



Effects of aquaporin 4 and inward rectifier potassium channel 4.1 on medullospinal edema after methylprednisolone treatment to suppress acute spinal cord injury in rats¹

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Abstract

Purpose: To investigate the effects of aquaporin 4 (AQP4) and inward rectifier potassium channel 4.1 (Kir4.1) on medullospinal edema after treatment with methylprednisolone (MP) to suppress acute spinal cord injury (ASCI) in rats.

Methods: Sprague Dawley rats were randomly divided into control, sham, ASCI, and MP-treated ASCI groups. After the induction of ASCI, we injected 30 mg/kg MP via the tail vein at various time points. The Tarlov scoring method was applied to evaluate neurological symptoms, and the wet–dry weights method was applied to measure the water content of the spinal cord.

Results: The motor function score of the ASCI group was significantly lower than that of the sham group, and the spinal water content was significantly increased. In addition, the levels of AQP4 and Kir4.1 were significantly increased, as was their degree of coexpression. Compared with that in the ASCI group, the motor function score and the water content were significantly increased in the MP group; in addition, the expression and coexpression of AQP4 and Kir4.1 were significantly reduced.

Conclusion: Methylprednisolone inhibited medullospinal edema in rats with acute spinal cord injury, possibly by reducing the coexpression of aquaporin 4 and Kir4.1 in medullospinal tissues.

Key words: Methylprednisolone. Spinal Cord Injuries. Aquaporin 4. Potassium Channels. Rats.

■ Introduction

Acute spinal cord injury (ASCI) is a trauma-induced spinal cord disorder; current research mainly focuses on preventing secondary spinal cord injuries, promoting regeneration of the spinal cord, and replacing the injured medullospinal tissues¹. Spinal cord injuries are usually divided into primary and secondary injuries; the former refers to direct and irreversible tissue injury to the spinal cord, which may be followed by secondary spinal cord injury. Injury results in the release of a large number of self-destructive mediators that lead to hypoxia–ischemia, edema, degeneration, and necrosis of the spinal cord². Therefore, protecting the uninjured portions of the spinal cord and suppressing medullospinal edema are the key early treatments for ASCI. However, the mechanisms of ASCI-induced medullospinal edema are still unclear. Aquaporins (AQPs) are closely related to tissue edema and AQP4 is the most studied isoform in the central nervous system, as it is widely distributed in the brain and spinal cord; it is closely related to trauma-induced brain and medullospinal edema. Oklinski *et al.*³ found that AQP4 is mainly expressed in the astrocytes of the rat spinal cord, as well as in the gray matter and white matter of the spinal cord; it is most highly expressed on the membranes of perivascular astrocytes in the gray matter. AQP4 participates in the transportation of water molecules in the brain, as well as the regulation of electrolytes and osmotic pressure, in the physiological state; under pathological conditions, it is involved in tissue edema caused by bodily injury⁴. Overexpression of AQP4 in the gray matter of the spinal cord indicates that AQP4 might play an important role in regulating the water balance of the spinal cord. Inward rectifier potassium channel 4.1 (Kir4.1) participates in not only the formation of action potentials, but also water transportation, in brain tissues⁵. The expression of Kir4.1 in rats with focal cerebral ischemia/reperfusion positively correlated

with the degree of brain edema, and Kir4.1 was transported by AQP4-coupled mediating water⁶. However, the combined effects of Kir4.1 and AQP4 on medullospinal edema secondary to spinal cord injury have not been reported.

Methylprednisolone (MP) is the most widely studied and recognized glucocorticoid drug for the treatment of spinal cord injury; it is also the only Food and Drug Administration-approved drug for the clinical treatment of ASCI in the United States⁷. In response to spinal cord injury, MP mediates antioxidative, anti-inflammatory, and immunosuppressive effects; stabilizes cell and lysosomal membranes; reduces medullospinal tissue deficiency at the injured site; improves blood flow to the injured spinal cord segment; reduces edema; increases the activity of Na⁺/K⁺-dependent ATP enzyme; increases the resting potentials and excitabilities of spinal cord motor fibers; and promotes the generation and conduction of spinal cord impulses⁸. In this study, we observed the impact of MP on medullospinal edema in rats with ASCI, and investigated the Kir4.1- and AQP4-related mechanisms of MP-mediated suppression of medullospinal edema in rats with ASCI.

