

Original Article

## Fixation of *pfcr* chloroquine resistance alleles in *Plasmodium falciparum* clinical isolates collected from unrest tribal agencies of Pakistan

Fixação de alelos de resistência à cloroquina *pfcr* em isolados clínicos de *Plasmodium falciparum* coletados de agitações de agências tribais do Paquistão

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### Abstract

*Plasmodium falciparum* resistance to Chloroquine (CQ) is a significant cause of mortality and morbidity worldwide. There is a paucity of documented data on the prevalence of CQ-resistant mutant haplotypes of *Pfcr* and *Pfmdr1* genes from malaria-endemic war effected Federally Administered Tribal Areas of Pakistan. The objective of this study was to investigate the prevalence of *P. falciparum* CQ-resistance in this area. Clinical isolates were collected between May 2017 and May 2018 from North Waziristan and South Waziristan agencies of Federally Administrated Tribal Area. Subsequently, Giemsa-stained blood smears were examined to detect *Plasmodium falciparum*. Extraction of malarial DNA was done from microscopy positive *P. falciparum* samples, and *P. falciparum* infections were confirmed by nested PCR (targeting *Plasmodium* small subunit ribosomal ribonucleic acid (ssrRNA) genes). All PCR confirmed *P. falciparum* samples were sequenced by pyrosequencing to find out mutation in *Pfcr* gene at codon K76T and in *pfmdr1* at codons N86Y, Y184F, N1042D, and D1246Y. Out of 121 microscopies positive *P. falciparum* cases, 109 samples were positive for *P. falciparum* by nested PCR. *Pfcr* K76T mutation was found in 96% of isolates, *Pfmdr1* N86Y mutation was observed in 20%, and 11% harboured Y184F mutation. All samples were wild type for *Pfmdr1* codon N1042D and D1246Y. In the FATA, Pakistan, the frequency of resistant allele 76T remained high despite the removal of CQ. However, current findings of the study suggest complete fixation of *P. falciparum* CQ-resistant genotype in the study area.

**Keywords:** chloroquine, Pakistan, *Plasmodium falciparum*, *pfcr* gene, war-torn areas.

### Resumo

A resistência do *Plasmodium falciparum* à cloroquina (CQ) é uma causa significativa de mortalidade e morbidade em todo o mundo. Há uma escassez de dados documentados sobre a prevalência de haplótipos mutantes CQ-resistentes dos genes *Pfcr* e *Pfmdr1* da guerra endêmica da malária em áreas tribais administradas pelo governo federal do Paquistão. O objetivo deste estudo foi investigar a prevalência de resistência a CQ de *P. falciparum* nesta área. Isolados clínicos foram coletados entre maio de 2017 e maio de 2018 nas agências do Waziristão do Norte e do Waziristão do Sul da Área de Ensaio Administrada Federalmente. Posteriormente, esfregaços de sangue corados com Giemsa foram examinados para detectar *Plasmodium falciparum*. A extração do DNA da malária foi feita a partir de amostras de *P. falciparum* positivas para microscopia, e as infecções por *P. falciparum* foram confirmadas por nested PCR (visando genes de ácido ribonucleico ribossômico de subunidade pequena de *Plasmodium* (ssrRNA)). Todas as amostras de *P. falciparum* confirmadas por PCR foram sequenciadas por pirosequenciamento para descobrir a mutação no gene *Pfcr* no códon K76T e em *pfmdr1* nos códon N86Y, Y184F, N1042D e D1246Y. De 121 microscopias de casos positivos de *P. falciparum*, 109 amostras foram positivas para *P. falciparum* por nested PCR. A mutação *Pfcr* K76T foi encontrada em 96% dos isolados, a mutação *Pfmdr1* N86Y foi observada em 20% e 11% abrigou a mutação Y184F. Todas as amostras eram do tipo selvagem para o códon N1042D e D1246Y de *Pfmdr1*. No FATA, Paquistão, a frequência do alelo resistente 76T permaneceu alta apesar da remoção de CQ. No entanto, as descobertas atuais do estudo sugerem a fixação completa do genótipo resistente a CQ de *P. falciparum* na área de estudo.

