



## Ciliates in ecotoxicological studies: A minireview

Ciliados em estudos ecotoxicológicos: uma pequena revisão

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**Abstract:** The present study has conducted a minireview of ecotoxicological studies using ciliated microeucaryotes, presenting a brief history, describing the current scenario and pointing out their methodological approaches gaps. We highlight in a clear and objective way the ecological importance of ciliates for ecosystems, their usefulness and the inherent characteristics that classify them as a good model organism. Finally, we discuss some modern tools that can be added to studies with ciliates in the near future.

**Keywords:** Ciliophora, ecotoxicology; model organism.

**Resumo:** O presente estudo realizou uma pequena revisão de estudos ecotoxicológicos utilizando microeucariotos ciliados, apresentando um histórico, descrevendo o cenário atual e apontando suas lacunas nas abordagens metodológicas. Destacamos de forma clara e objetiva a importância ecológica dos ciliados para os ecossistemas, sua utilidade e as características inerentes que os classificam como bons organismos modelo. Finalmente, discutimos algumas ferramentas modernas que podem ser adicionadas aos estudos com os ciliados em um futuro próximo.

**Palavras-chave:** Ciliophora, ecotoxicologia; organismo modelo.



## 1. Introduction

Despite all the importance of water for mankind, the accelerated deterioration of aquatic systems has been observed all over the world, affecting human health and the environment (Schwarzenbach et al., 2010). The population increase, occupation of irregular areas, agriculture, discard of industrial and urban effluents, mining and landfill activities, fragmentation of the landscape, deviation of rivers and the load of contaminants from different sources has been causing, unfortunately, huge and unprecedented impacts on aquatic ecosystems causing changes in the chemical profile of waterbodies (Molden et al., 2007). According to the Chemical Abstracts Registry database ([www.cas.org](http://www.cas.org)) there are more than 100 million chemical substances and less than 0.36% are regularized. These chemicals can reach both surface and subterranean water bodies even those in far remote areas (Bernhardt et al., 2017). This represents a human health concern, because many of these substances can be toxic, reducing the availability of potable water (Oki & Kanae, 2006; UNESCO, 2009). In fact, it is estimated that by 2025, 50% of the population will live in countries with water shortages (Qureshi & Hanjra, 2010).

Accordingly, the best way to ensure the quality of water resources is through the establishment of accurate standard protocols, management methods and environmental legislation, which would provide also the guidelines for proper environmental monitoring (Schwarzenbach et al., 2006; Schwarzenbach et al., 2010). The degree of contamination of aquatic environments is evaluated mainly through chemical analysis and biomonitoring programs (USEPA, 1992; Silveira, 2004). However, these approaches are not enough to water quality control and must be complemented by ecotoxicological studies, which are useful for assessing the ability of a toxic agent to produce effects on organisms (Forget et al., 2000).

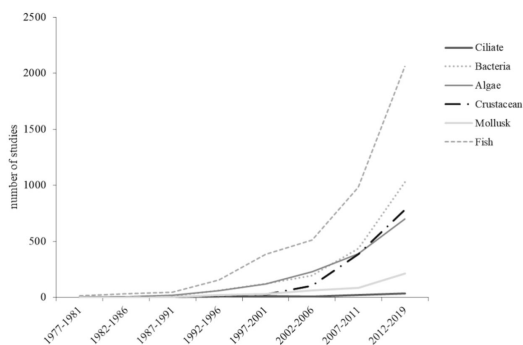
Ecotoxicology is used to integrate and understand the harmful effects of chemical substances on populations, communities, and ecosystems (Walker et al., 1996; Forbes & Forbes, 1994), and this knowledge can be used to complement environmental impact studies and on risk assessment programs (Silva et al., 2015). One of the most important steps for ecotoxicological studies is to find a model organism which is ideal and able to provide reproducible information on the acute and chronic toxicity of pollutants in aquatic environments. Some good examples of model organisms (*i.e.* *Pseudokiriella subcaptata*, *Daphnia similis*, *Ceriodaphnia* spp. and *Danio rerio*) are representatives of different trophic levels and are

useful for answering different questions. This representativeness allows a better understanding of the effects caused by toxic agents and contributes to the establishment of toxicity threshold values (Grolière et al., 1990; Lombardi, 2004).

