

Risk factors and infection due to *Cryptosporidium* spp. in dogs and cats in southern Rio Grande do Sul

Fatores de risco e infecção por *Cryptosporidium* spp. em cães e gatos no sul do Rio Grande do Sul

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Abstract

This study investigated the frequency of oocysts of *Cryptosporidium* spp. in feces from dogs and cats in five municipalities in the southern region of the state of Rio Grande do Sul. The risk factors associated with infection were also investigated. Feces samples from 110 dogs and 18 cats were stained using the auramine method. At the time of feces sampling, a questionnaire with semi-open-ended questions was applied to the animal guardians and all data obtained underwent statistical analysis. The real frequency of oocysts of *Cryptosporidium* spp. was 24.63% (27 dogs and two cats). Only four samples of dog feces were diarrheic and no presence of oocysts was observed in any of them. Variables that represented risk factors for infection were: homemade food, untreated water, circulation of animals on grassy terrain and living in the same environment as other animals (cattle). The results made it possible to inferring that within the population studied, the frequency of parasitism due to *Cryptosporidium* spp. in dogs was relevant and emphasize the asymptomatic nature of this infection. The adopting control measures are highlighted, particularly in relation to variables that represent risk factors for this infection.

Keywords: Cryptosporidiosis, diarrhea, auramine, pets.

Resumo

Este estudo verificou a frequência de oocistos de *Cryptosporidium* spp. em fezes de cães e gatos em cinco municípios da região sul do Rio Grande do Sul e fatores de risco associados à infecção. Amostras de fezes de 110 cães e 18 gatos foram coradas pelo método de auramina. No momento da coleta de fezes aplicou-se um questionário aos tutores dos animais com questões semiabertas e os dados foram submetidos à análise estatística. A frequência verdadeira de oocistos de *Cryptosporidium* spp. foi de 24,63% (27 cães e 2 gatos). Apenas quatro amostras de fezes caninas eram diarreicas e todas sem oocistos. As variáveis que representaram fatores de risco para a infecção foram: alimentos de preparo caseiro, água não tratada, circulação dos animais em terreno gramíneo e convivência com outros animais, principalmente bovinos. Os resultados sugerem que a frequência de cães parasitados por *Cryptosporidium* spp. é relevante, reforçando o caráter assintomático da infecção. Destaca-se a importância da adoção de medidas de controle, particularmente das variáveis que representaram fatores de risco à infecção.

Palavras-chave: Criptosporidiose, diarreia, auramina, pets.

Introduction

Cryptosporidium spp. is a cosmopolitan protozoon described by Tizzer in 1907. However, its pathogenic relevance was only acknowledged during the 1970s, as an important etiology for

diarrhea among cattle (O'DONOGHUE, 1995). Subsequently, this protozoon was reported as a cause of opportunistic infection in immunocompromised HIV-infected humans, and chronic diarrhea caused by *Cryptosporidium* spp. was noted to be a factor indicative for AIDS (ANGUS, 1990).

Cryptosporidium spp. is considered to be a pathogenic and infectious enteric agent, and it affects various host species, including mammals, reptiles, fish and birds (GUERRANT, 1997; HUNTER

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& THOMPSON, 2005; THOMPSON et al., 2005). Oocysts of *Cryptosporidium* spp. excreted by infected hosts are sporulated and infectious, and they are resistant to environmental conditions. Infections are acquired through ingestion or inhalation of infectious oocysts (O'DONOGHUE, 1995), and can be transmitted by means of direct host-to-host contact or indirect contact, through food and water.

Studies have shown that cryptosporidiosis in humans can be caused by various genotypes and/or species of *Cryptosporidium*, including *C. parvum*, *C. canis* and *C. felis*. These last two species alone are responsible for a large proportion of infections in developing countries (XIAO & FENG, 2008). In turn, *C. parvum* can infect both dogs and humans, and is more recurrent in humans than *C. canis* (SEVÁ et al., 2010).

Dogs and cats can act as potential transmitters of zoonotic parasites (PEREIRA et al., 2011). In this regard, close contact between dogs and cats and humans increases the risk of transmission of these pathogens. Additionally, feces deposited in public grounds, such as parks and gardens, represent a risk to human health because of the high level of fecal-environmental contamination (ZANZANI et al., 2014). Reports on zoonotic transmission of cryptosporidiosis involving contact with symptomatic or asymptomatic pets or production animals that excreted infecting oocysts have been published (ANGUS, 1983; XIAO & FENG, 2008; BESER et al., 2015).

