

# Processamento auditivo e consciência fonológica em crianças com aquisição de fala normal e desviante\*\*\*\*\*

## Auditory processing and phonological awareness in children with normal and deviant speech development

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### Abstract

Background: auditory processing (AP) and phonological awareness (PA) in children with and without phonological disorders. Aim: to compare the performance of children with and without phonological disorders in a PA test; to verify the possible relationship between performances in distinct tasks of this test with the performance in the AP evaluation. Method: participants were 44 children with and without the diagnosis of phonological disorder, aged between 5:0 and 7:0 years, of both genders. After speech samples were gathered, subjects were divided into two groups: a study group (SG), composed by children with phonological disorders, and a control group (CG) with children without phonological disorders. PA was assessed through the Protocol Task Awareness Test (PTAT), and through the simplified AP evaluation (screening) - Disyllabic change - Staggered Spondaic Word (SSW), dichotic listening test and the binaural fusion test. Results: in both PA and AP assessments, children of the CG obtained better results. When correlating the results of AP and PA, a greater number of correlations were observed for the SG. Conclusion: a significant relationship between the performance in the AP evaluation and success in PA tasks exists for children with phonological disorders.

**Key Words:** Child; Speech; Hearing Tests.

### Resumo

Tema: processamento auditivo (PA) e consciência fonológica (CF) em crianças com e sem desvio fonológico. Objetivo: comparar o desempenho de crianças com e sem desvio fonológico em teste de CF e verificar a possível relação entre os desempenhos nas distintas tarefas deste teste com o desempenho na avaliação do PA. Método: participaram da pesquisa 44 crianças com e sem diagnóstico de desvio fonológico, com idades entre 5:0 anos e 7:0 anos e de ambos os sexos. Após coleta da amostra de fala os sujeitos foram divididos em grupo estudo (GE), composto por crianças com desvio fonológico, e grupo controle (GC) com crianças sem desvios fonológicos. Foi feita avaliação da CF por meio do uso do Protocolo de Tarefas de Consciência Fonológica (PTCF), e avaliação simplificada do PA (triagem), Teste de Dissílabos alterados - *Staggered Spondaic Word* (SSW), Teste Dicótico de Dígitos e o teste de Fusão binaural. Resultados: tanto na avaliação de CF quanto nas avaliações do PA, as crianças do GC obtiveram resultados superiores àqueles obtidos pelas crianças do GE. Ao correlacionar o PA com a CF, houve mais correlações no GE. Conclusão: há significativa relação entre o desempenho do PA e os êxitos obtidos nas tarefas de CF em crianças com desvios fonológicos.

**Palavras-Chave:** Criança; Fala; Testes Auditivos.

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## Introduction

The process of acquisition and phonological development of the Brazilian Portuguese occurs gradually, until there is the establishment of the phonological system, according to the linguistic community where the child lives<sup>1</sup>. Some children do not have this profile of language acquisition, since they show deviations in the phonological process. These deviations are speech disorders without apparent organic etiology, with language disorders in the mental representation of speech sounds, which are called phonological deviation<sup>2</sup>. It is important to say that children with normal development begin to babble on around six to nine months old and the first words appear around ten to fifteen months old. The phonological system as a whole gets stable at around five years old<sup>3</sup>.

During the phonological acquisition, the child may reach a metacognitive level that helps him/her to understand the language, which shows us that, to read, it is needed to know to recode the language, i.e., to learn the correspondence between the phonemes of the language and the graphemes that represent them. To do so, it is necessary to manipulate the speech sounds, also called phonological awareness (PA)<sup>4</sup>.

Therefore, it is believed that the difficulties in spoken language, including the phonological awareness deficit and phonological disorders, may be closely related to auditory processing disorders (APD), because the hearing is the main route for the language acquisition to become possible<sup>5-7</sup>.

Hearing is not only the act of hearing itself, it is made of mechanisms and processes of the system responsible for the behavioral phenomena, such as sound location, auditory discrimination, auditory recognition, resolution and temporal ordering, auditory performance with competitive beeps and auditory performance with degraded acoustic signals, which are called Auditory Processing (AP)<sup>6-8</sup>.

