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# Activity of Brazilian propolis against *Aeromonas hydrophila* and its effect on Nile tilapia growth, hematological and non-specific immune response under bacterial infection

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## ABSTRACT

The effect of the ethanolic extract of propolis (EEP) on *Aeromonas hydrophila* was analyzed by determination of minimum inhibitory concentration (MIC). Then, the effects of crude propolis powder (CPP) on growth, hemato-immune parameters of the Nile tilapia, as well as its effects on resistance to *A. hydrophila* challenge were investigated. The CPP (0.5, 1.0, 1.5, 2.0, 2.5 and 3.0%) was added to the diet of 280 Nile tilapia ( $50.0 \pm 5.7$  g fish<sup>-1</sup>). Hemato-immune parameters were analyzed before and after the bacterial challenge. Red blood cell, hematocrit, hemoglobin, mean corpuscular volume (MCV), mean corpuscular hemoglobin concentration (MCHC), and hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) and nitric oxide (NO) were evaluated. The MIC of the EEP was 13% (v/v) with a bactericidal effect after 24 hours. Growth performance was significantly lower for those fish fed diets containing 2.5 and 3% of CPP compared to the control diet. Differences in CPP levels affected fish hemoglobin, neutrophils number and NO following the bacterial challenge. For others parameters no significant differences were observed. Our results show that although propolis has bactericidal properties in vitro, the addition of crude propolis powder to Nile tilapia extruded diets does not necessarily lead to an improvement of fish health.

Key words: health, hematology, immunology, Oreochromis niloticus, propolis, stress.

## INTRODUCTION

The last decades have witnessed a steep growth in the fish farming industry, particularly of those

Correspondence to: Margarida Maria Barros E-mail: mbarros@fmvz.unesp.br systems involving intensive production. Because in these systems animals are frequently exposed to several stressors (e.g. transport, handling, high densities and fluctuations of several environmental factors), the possibility of disease spread is often present.

Strengthening the fish immune system through strategic food supplementation has been considered the most promising method for disease control in intensive culture systems (Dügenci et al. 2003). Therefore, the effects of several immunostimulant substances, such as  $\beta$ -glucan, a polysaccharides found in the cell walls of filamentous fungi and mushrooms (Dalmo and Bogwald 2008, Barros et al. 2014); levamisole, a synthetic phenylimidazolthiazole antihelmintic agent (Hang et al. 2014) and components of the diet itself (minerals and vitamins) have been studied for many species (Sakai 1999). Among these, a natural product showing positive effects on immunological and hematological parameters is propolis (Abd-El-Rhman 2009, Segvic-Bubic et al. 2013), a resinous sticky substance produced by Apis mellifera L. bees, which has many different biological and pharmacological properties, such as antibacterial, antiviral, antioxidant, anti-inflamatory, immunstimulant, among others (Mohammadzadeh et al. 2007, Sforcin 2007, Figueiredo et al. 2014, Kai et al. 2014, Souza et al. 2014, Conti et al. 2015, Bueno-Silva et al. 2016).

For instance, exposure of rainbow trout to different concentrations of propolis has been associated with a favorable dose-dependent effect on total leukocytes and granulocytes (Talas and Gulhan 2009). Previous research has also suggested that propolis is a potential growth promoter of Nile tilapia (Oreochromis niloticus), a species highly represented in fish farming industry (Meurer et al. 2009). Furthermore, the addition of ethanolic extract of propolis to tilapia diets has shown to promote growth, immunity, as well as resistance to Aeromonas hydrophila (Abd-El-Rhman 2009), a gram negative opportunist bacterium that affects a wide variety of freshwater fish species and causes tail and fin rot, hemorrhagic septicemia and epizootic ulcerative syndrome (Lu 1992). A recent study has shown that this bacteria is the most common and important tilapia pathogen in Brazil (Sebastião et al. 2015).

However, propolis added to animal feed is often made through its ethanolic extract, which may lead to a reduction of some chemical compounds at the filtration stage. Moreover, it is not possible to generalize the effects of propolis on performance and immunity because its chemical composition may vary widely depending on the botanical origin. Although in general propolis includes 50% of resins and balsam, 30% wax, 10% essential and aromatic oils, 5% pollen and 5% of other substances, it contains a variety of chemical compounds (polyphenols - e.g. flavonoid aglycones, phenolic acids and their esters, phenolic aldehydes, alcohols and ketones, sesquiterpene quinones, coumarins, steroids, amino acids, and inorganic compounds according to Huang et al. (2014) that are associated with different pharmacological properties.

In this study we evaluated *in vitro* the antibacterial activity from ethanolic extract of propolis (EEP) against *Aeromonas hydrophila*, a gram negative bacterium, since its activity has been more described for gram positive ones. Therefore, we also investigated crude propolis powder antioxidant and immunostimulant potential effect at different dietary concentrations on hemato-immunological parameters and resistance to bacterial challenge with *A. hydrophila*.

## MATERIALS AND METHODS

This research comprises two studies. In study I the antibacterial activity of ethanolic extract of propolis (EEP) against *A. hydrophila* was analyzed *in vitro*. In study II, fish received diets supplemented with graded levels of crude propolis powder (CPP) for 30 days and growth performance was analyzed. Then, fish were challenged with *A. hydrophila* and hemato-immunological parameters were evaluated comparing health status before and after bacterial infection.

