

## Effect of adenosine A<sub>2A</sub> receptor antagonists on motor disorders induced by 6-hydroxydopamine in rat<sup>1</sup>

Siamak Reyhani-Rad<sup>1</sup>, Javad Mahmoudi<sup>II</sup>

DOI: <http://dx.doi.org/10.1590/S0102-865020160020000008>

<sup>1</sup>PhD, Assistant Professor, Department of Laboratory Sciences, Marand Branch, Islamic Azad University, Marand, Iran. Concept, design and intellectual content of the study; critical revision.

<sup>II</sup>PhD, Assistant Professor, Neurosciences Research Center (NSRC), Tabriz University of Medical Sciences, Tabriz, Iran. Concept and design of the study, acquisition of data.

---

### ABSTRACT

**PURPOSE:** To investigate the role of adenosine A<sub>2A</sub> receptors on 6-OHDA-induced motor disorder in rat.

**METHODS:** In order to induce experimental model of Parkinson's disease, 6-hydroxydopamine (8 µg/rat) was injected unilaterally into the SNc. After three weeks as a recovery period, 6-OHDA-induced bradykinesia and balance disturbances were assessed by using beam traversal test 10, 30 and 60 minutes after intraperitoneal injections of the drugs (caffeine, SCH58261).

**RESULTS:** The results showed that 6-OHDA (8 µg/rat, Intra-SNc) induced motor disorders of Parkinson's disease and increased elapsed time in the beam test ( $p < 0.001$ ). Injection of caffeine (30 mg/kg, i.p.) and SCH58261 (2 mg/kg, i.p.) attenuated elapsed time on beam ( $p < 0.01$  and  $p < 0.001$ ). We showed that acute administration of caffeine and SCH 58261 can improve the 6-OHDA-induced bradykinesia and motor disturbance.

**CONCLUSION:** Adenosine A<sub>2A</sub>R antagonists improve 6-OHDA-motor deficit and this effect seems to be mediated by the inhibition of A<sub>2A</sub> presynaptic receptors in substantia nigra pars compacta.

**Key words:** Receptor, Adenosine A<sub>2A</sub>. Oxidopamine. Parkinson Disease. Rats.

---

## Introduction

Parkinson's disease (PD) is a chronic neurodegenerative disease mainly caused by degeneration of dopaminergic neurons from the substantia nigra pars compacta (SNc)<sup>1</sup>. PD is characterized clinically by tremor, bradykinesia, rigidity and postural instability<sup>2</sup>. The cellular and molecular mechanisms underlying the pathogenesis of PD is unclear at present, but it has been linked increasingly to neuroinflammation and oxidative stress<sup>3,4</sup>. It seems that other neurotransmitter systems such as adenosinergic and serotonergic systems play important role in PD<sup>5-9</sup>. In the past two decades, preclinical, clinical and epidemiological studies have demonstrated that adenosine A<sub>2A</sub> receptors (A<sub>2A</sub> R) could be as a non dopaminergic therapeutic targets for Parkinson's disease. For instance, it has been shown that A<sub>2A</sub> R antagonists enhance motor activity in animal models of PD and PD patients. Furthermore, epidemiological findings indicate inverse association between caffeine (as an A<sub>2A</sub> R antagonists) consumption and PD risk<sup>10</sup>. In other words, coffee and tea drinking reduce the risk of developing Parkinson's disease in the worldwide population<sup>11-14</sup>. Moreover, according to a meta-analysis of five cohort studies and eight case control studies there is a strong epidemiological evidence that coffee drinkers have a lower risk of PD<sup>14</sup>. This study aimed to investigate the role of adenosine A<sub>2A</sub> receptors on 6-OHDA-induced motor disorder in rat.

