

Simultaneous determination of ethinyl estradiol and drospirenone in oral contraceptive by high performance liquid chromatography

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A simple, rapid, economical and reliable high performance liquid chromatographic method has been developed and successfully applied in simultaneous determination of ethinyl estradiol and drospirenone in coated tablets. The HPLC method was performed on a LiChroCART® 100RP column (125x4 mm i.d., 5 µm) with acetonitrile:water 50:50 (v/v) as mobile phase, pumped at a flow rate of 1.0 mL.min⁻¹. The fluorescence detection for ethinyl estradiol was made at λ_{ex} = 280 nm and λ_{em} = 310 nm and a UV detection for drospirenone was made at 200 nm. The elution time for ethinyl estradiol and drospirenone were 4.0 and 5.7 min, respectively. The method was validated in accordance to USP 34 guidelines. The proposed HPLC method presented advantages over reported methods and is suitable for quality control assays of ethinyl estradiol and drospirenone in coated tablets.

Uniterms: Coated tablets/quantitative analysis. High performance liquid chromatography/quantitative analysis. Ethinyl estradiol/quantitative determination. Drospirenone/quantitative determination. Fluorescence detection. UV detection.

Um método simples, rápido, econômico e confiável foi desenvolvido empregando a cromatografia líquida de alta eficiência para a determinação simultânea de etinilestradiol e drospirenona em comprimidos revestidos. O método foi realizado utilizando coluna LiChroCART® 100RP (125 x 4 mm d.i., 5 µm), a fase móvel constituída de acetonitrila:água, 50:50 (v/v) com vazão de 1,0 mL.min⁻¹. A detecção foi realizada empregando fluorescência em λ_{ex} = 280 nm e λ_{em} = 310 nm para o etinilestradiol e na região de UV em 200 nm para a drospirenona. O etinilestradiol e a drospirenona tiveram tempo de retenção de 4,0 e 5,7 min, respectivamente. O método foi validado de acordo com as diretrizes da USP 34. O método proposto apresentou vantagens sobre os relatados na literatura e pode ser considerado adequado para o controle de qualidade do etinilestradiol e da drospirenona em comprimidos revestidos.

Unitermos: Comprimidos revestidos/análise quantitativa. Cromatografia líquida de alta eficiência/análise quantitativa. Etinilestradiol/determinação quantitativa. Drospirenona/determinação quantitativa. Detecção por fluorescência. Detecção no UV.

INTRODUCTION

Contraception is achieved mainly by inhibiting ovulation through the combined activity of two main components: estrogen and progestin. In order to ensure wider adherence to contraception methods, recent advances in oral contraceptives focused on the development of

new formulations with fewer side effects and additional benefits, besides contraception (Brunton, Lazo, Parker, 2007; Pearlstein *et al.*, 2005; Batukan, Muderris, 2006). New formulations have been developed by properly associating low doses of ethinyl estradiol and drospirenone to ensure the balance between efficacy, safety and cycle control (Bazzote, Scheleicher, Marcon, 2005; Blode *et al.*, 2000). Due to the small doses used and long term hormonal treatment, quality is a key feature on this type of formulations (Santoro *et al.* 2002). Several high performance liquid chromatography (HPLC) methods are

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described in the literature for quantitative determination of associated hormones in various contraceptive formulations (Santoro *et al.*, 2002; Labna *et al.*, 2004; Denisova, Chistyakov, Sadchikova, 2008; Pradad, Babu, Ramana, 2011). However, no analytical method was found in the literature for simultaneous quantitative determination of ethinyl estradiol (Figure 1A) and drospirenone (Figure 1B). The present study describes a simple, accurate and reliable validated analytical method for separation and simultaneous quantification of ethinyl estradiol and drospirenone in coated tablets using HPLC with UV and fluorescence detection. The method can be used in routine analysis for quality control of these pharmaceutical preparations.

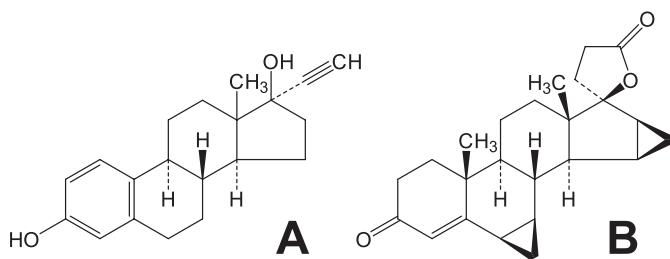


FIGURE 1 - Chemical structures of ethinyl estradiol (A) and drospirenone (B).