The choice of a model organism should be based on previous knowledge of their biology, physiology, behavior, and food habits; they need to be abundant and available; have ecological representativeness within the ecosystem; have constant and accurate sensitivity; short life cycle; commercial importance and; be easily cultivated and maintained in the laboratory (Niemeyer et al., 2010).

Ciliated microeukaryotes have been used in ecotoxicological studies since the 1950s (Grebecki & Kuznicki, 1956). However, these organisms have been historically neglected in detriment of other model organisms (Figure 1). Many ciliate species, such as from genera *Paramecium* and *Tetrahymena* have many biological features that makes them appropriate to toxicity bioassays, such as the presence of a delicate cell membrane, small size (from ~ 10 µm to 4,500 µm), which allows the use of reduced volumes for maintenance and experimentation, short life cycle and high reproductive rate, allowing for long-term transgenerational assays in relatively short time periods. Also, encystment stages allow greater resistance to environmental stressors and allow the measuring the possible effects of toxic substances (Soldo & Van Wagendonk, 1969; Lee & Soldo, 1992; Nerad & Daggett, 1992; Madoni et al., 1996; Gilron & Lynn, 1998; Madoni, 2000, 2003, 2011; Gutierrez et al., 2003; Delmonte Corrado et al., 2005; Kchaou et al., 2009; Gomiero et al., 2013).

The phylum Ciliophora represents a basic component of microplankton and microbenthic



**Figure 1.** Number of ecotoxicological studies per model organism. Data available in the Scopus database from 1977 to 2019 (survey conducted 06/06/2019). Codes used to search: Ecotoxicol \* AND ciliate \*, Ecotoxicol \* AND algae \*, Ecotoxicol \* AND bacteria \*, Ecotoxicol \* AND mollusk \*, Ecotoxicol \* AND crustacean \* AND Ecotoxicol \* AND fish \*.

within environments (Finlay & Fenchel, 1996; Madoni, 2000). They have a wide geographical distribution and can be found in freshwater, brackish, salty, bromeliads and edaphic environments, such as superficial soils, mosses and lichens (Puytorac, 1994; Corliss, 1979; Joppert et al., 1995; Foissner et al., 2002; Foissner, 2003; Lynn, 2008). Ciliates are mostly heterotrophic organisms, predators of bacteria and other protozoa (Fenchel, 1987; Beaver & Crisman, 1989; Müller et al., 1991), and are preyed by different species from the zooplankton. Therefore, representing an essential link for the flow of carbon and energy to higher trophic levels (Fenchel, 1987; Sherr & Sherr, 1994; Madoni, 2000).

The presence of ciliates in several habitats is influenced by their tolerance and adaptability to the different physical and chemical conditions of the environments (Noland, 1925; Sleight, 1988). When under unfavorable conditions, they form resistance cysts, which can be dispersed and transported by wind, water, insects, among other animals (Finlay & Fenchel, 1996; Finlay, 2002; Esteban & Finlay, 2003; Fenchel & Finlay, 2004). This adaptive changes may be linked to the specificity of the recurrent changes in the physical-chemical factors of the water, such as temperature, amount of dissolved organic matter, pH, conductivity and oxygen concentration (Noland, 1925; Kudo, 1966; Sleight, 1988; Madoni, 2005; Madoni & Barghiroli, 2007). Seasonal, vertical, trophic and flood pulse variations can also be determining factors in the patterns of distribution, composition and abundance of ciliates in aquatic systems (Madoni, 2003, 2005; Velho et al., 2005, 2013; Gomiero et al., 2013; Debastiani et al., 2016; Pauleto et al., 2009).

Ciliates can be used as bioindicators of water quality in biomonitoring studies (Madoni, 1994, 2003, 2005; Dias et al., 2008; Bagantini et al., 2013; Debastiani et al., 2016). They play an important role in the purification process in water treatment plants, especially in the activated sludge system, where it makes up more than 9% of the biomass of microorganisms (Madoni, 1994, 2003, 2011).

