

## Analgesic and Anti-inflammatory Properties of Essential Oil from *Ageratum fastigiatum*

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### ABSTRACT

The chemical composition, analgesic and anti-inflammatory properties of essential oil from *Ageratum fastigiatum* were investigated. The main compounds found in the essential oil were germacrene D,  $\alpha$ -humulene and  $\beta$ -cedrene. The oil, with LD<sub>50</sub> of 2.50 g/kg, inhibited the acetic acid-induced writhing at the dose of 200 mg/kg. In the formalin test, the oil inhibited the first phase (200 mg/kg) and the second phase (100 mg/kg and 200 mg/kg). In the hot plate test, after 30 and 60 min of treatment the doses of 100 and 200 mg/kg increased the reaction time. The antiedematogenic effect, reduction on the exudate volume and leukocyte mobilization were observed at the doses of 100 and 200 mg/kg. The results indicated that *A. fastigiatum* possessed the analgesic and anti-inflammatory properties that supported the popular medicinal use of the plant.

**Key words:** *Ageratum fastigiatum*, Essential oil, Nociception, Inflammation

### INTRODUCTION

The family Asteraceae is one of the largest plant family with over 1000 genera and 25000 species and growing at different habitats. In Brazil, this family is represented by about 300 genera and 2000 species (Souza and Lorenzi, 2005). Many plants from this family possess the medicinal properties and most of them have been found to possess analgesic, anti-inflammatory and antimicrobial activities (Lorenzi and Matos, 2002). The genus *Ageratum* consists of approximately 30 species but only few species have been chemically investigated (Okunade, 2002). *A. conyzoides* is the most studied species from the chemical and biological point of views (Okunade, 2002; Bouda et al., 2001; Singh et al., 2002; Shirwaikar et al.,

2003; Moody et al., 2004; Nébié et al., 2004; Moura et al., 2005).

*Ageratum fastigiatum* (Gardn.) R. M. King et H. Rob. is a plant well distributed in Minas Gerais State, Southeastern Brazil (Almeida et al., 2004; Guimarães et al., 2002). This plant, popularly called in Brazil as “matapasto”, grows commonly in open place, thrives in any garden soil and is often found at dirty and ruined sites (Almeida et al., 2004). Phytochemical studies have identified diterpenes, triterpenes and derivatives from *A. fastigiatum* (Bohlmann et al., 1981; Bohlmann et al., 1983). This plant, as well as *A. conyzoides*, is indicated in folk medicine as anti-inflammatory, analgesic and antimicrobial (Lorenzi and Matos, 2002; Carvalho, 2004).

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Despite the popular use of leaf extracts from *A. fastigiatum* for the pain relief and treatment of inflammation, there have been no published reports about this plant, and therefore, the present work studied the dried leaf essential oil analgesic and anti-inflammatory activities in experimental animal models. In addition, the chemical composition and acute toxicity of the essential oil were also studied.

## MATERIALS AND METHODS

### Plant Material

The plant material used in this study was collected in São João Del-Rei, State of Minas Gerais, Brazil in March 2005. The species was identified by Dr. Roberto Lourenço Esteves, and a voucher specimen (n° 10329) has been deposited in the Herbarium of the State University of Rio de Janeiro (UERJ), Rio de Janeiro, Brazil.

### Extraction and Identification of Essential Oil

Dried leaves (400 g) of *A. fastigiatum* were hydrodistilled in a Clevenger-type apparatus. After 4 h of distillation, the essential oil (EO) was removed from the surface of the water and dried over anhydrous sodium sulphate for analysis. In order to evaluate the analgesic and anti-inflammatory activities and the acute toxicity, each 500 mg of essential oil was solubilized with 100 µl of dimethyl sulphoxide (DMSO) followed by saline.

Analysis of the volatile constituents was performed on a Hewlett Packard series 6890 gas chromatograph coupled to mass spectrometer MS HP5972 under the following analytical conditions: ZB-5MS column (30m x 0.25 mm x 0.25 µm film thickness); helium (1 mL/min); programmed temperature 60°-240°C (3°C/min); injector temperature (260°C) and interface (200°C); ionization energy, 70 eV; scan range, 30-300 amu; scan time, 1 s. Compounds identification was based on a comparison of retention indices (determined relatively to the retention times of a series of n-alkanes), mass spectra and the NIST spectrometer data bank besides comparison with literature data (Adams, 1995).

