## ORIGINAL RESEARCH Dental Materials

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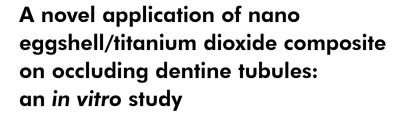
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**Abstract:** To synthesize Nano eggshell-titanium-dioxide (EB@TiO2) biocomposite and to evaluate its effectiveness in occluding opened dentine tubules. EB@TiO2 was synthesized and characterized using X-ray diffraction (XRD), and Transmission Electron Microscope (TEM). Sixteen simulated bovine dentine discs were prepared and randomly assigned into four groups according to the following treatment (n = 4): Group 1: No treatment; Group 2: eggshell powder; Group 3: EB@TiO2; Group 4: Sensodyne. These were then agitated in a solution of 1g powder and 40mL water for 3hours. Thereafter, each dentine discs from the respective groups were post-treated for 5 min with 2wt% citric acid to test their acid resistant characteristics. Scanning Electron Microscope (SEM) was used to observe the effectiveness of occluded dentine preand post-treatment. The cytotoxicity of the synthesized EB@TiO2 was tested using NIH 3T3 assay. ANOVA was used to evaluate the mean values of the occluded area ratio and the data of MTS assay. This was followed by a multi-comparison test with Bonferroni correction ( $\alpha$  = .05). The XRD confirmed that EB@TiO2 was successfully modified through ball-milling. The TEM revealed the presence of both spherical and irregular particle shape powders. The SEM result showed that EB@TiO2 could effectively occlude open dentine tubules. Equally, the result demonstrated that EB@TiO2 exhibited the highest acid resistant stability post-treatment. NIH 3T3 assay identified that EB@TiO2 had little effect on the NIH 3T3 cell line even at the highest concentration of 100µg/ml. This study suggests that the application of EB@TiO2 effectively occluded dentine tubules and the occlusion showed a high acid resistant stability.

**Keywords:** Dentin; Dentin Sensitivity; Dentin Desensitizing Agents; Tooth Remineralization.

#### Introduction

Dentine Hypersensitivity [DH] is a common occurrence and under extreme conditions when dentine tubules is exposed to the oral cavity patients will experience a short, sharp pain. From a public health perspective, DH is a significant oral health concern



affecting more than 43% of adult's population worldwide. <sup>2</sup> As a consequence, DH if left untreated will negatively affect the quality of life for dental patients'. In particular, and as Schiff et al.<sup>3</sup> points out, DH sufferers tend to modify their habits by eliminating certain foods and drinks from their regular diets and they become non-complaint with specific at-home care recommendations such as tooth brushing. Consequently, caries formation, gingival inflammation and periodontal problems are likely to increase. Yang et al.<sup>4</sup> have therefore advised using an occlusion agents to physically block exposed dentine tubules.

Over the last decades, the oral care industry have witnessed proliferation of different occlusion materials for treating DH. Among these materials, the use of potassium oxalates,5 sodium fluoride,6 strontium salt,2 amorphous calcium phosphate containing casein phosphopeptide;7 calcium glycerophosphate,8 and calcium carbonates (mainly as abrasive agents)9 have gain significant interest as an occlusion materials. Although the aforementioned occlusion materials have been reported to provide some relief to patients, the dentine tubules occluded by some of these materials are reported to be superficial with limited infiltration depth-which could be readily re-exposed in an acidic environment.<sup>10</sup> Thus, short-living the treatment effects and subsequently resulting to DH relapse.<sup>11</sup> Given the limited drawbacks, developing a desirable biomaterials for DH becomes highly critical to not only efficiently occlude the exposed dentine tubules, but also remain effective in acidic environment.

Of interest, eggshells are currently being investigated for their remineralization capabilities. <sup>12</sup> More recently, Haghgoo et al. <sup>13</sup> reported that eggshell has a rich bioavailable calcium content, which favours the remineralizing of caries lesions. Cutler <sup>14</sup> suggested that nanosized titanium dioxide and dental abrasive agents can be used together in occluding open dentine tubules. Other scholar have indicated that nanosized titanium dioxide can improve the acid resistant properties of calcium carbonates. <sup>15</sup> Given the desirable properties of titanium dioxide (TiO<sub>2</sub>) and the remineralization potentials of eggshells (EB), a new EB@TiO<sub>2</sub> bio composite will be highly important for treating DH.

