

Home nutrition therapy (HNT) update

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1. When is HNT indicated?

- a. It is contraindicated in inflammatory bowel disease
- b. It is indicated in burn patients
- c. The indications are different from those of hospital-based therapy
- d. It must be given concomitantly with enteral nutrition

2. All of the following are selection criteria for HNT approval, except:

- a. Adequate light and refrigeration
- b. Adequate home environment
- c. Intellectually capable family member or caregiver
- d. Periodic visits by a pharmacist

3. Regarding HNT costs, which one of the following is true:

- a. It can be 2.7 times lower than in-hospital costs
- b. It is similar to in-hospital costs in cases of cerebrovascular accident
- c. It is similar to the costs of nursing homes
- d. Although lower when compared to in-hospital costs, it does not decrease hospitalization time

4. Does HNT interfere with hospitalization?

- a. It does not reduce re-hospitalizations
- b. Catheter-related infection is the major cause of hospitalizations
- c. It is responsible for approximately 50% of hospitalizations
- d. Although it decreases hospitalization time, it is the main cause of re-hospitalizations

5. Is it possible for trained family members to administer HNT?

- a. It should never be administered by family members
- b. Yes, and the work of healthcare professionals can be dismissed
- c. The family members must be trained before the patient is discharged
- d. In spite of the training, the tension generated by the necessity of careful handling (e.g., the tube) prevents the patient from getting proper care

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1. It is not indicated for patients in early-stage disease. (**Alternative D**).
2. Adjuvant radiotherapy is indicated when there is risk of metastasis. (**Alternative C**).
3. There is no difference in survival between laparoscopy and laparotomy. (**Alternative A**).
4. No alteration in survival. (**Alternative B**).
5. Consultations every three months in the first three years. (**Alternative D**).