Propolis was elaborated by africanized Apis mellifera allocated in standardized hives Langsthrot model provides by Naturall Company (São Paulo, SP, Brazil). This crude propolis was ground and sieved to 60 mash to become powder. The ethanolic extract was obtained by the mixture of 30 g of crude propolis powder with 70% ethyl alcohol until complete 100 mL. This solution was protected from light, under constant agitation for seven days, and then it was filtered to obtain the ethanolic extract of propolis (Orsi et al. 2000). The Aeromonas hydrophila strain was obtained from a virulent outbreak of hemorrhagic septicemia in Nile tilapia. The bacteria was isolated and submitted to biochemical characterization according to Garcia et al. (2007) at the Fish Pathology Laboratory, CAUNESP, Unesp (Jaboticabal, SP, Brazil).

## STUDY I

## Sensitivity test and growth curve in vitro

Determination of the minimal inhibitory concentrations (MIC) by Brain Heart Infusion Broth (BHI, Sigma Chemicals, St. Louis, MO, USA) dilution method was performed according to the National Committee of Clinical Laboratory Standards Guidelines (NCCLS 1997). Serial concentrations of EEP were achieved (% v/v) in tubes with BHI, ranging from 1.0 % to 25.0 %. Each antimicrobial test also included tubes containing the culture medium plus ethanol, in order to obtain a control of the solvent antimicrobial effect.

The bacterial strain was cultured in Brain Heart Infusion Agar (BHI, Sigma Chemicals, St. Louis, MO, USA) at 28 °C for 24 h. The suspension was adjusted to  $1.5 \times 10^8 \text{ CFU mL}^{-1}$  in phosphate buffer saline using McFarland scale. Then, the bacteria was resuspended in 5 mL of sterile saline and diluted to yield a final inoculum of approximately 1.0 x 10<sup>6</sup> CFU mL<sup>-1</sup>.

Since EPP could modify the medium color, the tube contents were incubated in the Mueller Hinton Agar plaques at 28 °C for 24 h in order to confirm the MIC whose endpoints were read as the lowest concentration of propolis that resulted in no visible growth.

The survival curve of A. hydrophila allowed the observation of the incubation period responsible for propolis antibacterial activity. Thus,  $1.0 \times 10^6$ CFU mL<sup>-1</sup> were inoculated in BHI plus propolis in the corresponding MIC.

After 1.5, 3, 6, 9 and 24 h of incubation of 28 °C, aliquots of culture were recovered and plated on Mueller Hinton Agar according to the Pour Plate method. Plate counts (CFU mL<sup>-1</sup>) were carried out after 24 h incubation and the survival percentage was calculated (Focht et al. 1993).

## STUDY II

## Growth performance

## Experimental diets

A preliminary trial was conducted to determine the maximum level of dietary crude propolis powder (CPP) inclusion that would not impair feed acceptability. Then, seven practical diets were prepared with graded levels of CPP at 0 (control -0 CPP), 0.5; 1.0; 1.5; 2.0, 2.5 and 3.0 mg kg<sup>-1</sup> diet. These diets were formulated to contain 28.0% digestible protein and 12.98 MJ digestible energy kg<sup>-1</sup> (Furuya 2010, NRC 2011). The CPP was supplemented at the expense of wheat meal. Diet formulation and proximate analysis were given in Table I.

The diets were extruded (4.0 mm pellet) approximately at 99°C in a single-screw laboratory extruder (20 kg h<sup>-1</sup> of the feed, Extrutec<sup>®</sup>, Ribeirão Preto, SP, Brazil) then mechanically mixed with water (22% of dry weight) in a Kitchen Aid multifunction mixer (Ação Científica<sup>®</sup>, Piracicaba, SP, Brazil). The diets were air dried and stored at 4°C until further use.

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Formulation	and proxir	nate chemica	l compositio	on of the expe	rimental die	ets.	
Ingredients (g kg <sup>-1</sup> )	CPP0	CPP0.5	CPP1	CPP1.5	CPP2	CPP2.5	CPP3
Soybean meal	528.0	528.0	528.0	528.0	528.0	528.0	528.0
Corn	334.0	334.0	334.0	334.0	334.0	334.0	334.0
Wheat meal	50.0	45.0	40.0	35.0	30.0	25.0	20.0
Poultry by product	50.0	50.0	50.0	50.0	50.0	50.0	50.0
<b>Propolis</b> <sup>1</sup>	0.0	5.0	10.0	15.0	20.0	25.0	30.0
Methionine	1.4	1.4	1.4	1.4	1.4	1.4	1.4
Treonine	0.4	0.4	0.4	0.4	0.4	0.4	0.4
Dicalcium phosphate	15.0	15.0	15.0	15.0	15.0	15.0	15.0
Vitamin C <sup>2</sup>	1.0	1.0	1.0	1.0	1.0	1.0	1.0
Salt	5.0	5.0	5.0	5.0	5.0	5.0	5.0
Premix <sup>3</sup>	15.0	15.0	15.0	15.0	15.0	15.0	15.0
$BHT^4$	0.2	0.2	0.2	0.2	0.2	0.2	0.2
Proximate analyses (g kg <sup>-1</sup> )							
Crude protein	306.3	307.6	306.8	306.1	305.3	304.6	303.9
Crude fiber	40.8	40.4	41.5	39.7	39.3	39.8	38.5
Ether extract	27.8	30.5	33.3	37.1	41.8	46.6	51.4
Calcium	7.5	7.2	7.1	7.1	7.2	7.0	7.2
Total phosphorus	7.9	7.6	7.8	7.8	8.0	8.1	7.9
Crude energy (kcal kg <sup>-1</sup> )	3711	3692	3728	3745	3772	3799	3826

