

ERRATA

In the RBME Volume 17 # 1 – January/February in the article “Influence of the Ergometric Protocol in the Onset of Different Criteria of Maximum Exertion”, on page 20, in Table 1 where it can be read (L+min-1) the correct should be (L.min-1) and in table 2, in columns PR1, PR2 and PR3 where set is read it should be 9.

Table 1. Physiological and metabolic responses in the three investigated protocols.

| | PR1 | | PR2 | | PR3 | |
|---------------------------------|------------|-------------|------------|-------------|------------|-------------|
| T _{exhaustion} (min) | 11 ± 1 | (9-14) | 10 ± 3 | (6-15) | 24 ± 3** | (17-30) |
| P _{max} (Watts) | 183 ± 57 | (135-325) | 153 ± 29 | (125-225) | 182 ± 43 | (120-250) |
| VO _{2max} (L.min-1) | 2.68 ± 1.0 | (1.48-4.53) | 2.58 ± 1.0 | (1.47-4.81) | 2.99 ± 1.3 | (1.63-5.60) |
| HR _{max} (bpm) | 168 ± 15 | (141-195) | 165 ± 12 | (153-186) | 180 ± 13 | (159-200) |
| [Lac] | 6.4 ± 1.6 | (4.0-8.2) | 5.3 ± 2.6 | (1.8-9.3) | 8.1 ± 2.3* | (5.1-11.3) |

Mean ± standard deviation (minimum and maximum values); T_{exhaustion}, time of exhaustion; P_{max}, maximum power reached; VO_{2max}, oxygen maximum uptake; HR_{max}, maximum heart rate; [Lac], blood lactate concentration at the end of the test; *significant difference for p ≤ 0.05; ** significant difference for p ≤ 0.01.

Table 2. Onset frequency of the different criteria of maximum exertion in the evaluated protocols.

| | PR1 | PR2 | PR3 |
|--|------|------|------|
| Plateau (≤ 150 mL.min-1) | 05/9 | 01/9 | 0/9 |
| HR _{max} (≥ 95%) ¹ | 01/9 | 0/9 | 03/9 |
| [Lac] (≥ 8.0 mM) | 02/9 | 01/9 | 06/9 |
| RER (≥ 1.1) | 06/9 | 07/9 | 04/9 |

¹ HR_{max} = 220 – age; Number of occurrences/total of observations; the abbreviations follow format of table 1.