**Palavras-chave:** cloroquina; Paquistão; *Plasmodium falciparum*, gene *pfcr*, áreas destruídas pela guerra.

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## 1. Introduction

Malaria still ranks as the third-highest morbidity and mortality, causing disease globally. About 3.2 billion peoples in 97 countries and territories are at risk of malaria. About 214 million malaria cases have been reported, with an estimated 0.4 million deaths mostly caused by *P. falciparum*. Malaria is the 6<sup>th</sup> biggest threat of morbidity, and Pakistan's mortality could affect 205 million people, with 0.3 million cases each year (WHO, 2020; DMC, 2019; Khattak et al., 2013a). According to the World Health Organization (WHO), the Federally Administrated Tribal Area (FATA) is the second-highest malaria-endemic region (23%) of Pakistan after Khyber Pakhtunkhwa (KP) province (31%). However, FATA is on top of all provinces and territories regarding annual parasite incidence, blood examination, and test positivity rate (DMC, 2019).

Chloroquine (CQ) remained the standard treatment for *P. falciparum* malaria for more than five decades. In Pakistan, the first clinical case of CQ-resistance in *P. falciparum* was reported in 1984; however, many *in vivo* and *in vitro* CQ resistance reports are available (Bouma et al., 1996; Ghanchi et al., 2011; Khattak et al., 2013a, b; Rawasia et al., 2012; Yaqoob et al., 2018).

CQ resistance in *P. falciparum* results from mutations in two genes *Plasmodium falciparum* CQ-resistant transporter (*Pfcr*) and *Plasmodium falciparum* multidrug resistance transporter 1 (*Pfmdr1*) gene. Both encode trans-membrane CQ transporter proteins present on the membrane of *P. falciparum* digestive vacuole. These transporter proteins are responsible for the transport and gathering of CQ in the parasite's food vacuole, which is the site for CQ action, while mutations in these genes alter the efflux of CQ from the intracellular digestive vacuole (Plowe, 2009; Vieira-Neta et al., 2021). Resistance to CQ is mediated by mutations at codons 72-76 (C72S/R, M74I/T, N75E/D/K/I, and K76T/I/N) *P. falciparum* *Pfcr* gene, results in amino acid substitutions from wild type CVMNK to two most prevalent mutant haplotypes CVIET and SVMNT present in African and South-East Asian countries respectively. These mutations have been associated with CQ reduced sensitivity; however, mutation at positive 76 with substitution of K with T is the key determinant mutation for *in vitro* (Fidock et al., 2000; Wellem's and Plowe, 2001) and *in vivo* CQ-resistance (Djimde et al., 2001). Similarly, mutations at N86Y, Y184F, S1034C, N1042D, and D1246Y in the *Pfmdr1* gene interfere with CQ transportation to food vacuole resulting in reduced CQ susceptibility to *P. falciparum* (Foote et al., 1990; Mallick et al., 2012; Petersen et al., 2011).

Khatoun et al. (2009) reported a significantly high CQ-resistance level in clinical isolates collected from Bannu (Khatoun et al., 2009). Complete fixation of K76T mutation has been reported by a comprehensive national molecular study conducted in fourteen cities of Pakistan (Khattak et al., 2013a). A study conducted during 2005-2007 in Karachi revealed *Pfcr* 76T mutation in 93% and *Pfmdr1* 86Y in 57% of samples.

The current study is designed to investigate CQ-resistance patterns based on *Pfcr*-76T and *Pfmdr1* N86Y/Y184F markers among *P. falciparum* isolates collected from North and South Waziristan agencies of FATA, KP.

## 2. Methods

### 2.1. Study locations and ethics

FATA is a mountainous region of northwest Pakistan, bordering Afghanistan. Unrest and political destabilization in this region had destroyed public health infrastructure and health care system leading to the emergence of different infectious and vector-borne diseases like malaria. This study's objective is to check the pattern of CQ-resistance in *P. falciparum* from malaria symptomatic patients between May 2017 and May 2018, irrespective of age and gender. About 5 mL of anti-coagulated blood was collected by the venipuncture technique after taking proper consent from parents/guardians. The exclusion criteria were non-consent and other species of *Plasmodium*. The study was approved by the Advanced Studies and the Research Board University of Gujrat, Pakistan.

### 2.2. Sample collection and microscopy

About 5 mL of anti-coagulated venous blood specimen was collected from malaria symptomatic patients. Thin and thick blood smears were prepared and stained with 10% Giemsa stain. Smears were examined under 1000X magnification of light microscope by trained microscopist, and remaining blood specimen was stored in -20 °C for molecular drug resistance analysis.