■ Methods

This study was carried out in strict accordance with the recommendations in the Guide for the Care and Use of Laboratory Animals of the National Institutes of Health. The animal use protocol has been reviewed and approved by the Institutional Animal Care and Use Committee (IACUC) of Jilin University.

Healthy, male Sprague Dawley (SD) rats (250–300 g) were provided by the Experimental Animal Center of Jilin University; rat breeding and experimental manipulations were performed in accordance with the management and protection requirements for experimental animals. The rats were bred by special individuals, and maintained with 6 rats to a cage, with free access to

food and drinking water on a 12-h light/dark cycle, at 22°C±3°C. We utilized MP (Sigma-Aldrich, USA); a BCA protein concentration detection kit, polyvinylidene fluoride (PVDF) membranes, 100 µg of protein were loaded per lane, and protein molecular weight standards (Invitrogen, USA); anti-AQP4 (PA1220, BOSTER, China) and anti-Kir4.1 (A02619, BOSTER, China) monoclonal antibodies, anti-β-actin primary antibody (1:1000 dilution, WL0002, wanleibio, China), and horseradish peroxidase conjugated anti-rabbit secondary antibody (0.2 µg/ml, WLA023, wanleibio, China), a vertical electrophoresis and membrane-transferring system (Hoefer, USA); and a quantitative polymerase chain reaction (PCR) instrument (Exicycler 96, BIONEER).

Experimental grouping and the establishment of an ASCI animal model

SD rats were randomly divided into control, sham, ASCI, and MP groups, with 10 rats in each group. After weighing them, we anesthetized the rats by intraperitoneal injection of 10% chloral hydrate (3 mg/kg); we then fixed them in the prone position on the operating table, removed their back fur, and disinfected their skin. The T6 spinous process was set as the center, and a single, approximately 5-cm incision was made along the middle of the back to expose the T5 to T7 spinous processes and lamina; the T6 spinous process and lamina were removed to reveal approximately 0.5 cm of dural sac. The width of a spinal cord clip was adjusted to 1 mm and its 2 blades were placed along the bilateral sides of the dural sac of the rats in the ASCI and MP groups, then quickly adjusted to 2 mm and clipped to the spinal cord for approximately 1 min; spasm and swing of the rats' lower limbs and tail indicated that the spinal cord had been damaged, then the spinal cord clip was removed, The bilateral deep fascia, subcutaneous tissues, and skin were sutured. The control group did not undergo surgery, and

the sham-group rats were incised to expose the dural sac without the use of a spinal cord clip to damage the spinal cord. After the surgery, the rats from each group were fed separately, and assisted with urination and defecation in the early post-operative stages. The rats in the MP group were slowly injected with 30 mg/kg MP solution via the tail vein within 1 h of the ASCI surgery; the total, 23-h dose was calculated according to 5.4 mg/kg/h, and injected once every 8 h; the injection time points were post-operative days 3 and 7.

Tarlov scoring

A modified Tarlov scoring method was applied to score the motor functions of the rats in each group at 8 h, 24 h, 3 d, and 7 d post-surgery, to determine the success of the modeling. The scoring criteria were as follows: 0, complete paralysis without reaction to lower limb acupuncture; 1, complete paralysis with reaction to lower limb acupuncture, but inability to move limbs; 2, limb movement, but inability to stand or stand stably (<5 s); 3, ability to stand, but not walk; 4, ability to walk a few unstable steps; 5, ability to walk slowly but inflexibly with some defects; 6, ability to walk normally. The rats with motor nerve function scores from 0 to 2 were deemed to successfully model ASCI, and were selected for subsequent experiments.

Water content detection in medullospinal tissues

Five rats in each group were randomly selected, and anesthetized with 10% chloral hydrate (3 mg/kg); the incision of the original approach was reopened, the paraspinous muscles were peeled to expose the T5 to T7 lamina, then the T5 to T7 spinal cord segments were removed. The medullospinal tissues of each group were weighed to determine the wet weights, then placed in an 80°C oven for 48 h before obtaining their dry weights. The water content of the spinal cord was calculated

according to the following formula: (wet weight – dry weight)/wet weight × 100%.