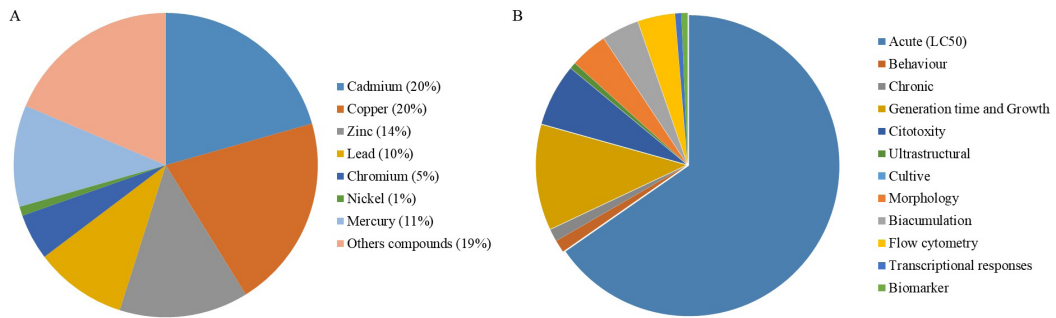
The use of ciliates as model organisms had its beginning with the work of Gause (1934) in population ecology. The Russian ecologist used the ciliate species *Paramecium caudatum* and *Paramecium aurelia* to test the hypothesis of competitive exclusion. The results showed that both species of ciliates occupy the same ecological niche and can not coexist. Since then, the use of these organisms as models for applied studies has been through the knowledge of the species through the use of techniques of optical microscopy and appropriate techniques (Klein, 1958; Foissner, 1994, 1999; Dieckmann, 1995; Kapuscinski, 1995; Foissner & Berger, 1996; Finlay & Fenchel,

1999; Lynn, 2008; Mitchell & Meisterfeld, 2005). Biology information (Lynn, 2008; Lynn & Small, 2002; Pratt & Cairns Júnior, 1985; Weisse, 2017), evolution and taxonomy (Foissner & Berger, 1996; Lynn, 2008; Gao et al., 2016), behavioral traits (Nishigami et al., 2018; Ohmura et al., 2018; Ishikawa, 2019), physiology, histology and even the genome description of the species, *i.e.*, *Tetrahymena thermophila*, *Paramecium tetraurelia*, *Euplotes crassus*, *Oxytricha trifallax* and *Stentor coeruleus* (Aury et al., 2006; Eisen et al., 2006; Vinogradov et al., 2012; Swart et al., 2013; Slabodnick et al., 2017) may be useful for answering different questions within ecotoxicology. Therefore, the present study presents a minireview of the ecotoxicological studies with ciliates, the importance of these organisms for the aquatic ecosystems, the approaches and gaps found, besides presenting some perspectives for the advancement of the studies in the near future.

## 2. Ciliates as Models in Ecotoxicological Studies

### 2.1. Brief history and approaches

The first ecotoxicological study using ciliates was published in the 1950s (Grebecki & Kuznicki, 1956). *Paramecium caudatum* species were exposed to different concentrations of Copper, Mercury, Cadmium, Zinc, Nickel, Cobalt, and Chromium. Posteriorly, some studies were done using different ciliate species and approach (Figure 2A, Supplementary Material Table S1). The main ecotoxicological approaches using ciliated organisms are those related to the determination of lethal concentrations, changes in behavioral, substances accumulation and morphological changes (Figure 2B). Acute and chronic tests have been used since the first works to identify the maximum concentration ranges that cause population to decline and/or mortality (mean lethal concentration -  $LC_{50}$ ), to check cell deformities, heavy metal accumulation and/or behavioral changes. Mortality and/or survive states are commonly established through optical microscope (Madoni, 1994; Madoni et al., 1992, 1996; Madoni & Romeo, 2006; Mansano et al., 2016). Moreover, microscopy can also be used to evaluate other features such as behavior, morphological deformities, changes in generation time, abundance and cell shape. Rao et al. (2006) observed changes in cell shape, developing irregular membrane bubbles promoting cell lysis. In addition, a tracking system with optical microscope was used to observe changes in the locomotion of *Paramecium caudatum*. An initial increase and subsequent decrease in swimming speed were observed when exposed to concentrations of an acephate insecticide. The number of generations decreased and the generation time increased significantly in a manner



**Figure 2.** A=Percentage of ecotoxicological studies per compound; B= Endpoints distributions.

dependent on the sublethal concentrations used. Changes in the number and ultrastructure of cilia were observed in the study by Li et al. (2016) in the exposure of an emerging compound (Tris (1,3-dichloro-2-propyl) phosphate (TDCIPP)). The authors conclude by highlighting that the results suggest that chemical exposure in organisms of the early trophic levels can cause long-term damage. The resistance of ciliates to metal ions shows the importance of these organisms for bioremediation in industrial wastewater (Madoni, 1994; Martin-Gonzalez et al., 2006; Rehman et al., 2009; Chaudhry & Shakoori, 2011; Elguero et al., 2019).

