

Evaluation of the Effect of an Extract of *Sabugueiro* (*Sambucus australis*) on the Labeling of Blood Constituents with Technetium-99m

Camila Godinho Ribeiro^{1,2,*}, Bernardo Machado Rebello^{1,2}, Rosane de Figueiredo Neves^{1,2}, Sebastião David Santos-Filho^{1,2}, Adenilson de Souza da Fonseca¹, Aldo da Cunha Medeiros², Mario Bernardo-Filho^{2,3} and Maria Teresa Janssem de Almeida Catanho⁴

¹Laboratório de Radiofarmácia Experimental; Departamento de Biofísica e Biometria; Instituto de Biologia Roberto Alcântara Gomes; Universidade do Estado do Rio de Janeiro; Av. 28 de setembro, 87; 20551-030; cacagr@yahoo.com.br; Rio de Janeiro - RJ - Brasil. ²Programa de Pós-Graduação em Ciências da Saúde; Centro de Ciências da Saúde; Universidade Federal do Rio Grande do Norte; Av. Gal. Gustavo Cordeiro de Farias, s/n; 59010-180; Natal - RN - Brasil. ³Coordenadoria de Pesquisa; Instituto Nacional do Câncer; Praça Cruz Vermelha, 23; 20230-130; Rio de Janeiro - RJ - Brasil. ⁴Universidade Federal de Pernambuco; Departamento de Biofísica e Radiobiologia; Av. Prof. Moraes Rego s/n; 50670-420; Recife - PE - Brasil

ABSTRACT

Sambucus australis (sabugueiro) has been used to treat inflammatory and rheumatologic disorders. Blood constituents labeled with technetium-99m (^{99m}Tc) have been used in nuclear medicine to obtain diagnostic images. The aim of this work was to evaluate the effect of a sabugueiro extract on the labeling of blood cells with ^{99m}Tc. Blood samples from Wistar rats were incubated with sabugueiro extract and the radiolabeling assay of blood constituents was carried out. After centrifugation, samples of plasma and blood cells were separated. Aliquots of plasma and blood cells were precipitated with trichloroacetic acid and centrifuged to isolate soluble and insoluble fractions. The radioactivity in each fraction was counted and the percentage of activity (%ATI) was determined. Incubation with sabugueiro extract altered significantly ($p < 0.05$) the %ATI incorporated to the blood constituents. These results could be explained due the presence of chemical substances in the sabugueiro extract that present redox and/or chelating action altering the labeling of the blood constituents with ^{99m}Tc.

Key words: *Sambucus australis*, blood constituents, technetium-99m

INTRODUCTION

Epidemiological and clinical studies have proved the beneficial effect of bioactive compounds of medicinal plants used in phytotherapy on prevention of several diseases (Kery et al., 2004). Moreover, investigations in basic research have permitted to understand better some properties

related with the medicinal plants (Fonseca et al., 2005; Bernardo-Filho et al., 2005).

Sambucus australis, known as sabugueiro in Brazil, is used in folk medicine as diuretic, to treat inflammation, burn, pain and rheumatologic disorders (Guarrera et al., 2005; Jorge et al., 1999). In Brazil, sabugueiro is found from the Bahia State up to Rio Grande do Sul State.

* Author for correspondence

Technetium-99m (^{99m}Tc) has been the most utilized radionuclide in nuclear medicine to diagnosis procedures (Saha, 2004). Several compounds and cells, as red blood cells and white blood cells, are used as radiopharmaceuticals (radiobiocomplexes) (Bernardo-Filho et al., 2005). Blood constituents labeled with ^{99m}Tc have also been used as experimental model to evaluate the redox properties of synthetic and natural drugs (Abreu et al., 2006; Fonseca et al., 2007).

The labeling of blood constituents with ^{99m}Tc is based on the utilization of a reducing agent, and the stannous chloride (SnCl_2) is commonly used for this purpose. The radionuclide is used as sodium pertechnetate ($\text{Na}^{99m}\text{TcO}_4$). In the labeling of red blood cells, the band-3 proteins and calcium channels seem to have strong importance to these ions reach cellular compartment (Callahan and Rabito, 1990; Gutfilen et al., 1992). The factors, as natural drugs, that can influence the labeling of blood constituents have been reported (Bernardo-Filho et al., 2005).

The aim of this work was to evaluate the influence of a sabugueiro extract on the labeling of blood constituents with ^{99m}Tc .

MATERIALS AND METHODS

Commercial *Sambucus australis* was obtained from the Rodomonte Laboratório Vegetal (Belo Horizonte, Brazil).

