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Ultra-Structural and Histochemical Analysis of Channel Catfish (*Ictalurus punctatus*) Liver Treated with Fumonisin B₁

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ABSTRACT

The histopathological effects of fumonisin B_1 (FB₁) injected intraperitoneally (IP), was evaluated in catfish (Ictalurus punctatus). Fishes were divided into four Groups. Groups II, III and IV were treated IP with FB₁ injections of 1; 5 and 10 mg/kg bw/day, respectively, during 21 days. At the 7th, 14th and 21st day, fishes were sacrificed. The livers were hystologicaly analysed by the light and transmission electronic microscopy. Livers from the 7th day showed organelles alterations, particularly in the granular endoplasmatic reticle, mitochondria, nucleus and nucleolus mediated by FB₁ doses. The occurrence of processes involved in the necrosis and apoptosis was detected. At the highest FB₁ dose, the livers presented an intense response with an accentuate tissue disorganization, absence of cell limits and intense cytoplasm vacuolization. The image analysis showed the occurrence of necrosis in some areas, characterized by fully broken or swollen cells. The apoptosis was observed as the cytoplasm contraction and the chromatin formed masses concentrated in the edge of the nucleus. There was strong evidence that the numerous hepatocytes in the liver from the fishes under the toxic dose of FBs were selectively removed by the apoptosis process.

Key words: Liver, catfish, fumonisin B₁, histopathology, ultra-structural microscopy

INTRODUCTION

Fumonisins (FBs) are produced by the *Fusarium* species that contaminate especially the maize and derived products (Westhuizen et al., 2003; Nikiemg et al., 2004; Scaff & Scussel, 2004; Domijan et al., 2005). They have been intensively studied in the current micotoxicology due to serious animal intoxication risk, as well as cancer promoting effects including in human. Their structure is similar to sphingosine and they block *de novo* sphingolipid biosynthesis through the sphinganine (sphingosine) inhibition N- acyltransferase (Wang et al., 1991). The consequence is the sphinganine

intracellular accumulation, sphinganine sphingosine elevation and depletion of sphingolipid complex (Tolleson et. al., 1999). Sphingolipids are the main components of the biological membranes, which play an important role including growth regulation, cell differentiation and proliferation (Lim et al., 1996). Fumonisin B₁ (FB₁) also affects the cellular regulation sites, apparently independent from the rupture mechanism of lipid metabolism. It results in cellular proliferation alteration, cell to communication, cellular adhesion apoptosis, oxidative stress induction and gene expression modulation (Abado-Becognee et al., 1998; Tolleson et al., 1999; Mobio et al., 2000).

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 FB_1 associated with the equine is leukoencephalomalacia (ELEM) and acute interstitial porcine pulmonary edema. Experiments have reported hepatoxicity in the horses, pigs and rats, hepatic cancer in the rats, nephropathy, immunological system depression and bone malformation among other disturbances in several animal species (Harrison, 1990; Gelderblom et al., 1991; Norred & Voss, 1994; Scott, 1993; Howard et al., 1999; Bolger et al., 2001, Voss et al., 2002). More recently, Riley et al. (2004) reported that FB₁ can induce neural tubes defect (NTD) in the mice. Research on FB₁ toxicity in the fishes is scarce, with some studies conducted particularly in the USA. Carps (Cyprinus carpio L.), when treated with FB₁, presented pathological alterations in the parenchymal organs such as the liver, intestines, heart and kidney (Pepeljnjak et al., 2000). In a study carried out in catfish (Ictalurus punctatus) treated with corn feed contaminated with F. verticillioides (20 mg FB₁/kg), hepatic lesions and inhibition of fish development was observed (Lumlertdacha et al., 1995). Liver glycogen elevation, vacuolization increase in nervous fibers and brain perivascular linphohystiocitic invasion were observed in catfish treated with F. verticillioides culture containing 40 FB₁/kg (Li et al., 1994). The sphingolipids in the catfish treated with the similar fungi culture presented a rate elevation of the sphinganine and sphingosine in the kidney, serum, liver and muscles (Goel et al. 1994). Channel catfish has been an important species both in commerce and sport not only in the USA, but in the last ten years, also in Brazil. Fresh water pisciculture has widely increased in the Southern Brazil and the most cultivated fishes are the American and African catfish. The FB₁ has been detected in the fish feed and cases of the catfish poisoning have been reported in the southern Brazil during the summer leading to high mortality and economic losses (Scussel et al., 2004).