Caffeine, the major behavioral stimulant present in coffee, was isolated in 1820 and the correct structure of this methylxanthine was finally established in the last decade of that century<sup>15</sup>. It has been demonstrated that blockade of pre-synaptic A<sub>2A</sub>Rs reduces transmitter release in several brain regions and in line with this, it is known that A<sub>2A</sub>Rs antagonist can reduce extracellular glutamate levels induced by dihydrokainate (DHK), a non-transportable competitive inhibitor that primarily blocks the glial glutamate transporter GLT-1<sup>16</sup>. Thus a reduction in glutamate level in the substantia nigra via pre-synaptic blockade of A<sub>2A</sub>Rs on the projections from the subthalamic nucleus may be one mechanism by which the A<sub>2A</sub> antagonists protect<sup>17</sup>. In the present study, we investigated effect of Adenosine A<sub>2A</sub> receptor antagonists on motor disorders induced by 6-hydroxydopamine in rat.

## Methods

All of the procedures were carried out under the ethical guidelines of the Tabriz University of Medical Sciences and the study received approval from the Ethics Committee of the Tabriz

University of Medical Sciences, according to the guide for the care and use of laboratory animals (National Institutes of Health Publication No 85-23, revised 1985).

The experimental study was carried out on male Wistar rats with weight range of 200-220g. Animals were divided into the groups contain 8 rats per group and were kept in standard condition, under a 12:12 hour light/dark schedule at an ambient temperature of 25 ± 2°C and *with free access to food and water*.

All chemicals were obtained from Sigma Chemical Co. (USA). Solutions were prepared fresh on the days of experimentation. Caffeine and SCH 58261 were dissolved in physiological saline (0.9% NaCl), and 6-Hydroxydopamine (6-OHDA) was dissolved in 0.9% saline containing 0.2% (w/v) ascorbic acid. Caffeine (10 and 30 mg/kg) and SCH 58261 (2 mg/kg) were injected intraperitoneally and 6-OHDA was infused at a flow rate of 0.2 µl/min into the substantia nigra to establish unilateral PD models (Figure-2).

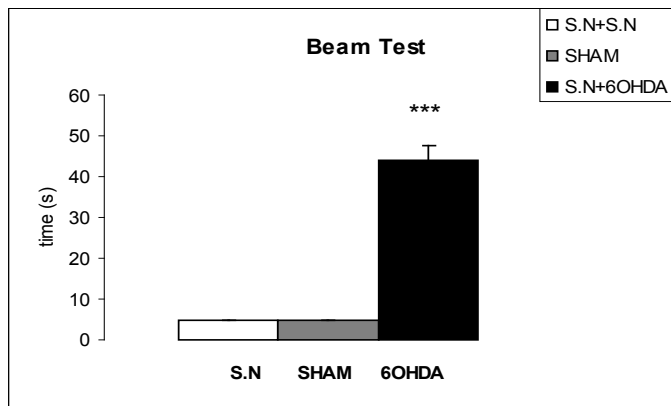
Animals were anesthetized by intraperitoneal (i.p.) injection of Ketamine (80 mg/kg) and xylazine (5 mg/kg). After anesthetization, rats were mounted in a stereotaxic frame in the flat skull position. The scalp was shaved with standard shaving machine, swabbed with iodine and a small central incision made to appear the skull (Figure-1). A 23 gauge sterile stainless steel guide cannula was implanted to inject 6-OHDA into the SNc. The coordinates for this site were based on the rat brain atlas<sup>18</sup>: anteroposterior (AP) -5.0 mm from the bregma; mediolateral (ML) -2.1 mm from the midline and dorsoventral (DV) -7.7 from the skull. Sham-operated animals were submitted to the same procedure but received 2 µl vehicle (0.9% saline containing 0.2% (w/v) ascorbic acid). After three weeks as a recovery period, in order to adapt animals, they were located in the laboratory for 1-2 hours before beginning of behavioral studies. 6-OHDA-induced motor incoordination was measured by means of a standard beam traversal test. Balance disturbance and bradykinesia were measured by means of a standard beam traversal test. In this method, a wooden beam 105 cm long and 40 mm wide was elevated 80 cm above the floor. The rats were placed on the far end of the beam and trained to walk the beam toward their home cage. To quantify motor deficits, time to traverse was scored using a stopwatch. The timer was started when the rat began to move forward and ended when the first forepaw was placed in the home cage. Latency to cross was scored from five repetitive trials with 15 minutes interval as a recovery period after each trial. The data were presented as the mean of five trials/per animal<sup>19</sup>. This test was carried out 10, 30 and 60 minute after drug administration.