To experimental procedures the commercial sabugueiro extract (1000 mg/mL) was diluted in 0.9% NaCl solution (saline) to obtain the different concentrations (500, 250, 125, 62.5 and 31 mg/mL). A spectrophotometric analysis (Analyser, 800M, São Paulo, Brazil) of the extract was carried out (400 up to 700nm) with intervals of 10nm. The absorbance at 500 nm was considered the marker of preparation of this extract. It was also determined the pH of this preparation by standard indicator of pH (Merck, Germany). All the prepared extracts to be used in the experiments must have the optical density of 1.34 ± 0.028 at 500 nm (Fig. 1) and the pH 5.

Wistar male rats (250-300 g) from *Universidade do Estado do Rio de Janeiro*, food and water *ad libitum*, maintained under constant environmental conditions ($23 \pm 2^\circ\text{C}$, 12h/12h of light/dark cycle) were used in experiments. The protocol was approved by the Ethical Committee to handle animals in experiments of the *Instituto de Biologia*

Roberto Alcantara Gomes, Universidade do Estado do Rio de Janeiro, with the number CEA/126/2006.

In vitro labeling of blood constituents with ^{99m}Tc was carried out as described in Bernardo-Filho et al. (1983).

Blood samples were (0.5 ml) were incubated with 100 μl of different concentrations of sabugueiro extract (500, 250, 125, 62.5 and 31 mg/mL) for 1 hour at room temperature. Blood samples were incubated with 0.9% NaCl solution as control. Then, 0.5ml of stannous chloride (Sigma Chemical Co., USA) (1.2 $\mu\text{g/ml}$) solution freshly prepared was added and the incubation continued for another 1 hour. After this period of time, ^{99m}Tc (0.1ml), as sodium pertechnetate ($\text{Na}^{99m}\text{TcO}_4$), recently milked from a $^{99}\text{Molybdenium}/^{99m}\text{Technetium}$ generator (*Instituto de Pesquisas Energéticas e Nucleares, Comissão Nacional de Energia Nuclear, São Paulo, Brazil*), was added and the incubation continued for 10 minutes. These samples were centrifuged (clinical centrifuge, 1500 rpm, 10 minutes) and plasma (P) and blood cells (BC) were separated. Samples (20 μl) of P and BC were also precipitated with 1ml of trichloroacetic acid (5%) and soluble (SF) and insoluble fractions (IF) were separated after centrifugation (clinical centrifuge, 1500 rpm, 10 minutes). The radioactivity in P, C, IF-P, SF-P, IF-BC and SF-BC were determined in a well counter (Automatic Gamma Counter, C5002, Packard, USA) and percentage of radioactivity (%ATI) was calculated, as previously described (Bernardo-Filho et al., 1983).

Data are reported as media \pm standard deviation of %ATI and absorbance. Statistical analysis was performed by One-way ANOVA followed by Bonferroni post-test with $p < 0.05$ as significance level.

RESULTS

The Fig. 1 shows the absorption spectrum of the sabugueiro extracts used in the experiments. The pattern of the absorption spectrum presents the highest measure of the optical density (1.34 ± 0.028) at 500 nm. This parameter has permitted to control the conditions of the extracts being used as a marker.

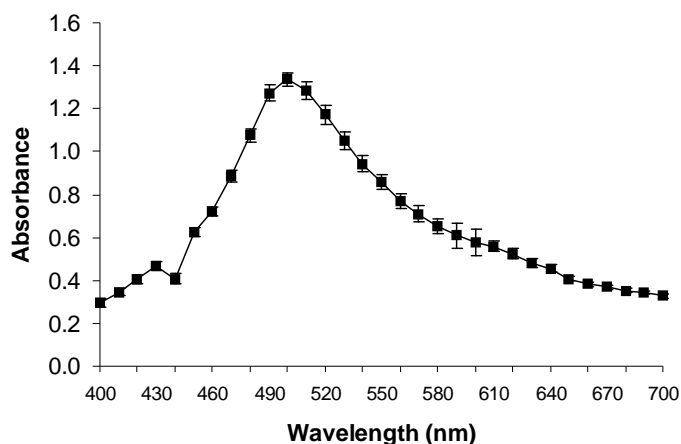


Figure 1 - Absorption spectrum of sabugueiro extract

Table 1 shows the distribution of the radioactivity between plasma and cellular compartments of blood incubated with sabugueiro extract. The data presented in this table suggest that the incubation with sabugueiro extract induces a significant ($p < 0.05$) alteration of the distribution of radioactivity between these compartments.