TABLE I

<sup>1</sup>flavonoids in quercetin at 0.4%; 6.5% phenolic compounds; antioxidant activity of 8.0 seconds; wax contents of 7.3%; moisture content of 6.1% and the absence of tetracycline, chlortetracycline and oxytetracycline (lab);

<sup>2</sup>Vitamin C Rovimix<sup>®</sup> Stay-35<sup>®</sup>, DSM Nutritional Products, Switzerland;

<sup>3</sup>Vitamin and Mineral Premix (kg of product): Vit. A = 1,200,000 UI; Vit. D3 = 200,000 UI; Vit. E = 12,000mg; Vit. K3 = 2,400 mg; Vit.B1= 4,800 mg; Vit. B2 = 4,800 mg; Vit. B6 = 4,000 mg; Vit. B12 = 4,800 mg; Folic acid = 1,200mg; calcium pantothenate = 12,000 mg; Vit. C = 48,000 mg; Biotine= 48 mg; Coline = 65,000 mg; Nicotinic acid = 24,000 mg; Mn= 4,000 mg; Zn= 6,000 mg; I = 20 mg; Co = 2 mg e Se = 20 mg;

<sup>4</sup>Butylated hydroxytoluene – Antioxidant;

CPP0: control diet with no própolis supplementation; CPP0.5: diet supplemented with 0.5% of crude propolis powder; CPP1: diet supplemented with 1% of crude propolis powder; CPP1.5: diet supplemented with 1.5% of crude propolis powder; CPP2: diet supplemented with 2% of crude propolis powder; CPP2.5: diet supplemented with 2.5% of crude propolis powder; CPP3: diet supplemented with 3% of crude propolis powder.

#### BACTERICIDAL EFFECTS OF PROPOLIS ON NILE TILAPIA

## Fish and Feeding

A group of healthy Nile tilapia, with no prior history of disease, were obtained from a commercial fish farm (Piscicultura Fernandes, Palmital, SP, Brazil) and transferred to the AquaNutri Laboratory facilities (FMVZ, Unesp, Botucatu, SP, Brazil). The fish were stocked in 4 500-L aquaria and acclimatized for two weeks.

Then, two hundred and eighty Nile tilapia  $(50.0 \pm 5.7 \text{ g})$  were randomly distributed in 35 250-L aquaria (eight fish/aquarium) supplied with 6 L min<sup>-1</sup> of dechlorinated tap water passed through a biological filter and a heater in a recirculated system. Water temperature  $(25.0 \pm 2.0^{\circ}\text{C})$ , dissolved oxygen concentration  $(5.6 \pm 0.15 \text{ mg L}^{-1})$ , pH level  $(6.8 \pm 0.2)$  were monitored once a week with an YSI 556<sup>®</sup> multi-probe system (YSI Environmental, Yellow Spring, OH, USA), and ammonia concentration  $(0.12 \pm 0.08 \text{ mg L}^{-1})$  were determined using a commercial test kit (Alcon<sup>®</sup>, Camburiú, SC, Brazil). A 12:12-h light:dark photoperiod schedule was maintained. The aquaria were cleaned as required.

The seven experimental diets were fed to the fish in quintuplicate aquaria four times daily until apparent satiation for 30 days. Then, the weight gain (WG) = final body weight (g) – initial body weight (g); feeding intake (FI) = dry feed intake in the period (g) and feed conversion ratio = dry feed intake (g) / wet body weight (g) were evaluated.

## Bacterial Challenge

In order to analyze the antibacterial property of propolis, fish were experimentally infected with *A*. *hydrophila* after the feeding period. Such bacterial challenge was performed in another independent system. *A. hydrophila* from a virulent outbreak of hemorrhagic septicemia in Nile tilapia was grown in BHI at 28 °C for 18 h. The bacteria suspension was adjusted to  $1.5 \times 10^8$  CFU mL<sup>-1</sup> in phosphate buffer saline using McFarland scale.

This concentration was obtained in a previous LD<sub>50</sub> trial. In sum, three groups of 25 fish were infected with A. hydrophila ( $10^4$ ;  $10^6$  and  $10^7$  CFU mL<sup>-1</sup>), and mortality was recorded for 15 days. The LD<sub>50</sub> was calculated according to Plumb and Bowser (1983). Fifty-six fish were randomly stocked into 28 40-L aquaria and challenged by intraperitoneal (IP) injection with 100 µL of A. hydrophila culture containing  $1.0 \times 10^7$  CFU mL<sup>-1</sup> (LD<sub>50</sub>). Twentyfour hours after injection, fish were fed the same experimental diet as in Study I during the challenge period. The mortality was recorded twice a day for 15 days. Before the challenge period, blood samples were collected from six anaesthetized fish per treatment, each one from different aquaria, for hemato-immunological parameters. At the end of the challenge period other six fish were bled for the analyses.