Taking into account scarce literature on the effect of FB_1 in the subject in Brazil, a work was carried out to study the FB_1 injected intraperitoneally (IP) [high absorption surface for the FB_1 to be rapidly transferred into circulation enabling fast response at tissue / cell level] in order to evaluate the structural, ultra structural and histochemical alterations in the liver of the channel catfish.

MATERIALS AND METHODS

Materials

Animals

Male young channel catfish (60) weighing around 60g from fish farms located in the Blumenau city in the state of Santa Catarina – Brazil, were used.

Standard

The FB₁ was kindly donated by PROMEC, TygerSberg, South Africa.

Reagents and Stains

Comassie bright blue (BioRad); glutardialdehyde Microscopic (Eletron Sciences); paraphormaldehyde (Electron Microscopic Sciences); spurr resin (Electron Microscopic Sciences); sodium cacodilate (Electron Microscopic Sciences); osmium tetroxide (Polysciences); historesin glycolmetacrilate (LKB); hematoxylin, eosin (HE), Gomori tricromic, blue toluidin, Comassie brilliant blue, Schiff periodic acid (SPA), sudan black.

Equipment

Microtome (Reichert-Jung 4045), optical microscope (Olympus BH2) with camera (Olympus C-35-AD); ultra microtome (Porter Blum MT2 Sorvall); transmission electronic microscope (JEOL 100CX) wre used.

Methods

FB₁ Treatment

The fishes were divided randomly into four groups of 18 animals each and maintained in the Fish Research Laboratory Aquarium with air and continuous water flow (1 L/min) at 25 - 28°C for 14/10 h light/dark cycles. Throughout the experiment, the water sanitation condition (oxygen, ammonia, pH) was kept constant. The fish were fed with the balanced feed, previously analyzed for the mycotoxins (aflatoxins and FBs), and showing nondetectable levels of mycotoxins. After 15 days of acclimatizing, three groups of the fishes were submitted to a daily IP FB₁ injection treatment for consecutive days, with 1, 5 and 10 mg/kg.bw/day for Groups II, III, and IV, respectively, with saline solution as carrier. The Control Group (Group I) received only a saline solution IP. After 7th, 14th and 21st days, 6 fishes of each group were sacrificed.

Cat fish liver collection and fixation

The fishes were anesthetized with 0.2 ml Ketalar/Rompum mixture (1:1) and then a longitudinal incision in the ventral region was made with a bistoury blade, exposing the abdomen. The liver was removed and sectioned from 0.1 to 0.5 mm fragments, and immediately fixed at 4°C in 2.5% paraphormaldeyde for 2h for subsequent hystological and photochemical analysis. For the ultra-structural analysis, the material was fixed in 2% glutaraldehyde for 2 h.

Light microscopy (LM)

The tissue fragments sections of 5 to 7 µm, soaked in the glycolmetacrilate (historesin) and paraffin prepared. The hystological were staining techniques used were hematoxilyn-eosin (HE), toluidin blue and Gomori tricomic. hystochemical methods for the total protein (comassie bright blue), carbohydrate (reaction to SPA - Schiff periodic acid) and lipids (Sudan black) were made according to Pearse (1985) and Brancoft et al. (1990).

Transmission electronic microscopy (TEM)

After the prior fixation, the liver fragments were post fixed in the osmium tetroxide 1%, pH 7.2 and soaked in spurr resine for 18 h at 70°C. The ultra fine sections obtained in ultra-microtome, counterstained with uranile acetate 1% and Reynolds lead citrate, were analyzed and photographed in the transmission electronic microscope. The electron micrographies were obtained in Fuji film and revealed in Kodabromide RC-F4 paper.

RESULTS AND DISCUSSION

Ultra Structural And Structural Analysis

Liver

The liver of catfish without FB_1 treatment (Control Group) showed organization pattern (Fig 1-1), similar with other the fishes described in the literature (Grizzle & Rogers, 1985). In contrast, the treated livers (Groups II to IV) showed from slight to deep alterations, which were dose and exposure time dependent.