Table 2 shows the fixation of the radioactivity in the insoluble fraction of plasma obtained from whole blood treated with sabugueiro extract. The analysis of these results indicates that the extract used is capable of significantly ($p < 0.05$) modify the fixation of ^{99m}Tc on the insoluble and soluble fractions of plasma.

Table 1 - Effect of a sabugueiro extract on the distribution of ^{99m}Tc between plasma and cellular compartments.

Sabugueiro extract (%)	%ATI	
	Cells	Plasma
0.00 (control)	96.50±1.03	3.50±1.03
31 ^(*)	92.14±0.69	7.86±0.69
62.5 ^(*)	91.28±1.14	8.72±1.14
125.0 ^(*)	87.30±3.27	12.70±3.27
250.0 ^(*)	65.52±3.08	34.48±3.08
500.0 ^(*)	27.47±4.95	72.53±4.95

Blood samples were incubated with a sabugueiro extract for 1 hour. The radiolabeling of blood constituents was performed; the samples were centrifuged to plasma (P) and blood cells (BC) separation. The radioactivity in plasma (P) and blood cells (BC) was counted and the percentage of radioactivity (%ATI) was calculated. (*) $p < 0.05$ when compared with control.

Table 2 - Effect of a sabugueiro extract on the fixation of ^{99m}Tc on insoluble and soluble fractions of plasma.

Sabugueiro extract (%)	%ATI	
	IF-P	SF-P
0.00 (control)	69.01±1.35	30.99±1.35
6.25 ^(*)	55.51±4.52	44.49±4.52
12.5 ^(*)	57.04±4.44	42.96±4.44
25.0 ^(*)	52.43±1.89	47.57±1.89
50.0 ^(*)	51.49±9.65	49.51±9.65
100.0 ^(*)	51.62±1.97	48.38±1.97

Blood samples were incubated with a sabugueiro extract for 1 hour. Radiolabeling of blood constituents was performed; the samples were centrifuged to plasma (P) and blood cells (BC) separation. Aliquots of P were precipitated with trichloroacetic acid and insoluble (IF) and soluble fraction (SF) were separated. The radioactivity in SF-P and IF-P was counted and the percentage of radioactivity (%ATI) was calculated. (*) $p < 0.05$ when compared with control.

Table 3 shows the effect of sabugueiro extract on the fixation of the radioactivity on the insoluble and soluble fractions of blood cells. The results indicate a significant ($p < 0.05$) modification of

fixation of ^{99m}Tc on insoluble and soluble fractions of the blood cells from blood samples incubated with sabugueiro extract.

Table 3 - Effect of a sabugueiro extract on the fixation of ^{99m}Tc on insoluble and soluble fraction of blood cells.

Sabugueiro extract (%)	%ATI	
	IF-BC	SF-BC
0.00 (control)	78.48±0.29	21.52±0.29
6.25 ^(*)	51.78±2.02	48.22±2.02
12.5 ^(*)	54.38±2.68	45.62±2.68
25.0 ^(*)	52.77±8.02	47.23±8.02
50.0 ^(*)	52.15±8.74	47.85±8.74
100.0 ^(*)	53.74±4.81	46.26±4.81

Blood samples were incubated with a sabugueiro extract for 1 hour. Radiolabeling of blood constituents was performed; the samples were centrifuged to plasma (P) and blood cells (BC) separation. Aliquots of BC were precipitated with trichloroacetic acid and insoluble (IF) and soluble fraction (SF) were separated. The radioactivity in SF-BC and IF-BC was counted and the percentage of radioactivity (%ATI) was calculated. (*) $p < 0.05$ when compared with control.

DISCUSSION

There are evidences that natural drugs could affect the radiolabeling of red blood cells with ^{99m}Tc and some findings have been considered in the development of an experimental model to verify properties of these drugs (Santos-Filho et al., 2005; Abreu et al., 2006; Freitas et al., 2007). Moreover, the possible interference of the medicinal plants on the nuclear medicine procedures based on red blood cells labeled with ^{99m}Tc and the consequences in the interpretation of these examinations could be considered.

Investigators have reported that natural products, as *Coffea arabica*, *Mentha crispera* and *Psidium guajava* are able to interfere with the labeling of BC with ^{99m}Tc . Furthermore, extracts of *Sechium edule* and *Pfaffia* sp. do not alter the fixation of this radionuclide on the blood constituents (Fernandes et al., 2005; Oliveira et al., 2003; Abreu et al., 2006; Santos-Filho et al., 2004; Diré et al., 2004).