## Hematological assay

Fish were anaesthetized with benzocaine (67 mg  $L^{-1}$ ), and blood was collected from the caudal vein using a tuberculin syringe, rinsed with anticoagulant (3% EDTA, Vetec, Quimica Fina Ltda, Duque Caxias, RJ, Brazil). Red blood cell (RBC) counts, leukocyte (Leuk) counts, leukocyte differentiation, hemoglobin (Hb), hematocrit (Ht), total plasma protein (TPP), mean corpuscular volume [MCV=(Ht x 10)/ erythrocytes], mean corpuscular hemoglobin concentration [MCHC=(Hb x 100/Ht], albumin concentration (ALB) and albumin:globulin ratio (A/G) [Globulin=TPP – ALB; A/G=ALB/Globulin] were determined according to Barros et al. (2014).

# Immunological assay

Burst respiratory activity was measured by the production of oxygen and nitrogen reactive species (hydrogen peroxide  $- H_2O_2$  and nitric oxide - NO, respectively) in monocyte culture according to Secombes (1990). Fish (benzocaine 67 mg

 $L^{-1}$ ) were bled from the caudal vein with a 1 mL syringe. Leukocyte suspensions were layered over 34% and 51% Percoll density gradients. The cells were centrifuged at 220 g for 20 min at 10°C. After centrifugation, the bands of leucocytes above the 34-51% interfaces were collected, washed twice with L-15 medium (Leibovitz, Cultilab, PR, Brazil) containing 2.0% fetal bovine serum (FBS, Cultilab, PR, Brazil), resuspended, counted and adjusted to  $2.0 \times 10^6$  cells mL<sup>-1</sup>. One hundred microliters of the cell suspension were added to 96-well microtiter plates and incubated for 1 hour at 18°C in L-15 medium containing 0.1% fetal bovine serum (FBS). Nonadherent cells were washed, and L-15 medium with 2.0% FBS was added. After incubation for 18 h at 18°C, the supernatant was collected for nitric oxide (NO) measurement. Hydrogen peroxide  $(H_2O_2)$  was measured in the cell monolayer, with the majority of the cells being monocytes. Phorbol myristate acetate (PMA, Sigma Chemical) was added as a positive control for the H2O2 assay in some wells to determine monocyte monolayer responsiveness.

The nitric oxide concentration in the supernatant was measured by the Griess reaction (Green et al. 1981). Different concentrations of NaNO<sub>2</sub> solution were used to prepare a standard curve. Readings were measured by a multiscan spectrophotometer (MTX Lab Systems, Virginia, USA) at 540 nm, and values were expressed as  $\mu$ mol 10<sup>-5</sup> cells. The hydrogen peroxide concentration in cells was measured by the phenol red oxidation method (Pick and Mizel 1981). Different concentrations of H<sub>2</sub>O<sub>2</sub> solution were used to prepare the standard curve. Readings were measured with a multiscan spectrophotometer (MTX Lab Systems, Virginia, USA) at 620 nm, and values were expressed as nmol 10<sup>-5</sup> cells.

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#### STASTISTICAL ANALYSIS

Growth performance data were analyzed by one-way analysis of variance complemented by polynomial regression analysis. When the hematological and immunological variables showed normal probability distribution, analysis of variance for repeated measure models in independent groups and complemented with Bonferroni test for qualitative groups were used (Johnson and Wichern 2002). Nonparametric analysis complemented with Dunn multiple comparisons was used for no normality (Zar 2009). All data were performed using SIGMASTAT statistical software program at the 0.05 probability level.

## ETHICS STATEMENT

All experimental procedures were approved by the Animal Ethics Committee of the Veterinary and Animal Science College, São Paulo State University (protocol 18/2010-CEUA).

#### RESULTS

#### SENSITIVITY TEST AND GROWTH CURVE IN VITRO

The sensitivity analysis showed that the minimum inhibitory concentration for the ethanolic extract of propolis (EEP) was 13% (v/v), corresponding to 17.3 mg ml<sup>-1</sup> of propolis compounds in the medium, while the minimum inhibitory concentration determined for alcohol (70%) was 21% (v/v). There was a marked reduction in colony forming units (CFU mL<sup>-1</sup>) count of *A. hydrophila* in those bacteria incubated with EEP as compared to the control and ethanol (70%) media, with a bactericidal effect of EEP after 24 hours of incubation. In the case of ethanol, there was only a reduction in CFU mL<sup>-1</sup> count (Fig. 1).

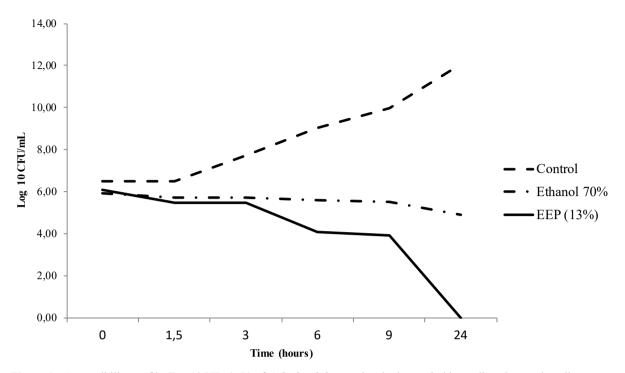


Figure 1 - Susceptibility profile (Log10 UFC/mL) of *A. hydrophila* as to incubation period in media culture, ethanolic extract of propolis (MIC = 13%) and ethanol 70% (MIC = 21%).