Despite the importance of the presented subject and its evident clinical implications, there are few studies in the current literature that relate the AP skills to the PA, as well as to the speech development. Thus, this research aims to investigate the relationship between the AP and the PA in groups of children with and without phonological disorders, drawing a comparison between the two profiles of language acquisition.

## Method

This study is a prospective, transversal research, in which the phonological disorder is variable-dependent and the test results of AP and PA constitute the independent variables. It was approved by the Ethics Committee in Research, from a Higher Education Institution, under number 0093.0.243.000-09. The data were collected in the second half of 2009, specifically from the month of August on.

The following inclusion criteria were considered for the children to be part of the study sample: The students' parents or guardians of the children, who accepted to take part in the study, should authorize them to participate in the research by signing the Consent Form; The right-handed students from both sexes but older than 5:0 years old should have a diagnosis of phonological disorder (PD) for the study group (SG) and normal phonological development for the control group (CG).

The following exclusion criteria were considered: Clear changes in the neurological, cognitive and / or psychological aspects of the child; Evidence of hearing loss; Alteration of the stomatognathic system that could be related to changes in speech; Making use of musical instruments; Having had speech therapy before; Difficulty concentrating as checked during the speech sorting.

To select the sample of the study, the children, who were selected during the screening (sorting) at a public speech therapy service, were assessed. The number of children who took part in the research was based on the demand for speech care in the institution. All the children who met the described criteria were assessed individually in the institution and all of them went through a phonological screening test in which an informal assessment of receptive and expressive language was performed. There was also a complete phonological assessment for them with the AFC - Avaliação Fonológica da Criança<sup>9</sup>, for children in which changes in the phonological inventory were observed. The AFC instrument consists of five pictures about specific themes in which the speech sample is collected by means of naming and spontaneous speech. In addition to this, whenever it was necessary, there were complementary neurological, otorrinolaringological and psychological assessments.

Thirty children went through the sorting. However, only 22 subjects, aged between 5:0 and 7:0 years old and average age of 6:3 years old, met

the inclusion criteria to compose the sample for the SG. For the control group (CG), initially 25 children went through the screening, being 22 randomly selected with similar ages to the ones from the SG.

For the data collection, a Phonological Awareness Task protocol was applied (PATP)10: Segmentation of sentences into words (T1); Nominal Realism (T2); Rhymes Detection (T3); Syllabic Synthesis (T4); Syllable Segmentation (T5); Syllable Detection (T6); Syllable Reversal (T7); Phonemic Exclusion (T8); Phoneme Detection (T9); Phonemic Synthesis (T10); Phonemic Segmentation (S11); Phonemic Reversal (T12).

Besides the PATP, for the data collection, there was a simplified assessment of the auditory processing, the Dichotic Listening Tests (DL) - they consist of a word list (e.g. numbers) spoken simultaneously in a dichotic way; Binaural Fusion Test (BF) - a list of monosyllabic words acoustically distorted, and Alternate Dichotic Dissyllables (SSW) - a list of freely and competitively spoken words (free right to the competitive right to the competitive left to the free left, etc) - *Processamento Auditivo Central: Manual de aplicação*11. For the application of each test, it was taken into consideration the age pattern in which the listening skills were developed, as well as the literature references for the application of specific tests according to the age. All the tests were performed in acoustically treated booth without the interference of the environment, and they were applied by means of clinical audiometer of two channels, which belongs to Fonix FA - 12, and the use of a TDH 39 phone.

The assessments of the subjects, from the screening to the specific evaluations, were performed in two stages, on different days. Initially, the phonological sorting (screening), the hearing evaluation and the phonological assessment for the selection of the sample were performed. The children who have matched the inclusion criteria comprised the sample. At second, the assessments for data collection, including the performance on the PA and the AP evaluation, were performed. Statistical analysis was performed with SAS (Statistical Analysis System) software, version 8.02, with Pearson's Correlation Analysis Test, in which correlations above 50% and  $p < 0.05$  were considered.

