

Element storage in spores of *Gigaspora margarita* Becker & Hall measured by electron energy loss spectroscopy (EELS)

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RESUMO – (Elementos de armazenamento em esporos de *Gigaspora margarita* Becker & Hall medidos por espectroscopia com perda de energia em elétrons (EEES)). As estruturas de armazenamento em esporos de *Gigaspora margarita* Becker & Hall, um fungo micorrízico arbuscular, foram analisadas por microscópio eletrônico de transmissão (MET) e espectroscopia com perda de energia em elétrons (EEES). Os esporos foram hidratados, criofixados por pressão em baixa temperatura e submetidos a substituição em congelamento, embebidos e preparados para observações no MET. As técnicas de criofixação revelaram que as estruturas de armazenamento nos esporos são compostas de lipídios, grânulos elétron densos (GED), corpos protéicos e partículas de glicogênio. Por EEES foi detectada a presença de nitrogênio (N) e carbono (C) nestas estruturas de armazenamento e em organismos similares a bactérias (OSB). Uma pequena quantia de P foi detectada nos vacúolos e nos OSB. O exame por MET e EEES indicaram a presença de estruturas de armazenamento nos esporos e alguns elementos essenciais (N, P e C) nessas.

Palavras-chave: fungo micorrízico arbuscular, EELS, armazenamento, microscópio eletrônico de transmissão

ABSTRACT – (Element storage in spores of *Gigaspora margarita* Becker & Hall measured by electron energy loss spectroscopy (EELS)). The storage structures of spores of *Gigaspora margarita* Becker & Hall, an arbuscular mycorrhizal fungus, were analyzed by a transmission electronic microscope (TEM) and electron energy loss spectroscopy (EELS). The spores were hydrated, cryofixed using high pressure freezing, submitted to freeze substitution, embedded and prepared for TEM observations. The cryotechniques revealed that the storage structures in the spores are composed of lipids, electron dense granules (EDG), protein bodies and glycogen particles. The EELS detected the presence of nitrogen (N) and carbon (C) in these storage structures and in Bacteria-like organisms (BLO). Some amount of P was detected in the vacuoles and in BLO. The TEM and EELS techniques indicate the presence of storage structures in the fungal spore, and some essential elements (N, P and C) in these structures.

Key words: arbuscular mycorrhizal fungi, EELS, storage, transmission electronic microscope

Introduction

Arbuscular mycorrhizal fungi (AMF) live in a symbiotic association with many land plants, and in most cases significantly change host physiology and function in support of plant growth in a variety of ways, such as the improvement of plant nutrition and increase of tolerance to environmental stress (Elliott & Coleman 1988). In addition to the intraradical structures (vesicles and arbuscules), these symbionts produces spores, which develop outside the host plant and are essential for the survival of the species and to complete the fungal life cycle.

In temperate zones, the storage pools in ectomycorrhizae are important factors for plant survival, especially during periods of low nitrogen and low photosynthetic activity (Turnau *et al.* 2001).

Usually the carbon skeletons of the fungi are needed for the synthesis of glycogen, amino acids and proteins, which are temporarily stored in the mycorrhizae. AM symbioses are also potentially important as a sink of plant carbon in order to alleviate the photosynthetic down-regulation (Fitter *et al.* 2000) and N deposition (Treseder & Allen 2000). The C and N stored in glomalin, a glycoprotein produced by AMF concentrated in soil (Wright & Upadhyaya 1998), can make a significant contribution to soil carbon and nitrogen pools, as the amount of these elements in AMF represents around 5% of total soil C and N (Rillig *et al.* 2001).

The morphology and storage structures of spores are fundamental for AMF studies (Bonfante *et al.* 1994), since we can understand the mechanisms of spore survival in the absence of host plants. According to these authors, lipids, protein-like bodies and glycogen

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have been identified as storage structures in *Gigaspora margarita* spores. They suggested that comparing with the events in plant cells, the secretion and storage of elements might happen in spores during some metabolic processes, such as mitosis and growth of the germination mycelium. The main difficulty for direct observations is the complexity and thickness of AMF spore cell walls rich in hydrophobic substances, which create a barrier to the fixative (Bonfante & Vian 1994).

