Bangladesh and barriers of adaptation to climate change in Nepal (Uddin et al., 2014; Devkota et al., 2014). In this study, the WAI was used to rank the effects of climate change on crop performance, environment, households' socio-economy and psychological threats. Similarly, the WAI was applied to rank farmer-perceived rate of occurrence of weather extremes (i.e. dry spell, drought and flood). Respondents were asked to score the weather extremes based on a 0-2 Likert scale (i.e in terms of 'high', 'moderate' and 'low'). The WAI was then estimated using the formula below.

$$WAI = \frac{F_2W_2 + F_1W_1 + F_0W_0}{F_2 + F_1 + F_0}$$

$$WAI = \frac{\sum F_i W_i}{\sum F_i}$$

where: F = frequency; W = weight of each scale; i = weight (2 = high occurrence; 1 = moderate occurrence and 0 = low occurrence)

Empirical model

The dependent variable in this study is whether a household has 'adapted' or 'not adapted' any adaptation practices to climate change. Based on discussions with MOFA staff, review of the literature and field observations, the adaptation practices identified included improved crop varieties (drought-tolerant and early maturing crops), crop diversification (mixed cropping and crop rotation), farm diversification (mulching, composting,

ridging and terracing), change in planting date, income generating activities, irrigation practice (dry season gardening) and agroforestry. Adaptation is the dependent dummy variable. To determine the dummy, a value of '1' was assigned to those households that had adopted at least one of the adaptation options and '0' for those that had not adopted. Independent variables included gender, education, farming experience, household size, farm size, annual household income, access to credit, information, subsidies, membership of farmer-based organizations (FBOs), markets and extension services (Table 1).

The logistic regression model was used to identify the factors that determine farmers' adaptation to climate change. Previous research findings have shown that logit models are the most appropriate econometric models to apply to the evaluation of qualitative dependent variables that have dichotomous groups (i.e. 'adapted' and 'not adapted') while the independent variables are categorical, continuous and dummy (Long and Freese, 2006). These models are commonly and widely used since they guarantee that the estimated probability increases lie within the range of 0 to 1 and display a sigmoid curve conforming to the theory of adoption. This study used the functional form of the logistic regression model, presented by Agresti (1996). In this model, the

dependent variable becomes the natural logarithm of the odds when a positive choice is made:

$$\ln\{P_{x}/(1-P_{x})\} = \beta_{0} + \beta_{1} X_{1i} + \beta_{2} X_{2i} + + \beta_{k} X_{ki}$$

where: P_x = probability of adaption; $(1-P_x)$ = probability of non-adaption; $i = i^{th}$ observation in the sample; β_1 , β_2 ... β_k = regression coefficients of the explanatory variables; X_1 , X_2 X_k = explanatory variables; β_0 = constant term.

Results and Discussion

Farmer-perceived long-term changes in climate variables

Results of the study showed that 82 % of respondents perceived an increase while 6 % perceived a decrease in temperature trend over the past 10 years (Table 2). Also, 9 % of farmers perceived no change in temperature while 3 % could not indicate if there was a long-term temperature change or not. As regards rainfall, an overwhelming majority of farmers (87 %) perceived a decrease in the precipitation trend over the past 10 years (Table 2), whereas 5 % of respondents perceived an increase and 6 % perceived no change in precipitation. The results also showed that 2 % of farmers did not know if there was a change in precipitation or not.

Table 1 – Definition of variables used in the study in Lawra district of Ghana (N=100).

Variable	Measurement	
Adaptation	1=adapted; 2=not adapted (dummy variables)	
Age	1=15-34; 2=35-54; 3=55 and above	
Education	1=literate; 0=illiterate	
Gender	1=Female; 0=Male	
Farming experience	Number	
Household size	Number	
Family labor	Number	
Farm size	Hectares	
Annual household income	Amount	
Rainfall pattern	0=decreasing; 1=increasing; 2=stable; 3=don't know	
Temperature pattern	0=decreasing; 1=increasing; 2=stable; 3=don't know	
Drought	1=Yes; 0=No	
Flood	1=Yes; 0=No	
Dry spell	1=Yes; 0=No	
Access to weather information	1=Yes; 0=No	
Market access	1=Yes; 0=No	
Access to loan/credit facilities	1=Yes; 0=No	
Access to agricultural subsidies	1=Yes; 0=No	
Access to agric. Extension services	0=4 days; 1= less than 4 days; 2= more than 4 days	
Membership of farmer-based organization (FBO)	1=Yes; 0=No	
Use of adaptation practices	1=Yes; 0=No	
Improved crop varieties	1=Yes; 0=No	
Crop diversification	1=Yes; 0=No	
Farm diversification	1=Yes; 0=No	
Change of planting date	1=Yes; 0=No	
Income generating activities	1=Yes; 0=No	
Agroforestry practice	1=Yes; 0=No	
Irrigation	1=Yes; 0=No	

Results of the focus group discussions showed that farmers attributed the perceived trend of increasing temperature to decreasing preprecipitation. Farmers also attributed the perceived trend of decreasing rainfall to factors such as deforestation, bushfires and ancestral curses. The results are in line with findings of previous studies reported in Southern Ghana, Nigeria, Senegal and Southern Africa which showed that the majority of farmers have perceived long-term changes in climate variables (Fosuh-Mensah et al., 2012; Apata, 2011; Mertz et al., 2009; and Nhemachena and Hassan, 2007, respectively).