Hematoxylin & Eosin staining of medullospinal tissues

The T5 to T7 spinal cord segments were collected from the remaining 5 rats in each group. Part of the medullospinal tissues were fixed in neutral formalin, embedded in paraffin, and sectioned; Sections of 5 µm were stained with hematoxylin & Eosin (H&E) to observe the pathological changes in the medullospinal tissues, and the rest of the sections were used for immunofluorescence detection. The remaining medullospinal tissues were used for western blotting.

Immunofluorescence detection

Each section was dried in a 65°C oven for 30 min, then dewaxed in grade I and II xylene solutions. After soaking in a gradient of ethanol solutions, the sections were rinsed with PBS and subjected to a 10-min antigen retrieval. Bovine serum albumin blocking solution (1%) was added to the sections for 10 min, followed by rinsing with PBS, and overnight incubation with the PBS-diluted primary antibodies against Kir4.1 (1:50) and AQP4 (1:100) in a wet box at 4°C. The diluted fluorescent secondary antibodies were then added to the sections and allowed to stand at room temperature for 60 min. After washing, DAPI was added to the sections for nuclear staining. We then added half a drop of anti-fluorescent quencher to the sections and mounted them with coverslips. The sections were then observed and photographed under a fluorescence microscope.

Western blot analysis

We placed 100 mg of medullospinal tissue into 1 ml of protein lysate solution and quickly homogenized to prepare tissue homogenates. We then extracted total protein,

and determined the concentration by BAC. We boiled 100 µl of the samples in 2×SDS gel loading buffer, then performed 1-h gel electrophoresis to separate the proteins. The membrane was washed in TBS buffer (200 mM Tris [pH 7.5], 200 mM NaCl) and blocked with 10% powdered milk in TBS for 1 h. The membrane was washed twice in TBS. The primary antibody was added in milk-TBS buffer for 2 h at room temperature (or at 4°C overnight). The membrane was then washed three times in TBS TT buffer (TBS with 2% Triton X and 0.5% Tween). The goat anti-rabbit secondary antibody was then added and incubated at room temperature for 6 h. After developing the film, we performed a semi-quantitative analysis on the proteins, with the control group as 100%, to analyze the expression of the target proteins.

Statistical analysis

SPSS18.0 statistical software was used for statistical analyses. The normally distributed measurement data were expressed as $\bar{x} \pm s$, the intergroup averages were compared by ANOVA, and multiple comparisons were made among the groups by the least significant difference t-test; comparisons where $P < 0.05$ were considered statistically significant.

■ Results

The impact of MP on post-ASCI motor nerve functions

Compared with the sham group, the ASCI group had significantly reduced motor nerve function scores at each time point ($P < 0.05$); compared with the ASCI group, the MP group had significantly increased motor nerve function scores on post-operative days 3 and 7 ($P < 0.05$) (Figure 1). We did not detect significant differences at any time point between the sham and control groups, indicating that the incision alone did not damage motor function in rats ($P > 0.05$).

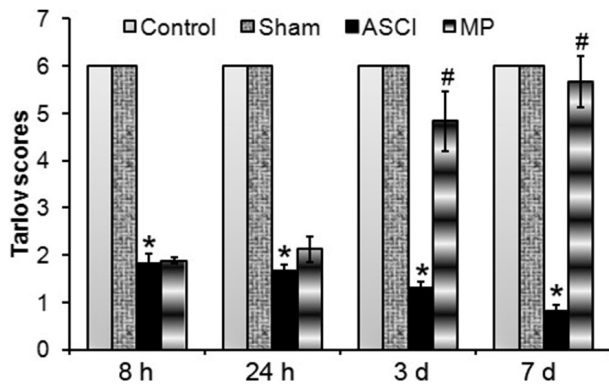


Figure 1 - Impacts of MP on Tarlov scores at different post-ASCI time points in SD rats ($\bar{x} \pm SD$, $n = 10$). Compared with Group sham, * $P < 0.05$; compared with Group ASCI, # $P < 0.05$.

Effects of MP on tissue water content in rats with ASCI

Seven days after injury, the water content in the ASCI group was significantly higher than that in the sham group (76.91 ± 8.64 vs. 60.85 ± 5.37 , $P < 0.05$); however, compared with that in the ASCI group, the water content in the MP group was significantly reduced (76.91 ± 8.64 vs. 64.91 ± 6.88 , $P < 0.05$). The comparison between the sham and control groups showed no significant difference in

the water content, indicating that the surgery did not result in medullospinal edema in rats (60.85 ± 5.37 vs. 60.65 ± 4.27 , $P > 0.05$).