### Animals

Male Wistar rats weighing 180-240 g and male Swiss mice weighing 25-30 g were used in the

experiments in accordance with previous estimate. The animals were divided into groups of 4 mice or 3 rats and kept in plastic cages (47x34x18 cm) at room temperature (25±4°C), with free access to Purina rations and water. Animal care and the experimental protocol followed the principles and guidelines suggested by the Brazilian College of Animal Experimentation (COBEA) and were approved by the Ethical Committee of the Federal University of Juiz de Fora (protocol number 001/2006 - CEEA). All the experiments were performed between 08:00-12:00 h to avoid circadian influences.

### Chemicals

Drugs and reagents employed in this study (and their sources) were as follows: acetic acid (Vetec Química Farm. Ltda, Rio de Janeiro, Brazil), formaldehyde (Reagen Quimibrás Ind. Química S. A., Rio de Janeiro, Brazil), morphine hydrochloride (Merck Inc., USA), naloxone, indomethacin and carrageenan (Sigma Chemical Co, USA).

### Acute Toxicity

Group of ten mice received doses of 0.5, 1, 1.5, 2 and 3 g/kg of essential oil from *A. fastigiatum*, while the control group received the vehicle (saline) by orogastric route. The groups were observed for 48 h and at end of this period the mortality was recorded for each group (Dietrich, 1983). The LD<sub>50</sub> were determined by probit test using a death percent versus doses' log (Litchfield and Wilcoxon, 1949). The determination of LD<sub>50</sub> served to define the doses used in the experiments of analgesic and anti-inflammatory activities.

### Acetic Acid-Induced Writhing Response in Mice

Analgesic activity was evaluated by the test of abdominal writhing induced by acetic acid in mice (Koster et al, 1959). The animals were divided into five groups of eight mice each. Acetic acid 0.6% (0.25 ml) was injected intraperitoneally to the control mice group and 10 min later the writhes were counted over a period of 20 min. Among the remaining groups one received orally the reference indomethacin (10 mg/kg) and the other three groups of eight mice each received orally the *A. fastigiatum* essential oil in the doses 50, 100 and 200 mg/kg one hour before the acetic acid, as the control group.

### Formalin-Induced Nociception in Mice

Groups of mice treated as above were injected subplantar with 20  $\mu$ l of 2.5% formalin (in 0.9% saline) and the duration of paw licking was determined 0-5 min (first phase) and 15-30 min (second phase) after formalin injection (Hunskar and Hole, 1987). Animals ( $n = 8$ ) were pretreated with essential oil (50, 100 or 200 mg/kg, p.o.; 0.1 ml/10 g body weight) or morphine (5 mg/kg, s.c.) 1 hour before formalin administration. Control animals were treated with similar volume of sterile saline (10 ml/kg body weight). Morphine (5 mg/kg, s.c.) was used as reference drug.

### Hot plate Latence Assay in Mice

Three groups of eight mice each were treated with essential oil (50, 100 or 200 mg/kg, p.o.; 0.1 ml/10 g body weight) and the control group received sterile saline (10 ml/kg). The animals were placed on a Hot-Plate (Model LE 7406, Letica Scientific Instruments, Spain) heated at  $55 \pm 1$  °C (Franzotti et al., 2000). Measurements were performed at time zero (0 time) and 30, 60 and 90 min after drug administration, with a cut-off time of 40 s to avoid animal paw lesion. In a separate group of animals, the effect of pretreatment with naloxone (1 mg/kg, s.c.) on the analgesia produced by essential oil (200 mg/kg, p.o.) was determined. Morphine (5 mg/kg, s.c.) in the absence and presence of naloxone treatment was used as a reference drug in all the experiments.

### Edema Induced by Carrageenan in Rats

Anti-inflammatory activity was assessed on the basis of paw edema inhibition induced by the injection of 0.1 ml 2% carrageenan into the subplantar region of the right hind paw of the rat (Winter et al., 1962). Male Wistar rats were divided into three different groups of six animals each that separately received the essential oil (50, 100 and 200 mg/kg p.o.; 0.1 ml/10 g body weight), saline and indomethacin (10 mg/kg) orally 1 h before the injection of carrageenan. Paw volume was measured after 4 h intervals of the administration of carrageenan using a plethysmometer (model LE 7500, Letica Scientific Instruments, Spain).

