

Antimicrobial Activity and Mineral Composition of Shiitake Mushrooms Cultivated on Agricultural Waste

Kérley Braga Pereira Bento Casaril^{1*}, Maria Catarina Megumi Kasuya² and Maria Cristina Dantas Vanetti²

¹Departamento de Economia Doméstica; Universidade Estadual do Oeste do Paraná; Rua Maringá, 1200; Francisco Beltrão - PR - Brasil. ²Departamento de Microbiologia; Universidade Federal de Viçosa; Av. P. H. Rolfs. s/n; Viçosa - MG - Brasil

ABSTRACT

The antimicrobial activity and mineral composition of shiitake mushrooms were evaluated in four isolates of *Lentinula edodes*. Mushrooms were cultivated on artificial logs, based on eucalyptus sawdust enriched with 20% rice, wheat, or soybean bran, or combination of 10% of two of these supplements. The substrates were humidified with a 0.1% mate tea extract or water. Logs of *Eucalyptus grandis* were also used to cultivate the shiitake mushrooms. The antimicrobial activity of an aqueous extract, corresponding to 40 mg of mushroom dry matter, was in some cases, depending on the isolate, able to inhibit both *Bacillus subtilis* and *Escherichia coli* K-12, independent of substrate composition or the growth stage of the mushrooms. Nitrogen, phosphorus, potassium, magnesium and calcium concentrations varied according to the substrate on which the mushrooms were cultivated, being, generally, higher with cultivation on artificial rather than natural eucalyptus logs. It could be concluded that, in addition to the fungal isolate, substrate composition and, processing methods must be considered during the production of antimicrobial substance(s) as well as in the mushroom nutritional composition

Key words: Antibacterial property, *Lentinula edodes*, mineral nutrients, sawdust-based substrate, mushrooms

INTRODUCTION

Lentinula edodes (Berk.) Pegler, commonly known as shiitake mushroom, is the second most important cultivated edible mushroom in the world (Royse, 2001). It is a wood-decaying white-rot fungus that naturally inhabits the dead wood of many hardwood tree species under various climatic conditions (Przybyłowicz and Donogue, 1990; Ohga, 1992). Traditionally, shiitake has been cultivated outdoors on the hardwood logs of oak, nuts or eucalyptus (Mata and Savoie, 1998).

Alternatively, indoor cultivation techniques using sawdust-based substrates in plastic bags have been developed (Ohga, 1992). Sawdust is the most popular basal ingredient used in the synthetic formulations for producing shiitake, but other basal ingredients may include straw, corncobs, or both (Ohga, 1992; Royse, 2001). Regardless of the main ingredient, starch-based supplements such as wheat bran, rice bran, soybean bran, millet, rye or corn, can be added to the mix (Royse, 2001; Royse and Sanchez, 2007; Regina et al., 2008). Shiitake cultivation in plastic bags reduces the production

*Author for correspondence: kcasaril@gmail.com

time, increases the production efficiency, and allows for year-round shiitake production (Ohga, 1992; Royse, 2001; Campbell and Racjan, 1999).

Whether grown on logs or sawdust-based substrates, *L. edodes* has been shown to produce a variety of degradative extracellular enzymes, including cellulases, hemicellulases, fungal cell wall-degrading enzymes, acid phosphatases, acid proteinases, laccases, manganese peroxidases, and ligninases that contribute to the degradation and recycling of wood in nature (Savoie et al., 1998; Ohga and Royse, 2001; Makkar et al., 2001; Hatvani and Mécs, 2001; Hatvani and Mécs, 2002; Nagai et al., 2002; Nagai et al., 2003; Silva et al., 2005; Silva et al., 2008; Regina et al., 2008).

Shiitake has interested researchers due to its medicinal properties, and several biologically active compounds have been isolated and purified from the mushrooms, mycelia and aqueous extract (Chang, 1999; Ishikawa et al., 2001; Hasegawa et al., 2005). These compounds exhibit antitumoral, antifungal, antibacterial, hypoglycemic and antioxidant properties (Maeda et al., 1998; Ngai and Ng, 2003; Ishikawa et al., 2001; Yang et al., 2002; Kitzberger et al., 2007) that can have one or more therapeutic effects and can act synergistically (Pascholati et al., 1998; Wasser and Weis, 1999). Among these compounds, some of the best characterized are lentinan (Chihara et al., 1969; Minato et al., 1999), KS-2, (Fujii et al., 1978), lentinacin (2(R), 3(R)-dihidrixi-4-(9 adenil)- butyric acid), known as eritadenine (Shimada et al., 2003a; Shimada et al., 2003b, Enman et al., 2008), and fruit body protein – (FBP), which inhibits the tobacco mosaic virus (Kobayashi et al., 1987. Lentinamycin (octa-2, 3-diene-5, 7-diyne-1-ol) was isolated and purified from a liquid culture of *L. edodes* (Bew et al., 1966). This compound inhibits the growth of *Trichoderma* sp (Tokimoto et al., 1987) and Gram-positive bacteria (Komemushi et al., 1996). The antimicrobial activity of *L. edodes* has been confirmed against the Gram-positive and Gram-negative bacteria, filamentous fungi, yeast and viruses (Chihara et al., 1969; Komemushi et al., 1995; Hirasawa et al., 1999; Pacumbaba et al. 1999; Sasaki et al., 2001; Hatvani, 2001; Ishikawa et al., 2001; Hasegawa et al., 2005).