Rico et al. (2009) evaluated the induction of reactive oxygen species (ROS) after exposure to heavy metals in ciliates. Benbouzid et al. (2012) observed reduced growth, increased generation time, respiratory metabolism disturbance (significant increase in oxygen uptake), and high percentage response in a ciliate species in a short-term (24h) experiment. Kim et al. (2014) measured intracellular oxygen levels (ROS) and total glutathione content (GSH) using gene expression by means of RT-PCR. Wu et al. (2015) used UV spectrophotometry to visualize changes in enzymatic antioxidants in a ciliate species. The application of modern techniques may be useful for ecotoxicological studies with ciliates, such as the use of flow cytometry by Liu et al. (2017) to evaluate the Mercury accumulation properties in species of the genus *Tetrahymena*.

The use of the 'Omics' in ecological studies has allowed advances and brought the possibility of evaluating changes in different levels of cellular organization, such as individual, tissue, cell and molecule (Zhang et al., 2018). The union of these sciences allows the uncovering of cellular processes details of many organisms, such as the screening of genes whose loss of function may confer resistance or sensitivity to phenotypic toxicity, such as programmed cell death (Jo et al., 2009). In the study by Kim et al. (2018) it was possible to evaluate the transcriptional response of the antioxidant defense system and heat shock protein of the *Euplotes crassus* species. The production of proteins or metabolites for the

formulation of vaccines and drugs has also been performed from the use of ciliates (Putten et al., 2006, Hartmann et al., 2000). The successes of studies like these require the use of organisms that are culturable under laboratory/industrial conditions such as ciliates. In this sense, there are a lot of tools that can be used to evaluate environmental alteration using ciliates in different approaches contributing to the understanding of how environmental changes can affect the role of these organisms in the ecosystem processes.

