

# Can the strategies for endoparasite control affect the productivity of lamb production systems on pastures?

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**ABSTRACT** - The objective of this study was to evaluate the productivity and carcass traits of unweaned Suffolk lambs finished on pasture and subjected to three strategies for endoparasite control: prophylactic treatment of all animals every 28 days; treatment of animals with a cut off number of nematode fecal egg count (FEC)  $\geq$  700; and treatment of animals using the FAMACHA scores  $\geq$  3. Average daily weight gain (ADG) and FEC were evaluated every 14 days for 112 days. Body condition scores and carcass characteristics were assessed before and after slaughter, respectively. Animal productivity was calculated based on animal stocking rate, ADG, and weight variation per area. Animal productivity, pasture, and carcass characteristics did not differ among strategies of parasite control. Parasite control strategies did not affect the productivity of lambs on pasture or carcass characteristics. Thus, the use of selective treatments can be considered advantageous due to decreased selection pressure for resistant parasite populations and lower use of drugs.

**Keywords:** animal production, carcass dressing, FAMACHA, fecal egg count, *Haemonchus contortus*

## Introduction

In sheep production, the main objective is undoubtedly the economic production, maintaining high welfare indicators. To achieve this, biotic and abiotics aspects (i.e. nutrition and health programs) have an important impact on animal yield (Demirhan, 2019). Finishing lambs on pasture is challenging due to the high rate of nematode infections (Molento et al., 2016). Favorable conditions (temperature, pluviosity, and humidity) are essential for parasite viability on pasture (Bowman et al., 2003), and the climate in tropical and subtropical regions is favorable for *Haemonchus contortus*, the most prevalent and pathogenic nematode of small ruminants (Geary, 2016). Furthermore, imported breeds with high nutritional requirements and sensibility to gastrointestinal nematodes are used in Brazil to improve productivity indexes (Amarante et al., 2004).

Pasture-based sheep production is more challenging to young animals due to their high susceptibility to parasite infections (Greer, 2009), since nutritional management and parasite control are crucial for

their performance (Salgado et al., 2018). The immunity against parasites increases at different levels with age (McRae et al., 2015), and the strategy for parasite control must contribute to achieving the maximum productivity of animals under parasite challenge.

Management practices are used to monitor, control, and reduce nematode infections in sheep production. Traditionally, the strategies to control gastrointestinal nematodes are based on the use of anthelmintics at fixed intervals with high rotational rates (González-Garduño et al., 2014). The consequence of this is the strong selection pressure for homozygous resistant parasites and the loss of heterozygosity to the local populations (Fortes and Molento, 2013). Therefore, Salgado and Santos (2016) reported one of the highest anthelmintic resistance to all chemical groups in Brazil, and improved strategies for parasite control are needed. In addition, the excessive and indiscriminate use of veterinary drugs might result in residues in meat, milk, and the environment, which is relevant to the current production context (Fernandes et al., 2017).

The search for selective strategies for endoparasite control in lamb production systems has aimed to improve animal productivity through the rational use of parasiticides (Bentounsi et al., 2012; Busin et al., 2014). Along this way, the main selective strategies used in Brazil are based on the fecal egg count (Ueno and Gonçalves, 1998) and the FAMACHA (FMC) guide (Van Wyk and Bath, 2002; Molento et al., 2004). The objective of this study was to evaluate the productivity and carcass traits of unweaned lambs finished on summer pastures and subjected to distinct strategies of endoparasite control.

## Material and Methods

The experiment was carried out between January and May 2012 in Pinhais, Paraná, Southern Brazil (25°24' S, 49°07' E, and 900 m asl). Research on animals was conducted according to the institutional Committee of Animal Ethics (case no. 055/2011). According to the Köppen-Geiger climate classification (Peel, 2007), the climate is Cfb (humid subtropical), with the average annual rainfall from 1400 to 1600 mm and mean temperature of 17 °C (SIMEPAR, 2012).