Sambucus australis is one of the plants widely used in popular medicine in Brazil due to its diuretic action, as well as is indicated to inflammation, burn, pain and rheumatologic disorders (Guarrera et al., 2005).

Our data suggest that the sabugueiro extract was capable to modify the distribution of the radioactivity between the cellular and plasma compartments reducing the uptake of ^{99m}Tc in the cellular compartment (Table 1). The %ATI was

also reduced in the insoluble fractions of plasma and cells from blood samples incubated with this extract (Tables 2 and 3). As the fixation of the ^{99m}Tc depends on the presence of a reducing agent, it is possible to suggest that chemical substances in sabugueiro extract could present redox and/or chelating actions that could to alter the labeling of the blood constituents with ^{99m}Tc . These properties have also been suggested to other medicinal plant, as *Hypericum perforatum*, *Coffea arabica*, *Mentha crispera* and *Gingko biloba* (Santos-Filho et al., 2005; Moreno et al., 2004; Oliveira et al., 2003; Santos-Filho et al., 2004). Other possibility could be an alteration on the ion transport systems of Sn^{++} and pertechnetate through of membrane of red blood cells, which could interfere on the labeling of the blood constituents with ^{99m}Tc . In fact, alterations on the membrane of red blood cells and reduction of labeling of red blood cells have been reported to other extracts, as *Coffea arabica*, *Mentha crispera* and *Gingko biloba* (Moreno et al., 2004; Oliveira et al., 2003; Santos-Filho et al., 2004).

In conclusion, our experimental data showed that the labeling of blood constituents with ^{99m}Tc could be altered in the presence of sabugueiro extract. These findings suggest that chemical compounds in this extract could present redox and/or chelating properties capable to interfere in this labeled assay with ^{99m}Tc . Morphological experiments are ongoing to try to verify the action of this extract on the shape of the red blood cells.

ACKNOWLEDGEMENTS

This research was supported by Universidade Federal do Rio Grande no Norte, Coordenação de Aperfeiçoamento de Pessoal de Nível Superior (CAPES), Fundação Carlos Chagas Filho de Amparo a Pesquisa do Estado do Rio de Janeiro (FAPERJ), Conselho Nacional de Desenvolvimento Científico e Tecnológico (CNPq) and Universidade do Estado do Rio de Janeiro.

RESUMO

Sambucus australis (*sabugueiro*) tem sido utilizado para o tratamento de distúrbios inflamatórios e reumáticos. Constituintes sanguíneos marcados com tecnécio-99m (^{99m}Tc) são utilizados na medicina nuclear para obtenção de imagens. O objetivo desse trabalho foi avaliar o efeito de um extrato de sabugueiro na marcação dos constituintes sanguíneos com ^{99m}Tc . Amostras de sangue de ratos *Wistar* foram incubadas com um extrato de sabugueiro durante 1 hora. Em seguida, o ensaio de marcação de constituintes sanguíneos com ^{99m}Tc foi realizado. Após a centrifugação, plasma (P) e células (C) foram separadas e alíquotas de P e CS também foram precipitadas em ácido tricloroacético e centrifugadas para isolamento das frações solúvel (FS-P e FS-C) e insolúvel (FI-P e FI-C). A radioatividade em cada fração foi contada e a porcentagem de radioatividade incorporada (%ATI) foi determinada. A incubação com o extrato de sabugueiro alterou significativamente ($p < 0.05$) a %ATI dos constituintes sanguíneos. Esses resultados poderiam ser explicados devido à presença de substâncias químicas no extrato de sabugueiro com ação redox e/ou quelante, que poderiam alterar a marcação dos constituintes sanguíneos.