In order to maintain control over cryptosporidiosis, it is important to establish a specific diagnosis that makes it possible to analyze risk factors, plan interventions and identify outbreaks of the disease (CHALMERS & KATZER, 2013). Among the diagnostic methods available for detecting oocysts in hosts' feces, the fluorescence staining technique using auramine has shown the highest affinity for oocyst walls, and this method has been considered sensitive and rapid (McPHERSON & McQUEEN, 1993; HANSCHIED et al., 2008). It has thus been used in epidemiological surveys on cryptosporidiosis (QUADROS & ARAÚJO, 2003; QUADROS et al., 2006; ARTIEDA et al., 2012).

The present study investigated the frequency of oocysts of *Cryptosporidium* spp. in dog and cat feces in municipalities in the southern region of the state of Rio Grande do Sul, and evaluated risk factors associated with the infection.

Material and Methods

From June to September 2016, feces from 110 dogs and 18 cats were sampled in the municipalities of Pelotas (n = 93), Aceguá (n = 3), Hulha Negra (n = 16), Candiota (n = 7) and Piratini (n = 9). Sampling was taken individually for each animal by its guardian, soon after evacuation in properly identified sterile flasks. Then the feces were sent to the laboratory and stored under refrigeration until processing.

At the time of sampling, semi-open-ended questionnaires were applied to the animals' guardian to obtain the following information: animal's age, type of feeding, water source, type of housing, type of ground, access to streets, interaction with other animals and presence of diarrhea.

The feces analyzed firstly underwent removal of dirt. Approximately two grams of each sample were diluted in 10 ml of distilled

water and underwent gauze filtration followed by centrifugation for 3 minutes at 3000 rpm. This process was repeated until the supernatant was totally clean. The feces were then transferred into Falcon tubes and were processed using the protocol developed by Ritchie and modified by Young et al. (1979). The sediment was diluted in 2 ml of 10% formalin and 3 ml of ethyl acetate was added. This mixture was centrifuged at 3000 rpm for 10 minutes and the supernatant was discarded. A 10 µl aliquot of sediment was used to prepare smears, which were then stained using the phenolic auramine 'O' staining technique (SMITHWICK, 1976). Two slides were made for each sample analyzed.

The SPSS 20.0 software (IBM, 2011) was used to conduct statistical analysis on the data obtained. Presence or absence of oocysts was taken to be the dependent variable and information of epidemiological nature, independent variables. The chi-square test (χ^2) with a significance level of $p < 0.05$ and odds ratios (OR) with a 95% confidence interval, were used to estimate risk. Variables showing associations at the level of $p < 0.2$ through the χ^2 test or Fisher's exact test were selected in order to construct a multiple logistic regression model, along with calculation of the adjusted OR and its 95% confidence interval (CI95%). A minimum confidence level of 95% was used for all statistical analyses. Estimates of real frequencies were made based on the sensitivity and specificity values of the auramine technique (sensitivity = 92.1%; specificity = 100%), as previously described by Chalmers et al. (2011). The data were calculated based on the method described by Reiczigel et al. (2010), using the EpiTools epidemiological calculators (SERGEANT, 2017).

Results

The real frequency of presentation of oocysts of *Cryptosporidium* spp. in feces among these animals was 24.63% (CI95% = 17.6;33.3%), including 27 dogs and two cats. The real frequency among dogs was 26.68% (CI95% = 18.97;36.26%) and among cats, 12.08% (CI95% = 0.33;35.65%). Only four dog feces samples were considered to be diarrheic and none of them presented oocysts of *Cryptosporidium* spp.

Table 1 shows the results from the analysis on the data extracted from the questionnaires and the univariate analysis on risk factors. It was seen that animals that were exclusively fed with homemade food ($p = 0.004$; OR = 3.533; CI95% = 1.442;8.652) and those that only circulated on grassy terrain ($p = 0.021$; OR = 2.778; CI95% = 1.147;6.728) presented higher chances of infection by oocysts of *Cryptosporidium* spp. Interaction with other animals, notably cattle, was also a risk factor ($p = 0.010$; OR = 3.333; CI95% = 1.366;8.136). Animals that had access to treated water ($p = 0.007$; OR = 0.291; CI95% = 0.115;0.738) presented lower chances of infection. Additionally, in the present study, the variable of "rural area" did not act as a risk factor for infection by *Cryptosporidium* spp. ($p = 0.071$).

The results from the multivariate analysis showed that the factor of feeding the animals exclusively with homemade food presented a risk of occurrence of *Cryptosporidium* spp. ($p = 0.007$; OR = 3.424; CI95% = 1.397;8.394) (Table 2).

Table 1. Univariate analysis on the variables analyzed and their relationship with infection by *Cryptosporidium* spp. in dogs (n = 110) and cats (n = 18) in the southern region of the state of Rio Grande do Sul, Brazil.