Lambs were weighed right after birth, identified and kept with the ewes in a suspended barn. The lambs had access to Tifton-85 (*Cynodon* spp.) pastures when reached three weeks of age, together with the ewes, to promote their adaptation to electric fences. Water was offered *ad libitum*. Lambs were kept with their mothers throughout the experimental period (112 days). The initial mean age ( $\pm$ standard error) and body weight (BW) were, respectively, 42 ( $\pm$ 3) days and 18.9 ( $\pm$ 1.3) kg for the lambs, and 3.5 years and 59.6 ( $\pm$ 6.7) kg for the ewes.

Forty-two Suffolk lambs (20 non-castrated males and 22 females; n=14 per treatment) were evaluated in randomized blocks with three treatments (strategies for endoparasite control) and three blocks. The animals were distributed in blocks according to sex (non-castrated male or female) and type of birth (single or twin). Blocks 1, 2, and 3 consisted, respectively, of females from single birth, males from single birth, and males and females from twin birth (Figure 1).

Block 1 – females from single birth			Block 2 – males from single birth			Block 3 – males and females from twin birth		
PRO	EPG	FMC	PRO	EPG	FMC	PRO	EPG	FMC
Five lambs	Five lambs	Five lambs	Five lambs	Five lambs	Five lambs	Four lambs	Four lambs	Four lambs

<sup>1</sup> PRO: prophylactic treatment of all animals; EPG: treatment with number of eggs per gram of feces (FEC $\geq$  700); FMC: treatment based on FAMACHA scores.

Each part inside the block represents a paddock.

**Figure 1** - Experimental design for lambs finished on summer pasture and subjected to three strategies<sup>1</sup> for endoparasite control.

The strategies used for endoparasite control were: PRO – prophylactic treatment of all animals every 28 days; EPG – treatment of animals based on the cut off for fecal egg count ( $\geq 700$ ); and FMC – treatment with FMC scores  $\geq 3$ . Fecal samples were collected from the rectum of the animals every 14 days and the parasite eggs from the Strongylida order were counted using the modified Gordon and Whitlock (1939) technique. Fecal egg counts (FEC) were performed every 14 days in all lambs, but it was used as treatment criteria only for the EPG group. In all control strategies, the lambs remained in the experiment until slaughter.

The anthelmintic combination of moxidectin 1% at a dose of 200 mg/kg body weight (BW) (Cydectin, Fort Dodge, Iowa, USA) and nitroxinil 34% at a dose of 34 mg/kg BW (Dovenix Supra, Merial, SP, Brazil) both given intramuscularly was used. The combination had an overall efficacy of 89%. All ewes were treated at the beginning of the experiment and monitored every 14 days using the FMC guide. No lamb received anthelmintic treatment before starting the experimental period. The treatment was applied at the weighing days, and the dose was calculated based on BW. The FMC guide was used to evaluate the color of the conjunctiva of the animals to a decreasing 5-to-1 anemia score (Van Wyk and Bath, 2002). To use the method, the prevalence of *Haemonchus* spp. was assessed through a pool coproculture and the infective larvae (L3) were identified according to Van Wyk and Mayhew (2013).

The experiment was conducted in a 1.8 ha area divided into nine Tifton-85 paddocks (0.2 ha each). The stocking rate was adjusted every 14 days based on the mean height (15 cm) of the pasture, calculated through 68 measurements per paddock using a sward stick (Barthram, 1986).

Forage mass and morphological composition were assessed by collecting three forage samples in each plot using an iron circle with 0.1 m<sup>2</sup> of area. All fractions were oven-dried to a constant weight at 65 °C (approx. 48 h) and weighed on a 0.01-g precision scale (ME2002T, Mettler; Toledo, SP, Brazil). The dry matter (DM) of each fraction was used to calculate forage mass (FM), leaf blade mass (LB), sheath and stem mass (SS), and dead material mass (DD), all of them expressed in kg DM/ha. The leaf-to-stem ratio was calculated by dividing LB dry mass by the SS dry mass.