### Pleurisy Induced by Carrageenan in Rats

The pleurisy was induced in male Wistar rats by

intrapleural administration of 0.5 ml of 2% carrageenan suspension in saline solution between the third and fifth ribs on the right side of the mediastinum (Vinegar et al., 1973). Essential oil (50, 100 and 200 mg/kg) was given per 60 minutes prior to injection of the irritant ( $n = 6$ ). Four hours after carrageenan, the animals were killed and the skin and pectoral muscles retracted. A longitudinal incision was made between the third and fifth ribs on each side of the mediastinum. The exudate was collected and transferred to a 15 ml conical centrifuge tube and the total volume was determined. A 50  $\mu$ l aliquot of exudates was used to determine the total leukocyte count in Neubauer chambers.

### Statistical analysis

The data were expressed as mean  $\pm$  S.E.M. Statistical significance was analyzed by the one-way analysis of variance (ANOVA), followed by Student Newman-Keuls test. P-values less than 0.05 ( $p < 0.05$ ) were used as the significant level.

## RESULTS

The dried leaves of *A. fastigiatum* yielded 1.2% of essential oil. Thirty compounds were identified in this oil, representing 99.99% of the total oil (Table 1). The main compounds were germacrene D (24.15%),  $\alpha$ -humulene (11.15%) and  $\beta$ -cedrene (10.63%). Other components occurring in the sample in significant amounts were  $\alpha$ -pinene,  $\delta$ -cadinene,  $\alpha$ -muurolene and  $\beta$ -gurjunene. The essential oil consisted of monoterpenes (9.50%) and sesquiterpenes (90.49%).

The essential oil from *A. fastigiatum* was toxic for mice, with LD<sub>50</sub> of 2.50 g/kg and confidence interval 95% (1.50 – 4.27). This value was important to define the doses for pharmacological activities.

The essential oil from *A. fastigiatum* leaves at the dose of 200 mg/kg caused 30.29% ( $42.87 \pm 2.31$ ) inhibition ( $p < 0.001$ ) against acetic acid-induced abdominal constrictions on average compared to control ( $61.50 \pm 2.26$ ) (Table 2). In the formalin test, the analgesic effect was observed after the treatment of animals with essential oil at the dose 200 mg/kg.

**Table 1** - Percentage composition of the essential oil from *A. fastigiatum* dried leaves.

Compound	Retention Indices	Percentage
$\alpha$ -pinene	807	9.50
$\delta$ -elemene	1091	1.22
$\alpha$ -cubebene	1103	0.48
$\alpha$ -copaene	1125	1.53
$\beta$ -bourbonene	1131	0.63
$\beta$ -elemene	1136	1.84
$\beta$ -cedrene	1166	10.63
$\beta$ -gurjunene	1168	3.77
aromadendrene	1174	0.29
$\alpha$ -guaiene	1178	1.26
$\alpha$ -humulene	1186	11.15
$\gamma$ -muurolene	1201	0.74
germacrene D	1205	24.15
valencene	1218	2.64
$\alpha$ -muurolene	1221	5.72
$\gamma$ -cadinene	1228	2.78
$\delta$ -cadinene	1234	7.03
cadina-1,4-diene	1245	0.45
$\alpha$ -cadinene	1248	0.45
elemol	1261	0.43
spathulenol	1277	0.60
caryophyllene oxide	1280	0.87
globulol	1282	0.49
humulene epoxide II	1300	1.08
1,10-di-epi-cubenol	1309	2.98
1-epi-cubenol	1314	0.32
epi- $\alpha$ -cadinol	1333	1.65
$\alpha$ -muurolol	1356	1.60
$\alpha$ -bisabolol	1442	1.25
cedryl acetate	1537	2.46

**Table 2** – Effects of essential oil from *A. fastigiatum* dried leaves on acetic acid-induced writhing in mice

Group	Doses (mg/kg)	Number of writhing	Inhibition (%)
Control	Saline	61.50 $\pm$ 2.26	-
	50	57.00 $\pm$ 2.13	7.32
Essential oil	100	54.00 $\pm$ 2.68	12.19
	200	42.87 $\pm$ 2.32***	30.29
Indomethacin	10	18.00 $\pm$ 1.79***	70.73

Each value represents the mean $\pm$ S.E.M. of 8 mice. \*\*\*  $p < 0.001$  significantly different from the control group.