$\begin{array}{l} Group \ II \ (1 \ mgFB_1/kg. \ bw/day) \\ Day \ 7^{th} \end{array}$

The liver structure of sacrificed fish by LM, presented similarities to those of the Control Group, although the hepatocyte cords appeared vacuolated in some regions, characterized by the presence of clear and round intracitoplasmatic areas (Fig 1-2). An increase in the granular endoplasmic reticulum (GER) volume with enlarged cistern aggregates was also observed, suggesting an increase in the protein synthesis (Fig 1-3a) as confirmed by the overall protein test. The cell limits (cell membranes) were clearly visible.

Day 14th

The hepatocyte from some areas in the liver was increased in volume. Their nucleus also appeared enlarged and their nucleolus showed some contour alteration characterized by a "blurred" without delineated aspect, where filamentous expansions were projected. The nuclear contour was difficult to be clearly observed, suggesting loss of the membrane integrity (Fig 1-4). When compared with the Control or the 7th collection animals (one week before), it was found that the GER volume was greatly increased, with annular lamel shaped cisterns often surrounding the mitochondria. The presence of the lysossomes and autophagic vacuoles was also observed, many of them found in the vicinity of mitochondria and surrounded by GER. Such a profile was an indication that they had been encapsulated and involved by lysossomic vacuoles (Fig. 1-4). Some images suggested the fusion occurring among them. It was observed in this animal Group (low FB₁ conc.) that cytoplasm vacuolization became evident, possibly due to an autophagic process.

Day 21st

The TEM analysis showed retracted hepatocyte nucleus with many of them without nucleolus. GER was highly altered with some areas presenting a high concentration of expanded cisterns and others where GER displayed a discontinuous filamentous shape (Fig 1-3b). These features indicated the occurrence of an intense protein synthesis as a possible response of the cell to recover its homeostasis through lysossomic enzyme and membrane protein production. Some

TEM images showed mitochondrial sets and the membrane coated GER, possibly autophagic vacuoles, as a cell reorganization attempt through an autophagic process. The LM tissue showed vacuolated areas and the presence of the macrophages containing lysossomes. important to point out that such a fact matches with other researchers data. Haschek et al. (1992), working on swine found similar hepatic profile hepatocyte (disorganization and necrosis) indicating that FB_1 hepatotoxicity attacks mammals and fish in a similar way.

Group III (5 mgFB₁/kg. bw/day)

Day 7th

As early as the 7th day of treatment, the hepatic parenchyma appeared disaggregated with the high number of cavities. LM and TEM showed an accentuate anisokariosis, with some enlarged nuclei in contrastto others smaller ones when compared with Control (Figs 1-1; 2-1). The enlarged ones had globular aspect, the nucleolus could be easily located and the karyotec integrity was remained. In contrast, the retracted nucleus hepatocyte, apparently did not present a visible nucleolus. It had a diffuse nuclear membrane, sometimes presenting somewhere in the karyotec, which suggested extravasation of the nuclear content (Fig 2-1).

Day 14th

Many alterations in the cell membrane were observed, with difficulty for identifying cell limits, as the membrane appeared fragmented (Fig 2-2). In the TEM, the digestion of cell membrane fragment by the lysossomes was identified (Figs 2-3; 2-4). Gelderblom et al. (1996) observed the reduction of total lipids and free cholesterol by the FB₁ radiolabelling hepatocyte from rats. As an integral component of the cell membranes, a decrease in free cholesterol may change the membrane fluidity. Both, the cholesterol and the sphingolipids contribute to cell functions, including transport between membranes and signal transduction (Harder and Simons, 1997).

Day 21st

Although, at previous stages, some mitochondria alterations were observed, at the end of this treatment almost all the mitochondria had roundish morphology, in contrast with oval or elongated shape in the Control. The mitochondria cristae presented degenerative alterations, fragmented in aspect or were even absent (Fig 2-3). It would be worth pointing out that the most resistant to disintegration mitochondrial element was the outer membrane, which maintained apparent integrity, even when most of inner elements disappeared. Such data pointed composition and permeability between mitochondrial membranes could act as cell stress sensor due to the quantity and accumulation of glycolipids and specific lipids. accumulation of ceramids, directly or indirectly, deeply affected the mitochondrial functions (Alberts et al., 1999; Tomassini; Testi, 2002). Another relevant alteration was observed in the blood vases, mainly the capillars, which presented an enlarged diameter with reduced surrounding the conjunctive tissue.