To calculate the ADG, lambs were weighed every 14 days after a 16-h solid fasting until slaughter. Lambs were slaughtered with pre-set weight of 30 kg, or at the end of the experiment, for those that did not reach this weight. The recommended anthelmintic withdrawal period of 28 days was respected. Parasitological monitoring was performed until April 5th, when the last application of anthelmintic was done. Animal productivity assessments were conducted until May 3rd and 5th, at the end of the trial (112 days). Before slaughter, lambs were weighed and had their body condition score (BSC) based on a five-point scale (1 = very thin, 5 = very fat) with 0.5 intervals (Russel et al., 1969).

Lambs were slaughtered by stunning electronarcosis (220 V for 8 s), followed immediately by exsanguination by severing the jugular veins and carotid arteries. After skinning and evisceration, hot carcass weight (HCW) was recorded. The carcasses were chilled at 5 °C for 24 h, and cold carcass weight (CCW) was also recorded. Hot carcass yield was calculated as:  $HCY = HCW/SW \times 100$ , while cold carcass yield was calculated as:  $CCY = CCW/SW \times 100$ , and carcass cooling loss as:  $CL = (HCW - CCW)/HCW \times 100$ . After chilled, the carcasses were dissected between the last thoracic and the first lumbar vertebrae, and backfat thickness (BT) was measured with a digital caliper.

Animal productivity was estimated based on the weight gain of lambs per area. The calculation was based on multiplying the ADG of each lamb by the mean stocking rate (lambs/ha), which in turn was a function of the average body weights of lambs (25 kg) and ewes (65 kg).

Pasture and animal productivity data were subjected to normality test to a variance analysis (ANOVA) using a general linear model (Proc GLM) of SAS (Statistical Analysis System, version 9.0) in a randomized complete block design, according to:

$$Y_{ij} = \mu + \tau_i + \beta_j + \epsilon_{ij} \quad (1)$$

in which  $Y_{ij}$  is the dependent variable,  $\mu$  is the overall mean,  $\tau_i$  is the fixed effect of treatment  $i$  (strategies for endoparasite control),  $\beta_j$  is the effect of randomized blocks  $j$ , and  $\epsilon_{ij}$  is the residual error.

A Tukey mean test was used when significance was detected ( $P < 0.05$ ). Data related to the fecal egg counts (FEC), the proportion (%) of drenched lambs per evaluation, and the proportion (%) of animals that received between one and six anthelmintic doses per treatment were described and presented graphically.

## Results

Pasture conditions were homogeneous for the three strategies of endoparasite control ( $P > 0.05$ ) (Table 1).

Animal productivity, stocking rate, body weight gain per area, and carcasses characteristics were not affected ( $P > 0.05$ ) by any strategy of parasite control (Table 2).

The average daily weight gain of lambs was 132.6 ( $\pm 15.3$ ) g/d, and the mean stocking rate was 19.3 ( $\pm 1.0$ ) lambs/ha. So, the weight gain per area was 487.4 ( $\pm 33.2$ ) kg BW/ha, considering 112 days of experimental trial.

The genera and the prevalence of nematodes were evaluated, and *Haemonchus* sp. was the most prevalent genus during the experimental period, from January to May (Table 3).

**Table 1** - Mean and standard errors of height, forage mass (FM), leaf blade (LB), sheath and stem (SS), dead material (DD), and leaf:stem ratio (L:S) of Tifton-85 pasture in the three strategies for endoparasite control

	Strategy <sup>1</sup>			P
	PRO	EPG	FMC	
Height (cm)	16.0 $\pm$ 1.2	16.8 $\pm$ 1.3	17.6 $\pm$ 1.3	0.3892
FM (kg DM/ha)	3,670.9 $\pm$ 303.5	3,957.4 $\pm$ 316.9	4,079.9 $\pm$ 279.7	0.4904
LB (kg DM/ha)	899.3 $\pm$ 135.9	751.1 $\pm$ 105.8	802.5 $\pm$ 107.4	0.3920
SS (kg DM/ha)	1,279.9 $\pm$ 199.6	1,441.3 $\pm$ 173.9	1,540 $\pm$ 123.3	0.9780
DD (kg DM/ha)	1,230.4 $\pm$ 197.6	1,280.71 $\pm$ 180.2	1,435.9 $\pm$ 213.6	0.3027
L:S	0.88 $\pm$ 0.11	0.61 $\pm$ 0.07	0.60 $\pm$ 0.07	0.4632

<sup>1</sup> PRO: prophylactic treatment of all animals; EPG: treatment with number of eggs per gram of feces (FEC $\geq$  700); FMC: treatment based on FAMACHA scores.