#### EFFECT OF CRUDE PROPOLIS POWDER ON GROWTH PERFORMANCE

After 30 days of feeding, fish weight gain was influenced by the addition of CPP. Specifically, growth performance was significantly lower (p < 0.05) for those fish fed diets containing 2.5 and 3% of propolis than for control (Table II). There were, however, no significant differences in either feed intake or feeding conversion among treatments.

# EFFECT OF CRUDE PROPOLIS POWDER ON HEMATO-IMMUNE PARAMETERS AND RESISTANCE TO *A. HYDROPHILA* CHALLENGE

Comparing hematological profile before and after the challenge with *A. hydrophila* we observed a decrease on RBC for the group of fish fed 2% of CPP, a decrease on hematocrit, except for the group fed diets containing 1 and 3% of CPP, and no change on hemoglobin, but for those fed diets including 2.5%. VCM did not change for fish fed diets containing 0.5 to 3% propolis, but decreased for those fed CPP0. Corpuscular hemoglobin concentration increased for those fed diets containing 2% of CPP (Table III).

Fish fed diets containing 1.5; 2 and 2.5% of CPP showed a significant reduction in neutrophils number following the bacterial challenge. There were no differences in total leukocytes numbers and in lymphocytes, monocytes and thrombocytes numbers either before or after the challenge (Table IV). The supplementation of 1.5% of CPP determined a decrease on A:G, but an increase for those group of fish fed 2 and 3% of CPP. There were no effects on total plasma protein, albumin and globulin (Table V).

Nitrogen reactive intermediates (NO) were influenced by the level of dietary CPP following the challenge, with a significant decrease in NO for fish fed diets containing 1; 1.5 and 2% of CPP comparing with those fed 0.5; 2.5 and 3%. Levels

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Grow	th performance of Nile til	apia fed graded levels of	dietary crude propolis p	owder.
Diets <sup>1</sup>	WG <sup>2</sup> (g)*	<b>SGR<sup>3</sup>(%)</b>	<b>FI</b> <sup>4</sup> ( <b>g</b> )	FCR <sup>5</sup>
CPP0	$52.7\pm2.4^{\rm a}$	$2.40\pm0.09^{\text{a}}$	$60.3\pm18.4$	$1.14\pm0.32$
CPP0.5	$42.9\pm9.8^{\rm ab}$	$2.05\pm0.35^{\text{ab}}$	$66.1 \pm 2.7$	$1.60\pm0.36$
CPP1.0	$49.5 \pm 3.9^{\circ}$	$2.29\pm0.13^{\text{ab}}$	$67.2\pm6.3$	$1.36\pm0.05$
CPP1.5	$47.4\pm10.2^{\text{ab}}$	$2.21\pm0.35^{\text{ab}}$	$69.3\pm9.1$	$1.49\pm0.2$
CPP2.0	$42.7\pm7.7^{ab}$	$2.05\pm0.28^{\text{ab}}$	$63.5\pm10.0$	$1.50\pm0.1$
CPP2.5	$34.9\pm7.1^{\rm b}$	$1.76\pm0.28^{\rm b}$	$57.9\pm8.0$	$1.68\pm0.22$
CPP3.0	$34.7\pm12.1^{\text{b}}$	$1.73\pm0.48^{\rm b}$	$59.7\pm7.8$	$1.94\pm0.83$
<i>p</i> value	0.01	0.01	0.49	0.08

 TABLE II

 Growth performance of Nile tilapia fed graded levels of dietary crude propolis powder.

Values are means  $\pm$  SD from five repetition groups, where the means in each column with different superscripts are significantly different (p < 0.05) (Tukey test).

\*Regression equation: WG = 414.34 - 43.87 (CPP);

<sup>1</sup>Seven experimental diets were formulated to contain graded levels of propolis: 0 (CPP0), 0.5 (CPP0.5), 1.0 (CPP1.0), 1.5 (CPP1.5), 2.0 (CPP2.0), 2.5 (CPP2.5) and 3.0 (CPP3.0) % propolis;

<sup>2-5</sup>WG: Weight gain; SGR: Specific growth rate; FI: Feed intake; FCR: Feed conversion ratio.

of CPP did not influence  $H_2O_2$  neither before nor after infection. The bacterial challenge significantly decreased NO for fish fed diets containing 1; 1.5 and 2% of CPP, and increased  $H_2O_2$  for those groups of fish fed control diet (Table VI).

There was no effect (p > 0.05) of dietary CPP on survival rate after the bacterial challenge.

## DISCUSSION

In this study we investigated the effect of crude propolis powder at different concentrations on several performance, hemato-immunological parameters of Nile tilapia, as well as its putative bactericidal effect. Our results show that although propolis has bactericidal properties in vitro, the addition of CPP to Nile tilapia extruded diets does not necessarily translate into an improvement of fish health.