MP alters spinal cord morphology post-ASCI

The rats in the control and sham groups had normal spinal cord morphologies; however, the medullospinal tissues of the rats in the ASCI group exhibited extensive hemorrhaging in the central tube and the central gray matter, as well as severe edema in the perivascular tissues and neurons. In the ASCI group, the number of neurons was reduced, the cell gaps were widened, the nuclei were condensed, partial medullospinal necrosis had occurred, partial spinal white matter degeneration had occurred, and cysts and vacuoles had formed. Our results showed that in the MP group, the boundaries between spinal gray matter and white matter were clearer than ASCI group. The range of bleeding and phenomenon of nuclear condensation were reduced. The edema in perivascular tissues and neurons was also reduced, the edema volume was improved (Figure 2).

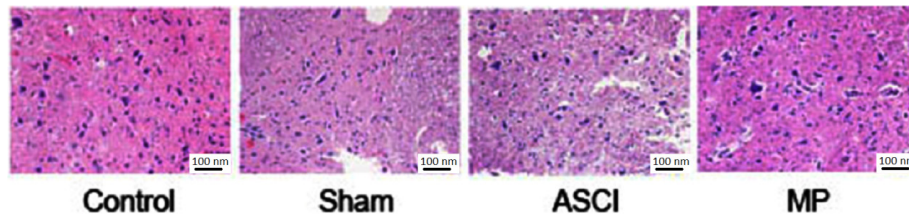


Figure 2 - Impacts of MP on post-ASCI spinal cord morphologies (HE $\times 200$).

Effect of MP on the expression of AQP4 and Kir4.1 in post-ASCI medullospinal tissues

Compared with that in the sham group, the expression of AQP4 and Kir4.1 in the ASCI group was significantly increased ($P < 0.05$). However, in the MP group, compared with

that in the ASCI group, the expression of AQP4 and Kir4.1 was significantly downregulated ($P < 0.05$) (Figure 3); there was no significant difference in the expression of AQP4 or Kir4.1 between the sham and control groups ($P > 0.05$).

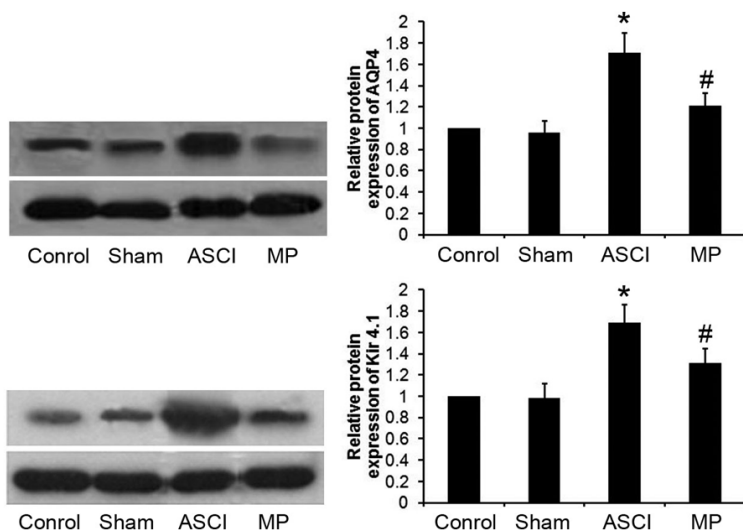


Figure 3 - Impacts of MP on expressions of AQP4 and Kir4.1 in post-ASCI medullospinal tissues ($\bar{x} \pm SD$, n = 10). Compared with Group sham, *P < 0.05; compared with Group ASCI, #P < 0.05.

Detection of AQP4 and Kir4.1 coexpression in post-ASCI medullospinal tissues by immunofluorescence

AQP4 and Kir4.1, which were coexpressed in post-ASCI medullospinal tissues, were mostly distributed in the spinal gray matter and less abundant in the spinal white matter; they were abundantly expressed on the membranes of the spinal pia mater, the

central tube, and perivascular astrocytes of the spinal cord, but absent in neurons. In the ASCI group, compared with that in the sham group, the coexpression of AQP4 and Kir4 was significantly increased, while it was significantly reduced in the MP group compared with that in the ASCI group; the coexpression of AQP4 and Kir4.1 was not significantly different between the sham and control groups (Figure 4).