Descriptive statistics and comparisons of differences between each data set were calculated using SigmaStat software. The data were expressed as mean  $\pm$  SEM, and analyzed by one-way ANOVA in each experiment. Statistical significance was accepted at the level of  $p < 0.05$ . In the case of significant variation ( $p < 0.05$ ), the values were compared by Tukey test.

## Results

### 6-OHDA-induced balance disturbance

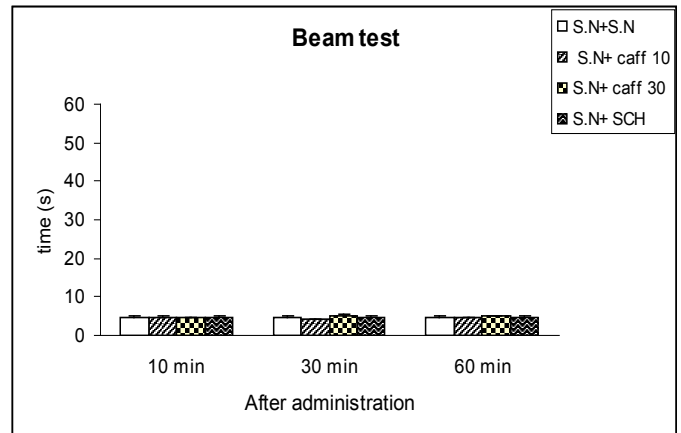
Three groups of rats were subjected as normal, sham operated (receiving 2  $\mu$ L vehicle of 6-OHDA) and 6-OHDA (8  $\mu$ g/2  $\mu$ L/rat)-lesioned group. Drugs and vehicle were injected into the SNc through the implanted guide cannula. As it has been shown, 6-OHDA induced significant ( $p < 0.001$ ) bradykinesia and balance disturbance in comparison with both normal and sham-operated rats (Figure 1).



**FIGURE 1** - The results of beam test in normal, sham-operated and 6-OHDA (8  $\mu$ g/2 $\mu$ L/rat) lesioned rats. Each bar represents the mean  $\pm$  SEM of elapsed time (s), n=8 per group: \*\*\* $p < 0.001$  when compared with normal and sham-operated groups.

### Effect of caffeine and SCH58261 on normal rats

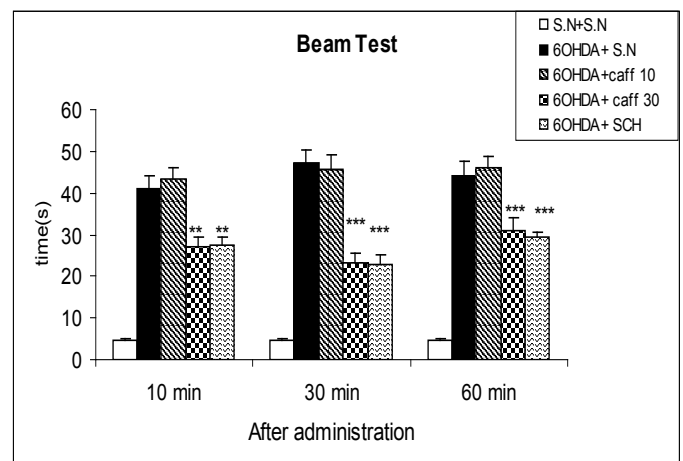
Four groups of normal rats received saline normal, one of two different doses of caffeine (10 and 30 mg/kg) and SCH58261 (2 mg/kg) intraperitoneally. There was not any significant difference in the beam test elapsed time in these groups (Figure 2).



**FIGURE 2** - Effect of caffeine (10 and 30 mg/kg, i.p.) and SCH58261 (2mg/kg, i.p.) on normal rats 10, 30 and 60 min after administration in beam test. Each bar represents the mean  $\pm$  SEM of elapsed time (s), n=8 per group.