There is some evidence that substrate composition can influence the chemical composition of the mushrooms (Manzi et al., 1999), but little is known about its nutritional value (Vetter, 1994). The aim of the present study was to investigate the

influence of substrate composition on both mineral composition and antimicrobial activity in the fresh or dried mushrooms, harvested at different growth stages.

MATERIALS AND METHODS

Microorganisms

Four isolates of *L. edodes*, UFV11 (Le1), UFV52, UFV62 and UFV63 from the culture collection of the Department of Microbiology at the Federal University of Viçosa (MG), Brazil, were selected for this study due to their antimicrobial activity and growth observed in previous studies (Ishikawa et al., 2001; Hasegawa et al., 2005). Culture stocks were kept in the tubes with malt extract agar plus peptone (30 g malt extract, 3 g soybean peptone, 15 g agar, and the extract of mate tea 1%, pH 4.5). The isolates were grown on malt extract agar plus peptone in 90mm Petri dishes at 25°C. *Bacillus subtilis* and *Escherichia coli* K-12 were selected as the representative Gram-positive and Gram-negative groups of bacteria, respectively. These isolates were obtained from the culture collection of the Food Microbiology Laboratory at the Federal University of Viçosa (MG), Brazil. The stock cultures were maintained on Brain Heart Infusion (BHI, Merck) slants at 4°C. The isolates were grown aerobically in BHI at 37°C.

Growth of shiitake mushrooms on sawdust-based substrates with different compositions

Isolates UFV11, UFV52 and UFV63 of *L. edodes* were used to produce the shiitake mushrooms on sawdust-based substrates. Initially, the sawdust was humidified with water, or 0.1% mate tea extract. After 24 h, the excess water or mate tea was drained, and the sawdust was enriched with following: 20% rice bran (RB), 20% soybean bran (SB), 20% wheat bran (WB), 10% RB + 10% SB, 10% RB + 10% WB, or 10% SB + 10% WB. Polyethylene bags were filled with 600 g (wet wt). sawdust-based substrate. The substrates were pasteurized by heating at 100°C for 8 h and allowed to cool at room temperature. Next, they were inoculated with each fungal isolate by cutting the isolate from the margins of young colonies from 15-day-old cultures, resulting in five discs of 7 mm in diameter. The substrates were incubated at room temperature until mycelia developed throughout. Fruiting body primordia formation was stimulated 90 days after the inoculation by

incubating the fungi at 10°C for 2 days. The blocks were then immersed in water at 15°C for 6 h. The fruit bodies were harvested after 5 days while the hat was still closed (Table 1). The mushrooms were taken to the laboratory and a portion was dried at 40°C for 72 h, packed in plastic bags and stored at room temperature. Fresh mushrooms were packed in polyethylene bags and stored at -5°C. Mushrooms that produced more than 20 g per sawdust-based substrate were used for determining the antimicrobial activity. The experiment was conducted with 15 replicates and repeated twice.

Growth of shiitake mushrooms on eucalyptus log

The logs of *Eucalyptus grandis* (20-25 cm diameter, 100 cm long) were inoculated with *L. edodes* isolates UFV52, UFV62 or UFV63 as suggested by Przybylowicz and Donogue (1990). The logs were kept stacked and covered in a greenhouse and moistened every day. Every 30 days, the piles were turned to ensure that the fungal growth was uniform. After 90 to 120 days, as the mushroom primordia began to grow and induced uniform mushroom formation, bed logs were soaked in fresh, cool water for 12 h to stimulate the fruiting. Fruiting bodies were harvested 3, 5 and 8 days after the fructification induction and taken to the laboratory. Part of the samples was dried at 40°C for 72 h, packed in plastic bags and stored at room temperature. Fresh mushrooms were packed in polyethylene bags and stored at -5°C.

Antimicrobial substance(s) from shiitake mushrooms

The antimicrobial activity of *L. edodes* was evaluated in the fresh fruit bodies. Fresh mushrooms (50 g) were immersed in 100 mL distilled water and ground in a mixer. After fragmentation, 100 mL of 90% methanol was mixed with the mushrooms and the mixture was maintained at room temperature for 24 h. The mixture was then filtered using filter paper. The material left in the filter paper was dried at 60°C for dry-matter determination. Methanol was evaporated at 40°C. The aqueous supernatant was concentrated to 50 mL and then mixed by vigorously shaking with 50 mL ethyl acetate three times. The organic layer was separated and evaporated to yield a light yellow material ethyl

acetate extract. The aqueous extract was concentrated to 20 mL and filter sterilized using a 0.45µm pore size-membrane (Hirasawa et al., 1999).