Perceived occurrence of weather extremes

The results of farmers' perceptions regarding occurrences of weather extremes are presented in Table 3. Farmers generally perceive weather extremes in terms of dry spells, drought and floods. The rate of occurrence of dry spells was ranked highest by respondents (WAI = 1.88). Drought and flood occurrences were ranked 2^{nd} and 3^{rd} respectively (WAI = 0.53 and WAI = 0.34). Same results were obtained during the focus group discussions. Farmers revealed that unlike floods, dry spells occur every year during the crop production season. The respondents claimed that the frequency and severity of floods is decreasing due to decreasing rainfall trend. On the other hand, farmers indicated that the frequency and severity of drought is beginning to increase in recent times. Similar findings were reported in the Wa West District of Ghana where farmers perceived higher frequency and severity of drought than floods (Kusakari et al., 2014). In Uganda however, farmers were reported to have perceived a higher rate of occurrence of flood than drought (Okonya et al., 2013).

Table 2 – Farmers' perception of long-term changes in climate variables (N=100) in Lawra district of Ghana.

Variables	% of Respondents	
Temperature		
Don't know	3	
Decreasing	6	
Stable	9	
Increasing	82	
Precipitation		
Don't know	2	
Increasing	5	
Stable	6	
Decreasing	87	

Table 3 – Rate of occurrence of weather extremes (N=100) in Lawra district of Ghana.

Vanialala a	Ranking	Ranking of weather extremes			Davel
Variables	High	Moderate	Low	WAI	Rank
Dry spell	88	12	0	1.88	1
Drought	10	33	57	0.53	2
Flood	5	20	75	0.30	3

Farmer-perceived effects of climatic change on agriculture

Generally, rural farmers perceive effects of climate change on agriculture in terms of poor crop performance, environmental degradation, socio-economic challenges and psychological threats. With a WAI value of 2, poor crop performance was perceived to be the highest effect of climate change on rural agriculture (Table 4). Socio-economic threats and environmental degradation were ranked $2^{\rm nd}$ and $3^{\rm rd}$ with WAI values of 1.45 and 1.39, respectively. The respondents also perceived and ranked psychological threats as effects of climate change (WAI = 1.30).

Results of the focus group discussions showed that dry spells and droughts generally cause wilting and drying up of crop plants. These culminate into poor crop development and low yields. The farmers claimed that socio-economic effects of climatic change included outmigration, indebtedness, food shortage and low household incomes. The climatic change related psychological effects identified by farmers included stress, depression and suicides. This is likely the case because farmers' inability to pay back farm resources borrowed from colleague farmers and relatives in the event of a climate-related crop failure can cause psychological trauma. Low incomes and food shortages can also lead to depression, sicknesses and deaths in farm households. The revelation in this study that farmers link psychological threats to climate change is intriguing since it appears no studies as yet have reported similar findings.

Farmers' adaptation practices and reasons for adoption

About 67 % of farmers who perceived climate change have used adaptation practices. The results of the adaptation measures being used by farmers are shown in Table 5. A slim majority of respondents (51 %) use crop diversification strategies in response to climatic variability. Changing the planting date was chosen by 22 % while improving crop varieties were chosen by 12 %. Farmers also use farm diversification measures (6 %), income generating activities (6 %) and irrigation (2 %) to mitigate the effects of climate change on their farming activities. About 1 % of the respondents also undertake agroforestry.

As regards reasons for adaptation, an overwhelming majority (95 %) of respondents use adaptation measures to cope with dry spell effects on crop plants (Table 6). Also, 94 % and 75 % of farm households

Table 4 – Farmer-perceived effects of climate change on agriculture (N=100) in Lawra district of Ghana.