**Table 3** - Effects of the essential oil from *A. fastigiatum* dried leaves on formalin-induced nociception in mice

Group	Doses (mg/kg)	Paw licking (s)			
		First phase	Inhibition (%)	Second phase	Inhibition (%)
Control	Saline	89.37 $\pm$ 2.85	-	94.12 $\pm$ 2.15	-
	50	89.12 $\pm$ 2.97	-	93.37 $\pm$ 2.14	-
Essential oil	100	86.62 $\pm$ 2.62	3.08	79.12 $\pm$ 3.16**	15.94
	200	63.00 $\pm$ 2.74***	29.51	53.87 $\pm$ 2.29***	42.76
Morphine	5	15.37 $\pm$ 2.15***	82.80	11.25 $\pm$ 1.81***	88.05

Each value represents the mean $\pm$ S.E.M. of 8 mice. \*\*  $p < 0.01$ ; \*\*\*  $p < 0.001$  significantly different from the control group.

The effect of the essential oil from *A. fastigiatum* on animals assayed in the hot plate varied according the doses and observation time used (Table 4). At time zero, no significant antinociceptive effect was observed after the treatment with the essential oil at any doses tested when compared to control. Observing the results obtained after 30 and 60 min of the treatment, animals that received 100 mg/kg ( $14.37\pm 0.37$ ) or 200 mg/kg ( $18.12\pm 0.44$ ) doses increased the reaction time significantly. At 90 min, only the dose of 200 mg/kg differed significantly from the control. Morphine showed a potent analgesic response after 30, 60 and 90 min after stimuli, increasing the reaction time by 170, 209 and 268%, respectively as compared to control animals.

Hot plate test was further performed in the presence naloxone, an opioid antagonist. Naloxone reduced the morphine-induced antinociceptive effect. However, this antagonist did not alter the

essential oil antinociceptive effect (Table 4).

The anti-inflammatory effect of *A. fastigiatum* in rat paw edema induced by carrageenan was tested using essential oil administered orally (Table 5). Inhibition of edema observed at the dose of 100 mg/kg showed a 20.00% reduction in edema ( $0.68\pm 0.09$ ) compared to control ( $0.85\pm 0.13$ ). The dose of 200 mg/kg was more active reducing 41.18% ( $0.50\pm 0.09$ ). These results indicated that the essential oil from *A. fastigiatum* had antiedematogenic properties in the model of carrageenan-induced edema.

The effects of essential oil from *A. fastigiatum* on carrageenan-induced pleurisy were evaluated comparatively through determination of pleural exudates volume and total leukocyte counts in the exudates. Essential oil administered 4 hour prior to intrapleural injection of carrageenan, in doses of 100 and 200 mg/kg, significantly reduced exudates volume (Table 6) and leukocyte mobilization (Table 7).

**Table 4** - Effects of the essential oil from *A. fastigiatum* dried leaves on the latency time of mice exposed to the hot plate test

Group	Doses (mg/kg)	Reaction time (s)			
		Time 0'	Time 30'	Time 60'	Time 90'
Control	Saline	$6.38\pm 0.60$	$6.75\pm 0.60$	$6.75\pm 0.73$	$6.75\pm 0.50$
	50	$7.00\pm 0.60$	$7.38\pm 0.80$	$8.38\pm 0.60$	$8.75\pm 0.86$
Essential oil	100	$7.12\pm 0.44$	$13.62\pm 0.70^{***}$	$14.38\pm 0.38^{***}$	$9.12\pm 0.67^*$
	200	$7.12\pm 0.72$	$15.75\pm 0.60^{***}$	$18.12\pm 0.74^{***}$	$15.63\pm 0.50^{***}$
Morphine	5	$6.88\pm 0.44$	$18.25\pm 0.60^{***}$	$20.88\pm 0.72^{***}$	$24.88\pm 0.74^{***}$
Naloxone+Morphine	1 + 5	$6.63\pm 0.60$	$12.75\pm 0.60^*$	$11.50\pm 0.68^{***}$	$10.12\pm 0.93^{**}$
Naloxone+Essential oil	1 + 200	$7.00\pm 0.46$	$16.25\pm 0.60^{***}$	$17.12\pm 0.50^{***}$	$15.00\pm 0.71^{***}$

Each value represents the mean $\pm$ S.E.M. of 8 mice. \* $p<0.05$ ; \*\* $p<0.01$ ; \*\*\* $p<0.001$  significantly different from the control group.

**Table 5** - Effects of the essential oil from *A. fastigiatum* dried leaves on the rat paw edema induced by carrageenan

Group	Doses (mg/kg)	Volume of hind paw (ml)	Inhibition (%)
Control	Saline	$0.85\pm 0.13$	-
	50	$0.82\pm 0.13$	3.53
Essential oil	100	$0.68\pm 0.09$	20.00
	200	$0.50\pm 0.09^{**}$	41.18
Indomethacin	10	$0.45\pm 0.10^{***}$	47.06

Each value represents the mean $\pm$ S.E.M. of 6 rats. \*\* $p<0.01$ ; \*\*\* $p<0.001$  significantly different from the control group.

