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Putative new heat-stable cytotoxic and enterotoxic factors in culture supernatant of *Escherichia coli* isolated from drinking water

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Abstract: Enteric infections caused by the ingestion of contaminated water, especially by *Escherichia coli*, are important to define the virulence properties of these bacteria. Due to frequent infantile diarrhea in the city of Ouro Preto, Minas Gerais state, Brazil, the phenotypic and genotypic diarrheagenic properties of *E. coli* isolated from drinking water were studied. The culture supernatants of 39 (40%) among a total of 97 *E. coli* isolates from drinking water were positive by suckling mouse assay and induced cytotoxic effects on Vero cells. The enterotoxic and cytotoxic activities were present in the fraction with less than 10 kDa and were not lost when heated up to 60°C and 100°C for 30 minutes. PCR assays showed that among these 39 Vero cytotoxigenic *E. coli*, four (10.2%) were positive for ST II (*estB*) and two (5%) positive for αHly (*hlyA*). Gene amplification of SLT (*stx* 1, *stx* 2), ST I (*estA*), LT (*elt*I, *elt*II), EAST1 (*astA*), EHly (*enhly*) and plasmidencoded enterotoxin (pet) were not observed. This heat-stable cytotoxic enterotoxin of *E. coli* is probably a new putative diarrheagenic virulence factor, as a toxin presenting these characteristics has not yet been described.

Key words: *Escherichia coli*, drinking water, cytotoxin, enterotoxin.

Diarrhea caused by microorganisms remains one of the main sources of morbidity and mortality to humans, mainly in developing countries, where water treatment for consumption is inadequate or nonexistent. Acute diarrhea is mainly attributable to increased intestinal secretion, commonly as a result of infection with enterotoxin-producing microorganisms (enterotoxigenic *E. coli*, *Vibrio cholera*) or due to decreased intestinal absorption provoked by infection with organisms that damage the intestinal epithelium (enteropathogenic *E. coli*, *Shigella* sp., *Salmonella* sp.) (1).

Among the bacteria involved in human enteric infections, *Escherichia coli* is one of the main enteropathogens. Despite being a mammalian commensal bacterium, *E. coli* is massively shed into the environment and may contaminate animal food or other resources such as vegetables

and fruits, as well as underground sources of and drinking water (2). Water sources are one of the most common vehicles of transmission and a primary public health concern in developing countries, given the ingestion of inadequately treated or otherwise poor quality water that causes mainly infantile diarrhea, which provokes a high incidence of child death in these countries (1, 3).

Enteropathogenic *E. coli* provokes diarrhea by diverse mechanisms including enterotoxin/cytotoxin production or mucosal adhesion to the small intestinal surface. Based on pathogenic mechanisms, epidemiology and clinical presentation, diarrheagenic *E. coli* strains can be classified into six categories: enterotoxigenic *E. coli* (ETEC), enteropathogenic *E. coli* (EPEC), enterohemorrhagic *E. coli* (EHEC), enteroinvasive

E. coli (EIEC), enteroaggregative *E. coli* (EAEC) and diffuse adherent *E. coli* (DAEC) (4).

Various cases of *E. coli*-contaminated water have been described in several places. One of them happened in the American state of Missouri, where 243 of its habitants had diarrhea from December 1989 to January 1990. The source of contamination was the municipal drinking water supply, which was inadequately maintained (5).

The water of supplying systems for the population of Ouro Preto, state of Minas Gerais, Brazil, is captured directly from water springs, without adequate protection and exposed to domestic animals. These water springs are originated from the rocks nearby urban neighborhoods unsupplied with treated sewage system and water treatment station. Due to the frequent infantile diarrhea observed in this city, our group focused on the study of the microbiological quality of the municipal drinking water, of which 70% of the samples analyzed showed the presence of *E. coli* contamination (unpublished data).

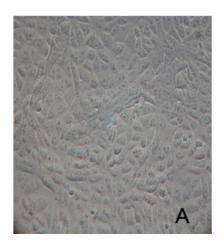
The water samples were collected directly in sterile glass flasks from the taps of the population's houses. Isolation and identification of *E. coli* were carried out at the Microbiology Laboratory of the Federal University of Ouro Preto, MG, Brazil. The colonies on eosin methylene blue (EMB) agar that showed a metallic glow were afterwards confirmed to be *E. coli* using the EPM-MILi and simmons citrate agar (Difco, USA) media (6, 7).