### Effects of caffeine and SCH58261 on 6OHDA-lesioned rats

Four groups of 6-OHDA-lesioned rats respectively received saline, caffeine (10 and 30 mg/kg) and SCH58261 (2 mg/kg) intraperitoneally. As shown in Figure 3, beam test demonstrated a statistically significant decrease in the elapsed time after caffeine (30 mg/kg) and SCH58261 (2 mg/kg) treatment in comparison with 6-OHDA-lesioned rats ( $p < 0.01$  and  $p < 0.001$ ).



**FIGURE 3** - Effect of caffeine (10 and 30 mg/kg, i.p.) and SCH58261 (2mg/kg, i.p.) on 6OHDA-lesioned rats 10, 30 and 60 min after administration in beam test. Each bar represents the mean  $\pm$  SEM of elapsed time (s), n=8 per group. \*\*  $p < 0.01$  and \*\*\*  $p < 0.001$  when compared with 6-OHDA lesioned rats.

## Discussion

This study aimed to investigate the role of adenosine  $A_{2A}$  receptors on 6-OHDA-induced motor disorder in rat. The rat model of 6-OHDA-induced PD is frequently used to investigate PD<sup>20</sup>. We showed that acute administration of caffeine and SCH 58261 can improve the 6-OHDA-induced bradykinesia and motor disturbance as assessed by the beam traversal test.

The potential therapeutic treatment of Parkinson's diseases by  $A_{2A}$ -adenosine receptor antagonists has been the subject of recent comprehensive reviews<sup>21,23</sup>. Convergent evidence suggests that caffeine consumption in beverages reduces risk of Parkinson's disease<sup>21</sup> and also caffeine in rodent models has protective effects<sup>24</sup>.

The abovementioned results and also genetic and pharmacologic studies showing an antiparkinsonian action of selective adenosine  $A_{2A}$  receptor antagonists in different animal models of Parkinson's disease<sup>25-27</sup>, suggest that  $A_{2A}$  receptor antagonists seem to be very promising compounds in the treatment of Parkinson's disease. The accepted mechanisms that underlie the neuroprotective properties of  $A_{2A}$  receptor antagonists include neuronal, vascular and microglial elements. It has been shown that the stimulation of  $A_{2A}$  receptors leading to enhancement of glutamate release and excitotoxicity and  $A_{2A}$  R inactivation reduces neurotoxicity<sup>10</sup>. It is known that blockade of pre-synaptic  $A_{2A}$ Rs reduces transmitter release in several brain regions. Thus a reduction in glutamate release in the substantia nigra via pre-synaptic blockade of  $A_{2A}$ Rs on the projections from the subthalamic nucleus may be one mechanism by which the  $A_{2A}$  antagonists protect. These studies provide a neurobiological basis for the inverse relationship between increased caffeine consumption and reduced risk of developing PD<sup>10</sup>. Thus inactivation of pre-synaptic  $A_{2A}$ Rs on the projections from the subthalamic nucleus result in diminution of glutamate release in the substantia nigra, and this may be one mechanism to justify the neuroprotective role of  $A_{2A}$  R antagonists. We have demonstrated that the pharmacological inactivation of  $A_{2A}$  R inhibits 6-OHDA-induced motor deficit. This confirms the results of another study showing that  $A_{2A}$  R blockade attenuates striatal dopamine loss<sup>28</sup> and increases motor activity in animal models<sup>29</sup>.

## Conclusion

Adenosine  $A_{2A}$  R antagonists improve 6-OHDA-motor disturbances and this effect seems to be mediated by the inhibition of  $A_{2A}$  presynaptic receptors in SNc.

