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Content of inorganic solutes in lettuce grown with brackish water in different hydroponic systems

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Key words: soilless cultivation *Lactuca sativa* salinity NFT and DFT systems

ABSTRACT

The objective of this study was to evaluate the growth and accumulation of ions in lettuce grown in different hydroponic systems and recirculation frequencies. The experimental design was randomized blocks with 8 treatments and 4 replicates. The evaluated hydroponic systems were Nutrient Flow Technique (NFT) and an adapted Deep Flow Technique (DFT), the latter with recirculation frequencies of 0.25, 2 and 4 h. Both systems used fresh water and brackish water. Plant growth, accumulation of inorganic solutes (Na⁺, K⁺, Cl⁻ and NO₃⁻) and the correlation between dry matter production and Na⁺/K⁺ and Cl⁻/NO₃⁻ were evaluated. The salinity of the water used to prepare the nutrient solution caused decrease in growth and K⁺ and NO₃⁻ levels, and increased contents of Na⁺ and Cl⁻ in the plants. When using fresh water the highest dry matter production was obtained in the NFT system. In case of brackish water the adapted DFT system increased the production, in relation to NFT system (at same recirculation frequency: 0.25 h). It was found that the choice of the type of hydroponic system and recirculation interval for the cultivation of lettuce depends on the quality of the water used to prepare the nutrient solution.

Palavras-chave:

cultivo sem solo *Lactuca sativa* salinidade sistemas NFT e DFT

Teor de solutos inorgânicos em alface cultivada com água salobra em diferentes sistemas hidropônicos

RESUMO

Objetivou-se, neste trabalho, avaliar o crescimento e o acúmulo de íons em alface cultivada em diferentes sistemas hidropônicos e frequências de recirculação. O delineamento experimental foi o aleatorizado em blocos com 8 tratamentos e 4 repetições. Os sistemas hidropônicos avaliados foram a Técnica do Fluxo Laminar de Nutrientes (NFT) e a Técnica do Fluxo Profundo (DFT) adaptada, este último com frequências de recirculação de 0,25, 2 e 4 h. Foi utilizada, em ambos os sistemas, água doce e água salobra. Foram avaliados o crescimento, o acúmulo de solutos inorgânicos (Na⁺, K⁺, Cl⁻ e NO₃⁻) e a correlação entre a produção de matéria seca e a relação Na⁺/K⁺ e Cl⁻/NO₃⁻. A salinidade da água utilizada no preparo da solução nutritiva proporcionou diminuição no crescimento e nos teores de K⁺ e NO₃⁻ e aumentou os teores de Na⁺ e Cl⁻ nas plantas. Quando foi empregada água doce, o sistema DFT adaptado aumentou a produção, em relação ao sistema NFT (na mesma frequência de recirculação: 0,25 h). Verificou-se que a escolha do sistema hidropônico e do intervalo de recirculação para o cultivo da alface depende da qualidade da água utilizada no preparo da solução nutritiva.

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INTRODUCTION

Problems of water and soil salinity are an obstacle for agriculture, especially in the Northeast region of Brazil, due to the edaphoclimatic characteristics of this region. The generation of technologies and studies that allow the use of brackish water in food production becomes important for the agricultural scene. Hydroponics can be consistent with the production in small areas, besides being compatible with family farming, which prevails in this region (Soares, 2007; Paulus et al., 2012).

The Nutrient Film Technique (NFT) stands out as the most viable for the use in commercial facilities and it is common to adopt recirculation frequency of 0.25 h. On the other hand, the Deep Flow Technique (DFT) allows to adopt different recirculation frequencies, because plant roots are maintained in continuous contact with the depth of nutrient solution (NS).

Plants have various mechanisms of tolerance to salinity to protect their vital organs, such as exclusion and/or compartmentalization of ions (Severiano et al., 2014). In lettuce, salinity affects various physiological and biochemical processes along its cycle (Paulus et al., 2010).