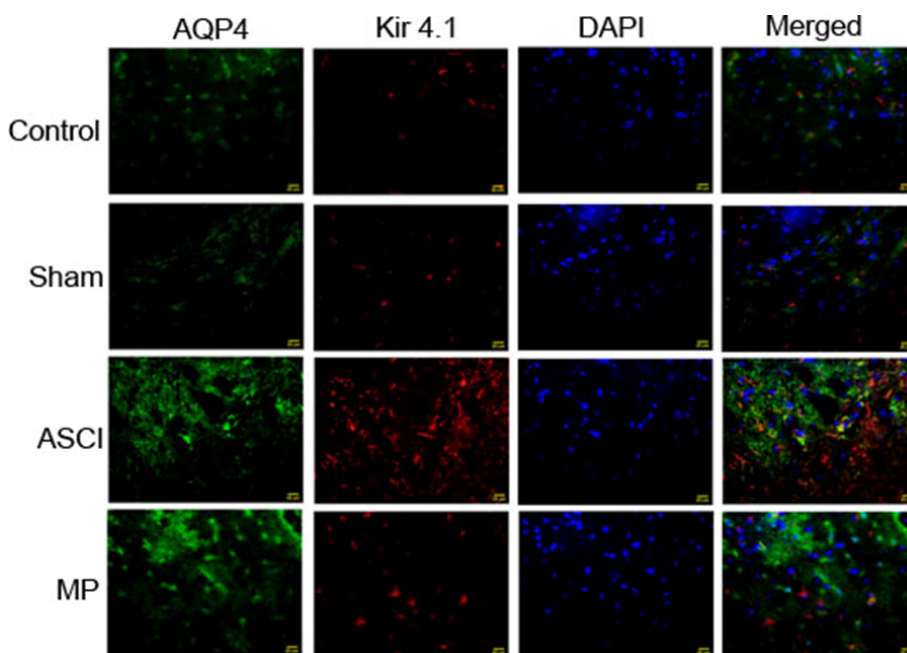


Figure 4 - Co-expression detection of AQP4 and Kir4.1 by immunofluorescence.

■ Discussion

ASCI is a common cause of motor dysfunction in modern society, where it is primarily caused by sports, falls, violence, or traffic accidents⁹. With the continuous developments of modern society, the probability of ASCI is increased yearly; most patients are young or middle-aged, and suffer from paraplegia, loss of the ability to work, motor dysfunction, or even death, which results in heavy burdens on society and the patients' families. ASCI includes primary and secondary spinal cord injury processes. The former refers to the direct damage caused by spinal canal destruction and dislocation, which compress the spinal cord and cause fractures; usually, this kind of external force-mediated injury is irreversible. Secondary injury follows primary injury, and is caused by a variety of factors. This kind of injury can occur within several minutes or a few days, and includes medullospinal edema, spinal cord hemorrhage, changes to free radicals in local tissues, microtubule circulation disorder, or reperfusion injury, which can harm the spinal cord by inducing devastating lesions in the tissues around the foci, followed by gradual neurological dysfunction¹⁰. The degree of secondary spinal cord injury is greater than that of primary injury, but most cases are reversible or preventable.

Medullospinal edema is one of the key pathological processes of secondary spinal cord injury; it has an important impact on the recovery of spinal cord function, and affects the prognosis and treatment of spinal cord injury. The degree of post-ASCI edema is closely related to motor functions; medullospinal edema starts from the central portion of the spinal gray matter, then gradually spreads to the surrounding tissues and the spinal white matter, causing injury aggravation owing to compression of the spinal cord and an abnormal microtubule environment¹¹. The

occurrence and development of medullospinal edema induces ischemia and hypoxia, or even death in severe conditions, in neurons, which eventually leads to neuronal dysfunction; therefore, identifying strategies to reduce the occurrence of post-ASCI edema is a non-negligible issue. Currently, the lack of effective treatments for ASCI is a worldwide problem; secondary ASCI typically causes catastrophic damage to patients, so effective treatments could preserve and improve peri-lesion nerve tissue function, thereby extending and improving the lives of patients with ASCI¹². Therefore, measures that reduce the loss of neuronal functions would have research and therapeutic value.