## Results

Table 1 shows the results of correct answers obtained in both the PA and the AP tasks in the SG and the CG.

Table 2 shows the correlations between the correct answers in the tasks of the PA and the AP in the CG. The described correlations were the ones equal or above 0.50 and  $p < 0.05$ .

Table 3 shows the correlations between the correct answers in the tasks of the PA with the AP in the SG. The described correlations were the ones equal or above 0.50 and  $p < 0.05$ .

This table is also shows the correlation of PA with the degree of phonological disorder (DPD). No statistical analysis was performed between the two groups, comparing the performances in PA, since our goal is just to compare the performance of the PA in the group with phonological deviation and in the group with normal phonological acquisition.

TABLE 1. Performance of correct answers in phonological awareness and auditory processing tasks in the control and study groups.

Conducted assessment		Study Group	Control Group	
		Average (TW)	Average (TW)	
Phonological awareness	segmentation of sentences into words	Two words	7,13 (2,39)	
		Three words	6,07 (2,53)	
		Four words	6,92 (2,50)	
		Five words	8,00 (0,01)	
		Six words	7,00 (2,00)	
		Seven words	6,33 (2,73)	
	Nominal realism	6,63 (2,10)	7,77 (1,99)	
	Rhyme detection	Dissyllables	5,54 (2,48)	7,00 (1,90)
		Threesyllables	4,85 (2,43)	7,77 (1,57)
	Syllabic synthesis	Dissyllables	7,22 (2,59)	9,04 (1,13)
		Threesyllables	7,90 (2,15)	9,36 (0,78)
		Tetrasyllables	6,50 (2,44)	8,04 (1,43)
	Syllables segmentation	Dissyllables	7,31 (2,23)	7,40 (2,30)
		Threesyllables	6,86 (2,83)	7,45 (2,35)
		Tetrasyllables	7,05 (2,96)	6,86 (2,64)
	Syllable detection	Initial position	6,26 (2,40)	7,27 (2,25)
		Medial position	5,00 (2,42)	7,68 (1,91)
		Final position	4,63 (2,46)	5,50 (1,43)
	Syllables reversal	Dissyllables	5,73 (2,78)	6,42 (2,14)
		Threesyllables	2,50 (2,42)	2,36 (1,74)
		Tetrasyllables	5,40 (2,19)	6,50 (0,83)
	Phonemic exclusion	Initial position	6,50 (2,07)	7,00 (1,54)
		Medial position	6,67 (2,87)	7,66 (1,63)
		Final position	6,83 (3,31)	7,83 (1,72)
	Phonemic Detection	Initial position	4,59 (2,32)	6,50 (2,22)
		Final position	5,31 (2,52)	6,81 (1,86)
		Medial position	5,40 (1,81)	6,50 (0,52)
	Phonemic synthesis	Three Phonemes	6,00 (2,45)	7,80 (2,31)
Four Phonemes		5,20 (3,11)	8,00 (1,43)	
Five Phonemes		4,06 (3,36)	5,67 (3,02)	
Six Phonemes		3,40 (1,94)	5,09 (1,67)	
Phonemic segmentation	Three Phonemes	3,40 (1,81)	5,33 (1,96)	
	Four Phonemes	3,00 (1,00)	4,66 (1,96)	
	Five Phonemes	2,67 (0,57)	6,33 (1,96)	
Phonemic reversal (2 or 3 phonemes)	1,75 (0,50)	6,16 (1,83)		
Auditory processing*	Screening	NVS	1.82 (1.06)	2.90 (0.29)
		VS	1.90 (1.19)	2.31 (0.46)
		SL	4.04 (0.95)	4.90 (0.42)
	Dichotic of digits	FA-RE	20.09 (5.70)	37.72 (2.71)
		FA-LE	20.40 (6.55)	38.00 (1.63)
		AR-RE	19.72 (10.12)	39.22 (1.77)
		AR-LE	13.27 (8.59)	6.63 (3.07)
		AR-LE	20.22 (8.11)	39.81 (0.58)
		AL-LE	12.31 (6.75)	1.77 (1.72)
	Binaural fusion	OD	90.36 (7.37)	94.90 (4.30)
		OE	87.88 (9.19)	96.54 (3.96)
	alternate	NCR	4.54 (3.32)	18.90 (5.39)
	dichotic	CR	3.40 (2.48)	24.72 (5.66)
	disyllables	CL	3.78 (2.91)	22.59 (4.30)
	(SSW)	NCE	3.91 (2.47)	17.54 (5.27)

