

# Evaluation of two *Taenia solium* cysticercal antigenic preparations (vesicular fluid and a glycoprotein fraction with affinity for lentil lectin) for the immunodiagnosis of neurocysticercosis by enzyme-linked immunosorbent assay (ELISA)

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## ABSTRACT

**Objective:** To evaluate the performance of two antigenic preparations (vesicular fluid - VF and a glycoprotein fraction, LLa-Gp fraction, purified from a whole parasite extract by lentil lectin affinity chromatography) from *Taenia solium* cysticerci for the immunodiagnosis of neurocysticercosis. **Method:** Fifty-six cerebrospinal fluid (CSF) samples (22 from patients with neurocysticercosis and 34 from patients with other neurological disorders) and 57 serum samples (22 from patients with neurocysticercosis, 18 from patients with other infections and 17 from presumably healthy persons) were assayed for anticysticercal IgG antibodies with an enzyme-linked immunosorbent assay (ELISA). **Results:** The VF ELISA showed 100% sensitivity and specificity in CSF and serum samples, whereas the sensitivity and specificity of the LLa-Gp ELISA were, respectively, 90.9% and 97.1%, with the CSF samples and 95.5% and 100% with serum samples. There was no significant difference in the sensitivity and specificity of the two antigenic preparations used to screen CSF and serum samples. **Conclusion:** Considering the complexity and high cost of obtaining the LLa-Gp fraction, VF could be more suitable for screening specific antibodies by ELISA in CSF and serum samples from patients with neurocysticercosis.

**Key words:** antibodies, ELISA, neurocysticercosis.

**Avaliação de duas preparações antigênicas de cisticercos de *Taenia solium* (líquido vesicular e uma fração glicoprotéica com afinidade para lentil lectina) para o imunodiagnóstico da neurocisticercose usando uma técnica imunoenzimática (ELISA)**

## RESUMO

**Objetivo:** Avaliar o desempenho de duas preparações antigênicas (líquido vesicular - LV e uma fração glicoprotéica, fração LL a-Gp, purificada do extrato total dos parasitas por cromatografia de afinidade com lentil lectina) de cisticercos de *Taenia solium* para o imunodiagnóstico da neurocisticercose. **Método:** Cinquenta e seis amostras de líquido cefalorraquidiano (LCR) (22 de pacientes com neurocisticercose e 34 de pacientes com outras doenças neurológicas) e 57 amostras de soro (22 de pacientes com neurocisticercose, 18 de pacientes com outras infecções e 17 de pessoas presumivelmente saudáveis) foram analisadas quanto à presença de anticorpos IgG anti-cisticercos com uma reação imunoenzimática (ELISA). **Resultados:** A reação ELISA LV apresentou 100% de sensibilidade e especificidade em amostras de LCR e soro, enquanto a sensibilidade e a especificidade da reação ELISA LLa-Gp em amostras de LCR e soro foram de 90,9% e

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97,1% e 95,5% e 100%, respectivamente. Não foram encontradas diferenças significativas na sensibilidade e especificidade das duas preparações antigênicas utilizadas, tanto para amostras de LCR como para amostras de soro. **Conclusão:** Considerando a complexidade e o alto custo de obtenção da fração LLa-Gp, o LV pode ser mais adequado para a pesquisa de anticorpos específicos por ELISA em amostras de LCR e soro de pacientes com neurocisticercose.

**Palavras-chave:** anticorpos, ELISA, neurocisticercose.

Neurocysticercosis, a severe disease caused by larvae of the tapeworm *Taenia solium* in the human central nervous system, is a major public health problem in many developing countries in Latin America, Asia and Africa<sup>1-3</sup>. This disease may cause a wide range of non-specific neurological symptoms, with seizures, cysticercotic meningitis and intracranial hypertension being the most common clinical signs<sup>2,4</sup>. The heterogeneity of the clinical features associated with neurocysticercosis makes diagnosis of this disease very difficult when not combined with neuroimaging studies and epidemiological and laboratory data. Computed tomography and magnetic resonance are considered the gold standard for the diagnosis of neurocysticercosis, but their high cost is a limiting factor to the accessibility of these techniques in developing countries.