Antimicrobial activity of the aqueous extract

The antimicrobial activity of the aqueous extract was assayed using an ELISA test. A microplate was washed in a solution of 200 mg mL⁻¹ sodium hypochlorite and left under ultra-violet light for 20 min. For each spot, 60 µL of the aqueous extract filtered from the mushroom was added, the equivalent to 40 mg of dry mushroom, along with 180 µL BHI broth. The mixture was inoculated with 10 µL of 10⁵ CFU per mL⁻¹ of an active culture of *B. subtilis* or *E. coli*. The ELISA microplates were incubated at 37°C and bacterial growth was determined by measuring the optical density (OD) at 560 nm in Multiskan Plus Version 2.01 (Plow Laboratories, McLean, VA) microplate reader for 12 h at two-hour intervals. As positive controls, cultures of *B. subtilis* and *E. coli* grown in BHI broth were used, and BHI broth was used as a negative control. The experiment was conducted in triplicate and repeated three times. The data were submitted to ANOVA and standard variations were calculated.

Nutrient concentration in shiitake mushroom

Nutrient concentration was assayed in the shiitake dry-matter isolates UFV52, UFV62 and UFV63 after trituration and extraction of the antimicrobial substances. Nutrient concentration was also assayed in the dried mushrooms of isolates UFV52 and UFV63. Phosphorus, potassium, magnesium and calcium concentrations were determined by nitroperchloric digestion after dry-ashing of samples (Tedesco et al., 1995). Phosphorus concentration was determined using a colorimetric method (Braga and Defilipo, 1974). K, Mg and Ca concentrations were determined using an atomic absorption spectrophotometer. Nitrogen concentration was determined after dry-ashing the samples with H₂SO₄, by using a colorimetric spectrophotometer by measuring the optical density (OD) at 625 nm (Cataldo et al., 1974). The analyses were done in duplicates two times. Data were submitted to ANOVA and media were compared via the Scott-Knott test (P<0.05) (Table 1 and 2).

Table 1 - Condition of production and processing of shiitake mushrooms, isolates UFV52 and UFV63, cultivated on sawdust-based substrate, collected 5 days after fructification induction and extraction of antimicrobial substances, fresh or dried.

Treatment	Isolate	Water/Mate tea	Substrate	Fresh/dried
S1	UFV52	Water	S+WB	Fresh
S2	UFV63	Water	S+WB	Fresh
S3	UFV63	Water	S+RB	Fresh
S4	UFV52	Water	S+RB+SB	Fresh
S5	UFV63	Water	S+RB+SB	Fresh
S6	UFV52	Water	S+RB+WB	Fresh
S7	UFV63	Water	S+RB+WB	Fresh
S8	UFV52	Mate Tea	S+RB+SB	Fresh
S9	UFV63	Mate Tea	S+RB+SB	Fresh
S10	UFV52	Mate Tea	S+RB+WB	Fresh
S11	UFV63	Mate Tea	S+RB	Fresh
S12	UFV52	Mate Tea	S+RB	Fresh
S13	UFV63	Mate Tea	S+FT	Fresh
S14	UFV63	Mate Tea	S+SB+WB	Fresh
S15	UFV63	Water	S+WB	Dried
S16	UFV63	Mate Tea	S+WB	Dried

S= Sawdust-based substrate, RB= Bran of Rice, SB= Bran of Soybean and WB= Bran of Wheat.

Table 2 - Conditions of production and processing of shiitake mushrooms, isolates UFV52, UFV62 and UFV63, cultivated on eucalypt logs (L), and collected in different growth stages after fructification induction and extraction of antimicrobial substances, fresh or dried.

Treatment	Growth stages	Isolate	Fresh/Dried
L1	5 days	UFV63	Fresh
L2	5 days	UFV52	Fresh
L3	3 days	UFV52	Fresh
L4	5 days	UFV52	Fresh
L5	8 days	UFV52	Fresh
L6	3 days	UFV63	Fresh
L7	5 days	UFV63	Fresh
L8	8 days	UFV63	Fresh
L9	5 days	UFV62	Fresh
L10	5 days	UFV52	Dried
L11	5 days	UFV62	Dried
L12	5 days	UFV63	Dried
L13	5 days	UFV52	Dried
L14	5 days	UFV63	Dried

RESULTS

Fructification of shiitake mushrooms on sawdust and eucalyptus logs

Differences in the mycelial growth among isolates UFV11, UFV52 and UFV63 were observed in the substrates enriched with rice, soybean or wheat bran. Poor mycelial growth was observed in the substrates enriched with 20% SB, humidified with either mate tea extract, or water, and this resulted in less mushroom production (Table 3). Although isolate UFV11 presented good mycelial growth, almost no fructification was observed (Table 3).

This showed that visible vigorous mycelial growth did not reflect high mushroom production.

Isolate UFV52 presented intense mycelial growth on almost all the substrates. Higher production could be seen mainly on those substrates that were enriched with 20% WB humidified with water and 10% RB + 10% SB and 10% RB + 10% WB, humidified with mate tea (Table 3). Colonization of the substrates by *L. edodes* UFV63 was slower than UFV52 and the former presented fructification on all the substrates (Table 3), except the substrate with 10% RB + 10% WB humidified with mate tea.

Table 3 – Production (g) of shiitake mushrooms cultivated on sawdust-based substrates humidified with water (WW) or 0.1% mate tea extract (MT), and enriched with 20% rice (RB), soybean (SB), wheat (WB) bran or combination of 10% of two of these supplements.