MP is the most effective drug currently recognized for the treatment of ASCI, but its specific mechanisms of action have not been identified. Its main mechanism is to inhibit the generation of free oxygen radicals, thus resisting the peroxidation of blood lipids; meanwhile, it could also improve microtubule circulation, inhibit inflammation, reduce intracellular calcium influx, and maintain the excitability of neurons¹³. In this study, intervention with MP improved the neurological function scores of rats with ASCI, and reduced the water content and degree of edema in their medullospinal tissues.

AQPs are a family of water-specific membrane proteins that exist on cell membranes, where they form pores and control the exchange of extracellular and intracellular water. Currently, a total of 13 AQPs (AQP0–AQP12) have been found in mammals; AQP4 is the most widely expressed and distributed in the nervous system, especially in the brain and the medullospinal tissues¹⁴. The main functions of AQP4 are to regulate the exchange of intracellular and extracellular water molecules, provide a transportation route for the rapid and plentiful movement of water, participate in water regulation in

vivo, and maintain the water balance in vivo. AQP4 has been reported to participate in the formation of tissue edema caused by post-injury hemorrhage, inflammation, or tumors¹⁵. Manley found that the expression of AQP4 in edematous brain tissue was higher than that in normal brain tissue, and that the deficiency of AQP4 reduced edema in the brain and capillaries¹⁶. Solenov *et al.*¹⁷ found that edema was significantly reduced in rat medullospinal tissues that lacked AQP4. Nesic also reported that AQP4 is expressed in the spinal gray matter of normal rats, and that this expression tended to increase after ASCI; furthermore, this trend was spatiotemporally related to the water content in the spinal cord, and could last for several days¹⁸. Therefore, the expression of AQP4 positively correlated with medullospinal edema, and the downregulation of AQP4 could reduce its severity.

Kir has strong effects on K⁺ influx and can shift extracellular K⁺ into cells. Recent studies found that Kir participated in water transportation, and was closely related to edema; moreover, the expression of Kir4.1 was increased in edematous tissues¹⁹. Zhang²⁰ found that the expression of Kir4.1 in rats with focal cerebral ischemia and reperfusion positively correlated with the degree of cerebral edema. However, Kir4.1 was transported via the AQP4-coupled mediating water, not independently²⁰. The water balance regulatory roles of AQP4 were also closely related to Kir4.1²¹. Nagelhus²² found strict colocalization between AQP4 and Kir4.1, and Amiry²³ confirmed that AQP4-mediated water molecule transportation was related to the siphoning of K⁺. Therefore, the coexpression of AQP4 and Kir4.1 indicated interaction between them at the molecular level, and their coexpression was associated with normal water transportation in brain tissues.

We showed that the expression of AQP4 and Kir4.1 in the medullospinal tissues was significantly increased in the ASCI group

compared with that in the sham group; they exhibited the phenomenon of co-expression, which was also significantly upregulated in injured rats. In the MP group, compared with that in the ASCI group, however, the expression of AQP4 and Kir4.1 in the medullospinal tissues was significantly decreased, as was their coexpression. These results suggested that the increased coexpression and expression levels of AQP4 and Kir4.1 might be involved in the formation of medullospinal edema and the induction of pathological changes in medullospinal tissues, as part of secondary ASCI; the inhibitory effects of MP on medullospinal edema might be associated with its reduction of the coexpression and expression levels of AQP4 and Kir4.1. Recent study demonstrated that MP administration following SCI reduced AQP4 expression and exacerbates edema²⁴. The Cabrera-Aldana's²⁴ study showed that SCI increased AQP4 expression in the spinal cord white matter and that MP diminished such increase to baseline levels. Moreover, MP increased the extravasation of plasma components after SCI and enhanced tissue swelling and edema. Our results showed that MP inhibited medullospinal edema in rats with ASCI, possibly by reducing the coexpression of AQP4 and Kir4.1 in medullospinal tissues. The inconsistency between the two studies might be attributable to the difference in SCI models and types of edema.

■ Conclusions

Methylprednisolone inhibits medullospinal edema in rats with acute spinal cord injury, which might be related to its roles in reducing the coexpression and expression levels of AQP4 and Kir4.1 in the medullospinal tissues. This study could provide a theoretical and experimental basis for the application of glucocorticoids in treating ASCI, as well as provide new ideas for developing AQP4- and Kir4.1-targeting drugs for the treatment of ASCI.

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