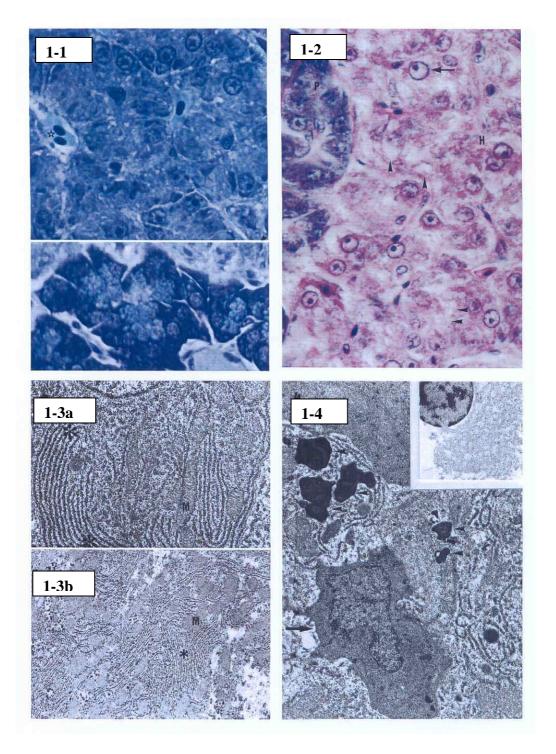


Figure 1 - [1-1] Light microscopy (LM): liver image of Control Group, showing the hepatocytes and veins (star); emphasis: structure of pancreas acini cells. Toluidin blue. 1000X. [1-2] LM: loss of integrity in hepatocyte cords with vacuolated round areas (arrow head); nucleus with enhanced volume (arrow); hepatocytes (H); acini cells (P); HE. 1000X. [1-3] Ultrastructure (US): (a) enhanced GER (asterisk); round mitochondria (M); nucleus (N). 13.000X. (b) delated cisterns of GER (asterisk); mitochondrias (M). 10.000X. [1-4] US: autophagic vacuoles (arrow head) in the hepatocyte citoplasm; Macrophages (arrow). 9.300X. Emphasis: loss of karyotec integrity and nucleus material. 7.400X

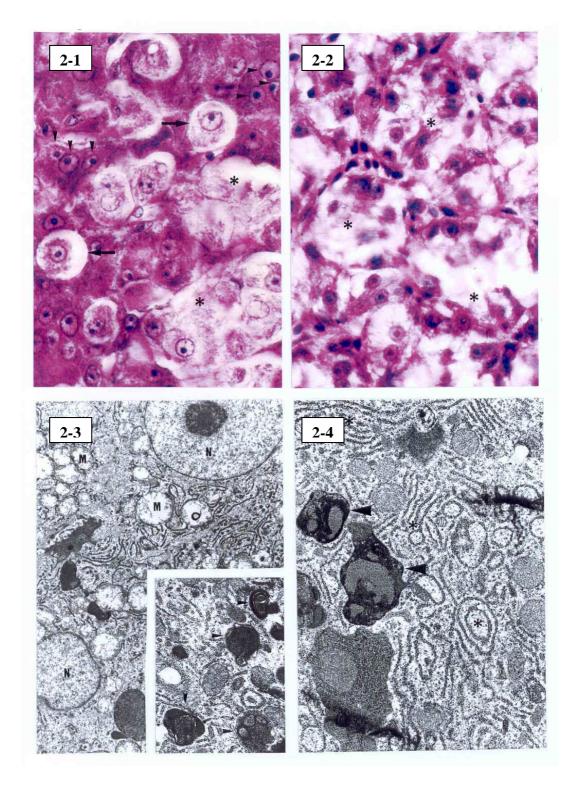


Figure 2 - [2-1] Light microscopy (LM): enlarged globular shaped hepatocytes with necrotic cytoplasm (arrow); necrotic areas (asterisk) and several size nuclei (arrow head). HE. 1000X. [2-2] LM: hepatic region with predominant areas of cellular necrosis (asterisk). HE. 1.000X. [2-3] Ultra structure (US): many round mitochondrias showing degeneration or absence of *cristas* (M); nucleus (N). 6.500X; emphasis: autophagic vacuoles with organells in digestion process (arrow head). 12.000X. [2-4] US: autophagic vacuoles (arrow head) and profiles of GER with varied morphology (asterisk). 13.000X

Group IV (10 mgFB₁/kg. bw/day)

The Group IV livers presented an intense response for FB₁ with an accentuate tissue disorganization, absence of the cell limits and intense cytoplasm vacuolization from the first sampling.