REFERENCES

- Abreu, P. R.; Almeida, M. C.; Bernardo, R. M.; Bernardo, L. C.; Brito, L. C.; Garcia, E. A.; Fonseca, A. S. and Bernardo-Filho, M. (2006), Guava extract (*Psidium guajava*) alters the labelling of blood constituents with technetium-99m. *J Zhejiang Univ Sci B.*, **7**, 429-435.
- Bernardo-Filho, M.; Moura, I. N. S. and Boasquevisque, E. M. (1983), ^{99m}Tc -labeled red blood cells "in vitro". *Arch Biol Technol.*, **26**, 455-461.
- Bernardo-Filho, M.; Santos-Filho, S. D.; de Moura, E. G.; Maiworm, A. I.; Orlando, M. M. C.; Penas, M. E.; Cardoso, V. N.; Bernardo, L. C. and Brito, L. C. (2005), Drug interaction with radiopharmaceuticals: a review. *Braz Arch Biol Technol.*, **48**, 13-27.
- Callahan, R. J. and Rabito, C. A. (1990), Radiolabeling of erythrocytes with technetium-99m: role of band-3 protein in the transport of pertechnetate across the cell membrane. *J Nucl Med.*, **31**, 2004-2008.
- Diré, G.; Lima, E. A. C.; Gomes, M. L.; Moreno, S.; Marques, M. T. Q.; Jales, R. L.; Caldeira-De-Araujo, A. and Bernardo-Filho, M. (2004), An in vitro study of a natural product (chayote): an analysis on the labeling of blood components with technetium-99m on the morphology of DNA. *J Food Technol.*, **2**, 71-75.
- Fernandes, J. F. O.; Brito, L. C.; Frydman, J. N. G.; Santos-Filho, S. and Bernardo-Filho, M. (2005), An aqueous extract of *Pfaffia* sp. does not alter the labeling of blood constituents with technetium-99m and the morphology of the red blood cells. *Braz J Pharmacol.*, **15**, 126-132.
- Fonseca, A. S.; Frydman, J. N.; Santos, R. and Bernardo-Filho, M. (2005), Influence of antipyretic drugs on the labeling of blood elements with technetium-99m. *Acta Biol Hung.*, **56**, 275-282.
- Fonseca, A. S.; Frydman, J. N.; Rocha, V. C. and Bernardo-Filho, M. (2007), Acetylsalicylic acid decreases the labeling of blood constituents with technetium-99m. *Acta Biol Hung.*, **58**, 187-198.
- Freitas, R. S.; Moreno, S. R. F.; Lima-Filho, G. L.; Fonseca, A. S. and Bernardo-Filho, M. (2007), Effect of a commercial extract of *Paullinia cupana* (guarana) on the binding of ^{99m}Tc -DMSA on blood constituents: an in vivo study. *Appl Radiat Isot.*, **65**, 528-533.
- Guarrera, P. M.; Forti, G. and Marignoli. (2005), Ethnobotanical uses of plants in the district of Acquapendente (Latium, Central Italy). *J Ethnopharmacol.*, **96**, 429-444.
- Gutfilen, B.; Boasquevisque, E. M. and Bernardo-Filho, M. (1992), Calcium channel blockers: interference on red blood cells and plasma proteins labeling with ^{99m}Tc . *Rev Esp Med Nucl.*, **11**, 195-199.
- Jorge, L. F.; Graciano, R. A. S.; Prado, S. P. T. and Pereira, U. (1999), Identificação histológica de *Sambucus australis* cham. and schlenht. (Sabugueiro). *Rev Cienc Farmacol.*, **20**, 117-123.

- Kery, A.; Lugasi, A.; Balazs, A.; Feher, E.; Pronai, L.; Czinner E.; Hagymasi, K.; Apati, P.; Papp, I.; Hevesi-Toth, B. and Blazovics A. (2004), Free radical scavenger and lipid peroxidation inhibiting effects of medicinal plants used in phytotherapy. *Acta Pharm Hung.*, **74**, 158-165.
- Moreno, S. R.; Freitas, R. S.; Rocha, E. K.; Lima-Filho, G. L. and Bernardo-Filho, M. (2004), Protection of plasmid DNA by a *Ginkgo biloba* extract from the effects of stannous chloride and the action on the labeling of blood elements with technetium-99m. *Braz J Med Biol Res.*, **37**, 267-271.
- Oliveira, J. F.; Santos-Filho, S. D.; Catanho, M. T. J.; Srivastava, S. C.; Lima-Filho, G. and Bernardo-Filho, M. (2003), Effect of extract of medicinal plant on the labeling of blood elements with technetium-99m and on the morphology of red blood cells (RBC): toxicological action of roast coffee beans (*Coffea arabica*). *Indian J Nucl Med.*, **18**, 52-56.
- Saha, G. B. (2004), *Fundamentals of nuclear pharmacy*. Springer-Verlag, New York.
- Santos-Filho, S. D.; Diré, G.; Lima, E.; Oliveira, M. N. and Bernardo-Filho, M. (2004), Effect of *Mentha crispa* (mint) extract on the labeling of blood elements with technetium-99m: a possible evaluation of free radicals. *J Biol Sci.*, **4**, 266-270.
- Santos-Filho, S. D. and Bernardo-Filho, M. (2005), Effect of *Hypericum perforatum* extract on in vitro labeling of blood elements with technetium-99m and on bioavailability of sodium pertechnetate in Wistar rats. *Acta Cir Bras.*, **1**, 76-80.

Received: July 22, 2007;

Revised: August 08, 2007;

Accepted: September 11, 2007.