Substrate	WW/MT	Strain	Production (g)	Substrate	WW/MT	Strain	Production (g)
RB	WW	UFV 11	0	RB+SB	WW	UFV 11	0
		UFV 52	1.54			UFV 52	12.95
		UFV 63	52.87			UFV 63	29.91
	MT	UFV 11	0		MT	UFV 11	2.82
		UFV 52	7.94			UFV 52	66.10
		UFV 63	26.72			UFV 63	48.78
SB	WW	UFV 11	0	RB+WB	WW	UFV 11	0
		UFV 52	7.50			UFV 52	12.63
		UFV 63	6.07			UFV 63	45.96
	MT	UFV 11	0		MT	UFV 11	20.62
		UFV 52	0			UFV 52	36.26
		UFV 63	0.65			UFV 63	0
WB	WW	UFV 11	3.15	SB+WB	WW	UFV 11	0
		UFV 52	51.57			UFV 52	0
		UFV 63	76.57			UFV 63	4.54
	MT	UFV 11	0		MT	UFV 11	0
		UFV 52	9.23			UFV 52	5.73
		UFV 63	13.82			UFV 63	13.63

The average productivity of mushrooms on the eucalyptus logs varied according to *L. edodes* strain. Strain UFV52 had the highest and fastest fructification, producing mushrooms 90 days after inoculation, while isolates UFV62 and UFV63 began to fructify after 120 days. These strains produced mushrooms with different morphological characteristics. UFV52 mushrooms were bigger and had little pigment, while UFV62 and UFV63 isolates were smaller and darker (data not shown).

Antimicrobial activity of the aqueous extract

The wastes used as substrates for shiitake mushroom production influenced the production of antimicrobial substance(s) by the isolates UFV52 and UFV63. The aqueous extract from the isolate UFV52 cultivated on sawdust-based substrate enriched with bran inhibited the growth of both *B. subtilis* and *E. coli*, and substrates moistened with 0.1% mate tea extract generally showed higher antimicrobial activity (Fig. 1). There was no growth of *B. subtilis* or *E. coli* in the presence of the aqueous extract of isolate UFV52 cultivated on sawdust enriched with 10% RB + 10% SB when the compost was humidified with water. The

aqueous extract of the isolate UFV52 cultivated in the sawdust enriched with 10% RB + 10% WB showed antimicrobial activity against *B. subtilis* and *E. coli* (Fig. 1 – A2 and B2). The aqueous extract from the isolate UFV52 cultivated on sawdust-based substrate enriched with 20% RB and humidified with mate tea inhibited the growth of *E. coli* (Fig. 1 – B2).

The extracts from fresh mushrooms of isolate UFV63 inhibited the growth of both *B. subtilis* and *E. coli* (Fig. 2). The aqueous extract from the isolate UFV63, cultivated on sawdust-based substrate enriched with 10% RB + 10% SB inhibited the growth of *B. subtilis* when the compost was humidified with water or mate tea and the growth of *E. coli* when the compost was humidified with mate tea (Fig. 2). There was no growth of *B. subtilis* in the presence of the aqueous extract of the isolate UFV63 cultivated on sawdust enriched with 10% WB + 10% SB, when the compost was humidified with water or mate tea. Similarly, *E. coli* did not grow in the aqueous extract of isolate UFV63 cultivated in sawdust enriched with 10% WB + 10% SB when the compost was humidified with mate tea (Fig. 2).