Legend: NVS = nonverbal sequence; VS = verbal sequence; SL = sound location; FA = free attention; AR = attention to the right; AL = attention to the left; RE = right ear; LE = left ear; NCR = non-competitive right; CR= competitive right; CL= competitive left; NCL = noncompetitive left.

TABLE 2. Correlation between the auditory processing tests and the phonological awareness - control group.

Phonological Awareness Tasks and Auditory Processing Testing		Screening			Dichotic of digits			SSW			
		NVS	VS	SL	AR	RE	LE	NCR	CR	CL	ENC
Sentences segmentation	2P	-	-	-	-	-	-	-	-	-	-
	3P	-	0,53	-	-	-	-	-	-	-	-
	4P	-	-	0,68	-	-	-	-	-	-	-
	5P	-	-	-	-	-	-	0,98	-	-	-
Nominal realism		-	-	0,58	-	-	-	-	-	-	-
Syllabic synthesis	Diss	-	-	-	-	-	-	-	-	-	-
	Triss	-	-	-	-	-	-	-	-	-	-
	Quadr	-	-	-	0,92	-	-	0,50	-	-	0,55
Segmentation syllabic		-	-	0,52	-	-	-	-	-	-	-
Syllable detection	Inicial	0,54	0,71	0,52	0,94	-	-	-	-	-	-
	Medial	-	0,61	-	-	-	0,62	-	-	-	-
	Final	-	0,58	-	-	-	-	-	-	-	-
Syllable reversal		-	0,79	-	-	0,87	-	-	-	-	-
Phonemes Detection	Inicial	-	-	-	-	-	-	-	-	-	-
	Final	-	-	-	-	-	-	-	-	-	-
Phonemic synthesis		-	-	-	-	-	-	-	-	0,96	-
phonemic segmentation		-	-	-	-	-	-	-	0,95	-	-
Phonemic reversal with 2/3P		-	-	-	-	-	-	1,00	-	-	-

Legend: NVS = nonverbal sequence; VS = verbal response; SL = sound location; AR = attention to the right; RE = right ear, listening to the right; LE = left ear, listening to the left; NCR= noncompetitive right; CR = competitive right; CL = competitive left; 2W = two words; 3W = three words; 4W = four words; 5W = five words; Diss = two syllables; Triss = three syllables; tetra = tetrasyllable; 6P = six phonemes; 5P = five phonemes; 2/3P = two or three phonemes. Only the correlations above 0.50 with a significance of  $p < 0.05$  were presented in the table.

TABLE 3. Correlation between the auditory processing tests and the phonological awareness - study group.