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T# t i - l- l -	Ranking of extremes				14/41	DI-
Effect variable	High	Moderate	Low	Ν°	- WAI	Rank
Poor crop performance	100	0	0	0	2.00	1
Socio-economic challenges	54	37	9	0	1.45	2
Environmental degradation	45	49	6	0	1.39	3
Psychological threats	50	30	12	8	1.30	4

Table 5 –	 Adaptation pra 	ctices being used	oy farmers (N=67) in	Lawra district of Ghana.
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Adaptation practices	% of respondents	Actual adaptation measures	
Crop diversification	51	Crop rotation and mixed cropping	
Change planting date	22		
Improved crop varieties	12	Drought-tolerant and early maturing varieties	
Farm diversification	6	Reduce farm size and composting/mulching	
Income generating activities	6	Petty trading and 'pito' brewing	
Irrigation	2	Dry season gardening	
Agroforestry	1	Tree planting	

Table 6 – Reasons for adaptation to climatic change (N=67) in Lawra district of Ghana.

Reasons for adaptation	% of respondents	Mean	Std. Deviation
Cope with flood	34	0.59	0.494
Improve soil fertility	74	0.84	0.367
Improve crop production	75	0.64	0.483
Cope with drought	94	0.99	0.103
Cope with dry spell	95	0.96	0.202

adapted to cope with drought effects and improve crop production, respectively. The results also showed that adaptation practices were adopted by 74 % of respondents to improve soil fertility and 34 % to cope with the effects of floods. Results of the FGDs showed that farmers use drought-tolerant and early maturing varieties and change of planting date to adapt to dry spells, droughts and floods. Farmers also use crop rotation and mixed cropping strategies to reduce effects of dry spell on crop plants. Some of the farmers claimed that they used composting and mulching to conserve soil moisture and improve soil fertility so as to increase their crop production. The FGDs also revealed that farmers adopted terracing and ridging methods to reduce the effects of floods.

Factors influencing farmers' selection of adaptation practices

Results of the logistic regression model of determinants of adaptation to climate change are presented in Table 7. Prior to the analysis, the contingency coefficient test was applied to identify and omit independent variables that are strongly correlated to each other. Thus, age of household head, and agricultural subsidies were removed due to their strong co-linearity with farming experience and agricultural credit, respectively. Access to agricultural extension services was also removed because of its weak correlation with adaptation.

The study results showed that education was positive and significantly related to farmers' decision to adapt to climate change. Previous studies have shown that there is a positive relationship between educational level of the household head and adoption of improved technologies (Igodan et al., 1990). This implies that, farmers with higher levels of education are more likely to use improved technologies in order to adapt to climate

Table 7 – Estimated results of logistic regression model (N=100) in the Lawra district of Ghana.

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Variable	Coefficient	Std. Error	p Value
Intercept	8.419	2.561	0.001
GEND	-0.316	1.73	0.855
FRMINEXP	-1.829	1.196	0.126
EDU	7.363*	2.765	0.008
HHSZ	5.48*	2.134	0.010
FRMSZ	-3.221*	1.625	0.047
HHINC	1.627	1.289	0.207
WINFOACC	4.572*	1.612	0.005
MRKTACC	0.635	1.51	0.674
CREDACC	3.405*	1.568	0.030
FBOMEMB	1.672	1.405	0.234
Pseudo R ²		0.754	

*indicates significant level at 5 %; GEND = Gender; FRMINEXP = Farming experience; EDU = Education; HHSZ = Household size; FRMSZ = Farm size; HHINC = Household income; WINFOACC = Weather information access; MRKTACC = Market access; CREDACC = Access to credit facilities; FBOMEMB = Membership to farmer-based organization.

change. This is particularly so because educated farmers are more knowledgeable due to their ability to access information pertaining to climate change and adaptation options.

The results also showed that the probability of adaptation rises with increased access to information. This implies that farmers with access to timely weather information and other extension services are more likely to adapt to climatic change. Similar findings have been reported in Nepal and Southern Africa (Tiwari et al., 2014; Nhemachena and Hassan, 2007).

In addition, results of the study indicated that the likelihood of adaptation to climate change was higher with large household size than with small households. Similarly, earlier investigations have shown that the visible tendency of larger households to adapt to climate change is probably due to their higher endowment of labor (Oyekale and Oladele, 2012).

Furthermore, the study results showed that the probability of adaptation to climate change rises with increased access to credit facilities. This result is consistent with previous findings that access to credit is an important variable which commonly has a positive effect on adaptation behavior (Caviglia-Harris, 2002), and thus adaptation to climate change (Fosu-Mensah et al., 2012).

Household income was also positively related to adaptation. This result is in line with previous findings that showed that wealthier farmers are more likely to use adaptation practices in response to climate change than poor farmers (Gbetibuou, 2009). It is also been reported that per capita income has a positive influence on farmers' adaptation decisions (Nhechema and Hassan, 2007).

Results of the study also revealed a positive relationship between membership to farmer-based organization (FBOs) and adaptation to climatic change. This is consistent with earlier research findings in Nepal and Bangladesh that showed that farmers belonging to coperative organizations have higher likelihood of using adaptation practices due to their capacity to share information - discuss problems, share ideas and take collaborative decisions (Tiwari et al., 2014; Uddin et al., 2014). Also, the results revealed that access to market is positively related to adaptation. Results of the focus group discussions showed that farmers' decision to adopt crop diversification was based on availability of market. This result is consistent with findings reported in Southern Africa (Nhechema and Hassan, 2007).