Day 7th

The TEM and LM analysis images suggested the of necrosis in some characterized by the fully broken cells, or increased volume and swollen Macrophages and phagocytical vacuoles were also observed, indicating an intense macrophagical activity. (Figs 3-2; 3-3; 3-4; 4-4). These corroborated the data obtained in swine FB₁ suggested by Haschek, et al. (1992) (oral and intravenous - IV). The authors found hepatocyte disorganization and necrosis, as well as the Kupffer cells with the multilamelar bodies. Lumlertdacha et al. (1995) findings matched to ours, as they also reported hepatocytes swollen and had central nuclei in the liver from the catfish treated with all the concentrations of FBs. Present data showed some hepatocyte nuclei with apparent indicating the maintenance compartmentalization of the nuclear material by the means of the karyotec preservation. In contrast, other hepatocytes presented reduced nuclei, no visible nucleolus and broken up of chromatinic material, similar to those suggested in the literature as apoptotic process cells. Also it was possible to observe the margination of nuclear chromatin (Fig 3-2, 3-3). Disruption sphingolipids metabolism and regulatory function are, therefore, likely to be critical for the cytotoxicity, apoptosis carcinogenicity and resulting from the fumonisin exposure. There is evidence that other factors are also involved, including the cytokine tumor necrosis factor a (TNF α) (Voss et al., 2002). Bondy et al. (2000) found an increase in the apoptotic cell incidence in the rats liver treated with the FB₁ and FB₂ at 2, 4 and 6th days. Confirmation of apoptosis process was reached using DNA marked fragments. Therefore, the similarity between the present data with the relevant literature indicated strong evidence that numerous hepatocytes in the fish livers exposed to the FBs were selectively removed the apoptosis process.

Day 14th

The hepatocyte cytoplasm presented intense disorganization and vacuolization (Fig 4-1). In some regions of the liver, the necrosis prevailed, whereas in others, apoptosis was involved in the removal of hepatocytes as shown by nucleus shrinking (Fig 4-2). In regions with the necrosis, the enlarged and broken cells showed a spherical configuration. Its cytoplasm appeared partially empty, although the nucleus surrounded by some disorganized, slightly stained material, in the more cell region could be observed. Nevertheless, even if the cell peripherical region presented the absence of normal cytosplasmatic elements, surrounding cells were maintained away, suggesting that some liquid kept the intracellular tonus.

Day 21st

The TEM revealed wide tissue disorganization due to high the FB₁ concentration associated with the time of action on the fish liver. Through the analysis of the TEM of the cells that kept some integrity, it was found that although the GER could be observed all over the cytoplasm, parallel cistern aggregates could not be identified. Most structures were altered, and it was not possible to detect the presence of two distinct membranes. Eletron-dense myelin figures were well featured at this stage (Fig 4-3). The presence of the mitochondria showed the relative absence of the mitochondrial cristae, which were generally restricted to a small material waste in the periphery. mitochondrial The alterations previously described for all the collections (7th and 14th), were at this stage much more accentuate, thus leading to a more intense and comprehensive disorganization framework.