MATERIAL AND METHODS

Instrumentation and analytical conditions

Chromatographic experiments were performed using a Shimadzu liquid chromatographic system consisting of a solvent delivery pump system model SCL-10Avp, an online degasification system model DGU-14A, an auto-injector model SIL-10AD-vp (fitted with a 50 μL loop), a UV detector model SPD-M10Avp and a fluorescence detector model RF-10Axl. The output signal was monitored and integrated using CLASS VP[®] software LC Workstation (Shimadzu[®] Corporation, Japan). Chromatographic separation of analytes was achieved using a LiChroCART[®] analytical column (125x4 mm i.d., 5 μm particle size). The fluorescence excitation and emission wavelengths were set at 280 and 310 nm for ethinyl estradiol and a UV detection was carried out at 200 nm for drospirenone. The mobile phase was composed of acetonitrile and water in the ratio of 50:50 (v/v). The mobile phase was prepared at the beginning of the day and degassed by sonication for 20 min. All samples were filtered through a 0.45 μm Millex[®] HV membrane. All measurements were carried out with an injection volume of 20 μL and the mobile phase flow rate was set at 1.0 $\text{mL}\cdot\text{min}^{-1}$. All analyses were performed at $25 \pm 1^\circ\text{C}$.

Chemicals

All reagents were of analytical grade. Acetonitrile and methanol (HPLC grade) were obtained from J.T. Baker[®] (Phillisburg, NJ, USA) and ultrapure water was obtained using a Milli-Q[®] water purification system (Millipore[®], MA, USA) and used to prepare all the solutions.

Reference Standards

Ethinyl estradiol (99.60% purity) and drospirenone (99.80% purity) were kindly supplied by a local pharmaceutical industry.

Samples

Three samples containing ethinyl estradiol and drospirenone were kindly supplied by a pharmaceutical industry. Samples: 1 and 3 were from two available batches containing 0.03 mg of ethinyl estradiol and 3.00 mg of drospirenone; sample 2: containing 0.02 mg of ethinyl estradiol and 3.00 mg of drospirenone and sample 4: simulated sample (spiked sample) containing a mixture of the inactive ingredients and, ethinyl estradiol and drospirenone standards (50, 100 and 150% of nominal concentration of analytes). A placebo sample was prepared containing: povidone 3.0%, starch 15.0%, croscarmellose sodium 1.0%, magnesium stearate 1.0%, macrogol 0.3%, hypromellose 2.0%, dye sunset yellow 0.0001% and lactose q.s.p. 100%.

PREPARATION OF STANDARD SOLUTION

Standard stock solutions of ethinyl estradiol (100.00 $\mu\text{g}\cdot\text{mL}^{-1}$) and drospirenone (2000.00 $\mu\text{g}\cdot\text{mL}^{-1}$) were prepared in methanol. Working standard solutions were prepared daily. Test solutions were prepared by appropriately diluting the stock solutions with a mixture of acetonitrile: water (50:50 v/v).

Preparation of sample solution

Twenty one coated tablets (sample 1, 2 and 3) were individually weighed and the mean weight was determined. All the 21 units were triturated and an amount of powder correspondent to 10 coated tablets was weighed and used for stock sample solution preparation. The powder was transferred to a 25 mL volumetric flask and solubilized in methanol. This mixture was sonicated for 20 min and centrifuged at 1923.07 g for 15 min. The upper

layer was then filtered using a 0.45 μm filter (Millipore®). Aliquots of stock sample solution were diluted in acetonitrile:water (50:50 v/v) to obtain concentration of 2.50 $\mu\text{g}\cdot\text{mL}^{-1}$, 5.00 $\mu\text{g}\cdot\text{mL}^{-1}$ and 7.50 $\mu\text{g}\cdot\text{mL}^{-1}$ for ethinyl estradiol and 250.00 $\mu\text{g}\cdot\text{mL}^{-1}$, 500.00 $\mu\text{g}\cdot\text{mL}^{-1}$ and 750.00 $\mu\text{g}\cdot\text{mL}^{-1}$ for drospirenone for samples 1 and 3. Sample 2 was also diluted in acetonitrile:water (50:50 v/v) to obtain concentration of 2.50 $\mu\text{g}\cdot\text{mL}^{-1}$, 5.00 $\mu\text{g}\cdot\text{mL}^{-1}$ and 7.50 $\mu\text{g}\cdot\text{mL}^{-1}$ of ethinyl estradiol and 375.00 $\mu\text{g}\cdot\text{mL}^{-1}$, 750.00 $\mu\text{g}\cdot\text{mL}^{-1}$ and 1125.00 $\mu\text{g}\cdot\text{mL}^{-1}$ of drospirenone.