Variable	(+)	(-)	Total	% (+)	p	OR	CI95%
Age*							
0-1 year old	4	12	16	14.8	1.0	0.908	[0.267;3.087]
>1 year old	23	76	99	85.2			
Feeding: feed							
Yes	10	44	54	37.0	0.238	0.588	[0.243;1.426]
No	17	44	61	63.0			
Feeding: homemade food							
Yes	15	23	38	55.6	0.004	3.533	[1.442;8.652]
No	12	65	77	44.4			
Feeding: feed + homemade food*							
Yes	2	21	23	7.4	0.096	0.255	[0.056;1.169]
No	25	67	92	92.6			
Water							
Untreated	19	36	55	70.4	0.007	0.291	[0.115;0.738]
Treated	8	52	60	29.6			
Housing: apartment*							
Yes	1	9	10	3.7	0.448	0.333	[0.040;2.758]
No	26	78	104	96.3			
Housing: house							
Yes	5	27	32	18.5	0.232	0.505	[0.173;1.475]
No	22	60	82	81.5			
Housing: rural area							
Yes	21	51	72	77.8	0.071	2.471	[0.907;6.733]
No	6	36	42	22.2			
Type of ground: grass							
Yes	15	27	42	55.6	0.021	2.778	[1.147;6.728]
No	12	60	72	44.4			
Type of ground: paved							
Yes	6	35	41	22.2	0.089	0.424	[0.156;1.158]
No	21	52	73	77.8			
Type of ground: grass+ paved							
Yes	6	25	31	22.2	0.506	0.709	[0.256;1.963]
No	21	62	83	77.8			
Access to streets							
Yes	19	53	33	65.5	0.612	1.255	[0.522;3.015]
No	10	35	72	34.5			
Interaction with other animals							
Yes	19	62	81	70.4	0.993	0.996	[0.387;2.561]
No	8	26	34	29.6			
Interaction with other animals: cats*							
Yes	3	15	18	15.8	0.535	0.525	[0.134;2.059]
No	16	42	58	84.2			
Interaction with other animals: dogs*							
Yes	16	42	58	84.2	0.535	1.905	[0.486;7.472]
No	3	15	18	15.8			
Interaction with other animals: cattle							
Yes	15	24	39	55.6	0.010	3.333	[1.366;8.136]
No	12	64	76	44.4			
Presence of diarrhea*							
Yes	0	4	4	0.0	0.571	0.757	[0.681;0.841]
No	27	84	111	24.3			

(+) presence of oocysts of *Cryptosporidium* spp. in the feces of the animals analyzed; (-) absence of oocysts of *Cryptosporidium* spp. in the feces of the animals analyzed; p: significance level according to chi-square test; OR: odds ratio 95%; CI95%: confidence interval. *Fisher's exact test.

Table 2. Multiple binary logistic regression analysis on the variables analyzed and their relationship with infection by *Cryptosporidium* spp. in dogs (n = 110) and cats (n = 18) in the southern region of the state of Rio Grande do Sul, Brazil.

Variable	p	OR	CI 95%
Feeding: homemade food			
Yes	0.007	3.424	[1.397;8.394]
No			
Water			
Untreated	0.336	0.355	[0.059;2.154]
Treated			
Housing: rural area			
Yes	0.723	0.982	[0.214;4.154]
No			
Interaction with other animals (cattle)			
Yes	0.660	5.195	[0.412;65.566]
No			
Type of ground (grass)			
Yes	0.370	0.259	[0.015;4.372]
No			
Type of ground (paved floor)			
Yes	0.801	0.872	[0.213;3.561]
No			

Discussion

Infection by *Cryptosporidium* spp. is an important health problem in developed and developing countries and may represent a risk to life among immunocompromised hosts, children and young animals (ADAMU et al., 2010).

Companion animals are important for maintenance of the disease, given that they can be asymptomatic carriers of the protozoon. Additionally, the increasing sizes of pet populations in urban zones have substantially contributed towards environmental contamination (ZANZANI et al., 2014).

A few studies have been conducted in Brazil with the aim of investigating the prevalence, frequency or occurrence of infection by *Cryptosporidium* spp. among dogs, cats and livestock (FIGUEIREDO et al., 2004; EDERLI et al., 2005; MOURA et al., 2009; GALVÃO et al., 2012). However, studies involving this infection in companion animals in the southern region of the state of Rio Grande do Sul are scarce.

In the present study, the real frequency of parasitized animals was 24.6%. This result differs from the findings of Quadros et al. (2006), who found that only 10% of the dogs evaluated in the municipality of Lages, state of Santa Catarina, were parasitized with oocysts of *Cryptosporidium* spp. It can be suggested that this difference is due to the origin of the dogs, since those authors only evaluated samples from dogs living in urban areas. In the present study, 72.5% (21/29) of the animals with presence of oocysts were from "rural areas". Although "rural area" did not behave as a risk factor in this study ($p = 0.071$), this factor is closely correlated with consumption of untreated water, living in the same environment as

cattle, and circulation in grassy terrain, which were variables that behaved as risk factors in the present study. On the other hand, similar frequencies were described by Pereira et al. (2011), who reported that oocysts of this protozoon were present in 29.5% of the dogs and 24.7% of the cats that were evaluated in their study. In addition, Balassiano et al. (2009) found oocysts in 26.2% of the dogs that they studied in the municipality of Rio de Janeiro.