The ethanolic extract of propolis had a bactericidal effect *in vitro* against *A. hydrophila*, which was not observed with the use of ethanol 70% only. It confirms the recognized antibacterial property of propolis, which may vary according to

the plant source available for bees which in turn will affect propolis, hence with differences in the chemical composition (Bosio et al. 2000, Simões et al. 2008, Tukmechi et al. 2010). Inhibition of proteic synthesis, enzymatic activity or even bacterial motility, preventing locomotion to places with higher nutrient availability, have all been proposed as potential mechanisms underlying the observed bactericidal effect of propolis (Koo et al. 2002, Simões et al. 2008, Orsi et al. 2012).

The addition of crude propolis powder to the fish diet, however, was not associated with beneficial effects on performance. On the contrary, fish growth was inversely related to propolis concentration. Studies have shown that the uptake of phenolic compounds presents in the propolis can have negative effects on fish performance, on immunological and, hematological system thus, jeopardizing fish health (El-Serafy et al. 2009, Zaki et al. 2011).

Indeed, Meurer et al. (2009) also observed weight gain reduction and feed conversion ratio worsening in tilapias fed higher levels of propolis

Diatel	R	RBC <sup>2</sup> (10 <sup>6</sup> /µL)	$RBC^{2}(10^{6})\mu L) \qquad Ht^{3}(\%) \qquad Hb^{4}(g/dL) \qquad Hb^{4}(g/dL) \qquad MCV^{5}(fl) \qquad M0$		Ht <sup>3</sup> (%)	- n - n - n - n - n - n - n - n - n - n			Hb <sup>4</sup> (g/dL)		MCV <sup>5</sup> (fl)		V	MCHC <sup>6</sup> (%)	
DICIS	Before	After	p value	Before	After	p value	Before	After	p value	Before	After	p value	Before	After	p value
CP0	1.76	1.76	06.0	35.00 α	25.50 β	0.02	6.49 α	6.07 α	0.71	188.20 α	137.17β	0.02	18.17 α	26.22 α	0.07
CPP0.5	1.74	1.68	0.62	31.75 α	23.25 β	0.04	6.73 α	5.88 α	0.07	168.83 α	135.20 α	0.17	21.18 α	26.08 α	0.17
CPP1.0	1.8	1.71	0.99	34.00 α	25.25 α	0.08	6.73 α	5.67 α	0.08	188.89 α	153.60 α	0.18	19.50 α	22.55 α	0.33
CPP1.5	1.69	1.65	0.99	32.75 α	22.00 b	0.04	5.92 a	$5.74 \alpha$	0.33	194.40 α	155.20 α	0.37	19.92 α	26.55 α	0.07
CPP2.0	$1.87\alpha$	1.40β	0.04	33.50 a	20.75 B	0.02	6.02 α	5.90 α	0.71	179.90 α	155.10 α	0.07	19.13 β	27.17 α	0.02
CPP2.5	1.78	1.41	0.27	33.00 α	20.00 β	0.02	$6.49 \alpha$	5.00β	0.04	189.70 α	133.80 α	0.07	20.97 α	26.75 α	0.07
CPP3.0	1.62	1.92	0.55	26.00 α	25.00 α	0.56	$6.05 \alpha$	6.69 α	0.76	$178.60 \alpha$	151.60 α	0.33	$21.51 \alpha$	23.81 α	0.56
<i>p</i> value	0.40	0.67		0.38	0.36		0.19	0.23		0.88	0.99		0.36	0.65	
Diets <sup>1</sup>	Leu	Leucocytes (10 <sup>3</sup> µL <sup>-1</sup> )	$0^{3}\mu L^{-1}$ )	Lym	mphocytes (10 <sup>3</sup> µL <sup>-1</sup>	$10^{3} \mu L^{-1}$ )	Neut	Neutrophil (10 <sup>3</sup> µL <sup>-1</sup>	)³μL <sup>-1</sup> )	Mon	Monocyte (10 <sup>3</sup> μL <sup>-1</sup>	μL <sup>-1</sup> )	Trom	Trombocyte (10 <sup>3</sup> μL <sup>-1</sup> )	μL <sup>-1</sup> )
5000	Before	After	p value	Before	After	p value	Before	After	p value	Before	After	p value	Before	After	p value
CP0	30.5	22.4	0.08	25.9	20.3	0.25	2.7a	1.4a	0.07	0.8	1.6	0.21	13.8	6.7	0.06
CPP0.5	34.0	24.6	0.07	28.9	21.2	0.08	2.4a	1.0a	0.12	2.4	1.3	0.71	15.5	31.4	0.08
CPP1.0	31.3	26.9	0.15	29.4	24.0	0.09	2.2a	1.7a	0.08	1.9	1.2	0.62	14.3	15.7	0.65
CPP1.5	35.9	23.1	0.07	27.9	21.4	0.12	3.7a	0.4b	0.01	2.5	1.0	0.45	14.9	32.7	0.07
CPP2.0	39.3	17.6	0.06	35.3	15.7	0.06	2.8a	0.7b	0.01	1.5	2.0	0.38	13.0	12.2	0.56
CPP2.5	40.8	21.3	0.06	30.1	17.7	0.06	2.2a	0.7b	0.01	1.5	0.8	0.23	15.1	10.3	0.15
CPP3.0	24.7	25.4	0.56	22.3	23.0	0.58	1.3a	0.9a	0.17	1.5	1.5	0.74	15.9	37.6	0.08

<sup>1</sup>Seven experimental diets were formulated to contain graded levels of propolis: 0 (CPP0), 0.5 (CPP0.5), 1.0 (CPP1.0), 1.5 (CPP1.5), 2.0 (CPP2.0), 2.5 (CPP2.5) and 3.0 (CPP3.0) % propolis. Medians in each row with different greek letters are significantly different (p < 0.05) comparing moments before and after bacterial challenge.