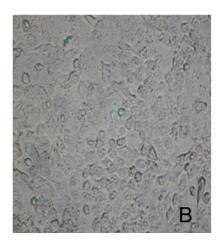
A total of 97 *E. coli* isolates (one colony per water sample) was submitted to enteropathogenic virulence factor analysis. Firstly, the *E. coli* isolates were cultured in 10 mL of Luria broth (Difco Lab., USA) and shaked at 150 rev min⁻¹ (New Brunswick Scientific Co, USA) for 18 hours at 37°C. The culture supernatants were obtained by centrifugation (10,000 g for 30 minutes at 4°C) and filtered through a 0.22-μm filter (Millipore Corp., USA).

Cytotoxic activity of the filtered culture supernatants was assayed as reported by Konowalchuk *et al.* (8) in confluent monolayer of the Vero cell lines (African green monkey kidney) (ATCC, USA), cultivated in tissue culture flasks with Eagle's minimum essential medium (MEM, Nutricell, Brazil), supplemented with 10% (v/v) fetal bovine serum. The plates then were incubated at 37°C in a 5% CO₂ chamber for 48 hours (Jouan, France). Cell monolayer morphology alteration was observed through an inverted microscope (Nikon, Japan) at 6, 18, 24 and 48 hours.

Among 97 *E. coli* isolates from water, 39 (40%) culture supernatants caused cytopathic effects on Vero cells, after 12-hour assays, and showed a round shaped form with nuclear condensation, increased cytoplasmic vacuolization and granular cytoplamic condensations, but without evidence of cell detachment (Figure 1).

Moreover, all of the 39 Vero cytotoxigenic *E. coli* culture supernatants also presented enterotoxicity through the suckling mice assay described by





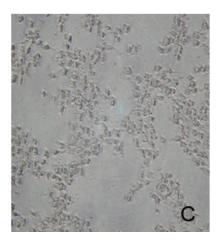


Figure 1. Vero cells under effects of ultrafiltrated (PM 10 membrane) *E. coli* culture supernatants compared to (**A**) control, (**B**) after 12 hours and (**C**) 24 hours. In the 12-hour culture, the cells became round shaped with nuclear condensation and increased cytoplasmic vacuolization. After 24 hours, most of the cells showed pyknotic-like nucleus and smooth cytoplasmic contents, but without evidence of cell detachment (magnification: 400x).

Dean *et al.* (9), using five mice (Balb/C) for each sample, in which the ratio between the intestinal weight (IW) and the remaining body weight (BW), resulted in intestinal-fluid-accumulation values from 0.09 to 0.11 (data not shown), which are considered positive (9).

The biological activities (cytotoxic and enterotoxic) of the culture supernatants of *E. coli* were observed in fractions smaller than 10 kDa by ultrafiltation through PM-10 membranes (Amicon*, Millipore, USA), presenting molecular weight lower than 10 kDa.

Furthermore, neither cytotoxic nor enterotoxic activities were abolished by heating up to 60°C and 100°C for 30 minutes (data not shown), which demonstrated that these biological activities are heat-stable.

The production of hemolytic activities of 39 Vero cytotoxigenic *E. coli* isolates from drinking water was examined on the trypticase soy agar containing 5% (v/v) sheep blood, which showed that only two (5%) caused a hemolytic halo around the colonies at 37°C. The study demonstrates that the hemolytic activity is probably not associated with the cytotoxic or enterotoxic activities, which was observed through experimental analyses conducted with these strains.

Polymerase chain reaction (PCR) was performed as previously reported (10). The primers utilized, annealing temperatures and the amplified fragment sizes are shown in Table 1. The reactions were heated up to 94°C in an automated thermal cycler (Mastercycler® Gradient, Eppendorf, USA) for two minutes,