**Table 2** - Mean and standard errors of animal performance and carcass characteristics of lambs finished on Tifton-85 pastures and subjected to three strategies for endoparasite control

	Strategy <sup>1</sup>			P
	PRO	EPG	FMC	
Slaughter weight (kg)	30.9 $\pm$ 1.3	29.7 $\pm$ 1.4	28.4 $\pm$ 1.2	0.092
Mean daily weight gain (g/day)	138 $\pm$ 13	142 $\pm$ 20	118 $\pm$ 13	0.128
Slaughter condition score	2.8 $\pm$ 0.1	2.6 $\pm$ 0.1	2.6 $\pm$ 0.1	0.859
Backfat thickness (mm)	3.16 $\pm$ 0.52	2.66 $\pm$ 0.4	2.27 $\pm$ 0.4	0.304
Hot carcass yield (%)	43.5 $\pm$ 1.2	44.7 $\pm$ 1.3	42.7 $\pm$ 1.2	0.068
Cold carcass yield (%)	42.5 $\pm$ 1.2	43.5 $\pm$ 1.3	41.6 $\pm$ 1.2	0.074
Cooling loss (%)	2.3 $\pm$ 0.1	2.3 $\pm$ 0.1	2.5 $\pm$ 0.1	0.217

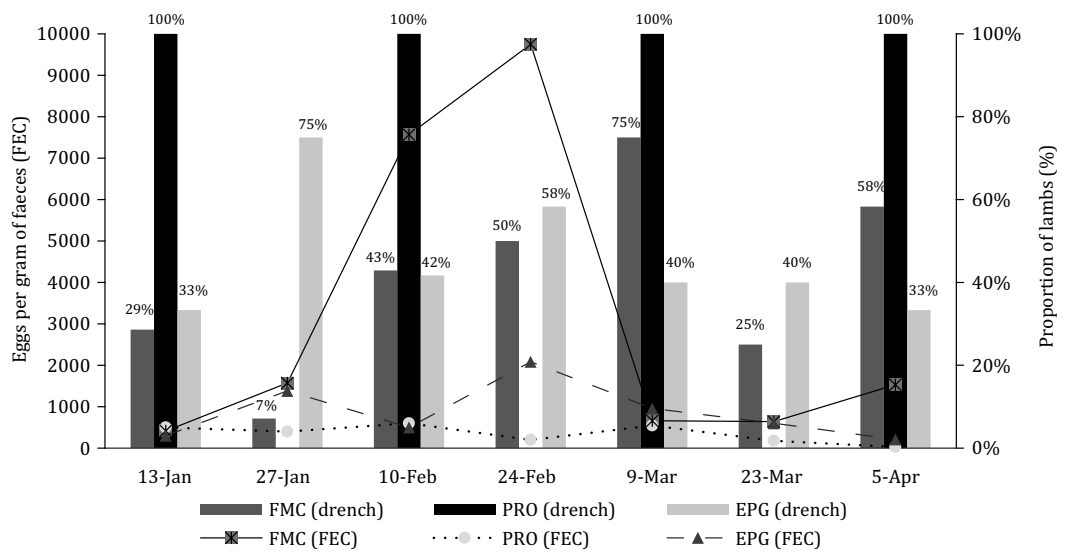
<sup>1</sup> PRO: prophylactic treatment of all animals; EPG: treatment with number of eggs per gram of feces (FEC $\geq$  700); FMC: treatment with FAMACHA scores.