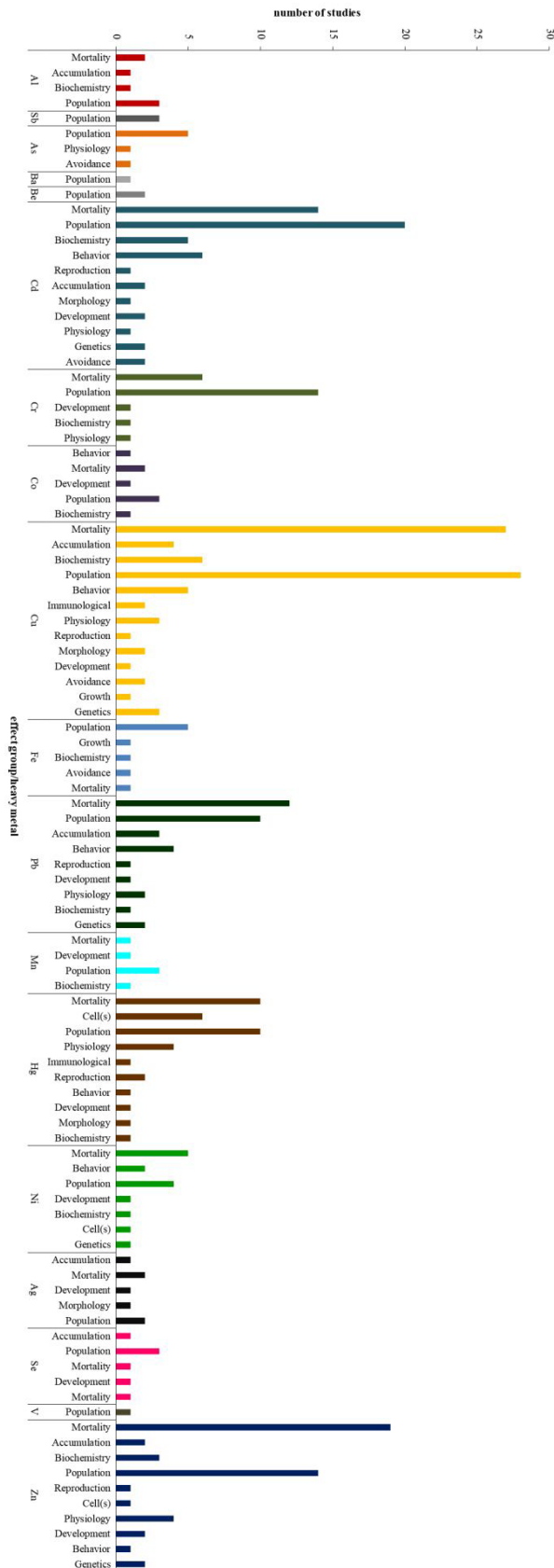
## 2.2. Species

In regards to ciliates species, more than 50 have been used in ecotoxicological studies to evaluate the impact of different compounds (Table S1). In this sense, given its wide geographic distribution and short cell cycles, *Paramecium caudatum* could be considered a good model for behavioral and population reproductive rate studies allowing evaluation of a large number of generations in short time spans (Rao et al., 2006; Mansano et al., 2016). While *T. thermophila*, *Paramecium tetraurelia* (and also *P. caudatum*), *Euplotes crassus*, *Oxytricha trifallax* and *Stentor coeruleus* can be considered are potential model species in molecular (ecotoxicogenomics) approaches, given the availability of their genome in sequence databases (Aury et al., 2006; Eisen et al., 2006; Vinogradov et al., 2012; Swart et al., 2013; Slabodnick et al., 2017).

The intensification in the use of ciliated protists will be of great value to the field of ecotoxicological. They present several characteristics that make them model organisms (Giovanni Junior & Carvalho, 2017) and since many species are aquatic, their use can contribute to more accurately evaluate the changes these environments have been facing, as consequence of antropic activities.

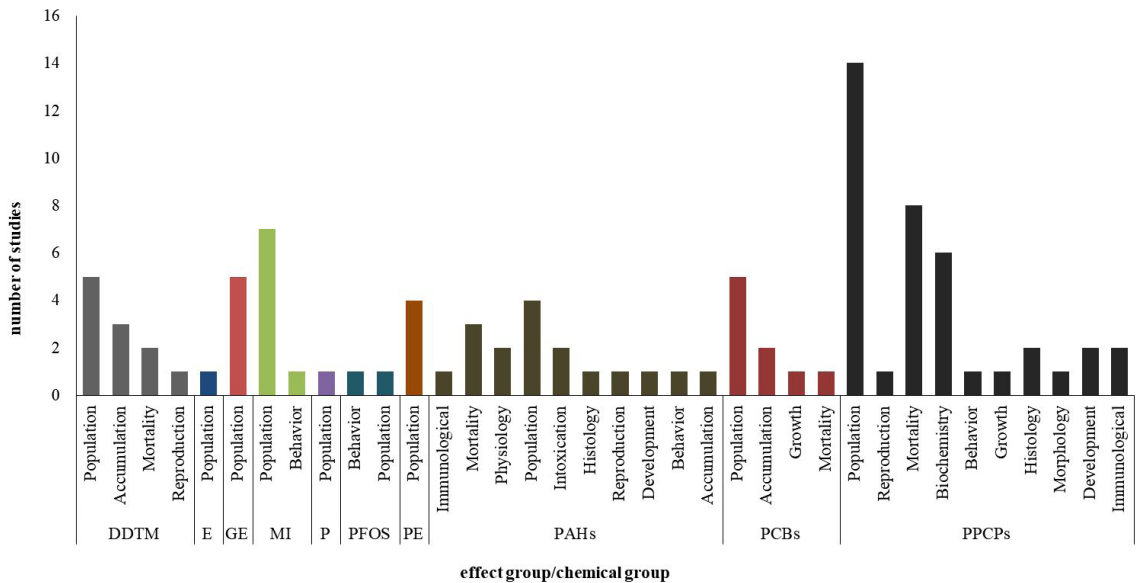
## 2.3. Substances

As available within the AQUIRE database (USEPA, 2019), the heavy metals were the first and the most often chemicals used in ecotoxicological studies using ciliates as model organisms (Figures 2A, 3 and 4). However, over the time, the environmental impact of contaminants



**Figure 3.** Number of studies with heavy metals and their respective approaches according to the Ecotox knowledgebase database (USEPA, 2019) (survey conducted on 05/28/2019); Number of studies with heavy metals and their respective approaches according to the Ecotox knowledgebase database (USEPA, 2019) (survey conducted on 05/28/2019).