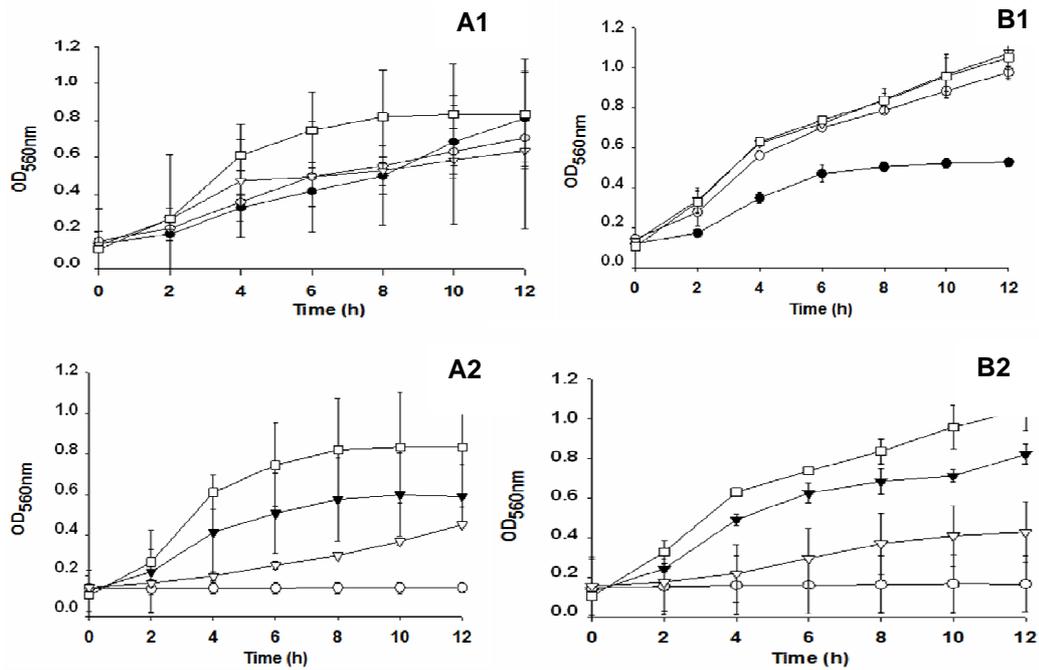


Figure 1 - Growth of *Bacillus subtilis* (A) and *Escherichia coli* (B) in BHI broth added of aqueous extract of shiitake mushroom, isolate UFV52, cultivated on sawdust-based substrates humidified with 0.1% mate tea extract (A1; B1) or water (A2; B2), and enriched with 20% rice (RB), wheat (WB), soybean (SB) bran or combination of 10% of two of these supplements. RB (-●-); WB (-▼-); RB+SB (-○-); RB+WB (-▽-); Control (-□-).

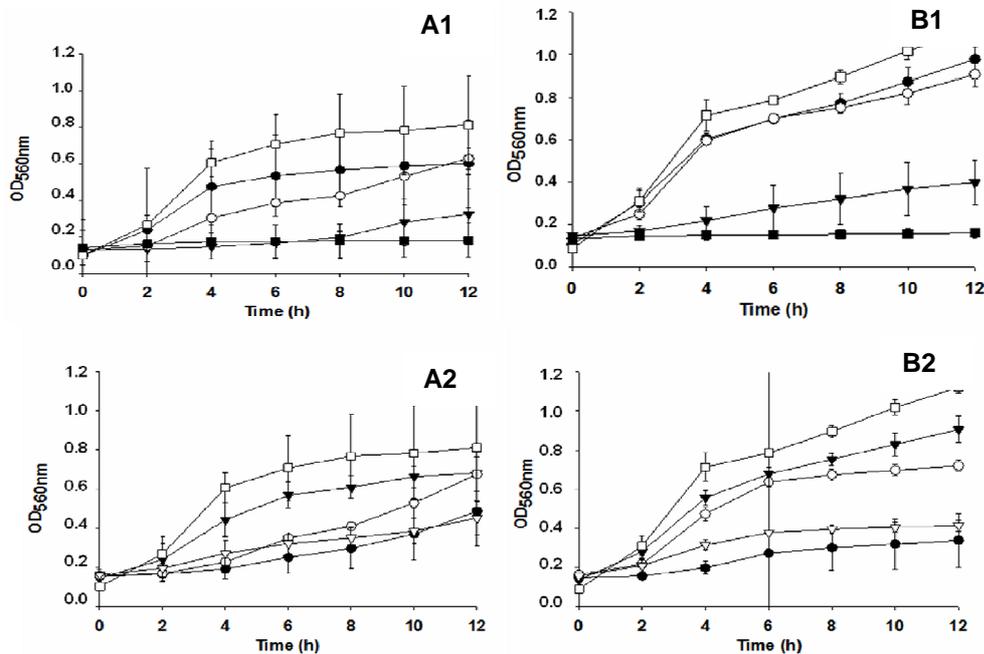


Figure 2- Growth of *Bacillus subtilis* (A) and *Escherichia coli* (B) in BHI broth added of aqueous extract of shiitake mushroom, isolate UFV63, cultivated on sawdust-based substrates humidified with 0.1% mate tea extract (A1; B1) or water (A2; B2), and enriched with 20% rice (RB), wheat (WB), soybean (SB) bran or combination of 10% of two of these supplements. RB (-●-); WB (-▼-); RB+SB (-○-); RB+WB (-▽-); WB+SB (-■-); control (-□-).

The water extracts from dried mushrooms of isolate UFV63 cultivated on sawdust-based substrate enriched with 20% WB and humidified with water or 0.1% mate tea extract inhibited the growth of *E. coli* and *B. subtilis* (Fig. 3).

The antimicrobial activities of the isolates UFV52 and UFV63 were observed in the mushrooms produced on eucalyptus logs, but activity was not influenced by the growth stage of the mushroom (Fig. 4).

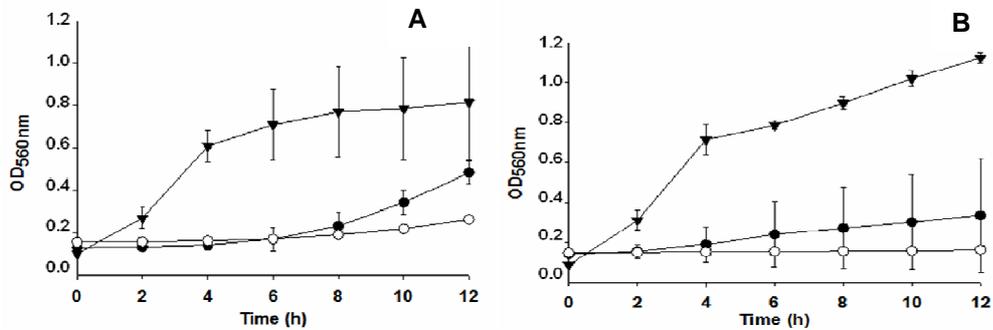


Figure 3 - Growth of *Bacillus subtilis* (A) and *Escherichia coli* (B) in BHI broth added of aqueous extract of dried shiitake mushroom, isolate UFV63, cultivated on sawdust-based substrates, enriched with wheat bran (WB), and humidified with 0.1% mate tea extract (-o-) or water (-●-) and control (-▼-).