**Table 3** - Prevalence of the nematodes (%) identified in coproculture of lamb feces, subjected to three strategies<sup>1</sup> for endoparasite control

Genera (spp.)	January	February	March	April	May	Average
<i>Haemonchus</i>	74.6	66.0	59.6	35.0	72.2	61.5%
<i>Teladorsagia</i>	13.0	19.3	27.0	33.0	15.5	21.5%
<i>Cooperia</i>	8.7	6.6	5.1	8.0	2.3	6.1%
<i>Trichostrongylus</i>	3.7	8.1	8.3	24.0	10.0	10.9%

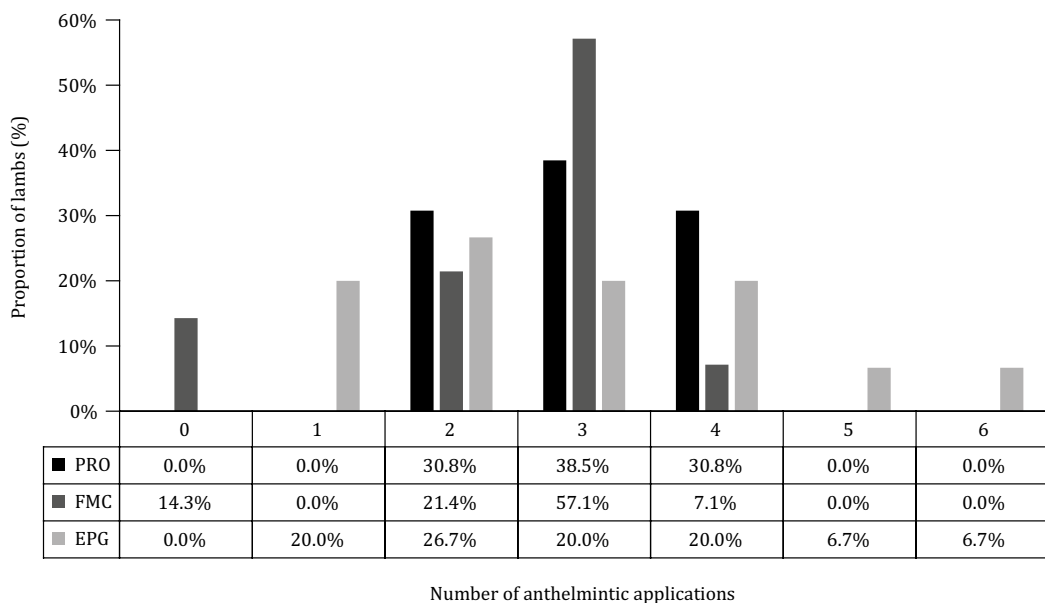
<sup>1</sup> Prophylactic treatment of all animals; treatment with number of eggs per gram of feces (FEC $>$ 700); treatment with FAMACHA scores.

There was no significant difference ( $P>0.05$ ) in the mean number of anthelmintic doses among the strategies (PRO – 3.0; FMC – 2.4; EPG – 2.7), because the animals were slaughtered as they reached the pre-set weight (Table 2). This caused different numbers of anthelmintic applications in the PRO group. Thus, lambs slaughtered earlier, received two (30.8%) or three (38.5%) anthelmintic doses, while those that remained until the last evaluation (30.8%) received four doses. Nevertheless, 100% of PRO animals received anthelmintics every 28 days (Figure 2). The proportion of lambs that received between zero and six anthelmintic doses (Figure 3) shows that the variation in the number of doses was related to the control strategy and the number of days for lambs to reach the slaughter weight.



<sup>1</sup> The proportion (%) was calculated considering the total number of lambs in each date per treatment.  
<sup>2</sup> PRO: prophylactic treatment of all animals; EPG: treatment with number of eggs per gram of feces (FEC $\geq$  700); FMC: treatment with FAMACHA. Arrows indicate the dates of PRO applications.

**Figure 2 -** Number of fecal eggs per gram of feces (FEC; lines) and proportion<sup>1</sup> of drenched lambs (%) finished on summer pasture and subjected to three strategies<sup>2</sup> for endoparasite control.



PRO: prophylactic treatment of all animals; EPG: treatment with number of eggs per gram of feces (FEC $\geq$  700); FMC: treatment with FAMACHA.

