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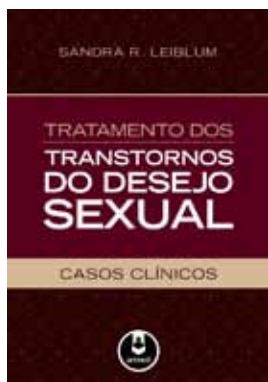
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BOOK REVIEW

Treating Sexual Desire Disorders

Sandra R. Leiblum. Porto Alegre, Artmed, 2012.



To what variations is sexual desire subject throughout life? How can such variations affect individuals, couples and families? What interventions are available to intercede in this field and improve quality of life of patients with sexual desire disorders?

These are the questions that prompted Sandra R. Leiblum to organize the book *Treating Sexual Desire Disorders*, where medical experts present different approaches used in the management

of patients with sexual desire disorders.

Throughout its 14 chapters, the book shows operational definitions of sexual desire and its disorders, data on its prevalence and variation, and possible intervention for physicians, psychologists and sex therapists in general, who are dealing with increasing numbers of patients with legitimate complaints of decreased, increased or discrepant libido that affect their daily lives and relationships.

Possibly, the great merit of this work is to present real clinical cases in each of its chapters on intervention techniques. Together with the authors, Sandra Leiblum sought to select cases that addressed a wide variation of sexual desire in different types of current relationships, showing data on interventions with men and women, homosexuals and heterosexuals, young and old individuals.

Published after the untimely death of its award-winning and internationally renowned author, *Treating Sexual Desire Disorders* is an invaluable work for all professionals who are interested in queries that directly affect their patients' quality of life.

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