### 2.3. DNA extraction and speciation

Parasitic DNA was extracted from 121 microscopy confirmed *P. falciparum* positive samples using DNA mini kit (Qiagen) using blood samples according to the manufacturer instructions. *P. falciparum* specie was reconfirmed by two rounds of nested polymerase chain reaction (nPCR). Amplification of *Plasmodium* (genus) DNA was done in the primary round nPCR using genus-specific primers and speciation in the second round of nPCR. Published Primers, ingredients concentration, and thermal cyclers conditions were used (Snounou et al., 1993; Soares-Pinheiro et al., 2017). Nested PCR of 121 samples confirmed 109 samples positive for *P. falciparum*; 4 were with mixed-species infection, and the rest were not amplifiable. MR4 clones MRA-340G, MRA-343G, 3D7, and HB3, were used as positive, whereas sterile water was used as a negative control, as shown in Figure 1.

### 2.4. Pyrosequencing of *Pfcr* and *Pfmdr1* genes

Previously published pyrosequencing protocol was used to analyze CQ resistance mutations in *Pfcr* and *Pfmdr1* genes of *P. falciparum* (Khattak et al., 2013a). The amplified product was resolved on QIAxcel capillary electrophoresis (Qiagen) with a 50 bp DNA ladder, as shown in Figure 2.

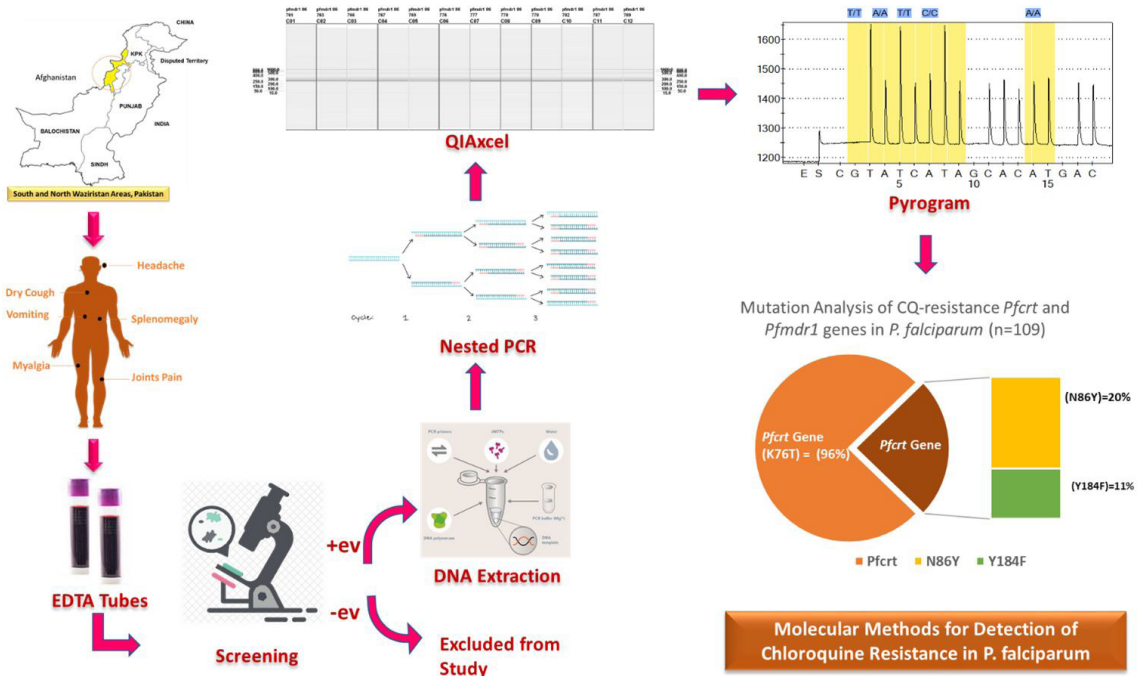


Figure 1. Stepwise flow chart for the detection of Chloroquine Resistance in the *Plasmodium falciparum* species.