## References

1. Scholtissen B, Verhey FRJ, Steinbusch HWM, Leentjens AFG. Serotonergic mechanisms in Parkinson's Disease: opposing results from preclinical and clinical data. *J Neural Transm*. 2006;113(1):59-73. doi: 10.1007/s00702-005-0368-3.
2. Kortekaas R, Leenders KL, van Oostrom JC, Vaalburg W, Bart J, Willemsen AT, Hendrikse NH. Blood-brain barrier dysfunction in parkinsonian midbrain in vivo. *Ann Neurol*. 2005;57(2):176-9. doi: 10.1002/ana.20369.
3. Hunot S, Hirsch EC. Neuroinflammatory processes in Parkinson's disease. *Ann Neurol*. 2003;53(S3):S49-60. doi: 10.1002/ana.10481.
4. Abbott NJ, Ronnback L, Hansson E. Astrocyte-endothelial interactions at the blood-brain barrier. *Nat Rev Neurosci*. 2006;7(1):41-53. doi: 10.1038/nrn1824. doi:10.1038/nrn1824.
5. Xu K, Bastia E, Schwarzschild M. Therapeutic potential of adenosine A (2A) receptor antagonists in Parkinson's disease. *Pharmacol Ther*. 2005;105(3):267-310. doi: 10.1016/j.pharmthera.2004.10.007.
6. Chen JF, Xu K, Petzer JP, Staal R, Xu YH, Beilstein M, Sonsalla PK, Castagnoli K, Castagnoli J, Schwarzschild MA. Neuroprotection by caffeine and A (2A) adenosine receptor inactivation in a model of Parkinson's disease. *J Neurosci*. 2001;21(10):RC143. PMID: 11319241.
7. Reyhani-Rad S, Nayebi AM, Mahmoudi J, Samini M. Role of 5-Hydroxytryptamine 1A receptors in 6-hydroxydopamine-induced catalepsy-like immobilization in rats: a therapeutic approach for treating catalepsy of Parkinson's disease. *IJPR*. 2012;11(4):1175-81. PMID: PMC3985249.
8. Nayebi AM, Reyhani-Rad S, Saberian M, Azimzadeh S, Samini M. Buspirone improves 6-hydroxydopamine-induced catalepsy through stimulation of nigral 5-HT1A receptors in rat. *Pharmacol Rep*. 2010;62(2):258-64. doi: 10.1016/S1734-1140(10)70264-4.
9. Mahmoudi J, Nayebi AM, Reyhani-Rad S, Samini M. Fluoxetine improves the effect of levodopa on 6-hydroxy dopamine-induced motor impairments in rats. *Adv Pharm Bull*. 2012;2(2):149-55. doi: 10.5681/apb.2012.023.
10. Chen JF, Sonsalla PK, Pedata F, Melani A, Domenici MR, Popoli P, Geiger J, Lopes LV, De Mendonca A. Adenosine  $A_{2A}$  receptors and brain injury: broad spectrum of neuroprotection, multifaceted actions and "fine tuning" modulation. *Prog Neurobiol*. 2007;83(5):310-31. doi: 10.1016/j.pneurobio.2007.09.002.
11. Hu G, Bidel S, Jousilahti P, Antikainen R, Tuomilehto J. Coffee and tea consumption and the risk of Parkinson's disease. *Mov Disord*. 2007;22(15):2242-8. doi: 10.1002/mds.21706.
12. Saaksjarvi K, Knekt P, Rissanen H, Laaksonen MA, Reunanen A, Mannisto S. Prospective study of coffee consumption and risk of Parkinson's disease. *Eur J Clin Nutr*. 2008;62(7):908-15. doi: 10.1038/sj.ejcn.1602788.
13. Tan EK, Tan C, Fook-Chong SM, Lum SY, Chai A, Chung H, Shen H, Zhao Y, Teoh ML, Yih Y, Pavanni R, Chandran VR, Wong MC. Dose-dependent protective effect of coffee, tea, and smoking in Parkinson disease: a study in ethnic Chinese. *J Neurol Sci*. 2003;216(1):163-7. doi: 10.1016/j.jns.2003.07.006.
14. Hernan MA, Takkouche B, Caamano-Isorna F, Gestal-Otero JJ. A meta-analysis of coffee drinking, cigarette smoking, and the risk of Parkinson's disease. *Ann Neurol*. 2002;52(3):276-84. doi: 10.1002/ana.10277.
15. Daly J W. Caffeine analogs: biomedical impact, cellular and molecular. *Life Sci*. 2007;64(16):2153-69. doi: 10.1007/s00018-007-7051-9.
16. Pintor A, Galluzzo M, Grieco R, Pezzola A, Reggio R, Popoli P. Adenosine A 2A receptor antagonists prevent the increase in striatal glutamate levels induced by glutamate uptake