**Figure 3 -** Proportion of lambs (%) finished on summer pasture that received between zero and six anthelmintic applications, subjected to strategies<sup>1</sup> for endoparasite control.

The FEC variation for each strategy (Figure 2) shows that the lambs subjected to either PRO or EPG strategies presented from 0 to 2000 FEC. The largest variation was observed in lambs subjected to FMC, with an average counting of 10,000 in February, reflecting the *H. contortus* season in South of Brazil. The rainfall during the experimental period was 570 mm, and the temperature ranged between 12 and 25°C.

## Discussion

We determined that performance and animal productivity were not affected by the studied parasite control strategies. The animals in the present study were raised under similar feed conditions, which could have imposed a central influence in productivity and pasture characteristics. The forage supply followed the recommended forage height and mass for ewes with growing lambs, allowing the maximum feed intake (Mezzalira et al., 2014). This recommendation aimed to ensure the best performance of animals even under different endoparasite challenge. The production systems can influence parasitic infection in lambs, such as weaning of lambs or feed supplementation, and can be relevant to the response to parasites (Salgado et al., 2018). Depner et al. (2007) reported no significant effect of FMC and prophylactic strategies on performance of Ile de France lambs between four and eight months old in Rio Grande do Sul, Brazil. Arece-García et al. (2016) also reported no significant effect of FMC and prophylactic strategies on milk production in sheep. Both studies showed that a more frequent use of veterinary drugs did not necessarily guarantee better performance, as has been shown in studies comparing selective and prophylactic suppressive treatments (Kenyon et al., 2009; Jackson, 2017).

Lambs subjected to FMC strategy had the greatest variation in FEC but did not differ from the other groups regarding performance (ADG = 118 g/day). Our results showed that both FMC and EPG strategies were effective mainly because of the early identification of the infected animals with similar performance if compared with the PRO strategy. However, EPG strategy requires equipment, trained professionals, and time for sample processing until a decision on anthelmintic application can be made. There is also a possibility of the density-dependent effect, as animals with a small parasite load may eliminate a large number of eggs, being incorrectly treated.

As expected, the number of anthelmintic applications varied among the selective strategies, since there are different degrees of susceptibility to endoparasites. According to Saddiqi et al. (2011), the ability of a sheep to acquire immunity and express resistance varies substantially among and within breeds. Besides, given that there is some heritability of resistance to gastrointestinal parasites, the FMC scores indicates that selection process is possible in breeding programs (Berton et al., 2017). Selective strategies are based on phenotypic parameters that are used to select animals more resilient to endoparasites, which is not possible when a prophylactic strategy is applied to the entire flock (Molento et al., 2004).

However, our data suggest that selective strategies should be used together with other criteria for endoparasite control. For example, there was a prevalence of *Haemonchus* sp. in most evaluations, apart from April, when *Trichostrongylus* sp. and *Teladorsagia* sp. were predominant. This variation did not affect animal performance in the present study, but the use of other criteria such as FEC or clinical signs (i.e., diarrhea) is recommended. Cintra et al. (2018) reported a low sensitivity of growing lambs to FMC and recommended that it should not be used alone to evaluate young animals. It is known that the small ocular area of young animals makes the FMC evaluations more difficult (Fernandes et al., 2015).

The FEC variation (from 0 to 10,000) also indicates that EPG monitoring in lambs should be more frequent in the summer due to the continuous *H. contortus* infection and favorable climate conditions. In the present study, the high EPG (>2,000) indicates a massive mixed infection (Ueno and Gonçalves, 1998). The breeds selected for higher weight gain and early finishing, such as Suffolk and other meat breeds, are more susceptible to parasitic infections when compared with native breeds (Santa Inês and Morada Nova) (Amarante et al., 2004). Our animals were between 42 and 140 days of age and showed



little tolerance against parasites (Greer et al., 2009). Pasture-based sheep production favors parasite infections that could lead to death, especially for early weaned lambs (45-65 days of age). Ribeiro et al. (2009) reported an average mortality rate of 20% caused by endoparasite infections in lambs raised on pasture in subtropical regions.