The knowledge on the biochemical mechanisms of lettuce plants under saline conditions and in different cultivation techniques is essential to maintain a competitive production in the market using brackish water. However, there are not many studies evaluating biochemical characteristics of lettuce in different hydroponic systems with different recirculation frequencies and with variable water quality, in the same experiment. Thus, this study aimed to evaluate production and accumulation of inorganic solutes in iceberg lettuce (cv. Tainá) cultivated in NFT and DFT systems with brackish water, using different recirculation frequencies of the nutrient solution in the DFT system.

MATERIAL AND METHODS

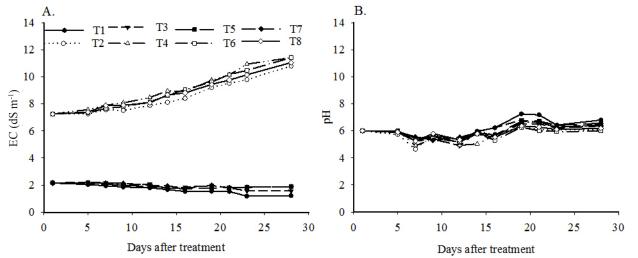
The experiment was carried out from February 25 to March 25, 2015, in a protected environment, in the municipality of Cruz das Almas, BA, Brazil (12° 40' 19" S, 39° 6' 23" W).

According to Almeida (1999), the local climate is humid hot tropical, Aw and Am according to Köppen's classification, with annual means of rainfall, temperature and relative humidity of 1,224 mm, 24.5 °C and 80%, respectively. During the experimental period, the following temperatures were recorded inside the greenhouse: maximum of 37.9 °C; minimum of 21.8 °C and mean of 26.8 °C, with relative air humidity of 74%.

The experiment consisted in the evaluation of two hydroponic systems: NFT and adapted DFT. For both hydroponic systems, the experimental units were installed as proposed by Soares et al. (2009). The structure was composed of 32 hydroponic profiles, eight with NFT system with 3% declivity, and 24 with DFT (null declivity). Each plot consisted of a plastic container with capacity for 50 L and an electric pump for impelling the solution to the hydroponic system. The NS used was based on the recommendation of Furlani (1998) for leafy vegetables. Seeds of iceberg lettuce (cv. Tainá) were sown in phenolic foam. After 15 days from germination, plants were placed in plastic cups with three cuts at the bottom and transferred to cultivation gullies with the respective treatments in the NS.

The electrical conductivity (EC) of the water used to prepare the NS was 0.3 dS m⁻¹ (fresh water). The NS recirculation frequencies were every 0.25 h in the NFT system and every 0.25, 2 and 4 h in the DFT system. Therefore, eight treatmens were performed: T1 (NFT_{0.25h}, EC_{0.3}); T2 (NFT_{0.25h}, EC_{5.3}); T3 (DFT_{0.25h}, EC_{0.3}); T4 (DFT_{0.25h}, EC_{5.3}); T5 (DFT_{2h}, EC_{0.3}); T6 (DFT_{2h}, EC_{5.3}); T7 (DFT_{4h}, EC_{0.3}) and T8 (DFT_{4h}, EC_{5.3}) were tested. For any frequency, the time of NS recirculation was 0.25 h.

The synthetic brackish water, used to prepare the NS, was prepared through the addition of 50 mmol L^{-1} of NaCl in the NS. The NS level in the containers was daily monitored and water was replenished always when necessary, to maintain a constant NS level. The replenishment of nutrients in the NS was performed always when the EC became 25% lower than the initial value. The pH and EC in the NS were regularly monitored during the crop cycle (Figure 1). In the brackish water treatments, the EC increased every time (Figure 1A) and the evapotranspired water depth was replenished with brackish



Treatments: T1 (NFT_{0.25h}, EC_{0.3}); T2 (NFT_{0.25h}, EC_{5.3}); T3 (DFT_{0.25h}, EC_{0.3}); T4 (DFT_{0.25h}, EC_{5.3}); T5 (DFT_{2h}, EC_{0.3}); T6 (DFT_{2h}, EC_{5.3}); T7 (DFT_{4h}, EC_{0.3}) and T8 (DFT_{4h}, EC_{5.3}) Figure 1. Values of electrical conductivity (A) and pH (B) in the nutrient solution along the experimental period under different treatments

water, which did not occur when fresh water was used. There were fluctuations of pH in the NS during the experimental period, especially in the NS prepared with brackish water (Figure 1B). The correction of pH was performed always when necessary through the addition of potassium hydroxide or phosphoric acid, to maintain the NS with pH between 5.5 and 6.5.