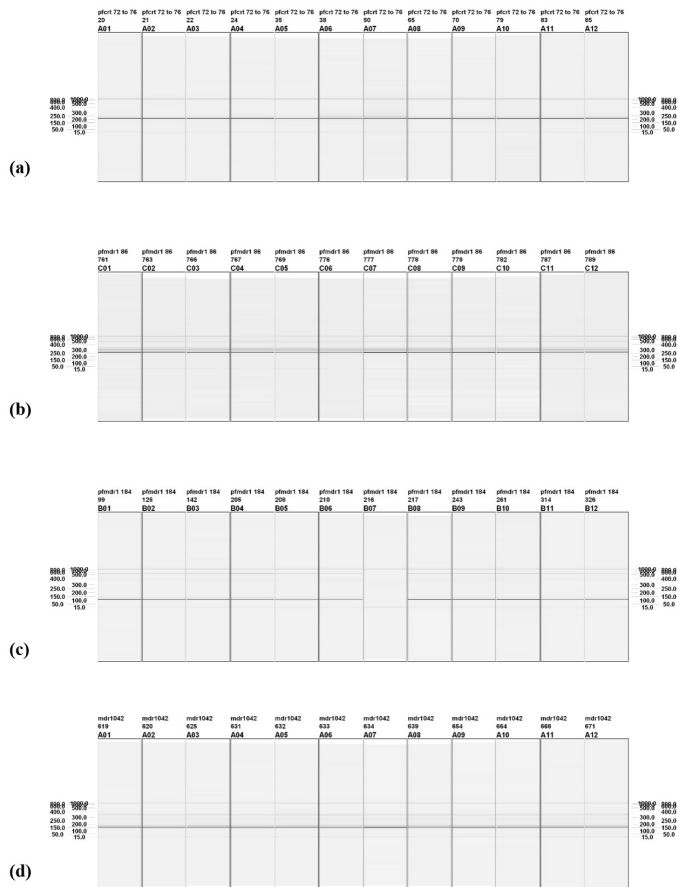


Figure 2. QIAxcel capillary electrophoresis of *pfcr* codons 72-76 (a), *pfmdr1* codons N86Y (b), Y184F (c), and S1034C (d) containing gene fragments.

### 3. Results

A total of 121 microscopy confirmed *P. falciparum* clinical isolates were collected from North and South Waziristan agencies of FATA, KP. Nested PCR revealed 109 *P. falciparum* microscopy positive samples, and 04 samples were mixed for *P. falciparum* plus *P. vivax*, and the rest were not amplifiable. Mixed species and negative isolates were excluded from the study after the re-extraction of DNA and re-amplification (Figure 3). All 109 *P. falciparum* positive samples were analyzed for drug resistance polymorphism in *Pfcr* and *Pfmdr1*. CQ conferring drug resistance mutation K76T was found in 105 (96%) samples. This mutation in the *Pfcr* gene is associated with reduced CQ sensitivity in *P. falciparum* (Bray et al., 2005; Fidock et al., 2000), as shown in Figure 4. In N86Y, a mutant allele was found in 22 (20%), and 12 (11%) isolates harbored Y184F mutation. Not a single sample showed *Pfmdr1* S1034C and N1042D mutation, as shown in Table 1.

### 4. Discussion

This is the first molecular assessment of *P. falciparum* CQ-resistance in this war-affected North and South Waziristan agencies of FATA Pakistan. In earlier 2008, CQ and SP were the only choice of drugs for malaria treatment in Pakistan, after the anti-malarial drug policy for uncomplicated *P. falciparum* was changed to (AS+SP) (artesunate plus sulphadoxine-pyrimethamine). However, the use of CQ as mono-therapy is still there in many health care setups (Ghanchi et al., 2011; Khattak et al., 2013a; Koenderink et al., 2010).

*Pfcr* K76T mutation associated with CQ resistance was found in 96% of isolates, and similar findings have been reported in other studies (Khan et al., 2020; Yaqoob et al., 2018; Khattak et al., 2013a; Khatoon et al., 2009). *Pfcr* K76T mutation and SVMNT haplotype in all samples are in accordance with results reported on samples collected from Pakistan, India, Iran, and Saudi Arabia (Ocan et al., 2019; Zomuanpuui et al., 2020; Khan et al., 2020; Bin Dajem and Al-Qahtani, 2010). Studies from Papua New Guinea and South American also reported SVMNT haplotype that was found in our isolates, whereas CVIET haplotype is more prevalent in Asia/Africa (Yang et al., 2007; Wootton et al.,

2002). *Pfcr* K76T mutation and SVMNT haplotype had been associated with CQ resistance (Plowe, 2009).