The identification of sites of element localization in the organelles at cellular level would contribute to clarify the process involved in their deposition in the spores. The technique of electron energy loss spectroscopy (EELS), generally used in association with transmission electronic microscopy (TEM), permits the localization and identification of all elements at a resolution usually unattainable (Kottke 1991). However, the need to embed the material might cause a risk to lose substances and cells with damaged membranes are more susceptible to be reached. Kottke *et al.* (1995) demonstrated the sequestration of N and P in osmophilic bodies in the hyphal mantle of *Cenococcium geophilum* Fr. mycorrhizas as detected by EELS. This technique detected P and N in vacuolar bodies of *Xerocomus badius* - *Picea abies* mycorrhizas (Kottke *et al.* 1998) and precisely located the position of these elements in the small osmophilic bodies of the mycelium of *Laccaria amethystea* (Kottke & Martin 1994).

Translocations of storage compounds in mycorrhizal fungi determined by the nuclear magnetic resonance method have also been reported (Bago *et al.* 1999; Pfeffer *et al.* 2001). Bucking *et al.* (1998) evaluated the elemental composition of vacuolar granules in different ectomycorrhizal fungi by EELS and energy dispersive X-ray spectroscopy (EDXS). These authors found that respective to the analysis of elemental composition in the cell organs and the different preparation techniques, the EELS method has advantages and limits. In their experiment it could not detect some cations in polyphosphate granules, which are strong negative polyanions. As EELS has detected elemental deposition in ectomycorrhizae, this technique may be useful for AMF spores, conditional to an efficient preparation method. In this study, the internal storage structures and the elemental (N, P and C) composition of *G. margarita* spores by using the electron energy loss spectroscopy (EELS) were investigated. The main objective was to determine the localization of N, C and P in the storage structures of the spores.

Materials and methods

Fungal material and microscopic analyses - Around 20 spores of *G. margarita*, obtained from a commercial inoculum (Biorize Ltd. - France), were surface-sterilized for 15 min in 5% chloramine T plus 0.04% streptomycin on a clean bench, and rinsed with distilled and sterilized water for 7 times under aseptic conditions. They were kept for 15 days in distilled water (pH 6.5) in Petri dishes (10 spores per Petri dish) at 25°C in the dark for hydration, and later submitted to cryofixation.

The cryofixation and freeze substitution followed the procedures of Bonfante *et al.* (1994). The spores were vacuum-infiltrated in buffer solution and the samples were placed in an aluminium holder and immediately frozen at high pressure Balzer. The frozen samples were stored in liquid nitrogen until the start of freeze substitution. The samples were freeze substituted in 4% osmium tetroxide from -90°C to 0°C during 3 days, and then washed in dry acetone 3 times, while the temperature was rising 10°C. After washing they were infiltrated with Vinyl cyclohexen dioxide (ERL)/acetone mixture from 25% to 100% over 4 days at room temperature. Microscopic slides were sprayed with Teflon 3 times, and the samples placed in fresh ERL between two slides. These slides were placed in the oven at 70°C for 3 days. The embedded spores were fixed on top of ERL blocks by using a two-component-glue and again hardened in the oven for 1 day.

Sections of 75µm thickness were stained with crystal violet, which produces a light red color in the cytosol for general histological observations using light microscopy. Sections (70nm) were transferred to Formvar (polyvinyl formal)-covered copper blends, stained with uranyl acetate and lead citrate, then studied by conventional transmission electron microscope (TEM902 Zeiss, 80kV). Glycogen was observed in sections subjected to the periodic acid-thiocarbohydrazide-silver proteinate test (PATAg test) (Thiéry 1967; Lewis & Knight 1977) for general visualization of polysaccharides. Sections about 100nm thick on gold grids were dipped in periodic acid (1%) for 30 min, washed 5 times in double distilled water and exposed to thiocarbohydrazide (0.2% in 20% acetic acid) for 5h. Then samples were transferred to double distilled water and submitted to a passage through a diluted acetic acid series (20, 15, 10, 5 and 2.5% - 5 min for each step). After washing three times in double distilled water, the sections were stained with

silver proteinate (1%) for 30 min in the dark, washed 3 times and dried.