Despite the enormous potential of eggshell-titanium dioxide bio composite, there is limited evidence in its use for occluding dentine tubules. The study aimed to synthesize Nano eggshell-titanium-dioxide (EB@  $TiO_2$ ) bio composite and evaluate its effectiveness in occluding opened dentine tubules. The hypothesis tested was that EB@ $TiO_2$  will effectively occlude open dentine tubules and the occlusion show more acidic resistant.

## Methodology

# Preparation of Eggshell-Titanium dioxide composite (EB@TiO<sub>2</sub>)

Modification of eggshell with titanium dioxide was achieved in two steps. In the first step, eggshells were ball-milled by placing 30g of the eggshell in a 500ml stainless jar (inner diameter of 100 mm), together with 10 stainless steel balls of 10mm diameter and dry-milled in a planetary ball mill (Retsch ® PM 100) at 400 rpm for 20 min. The collected powder was sieved to a particle size of ≤25µm using a mechanical sieving shaker (Retsch AS 200, Germany). The eggshell powder and titanium dioxide mixing ratio was optimized following the procedure reported by Lin et al.16 20g of the fine eggshell powder obtained in step 1 were modified by adding 5g of anatase titanium dioxide (≤15µm). The mixture was subsequently ball-milled for 200 min to obtain eggshell-titanium dioxide bio composite.

#### Characterization of EB@TiO<sub>2</sub>

#### X-Ray Diffraction Analysis

The X-ray diffraction (XRD) analysis was performed to observe the possible changes in crystallinity between the eggshell powder, titanium dioxide, and EB@TiO<sub>2</sub>. The XRD patterns were recorded using a diffractometer (PANalytical-Empyrean instrument; Co radiation 1.54056 A°) and analysed between 0-90° (2 theta). The voltage, current and pass time used were 40 Kv, 40mA and 1s, respectively.

#### Microscopic analysis

A Transmission Electron Microscope (TEM) was used to observe the particle size, shape and

distribution of EB@TiO<sub>2</sub>. Very small quantities of EB@TiO<sub>2</sub> were dispersed in 10ml ethanol and sonicated at 10kv for 10 min. Subsequently, thin cross-sections of cryo-microtomed specimens were prepared using a Leica microtome (South Africa) and placed on carbon copper grids. Analysis was conducted using a transmission electron microscope (TEM-Philips CM 120 model) at 120 kV.

# Specimen preparation and acidic challenge

Sixteen freshly extracted bovine-enamel anterior teeth were obtained from a slaughter house, South Africa. The collected teeth were subsequently cleaned and disinfected in 10% chloroxylenol solution. Dentin discs measuring 5mm x 5mm x 1mm was prepared by sectioning perpendicular to the long axis of the teeth below the enamel-dentinal junction using a low-speed diamond saw under water cooling conditions. Subsequently, the prepared dentin disc was wet grounded with silicon carbide polishing papers (600-1,000 grits) for 60 seconds. Before simulating the sensitive tooth model, the discs were mounted in a resin (AMT composite, South Africa). Silicone mold (Silicone rubber mold; Agar scientific) was used to make a mounting base. A fast setting resin (F160: AMT composite) was mixed in a disposable plastic cup in a 1:1 ratio and poured into the mold. After approximately 2 minutes. The embedded resin was removed from the silicone mold. Thereafter, dentine tubules was opened by soaking the specimens in 1 wt. % citric acid solution for 30 min. The specimens were randomly assigned into four groups (n = 4), namely:

- a. Group 1: No treatment group.
- b. Group 2: Eggshell powder treated group.
- c. Group 3: EB@TiO<sub>2</sub> treated group, and
- d. Group 4: Sensodyne treated group.

The specimens were agitated in a beaker containing 1g of the synthesized EB@TiO<sub>2</sub> and 40mL deionized water for 3 hours. Similar procedure were followed for eggshell powder and Sensodyne paste. The specimens were subsequently rinse and blot tried. More so, and as a proxy measure, a representative of each sample group were selected to determine the acid resistant characteristics of the

treated specimen. This were subsequently exposed to 2wt. % citric acid solution (pH 2) for 5min. After exposure, the specimens were rinsed with deionized water and blot tried.