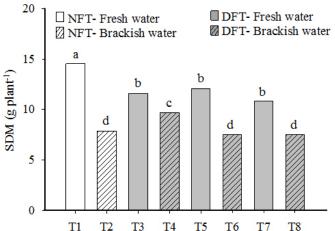
The following variables were evaluated in the iceberg lettuce, cv. Tainá: shoot dry matter production, leaf contents of Na⁺, K⁺, Cl⁻ and NO₃⁻, and the correlation between shoot dry matter and Na⁺/K⁺ and Cl⁻/NO₃⁻ ratios, after 28 days of cultivation.

Plants were separated into leaves and stems and, after drying at 65 °C, weighed for the determination of shoot dry matter (SDM). The leaves were then ground for the determination of the contents of inorganic solutes: Na⁺, K⁺, Cl⁻ and NO₃⁻. The extracts were prepared as described by Cataldo et al. (1975), with slight modifications. A portion of 100 mg of the ground leaves and 10 mL of deionized water were mixed in test tube, which was maintained at temperature of 180 °C, in water bath for 1 h and with agitation every 15 min. In the extract, the contents of Na⁺ and K⁺ were determined through flame photometry (Sarruge & Haag, 1974), Cl⁻ contents through spectrophotometry (Gaines et al., 1984) and NO₃⁻ contents through the colorimetric method, as described by Cataldo et al. (1975).

The data were subjected to analysis of variance by F test and the variables with significant effects subjected to the Scott-Knott means grouping test at 0.05 significance level using the software Sisvar (Ferreira, 2008).

Results and Discussion

The salt stress decreased shoot dry matter production of plants regardless of the hydroponic system and NS recirculation frequency (Figure 2), the reductions were more pronounced in the NFT system (45%) compared to the DFT system (10, 38



Means followed by the same latter do not differ by Scott-Knott test at 0.05 significance level Figure 2. Shoot dry matter of iceberg lettuce (cv. Tainá) cultivated in NFT and DFT hydroponic systems, at frequencies of 0.25, 2 and 4 h, using nutrient solution prepared with fresh water (T1, T3, T5 and T7) or brackish water (T2, T4, T6 and T8)

and 30% for the frequencies of 0.25, 2 and 4 h, respectively). Comparing the treatments that used fresh water in the NS preparation, it was observed that SDM production in the NFT (T1) was 21.6% higher than that obtained in DFT systems (T3, T5 and T7). However, among the treatments that used brackish water, the SDM in the DFT system, with recirculation every 0.25 h (T4), was 21.5% higher than that obtained in the other salt treatments (T2, T6 and T8).

In the NFT system, lettuce roots remained for some time (interval between two consecutive recirculations) without NS, which increases the probability of plants experiencing water deficit, especially in the hottest periods of the day. In the present study, saline and water stresses were probably responsible for the reduction in lettuce SDM in the NFT system with brackish water. On the other hand, in DFT system, the risk of root drying is less, because of the maintenance of a NS depth in the profiles.

For the DFT system the reduction of the frequency of recirculation of the nutrient solution impaired the dry matter production of lettuce 'Tainá' when using brackish water. No effect of recirculation frequency was observed when fresh water was used in this system.

The data of the present study indicate that the choice of the hydroponic system and NS recirculation interval in lettuce cultivation depends on the quality of the water used. Thus, while the NFT system, at 0.25 h, proved to be the most adequate for cultivation using NS prepared with fresh water, the DFT at 0.25 h was the most indicated to be used for cultivation using NS prepared with brackish water. It is noteworthy that using fresh water it was possible to produce lettuce in DFT system with the lowest recirculation frequency (4 h), among the evaluated ones.

Salinity increased the contents of Na⁺ and Cl⁻ and reduced that of K^+ and NO_3^- in lettuce leaves, regardless of the production system and NS recirculation frequency (Figure 3A, 3B).