Method validation

The method was validated according to the United States Pharmacopeia recommendations (USP, 2011) and AOAC INTERNATIONAL (AOAC, 2007). The following validation characteristics were addressed: linearity, detection limit, quantification limit, precision, accuracy, robustness and specificity.

Linearity

The linearity of an analytical procedure is its ability, within a definite range, to obtain results directly proportional to the concentration of the analyte in the sample (USP, 2011). Since the nominal concentration for the assay test is 5.00 $\mu\text{g}\cdot\text{mL}^{-1}$ and 750.00 $\mu\text{g}\cdot\text{mL}^{-1}$ for ethinyl estradiol and drospirenone, respectively, linearity was performed using six concentrations over the range of 0.10 to 10.00 $\mu\text{g}\cdot\text{mL}^{-1}$ for ethinyl estradiol and from 15.00 to 1500.00 $\mu\text{g}\cdot\text{mL}^{-1}$ for drospirenone. The solutions were filtered using a 0.45 μm filter (Millipore®) and each solution was injected in triplicate into the chromatographic system. The analytical curve was evaluated by plotting concentration versus mean area. The equation was obtained using the least square regression procedure.

Detection limits (DL) and quantitation limits (QL)

DL and QL for the proposed analytical method were determined based on residual standard deviation of regression line (σ) and slope (s) of the analytical curve in accordance with the equations $DL = 3.3 (\sigma/S)$ and $QL = 10 (\sigma/S)$ (USP, 2011). The detection results using UV and fluorescence detection were compared.

Precision

- Repeatability (intra-day)

Repeatability refers to the ability of the proposed method to reproduce measurements over a short time interval under same analytical conditions (USP, 2011). For present method, six determinations were performed in triplicate at nominal working concentration (5.00 $\mu\text{g}\cdot\text{mL}^{-1}$

and 750.0 $\mu\text{g}\cdot\text{mL}^{-1}$ of ethinyl estradiol and drospirenone, respectively) to establish the intra-day precision. The results were analyzed by ANOVA.

- Intermediate precision (inter-day)

The intermediate precision refers to the ability of the proposed method to reproduce measurements between different day's within-laboratory variation, amongst different analysts or equipment from the same laboratory (USP, 2011). Inter-day precision was evaluated by injecting samples solutions prepared at lower, middle and higher concentrations of the analytical curve, on three consecutive days. All determinations were made in triplicate.

- Instrumental precision

Instrumental precision was performed to demonstrate the repeatability of retention time of analytes and corresponding areas. In this case, six determinations were performed, in triplicate, at the nominal working concentration (5.00 $\mu\text{g}\cdot\text{mL}^{-1}$ and 750.0 $\mu\text{g}\cdot\text{mL}^{-1}$ of ethinyl estradiol and drospirenone, respectively) on a single day. The repeatability of complete validation measurements was evaluated.

Precision was expressed as the percentage of relative standard deviation (%RSD) for peak area ratio (PAR) of ethinyl estradiol and drospirenone.

Accuracy

Accuracy is measured and expressed as percentage of standard analyte recovered from sample matrix by proposed assay procedure. Most often sample solutions are spiked with a known amount of standard (USP, 2011). The accuracy of method was evaluated in triplicate at three concentration levels, 50, 100 and 150% of nominal concentration of analyte. Standards solutions were added to the placebo and analyzed by the proposed method.

Robustness

The robustness of a method is its capacity to remain unaffected by small variations in method parameters (ICH 2005). In this study, the robustness of the method was evaluated based on following three chromatographic parameters: flow rate ($1.0 \pm 0.1 \text{ mL}\cdot\text{min}^{-1}$), temperature ($25 \pm 3 \text{ }^\circ\text{C}$) and proportion of acetonitrile ($50 \pm 5\%$) in the mobile phase. The resolution between peaks parameter was examined, in triplicate, at previously fixed levels, above (+) and below (-) the nominal value.

Specificity

Specificity is the ability to measure accurately and

specifically the analyte of interest in the presence of other components that may be expected to be present in the sample (USP, 2011; Ribani *et al.*, 2004). The specificity of the method was tested by comparing the chromatograms of placebo, commercially available sample and standard solutions. Excipients used to prepare the placebo were similar to those present in the commercial formulations.