# Scanning electron microscope evaluation of the occluded specimen

Scanning electron microscope (Field Emission-Carl Zeiss) operating at controlled atmospheric conditions at 20 kV was used to evaluate the occluded dentine preand post-acidic exposure. Prior to SEM observation, the surface was coated with a thin, electric conductive gold film to prevent build-up of electrostatic charge. In addition, the ratios of occluded tubules was further computed using ImageJ software (National Institute of Health USA, http://imagej.nih.gov./ij). This was calculated by dividing the area of occluded tubules by the total tubules area using x 3000 magnification images (n = 4).

## Cytotoxicity assay

Eggshell powder and EB@TiO<sub>2</sub> samples were dispersed in Dimethyl Sulfoxide (DMSO), before the administration to the cell line. An MTS assay (3-(4,5-dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulfophenyl)-2H-tetrazolium) was used to evaluate change in cell viability. The samples were tested across 2 plates in duplicate (n=6) and the average value reported. NIH 3T3 cells were grown using normal tissue culture techniques. The cells (1 x 105 cells/ml) were incubated in 96 well plates at 37°C overnight, with the subsequent addition of the supplied compounds, in concentrations of (100 µg/ml,  $50.0 \,\mu g/ml$ ,  $25.0 \,\mu g/ml$ ,  $12.5 \,\mu g/ml$ ,  $6.25 \,\mu g/ml$ , and 3.13 µg/ml). The cells were left to incubate for 4 days. Thereafter, MTS (5 µl) was added to the cells. The absorbance values were measured at 490 nm after 1h, 2h and 4 hour incubation periods, averaged and the viability curves drawn up.

#### Statistical analysis

The mean values of the occluded area ratio in SEM study and the % viability data of MTS assay were evaluated with 1-way analysis of variance (ANOVA) using statistical software (IBM SPSS Statistics v24;

IBM Corp). This was followed by a multi-comparison test with Bonferroni correction ( $\alpha = .05$ ).

#### **Results**

#### Characterization

The XRD analysis of eggshell powder titanium dioxide, and the synthesized EB@TiO $_2$  are presented in Figure 1. For Figure 1A, the characteristic peak

marked around 34.5° (20) indicates the presence of thermodynamically stable calcite crystalline structure, which is similar to calcium carbonate. The EB@TiO $_2$  diffraction peak with values lying at 20 = 29.5° corresponds to anatase phase and is confirmed with International Centre for Diffraction Data (ICDD Ref: 98-009-6946). Consistent with Tao *et al.* <sup>15</sup>, the shape, intensity, and location of the EB@TiO $_2$  peaks corresponding to the anatase

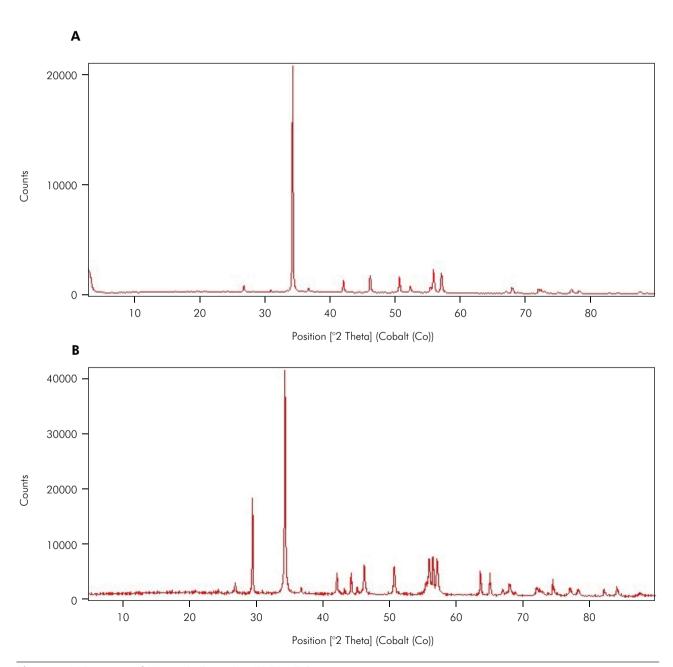
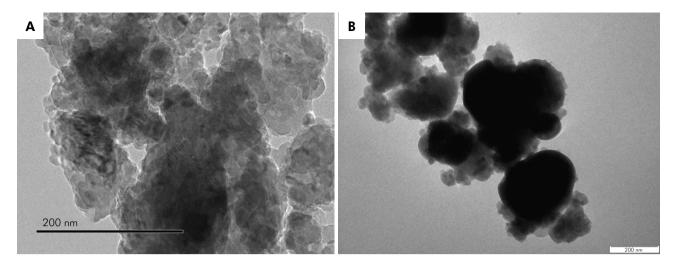


Figure 1. XRD pattern of (A) eggshell powder; (B) EB@TiO<sub>2</sub>.