**Table 6** - Effects of the essential oil from *A. fastigiatum* dried leaves on the pleural exudation induced by carrageenan in rats

Group	Doses (mg/kg)	Exudate volume (ml)	Inhibition (%)
Control	Saline	$2.03\pm 0.10$	-
	50	$1.85\pm 0.08$	8.87
Essential oil	100	$1.50\pm 0.11^{**}$	26.11
	200	$1.07\pm 0.09^{***}$	47.29
Indomethacin	10	$1.03\pm 0.10^{***}$	49.26

Each value represents the mean $\pm$ S.E.M. of 6 rats. \*\* $p<0.01$ ; \*\*\* $p<0.001$  significantly different from the control group.

**Table 7** - Effects of the essential oil from *A. fastigiatum* dried leaves on number of leukocytes induced by carrageenan in rats

Group	Doses (mg/kg)	N° of leukocytes (x 10 <sup>3</sup> cells/mm <sup>3</sup> )	Inhibition (%)
Control	Saline	22.12±0.21	-
	50	21.92±0.34	-
Essential oil	100	19.37±0.24**	12.47
	200	16.72±0.21***	24.41
Indomethacin	10	14.22±0.23***	35.71

Each value represents the mean±S.E.M. of 6 rats. \*\**p*<0.01; \*\*\**p*<0.001 significantly different from the control group.

## DISCUSSION

The *A. fastigiatum* essential oil showed very few monoterpenes while the sesquiterpenes constituted more than 90.0% of the identified components, Germacrene D (24.15%) being the main constituent. Some identified constituents in this species have been also reported in *A. conyzoides* (Okunade, 2002; Nébié et al. 2004), *Chamomilla recutita* (Presibella et al., 2006) and *Rosmarinus officinalis* (Atti-Santos et al., 2005).

Results observed in this study showed this to be the first report describing the antinociceptive and anti-inflammatory activities from *A. fastigiatum*. The results demonstrated that the essential oil decreased the abdominal constriction, indicating the inhibition of the expression of prostaglandin synthesis by cyclooxygenase pathway (Duarte et al., 1988). In addition, the action on the peripheral and central levels was observed, suggesting a characteristic biphasic licking response (Hunnskaar and Hole, 1987). The central action was confirmed in the hot plate test (100 and 200 mg/kg), showing maximal effect after 60 minutes of the response. These results indicated that the essential oil-induced analgesia was not dependent on the opioid system, since previous treatment with the opioid antagonist naloxone did not reverse its effect.

The results for the paw edema showed significant reduction at dose 200 mg/kg. It was possible that constituents inhibited the biosynthesis of prostaglandins since studies demonstrated that the injection of carrageenan into the rat paw induced the liberation of bradykinin, which later induced the biosyntheses of prostaglandin and other autacoids, which were responsible for the formation of the inflammatory exudates (Ueno et al., 2000).

In carrageenan-induced pleurisy, the treatment with *A. fastigiatum* essential oil at doses 100

mg/kg and 200 mg/kg reduced both the exudates formation and the mobilization of leukocytes. The reduction in the number of cells was more pronounced in the group of animals treated with 200 mg/kg than 100 mg/kg. These observations were in agreement with results of antinociceptive activity.

These results justified the use of this plant in traditional medicine. Therefore, the essential oil from *A. fastigiatum* could be a potential candidate as analgesic and anti-inflammatory agent.

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## RESUMO

A composição química e as propriedades analgésica e antiinflamatória do óleo essencial de *Ageratum fastigiatum* foram investigadas. Os principais constituintes do óleo essencial foram germacreno D,  $\alpha$ -humuleno e  $\beta$ -cedreno. O óleo, com DL<sub>50</sub> de 2,50 g/kg, inibiu as contorções abdominais induzidas por ácido acético na dose de 200 mg/kg. No teste da formalina, o óleo inibiu a primeira fase (200 mg/kg) e a segunda fase (100 e 200 mg/kg). O tempo de latência aumentou no teste da placa quente, após 30 e 60 minutos de tratamento, nas doses de 100 e 200 mg/kg. O efeito antiedematogênico, assim como a redução do volume do exsudato e da migração leucocitária foram observados nas doses de 100 e 200 mg/kg. Os resultados indicam que o *A. fastigiatum* possui propriedades analgésica e antiinflamatória, o que corrobora com o uso popular da planta.

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