RESULTS AND DISCUSSION

Selection of the HPLC conditions

In order to obtain adequate separation and short time of analysis, different mobile phases were evaluated. Several strategies were tested to achieve a resolution (R_s) ≥ 2 and short analysis time. Several proportions of acetonitrile:water and methanol:water in the mobile phase were tested. The methanol provided longer retention time and for that reason acetonitrile was selected for further method development. The best response was obtained with mobile phase constituted of acetonitrile:water (50:50 v/v), flow rate of 1.0 mL.min⁻¹ and injection volume of 20 μ L. The temperature was set at 25 \pm 1 $^{\circ}$ C. Total run time was of 7 min and R_s = 5.84. Replicate (n=10) injections were made to ensure reproducibility and accuracy of measurements.

Detection

The use of fluorimetric detection allowed better quantification of ethinyl estradiol than the UV detection (Araujo, 2006). Nevertheless, drospirenone has no fluorescence (Figure 2). Hence, quantitative determination of drospirenone was made by using UV detection (Figure 3).

Method validation

According to the USP (2011), method validation is performed to ensure that an analytical methodology is accurate, specific, reproducible, and rugged over the specified concentration range and within described analytical conditions.

Linearity, detection and quantification limits

Analytical curves were obtained using six points and triplicate injection of standards at each concentration level. The method showed excellent linearity over a defined concentration range with correlation coefficient better than 0.999 (Table I).

Data provides conclusive evidence of a linear relationship between concentration and method response.

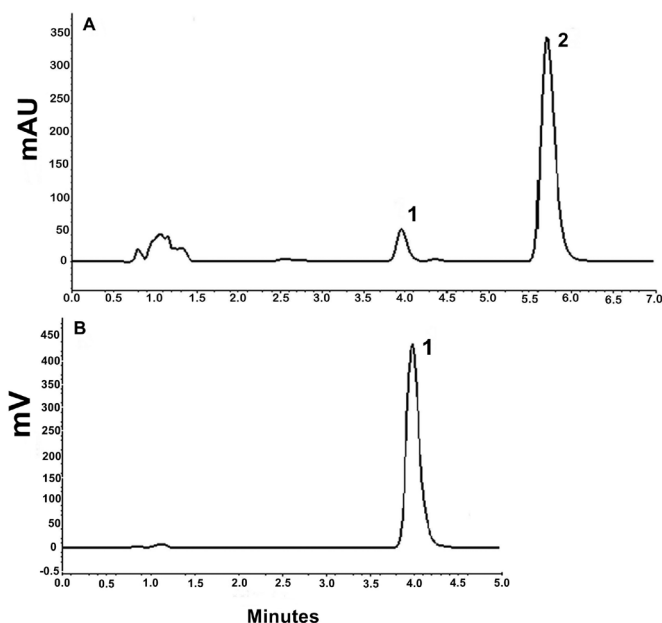


FIGURE 2 - Chromatograms of standard solutions. HPLC-UV detection at 200 nm (A), and HPLC-Fluorescence detection at $\lambda_{ex}=280$ nm and $\lambda_{em}=310$ nm (B). Concentration: 5.00 μ g.mL⁻¹ of ethinyl estradiol (1) and 750.00 μ g.mL⁻¹ of drospirenone (2). Chromatographic conditions: LiChroCART[®] column (125 mm x 4 mm i.d., 5 μ m particle size), mobile phase: acetonitrile:water (50:50 v/v), flow rate 1.0 mL.min⁻¹, injection volume: 20 μ L, temperature 25 \pm 1 $^{\circ}$ C.