Immunological assays for the detection of specific anti-cysticercal antibodies in serum or cerebrospinal fluid (CSF) are a valuable tool in the diagnosis of neurocysticercosis. Crude extracts of whole *T. solium* or *T. crassiceps* cysticerci, crude extracts from particular components of the parasites (scolex, membrane or vesicular fluid), excretory-secretory products, purified antigens from crude extracts, recombinant proteins and synthetic peptides have been used in immunological tests to detect specific antibodies<sup>5-21</sup>. Currently, the most reliable immunological test available for the immunodiagnosis of neurocysticercosis is an enzyme-linked immunoelectrotransfer blot (EITB) assay based on glycoprotein antigens prepared by lentil lectin affinity chromatography from an extract of intact cysts<sup>6,16</sup>. However, enzyme-linked immunosorbent assays (ELISAs) are still extensively used to detect anti-cysticercal antibodies because of their simplicity and lower cost compared to EITB. Several studies have shown that ELISAs using vesicular fluid from *T. solium* and *T. crassiceps* have good diagnostic performance in terms of sensitivity and specificity<sup>5,7,11,15,17</sup>.

In this report, we describe results obtained by ELISA for the diagnosis of neurocysticercosis based on the use of vesicular fluid (VF) and a glycoprotein fraction, LLa-Gp fraction, purified by lentil lectin affinity chromatography from a crude extract of *T. solium* cysticerci as antigenic preparations.

## METHOD

### CSF and serum samples

The following serum and CSF samples were screened by ELISA for cysticercal-specific IgG: 22 serum and CSF samples collected concurrently from patients with neurocysticercosis, 34 CSF samples from patients with other neurological disorders (neurotoxoplasmosis, n=4; neurosyphilis, n=5; neurocryptococcosis, n=8; multiple sclerosis, n=5; viral meningitis, n=6; bacterial meningitis, n=6), 18 serum samples from patients with other infections (syphilis, n=5; mononucleosis, n=3; cytomegalovirus, n=3; hepatitis A, n=2, toxoplasmosis, n=5) and 17 serum samples from presumably healthy persons. The patients with neurocysticercosis had neuroimaging findings compatible with this disease, whereas the patients with other neurological disorders had no epidemiological and radiological evidence of neurocysticercosis. The patients with other infections and the presumably healthy persons had no clinical and epidemiological evidence of infection by *T. solium*. All patients were attended at the University Hospital of the State University of Campinas (Campinas, SP, Brazil). Our study was approved by the Ethics Committee of the School of Medical Sciences, UNICAMP, in accordance with the resolutions of the Brazilian National Ethics Committee.

### Cysticercal antigens

Two antigenic preparations [vesicular fluid (VF) and a glycoprotein fraction, LLa-Gp fraction, purified from a whole parasite extract by lentil lectin affinity chromatography] were prepared from *T. solium* cysticerci obtained from a heavily infected, freshly slaughtered pig. VF was obtained as previously described<sup>17</sup>. Briefly, the parasites were ruptured individually in petri dishes using two needles and the VF released was collected with a Pasteur pipette and transferred to centrifuge tubes. The fluid was then centrifuged (10,000 ×g, 30 min, 4°C) and the supernatant sonicated for 1 min (two 30 s pulses with a 30 s pause between pulses) in an ice bath using a Branson sonicator at a power setting of 3 with a 20% pulse duty cycle. Enzymatic inhibitors (phenylmethylsulfonyl fluoride - PMSF and leupeptin) were added to the sonicate at final concentrations of 5 mM and 2.5 μM, respectively.

The protein concentration was determined by the Bradford method<sup>22</sup>, after which the preparation was stored in aliquots at  $-80^{\circ}\text{C}$  until used.

The LLa-Gp fraction was obtained from a whole extract of *T. solium* cysticerci (WEC). The WEC was obtained as previously described<sup>15,17</sup>, with few modifications. Briefly, parasites maintained at  $-80^{\circ}\text{C}$  were thawed and resuspended in sterile 0.15 M phosphate-buffered saline (PBS), pH 7.2 (1 volume of parasites to 3 volumes of PBS containing PMSF and leupeptin at the concentrations indicated above) and the material then homogenized in an ice-water bath using a Polytron homogenizer equipped with a PT-20 ST probe (three 30 s pulses at speed 3, with 30 s intervals between pulses). The homogenate was sonicated for 3 min (1 min sonication/1 min pause) in an ice-water bath using a Branson sonicator at power setting of 3 with a 20% pulse duty cycle. Protease inhibitors were added to the sonicate at the concentrations described above and the suspension was gently stirred for 2 h at  $4^{\circ}\text{C}$  and then centrifuged (20,000  $\times$ g, 60 min,  $4^{\circ}\text{C}$ ). The supernatant (WEC) was carefully collected after removing the floating layer, filtered through 0.45  $\mu\text{m}$  filters and dialyzed against 0.15 M PBS, pH 8.0. After protein quantification (see above), the WEC was stored aliquots at  $-80^{\circ}\text{C}$  until used.