**Figure 2.** TEM images: (A) eggshell powder; (B) EB@TiO<sub>2</sub>.

suggests the deposition of TiO<sub>2</sub> on the surface of the CaCO<sub>3</sub>.

The morphology, shape and particle size of eggshell powder and EB@TiO $_2$  were studied using TEM. According to the TEM image in Figure 2 A, an irregular particle shape were notice in the eggshell. In contrast, and as seen in Figure 2 B, the presence and irregular particle shapes coexisted with a spherical shape particles. The presence of the irregular shaped particles is attributed to the calcite shape of the eggshell powder whilst the spherical shaped particles typified the presence of TiO $_2$ .

#### Cytotoxicity testing

The viability of NIH 3T3 cell lines exposed to different concentrations of eggshell powder and  $EB@TiO_2$  are shown in Figure 3. The samples were tested against NIH 3T3 mouse fibroblasts cell lines. No significant difference was determined among the various groups (p > 0.05). Equally, there were no significant differences in all pairwise comparisons amongst the different concentrations (p > 0.05).

# Observation of the occluded dentine tubules

The 1-way ANOVA, mean, standard deviation, and standard error results are given in Table 1. Notably, the mean ratio of occluded tubules values for the specimens treated with eggshell

powder EB@TiO<sub>2</sub>, and Sensodyne were statistically different (p < .001).

The specimens treated with EB@TiO2 showed highest mean occluded areas (83.25  $\pm$  12.47  $\mu m^2$ ), while the specimen group treated with Sensodyne covered the lowest open tubules (25.00  $\pm$  8.04  $\mu m^2$ ). The results of the post hoc comparison test (Table 2) suggests that area of tubules occluded by EB@ TiO2 group were significantly higher than those for the eggshell powder group (p < .001) and the Sensodyne group (p < .05). Equally, statistical differences were found in the occluded tubules for the groups treated with eggshell powder and Sensodyne (p < .05).

The SEM micrograph of the occluded dentine tubules pre-and post-treatment in different sample groups are displayed in Figure 4. In group 1 (A1–B1), it was observed that the dentine surfaces were free of smear layer and all the dentine tubules were open after agitation in 1 wt. % citric acid for 30 min. In group 2 (A2–B2), the dentine tubules were partially blocked with some visibly open tubules. In group 3 (A3–B3), the dentine tubules were completely blocked by the particles of EB@TiO<sub>2</sub>. In group 4 (A4–B4), most of the dentine tubules still remain open after treatment with Sensodyne. In addition, the SEM image (C2–C4) revealed differences in the treated dentine specimen post-treatment in 2wt % citric acid. For example, and in contrast to the images

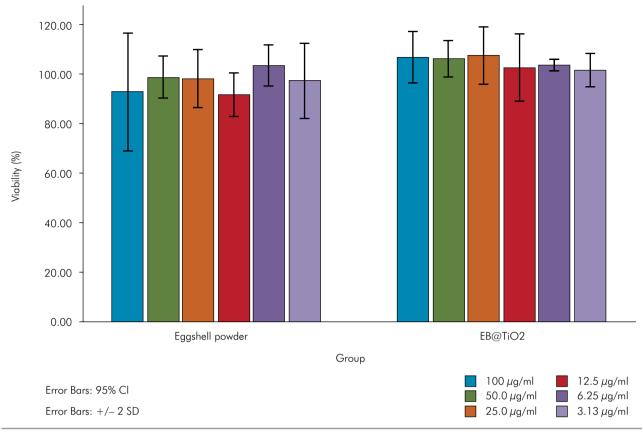


Figure 3. Percentage cell viability.