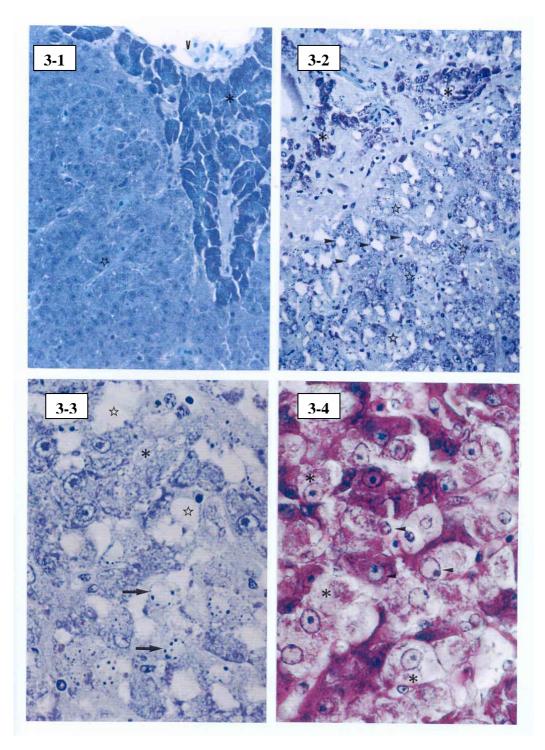


Figure 3 - [3-1] Light microscopy (LM): panoramic view of hepatopancreas of the Control Group; hepatocytes (star); acini cells (asterisk); vein (V). Toluidin blue (Tb). 400X. [3-2] LM: high hepatic tissue disorganization; retracted acini cells with vacuoles and nuclei disorganization (asterisk); hepatocytes vacuoled, some are presenting nuclear disintegration (apoptosis) (star); spaces resulting from cellular necrosis (arrow head). Tb. 400X. [3-3] ML: enlargement of Fig.[3-2]; emphasis: citoplasmatic vacuolization (asterisk); chromatin disintegration (apoptosis) (arrow); necrotic areas with citoplasmatic absence (star). Tb. 1000X . [3-4] ML: hepatocytes in necrotic process with high cellular nuclear volume (asterisk); nuclei with differtent volumes (arrow head). HE. 1000X

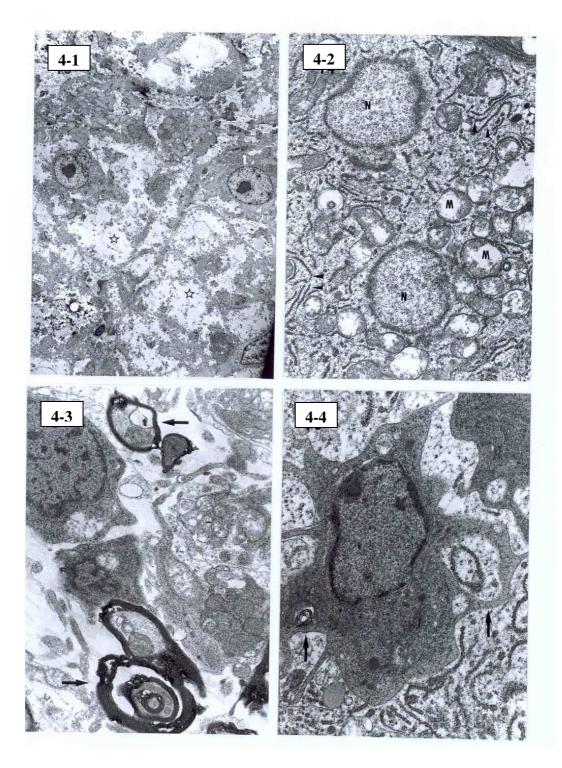


Figure 4 - [4-1] Ultra structure (US): hepatocytes with large areas of cytoplasmatic necrosis (star). 2.500X. [4-2] US: hepatocytes showing loss of definition of the nucleus contour (N); mitochondrias with round morfology and cristas degeneration (M); GER (arrow head). 9.700X. [4-3] US: cytoplasm highly disorganizaded; emphasis: myelinic figures (arrrow). 13.000X. [4-4] US: macrophage with several pseudopodes and vacuoles holding organelles (arrow). 19.000X

Pancreatic Acini

In the hepatic parenchyma from the Control Group, small aggregates of the acinous cell were observed surrounding the branches of the portal vein. In LM, such cells appeared pyramidal in shape, with strongly basophilic cytoplasm, mainly in the basal pole and apical accumulation of secretion granules that extend to 1/3 of the cell baso-apical length. Its nucleus, with a visible nucleolus was located in the basal position (Fig 1-1; 3-1). On the other hand, in the fishes submitted to IP of the FB1 injection (Treated Groups), the acinous cells suffered progressive alterations with the cell retraction and shrinking of the cell aggregates. Small vacuoles appeared in the cytoplasm, conferring a spongeous aspect (Fig 3-2). At the end of the treatment, alterations occurred in the general organization of the acini, either at the cellular level or architecture. The cell degradation and the compactation was followed by the reduction in the volume. The presence of the secretion granules was not evidenced in the cytoplasm, which was further confirmed by the hystochemical test for the total proteins. An increase in the conjunctive tissue around the acini might be an indicative of the healing areas development (Fig 3-2). Similar data was obtained by Haschek et al. (1992) who found the acini cell degeneration in the porcine pancreas treated orally with the FBs. They reported shrunken condensed cells, with the hipereosinophilic cytoplasm in addition to a decreased number of the secretion granules.