Another specific staining for sulfur-rich proteins (-SH-groups) was carried out with the 100nm sections (Lewis & Knight 1977). The solutions were prepared as follows: Solution A- 5ml of 5% silver nitrate with 100ml of 3% hexamethylene tetramine; Solution B- 10ml of 1.44% boric acid with 100ml of 1.9% borax (Na-tetraborax). A mixture was prepared with 25ml of solution A, 5ml of B and 25 of double distilled water. The grids were floated for 90 min at 45°C in the dark, and then washed 3 times in double distilled water. The sections were submitted to contrast with uranyl acetate and lead citrate and the preparations were examined with TEM.

Electron energy loss spectroscopy (EELS) - The amounts of N, C and P in the spores were measured on sections 40-50nm thick, without further treatment, by using the Electron Energy Loss Spectroscopy (EELS), connected to the TEM, according to the procedures described by Kottke (1991) and Kottke *et al.* (1995). The system was set as follows: Spectra were acquired at a magnification of 50,000. The peak area of the K edge (401.5 eV loss) for N, 132.2 eV for P and 284 eV for C were used to measure the amount of these elements (Fig. 1). They were calculated by using power law, strip and area calculation defined as follows. N: power law interpolation 360 to 389 eV, extrapolation 389 to 440, strip 392 to 432 eV, area calculation 395 to 419 eV; C: power law interpolation 250 to 275 eV, extrapolation 275 to 340, strip 260 to 320 eV, area calculation 280 to 310 eV; P: power law interpolation 105 to 125 eV, extrapolation

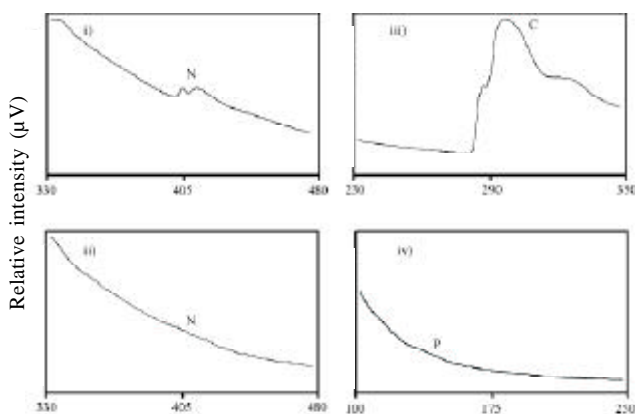


Figure 1. EELS measurements of the relative level of nitrogen (N) in the electron-dense granules-EDG (i) and lipids (ii); carbon (C) in the lipids (iii); and phosphorus (P) in the vacuoles (iv). In the EDG (i) the amount of N is higher than in lipids (ii).

125 to 220, strip 120 to 215 eV, area calculation 130 to 190 eV (Fig. 2). The relative amount of each element (Fig. 2) was calculated by the following equation:

$$\text{Relative amount} = \text{area calculation} / (A1+A2) \times 1000$$

A1 - Total energy income represented by the area of the power law interpolation

A2 - Total energy income represented by the area of extrapolation

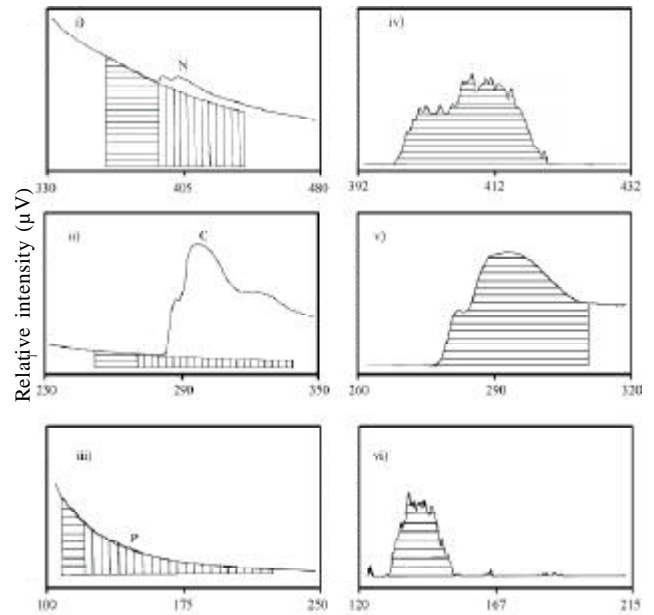


Figure 2. EELS-spectra of N (i, iv), C (ii, v), and P (iii, vi). A defined area before the element edge (horizontal hatched i, ii, iii) was used to extrapolate an area containing no element (vertical hatched area). The relative amount of N, C (Figures 14 and 15) and P (in the text-results) was calculated by the proportion between energy increment caused by the element (iv, v, vi) and the total energy income (both hatched areas in i, ii and iii). In the case of C the values were subtracted by those found in the embedding media. However, the absolute amount of the elements cannot be calculated once that standards for EELS are not available (Kottke *et al.* 1995).

In the case specific for C the results were subtracted from those found in the pure Epon. As mentioned by Kottke *et al.* (1995), the relative concentrations of the elements were influenced by the section thickness. The data were statistically analyzed and the standard deviation calculated by Excel program.

Results

Description of internal structures in spores - The spores had a thick laminated wall and cytoplasm was

redistributed into storage areas containing many lipid droplets and vacuoles during the hydration (Fig. 3-5). In the spores where storage areas were predominant, lipids were found as big and regular black bodies limited by a membrane (Fig. 4, 5).

The vacuoles ranged in content and were granular or homogeneously dense, and sometimes appeared to be electron-transparent (Fig. 5). The bacteria-like organisms (BLO) were often located in the vacuoles (Fig. 6), isolated or in-groups. In the cytosol there were some vesicles that appeared to be electron dense-granules (EDG) rich in nitrogen (Fig. 7). Some vacuoles were empty, while others displayed compact electron-dense bodies embedded in a dense matrix. These organelles were morphologically similar to the protein bodies of the storage tissues in vascular plants (Fig. 7, 8), and often presented a black core. The SH-groups staining showed the vacuole with protein bodies (Fig. 8), and the PATAg test revealed the presence of huge glycogen bodies organized in rosettes (Fig. 9).

Relative amounts of nitrogen (N), carbon (C) and phosphorus (P) detected by the EELS - The EELS analysis of the spores revealed that N, P and C were present in many bodies. However, only trace amounts of P were present in some bodies. There was a high variability in the level of these elements ($cv = 30\%$; Fig. 10, 11). This was partly caused by differences in section thickness and background influence on the measurements.

Nitrogen was present in the BLO, protein bodies, EDG, cytosol and lipids (Fig. 10). Among these organelles, the protein bodies, which were often located in the vacuoles and EDG contained the highest amount of N as compared to the others.

Carbon was detected in all structures of the spore, where N was present. The amount of C did not significantly differ among the bodies, but comparing the protein bodies with the BLO, the former had a greater amount of C (Fig. 11). Phosphorus was present only in the vacuoles (8.8 ± 3.2 ; $n=3$) and in the BLO (6.6 ± 1.5 ; $n=3$), without differences in the amount.