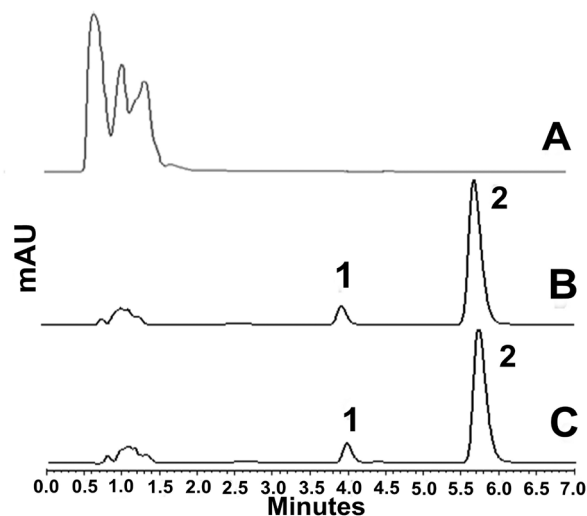


FIGURE 3 - Chromatograms of placebo solution (A), standard solution at 5.00 μ g.mL⁻¹ of ethinyl estradiol (1) and 750.00 μ g.mL⁻¹ of drospirenone (2) (B), and sample solution 5.00 μ g.mL⁻¹ of ethinyl estradiol (1) and 750.00 μ g.mL⁻¹ of drospirenone (2) (C). Chromatographic conditions: LiChroCART[®] column (125 mm x 4 mm i.d., 5 μ m particle size), mobile phase: acetonitrile:water (50:50 v/v), flow rate: 1.0 mL.min⁻¹, injection volume: 20 μ L, temperature: 25 \pm 1 $^{\circ}$ C. UV detection at 200 nm.

TABLE I - Statistical data from the analytical curve for the proposed HPLC method

Parameter	Ethinyl estradiol ^a	Drospirenone ^b
Concentration range ($\mu\text{g.mL}^{-1}$) ^c	0.1 - 10	15 - 1500
Intercept	33413	56550
Slope (S)	1171850	7422.8
Correlation coefficient	0.9989	0.9990
Residual SD of the regression line (σ)	7197.96	10986.60

^a Fluorescence detection; ^b UV detection; ^c six data points, triplicate injection at each concentration level

The DL and QL for drospirenone were $4.88 \mu\text{g.mL}^{-1}$ and $14.80 \mu\text{g.mL}^{-1}$, respectively. For ethinyl estradiol, DL and QL were compared using two types of detectors. Results obtained using fluorescence detection (DL $0.02 \mu\text{g.mL}^{-1}$ and QL $0.06 \mu\text{g.mL}^{-1}$) were better than those obtained with UV detection (DL $0.14 \mu\text{g.mL}^{-1}$ and QL $0.41 \mu\text{g.mL}^{-1}$) (Table II).

TABLE II - Results obtained for DL and QL by using two detectors: UV and fluorescence

HPLC-UV	DL ($\mu\text{g.mL}^{-1}$)	QL ($\mu\text{g.mL}^{-1}$)
Ethinyl estradiol	0.14	0.41
Drospirenone	4.88	14.80
HPLC-Fluorescence	DL ($\mu\text{g.mL}^{-1}$)	QL ($\mu\text{g.mL}^{-1}$)
Ethinyl estradiol	0.02	0.06

Precision

The precision of an analytical method gives information on method random error. It expresses the closeness between a series of measurement obtained from multiple sampling of the same homogeneous sample under

described conditions (Laban, 2004). One way ANOVA (single factor) was used for estimating the total variability of ethinyl estradiol and drospirenone intra-day precision. F value calculated for ethinyl estradiol and drospirenone by ANOVA was 1.95 and 2.59, respectively. The value was lower than the critical factor 3.10, showing that the method do not present statistical significant difference amongst distinct measurements ($p \leq 0.05$). The results of % RSD, were 1.00 and 1.12% for ethinyl estradiol and drospirenone, respectively (intra-day precision). The criteria for intra-day and inter-day precision demands a %RSD lower than 2.0% (USP, 2011).

The % RSD inter-day precision was obtained by analyzing sample solution in lower, middle and higher concentration (nine replicates each day) on three consecutive days. The % RSD values ranged from 0.61 to 1.74%. These results indicate that the developed method presents good precision.

Instrumental precision was calculated as %RSD. For migration time and peak area of 18 runs, the values were 0.17% and 1.06% for ethinyl estradiol and 0.31% and 1.97% for drospirenone, respectively. The precision of injection was therefore considered satisfactory.

The repeatability of the complete validation calculated as % RSD for migration time and peak area (approximately 180 runs) was 1.63% and 1.32% for ethinyl estradiol and 1.95% and 1.86% for drospirenone, respectively. The results obtained in the analysis of commercially available samples are shown in Table III.