Histochemical Analysis

Total Protein (Comassie bright blue)

The hystochemical analysis was carried out at the end of 21 days of the treatment. The hepatocyte cytoplasm of the Control Group presented a positive reaction that appeared as fine granulation thoroughly distributed. Nevertheless, in the Treated Groups, mainly through more powerful magnifying lenses (17,000 x), it was possible to observe that all the cells presented a positive reaction; though some presented more intense reaction than the others. This provided a variety of irregular shapes in the cells with dark spots on them. The cytoplasm acquired a lacelike aspect, which was derived from the cytoplasmatic structures similar to vacuoles. The nuclear material

features were an irregular contour dark blue spot, highly undefined, not enabling thus, to estimate the nuclear envelope limits. In some cells, the nucleolus could even be observed. No positive reaction for the total proteins was observed at the end of the treatment in the pancreatic acini. In the Control Group, this test was highly positive for the pancreatic acinous cells with an evidence of great number of rough granules intensively stained in blue

Glycogen (PAS-amylase):

There was a low reactiveness for glycogen in the hepatocytes of the Treated Groups, while in the Control Group the positive reaction was characterized by the purple granulation in the hepatocyte cytoplasm. These results corroborated to Bondy et al. (1995; 2000), who found that in the liver sections from the rats of the Controls, stained with the PAS, there was a generalized staining of hepatocyte cytoplasm while in the kidney from the Treated rats, the PAS positive cells were limited to some groups, or isolated and contained fewer granules, indicating a reduced storage of the glycogen in the liver. Similarly, Haschek et al. (1992) working on swine, observed that treated animal hepatocytes presented some reduction in the glycogen amounts.

Lipid (Sudan Black)

Stain marked the Treated Groups animal hepatocytes positively, revealing irregular and coarse lipid material aggregate unevenly distributed through the hepatic parenchyma. In contrast, the Control Group showed regular distribution of lipids in the hepatic cells that was shown by the presence of thin dark cytoplasmatic granulation.

CONCLUSIONS

This study showed intracellular organelles alterations particularly in the nucleus, nucleolus, GER and mitochondria mediated by the FB₁ doses in the catfish. Alterations and disruption in all the membranes (complex membranous) to the cellular level were detected, as well as the karyotec constituents and organelles cytoplasmic membranes such as mitochondria and GER. The occurrence of the processes involved in the necrosis and the

apoptosis was also detected. The necrosis was demonstrated by the cellular swolling, loss of the cellular membrane and posterior disintegration. The apoptosis was observed as the cytoplasm contraction and the chromatin formed concentrated masses at the edge of the nucleus. There was strong evidence that the numerous hepatocytes in the liver from the fish under the toxic dose of the FBs were selectively removed by the apoptosis process. Data also indicated further complementary morphological and histochemical studies involving other organs, if the observed alterations at the cellular level in the liver, could also occur in different systems and tissues.

RESUMO

Os efeitos histopatológicos da fumonisina B₁ (FB₁) foram avaliados quando a toxina foi aplicada intraperitoneal (IP) em bagre (Ictalurus punctatus). Os peixes foram divididos em 4 Grupos, sendo que os Grupos II, III e IV foram tratados com FB₁ em injeções IP concentrações de 1; 5 e 10 mg/kg p.c./dia, respectivamente, durante 21 dias. No 7°, 14° e 21° dia de tratamento, amostras de peixe de cada Grupo foram sacrificadas. Os figados foram analisados histopatologicamente por microscopia de luz e de transmissão eletrônica. Desde o dia 7 de coleta, os fígados apresentaram alterações em diversas organelas, principalmente no retículo endoplasmático, citoplasma, núcleo e nucléolo mediadas pelas doses de FB₁. A ocorrência de processos envolvidos em necrose e apoptose foi detectada. A níveis mais elevados, os fígados apresentaram resposta intensa para FB₁, com acentuada desorganização dos tecidos, ausência de limites das células e intensa vacuolização do citoplasma. A análise por imagem revelou ocorrência de necrose em determinadas áreas, caracterizada pela presença de células totalmente quebradas ou edemaciadas. A apoptose foi observada pela contração do citoplasma e formação de massas de cromatina concentradas nas extremidades do núcleo. Há uma forte evidência de que numerosos hepatócitos no fígado do peixe sob doses tóxicas de FBs sejam seletivamente removidos pelo processo de apoptose.

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