Phonological Awareness Tasks and Auditory Processing Testing	DPG	Triagem		Fusão Binaural		Dicótico de Dígitos			SSW		
		NVS	LD	RE	AR	ER	EL	NCR	CR	NCL	
Sentences segmentation	5 P	-	-	-	-	-	-0.52	-	-	-	-
	6 P	-	-	-	-	-	-0.52	-0.50	-	-	-
	7 P	-	-	-	-	-	-0.50	-	-	0,92	-
Rhyme detection	Triss	-	-	-	-	-	-	-	0.59	-	-
Syllable detection	Diss	-	-0.67	-	-	-	-	-	0.50	-	-
	Quadr	-	-0.62	0.50	-	0.50	-	-	-	-	-
Segmentation syllabic	Diss	-	-0.61	-	-	-	-	-	-	-	-
	Quadr	0.96	-	-	-	-	-	-	0,56	0,67	-
Syllable detection	Medial	-	-	-	-0.60	-0.50	-	-	-	-	-
Syllable reversal	Tetra	-	-	-	-	-	-0.61	-0.52	-	-	-
Phonemic exclusion	Final	-	-	-	-	-	-0.56	-	-	-	-
	Medial	-	-	-	-	-	-0.52	-	-	-	-
Phonemic synthesis	1 F	-	-	-	-	-	-0.50	-	-	-	-
	2 F	-	-	0.50	-	-	-	-	-	-	-
	3 F	-	-	-	-	-	-0.67	-0.56	-	-	-
	4 F	0.95	-	-	-	-	-0.71	-0.50	-	-	-
	6 F	-	-	-	-	-	-	-	-	-	0,84
phonemic segmentation	4 F	-	-	-	-	-	-0.62	-	-	-	0,99
	5 F	-1.0	-	-	-	-	-	-	-	-	-

Legend: DPD = degree of phonological disorders; NVS = nonverbal sequence; AR = attention to the right, listening to the left; RE = right ear, listening to the right; LE = left ear, listening to the left; RE = right ear; LE = left ear; NCR = noncompetitive right; CR = competitive right; CL = competitive left; 5W = five words; 6W = six words; seven words = 7W; Triss = three syllables; Diss = two syllables; Tetra: tetrasyllables; 1P = one phoneme; 2P = two phonemes; 3P = three phonemes; 4P = four phonemes; 6F = six phonemes; 5P = five phonemes. Just the correlations above 0.50 with a significance of  $p < 0.05$  were presented in this table.

## Discussion

The results of this research match the hypothesis that children with phonological disorders have problems in the AP and, hence, the PA skills may be affected as well<sup>12</sup>.

The PA, according to this research, and supported by the literature<sup>4, 13</sup>, is not necessarily impaired in children with the acquisition of deviant speech, for the performances in the two populations surveyed was similar.

However, despite not having been performed a statistical analysis between the groups, it is possible to realize that children with normal phonological development have better performance in specific tasks than children with phonological disorders. This finding is similar to the ones from another study<sup>13</sup>.

Children from both groups, who took part in this study, had even lower scores in phonemic-level tasks as compared with the syllable-level ones, being the syllable reversion task the only one with similar values to those at the level of phonemes.

There is still a lack of studies regarding the association between the PA Deficit and the APD, although there seem to be a relationship between these variables, since the integrity of the physiological- auditory mechanisms has an important role in speech perception in learning and language comprehension. Thus, it is a basic principle in reading and writing acquisition<sup>14-17</sup>. This study, therefore, may show that there is a relationship between these two areas, as well as there are correlations between them.

In both groups, some negative correlations were found, which show that the results obtained in AP are inversely proportional to the PA, i.e. the more changes in Auditory Processing Tests, the lower the number of successes in the PA tasks will be.

For the degree of deviation, the results were not statistically significant for the AP, and they have not been tabulated, even though they were considered relevant for three PA tasks. These correlations were strong, being two of them positively and one negatively.

The subtasks of syllable segmentation (tetrasyllable) and phonemic synthesis (four phonemes) showed the strongest, positive correlation. These findings suggest that the high degree of deviation may cause errors in these tasks. The subtask of phonemic segmentation (five phonemes) showed the strongest correlation in a negative way. This result suggests that the performance of this subtask may be better in children with higher degrees of disorders. Again, it must be emphasized that there are few studies that describe the relationship established by this

research, both in children with typical and with deviant acquisition. It is also true that studies on language acquisition sometimes just focus on the PA18-20.

## Conclusion

Children with phonological disorders may show abnormalities in some AP tests, but PA tasks are not always changed. However, in comparison with children with normal phonological development, children with deviant phonological acquisition have lower performances either in AP tasks or in PA ones.

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