

## Is it Possible to Non-Invasively Study the Hemodynamic Adaptations of Chagas Cardiomyopathy by the Volume-Time Curve Using 3D Echocardiography?

José Luiz Barros Pena<sup>1,2</sup> 

Faculdade Ciências Médicas de Minas Gerais,<sup>1</sup> Belo Horizonte, MG – Brazil

Hospital Felício Rocho,<sup>2</sup> Belo Horizonte, MG – Brazil

Short Editorial related to the article: *The Volume-Time Curve by Three-Dimensional Echocardiography in Chagas Cardiomyopathy: Insights into the Mechanism of Hemodynamic Adaptations*

Three-dimensional echocardiography (3DE) represents a great innovation in cardiovascular ultrasound.<sup>1</sup> Increased computer processing power and advances in the development of transducers have allowed acquiring of cardiac structures from any spatial point of view, without assumptions about their shape. Recent studies have demonstrated that when cardiac chamber sizes are quantified using 3DE, their volumes are similar to those obtained using cardiac magnetic resonance imaging compared to two-dimensional echocardiography (2DE).<sup>2,3</sup> The usefulness of 3DE has particularly been demonstrated primarily in realistic anatomical heart valve images and in guiding and monitoring cardiac procedures.<sup>4</sup>

3DE allows volume calculation of the left ventricle (LV) throughout the cardiac cycle, making it possible to construct a volume-time curve. This method is more accurate than 2DE because the left ventricular volume is constructed by analyzing hundreds of points at the edge of the endocardium. No specific plane or geometric model is necessary to describe the complex LV structure. In this paper, Pinto et al.<sup>5</sup> tested the hypothesis of studying the hemodynamic adaptations of non-invasive Chagas cardiomyopathy using the volume-time curve generated by 3DE.<sup>5</sup> They generated a polynomial adjusted to the LV volume curve using specific software. Their objective was to present a cross-sectional study evaluating LV function, comparing volume curves in 20 patients with Chagas cardiomyopathy (CC) and 15 gender- and age-matched healthy controls.

The CC patients presented greater LV end-diastolic and end-systolic volumes and lowered LV ejection fraction than the control group. However, the stroke volume and maximum ejection flow during systole, QS, were similar between groups. A strong correlation existed between flow and stroke volumes,  $R_s=0.91$ ,  $p<0.001$ .

The CC group presented a lower QS/LV end-diastolic volume ratio than the control. The QS/LV end-diastolic volume ratio presented a strong correlation with ejection fraction,  $R_s=0.89$ ,  $p<0.001$ .

### Keywords

Echocardiography, Three-Dimensional/methods; Heart Failure; Chagas Cardiomyopathy; Stroke Volume; Blood Pressure.

**Mailing Address:** José Luiz Barros Pena •

Faculdade Ciências Médicas de Minas Gerais – Pós-Graduação – Alameda Ezequiel Dias, 275. Postal Code 30130-110, Belo Horizonte, MG – Brazil  
E-mail: jlbpena@cardiol.br

**DOI:** <https://doi.org/10.36660/abc.20220284>

The maximum flow in the early and passive filling phases, QE, and during atrial contraction, QA, was similar between patients and controls.

Although the CC patients had severe LV systolic dysfunction with a 30% ejection fraction, the stroke volumes were similar to controls.<sup>5</sup>

Any LV with a low ejection fraction but increased end-diastolic volume ejects the same amount of blood as a LV with normal end-diastolic volume and ejection fraction. This difference occurs due to the preservation of the Frank-Starling mechanism in CC patients at rest.<sup>6</sup>

According to the mechanism, the greater the ventricular diastolic volume, the more the myocardial fibers are stretched during diastole. Within a normal physiologic range, the more the myocardial fibers are stretched, the greater the tension in the muscle fibers and the greater the ventricular contraction force when stimulated.<sup>6</sup>

Holubarsch et al.<sup>7</sup> found that the Frank-Starling mechanism is maintained in the end-stage of failing human hearts, whereas significant alterations of diastolic myocardial distensibility are evident in chronic heart failure.<sup>7</sup>

Three-dimensional echocardiography can accurately measure a non-invasive preload, and the volume-time curve can calculate flow at any stage of the cardiac cycle.<sup>8,9</sup>

Hammermeister et al.<sup>10</sup> invasively validated this measure in 1974. Peak LV systolic ejection rate ( $S\ dV/dt$ ) was calculated from a single plane, and cineangiographically measured LV volumes in 113 adult patients and related to other measures of cardiovascular function. Mean  $S\ dV/dt$  for the group of 29 normal patients was not significantly different in patients with coronary artery disease, aortic stenosis, mitral stenosis, or cardiomyopathy.  $S\ dV/dt$  correlated poorly with the ejection fraction and LV end-diastolic pressure.<sup>10</sup>

This study shows that instantaneous systolic flow and stroke volume were similar between patients with severe ventricular dysfunction due to CC and healthy controls. The great merit of the methodology is the first usage of a non-invasive tool in CC.