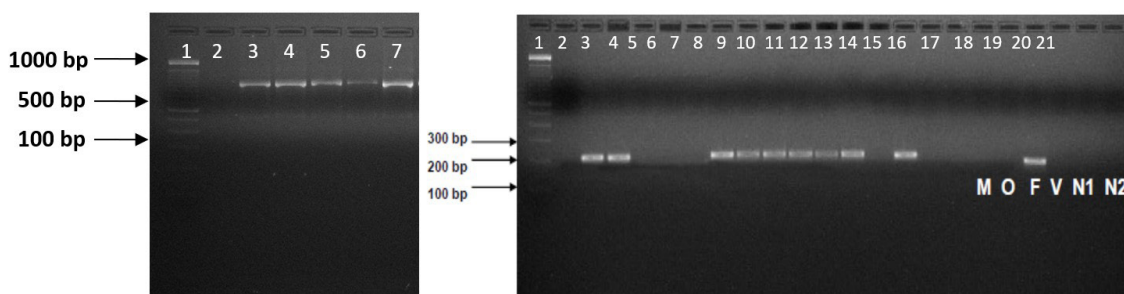
These findings indicate complete fixation of CQ-resistance in *P. falciparum* is might possibility because of very high CQ-resistance in Pakistan could be due to the co-existence of *P. falciparum* with *P. vivax* infections, and CQ is the recommended anti-malarial treatment for *P. vivax* malaria treatment (WHO, 2020, Mallmann et al., 2018). Misdiagnosis of co-infection by conventional light microscopy is widespread in resource-limited areas (Mayxay et al., 2001). Different studies have reported mixed species malaria infections in Pakistan (Khatoon et al., 2009; Khattak et al., 2013b).

Many studies have uncovered the role of the *mdr1* gene family in modulating the sensitivity of different anti-malarial, including CQ (Duraisingh et al., 1997; Price et al., 2004; Wilson et al., 1993; Warhurst, 2001). Mutations in *pfmdr1* and *pfcr* genes have been associated with malarial infection severity as reports from India, the Gambia, Iranian, Angola, Tanzania, and eastern Sudan (Vathsala et al., 2004; Figueiredo et al., 2008; Khalil et al., 2005; Meerman et al., 2005; Zakeri et al., 2008). Mutations that further increase CQ-resistance are N86Y and Y184F; these were observed in 15% and 7% isolates, respectively. Isolates carrying wild type and mutant allele were counted as mutant.

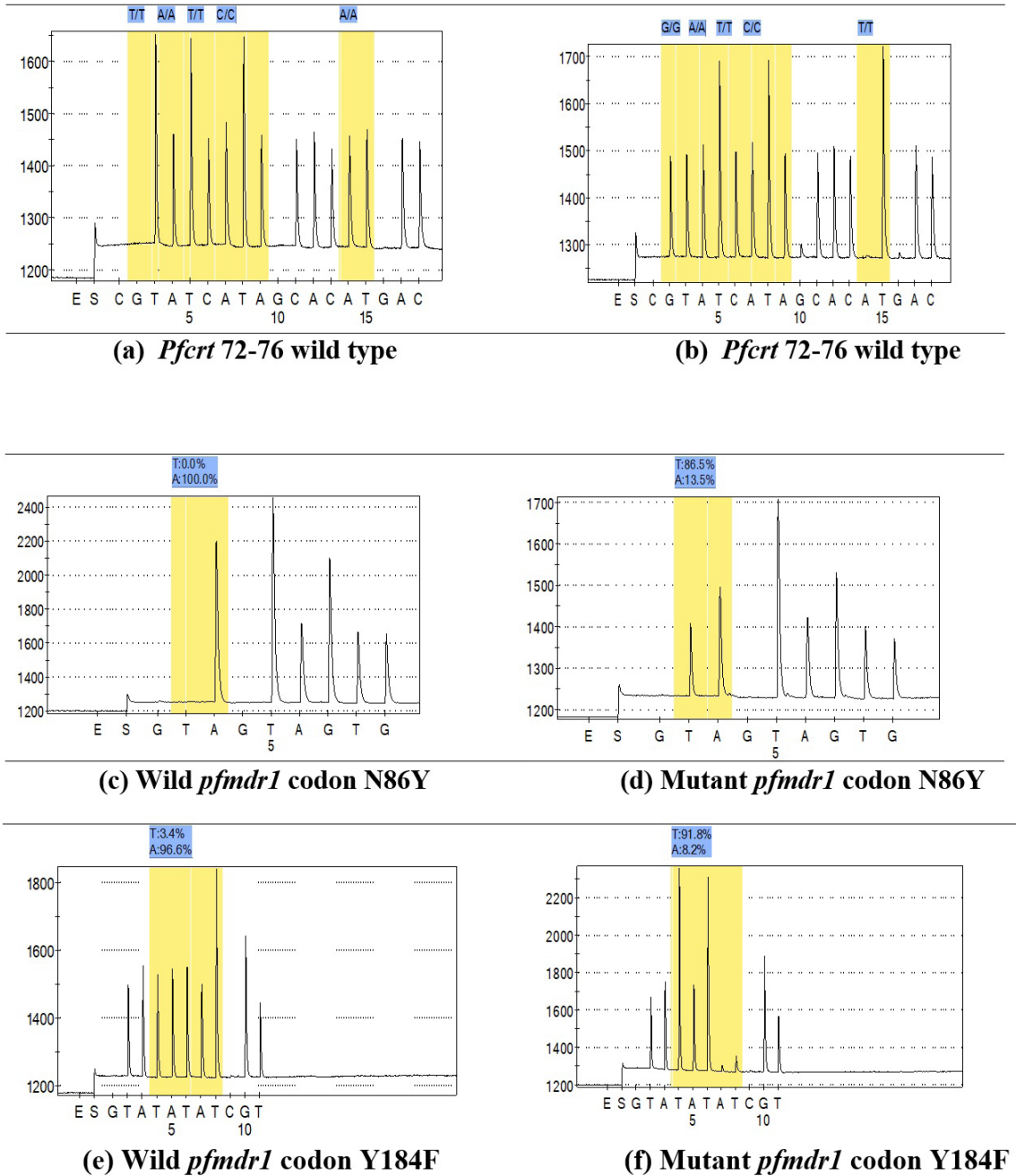
Our results are similar to the studies carried out in Pakistani, Iranian, and Indian isolates (Khatoon et al., 2009; Pathak et al., 2014; Jalousian et al., 2008). Few mutations in the *Pfmdr1* gene and its single copy suggest