- inhibitors. *J Neurochem.* 2004;89(1):152–6. doi: 10.1111/j.1471-4159.2003.02306.x.
17. Alfinito PD, Wang SP, Manzano L, Rijhsinghani S, Zeevalk GD, Sonsalla PK. Adenosinergic protection of dopaminergic and GABAergic neurons against mitochondrial inhibition through receptors located in the substantia nigra and striatum, respectively. *J Neurosci.* 2003;23(34):10982–7. PMID: 14645494.
  18. Paxinos G, Watson C. *The rat brain in stereotaxic coordinates.* Sydney: Academic Press; 1982.
  19. Lammer A B, Beck A, Grummich B, Forscher A, Krugel T, Kahn T. The P2 receptor antagonist PPADS supports recovery from experimental stroke in vivo. *PLoS ONE.* 2011;6(5):e19983. doi: 10.1371/journal.pone.0019983.
  20. Schober A. Classic toxin-induced animal models of Parkinson's disease: 6-OHDA and MPTP. *Cell Tissue Res.* 2004;318(1):215–24. doi: 10.1007/s00441-004-0938-y.
  21. Xu K, Bastia E, Schwarzschild M. Therapeutic potential of adenosine A2A receptor antagonists in Parkinson's disease. *Pharmacol Ther.* 2005;105(3):267–310. doi: 10.1016/j.pharmthera.2004.10.007.
  22. Hauser RA, Schwarzschild MA. Adenosine A2A receptor antagonists for Parkinson's disease. *Drugs Aging.* 2005;22(6):471–82. doi: 10.2165/00002512-200522060-00002.
  23. Pinna A, Wardas J, Simola N, Morelli M. New therapies for the treatment of Parkinson's disease: adenosine A2A receptor antagonists. *Life Sci.* 2005;77(26):3259–67. doi: 10.1016/j.lfs.2005.04.029.
  24. Xu K, Xu Y, Brown JD, Chen JF, Ascherio A, Dluzen DE, Schwarzschild MA. Estrogen prevents neuroprotection by caffeine in the mouse 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine model of Parkinson's disease. *J Neurosci.* 2006;26(2):535–41. PMID: 16407551.
  25. Impagnatiello F, Bastia E, Ongini E, Monopoli A. Adenosine receptors in neurological disorders. *Emerg Ther Targets.* 2000;4(5):635–64. doi: 10.1517/14728222.4.5.635.
  26. Morelli M, Wardas J. Adenosine A2A receptor antagonists: potential therapeutic and neuroprotective effects in Parkinson's disease. *Neurotoxicity Res.* 2001;3(6):545–56. doi: 10.1007/BF03033210.
  27. Wardas J, Konieczny J, Lorenc KE. SCH 58261, an A2A adenosine receptor antagonist, counteracts the parkinsonian-like muscle rigidity in rats. *Synapse.* 2001;41(2):160–71. doi: 10.1002/syn.1070.
  28. Xu K, Xu YH, Chen JF, Schwarzschild MA. Neuroprotection by caffeine: time course and role of its metabolites in the MPTP model of Parkinson's disease. *Neurosciences.* 2010;167(2):475–81. doi: 10.1016/j.neuroscience.2010.02.020.
  29. Popoli P, Reggio R, Pèzzola A. Effects of SCH 58261, an Adenosine A2A receptor antagonist, on quinpirole-induced turning in 6-Hydroxydopamine-lesioned rats: lack of tolerance after chronic caffeine intake. *Neuropsychopharmacology.* 2000;22(5):522–9. doi: 10.1016/S0893-133X(99)00144-X.

---

**Correspondence:**

Siamak Reyhani-Rad  
Islamic Azad University  
Laboratory of Sciences  
University Square, Marand, Iran  
Phone: 5165657347  
rad.pharma@gmail.com

Received: Oct 16, 2015

Review: Dec 17, 2015

Accepted: Jan 19, 2016

Conflict of interest: none

Financial source: Islamic Azad University of Marand (Grant No: 2.1391)

<sup>1</sup>Research performed at Neurosciences Laboratory, Department of Laboratory Sciences, Marand Branch, Islamic Azad University, Marand, Iran.