They demonstrated and confirmed that an increase in LV end-diastolic volume in CC patients is the main adaptation mechanism maintaining flow and stroke volumes in severe systolic dysfunction.

This study showed the QS/LV end-diastolic volume to represent LV global systolic function. Further studies are recommended to confirm the usefulness and prognostic value of these findings in improving the clinical management of CC patients.

### References

1. Lang RM, Badano LP, Tsang W, Adams DH, Agricola E, Buck T, Faletra FF, et al. EAE/ASE recommendations for image acquisition and display using three-dimensional echocardiography. *Eur Heart J Cardiovasc Imaging*. 2012;13(1):1-46. doi: 10.1093/ehjci/je316.
2. Ruddox V, Mathisen M, Bækkevar M, Aune E, Edvardsen T, Otterstad JE. Is 3D echocardiography superior to 2D echocardiography in general practice? A systematic review of studies published between 2007 and 2012. *Int J Cardiol*. 2013;168(2):1306-15. doi: 10.1016/j.ijcard.2012.12.002.
3. Saraiva RM, Scolin EMB, Pacheco NP, Bouret ME, Mediano MFF, Holanda MT, Costa ARD. 3-Dimensional Echocardiography and 2-D Strain Analysis of Left Ventricular, Left Atrial and Right Ventricular Function in Healthy Brazilian Volunteers. *Arq Bras Cardiol*. 2019 Nov;113(5):935-45. doi: 10.5935/abc.20190155.
4. Velasco O, Beckett MQ, James AW, Loehr MN, Lewis TG, Hassan T, Janardhanan R. Real-Time Three-Dimensional Echocardiography: Characterization of Cardiac Anatomy and Function-Current Clinical Applications and Literature Rev Update. *Biores Open Access*. 2017;06(1):15-8. doi: 10.1089/biores.2016.0033.
5. Pinto AS, Nunes MC, Rodrigues C, Oliveira BM, Medrado Neto JR, Tan TC, et al. The volume-time curve by three-dimensional Echocardiography in Chagas cardiomyopathy: insights into the mechanism of hemodynamic adaptations. *Arq Bras Cardiol*. 2022; 118(6):1099-1105.
6. Delicce AV, Makaryus AN. Physiology, Frank Starling Law. 2022 Feb 10. In: *StatPearls*. Treasure Island (FL): StatPearls Publishing; 2022. PMID: 29262149.
7. Holubarsch C, Ruf T, Goldstein DJ, Ashton RC, Nickl W, Pieske B, et al. Existence of the Frank-Starling Mechanism in the Failing Human Heart: Investigations on the Organ, Tissue, and Sarcomere Levels. *Circulation*. 1996;94(4):683-9. doi: 10.1161/01.cir.94.4.683.
8. Lang RM, Badano LP, Mor-Avi V, Afilalo J, Armstrong A, Ernande L, et al. Recommendations for cardiac chamber quantification by echocardiography in adults: an update from the American Society of Echocardiography and the European Association of Cardiovascular Imaging. *J Am Soc Echocardiogr*. 2015;28(1): 1-39e14. doi: 10.1016/j.echo.2014.10.003.
9. Thavendiranathan P, Rankin K. 3-Dimensional Echocardiography: Moving from Pretty Pictures Toward Patient Outcomes. *JACC Cardiovasc Imaging*. 2019;12(10):1927-9. doi: 10.1016/j.jcmg.2018.06.020.
10. Hammermeister KE, Brooks RC, Warbasse JR. The rate of change of left ventricular volume in man. I. Validation and peak systolic ejection rate in health and disease. *Circulation*. 1974;49(4):729-38. DOI: 10.1161/01.cir.49.4.729.



This is an open-access article distributed under the terms of the Creative Commons Attribution License