#### BACTERICIDAL EFFECTS OF PROPOLIS ON NILE TILAPIA

0.07

0.72

0.09

0.12

0.19

0.62

0.47

0.51

0.13

0.09

*p* value

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		TPP <sup>2</sup> (g dL <sup>-1</sup> )		AI	Albumin (g dL <sup><math>-1</math></sup> )	( <sub>1-</sub>	G	Globulin (g dL <sup>-1</sup> )			$A:G^3$	
Diets	Before	After	p value	Before	After	p value	Before	After	p value	Before	After	p value
PO	2.75	2.82	06.0	0.36	0.66	0.23	2.30	1.94	0.23	0.16 α	0.34 α	0.13
P0.5	2.75	2.80	0.81	0.61	0.82	0.27	1.98	1.83	0.39	$0.28 \alpha$	$0.44 \alpha$	0.71
P1.0	2.78	3.10	0.12	0.52	1.06	0.08	2.22	1.94	0.33	0.25 α	0.55 α	0.33
P1.5	2.55	2.71	0.99	0.67	0.56	0.38	1.88	2.24	0.38	0.35 α	0.23β	0.05
P2.0	2.55	2.55	0.99	0.53	0.72	0.06	1.97	1.65	0.31	0.26β	0.43 α	0.03
P2.5	2.55	2.35	0.46	0.63	0.69	0.54	2.01	1.66	0.18	$0.31 \alpha$	0.38 α	0.27
P3.0	2.50	3.10	0.55	0.55	0.73	0.07	2.03	2.37	0.55	0.26β	$0.31 \alpha$	0.04
<i>p</i> value	0.68	0.23		0.58	0.76		0.63	0.48		0.55	0.47	

TABLE V	Total plasmatic protein, albumin, globulin and albumin:globulin ratio of Nile tilapia fed graded levels of dietary crude propolis powder, before and after ch	with A budwonbild
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(Mann Whitney test).

<sup>1</sup>Seven experimental diets were formulated to contain graded levels of propolis: 0 (CPP0), 0.5 (CPP0.5), 1.0 (CPP1.0), 1.5 (CPP1.5), 2.0 (CPP2.0), 2.5 (CPP2.5) and 3.0 (CPP3.0) % propolis.  $^2\mathrm{TPP}\mathrm{:}$  Total plasmatic protein;  $^3\mathrm{A.G:}$  albumin:globulin ratio.

 TABLE VI

 Reactive nitrogen and oxygen intermediates of Nile tilapia

 fed graded levels of dietary crude propolis powder, before

 and after challenge with A. hydrophila.

			9		r	
		NO <sup>2</sup>			$H_2O_2^{\ 3}$	
Diets <sup>1</sup>	Before	After	p value	Before	After	p value
P0	3.44 α a	1.28 α ab	0.18	0.37 α	0.48 β	0.04
P0.5	2.36 α a	2.57 α a	0.90	0.49 α	0.48 α	0.55
P1.0	1.81 α a	0.36 β b	0.05	0.60 α	0.57 α	0.85
P1.5	2.54 α a	0.50 β b	0.04	0.76 α	0.72 α	0.27
P2.0	2.64 α a	0.82 β b	0.02	0.59 α	0.39 α	0.99
P2.5	2.20 α a	2.16 α a	0.90	0.36 α	0.75 α	0.31
P3.0	2.88 α a	2.80 α a	0.54	0.53 α	0.67 α	0.39
<i>p</i> value	0.72	0.02		0.14	0.97	

Medians in each column with different superscripts are significantly different (p < 0.05) (Dunn's test); different greek letters in a row indicate significant differences (p < 0.05) (Mann Whitney test).

<sup>1</sup>Seven experimental diets were formulated to contain graded levels of propolis: 0 (CPP0), 0.5 (CPP0.5), 1.0 (CPP1.0), 1.5 (CPP1.5), 2.0 (CPP2.0), 2.5 (CPP2.5) and 3.0 (CPP3.0) % propolis;

<sup>2</sup>NO: Nitric oxide;

 ${}^{3}\text{H}_{2}\text{O}_{2}$ : Oxygen peroxide.

(3.65 g brown propolis extract kg<sup>-1</sup> diet). However, the observation of lower weight gain with higher levels of CPP could be related to the presence of wax in its composition, which could hinder the action of digestive enzymes due to its hydrophobic characteristics, as observed in chickens (Santos et al. 2003). Nerveless, for ethanolic propolis extract, earlier studies have shown that the antimicrobial and/or antioxidant activities could result in better intestinal health, thus improving digestion and absorption, consequently growth performance in quail (Denli et al. 2005) and hens (Seven 2008).