To obtain the LLa-Gp fraction, the material was thawed and applied to a Sepharose-4B-lentil-lectin column equilibrated with 0.15 M PBS, pH 8.0, the column size being dependent on the amount of protein to be fractionated (1 ml of resin was used for every 3 mg of protein). The column was extensively washed with the equilibrating buffer and glycoproteins with affinity for lentil lectin were eluted with this buffer containing 0.2 M  $\alpha$ -methylmannoside. The eluted fraction (LLa-Gp) was concentrated using a YM-10 membrane (Amicon Corporation, Beverly, MA, USA) and dialyzed against 0.15 M PBS, pH 7.2. The protein concentration of LLa-Gp was determined and the material then stored in aliquots at  $-80^{\circ}\text{C}$  until used.

### Determination of the optimal reagent concentrations

The ELISA procedure was standardized using excess amounts of all reagents except for that being tested. For antigen titration, increasing amounts of antigen (0.1 to 8.0  $\mu\text{g}$  protein/ml) were used. The optimal concentration of the conjugate (affinity-purified goat anti-human IgG labeled with peroxidase, Sigma-Aldrich, St. Louis, MO, USA) was based on titration experiments using human IgG-coated polystyrene ELISA plates.

### ELISA

Cysticercal antigens were diluted to 4  $\mu\text{g}$  protein/

ml in 0.1 M carbonate-bicarbonate buffer, pH 9.5, and used to sensitize the wells of U-bottomed ELISA plates (Greiner Bio-one, Kremsmünster, Austria). After sensitization for 1 h at room temperature and 14 h at  $4^{\circ}\text{C}$ , the wells were washed once with PBS containing 0.1% (v/v) Tween 20 (PBS-Tween) and 100  $\mu\text{l}$  of 0.1% bovine serum albumin (BSA) in PBS were added to the wells. Following a 30 min incubation at room temperature, the wells were washed twice with PBS-Tween and 100  $\mu\text{l}$  of each CSF or serum sample (diluted 1:5 and 1:75, respectively in PBS-Tween) were added to the wells for 1 h at room temperature. This incubation was followed by three washes with PBS-Tween and the addition of 100  $\mu\text{l}$  of the conjugate (diluted 1:800 in PBS-Tween) to each well. After incubation for 1 h at room temperature and three washes with PBS-Tween, 100  $\mu\text{l}$  of the substrate (tetramethylbenzidine-TMB/ $\text{H}_2\text{O}_2$ ) were added to the wells. Ten minutes after substrate addition, the reaction was stopped by adding 50  $\mu\text{l}$  of 2 N  $\text{H}_2\text{SO}_4$  to each well and the resulting absorbances were read at 450 nm using an ELISA reader (Multiskan MS, Labsystems, Finland). Positive and negative controls were included in each plate. Each CSF and serum sample was tested in duplicate with the two antigenic preparations in the same plate and the mean absorbance was determined. The final absorbance of each sample was determined by subtracting the mean absorbance of the two antigen controls in the corresponding plate. The cut-off value for the ELISA was determined using the highest J index<sup>23</sup>, based on the formula:  $J = (a/b) + (c/d) - 1$ , where a is the number of infected subjects with a positive ELISA, b is the total number of subjects in the infected group, c is the number of uninfected subjects with a negative ELISA, and d is the total number of subjects in the uninfected group.

### Data analysis

The Cochran Q test was used to compare the sensitivities and specificities of the reactions<sup>24</sup>. Differences among results were considered significant when  $p \leq 0.05$ .

### RESULTS

Fifty-six CSF samples (22 from patients with neurocysticercosis and 34 from patients with other neurological disorders) and 57 serum samples (22 from patients with neurocysticercosis, 18 from patients with other infections and 17 from presumably healthy persons) were assayed for IgG using the two antigenic preparations (VF and LLa-Gp fraction).

The VF ELISA showed 100% sensitivity and specificity with the CSF and serum samples, whereas the sensitivity and specificity of the LLa-Gp ELISA with the CSF and serum samples were 90.9% and 97.1%, and 95.5% and 100%, respectively. One CSF sample from a patient with

neurotoxoplasmosis cross-reacted with the LLa-Gp fraction. There was no significant difference in the sensitivities and specificities of the VF and LLa-GP ELISAs used to screen the CSF and serum samples.