**Figure 4.** Number of studies with organic compounds and their respective approaches according to the Ecotox knowledgebase database (USEPA, 2019) (survey conducted on 05/28/2019); DDTM: DDT and metabolites, E: Explosives; GE: Glycol ethers, MI: Major ions, P: Perchlorates, PFOS: Perfluorooctane sulfonates and acids, PE: Phthalate Esters, PAHs: Polyaromatic Hydrocarbons, PCBs: Polychlorinated Biphenyls, PPCPs: Pharmaceutical Personal Care Products.

of emerging concerns, such as inorganic, organic,  $\beta$ -blockers, herbicides, insecticides and pesticides started to have their toxicity evaluated also within ciliate species (Figures 2A, 3 and 4). Among heavy metals, Copper, Cadmium, Zinc, Lead and Mercury were the most frequently used in ciliates and within these, the assays directed toward their effects over populations (growth rate), mortality (lethal concentration) and accumulation were the most often used (Figures 2A, 3 and 4). With regards to contaminants of emergent concern, the personal pharmaceutical care products (PPCPs) were the most often used compounds against ciliates, followed by polycyclic aromatic hydrocarbons, in mortality and populational alteration assays (Figures 2A, 3 and 4).

#### 2.4. Methodological approaches gaps

There are numerous growth media and conditions available in the literature for *in vitro* maintenance of ciliates in laboratory. For example, species of the genus *Tetrahymena* can be cultivated in axenic cultures based on protease (Carter & Cameron, 1973; Schlenk & Moore, 1994; Gallego et al., 2007; Zhang et al., 2013, Liu et al., 2017). *Paramecium* and many others can grow using the Cerophyl culture medium proposed by Sonneborn (1970) was used by Joshi & Misra (1986), Juchelka & Snell (1994), Pratt et al. (1997) and Salvadó et al. (1997). Mineral water and bark rice, is a common general used media

used to promote the growth of bacteria that are, actually the sources of food for ciliates employed by Ruthven & Cairns Junior (1973), Dive et al. (1980), Madoni et al. (1992), Madoni (1994, 2000), Madoni & Romeo (2006), Wanick et al. (2008) and Bitencourt et al. (2016). Water from the original sample sites are used in association with a variety of cereals as in the studies of Nalecz-Jawecki et al. (1993), Madoni et al. (1996), Rehman et al. (2005, 2006, 2007, 2007a, 2008, 2008a, 2009, 2010, 2010a) and Shakoory et al. (2011). There are also culture media available for marine ciliates, such as proposed by Yoo & Hur (2002) and used by Kim et al. (2011, 2014, 2018). On the other hand, Madoni et al. (1996) did not use methods of cultivation in laboratory. The species used in the bioassays were directly from activated sludge. Twagilimana et al. (1998) tested different culture conditions for the *Spirostomum ambiguum* species. The authors conclude by highlighting the need for reproducibility of the assays in order to allow comparison between laboratories.

The major challenge today limiting the use of ciliates in ecotoxicological tests is the creation of a standard methods. Thus, it is necessary to develop specific methods to each potential species leading to efficient, replicable and comparable bioassays. The standardization of procedures in toxicity tests is paramount for the reproducibility and

comparability of results comparability of results from laboratories in different geographical regions (Soares & Calow, 1993). Furthermore, they can help environmental managers since one of the first approaches in environmental studies is precisely the ecotoxicological risk assessment, which is responsible for showing the fate and effects of chemicals in the environment (Vindimian, 2001).

### 3. Final Considerations

Here, we highlighted the advantages of using ciliates in ecotoxicological studies. They have many characteristics that make them good model organisms for environmental toxicity evaluation. Therefore, they can potentially contribute to the establishment of more accurate guidelines and risk management programs, and also represent a valuable system to study how environmental contaminants may impact normal cell biological functions. For these reasons, we hope that in a near future more ecotoxicological works will be using ciliates as model organisms.

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## **Supplementary Material**

Supplementary material accompanies this paper.

Table S1 available at <https://cfpub.epa.gov/ecotox/search.cfm>.

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