Unlike our results, an increase on growth performance for Nile tilapia fed 10 g kg<sup>-1</sup> diet of ethanolic propolis extract or crude propolis was determined by Abd-El-Rhman (2009), and also an increase of growth with better feed efficiency by

Bae et al. (2012) for eel with the supplementation of 0.25-0.5% of crude propolis. These contradictory results suggest that further studies should consider different propolis processing and composition.

Throughout the feeding trial there was no mortality. However, during the bacterial challenge, a mortality rate of 12.5% was observed on treatments CPP1.0, CPP1.5 and CPP3.0. Since there was no trend related to the dietary propolis supplementation, mortality could be related to the aggression-associated interactions.

Although propolis had a bactericidal effect in vitro against *A. hydrophila*, our results showed that fish resistance to this bacterium was not affected by the addition of CPP to the diets. In those treatments involving CPP supplementation at levels from 0.5 to 2.5%, there was reduction on hematocrit, hemoglobin and mean corpuscular volume after the bacterial challenge, an effect that could be attributed to bleeding disorders caused by this pathogen (Hrubec and Smith 2010). Although non-statistically significant, fish fed diets supplemented with 3% CPP showed a trend of maintaining hematological profile, which could suggest possible beneficial effects of this substance in similar levels.

Fish hematological profile is determined as a useful index of health condition (Ranzani-Paiva and Silva-Souza 2004). Although, in this study, there was no influence of nutrition on hematological profile, regardless of CPP supplementation, there was an influence of bacterial infection, where the parameters were below the normal range for healthy Nile tilapia after bacterial challenge (Weiss and Wardrop 2010; Barros et al. 2013). These results showed that, although propolis has antioxidant and immunomodutalory properties, which could maintain or even improve fish health under bacterial infection, it was not observed for CPP, different from EEP, as presented above. This may suggest that propolis processing could alter some important properties, and maybe the diet processing, such as extrusion, could also modify some characteristics, especially because of high temperature. Most of the studies that have shown some positive results of EEP or even CPP have used pelletized diets. Therefore, further studies should address these concerns.

To our knowledge, very few studies have analyzed the fish health condition, especially comparing it, before and after stress. A positive effect of EEP on rainbow trout hematological and biochemical parameters was described by Talas and Gulhan (2009) for the concentration of 0.01 g  $L^{-1}$  diet, whereas the concentration of 0.02 and 0.03 g  $L^{-1}$  appears to be unfavorable for blood tissue determining a macrocitic anemia. For common carp Talas et al. (2012) also showed a protective effect of 10 mg L<sup>-1</sup> propolis extract diet when exposed to arsenic, which improved biochemical and hematological functions. Propolis biological properties that could act on fish erytropoiesis process are mostly attributed to flavonoids (Mani et al. 2006, Talas et al. 2012), with many effects including antioxidant, which may protect fish cells under stress. The positive effect of flavonoids constituents was also described by El-Asely et al. (2014) that evaluated bee pollen supplementation on Nile tilapia diet and showed positive effect on growth performance, immune-hematological and biochemical parameters resulting in significant protection against A. hydrophyla.

The assessment of Nile tilapia immune responses showed a decrease in neutrophils production after the bacterial challenge for treatments with CPP varying between 1.5 and 2.5%. Neutrophils are important cells of natural immunity, with antimicrobial activity by phagocytosis mechanism and degranulation of mediators that can attack foreign particles (Branzk et al. 2014). Thus, an increase in serum neutrophils would be important to maintain fish health, as demonstrated in rainbow trout after infection with *A. hydrophila* (Afonso et al. 1998).

The CPP effect observed here may have impaired fish immunity, in spite of propolis immunomodulatory properties (Talas and Gulhan 2009, Dotta et al. 2014). Abd-El-Rhman (2009) showed that the EEP modified leukocyte count, thus reducing neutrophil in Nile tilapia. Similarly, we observed a significant reduction in nitric oxide production of fish fed 1; 1.5 and 2% of CPP, which could be critical for the host defense against intracellular pathogens (Neumann et al. 2001, Barlack et al. 2015) however, these effects could be related to propolis antioxidant activity (Castaldo and Capasso, 2002), that affect the reactive nitrogen intermediates (RNI) production. The same scenario was also observed for neutrophil, but these results seem not to be dietary CPP-related. On the other hand, CPP supplementation allowed fish to maintain reactive oxygen intermediates (ROI) production, differently from fish fed the control diet, which determine an increase on H<sub>2</sub>O<sub>2</sub> production after bacterial infection. RNI and ROI are produced by immune cells (neutrophils and macrophages) and are an important mechanism to fight pathogens (Neumann et al. 2001, Barlack et al. 2015).

Future researches could investigate different propolis concentrations, sources of resins, ways of inclusion, and also diet processing. In this study we opted to supplement Nile tilapia diets with crude propolis powder, since it is easy to be included, reduces costs, and preserves complete chemical composition. However, the data presented here indicate that the use of crude propolis powder on Nile tilapia extruded diet was not effective, probably because the extrusion process may mitigate some desired characteristics of this compound. Our results show that although propolis has bactericidal properties *in vitro*, the addition of crude propolis to Nile tilapia extruded diet does not necessarily lead to health improvement.

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