Table 1. Primer sequences, annealing temperature and size of PCR-amplified gene

Gene	Oligonucleotide sequence ($5' \rightarrow 3'$)	Predicted size of amplified product (bp)	Annealing temperature	Reference
Stx1	1: AAG TTG CAG CTC TCT TTG AAT A 2: TGC AAA CAA ATT ATC CCC TGA G	364	53	(11)
Stx2	1: GGG CAG TTA TTT TGC TGT GGA 2: GTA TCT GCC TGA AGC GTA A	386	53	(11)
<i>Elt</i> l	1: GGC GAC AGA TTA TAC CGT GC 2: CCG AAT TCT GTT ATA TAT GTC	696	47	(12)
E/tII	1: AGA TAT AAT GAT GGA TAT GTA TC 2: TAA CCC TCG AAA TAA ATC TC	300	48	(12)
Estl	1:TCC GTC AAA CAA CAT GAC GC 2: ATA ACA TCC AGC ACA GGC AG	244	50	(13)
Estll	1:GCC TAT GCA TCT ACA CAA TC 2:TGA GAA ATG GAC AAT GTC CG	278	50	(11)
HlyA	1: AAC AAG GAT AAG CAC TGT TCT GGC T 2: ACC ATA TAA GCG GTC ATT CCC GTC A	1177	63	(14)
Enhly	1: AAT GAG CCA AGC TGG TTA AGC T 2: GCA TCA TCA AGC GTA CGT TCC	534	50	(15)
AstA	1: CCA TCA ACA CAG TAT ATC CGA 2: GGT CGC GAG TGA CGG CTT TGT	111	50	(14)
Pet	1:ACT GGA AGG TGA AAA CAA CC 2:GCA TGG CTG TCG GTA TAG GT	501	53	This study

followed by 30 cycles of denaturation (94°C, one minute), annealing, and extension for two minutes (Table 1) and a final extension (72°C, one minute). Approximately 8 μ L of each reaction mixture was submitted to electrophoresis in a 2% agarose gel and the PCR products were visualized by UV transillumination after staining with ethidium bromide.

The molecular study on gene encoding diarrheagenic-related toxins from E. coli (Table 1) was performed on 39 cytotoxic enterotoxin-producing E. coli strains. PCR showed that only two strains (51 and 53) presented genes for α -Hly (Table 2). These findings were confirmed with an $in\ vitro$ hemolysis assay on blood agar plate (data not shown). Alpha-hemolysin (α -Hly) producing E. coli has been isolated with relative frequency from human diarrheic feces, but the association of the α -Hly to the enteropathogenic processes has not been confirmed yet (16, 17).

Among 39 cytotoxic and enterotoxic factor-producing *E. coli* strains, four strains (25, 45, 66 and 71) contained genes for heat-stable enterotoxin type 2 (STb), and the remaining *E. coli* did not contain the genes for heat-labile enterotoxins (*eltI*, *eltII*), heat-stable enterotoxins (*estA*, *estB*), Shiga-like toxins (*stx1* and *stx2*), EAST1 (*astA*), enterohemolysin (*enhly*), or plasmid-encoded toxin (*pet*).

According to the literature, *E. coli* produces three recognized types of heat-stable enterotoxins: STa, STb and EAST1 (18). Among 39 cytotoxic enterotoxin-producing *E. coli* strains, four strains possessed the gene for STb (*estB*) (Table 2), but did

Table 2. Strains containing genes for STb and α Hly among 39 cytotoxic enterotoxin-producing *E. coli* strains

Strains	estB	hlyA
25	+ ^a	_b
45	+	_
51	_	+
53	_	+
66	+	-
71	+	_

⁺a was amplified by PCR: -b was not amplified by PCR

not contain the genes for heat-stable enterotoxin (estA) nor EAST1 (astA).

The STb is not active on cultured cells, although there is a technique that applies the uptake of the trypan blue dye by CHO to STb detection (19, 20). Therefore, it was observed that the cytotoxic activity present in the culture filtrated supernatants was not associated with the heat-stable enterotoxin type 2 (STb).

Recently, a new lethal subtilase cytotoxin family was described as produced by Shigatoxigenic *E. coli* (STEC) (21). Although the STEC is one of the diarrheagenic *E. coli* described groups, these toxins are different from our cytotoxic enterotoxin, which is heat-stable and do not provoke letal activity to mice (data not shown).

Therefore, based on our findings, it appears that these *E. coli* isolates in Brazil produce a low-molecular-weight heat-stable enterotoxin with Vero cytotoxic activity that has not yet been described in the literature. We are now focused on the purification and molecular characterization of this toxic factor, in order to clarify the role of this enterotoxin and its mechanisms of inducing diarrhea. In conclusion, the heat-stable cytotoxic enterotoxin herein described might be a new virulence factor of diarrheagenic *E. coli*.

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CONFLICTS OF INTEREST

There is no conflict.

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ETHICS COMMITTEE APPROVAL

The present study was approved by the Ethics Committee of the State University of Campinas (protocol number 748-1).

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