**Table 1.** Number (N) and Percentage (%) of *Pfcr* and *Pfmdr1*, mutant alleles associated with CQ-resistance in *P. falciparum*.

Mutation Analysis of CQ-resistance <i>Pfcr</i> and <i>Pfmdr1</i> genes in <i>P. falciparum</i> (n=109)			
Gene	Codons	(n)	%
<i>Pfcr</i>	K76T	105	96
<i>Pfmdr1</i>	N86Y	22	20
	Y184F	12	11
	S1034C	0	0
	N1042D	0	0



**Figure 3.** Product of the second round of nested PCR showing *Plasmodium falciparum* bands (205 bp) on agarose gel against 100 bp DNA ladder (lane no 1). M: *P. malariae* (control), O: *P. ovale* (control), F: *P. falciparum*, V: *P. vivax* (control), N1-N2: Negative Controls.



**Figure 4.** Pyrosequencing graphs representing for *PfCRT* codons 72-76, *PfMDR1* codons N86Y, Y184F, and S1034C wild-type and mutant-type patient samples.

that artesunate and (AS+SP) partner drugs such as mefloquine and lumefantrine are likely to have high efficacy in Pakistan. The presence of *PfMDR1* mutations at codons N86Y and Y184F of *PfMDR1* and *PfCRT* mutation at K76T leads to an elevated level of CQ-resistance as investigated previously (Mayengue et al., 2007; Babiker et al., 2001; Reed et al., 2000). Warhurst (2001) believed that the *PfCRT* gene mutation imparts a basic level of CQ-resistance; however, an additive effect in CQ resistance is observed with *PfMDR1* mutations.

## 5. Conclusion

Execution of complete withdrawal of CQ drug after WHO anti-malarial policy revised was not fully adopted; thus, its continued access and use could have contributed to the persistence of CQ resistance alleles in this region. As K76T *PfCRT* mutation has been fixed in *P. falciparum* so proper *Plasmodium* species detection should be done, CQ for uncomplicated *P. falciparum* malaria should be used strongly be discouraged as it is a first-line treatment for *P.*



*vivax* in Pakistan. This phenomenon is due to continuous exposure to drug pressure. Still today, some clinicians in government/private hospitals have provided CQ for the treatment of *P. falciparum* malaria cases in FATA and certain parts of the country. It needs to be released and should focus on the newly introduced (AS+SP) for the treatment of *P. falciparum* malaria cases.

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