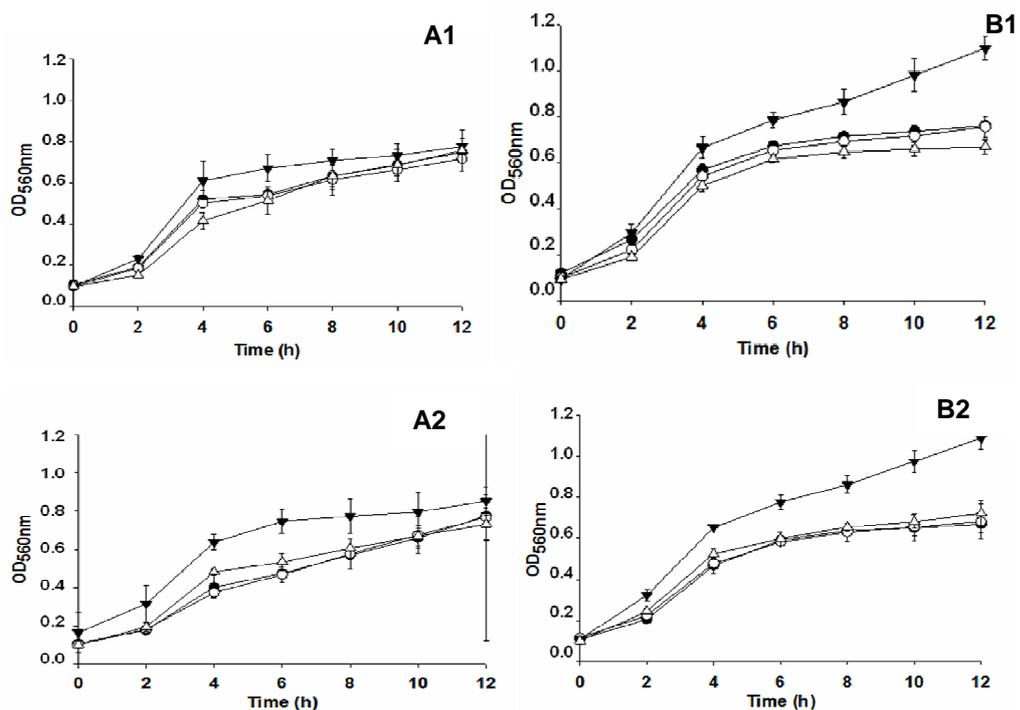


Figure 4 - Growth of *Bacillus subtilis* (A) and *Escherichia coli* (B) in BHI broth added of aqueous extract of fresh shiitake mushroom, isolates UFV52 (A1; B1) or UFV63 (A2; B2) cultivated on eucalyptus logs and collected in different growth stages of mushroom: 3 days (-●-), 5 days (-○-), 8 days (-□-) and control (-▼-)

Aqueous extracts of fresh or dried mushrooms produced by isolates UFV52, UFV62 and UFV63 cultivated on eucalyptus logs collected on the fifth

day after fructification induction inhibited *B. subtilis* as much as *E. coli* (Fig. 5).