Discussion

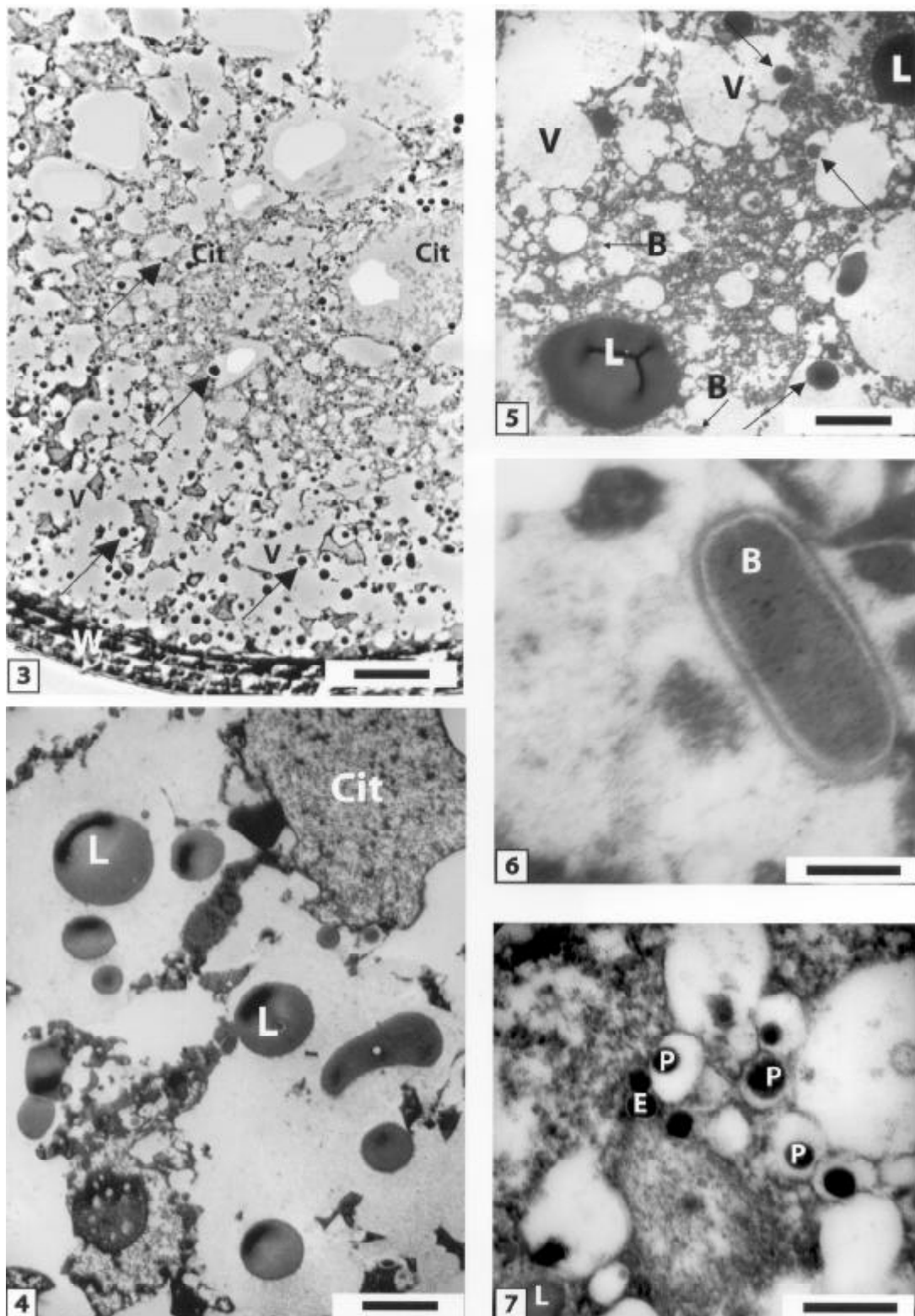
This study shows the storage structures in spores of *G. margarita*. The utilization of high-pressure freezing for cryofixation and freeze substitution contributed for the observation of these structures. The storage structures in the hydrated or germinating spores

can be identified as lipid droplets, protein bodies inside the vacuoles, and glycogen particles (Bonfante *et al.* 1994), organelles observed in the spores by using TEM. However, the present study demonstrates that the electron-dense granules also might be considered as storage structures, since they are rich in N as detected by EELS. The staining technique for sulfur-rich proteins proved that the black granules found in the vacuoles might be protein bodies, since the other structures would not be detected by this method. Turnau *et al.* (1993) reported that some electron-dense bodies, suspected to be protein bodies with low P content and a high N composition, were found in *Paxillus involutus*.

Lipids have been shown to correspond to oleosomes consisting of triglycerides and phospholipids and are often found in fungal spores, in seeds and pollen grains (Weete 1981). According to Bonfante *et al.* (1994) the morphological similarities between the plant protein bodies and those observed on *G. margarita* spores suggest that a pathway of protein secretion involving vacuoles is active in AMF. The vacuoles as reserve structures are very common in seed tissues, where protein bodies are found in the parenchyma cells of endosperm or in cotyledon cells. Some vacuoles contain BLO with a rod shape and thick wall. Similar microorganisms are also commonly associated with AMF (Schüßler *et al.* 1994). The BLO were often located in the vacuoles, as already reported by some authors (Bonfante *et al.* 1994; Scannerini & Bonfante 1991). They mentioned that better membrane preservation or the presence of different bacterial populations living inside the spores might explain the location of the BLO. However, the BLO in AMF have also been located in the cytoplasm, i.e. outside the vacuoles (Maia & Kimbrough 1998).