**Table 1.** ANOVA test for the occluded dentine tubules after treatment.

Variable	n	Mean	Std. Deviation	p-value
No treatment	4	-	-	
Eggshell powder	4	56.5	6.03	0.000*
EB@TiO <sub>2</sub>	4	83.25	12.47	0.000*
Sensodyne	4	25.0	8.04	

**Table 2.** Bonferroni multiple comparison test.

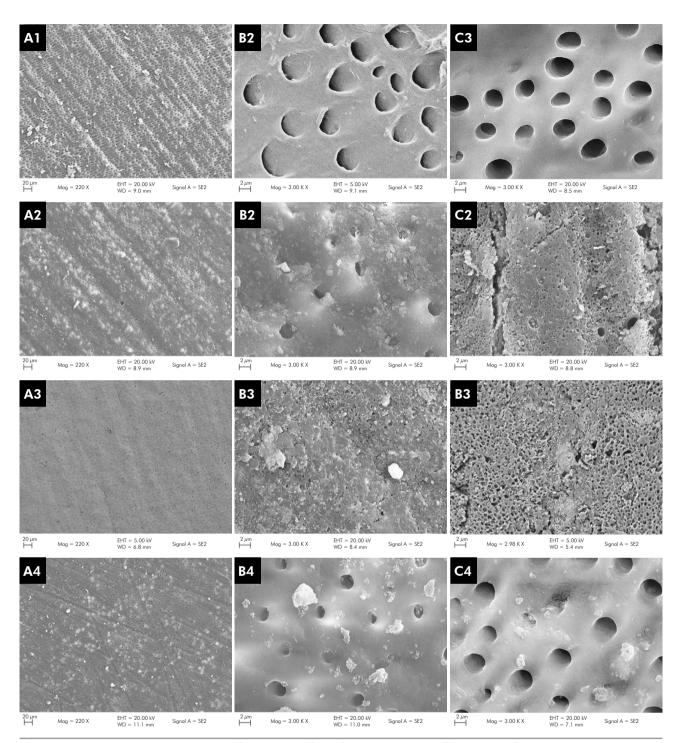
Deliahia a aratarial	Bonferroni		
Polishing material	p-value	Sig.	
EB@TiO2 Eggshell power	0.008	Significant	
EB@TiO2 Sensodyne	0.000	Significant	
Eggshell powder Sensodyne	0.003	Significant	

for the specimens treated with eggshell powder (C2) and Sensodyne (C4), the images of the specimen

treated EB@TiO $_2$  (C3) suggest more resistance to acidic challenge.

#### **Discussion**

It is well documented in literature that tooth erosion attributed to high consumption of citric acid containing soft drinks is increasingly seen as a public health concern, thus contributing to DH. 18 The potential strategy for management of DH is to effectively occlude the dentine tubules. The purpose of this study was to synthesized and evaluate the effectiveness of a ball-milled synthesized EB@TiO2 to occlude open dentine tubules. As advocated by several authors, 19,20,21 bovine teeth were used in this study as a substitute for human teeth in the *in vitro* experiment. Interestingly, it is worth mentioning that the radicular dentine morphology of human and bovine primary teeth and root are similar in terms of the diameter of the dentine tubules. 22



**Figure 4.** Representative SEM micrograph for dentine surface after treatment with different groups for 30min (A, x220; B x3000; Cx3000 Original magnification). (A1-B1) No treatment group; (A2-B2) eggshell powder treated group (A3-B3) EB@TiO<sub>2</sub> treated group; (A4-B4) Sensodyne treated group. (Agitated for 3hours). (C2) eggshell powder groups (C3) EB@TiO<sub>2</sub> treated group; (C4) Sensodyne groups. (post-exposure to 2wt. % citric acid solution for 5min).

Moreover, unlike human teeth, the bovine teeth with the more uniform composition are easy to obtain in large quantities with a relatively large flat surface and free of caries lesions and other defects.<sup>21</sup> SEM was used to analyze the surface of the dentine pre-and post-treatment in 2wt. % citric

acid. The stated hypothesis was accepted base on the study finding, as the exposed dentine tubules treated with EB@TiO<sub>2</sub> demonstrate outstanding occlusion as well as acid resistant characteristics.

Overall, the occlusion of the dentine tubules observed in the samples treated with EB@TiO<sub>2</sub>, eggshell powder, and Sensodyne were significantly different (p < 0.001). Given the statistical difference between the eggshell powder and EB@TiO<sub>2</sub> (p < 0.008), the observed differences could be attributed to the particle sizes of EB@TiO<sub>2</sub> ( $\leq$  13 nm) and Eggshell powder ( $\leq$  25 µm). As reported by Nakashima et al., nano-sized calcium carbonate containing materials can potentially remineralize damaged teeth due to their unique properties which facilitate the attachment on the oral surface. Owing to this attachment, calcium ions are released into the oral fluid that occludes dentinal tubules.