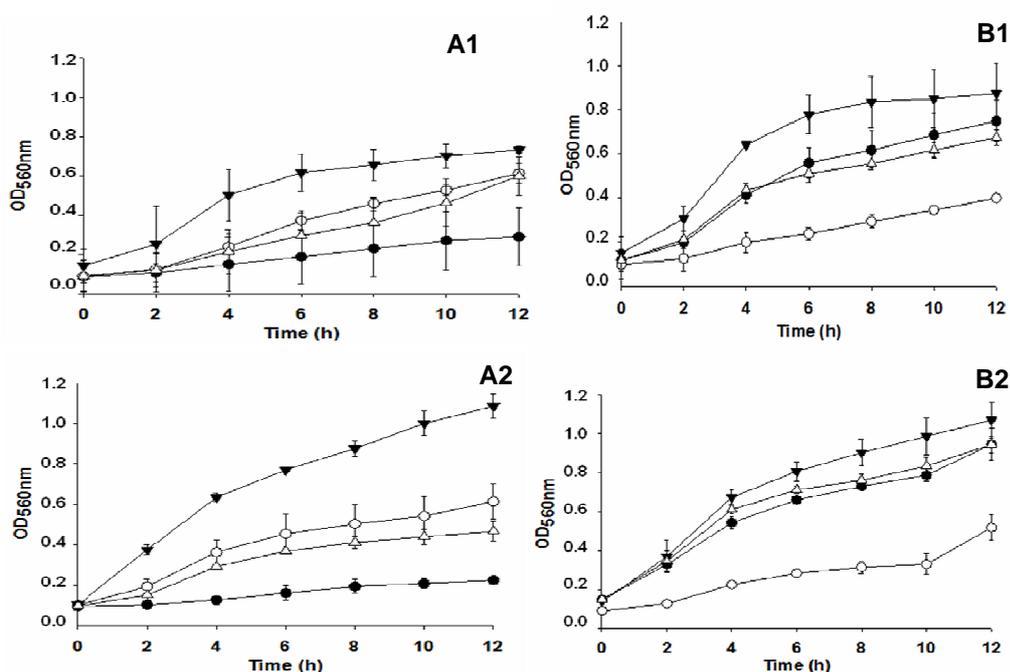


Figure 5 - Growth of *Bacillus subtilis* (A) and *Escherichia coli* (B) in BHI broth added of aqueous extract of shiitake mushrooms cultivated on eucalyptus logs, isolates UFV52 (●-), UFV62 (-○-) or UFV63 (-□-), fresh (A1; B1) or dried (A2; B2), and control (-▼-).

Nutrient concentrations in the shiitake mushroom

The concentrations of N, K, P, Ca and Mg in the dry material from the mushrooms varied according to the substrate on which the fungus was cultivated

(Tables 1 and 2). In general, the concentrations of the nutrients were higher when the fungi were cultivated on the sawdust-based substrates and enriched with grain bran rather than on eucalyptus logs (Table 4).

Table 4 - Concentration (mg/100 g) of N, P, K Ca and Mg in the shiitake mushroom cultivated on sawdust-based substrates (S) collected with five days and cultivated on eucalyptus logs (L) collected in different growth stages after fructification induction and extraction of antimicrobial substances.

Treatment	N	P	K	Ca	Mg
S1	1103.68b	2285.75d	508.21a	62.68i	104.58e
S2	560.20b	2483.12d	601.01a	148.39g	538.20d
S3	2378.76a	3822.49a	979.59a	194.91e	495.86d
S4	643.81b	2857.10c	742.42a	175.32f	438.58d
S5	2483.28a	2023.83e	686.45a	165.53f	422.39d
S6	1103.68b	2964.75c	773.36a	175.32f	361.37d
S7	1605.35a	2383.57d	830.07a	474.07b	1238.65b
S8	2295.15a	2956.06c	732.11a	82.27h	980.26c
S9	1688.96a	3108.74b	466.97a	23.50j	795.97c
S10	2274.25a	3920.55a	686.45a	194.91e	921.74c
S11	2357.86a	3275.07b	689.39a	3.92k	404.96d
S12	2023.41a	2512.91d	758.63a	82.27h	174.58e
S13	79.43b	2815.79c	894.15a	302.66c	568.09d
S14	1250.00b	1756.95f	693.07a	239.01d	237.47e
S15	1772.58a	2321.75d	480.22a	958.91a	1624.06a
S16	2148.82a	1499.75g	519.10a	145.94g	249.30e
C.V.(%)	27.13	3.22	18.12	3.81	12.48

(Cont. ...)

(Cont. Table 4)

Treatment	N	P	K	Ca	Mg
L1	1396.32a	832.54a	661.40b	57.79a	155.90d
L2	560.20b	785.99b	592.17b	3.92a	28.89e
L3	142.14b	624.01c	256.31b	3.93a	31.38e
L4	2232.44a	772.34b	565.65b	3.95a	404.96c
L5	204.85b	566.90c	394.04b	123.90a	134.74d
L6	560.20b	761.42b	504.23b	766.44a	31.75e
L7	455.68b	831.06a	500.25b	10.77a	60.39e
L8	121.24b	730.01b	473.74b	101.86a	93.89d
L9	1751.67a	874.50a	565.65b	113.62a	383.29c
L10	737.87b	721.82b	465.78b	33.30a	130.88d
L11	1082.77a	771.85b	500.25b	213.03a	542.68b
L12	367.56b	860.47a	567.13b	167.98a	355.77c
L13	1103.68a	918.82a	1453.92a	263.48a	1516.971a
L14	602.01b	947.37a	1473.06a	38.20a	102.3601
C.V. (%)	53.99	5.61	12.17	209.70	7.42

CV= Coefficient of Variation. Number followed by the same letter in the same column, do not differ by Scott Knott test (P<0.05).

(cont. table4)

DISCUSSION

Mushroom production

The effect of enrichment of sawdust with the agricultural waste such as cereal bran on the cultivation of mushroom has been the subject of several studies. These works aimed to enhance the substrate with low-cost nutrients and to reduce the waste, thereby minimizing the pollution, and generating the products of commercial interest. Poor mycelial growth on the substrates enriched with SB could be attributed to the absence of one or more nutritional compounds in the soybean bran required for the fungal growth, or to the presence of substance that inhibited the fungal growth.

Low fructification by the isolate UFV11 (Table 3) could be result of maintaining this fungus under the laboratory conditions. Mycelial transference over long periods of time can cause physiological and/ or morphological changes in the fungus (Maekawa et al., 1988). The isolates UFV52 and UFV63 were recently re-isolated from the basidiocarps, and this practice should guarantee fructification properties. It could be concluded that the vegetative mycelial growth on a sawdust-based medium was clearly dependent on the isolate. Ohga (1992) reported that the incubation time, tree species of the sawdust, concentration and composition of the nutritional supplements, water content, rate of gas exchange, and the isolate significantly influenced the mushrooms production.