Neither performance, slaughter weight, BCS, nor carcass characteristics differed among the animals in any parasite control strategies. The average BT of 2.4 mm was classified as moderate (Johnson et al., 2005) and could have influenced the average cooling loss (2.4%), which was lower than the maximum acceptable levels (3-4%) (Almeida Júnior et al., 2004). In contrast, the average BCS (2.7) was lower than the recommended (3-3.5) (Russel et al., 1969). It is known that the performance of lambs could be influenced by feed supplementation, since the nutritional supply plays a crucial role in the control of parasites in ruminants (Hoste et al., 2016). Silva et al. (2012), Poli et al. (2008), and Ribeiro et al. (2009) assessed the performance of suckling lambs finished on pasture and reported an ADG of 130, 281, and 303 g/day, respectively.

Although there was no difference ( $P < 0.05$ ) in the mean number of anthelmintic doses, several studies reported a reduction in the use of anthelmintic when the decision was based on FEC (Leathwick et al., 2006; Cringoli et al., 2009; Gaba et al., 2010) or FMC (Depner et al., 2007; Molento et al., 2009). Thus, we consider that the production system, number of animals in the flock, season, and efficacy of the drug must be considered before choosing the strategy to be applied, as they can influence production costs, parasite challenge, selection pressure for resistant parasites, and veterinary drug residues in both meat and the environment.

The FMC strategy resulted in the highest number of lambs with no anthelmintic use (14.3%), when compared with the other two strategies. This is extremely important, as we need to keep part of parasite populations in refugia to dilute drug selection and maintain anthelmintic efficacy (Jackson et al., 2017). Kenyon et al. (2013) reported that a monthly prophylactic treatment decreased the efficacy of ivermectin compared with other three strategies. According to Molento et al. (2004), the good productivity observed in sheep under prophylactic treatments could lead to a false impression of the efficacy of a prophylactic method. However, the higher the frequency and the shorter the interval between applications, the greater the selection pressure of parasites to most of anthelmintic classes (Papadopoulos et al., 2013). These suppressive strategies have a clear consequence of reducing the refugia population. Thus, the strategy for endoparasite control must be chosen carefully even for short-period finishing systems, since it may affect both the animal performance and future parasite population for resistance.

In some cases, more animals were treated in the FMC group than in the EPG (Figure 2), reaffirming that the degree of anemia should be used along other clinical and performance indicators for a more appropriate treatment criteria for lambs (Cintra et al., 2018). Besides, more EPG animals (6.7%; Figure 3) received between five and six doses, but probably some animals would not need as much treatment if FMC was used in combination. Thus, although it is evident the importance of incorporating selective treatments, an integrated parasitic control program is recommended for lambs using tools such as FEC, FMC, or even the performance of animals (Molento et al., 2004; McBean et al., 2016).

## Conclusions

The three strategies for endoparasite control do not affect the productivity and carcass traits of unweaned lambs finished on pasture and the selective strategies are directly beneficial over herd treatment. The FAMACHA guide and treatment of animals based on the cut off for fecal egg count can reduce the selection pressure for resistant parasite populations, as treatments are not given to the entire herd. Associated to that, the diagnostic-based treatments can also give indirect advantages to sustainable farming systems with less drug residues in the environment.

## Conflict of Interest

The authors declare no conflict of interest.

## Author Contributions

Conceptualization: M.B. Molento and A.L.G. Monteiro. Funding acquisition: A.L.G. Monteiro. Investigation: M.A.M. Fernandes, J.A. Salgado, M.T.P. Peres, M.B. Molento and A.L.G. Monteiro. Methodology: M.A.M. Fernandes, J.A. Salgado, M.T.P. Peres, M.B. Molento and A.L.G. Monteiro. Project administration: A.L.G. Monteiro. Resources: A.L.G. Monteiro. Supervision: A.L.G. Monteiro. Writing-original draft: M.A.M. Fernandes, J.A. Salgado, K.F.D. Campos, M.B. Molento and A.L.G. Monteiro. Writing-review & editing: M.A.M. Fernandes, J.A. Salgado, M.B. Molento and A.L.G. Monteiro.

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