Plant storage cells may be considered similar to the spores of *G. margarita* as both contain lipids and protein bodies; however the presence of glycogen is a feature unique to fungi. The glycogen becomes important in more advanced stages of germination, when a part of the reserves are mobilized, as also in rust fungi (Mendgen 1973). The electron-dense granules contain melanin in addition to other wall constituents, which produce an electron-dense layer that play a role in defense against soil microorganisms (Bonfante *et al.* 1994).

The EELS results showed the presence of N, P and C in the storage structures of *G. margarita* spores. Carbon was highly detected in these bodies, since it is the main element in the organic compounds of the



Figures 3-7. Internal structures of *Gigaspora margarita* Becker & Hall spores. Figure 3. Light microscope section. The spore wall (W) is laminated, and the cytoplasm contain cytosol (Cit), vacuoles (V) with protein bodies (arrows). Bar = 20 μ m. Figure 4. TEM image showing lipids (L) and a part of the cytosol (Cit). Bar = 2 μ m. Figure 5. Ultrathin section showing some vacuoles, lipids (L), protein bodies (arrows) and Bacteria-like organism (B). Bar = 3 μ m. Figure 6. Ultrathin section showing Bacteria-like organism (B). Bar = 0.2 μ m. Figure 7. Electron dense granules (E) and lipids (L) are present in the cytosol, while some protein bodies (P) are often in the vacuoles. Bar = 0.2 μ m.

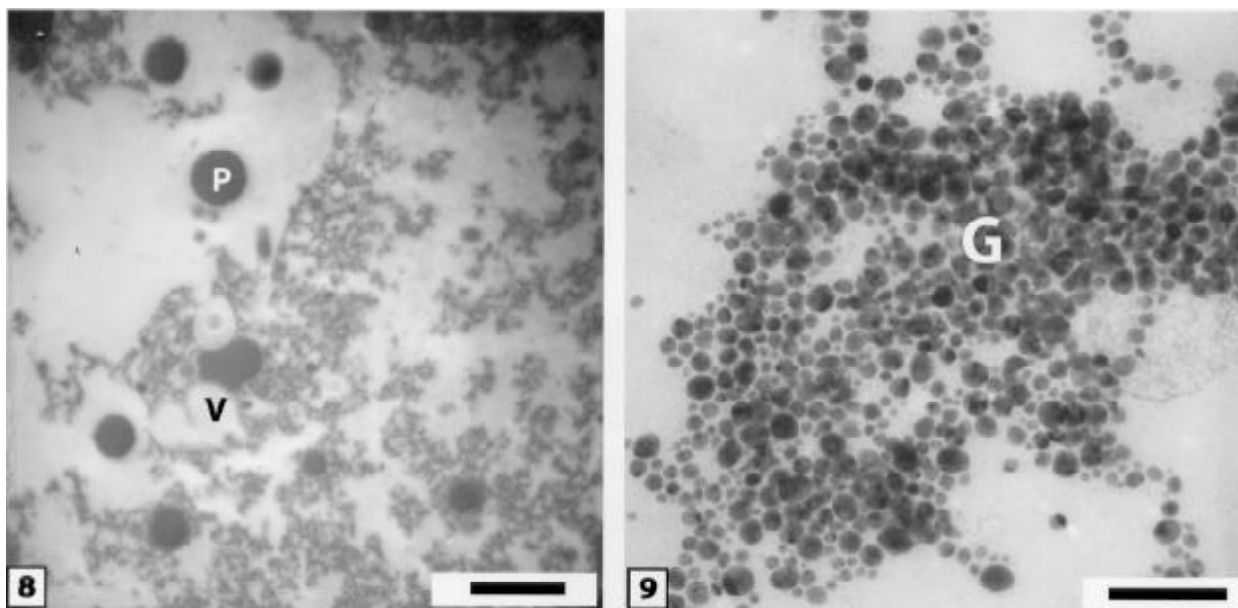


Figure 8. Internal structures of *Gigaspora margarita* Becker & Hall spores - TEM electron micrograph after the sulphur-rich protein staining, showing the proteig bodies (P) inside vacuoles (V). Bar = 2µm. Figure 9. Aggregation of glycogen (G) stained by the PATAg test. Bar = 0.1µm.