Vegetative mycelial growth on natural logs may

occur from 6 to 18 months, depending on the tree species, log size, spawn cultivar, moisture content and temperature of the environment, isolate, and other variables (Royse, 2001). This suggests that more investigation of the isolates with precocious fructification on logs is necessary with the aim of reducing cultivation time. Evaluation of these characteristics is important in the selection process of isolates to meet consumer needs and increase the commercial value.

Antimicrobial activity of the aqueous extract

The shiitake mushrooms had antimicrobial activities against the Gram-positive and Gram-negative bacteria (Fig. 1 and 2) as previously described by others authors (Komemushi et al., 1995, Venturini et al, 2008). However, Hirasawa et al. (1999) observed that bacteria of the genera *Escherichia* ssp., *Bacillus* ssp., *Enterococcus* ssp. and *Staphylococcus* ssp. were not inhibited by the antimicrobial substances from the dried shiitake mushrooms soluble in chloroform, ethyl acetate, or water. The antimicrobial activity of the mycelial extract of *L. edodes*, Le1 was observed against the Gram-positive bacteria using overlay methods, but not against the Gram-negative bacteria. The Le1 isolate presented activity against eight species out of 20 food borne pathogens and food contaminants, mainly against the Gram-positive bacteria. *B. subtilis* was the most sensitive (Ishikawa et al., 2001).

Rice bran (Fig. 3) has also been tested by Hasegawa et al. (2005) in liquid culture media

which resulted in higher antimicrobial activity for mycelial cultures of *L. edodes*. Results observed in this study showed that the production of antimicrobial substance(s) by *L. edodes* was dependent on the isolate (Fig. 4 and 5). Ishikawa et al. (2001) showed that the antibacterial activity in the mycelial extract against *B. subtilis* varied considerably among the 35 isolates of *L. edodes*. Similar results were observed by Tsuneda and Thorn (1994), who evaluated the production of antimicrobial substance(s) by four isolates of *L. edodes* against seven isolates of *Pseudomonas* species. Differences in the inhibitory activity among these isolates (Fig. 4 and 5) could be attributed to the presence of at least one substance with antimicrobial activity. This showed that the presence of substances with antimicrobial activity in fresh mushrooms could increase the shelf life of the mushrooms and those substances, or even dried mushroom in the powder form could be used to preserve the food.

Micronutrient concentrations in shiitake mushrooms

In the substrates enriched with cereal bran, nutrients are available in higher quantities than in logs, facilitating absorption (Table 4). Mushrooms are a good source of minerals. Minerals can be taken by the mycelia from the substrate and translocated to fruit bodies (Chang and Miles, 1989).

In Brazil, according to the Ordinance N° 27 of Ministry of Health, for food to be considered a source of a mineral, the mineral must be present and comprise at least 15% of Recommended Dietary Allowances - (RDA) (Sturion and de Camargo Ranzani). Considering the RDA of phosphorus as 800 mg/100 g, mushrooms that were rich in P were primarily those cultivated on the sawdust-based substrates (Table 4). Phosphorus is the second most abundant mineral in shiitake mushrooms, and values between 302 mg/100 g (Mizuno, 1994) and 408 mg/100 g (Longvah and Deosthale, 1998) have been reported. Among other nutrients, nitrogen presented the highest concentrations, with the values between 79 to 2483 mg/100 g (Table 4). Manzi et al. (1999) reported lower values, with 0.35 mg/100 g in fresh mushrooms and 3.47 mg/100 g in dried mushrooms. The results observed here classified the shiitake mushrooms as a source of K, considering the RDA for this

element as 2000 mg/100 g (RDA, 1989). The values obtained in the present work were higher than 300 mg/100 g. An important observation was that the samples of mushroom used for mineral evaluation were first subjected to the extraction of antimicrobial substances.

Apparently some potassium might have been extracted. This could be verified by comparing the values of this element with those in L13 and L14, which were not submitted to extraction and which presented potassium concentrations higher than 1400 mg/100 g (Table 4). Potassium concentrations of 2647.5 mg/100 g have been observed (Manzi et al., 1999).

Concentrations of Mg and Ca were variable (Table 4), and were ten times higher than what has been reported in the literature, from 116.5 mg/100 g (Manzi et al., 1999) to 227 mg/100 g (Longvah and Deosthale, 1998) for Mg, and from 13 mg/100 g (Mizuno, 1994) to 188 mg/100 g (Longvah and Deosthale, 1998) for Ca. The RDA of Mg is 270 to 300 mg (RDA, 1989), suggesting that shiitake mushrooms are rich in this mineral.

It could be concluded that in addition to the fungal isolate, the growth substrate must be considered when evaluating the minerals or the production of antimicrobial substance(s) in the mushrooms. Considering that shiitake mushroom are a food rich in minerals and contain many other substances that could be used to aid in the food preservation, their cultivation and use must be promoted, especially in the countries that do not often use mushrooms in their cuisines.

ACKNOWLEDGEMENTS

The authors are grateful for the scholarship received from CNPq. This result is part of the project financed by CNPq 520968/01-8 and 50.7517/2004-0

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Received: March 30, 2010;
 Revised: July 01, 2010;
 Accepted: July 11, 2011.