Accuracy

The accuracy was determined by recovery test and results are presented in Table IV. The recovery of ethinyl estradiol standard was from 99.85% to 101.38%, and for drospirenone was from 98.70% to 102.00%. The recovery test and the percentage of recovery

TABLE III - Statistical representation of the data obtained in the analysis of commercial available samples (1, 2 and 3) using the proposed HPLC method

	Sample	Declared amount ($\mu\text{g/unit}$)	Found amount ($\mu\text{g/unit}$)	Relative standard desviation (%)	Result (%)
1	Ethinyl estradiol ^a	30	29.22	0.57	97.40
	Drospirenone ^b	3000	2859.30	0.37	95.30
2	Ethinyl estradiol ^a	20	21.45	0.96	107.26
	Drospirenone ^b	3000	2889.3	0.99	96.31
3	Ethinyl estradiol ^a	30	32.37	0.18	107.91
	Drospirenone ^b	3000	2901	0.34	96.70

^a Fluorescence detection; ^b UV detection

TABLE IV - Recovery of standard ethinyl estradiol and drospirenone solution added to placebo and analyzed by the proposed HPLC method

	Standard added to placebo sample ($\mu\text{g.mL}^{-1}$)	Amount of standard quantified ($\mu\text{g.mL}^{-1}$)	Recovery (%)
Ethinyl estradiol ^a	2.50	2.53	101.30
	5.00	5.06	101.38
	7.50	7.48	99.85
Drospirenone ^b	375	382.99	102.00
	750	740.50	98.73
	1125	1118.54	99.45

^a Fluorescence detection; ^b UV detection

were performed according to the recommendation of AOAC INTERNATIONAL ($100 \pm 2\%$) (AOAC, 2007). The obtained results confirmed the accuracy of the method.

Robustness

The result and the experimental range of the selected variables are presented in Table V, including the established experimental conditions (1.0 mL.min^{-1} , $25 \text{ }^\circ\text{C}$, acetonitrile 50%). There were no significant changes in the chromatographic pattern when the modifications were made in the experimental conditions.

The established experimental conditions presented a resolution of 5.84. Different resolution values were obtained with the modification of each factor, but none of them compromised the method ($R_s \geq 2$) (Ribani *et al.*, 2004). The results presented in Table VI shows that the temperature has no significant effect on resolution and that the resolution increases with the decrease of mobile phase flow rate and acetonitrile concentration. Thus, within specified analytical conditions, the proposed method was considered robust.

Specificity

The specificity of the method was demonstrated by the absence of interference during measurements of ethinyl estradiol and drospirenone. The interference criterion for assays, especially from sample excipients, is defined in USP 2011. It was observed that excipients do not present overlapping peaks with ethinyl estradiol and drospirenone peaks, hence do not interfere in the method. Figure 3 shows that despite the presence of the peaks of the pharmaceutical formulation components (excipients), peaks of ethinyl estradiol and drospirenone were satisfactorily separated.

CONCLUSION

The proposed HPLC method enables the separation and simultaneous quantitative determination of ethinyl estradiol and drospirenone in coated tablets. The detection and quantitative determination of ethinyl estradiol in the presence of drospirenone is extremely difficulty due to enlarged concentration ratio (1:100). Although UV detection of ethinyl estradiol is possible, the use of

TABLE V - Chromatographic conditions and range investigated during robustness testing

Parameter	Range Investigation ^c	Ethinyl estradiol (%) ^a	Drospirenone (%) ^b
Flow rate (mL.min^{-1})	0.8	100.91	99.81
	1.0	100.07	100.45
	1.2	100.33	98.95
Temperature ($^\circ\text{C}$)	22	101.53	100.34
	25	100.73	99.75
	28	99.76	100.95
Proportion of acetonitrile (%)	45	101.36	99.75
	50	99.76	100.53
	55	100.53	101.20

^a Fluorescence detection; ^b UV detection; ^c triplicate injection at each range investigation

TABLE VI - Chromatographic parameters used for robustness determination

Chromatographic parameters		Low level (-)	Zero level (0)	High level (+)
A – Flow rate (mL.min ⁻¹)		0.9	1.0	1.1
B – Temperature (°C)		22	25	28
C –Acetonitrile/water (v/v)		45:55	50:50	55:45
Sample n°	A	B	C	Rs
1				5,40
2	+			4,84
3		+		5,32
4	+	+		4,75
5			+	4,56
6	+		+	4,27
7		+	+	4,58
8	+	+	+	4,29

fluorescence detection allowed a better quantification of ethinyl estradiol in low amounts. A new method was developed and fully validated with critical evaluation of specificity, injection precision, linearity, detection and quantitation limits, precision, accuracy and robustness, presented adequate performance characteristics. The simplicity of the method allows its use in quality control laboratories for routine analysis.

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