In the NFT system, the contents of Na⁺ and Cl⁻ in lettuce leaves were, on average, 11 and 3 times higher than those obtained in plants cultivated with NS prepared with fresh water, respectively. In the DFT system, NS salinity increased the contents of Na⁺ and Cl⁻ in lettuce leaves by 16 and 5 times, on average, respectively. Various studies have demonstrated increase in the contents of these ions in plants subjected to addition of NaCl in the NS (Ekinci et al., 2012; Paulus et al., 2012; Sacramento et al., 2014; Bartha et al., 2015). In lettuce, according to Bartha et al. (2015) Na⁺ accumulation in the leaves leads to better osmotic adjustment of the plants to saline stress.

The contents of Na⁺ and Cl⁻ were not influenced by the NS recirculation frequency in the DFT system. However, by comparing the leaf Na⁺ contents in the brackish water treatments, it can be observed that the value in the NFT system (T2) was 18% higher than mean value found in the DFT system (T4, T6 and T8).

The contents of Cl⁻ in leaves of brackish water treatments did not differ between the hydroponic cultivation systems. In the NFT, the higher contents of Na⁺, as mentioned earlier, may be related to the absence of NS in the roots, during the recirculation intervals. This absence may have caused a temporary water deficit in the plants, with reflexes in transpiration and ion uptake (Santos et al., 2011).

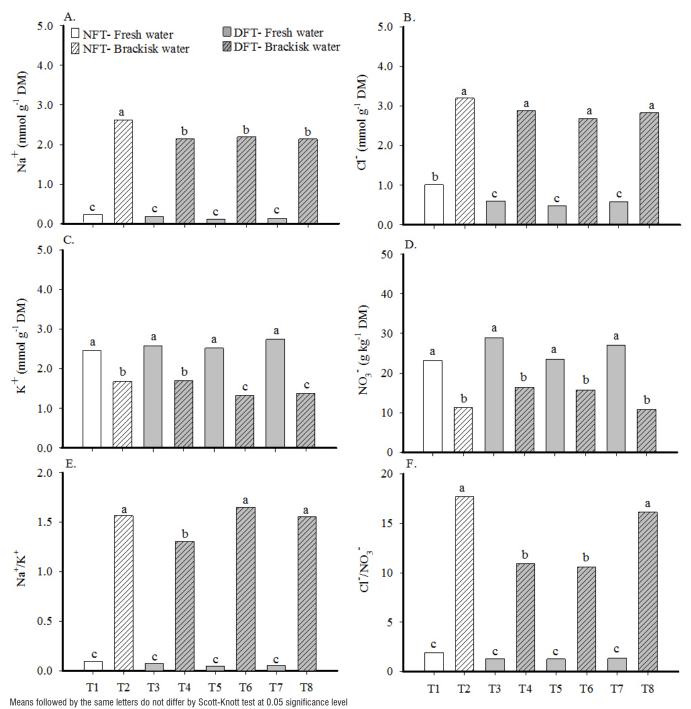


Figure 3. Contents of Na⁺ (A), Cl⁻ (B), K⁺ (C), NO₃⁻ (D) and ratios of Na⁺/K⁺ (E) and Cl⁻/NO₃⁻ (F) in leaves of iceberg lettuce (cv. Tainá) cultivated in NFT and DFT hydroponic systems with recirculation frequencies of 0.25, 2 and 4 h of the nutrient solution prepared with fresh water (T1, T3, T5 and T7) or brackish water (T2, T4, T6 and T8)

The contents of K^+ in the plants of treatments with fresh water (T1, T3, T5 and T7) did not differ, regardless of the hydroponic system and recirculation frequency (Figure 3C). However, among the salt treatments, it can be observed that the K⁺ content was lower in those with recirculation intervals of 2 and 4 h (T6 and T8, respectively) than in the recirculation interval of 0.25 h (T2 and T4).