No association between host age and infection was observed ($p = 0.877$), and this finding was similar to what had previously been described by Pivoto et al. (2013). However, the percentage of animals under one year of age that presented oocysts in their feces (25%) was slightly higher than the percentage of animals that were one year old or over (23.2%) (Table 1). Similar results were reported by Olabanji et al. (2016), who found that this variable did not represent a risk factor, although there was higher prevalence of infection among dogs that were between three and six months old. However, Bresciani et al. (2008) described higher occurrence of infection among animals that were between one and four years old. Thompson et al. (2005) stated that, although infections in adult animals may be recurrent, the frequency of infection is higher in young animals.

In the present study, the source of consumed water and the type of feeding behaved as factors associated with infection. These results differ from the ones found by Balassiano et al. (2009), Ederli et al. (2005), Pivoto et al. (2013) and Awadallah & Salem (2015), who did not find any association between infection and water source or type of feeding. However, our findings were in accordance with the results found by Moura et al. (2009). Based on the analysis conducted in the present study, it can be suggested that feeding animals exclusively on homemade food may act as a risk factor for infection by *Cryptosporidium* spp. It is believed that homemade food may be more susceptible to environmental contamination, thus increasing the chances of infection, as suggested by Moura et al. (2009).

The evaluation on the type of housing showed that this variable did not present any association with infection. However, even though the variable of "rural area" was not statistically associated with infection ($p = 0.071$), other factors relating to rural areas, including "untreated water sources", "interaction with cattle" and "circulation in grassy terrain", were significant and therefore acted as risk factors for infection. Likewise, in a previous study, Pivoto et al. (2013) did not observe any association with the variable of rural area. On the other hand, Awadallah & Salem (2015) reported that 40% of the dogs in rural areas of Egypt were infected with intestinal parasites. They correlated this variable with a high risk of infection. Thompson et al. (2016) stated that the high risk of infection in rural areas was due to low hygiene conditions, living in the same environment as wild species and animals that act as reservoirs, and low levels of veterinary attention to dogs.

The variable of access to streets did not present any significant value in the present study ($p = 0.612$), and this was concordant with the findings of Balassiano et al. (2009) and Pivoto et al. (2013). However, Olabanji et al. (2016) observed a relationship between this variable and infection, and stated that dogs that were free to roam the streets presented higher exposure to oocysts because they were in contact with contaminated environments and interacted with other infected animals.

In comparing interactions with other animals (dogs and cats), the results did not show any significant difference ($p = 0.535$), thus agreeing with the results from Balassiano et al. (2009) and Pivoto et al. (2013). However, a difference was observed when the animals lived in the same environment as other animal species, especially cattle ($p = 0.010$). Cattle are the main hosts of *C. parvum*, although *C. canis* and *C. felis* have been sporadically reported in bovine infections (THOMPSON & SMITH, 2011).

Access of animals to environments with the presence of grass behaved as a risk factor and had the capacity to favor infections. On the other hand, "paved floor" behaved as a protection factor. Similar results were described by Silva et al. (2011) in analyzing these variables in relation to calf rearing, and by Kiani et al. (2016). These authors stated that moisture retention by grassy soils increased the duration of oocyst viability.

According to Fayer et al. (1997), diarrhea is the most common symptom of cryptosporidiosis in animals and humans, and a large number of oocysts are excreted in hosts' feces during acute infection. Pereira et al. (2011) observed high rates of infection in diarrheic feces. However, in the present study, occurrences of diarrhea did not seem to be relevant, since there was no presence of oocysts of *Cryptosporidium* spp. in the diarrheic feces samples analyzed. Nevertheless, it is important to highlight the fact that the number of diarrheic feces samples analyzed was small ($n = 4$). Thus, evaluating a larger number of animals with clinical symptoms is necessary in order to obtain a better analysis on the results obtained. Despite this, the results obtained in the present study reinforce the idea that this infection in companion animals is characteristically asymptomatic.

Conclusion

This study is the first to investigate the infection by *Cryptosporidium* spp. among dogs and cats in the southern region of the state of Rio Grande do Sul. The results made it possible to infer that within the animal population studied, the frequency of parasitism by *Cryptosporidium* spp. in dogs was relevant and emphasize the asymptomatic nature of this infection. The adopting control measures are highlighted, particularly in relation to variable homemade food that represented a risk factor for infection by *Cryptosporidium* spp.

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