Moreover, the occluding abilities of Sensodyne toothpaste were found to be significantly lower than both eggshell powder (p < 0.003) and EB@TiO<sub>2</sub> (p < 0.001), respectively. The highest (83.2  $\pm$  12.4) occlusion per area were observed in the samples treated with EB@TiO<sub>2</sub> while the lowest (25  $\pm$  8.04) was measured in the group treated with Sensodyne toothpaste. These differences may reflect on the composition and design of the toothpaste. According to Schiff et al.,<sup>23</sup> desensitizing toothpastes such as Sensodyne Colgate Sensitivity toothpaste are originally designed to deliver potassium ions that acts as a nerve depolarizing agents in the treatment of DH. Nevertheless, the mean number of occluded dentinal tubules measured in the Sensodyne treated group showed that the toothpaste could still potentially occlude dentinal tubules. Consistent with the early report of Pashley et al.,<sup>24</sup> the observed occlusion of some tubules in the samples treated with Sensodyne may be attributed to the silica composition in the toothpaste. This strongly supports the work of Wang et al.<sup>25</sup> that toothpastes containing abrasive materials such as calcium carbonate and silica had the ability to form a new smear layer on the surface of the dentine; thereby occluding the dentinal.

Furthermore, the acid resistant characteristics of the treated samples were evaluated post-treatment using 2wt.% citric acid. Notably, the results visibly showed that acid resistant characteristics of EB@ TiO<sub>2</sub> (Figure 4 C2) were superior to that of eggshell powder (Figure 4 C3) and Sensodyne toothpaste (Figure 4 C4). The acid resistant of EB@TiO<sub>2</sub> may have been influenced by the deposition of TiO<sub>2</sub> on the calcite (eggshell) surface (Figure 1). This is in agreement with the report of Tao et al.<sup>15</sup> that titanium dioxide can improve the acid resistant properties of calcium carbonates. On the contrary, for Sensodyne toothpaste, Arnold et al.<sup>10</sup> reported that although certain toothpaste like Sensodyne may support dentinal occlusion; such occlusion are superficial and are dissolved with acids.

In reviewing literature related to the present study, the occlusion abilities and acid resistant characteristics of Nano/micro fluorhyhydroxyapatite crystals, <sup>26</sup> nanohydroxyapatite/mesoporous<sup>11</sup> silica composite and zinc oxide hydroxyapatite paste <sup>27</sup> have shown promising results in the treatment of DH. Unlike the aforementioned materials, EB@TiO<sub>2</sub> bio composite had the advantage of being readily available since the bulk of the material is made from waste eggshell.

From an environmental sustainability and management perspective, and as argued by Onwubu et al.,17 using eggshell waste material to treat DH will strengthen the economic benefits associated with using natural waste material, which is high on the global agenda for a greener environment. This argument is supported by Yazıcıoğlu and Ulukap 28 who pointed out that a low cost, affordable, feasible, and sustainable products need to be developed to repair and improved quality of life for patients who do not have to suffer toothache because of sensitivity. This suggests that EB@TiO<sub>2</sub> has the potential to be used as an oral care product in the management of DH. Importantly, the cytotoxicity result (Figure 3), suggests that EB@TiO<sub>2</sub> appeared to have little effect on the NIH 3T3 cell line. Further vivo research is, however, needed to fully and comprehensive characterize the cytotoxicity as well as the occluding potential of EB@TiO<sub>2</sub> bio composite. This is an uncharted area of research worth exploring.

Additionally, and despite the above outstanding occluding capabilities of EB@TiO<sub>2</sub>, some limitation was noticed in the present study. The agitation procedure cannot be used to predict the rate and the number of days in an oral condition required to completely occlude the tubules. Hence future studies are planned to evaluate the occluding abilities of the composite using the brushing procedure stored in the presence or absence of saliva. These studies will help establish the EB@TiO<sub>2</sub> composite as an effective material to manage DH.

#### Conclusion

In conclusion, this study confirmed that modified  $EB@TiO_2$  composite could effectively occlude dentine tubules. It was also demonstrated that the occlusion had depth and highly effective in acidic environment.

## **Acknowledgment**

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