## DISCUSSION

Numerous studies have shown that glycoproteins from parasites are recognized as antigens by the human immune system. An EITB using glycoprotein antigens prepared by lentil lectin affinity chromatography from an extract of whole *T. solium* cysts<sup>6</sup> has been considered the most reliable test for the immunodiagnosis of neurocysticercosis<sup>16,25</sup>. This test has an excellent specificity (>92%). In contrast, there is marked variation (28%-100%) in the sensitivity of the test, depending on the number, location and maturation stage of the cysts in the CNS<sup>6,26-28</sup>. The major concerns for the use of this test in developing countries are its complexity, time of execution, and cost<sup>8,28</sup>.

With the exception of EITB, the performance of ELISAs is superior to other techniques used for the immunodiagnosis of neurocysticercosis. Several antigenic preparations of *T. solium* and *T. crassiceps* cysticerci have been used to detect anti-cysticercal antibodies. Several studies have shown that ELISAs standardized with the VF of *T. solium* or *T. crassiceps* cysticerci may be useful for the immunodiagnosis of neurocysticercosis<sup>5,11,12,15,17</sup>. However, there is no agreement about the best antigenic preparation to use in ELISAs for neurocysticercosis.

Some reports have evaluated the use of glycoprotein antigens in ELISA for screening cysticercus-specific IgG. Plancarte et al.<sup>8</sup> examined the usefulness of purified GP24 (a specific and highly antigenic glycoprotein antigen from *T. solium* cysts with affinity for lentil lectin) in ELISA and dot blot in 13 serum and 13 CSF samples from patients with neurocysticercosis, 3 CSF samples from patients with other neurological disorders, 3 serum samples from healthy individuals and 44 serum samples from patients with other parasite diseases. All serum and CSF samples from patients with neurocysticercosis were positive with ELISA and dot blot, whereas the three CSF samples from patients with other neurological disorders and the three serum samples from healthy individuals were negative by both techniques. All serum samples from patients with other parasite diseases were negative by dot blot. Prabhakaran et al.<sup>29</sup> assessed the applicability of *T. solium* metacestode glycoproteins specific for lentil lectin as antigens in ELISA and immunoblot assays for diagnosing neurocysticercosis in Indian patients. In 107 patients with solitary cysticercus granuloma, the ELISA and immunoblot were positive in 80% and 62% of the cases, respectively, whereas in non-cysticercosis patients, the ELISA and immunoblot were negative in 94% and 97% of the cases, respectively. Ishida et al.<sup>30</sup> evaluated

the performances of different cysticercal antigens (*T. solium* cysticercal total saline, Tso; *T. crassiceps* cysticercal vesicular fluid, Tcra-vf and *T. crassiceps* cysticercal glycoproteins, Tcra-gp) for the immunodiagnosis of neurocysticercosis using ELISA and immunoblot. In 20 serum samples from patients with neurocysticercosis confirmed by neuroimaging studies, the ELISA done with Tso, Tcra-vf and Tcra-gp was positive in 19 (95%), 18 (90%) and 16 (80%) patients, respectively. Among 53 serum samples from blood donors, three (5.6%) gave positive results in ELISA using Tcra-vf. Twenty serum samples from patients with neurocysticercosis and 20 serum samples from blood donors were tested by immunoblot done with the Tcra-vf antigen. All serum samples from patients with neurocysticercosis were positive whereas all serum samples from blood donors were negative.

In the present study, we evaluated the usefulness of two antigenic preparations from *T. solium* cysticerci, i.e., vesicular fluid (VF) and a glycoprotein fraction (LLa-Gp fraction) purified from cysticercal extracts by affinity chromatography on a lentil lectin column, for the detection of specific anti-cysticercal IgG using ELISA. There was no significant difference in the sensitivity and specificity between the two antigenic preparations used to screen CSF and serum samples. One CSF sample from a patient with toxoplasmosis cross-reacted with the LLa-Gp fraction. Other studies have also shown that components of *T. solium* cysticerci are recognized by CSF and/or serum samples from patients with toxoplasmosis<sup>17,31</sup>.

For routine diagnostic purposes, sensitive and specific antigen preparations must be available in cost-effective amounts. Considering the complexity and high cost of obtaining the LLa-Gp fraction, VF could be more suitable for detecting specific antibodies in CSF and serum samples of patients with neurocysticercosis.

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