On the other hand, the probability of adaptation decreases with farming experience. The FGDs revealed that farmers with the greatest farming experience are older persons. This implies that the likelihood of adaptation to climate change decreases in older farmers. This finding is confirmed by results of previous studies which showed that older farmers generally are lacking in interest and incentive to adapt to climate change (Uddin et al., 2014; Shiferaw and Holden, 1998). This notwithstanding, studies in Ethiopia have also shown a positive relationship between number of years of experience in agriculture and adoption of improved agricultural technologies (Kebede et al., 1990). Furthermore, the estimated results showed that the probability of adaptation is higher with small farm sizes and lower with large farm sizes. The FGD results revealed that adaptation investment in adaptation (i.e. irrigation facilities, improved seeds and fertilizer) for large farm sizes was expensive. A number of previous studies have also reported similar findings (Acquah, 2011).

Table 8 – Constraints on use of adaptation practices (N=100) in Lawra district of Ghana.

Constraints to adoption	% of respondents
Unpredictability of weather	21.5
High cost of farm inputs	20.2
Lack of access to timely weather information	17.8
Lack of access to water resources (e.g. dams)	14.4
Lack of access to credit facilities	8.1
Lack of access to agricultural subsidies	6.4
Poor soil fertility	4.2
Limited access to agricultural extension officers	2.4
Limited access to agricultural markets	2.1
Inadequate farm labor	1.6
Limited farm size	1.3

The results also revealed that male farmers are more likely to use adaptation measures against climate change than female farmers. This finding is confirmed by the results of previous studies which showed that in Sub-Saharan Africa, female household heads have lower levels of education, less access to markets and credit and other inputs (Blackden and Wodon, 2006), Thus, they are less likely to meet the investment demands of climate change adaptation. Similar studies have also revealed that women are less able to diversify income sources and adapt to climate change because of other domestic responsibilities and less control of financial resources (Röhr, 2007).

Barriers to use of adaptation practices in agriculture

The results of farmers' perceived constraints on the use of adaptation practices are shown in Table 8. The results of the FGDs confirmed that unpredictability of weather, high farm input cost, lack of access to timely weather information and lack of access to water resources are the most important barriers to farmers. Lack of credit facilities and agricultural subsidies, and poor soil fertility were considered as moderate constraints while limited numbers of agricultural extension officers, agricultural markets, and limited farm size and farm labor were generally considered to be less important barriers.

Unpredictability of weather coupled with limited information from weather forecasts makes it difficult for farmers to plan ahead. The FGDs revealed that lack of agricultural credit and subsidies limit the farmers' ability to obtain the resources required to deploy appropriate adaptation practices against climate change. Farmers claimed that this situation was compounded by the high farm input cost. Similar findings were reported in Southern Africa where smallholder farmers are unable to meet the transaction cost of adaptation measures due to lack of credit facilities (Nhemachena and Hassan, 2007; Deressa et al., 2009). The FGDs also revealed that the absence of water resources (e.g. dams and dug-outs) makes irrigation practice impossible.

Issues for further studies

This study applies a static model to investigate the factors influencing adaptation to climate change in agriculture. As such, the model, for example, does not explain how different wealth categories of farmers take decisions on adaptation. Therefore, to make it clearer as to whether wealthier farmers or poorer farmers are more likely to adapt to climate change, a dynamic model should be applied in future investigations.

Conclusion

This study identified a number of factors that determine farmers' adaptation to climatic change. These factors include education, household size, household income, access to information, credit and markets, and

membership to FBOs. Also, the study identified the unpredictability of weather, high farm input cost, lack of access to timely weather information and limited access to water resources as the most critical barriers to adaptation.

In light of the above, this study concludes that governments and development partners should mainstream the determining factors of adaptation and barriers to adaptation into climate change related policies, projects and programs. Accessibility to timely weather information and formation of famer-based organizations (FBOs) should be prioritized to help farmers improve their information sharing and decision-making processes. There is also the need for construction of dams and dug-outs so that farmers can undertake dry season gardening and irrigation farming. The Ghana Meteorological Agency should be adequately trained and resourced to collect and disseminate accurate and timely weather information. Additionally, government should ensure that flexible terms of agricultural credits are made accessible to farmers so that they can meet the financial demands of adaptation.

Furthermore, this study revealed that the rate of occurrence of dry spells and drought is higher than flood. Government should, therefore, boost the capacity of research scientists and agricultural staff to develop and promote appropriate and effective technologies (e.g. drought-tolerant and early maturing crop varieties) to help farmers adapt to these extreme weather events.

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