Under salt conditions, K^+ uptake can be affected by Na⁺, due to the physicochemical similarities between these two ions (Sperling et al., 2014). This antagonism frequently results in reduction of K^+ contents, leading to disorders in the metabolic activity of the plants (Mekawy et al., 2015). The contents of NO_3^- under salinity decreased, on average, by 47% when compared with the fresh water treatments in both systems, however, no significant differences (p > 0.05) were observed in the brackish water treatments (Figure 3D). Therefore, the variation in nitrate contents among treatments was more related to the effect of salinity than to the hydroponic systems and recirculation frequencies.

Reductions in NO_3^- contents in lettuce cultivars under saline stress were also reported by Pérez-López et al. (2015). The concentration of nitrate in lettuce varies according to varieties and cultivation conditions, exhibiting values between 0.94 and 3.42 g kg⁻¹ of fresh matter (FM) (Paulus et al., 2012). Other factors, such as light intensity, temperature, relative air humidity growing season can also affect the nitrate accumulation in lettuce leaves (Santos et al., 2010).

According to Sandri et al. (2006), values ranging from 1.09 to 1.38 g kg⁻¹ (on fresh weight basis) are considered as adequate for lettuce plants, cultivated in soil. Considering that, in the present study, the mean water content in lettuce leaves was 96% (data not shown), the leaf NO_3^- content in the FM will be equivalent to 0.93 to 1.15 g kg⁻¹ in control plants and 0.43 to 0.66 g kg⁻¹ in stressed ones. Thus, the growth reduction in treatments in which the NS was prepared using brackish water may, at least partially, be related to a salt-induced N deficiency.

From the point of view of human health the consumption of vegetables rich in nitrate may cause damages and, in Brazil, the monitoring is made based on the European indices (Luz et al., 2008). For lettuce cultivated in protected environment, the limit is 4.5 g kg⁻¹ of FM in the winter and 3.5 g kg⁻¹ of FM in the summer (EC, 2006). Therefore, the NO₃⁻² content verified in this work was much lower than the maximum limit established for consumption by EC.

The increase in Na⁺ contents associated with the reduction in K⁺ contents resulted in increase of Na⁺/K⁺ ratios in stressed plants, which varied from 1.30 to 1.65 (Figure 3E); however, in the DFT system at 0.25 h, the Na⁺/K⁺ ratio was about 18% lower than that observed in the other saline treatments. According to Greenway & Munns (1980), Na⁺/K⁺ ratios equal to or lower than 1.0 are necessary for the occurrence of optimal metabolic efficiency in glycophytes. In the present study, the values of this ratio in stressed plants were above this limit, suggesting that their metabolism was affected by salinity, which can partially explain the reduction in plant growth.

Salinity also increased the Cl^{-}/NO_{3}^{-} ratios. The highest values were observed in the NFT system (T2) and DFT system with 4 h (T8) (Figure 3F). Salinity can decrease the NO_{3}^{-} uptake, this occurs due to the direct competition between Cl^{-} and NO_{3}^{-} ions by the same transporter, which may cause N deficiency in the plants (Fageria et al., 2011; Feijão et al., 2013).

The Na⁺/K⁺ ratio in the leaves of stressed plants showed a negative correlation coefficient (r = -0.97), highly significant (p < 0.01) with SDM. In contrast, the correlation coefficient between the Cl⁻/NO₃⁻ ratio and the SDM (r = -0.36) was not significant (p>0.05). These data indicate that the dry matter production of lettuce was more affected by the imbalance between Na⁺ and K⁺ than by the imbalance between Cl⁻ and NO₃⁻.

The characteristics of the NFT and DFT hydroponic systems influenced (p < 0.05) the Na⁺ content, whereas in the DFT system the recirculation frequency influenced (p < 0.05) the K⁺ content and the ratios Na⁺/K⁺ and Cl⁻/NO₃⁻.

Conclusions

1. The NFT system, with recirculation interval of 0.25 h is the most indicated for production of lettuce cv. Tainá with nutrient solution prepared with fresh water, while the DFT system with the same interval recirculation is the most indicated for nutrient solution prepared with brackish water.

2. The imbalance in the Na⁺/K⁺ ratio and the lower NO₃⁻ contents in leaves may, at least in part, explain the growth reduction of lettuce under salt stress.

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