storage structures. In some of vacuoles and BLO P was also found, however in those bodies where P was not detected, it is not possible to consider them devoid of it, because the detection limit of EELS in biological material is not yet clarified (Kottke *et al.* 1995). Some N and P loss might occur during the preparation of the material (Young *et al.* 1993). The localization of chemical elements in AMF spores by the EELS is important to clarify their structure, since it permits to characterize these organelles as a part of the storage components in the spores, and allows distinguishing these structures by their nutrient composition. By using the same method, N, P and heavy metal were found in ectomycorrhizas from polluted areas (Turnau *et al.* 1993). The storage capacity of the spores seems to be linked to the occurrence of bodies containing these

elements, especially with regard to the presence of N and P in the vacuoles. The N storage in vacuolar bodies of rhizomorphs (Franz & Acker 1995), and the accumulation of N and P in bodies connected to the cytoplasm (Young *et al.* 1993) were already reported.

Kottke *et al.* (1998) reported that in small osmophilic bodies, polyphosphates present in the vacuoles probably gave prominent P peaks in EELS and in N-containing vacuolar bodies P was also detected. They suggested that the detection of these elements explains why the storage ability of *Xerocomus badius* in plants of *Picea abies* and make this ectomycorrhizal fungus functionally important on acidic soils, where nutrient availability is usually low. In our results, N was mostly detected in electron-dense granules and protein bodies while P was usually in the

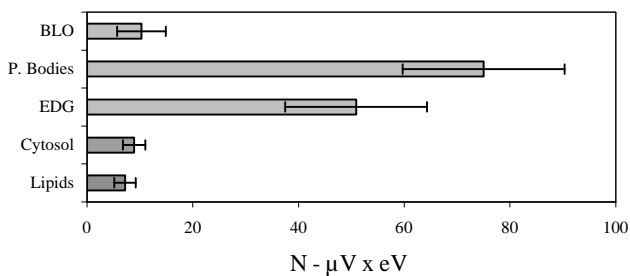


Figure 10. EELS measurements of the relative amount of Nitrogen (N) in *Gigaspora margarita* Becker & Hall spores. Horizontal bars indicate SD (six to 11 replications).

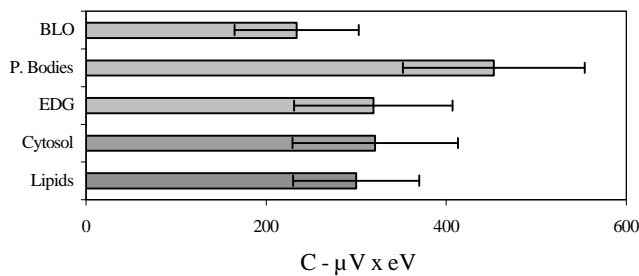


Figure 11. EELS measurements of the relative amount of Carbon (C) in *Gigaspora margarita* Becker & Hall spores. Horizontal bars indicate SD (six to 11 replications).

vacuoles. The accumulation of amino acids in the vacuolar bodies of *X. badius* bound to polyphosphate might justify these results (Kottke *et al.* 1998; Gerlitz & Werk 1994), but further research is necessary to explain the location of N and P in the vacuoles of fungal spores.

These results suggest a link between storage structures in the AMF spores and the accumulation of nutritive elements (N, C and P) as demonstrated by the EELS method. The localization of these elements in the organelles of the spores would help to explain their deposition in the spores, which is useful for spore survival. The spores of *G. margarita* contained storage structures basically composed by lipids, protein bodies and glycogen, which might be consumed for the host infection processes. The metabolism of AMF spores aims to produce energy, which supports mitosis and mycelium initial development (Bianciotto & Bonfante 1993). Further researches using this technique could be done with spores from the natural environment to investigate presence of heavy metals in AMF spores.

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